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## Gotcha Liar The 101 of Human Lie Detection Proven techniques to help you detect lies

By Christina Mayer

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Paperback. 54 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. I did not

have sex with that woman. Bill Clinton Im so happy for you. A

jealous friend I swear, I dont have any homework. Teenage

daughter or son The truth is, the world is full of liars. Whether

its a spouse, a friend, a colleague, a boss, an employee, a

customer, or a salesperson, they all lie to us some more often

than others. However, more than 82 of lies go undetected. Why

Sometimes, we want to protect ourselves and prefer not to

know the truth. A lot of times, though, its because we cant tell if

somebody is lying to us. Research shows that the average

persons accuracy in detecting a lie is 54, so not much better

than the statistical equivalent of flipping a coin. BUT,

everybody (including you) can rise way above the average by

learning how to decode and interpret nonverbal behavior such

as facial expressions, gestures, physical movements and vocal

tone. Even without a natural knack for reading people, you can

significantly improve your ability to spot lies and uncover

hidden emotions....



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