



UNIVERSITY OF TRENTO - Italy

## **Master of Science in Materials and Production Engineering**

### **Lab Session 3**

## **Melt flow index (MFI), Shore hardness, Vicat/HDT and LOI analysis**

Laboratory activity report  
Course of Polymeric Materials Engineering

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Trento (Italy), June 2019

Academic year 2018-19

**Abstract**

Different polymer properties were evaluated by performing Vicat test, melt flow index (MFI) analysis, Shore hardness and limiting oxygen flammability (LOI). Vicat test was used to estimate the deformability of three polymers: polycarbonate (PC), acrylonitrile butadiene styrene (ABS) and polypropylene (PP). Since PS and ABS are amorphous polymers, the Vicat temperatures do not change with the load, while for PP, which is a semi crystalline polymer, Vicat temperature varies with the load. With MFI analyses some rheological reckonings are possible. First, the MFI increases exponentially with temperature and the applied load; moreover, by testing three different polypropylenes, increasing the MFI, the molecular weight (MW) decreases exponentially. The phenomenon of die swelling also depends on MW: for higher molecular weight, the die swell is lower due to high possibility of orientation of longer chains. The results of MFI calculations were also used to evaluate the activation energy ( $E_a$ ) of viscous flow; for PPH 7089 the average  $E_a$  is about 50 kJ/mol. Shore hardness test was used to measure the hardness of different polymers. It was found that the Shore A test is suitable for the softer materials while Shore D is suitable for the harder ones. It is interesting to notice that polyurethane (PU), which is a thermoset polymer, shows a wide range of hardness (Shore A) from 50 to 95. Limiting oxygen index was used to investigate the relative flammability of four polymers i.e. polyethylene (PE), PP, PC and ABS. PC has the higher LOI (33%) resulting less flammable than the others.

## 1 Introduction

The aim of this laboratory session is to study rheological properties of different polymeric materials, together with thermal evolution of stiffness (Vicat), measurement of hardness (Shore A and D) and flammability (limit oxygen index, LOI).

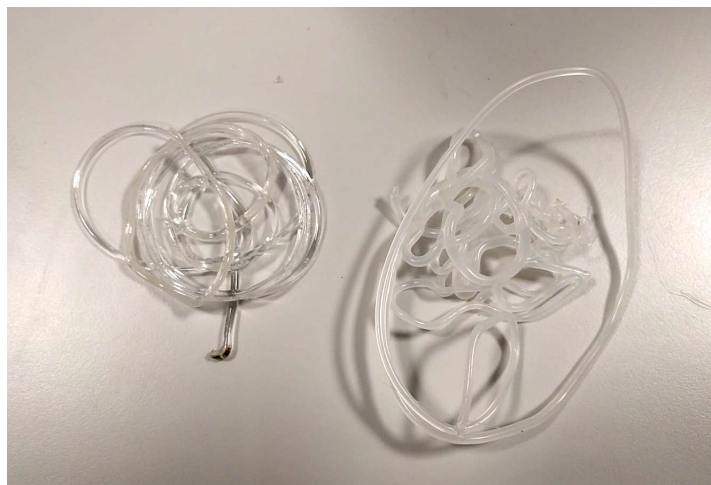
### 1.1 Polymers and products

A wide selection of polymeric materials has been studied, particularly for hardness measurements, including either thermoplastics and thermosets, semicrystalline and amorphous polymers. In Figure 1 samples for hardness measurement are displayed.



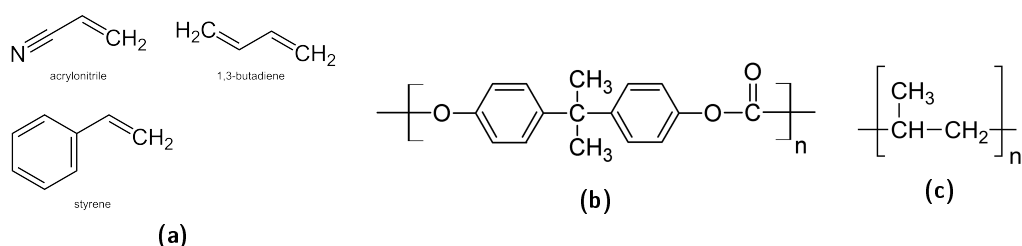
**Figure 1:** Samples for hardness measurements.

