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THIS TOO SHALL PASS: LIVING THROUGH THE DARK TIMES (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Therese Schmidt (illustrator). Language: English. Brand new Book. Depression is one of the most widespread illnesses (World Health Organization), and yet so misunderstood. Scientific advancements have shed light on the biochemical, neurological, and genetic components of this devastating disease, yet so many suffer in silence. Shame still inhibits many from seeking treatment, leading those who suffer to turn to suicide. "Almost 1 million lives are lost yearly due to suicide....

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- Authored by Christi Ortiz
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