



## Commando Dad: Raw Recruits: From Pregnancy to Birth (Paperback)

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By Neil Sinclair

Hodder Stoughton General Division, United Kingdom, 2014. Paperback. Book Condition: New. 202 x 151 mm. Language: English . Brand New Book. Commando Dad Raw Recruits is a must-have manual for all dads-to-be. It demystifies pregnancy and childbirth; provides the essential back-up information men need to support their partners and prepares them for the radical changes to their life that a new BT (baby trooper) will inevitably bring. It is packed with straightforward advice, guidance, clear diagrams, advice and tips. This accessible guide is loosely based on the British Army's Basic Battle Skills - and has a light-hearted military flavour throughout. With Commando Dad's rules and specially adapted military phrases such as: deployment date (due date); BT (baby trooper); CO (Commanding Officer - the person in charge - or, in this context, the mum-to-be), Deployment Kit List (the essential kit needed for the birth) and Sensory Overload (used to explain the situation when you get so overwhelmed with new information being thrown at you that it impacts your ability to act effectively) - this is a fun but ultimately useful book for every man about to embark on his greatest ever mission: fatherhood.



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### Reviews

*This ebook will be worth acquiring. It is actually written in basic phrases instead of hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Trystan Yundt**

*This created publication is wonderful. This can be for those who state that there had not been a worth looking at. Your lifestyle period will probably be transformed when you comprehensively look at this book.*

-- **Chelsey Nicolas**