Polypropylene has been deeply studied in its rheological properties, highlighting common properties like activation energy of viscous flow and die swelling. In Figure 2 extrudates of polystyrene and polypropylene from melt flow index analysis are displayed.



**Figure 2:** Extrudates of polystyrene (left) and polypropylene (right) from melt flow index analysis.

Vicat analysis has been done on ready made samples of polycarbonate (PC), acrylonitrile-butadiene-styrene copolymer (ABS) and polypropylene (PP). In Figure 3 chemical formulas of these polymers are reported.



**Figure 3:** Chemical formulas of (a) ABS (three constituents), (b) PC and (c) PP

LOI measurements have been one on samples of polyethylene (PE), PP, PC and ABS. In Figure 4 samples after the experimental activity are displayed.



**Figure 4:** From left to right: PE, PC, PP and ABS samples after the experimental activity.

## 2 Materials and methods

### 2.1 Materials

Different polymeric samples have been provided by University of Trento to get Vicat analysis: PC, ABS and PP. A long list of samples have been tested in Shore analysis, as reported in Table 1, where TP = thermoplastic, TS = thermoset and E = elastomer.

**Table 1:** Materials used in Shore analyses.

number	sample	type
1,24	PP + GF	TP
2	POM	TP
3	PA 11	TP
4	PE	TP
5	PVC	TP
6	PMMA + BaSO	TP
7	PBT	TP
8,9	EPDM	E
10	PC	TP
11	PMMA	TP
12	generic rubber	E
13	PA 6	TP
14,18,20,25,27	PU	TS
15	Silicone	E
16	ABS	TP
17	SAN	TP
19	PP	TP
21	PTFE	TP
22	COC	TP
23	PA	TP
26	PET	TP

Three different polypropylene samples have been provided by different companies in order to carry out melt flow index analyses, as reported in Table 2.

**Table 2:** Polypropylene materials used.

Sample	Product name	Typical MFI (g/10min) (230°C, 2.16 kg)
PP-1	PPH 7089	12
PP-2	Moplen HP 500 N	5
PP-3	Borealis	25

For limit oxygen index analyses tested samples are PE, PP, PC and ABS plastics provided by University of Trento.

### 2.2 Sample preparation

Samples have been prepared in function of the specific experimental activities. Vicat samples were ready made in the right geometry for the analysis. Shore samples were ready made too, ready for

the analysis as provided. Melt flow index samples are polymer granules as provided, that have been fed into the instrument for the analysis without any further processing of them.

#### 2.2.1 Manual drawing for x-ray diffraction (XRD) and mechanical testing

An amount of granules for melt flow index analysis has been used in order to manually draw fibers of polypropylene. The polymeric melt flowing out of the instrument has been stretched manually, imposing a moderate strength, with the purpose of obtaining fibers, that will be used for x-ray diffraction analyses and mechanical tensile testings.

## 3 Experimental activity

### 3.1 Vicat Softening Temperature analysis (VST)

The test has been carried out in two configurations, with instrument Vicat Tester MP/3 and according to the normative ASTM [4]:

- 120°C/h, 10 N;
- 120°C/h, 50 N.

Polymers analyzed are: PC, ABS and PP. Samples dimensions are 1 × 1 cm and the thickness is 3.2 mm which is higher than the maximum penetration depth. Vicat temperature is the temperature at which the penetration is about 1 mm:  $T_{\text{vicat}}^{10}$  is obtained with a load of 10 N while  $T_{\text{vicat}}^{50}$  is obtained with a load of 50 N.

### 3.2 Melt flow index (MFI) measurement

Melt flow index (MFI) analysis has been carried out with a Dynisco Melt Flow Indexer. According to ASTM standard, the typical test conditions for PP are temperature of 230°C and load of 2.16 kg. A first analysis has been conducted on PP-1 with 9 different configurations changing the temperature (190°C, 210°C, 230°C) and changing the load (2.16 kg, 5.0 kg, 7.06 kg).

A second analysis has been done on PP-2 at 230°C under loads of 2.16 kg and 7.06 kg.

A third analysis has been carried out on PP-3 at 230°C under 2.16 kg.

