## Descriptive Statistics Part I

#### Lecture 5

Sahir Rai Bhatnagar Department of Radiology McGill University

sahir.bhatnagar@mcgill.ca

slides compiled on March 3, 2021



#### What is statistics?

Data basics

Numerical data - single variable

Categorical data - single variable

What is statistics? 2/31

#### Statistics in a Word

- Economics is about: *Money (and why it is good).*
- Psychology: Why we think what we think (we think).
- Biology: Life.
- Anthropology: Who?
- History: What, where, and when?
- Philosophy: Why?
- Engineering: How?
- Accounting: *How much?*

What is statistics? 3/31

#### Statistics in a Word

- Economics is about: *Money (and why it is good).*
- Psychology: Why we think what we think (we think).
- Biology: Life.
- Anthropology: Who?
- History: What, where, and when?
- Philosophy: Why?
- Engineering: How?
- Accounting: *How much?*

**Statistics** is about: *Variation* 

What is statistics? 3/31.

# Statistics is about quantifying uncertainty

- Data vary. People are different. We can't see everything, let alone measure it all.
- Even what we do measure, we measure imperfectly.
- The data we wind up looking at and basing our decisions on provide, at best, an imperfect picture of the world.
- This fact lies at the heart of what Statistics is all about.
- How to make sense of it is a central challenge of Statistics.

What is statistics? 4/31.

# Sampling from a population

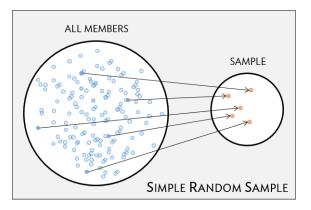


Figure: Random sampling is the best way to ensure that a sample reflects a population. In a simple random sample, each member of a population has the same chance of being sampled. For example, suppose we want to estimate the proportion of Montrealers who do not have a family doctor. We should randomly sample from different households in Montreal.

What is statistics? 5/31.

#### Selection bias

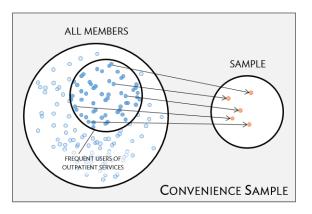


Figure: Instead of sampling from different households, we simply take all individuals from the same household.

What is statistics? 6/31.

Data values, no matter what kind, are useless without their context.

What is statistics? 7/31

#### Data values, no matter what kind, are useless without their context.

- Who: Describe the individuals who were sampled (aka observations, subjects, biological samples, participants, experimental units, cases).
- What: Determine what is being measured. The characteristics recorded about each individual are called variables.

What is statistics? 7/31

#### Data values, no matter what kind, are useless without their context.

- Who: Describe the individuals who were sampled (aka observations, subjects, biological samples, participants, experimental units, cases).
- What: Determine what is being measured. The characteristics recorded about each individual are called variables.
- Why: What was the purpose of the survey/experiment/study?
- When: When was the research conducted?
- Where: Where was the research conducted?

What is statistics? 7/31

#### Data values, no matter what kind, are useless without their context.

- Who: Describe the individuals who were sampled (aka observations, subjects, biological samples, participants, experimental units, cases).
- What: Determine what is being measured. The characteristics recorded about each individual are called variables.
- Why: What was the purpose of the survey/experiment/study?
- When: When was the research conducted?
- Where: Where was the research conducted?
- How: Describe how the survey/experiment/study was conducted.
   Simple random sample (SRS), volunteers, select population, non-representative sample?

What is statistics? 7/31.

What is statistics?

#### Data basic

Numerical data - single variable

Categorical data - single variable

Data basics 8/31

# Example: the FAMuSS study

 The Functional polymorphisms Associated with human Muscle Size and Strength study (FA- MuSS) measured a variety of demographic, phenotypic, and genetic characteristics for about 1,300 participants<sup>12</sup>.

<sup>&</sup>lt;sup>1</sup>Thompson PD, Moyna M, Seip, R, et al., 2004. Functional Polymorphisms Associated with Human Muscle Size and Strength. Medicine and Science in Sports and Exercise 36:1132 - 1139.

