

# 012 - $p$ -values

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# $p$ -values and statistical tests

## Definition ( $p$ -value)

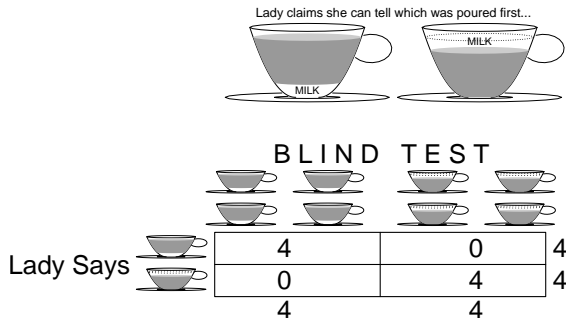
A **probability concerning the observed data**, calculated under a **Null Hypothesis** assumption, i.e., assuming that the only factor operating is sampling or measurement variation.

Use To assess the evidence provided by the sample data in relation to a pre-specified claim or ‘hypothesis’ concerning some parameter(s) or data-generating process.

Basis As with a confidence interval, it makes use of the concept of a *distribution*.

Caution A  $p$ -value is NOT the probability that the null ‘hypothesis’ is true

## Example 1 – from *Design of Experiments*, by R.A. Fisher

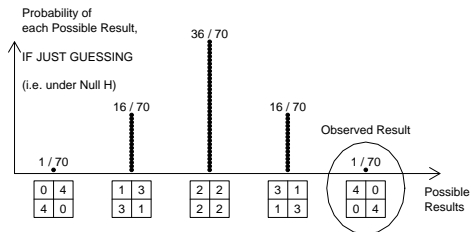


Null Hypothesis ( $H_{null}$ ): she can not tell them apart, i.e., just guessing.

Alternative Hypothesis ( $H_{alt}$ ): she can.

# The evidence provided by the test

- Rank possible test results by degree of evidence against  $H_{null}$ .
- “ $p$ -value” is the probability, calculated under null hypothesis, of observing a result as extreme as, or more extreme than, the one that was obtained/observed.



In this example, observed result is the most extreme, so

$$P_{value} = \text{Prob}[\text{correctly identifying all 4, IF merely guessing}] = 1/70 = 0.014.$$

- Interpretation of such data often rather simplistic, as if these *data alone* should *decide*: i.e. if  $P_{value} < 0.05$ , we ‘~~reject~~’  $H_{null}$ ; if  $P_{value} > 0.05$ , we don’t (or worse, we ‘~~accept~~’  $H_{null}$ ). Avoid such simplistic ‘conclusions’.

## $p$ -value via the Normal (Gaussian) distribution.

- When judging extremeness of a sample mean or proportion (or difference between 2 sample means or proportions) calculated from an amount of information that is sufficient for the Central Limit Theorem to apply, one can use Gaussian distribution to readily obtain the  $p$ -value.
- Calculate how many standard errors of the statistic,  $SE_{statistic}$ , the statistic is from where null hypothesis states true value should be. This “number of SE’s” is in this situation referred to as a ‘ $Z_{value}$ ’.

$$Z_{value} = \frac{\text{statistic} - \text{its expected value under } H_{null}}{SE_{statistic}}.$$

$p$ -value can then be obtained by determining what % of values in a Normal distribution are as extreme or more extreme than this  $Z_{value}$ .

- If  $n$  is small enough that value of  $SE_{statistic}$ , is itself subject to some uncertainty, one would instead refer the “number of SE’s” to a more appropriate reference distribution, such as Student’s  $t$ - distribution.