For each configuration six samples have been produced. The first one has been used for the evaluation of die swelling according to Equation 1:

$$\text{Die swell} = \left( \frac{D_{\text{ex}}}{D_{\text{or}}} \right)^2 \quad (1)$$

where  $D_{\text{ex}}$  is the measured diameter of extrudate and  $D_{\text{or}}$  is the diameter of the orifice (die) defined by ASTM standard [2].

The MFI has been calculated by Equation 2:

$$\text{MFI} = \frac{m_{\text{ex}}}{t} \quad (2)$$

where  $m_{\text{ex}}$  is the weight of the extrudate and  $t$  is the extrusion time. According to standard the unit of measure of MFI is g/10min standard. For sake of simplicity, the measurements have been taken in lower times and then reported scaled to 10 minutes.

#### 3.2.1 Molecular weight calculation

From reference handbook [1] specific values of MFI in function of molecular weight (reported in Table 7) have been used for built a curve that permits to estimate the molecular weight of each type of PP knowing the melt flow index. For this calculation MFI of ASTM standard [2] has been taken into account.

**Table 3:** MFI in function of molecular weight of PP according to literature [1] .

Molecular Weight (g/mol) MW · 10 <sup>-3</sup>	Melt Flow Index (g/10min) (230°C, 2.16 kg)
142	22.8
180	7.3
220	3.5
292	1.2
358	0.39

### 3.2.2 Activation energy calculation

From melt flow index values it can be evaluated the activation energy using Arrhenius model described by Equation 3

$$\text{MFI} = Ae^{-\frac{E_a}{RT}} \quad (3)$$

where  $A$  is a constant,  $E_a$  is activation energy,  $T$  is the process temperature (in K) and  $R$  is the gas constant. This calculation has been done for each applied load. Linearizing the Equation 3 through logarithm properties the activation energy can be expressed as the slope of the curve.

### 3.3 Shore hardness measurement

Shore hardness scales are used to compare the behaviour of different materials under load. The durometer ATS FAAR has been used. Two different scales have been employed:

- Shore A: presents a conical indenter and the weight applied is about 0.488 Kg. It is used for soft and flexible materials;
- Shore D: presents a sharp indenter and the weight applied is about 3.964 Kg. It is used for hard and semi-rigid materials.

Different polymeric specimens have been tested: for each, three measurements has been carried out with a waiting time of three seconds. Analyzed polymers are reported in the previous Table 1.

### 3.4 Limit oxygen index (LOI) measurement

Analyzed polymers are PE, PP, PC and ABS, with instrument Ceast Oxygen Index. This test allows to predict the behaviour of polymers when they are exposed to the flame. Air is blown in the working column and the amount of oxygen is carefully modulated (its value has been taken around 21%). Specimens are exposed to the flame for three minutes, accordingly to standard procedure by ASTM [3]. In Table 4 the percentage of oxygen used are reported

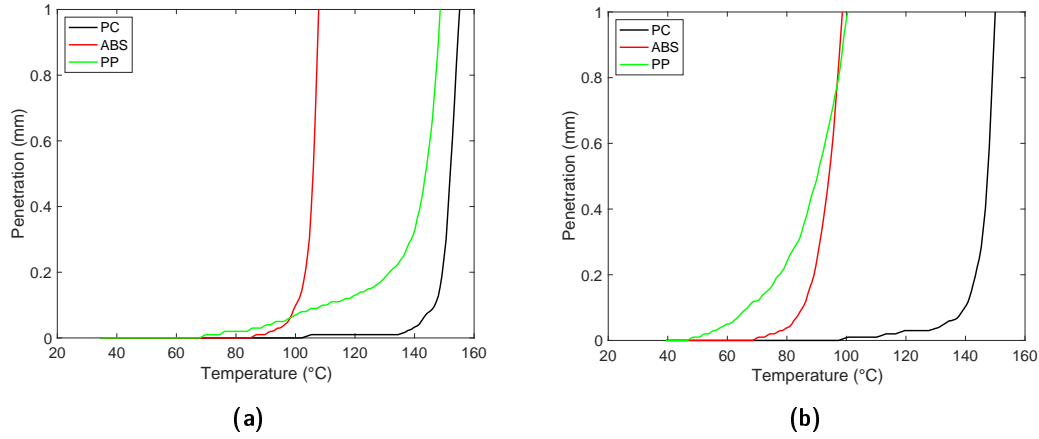
**Table 4:** Percentage of oxygen used in LOI measurements.

