# **Fixing Disparities in Health** with Machine Learning

Irene Y. Chen



@irenetrampoline





#### **LOST MOTHERS**

#### How Hospitals Are Failing Black Mothers

A ProPublica analysis shows that women who deliver at hospitals that disproportionately serve black mothers are at a higher risk of harm.

by Annie Waldman, Dec. 27, 2017, 8 a.m. EST

JACC: HEART FAILURE

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#### **EDITORIAL COMMENT**

#### Narrowing the Disparities in Heart Failure



Treat the Event or Try to Prevent?\*

Hena Patel, MD, Kim Allan Williams, SR, MD

#### The New Hork Times

#### **TheUpshot**

THE NEW HEALTH CARE

#### A Sense of Alarm as Rural Hospitals Keep Closing

The potential health and economic consequences of a trend associated with states that have turned down Medicaid expansion.



#### The Growing Gap in Life Expectancy by Income: Recent Evidence and Implications for the Social Security Retirement Age

Katelin P. Isaacs

Analyst in Income Security

#### Sharmila Choudhury

Section Research Manager

May 12, 2017

#### Disparities filter into observational data

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Table 1. Ethnicity of participants in genome-wide association studies<sup>a</sup>

Race/ethnicity	Number of studies	Total participants <sup>d</sup>	
European only <sup>b</sup>	320	1 581 776	
Asian only	26	52 841	
Hispanic only	3	1019	
Native American only	2	1102	
Jewish only	2	3479	
Gambian only	1	2340	
Micronesian only	1	2346	
Mixed <sup>c</sup>	11	European <sup>b,e</sup>	92 437
		African-American	7500
		Asian	33
		Papua-New Guinean	276
		Other <sup>f</sup>	269

96% of participants in **GWAS studies** were of European descent

Need and Goldstein, *Cell* 2009; U.S. Food and Drug Administration, National Cancer Institute, Riley Wong for *Propublica*, 2018.

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For the 31 drugs For the 31 drugs which populations are how often was each most at risk for the population the largest cancers treated? group represented in clinical trials? White None Similar Risk None Other None

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Cancer clinical drug trials do not match the populations most at risk.

Need and Goldstein, *Cell* 2009; U.S. Food and Drug Administration, National Cancer Institute, Riley Wong for *Propublica*, 2018.

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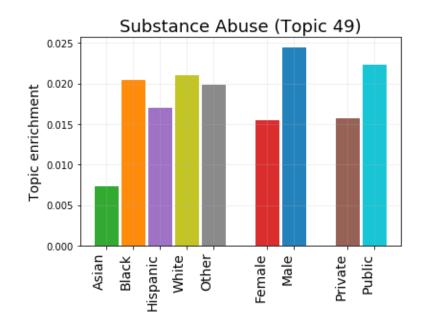
- Incorporate massive datasets
- Find latent patterns in underserved populations
- Scale quickly and widely

### Step 1: Characterize disparities

- We can understand
   unstructured psychiatric notes
   through LDA topic modeling
- ► One salient topic, **substance abuse**, had the following key
  words: use, substance, abuse
  cocaine, mood, disorder,
  dependence, positive, withdrawal,
  last, reports, ago, day, drug

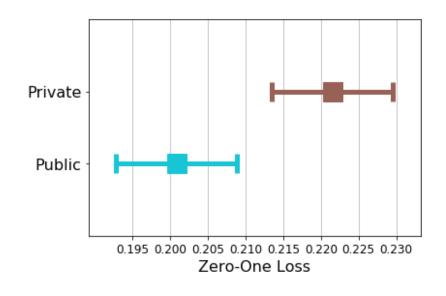
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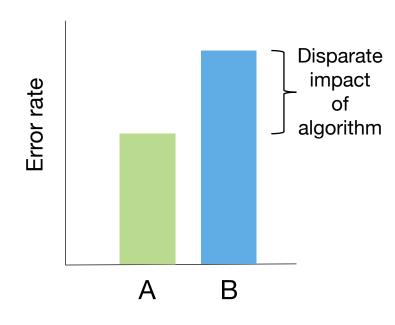


#### Step 1: Characterize disparities

- We can evaluate the differences in accuracy for a L1 Logistic Regression trained on the psychiatric notes to predict 30-day readmission
- We find algorithmic bias in insurance type but not race or gender



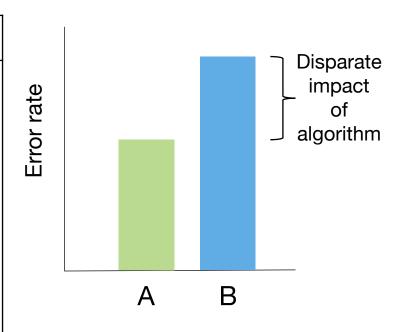
## Step 2: Fix algorithmic bias



Chen, Johansson, Sontag; NeurIPS 2018

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	Description	How to detect	How to fix
Bias	How well the model fits the data	Experiment with model complexity	Change model class
Variance	How much the sample size affects the accuracy	Fit inverse power laws to subsampling	Increase training data size
Noise	Irreducible error independent of sample size and model	Estimate Bayes error using distance metrics	Increase number of features



