



1,000 Mitzvahs: How Small Acts of Kindness Can Heal, Inspire, and Change Your Life

By Linda Cohen

Avalon Publishing Group. Paperback. Book Condition: new. BRAND NEW, 1,000 Mitzvahs: How Small Acts of Kindness Can Heal, Inspire, and Change Your Life, Linda Cohen, When her father passed away in 2006, Linda Cohen's busy life as a mother, wife, and entrepreneur came to a screeching halt. She took a spiritual sabbatical to work through her grief, and she came out of it resolved to embark upon a project: perform one thousand acts of kindness--mitzvahs--to honor her father's memory. 1,000 Mitzvahs shares Cohen's two-and-a-half-year journey from sorrow to inspiration through simple daily acts of kindness. She presents each mitzvah as a short vignette, and the myriad forms they take--from helping the elderly to donating to good causes to baking and collecting food for others--highlight the many ways in which one person can touch the lives of others. As she pursues her quest, Cohen finds that her life is improved by these small acts--that every time she goes out of her way to do something good for someone else, she enhances her own well-being. More than a touching story of a daughter's love for her father, 1,000 Mitzvahs is a testament to the transformational power of kindness, and a call to...



READ ONLINE
[2.87 MB]

Reviews

This is basically the greatest pdf i have got go through right up until now. It normally fails to cost excessive. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Genoveva Langworth**

This is actually the greatest pdf i actually have read until now. it absolutely was writtern really properly and beneficial. Your life period will be change when you complete looking over this pdf.

-- **Lurline Little**

Related eBooks



All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed, Audrey Delaney, 'I could see what he was doing to the other girls because he had been doing...



Becoming a Spacewalker: My Journey to the Stars (Hardback)

Purdue University Press, United States, 2014. Hardback. Book Condition: New. 284 x 216 mm. Language: English . Brand New Book. This nonfiction picture book is a children s version of NASA astronaut Jerry L. Ross s autobiography, Spacewalker: My Journey in Space...



Read Write Inc. Phonics: Blue Set 6 Non-Fiction 2 How to Make a Peach Treat (Paperback)

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 205 x 74 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



How to Make a Free Website for Kids (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...



Grandpa Spanielson's Chicken Pox Stories: Story #1: The Octopus (I Can Read Book 2)

HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How and Which Niche? Market Analysis: Who Are...