Sample	Oxygen (%)
PE	20
PP	22
PC	33
ABS	20

## 4 Results and discussion

### 4.1 Vicat analysis (VST)

The results of the penetration test are reported in the following Figures 5a-b.



**Figure 5:** Vicat curves for a) 10 N, b) 50 N.

Analyzing the intersection between the curves and the penetration of 1 mm the following data in Table 5 are obtained.

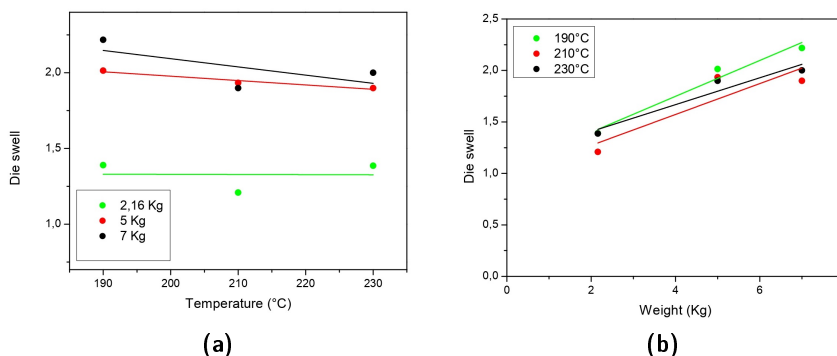
**Table 5:** Vicat temperatures (°C).

Sample	$T_m$	$T_g$	$T_{\text{vicat}}^{10}$	$T_{\text{vicat}}^{50}$
PC	—	149	154.6	150.0
ABS	—	105	107.8	98.0
PP	165	−10	148.6	99.2

Since PC and ABS are amorphous polymers, their Vicat temperatures don't change substantially with the load. This is due to the fact that the Vicat temperature corresponds to the glass transition temperature  $T_g$  at which the polymer collapses under any load. PP instead is a semicrystalline polymer, so its Vicat temperature varies considerably with the load. This can be explained by the presence of a rubbery amorphous phase that can be easily penetrated by the indent. The higher the load, the faster is the penetration and the lower the Vicat Temperature.

## 4.2 Melt flow index (MFI) measurement

In Figure 6 die swell measurements for PP-1 sample in function of pressure and temperature are reported.



**Figure 6:** Die swelling for PP-1 sample.

From Figure 6 it can be noticed that die swell increases with the applied load. This can be explained by the fact that higher loads means higher pressures and consequently, when the material exits from the die, it will present a higher relaxation of tensions thus a higher die swelling. Moreover it can be observed that die swell is not affected by the increment of temperature. The experimental data in figure 6 follow a linear behaviour and the intercepts from the regression lines give us the value of the die swell without any load applied. These values can be related to the effect of temperature on swelling. In Table 6 the values of intercepts and slopes with their standard deviations are reported.

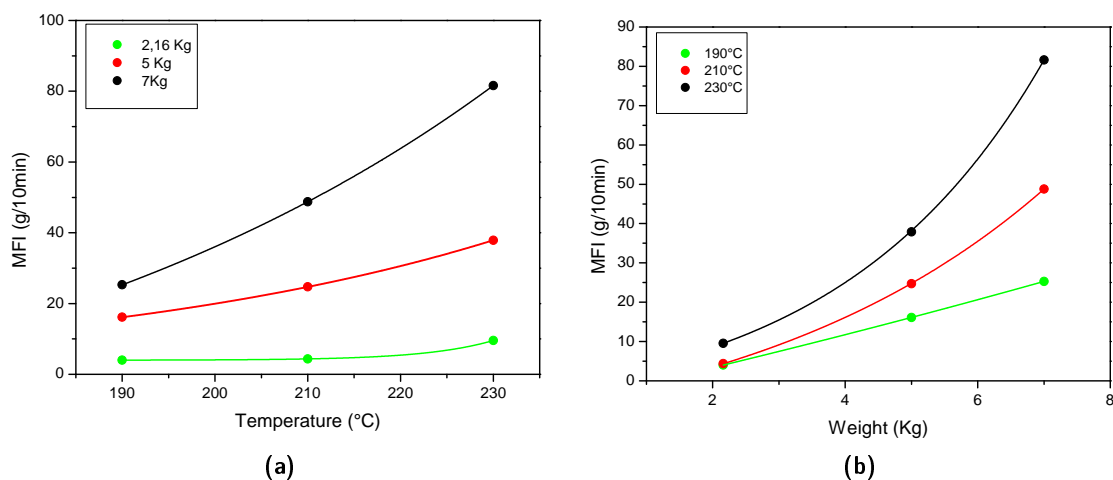
**Table 6:** Die swelling, results of interpolation.

