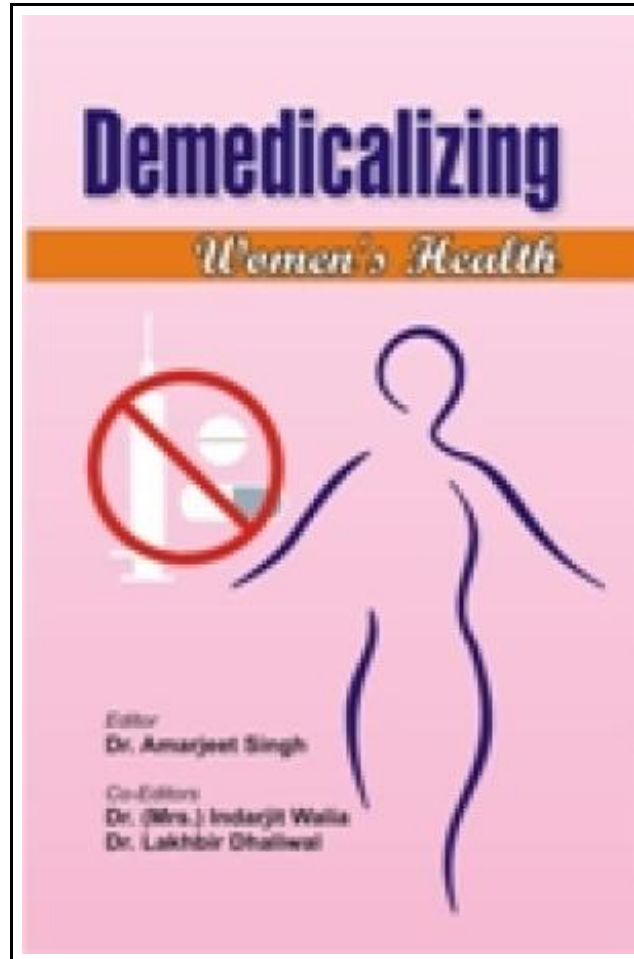


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Reviews

Complete information for publication fans. Better then never, though i am quite late in start reading this one. Its been written in an extremely straightforward way in fact it is just soon after i finished reading this ebook in which basically altered me, change the way i believe.

(Ellie Stark)

DEMEDICALIZING WOMEN'S HEALTH (2 VOLS.SET)

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2009. Hardcover. Book Condition: New. 624 This book is about women empowerment. It is an initiative to give freedom to women from the clutches of medicalization. As the title indicates the book's main emphasis is on demedicalization because there has been a growing uneasiness and restlessness in many sections of society about the increasing trend of more and more of our daily routine being regulated by doctors and medicine. Solution to every problem is being brought under the purview of medicine. This is happening not without the ubiquitous side effects. It was thought that this medicalization trend itself needs to be curbed and regulated. This book which is a humble attempt in this direction. It should however, be made clear that this book does not advocate that no medicine should be taken. The main emphasis of the book is to impress upon the reader that much (relief) can be achieved without medicine/doctors. If needed, doctors' help/hospital visit may be considered. The book focuses on women as they have been documented to lack adequate access to health. A world of optimal and widespread health is obviously a world of minimal and only occasional medical intervention. The book repeatedly emphasizes a life-style that is conducive to well-being. Such a life-style envisages physical exercise, healthy diet, yoga, spiritual orientation, meditation and philanthropic activities. The book includes a series of home remedies many of these have been tried in research format by the faculty of various medical institutes. There is extensive description and ample illustrations related to the women's diseases. The range of the diseases that the book has described includes hair loss, dental health, foul smell from the mouth, feticide and skewed sex-ratio, epilepsy, cancer, infertility, knee pain, HIV/AIDS. In each case the book does not stop at giving the physical remedy. The importance...

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