

1. Market Fundamentals

Understanding markets isn't about memorizing definitions-it's about recognizing the psychological flow behind every move.

Spot markets let you trade actual crypto, while derivatives and futures let you speculate without owning.

Volatility creates opportunity, and volume tells you where the money is.

Above all, price action reflects the emotions of the crowd-learning to interpret that is the real edge.

2. Blockchain & Crypto Basics

Think of blockchain as a public notebook. Every entry (or transaction) is visible and locked in forever.

Crypto isn't just currency-it's a tool to move value, execute smart contracts, and build decentralized apps.

Bitcoin was the first, Ethereum made it programmable, and thousands followed with specific purposes.

Tokens have utility: some power networks, others govern them. Wallets hold your keys-hot wallets for convenience, cold wallets for security.

3. Technical Analysis Patterns

Charts aren't just visuals-they're footprints of collective behavior.

Reversal patterns like Head and Shoulders or Double Bottoms suggest a change in direction.

Continuation patterns like Flags and Triangles show trends taking a breather before continuing.

Learn to spot these, understand the psychology behind them, and use volume to confirm your setups.

Trading is pattern recognition, not prediction.

4. Risk Management & Mindset

Risk management is how you stay in the game. A winning strategy without discipline is just luck.

Decide your max loss per trade. Always use stop-loss orders.

Keep your position size in check-never risk more than you're okay losing.

Your mindset matters: remove emotion, stay patient, and don't trade to "make it back."

Review your trades like a coach, not a gambler.

5. Key Terms to Keep Handy

- * Market Order - buy/sell immediately at current market price.
- * Limit Order - set your own price and wait.
- * Stop-Loss - exits a trade automatically at a loss you define.
- * RSI - measures whether something's overbought or oversold.
- * Support/Resistance - zones where price tends to react.
- * Leverage - using borrowed money; amplifies both gains and losses.
- * Volume - how much is being traded; helps confirm moves.

6. Common Mistakes to Avoid

Don't chase pumps-wait for confirmation.

Avoid over-leveraging-it might win fast but loses faster.

Don't trade based on emotion-follow your system.

Stay out of the market when it's unclear, and never trade because you're bored.

Always journal your mistakes so you don't repeat them.

7. Journaling Template

Track each trade honestly-this is how you improve. Copy and fill this out daily:

Trade Setup: _____

Entry Reason: _____

Entry Price: _____ Stop Loss: _____

Target: _____ Position Size: _____

Outcome (Win/Loss): _____

What I Did Right: _____

What I Missed: _____

8. Trusted Tools & Resources

- * TradingView - for charts and backtesting strategies.
- * CoinMarketCap - to track prices and coin data.
- * Etherscan - check wallet activity and smart contracts on Ethereum.



* Messari - research reports and project data.

* Crypto Panic - aggregated news and sentiment.

Use these tools daily - they give you an edge when interpreted correctly.