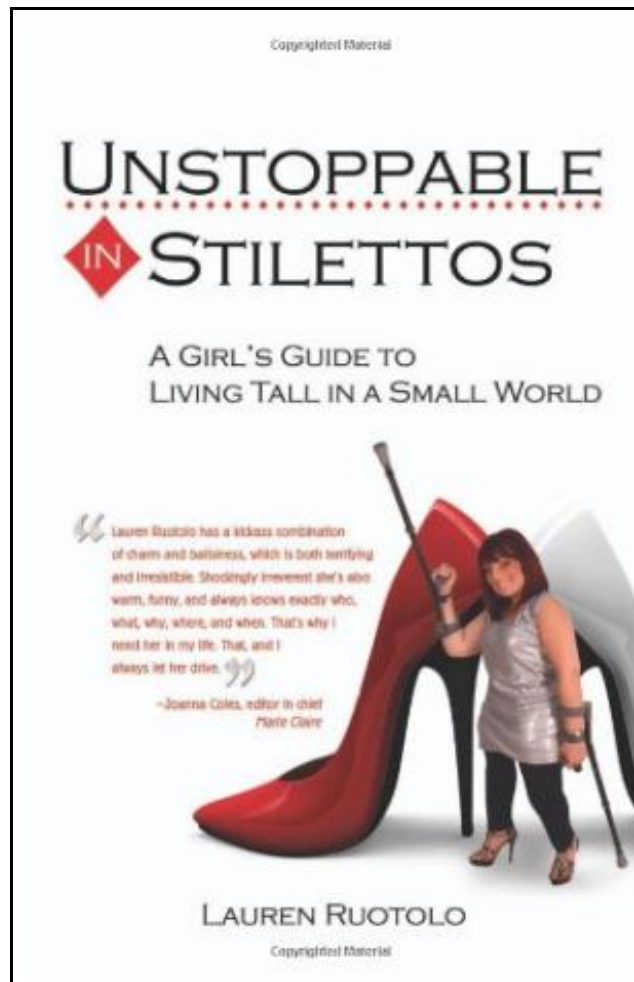


## Unstoppable in Stilettos: A Girl's Guide to Living Tall in a Small World (Paperback)



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HEALTH COMMUNICATIONS, United States, 2010. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. How to Live Large Every Day and Kick Butt Along the Way! How does a girl who was originally predicted to live a wheelchair-bound existence become adventurous, self-assured, successful, and . . . unflappable? Standing 4 feet 2 inches tall in flats (which she would never be caught dead in, anyway), Lauren Ruotolo has spent her thirty-four-ish years seeing the world from a unique angle upward facing. Lauren was born with McCune-Albright syndrome, a mysterious and rare genetic disease that researchers say occurs in anywhere between 1 in 100,000 and 1 in 1 million people. Some people with the condition tend to go the wheelchair route, but that was never a road Lauren wanted to travel. Her preferred method of transportation, instead, includes stiletto heels. Lauren has avoided the label of disabled through uniquely discovering who she really is, and now you, too, can learn the secrets to living life in a big way. In Unstoppable in Stilettos, Lauren offers you Lauren s Lessons, in which she shares her hard-earned wisdom and life experiences to offer you a unique brand of life philosophies that you can apply to any of the rights of passages you may be experiencing as a Twenty-first Century Woman, including: Navigating social pressures Avoiding the label game Overcoming insecurities Combating career confusion Turning rejection and obstacles into triumph Dealing with toxic people Discovering true self-expression and so much more. With Unstoppable in Stilettos you will have the tools to carve out your own path to self-confidence, success, and individualism . . . and have a blast along the way. Lauren Ruotolo is the director of entertainment promotions at Hearst Magazines in New York City, where she is...



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