## More about the $p$ -value

- The  $p$ -value is a **probability concerning data, conditional on the Null Hypothesis being true.**
- **Naive (and not so naive) end-users sometimes interpret the  $p$ -value as the probability that Null Hypothesis is true, conditional on – i.e. given – the data.**

$$p_{\text{value}} = P(\text{this or more extreme data} | H_0) \\ \neq P(H_0 | \text{this or more extreme data}).$$

- Statistical tests are often coded as statistically significant or not according to whether results are extreme or not with respect to a reference (null) distribution. But a test result is just one piece of data, and needs to be considered *along with rest of evidence* before coming to a ‘conclusion.’
- **Likewise with statistical ‘tests’: the  $p$ -value is just one more piece of *evidence*, hardly enough to ‘conclude’ anything.**

# The prosecutor's fallacy <sup>1</sup>

- Let's suppose a defendant has been accused of robbery
- The null hypothesis is that the defendant is innocent. Instructions to juries are quite explicit about this.
- **Prosecutor:** "If the defendant were innocent, wouldn't it be remarkable that the police found him at the scene of the crime with a bag full of money in his hand, a mask on his face, and a getaway car parked outside?"  $P(\text{innocent} \mid \text{evidence})$
- **Jury:** Considers the evidence in light of the presumption of innocence and judges whether the evidence against the defendant would be plausible if the defendant were in fact innocent.  $P(\text{evidence} \mid \text{innocent})$

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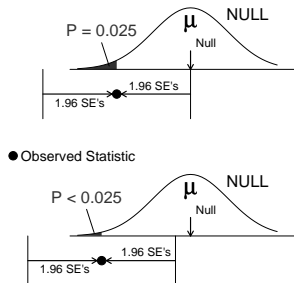
<sup>1</sup>Who's the DNA fingerprinting pointing at? New Scientist, 1994.01.29, 51-52.



# The prosecutor's fallacy in a game of poker

- Imagine the judges were playing a game of poker with the Archbishop of Canterbury.
- If the Archbishop were to deal a royal flush on the first hand, one might suspect him of cheating.
- The probability of the Archbishop dealing a royal flush on any one hand, assuming he is an honest card player, is  $P(\text{royal flush} \mid \text{innocent}) = 1 \text{ in } 70\,000$ .
- But if the judges were asked whether the Archbishop was honest, given that he had just dealt a royal flush, they would be likely to quote a probability greater than 1 in 70 000  $\rightarrow P(\text{innocent} \mid \text{royal flush})$ .

# (Intimate) Relationship between $p$ -value and CI



- (Upper graph) If upper limit of 95% CI *just touches* null value, then the 2 sided  $p$ -value is 0.05 (or 1 sided  $p$ -value is 0.025).
- (Lower graph) If upper limit *excludes* null value, then the 2 sided  $p$ -value is less than 0.05 (or 1 sided  $p$ -value is less than 0.025).
- (Graph not shown) If CI *includes* null value, then the 2-sided  $p$ -value is greater than (the conventional) 0.05, and thus observed statistic is “not statistically significantly different” from hypothesized null value.

# Don't be overly-impressed by $p$ -values

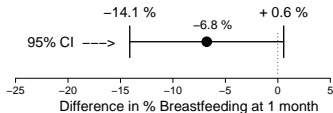
- $p$ -values and 'significance tests' widely misunderstood and misused.
- Very large or very small  $n$ 's can influence what is or is not 'statistically significant.'
- Use CI's instead.
- *Pre study* power calculations (the chance that results will be 'statistically significant', as a function of the true underlying difference) of some help.
- *post-study* (i.e., *after the data have 'spoken'*), a CI is much more relevant, as it focuses on magnitude & precision, not on a probability calculated under  $H_{null}$ .



## Do infant formula samples ↓ dur<sup>n</sup>. of breastfeeding?<sup>2</sup>

Randomized Clinical Trial (RCT) which withheld free formula samples [given by baby-food companies to breast-feeding mothers leaving Montreal General Hospital with their newborn infants] from a random half of those studied.