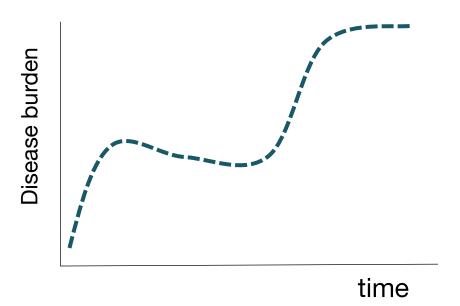
Chen, Johansson, Sontag; NeurIPS 2018

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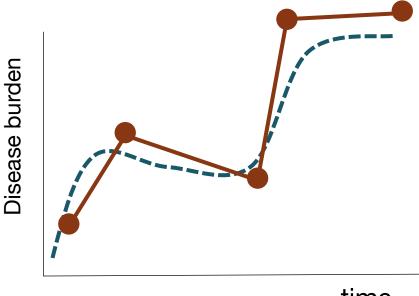
$$\begin{aligned} \text{Error} &= Bias + Variance + Noise \\ \text{Unfairness} &= |Error_1 - Error_2| \\ &= |(B_1 - B_2) + (V_1 - V_2) + (N_1 - N_2)| \end{aligned}$$
 Changing model class can impact bias 
$$\begin{aligned} \text{Collecting additional features can decrease noise} \\ \text{Improving sample size} \end{aligned}$$

reduces variance

- Lead time bias
  - Patients may enter the healthcare system at different times

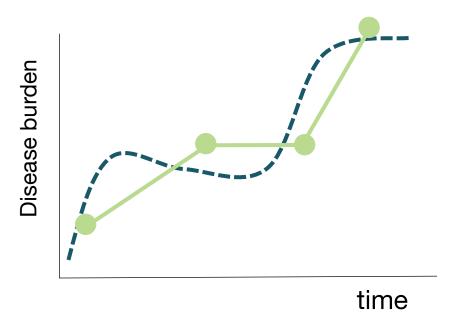


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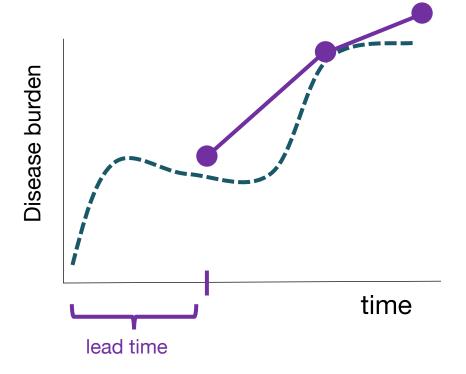


time

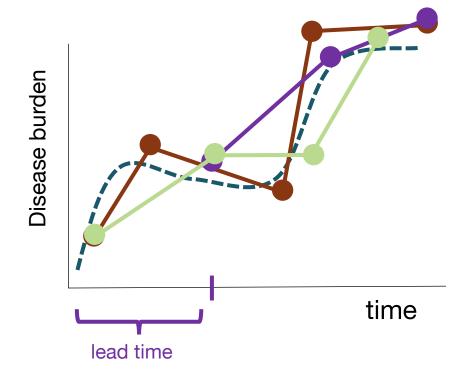
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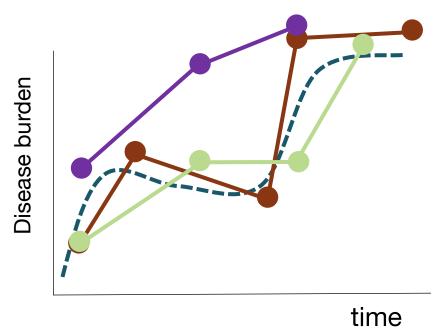
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- Lead time bias
  - Patients may enter the healthcare system at different times

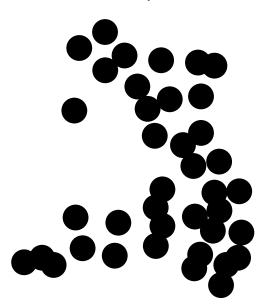


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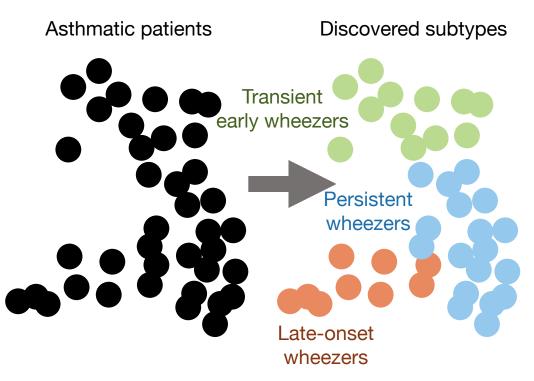


- ▶ Lead time bias
  - Patients may enter the healthcare system at different times
- Subtyping
  - Diseases can manifest in many ways

Asthmatic patients



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  - Patients may enter the healthcare system at different times
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  - Diseases can manifest in many ways



Deliu et al; Pulmonary Therapy 2016

#### Challenge to the community

 Expand beyond mathematical definitions. Consider historical and systemic causes to define and fix health disparities.



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- 2. Seek and promote different perspectives. Interdisciplinary work and a more diverse research community bring more people to the table.



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- Expand beyond mathematical definitions. Consider historical and systemic causes to define and fix health disparities.
- 2. Seek and promote different perspectives. Interdisciplinary work and a more diverse research community bring more people to the table.
- 3. Aim for higher fruit. Short-term clinical prediction is only the first step in improving the healthcare system.