 $<sup>^2</sup>$  see <u>Harrington 1st edition</u>, Section 1.2.2, for more details

# Example: the FAMuSS study

- The Functional polymorphisms Associated with human Muscle Size and Strength study (FA- MuSS) measured a variety of demographic, phenotypic, and genetic characteristics for about 1,300 participants<sup>12</sup>.
- One goal of the study—examine the association of demographic, physiological and genetic characteristics with muscle strength.
  - ► In simpler terms, study the "sports gene" <u>ACTN3</u>.

<sup>&</sup>lt;sup>1</sup>Thompson PD, Moyna M, Seip, R, et al., 2004. Functional Polymorphisms Associated with Human Muscle Size and Strength. Medicine and Science in Sports and Exercise 36:1132 - 1139.

 $<sup>^2</sup>$  see <u>Harrington 1st edition</u>, Section 1.2.2, for more details

## Four rows from FAMuSS data matrix

```
# devtools::install_github("OI-Biostat/oi_biostat_data")
library(oibiostat)
data(famuss)
famuss %>%
 dplyr::glimpse()
## Rows: 595
## Columns: 9
## $ ndrm.ch
               <dbl> 40.0, 25.0, 40.0, 125.0, 40.0, 75.0, 100.0, 57.1, 33.3,...
## $ drm.ch
               <dbl> 40.0, 0.0, 0.0, 0.0, 20.0, 0.0, 0.0, -14.3, 0.0, 0.0, 2...
## $ sex
               <fct> Female, Male, Female, Female, Female, Female, Female, F...
## $ age
               <int> 27, 36, 24, 40, 32, 24, 30, 28, 27, 30, 20, 23, 24, 34,...
## $ race
               <fct> Caucasian. Caucasian. Caucasian. Caucasian. Caucasian. ...
## $ height
               <dbl> 65.0, 71.7, 65.0, 68.0, 61.0, 62.2, 65.0, 68.0, 68.2, 6...
## $ weight
               <dbl> 199, 189, 134, 171, 118, 120, 134, 162, 189, 120, 131, ...
## $ bmi
               <dbl> 33.112, 25.845, 22.296, 25.998, 22.293, 21.805, 22.296,...
```

Data basics 10/31.

# FAMuSS Variables and their descriptions

| Variable    | Description   |
|-------------|---|
| ndrm.ch     | Percent change in strength in the non-dominant arm,         |
|             | comparing strength after to before training                 |
| drm.ch      | Percent change in strength in a participant's dominant arm. |
| sex         | Sex of the participant                                      |
| age         | Age in years  |
| race        | Recorded as African Am (African American),                  |
|             | Caucasian, Asian, Hispanic, Other                           |
| height      | Height in inches  |
| weight      | Weight in pounds  |
| actn3.r577x | Genotype at the location r577x in the ACTN3 gene.           |
| bmi         | The participant's body mass index                           |

Data basics 11/31.

# Types of Variables

**Numerical variables** take on numerical values, such that numerical operations (sums, differences, etc.) are reasonable.

- Discrete: only take on integer values (e.g., # of family members)
- Continuous: can take on any value within a specified range (e.g., height)

Data basics 12/31

# Types of Variables

**Numerical variables** take on numerical values, such that numerical operations (sums, differences, etc.) are reasonable.

- Discrete: only take on integer values (e.g., # of family members)
- Continuous: can take on any value within a specified range (e.g., height)

**Categorical variables** take on values that are names or labels; the possible values are called the variable's <u>levels</u>.

- Ordinal: exists some natural ordering of levels (e.g., education, likert scale)
- Nominal: no natural ordering of levels (e.g., gender)

Data basics 12/31.

# Types of variables

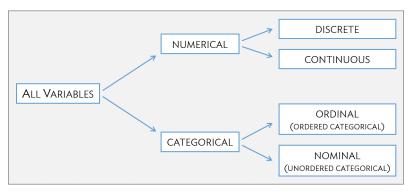


Figure: Types of variables

Data basics 13/31.