At 1 month	Mothers		Total	Conclusion...
	given sample	not given sample		
Still Breast feeding	175 (77%)	182 (84%)	357 (80.4%)	P=0.07. So, ... the difference is “Not Statistically Significant” at 0.05 level
Not Breast feeding	52	35	87	
Total	227	217	444	



<sup>2</sup>Bergevin Y, Dougherty C, Kramer MS. Lancet. 1983 1(8334):1148-51

# Messages

- no matter whether the  $p$ -value is “statistically significant” or not, always look at the location and width of the confidence interval. it gives you a better and more complete indication of the magnitude of the effect and of the precision with which it was measured.
- this is an example of an **inconclusive negative** study, since it has **insufficient precision** (“resolving power”) **to distinguish** between two important possibilities – **no harm**, and what authorities would consider a **substantial harm: a reduction of 10 percentage points** in breastfeeding rates .
- “**statistically significant**” and “**clinically-**” (or “**public health-**”) significant are different concepts.
- (message from 1st author:) plan to have **enough statistical power**. his study had only 50% power to detect a difference of 10 percentage points)

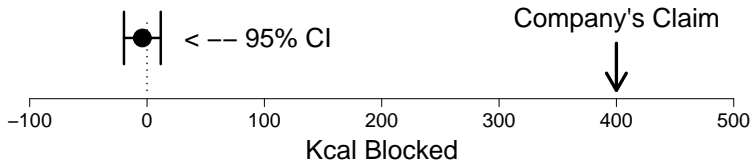
# Do starch blockers really block calorie absorption?

Starch blockers – their effect on calorie absorption from a high-starch meal. Bo-Linn GW. et al New Eng J Med. 307(23):1413-6, 1982 Dec 2

- Known for more than 25 years that certain plant foods, e.g., kidney beans & wheat, contain a substance that inhibits activity of salivary and pancreatic amylase.
- More recently, this antiamylase has been purified and marketed for use in weight control under generic name “starch blockers.”
- Although this approach to weight control is highly popular, it has never been shown whether starch-blocker tablets actually reduce absorption of calories from starch.
- Using a one-day calorie-balance technique and a high starch (100 g) meal (spaghetti, tomato sauce, and bread), we measured excretion of fecal calories after  $n = 5$  normal subjects in a cross-over trial had taken either placebo or starch-blocker tablets.
- If the starch-blocker tablets had prevented the digestion of starch, fecal calorie excretion should have increased by 400 kcal.

# Do starch blockers really block calorie absorption?

- However, fecal calorie excretion was same on the 2 test days (mean  $\pm$  S.E.M.,  $80 \pm 4$  as compared with  $78 \pm 2$ ).



- We conclude that starch blocker tablets do not inhibit the digestion and absorption of starch calories in human beings.
- EFFECT IS MINISCULE (AND ESTIMATE QUITE PRECISE) AND VERY FAR FROM COMPANY'S CLAIM !!!
- A **'DEFINITELY NEGATIVE'** STUDY.





# SUMMARY - 1

- Confidence intervals preferable to  $p$ -values, since they are expressed in terms of (comparative) parameter of interest; they allow us to judge magnitude and its precision, and help us in 'ruling in / out' certain parameter values.
- A 'statistically significant' difference does not necessarily imply a clinically important difference.
- A 'not-statistically-significant' difference does not necessarily imply that we have ruled out a clinically important difference.

## SUMMARY - 2

- Precise estimates distinguish b/w that which – if it were true – would be important and that which – if it were true – would not. ‘ $n$ ’ an important determinant of precision.
- A lab value in upper 1% of reference distribution (of values derived from people without known diseases/conditions ) does not mean that there is a 1% chance that person in whom it was measured is healthy; i.e., it doesn’t mean that there’s a 99% chance that the person in whom it was measured does have some disease/condition.
- Likewise,  $p$ -value  $\neq$  probability that null hypothesis is true.
- The fact that

$Prob[\textit{the data} \mid \textit{Healthy}]$  is small [or large]

does not necessarily mean that

$Prob[\textit{Healthy} \mid \textit{the data}]$  is small [or large]

## SUMMARY - 3

- Ultimately,  $p$ -values, CI's and other evidence from a study need to be combined with other information bearing on parameter or process.
- Don't treat any one study as last word on the topic.