# Exploring data with simple tools

- Techniques for exploring and summarizing data differ for numerical versus categorical variables.
- Numerical and graphical summaries are useful for examining variables one at a time, but also for exploring the relationships between variables.

Data basics 14/31.

What is statistics?

Data basics

Numerical data - single variable

Categorical data - single variable

# Distributions and summary measures

• The collection of values for a numerical, continuous variable (e.g., weight) is the distribution for that variable.

# Distributions and summary measures

- The collection of values for a numerical, continuous variable (e.g., weight) is the distribution for that variable.
- Numerical and graphical summaries convey characteristics of a distribution without listing all the values.
- Important characteristics include:
  - ► Center: where is the middle of the distribution?
    - Measures of center: mean, median

# Distributions and summary measures

- The collection of values for a numerical, continuous variable (e.g., weight) is the distribution for that variable.
- Numerical and graphical summaries convey characteristics of a distribution without listing all the values.
- Important characteristics include:
  - ► Center: where is the middle of the distribution?
    - Measures of center: mean, median
  - Spread: how similar or varied are the values to each other?
    - Measures of spread: standard deviation, interquartile range

16/31.

Numerical data - single variable

#### Measures of center: mean

The sample mean of a variable is the sum of all observations divided by the number of observations:

$$\overline{y} = \frac{y_1 + y_2 + \dots + y_n}{n}$$

where  $y_1, y_2, \ldots, y_n$  represent the *n* observed values in a sample. The mean weight in famuss is 155.65 pounds:

```
mean(famuss$weight)
## [1] 155.6479
```

Numerical data - single variable

#### Measures of center: median

The median is the value of the middle observation in a sample. If the number of observations is

- Odd, the median is the middle observation
- Even, the median is the average of the two middle observations

The median is the  $50^{th}$  percentile; 50% of observations lie below/above the median.

```
median(famuss$weight)
## [1] 150
quantile(famuss$weight, probs = 0.50)
## 50%
## 150
```

## Measures of spread

The <u>standard deviation</u> measures (approximately) the distance between a typical observation and the mean.

- An observation's <u>deviation</u> is the distance between its value y and the sample mean  $\overline{y}$ :  $y \overline{y}$ .
- The <u>sample variance</u>  $s^2$  is the sum of squared deviations divided by the number of observations minus 1.

$$s^{2} = \frac{(y_{1} - \overline{y})^{2} + (y_{2} - \overline{y})^{2} + \dots + (y_{n} - \overline{y})^{2}}{n - 1},$$

where  $y_1, y_2, \ldots, y_n$  represent the *n* observed values.

• The standard deviation *s* is the square root of the variance.

$$s = \sqrt{\frac{(y_1 - \overline{y})^2 + (y_2 - \overline{y})^2 + \dots + (y_n - \overline{y})^2}{n - 1}}$$

sd(famuss\$weight)

## [1] 34.58999

# Measures of Spread: Percentiles/Quartiles

The  $p^{th}$  percentile is the observation such that p% of the remaining observations fall below this observation.

- The first quartile  $(Q_1)$  is the  $25^{th}$  percentile.
- The second quartile  $(Q_2)$ , i.e., the median, is the  $50^{th}$  percentile.
- The third quartile  $(Q_3)$  is the  $75^{th}$  percentile.

The <u>interquartile range (IQR)</u> is the distance between the third and first quartiles.

$$IQR = Q_3 - Q_1$$

```
IQR(famuss$weight)
## [1] 42
diff(quantile(famuss$weight, probs = c(0.25, 0.75)))
## 75%
## 42
```

Numerical data - single variable 20/31.

#### Robust estimates

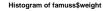
- The median and IQR are called robust estimates because they are less likely to be affected by extreme values than the mean and standard deviation.
- For distributions containing extreme observations, the median and IQR provide a more accurate sense of center and spread.

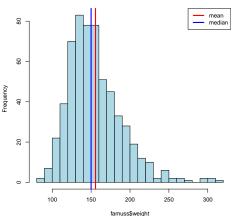
21/31.

Numerical data - single variable

## Histograms

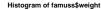
```
hist(famuss$weight, breaks = 30, col = 'lightblue')
abline(v = mean(famuss$weight), lwd = 3, col = "red")
abline(v = median(famuss$weight), lwd = 3, col = "blue")
legend("topright", legend = c("mean", "median"), col = c("red", "blue"), lwd = 3)
```

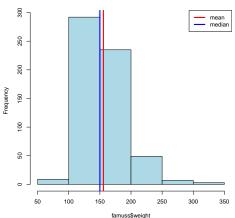




## Histograms

```
hist(famuss$weight, breaks = 5, col = 'lightblue')
abline(v = mean(famuss$weight), lwd = 3, col = "red")
abline(v = median(famuss$weight), lwd = 3, col = "blue")
legend("topright", legend = c("mean", "median"), col = c("red", "blue"), lwd = 3)
```

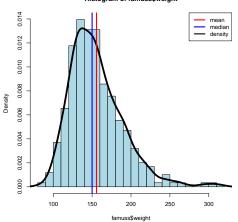




Numerical data - single variable

#### Density plots

#### Histogram of famuss\$weight



## Histograms ...

- Histograms show important features of the shape of a distribution:
  - ► Symmetry, or lack of it (skew)
  - ► Minimum and maximum values
  - Regions of high frequency (modes)

## Histograms ...

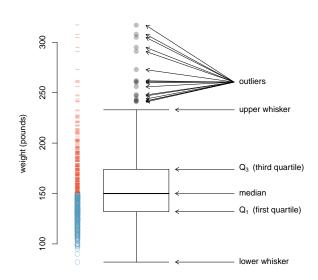
- Histograms show important features of the shape of a distribution:
  - ► Symmetry, or lack of it (skew)
  - ► Minimum and maximum values
  - ► Regions of high frequency (modes)
- Histograms not so good for:
  - Displaying median, quartiles
  - Showing subtle skewing
  - ► Identifying extreme values

## Histograms ...

- Histograms show important features of the shape of a distribution:
  - ► Symmetry, or lack of it (skew)
  - Minimum and maximum values
  - ► Regions of high frequency (modes)
- Histograms not so good for:
  - Displaying median, quartiles
  - Showing subtle skewing
  - ► Identifying extreme values
- Remember that histograms are sensitive to the number of bins!

Numerical data - single variable 25/31 .

# Boxplot for weight



Numerical data - single variable 26/31 •

# Boxplots

A boxplot indicates the positions of the first, second, and third quartiles of a distribution in addition to potential **outliers**, observations that are far from the center of a distribution.

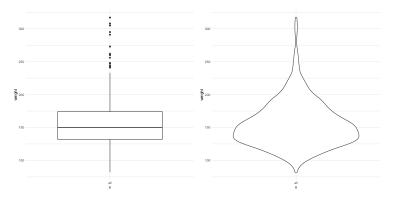
- Large outliers: values >  $Q_3 + (1.5 \times IQR)$
- Small outliers: values  $< Q_1 (1.5 \times IQR)$

#### On a boxplot...

- The rectangle extends from the first quartile to the third quartile, with a line at the second quartile (median).
- Whiskers capture data between  $Q_1 (1.5 \times IQR)$  and  $Q_3 + (1.5 \times IQR)$ ; whiskers must end at data points.
- Potential outliers shown with dots.

## Boxplots vs. Violin plots

```
p1 <- ggplot(data = famuss, mapping = aes(x = "all", y = weight)) + theme_minimal()
p1 + geom_boxplot()
p1 + geom_violin()</pre>
```



28/31.

Numerical data - single variable

What is statistics?

Data basics

Numerical data - single variable

Categorical data - single variable

#### **Tables**

A table for a single variable, a frequency table or one-way table, summarizes the distribution of observations among categories. Based on the table, describe the distribution of genotype at the location actn3.r577x among the study participants.

```
table(famuss$actn3.r577x)

##
## CC CT TT
## 173 261 161
```

# Bar plots for categorical data

A bar plot is a common way to display a single categorical variable.

graphics::barplot(table(famuss\$actn3.r577x))
sjPlot::plot\_frq(famuss\$actn3.r577x)