Temperature (°C)	Intercept	Slope (1/°C)
190	$1.05 \pm 0.17$	$0.17 \pm 0.03$
210	$0.97 \pm 0.39$	$0.15 \pm 0.08$
230	$1.15 \pm 0.18$	$0.13 \pm 0.04$

It is known that a rise in temperature can increase the rate of stress relaxation, leading to a decrease in extrudate swell. Moreover, a reduction of viscosity caused by an increase in temperature contributes to a decrease in extrudate swell, because of a reduction in stress applied to polymer molecules. Therefore, there is a competition between these two effects; in fact, an increase in applied load decreases the die swell while increasing the temperature, the swell reduces. [5]



In Figure 7 melt flow index chart in function of temperature and parametric with pressure for PP-1 sample is reported. Standard deviations are not reported since they are too small (view Appendix A).

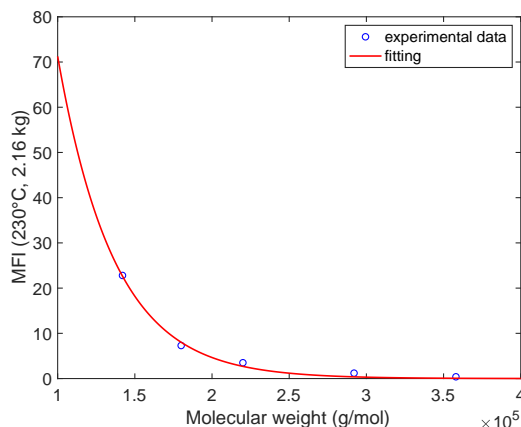


**Figure 7:** Melt flow index for PP-1 sample.

Figure 7 shows that MFI increases exponentially with temperature. This behaviour is due to the decrease of viscosity at higher temperature and thus a better flowability of the material. It can be noticed that increasing the applied load the melt flow index increases exponentially due to higher applied pressures.

### 4.2.1 Molecular weight calculation

In Figure 8 the dependency of molecular weight in function of the MFI is reported.



**Figure 8:** Dependency of molecular weight and MFI for polypropylene. For ref. data see Appendix B

The Figure 8 shows that increasing MFI the molecular weight decreases exponentially. From interpolation the resulting expression is reported in Equation 4.

$$\text{MFI} = 1091 \cdot \exp(-2.729 \cdot 10^{-05} \cdot \text{MW}) \quad (4)$$

The Figure 8 shows that increasing MFI the molecular weight decreases exponentially.

In Table 7 the values of MFI and molecular weight are reported for the three types of PP evaluated at 230°C under 2.16 kg.

**Table 7:** MFI and MW values of the three types of PP at 230°C and 2.16Kg

	PP-1	PP-2	PP-3
MFI (g/10min)	9.56	1.72	22.75
MW (g/mol) · 10 <sup>-5</sup>	1.74	2.36	1.42

The molecular weight influences also the die swell. In Table 8 the die swell values of the three types of PP evaluated at 230°C under 2.16 kg are reported.

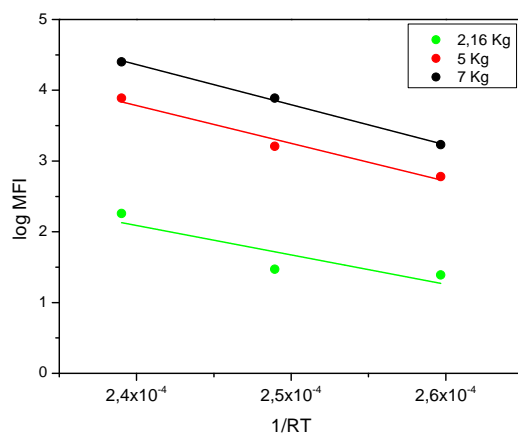
**Table 8:** Die swell values of three types of PPs. See raw data in Appendix C

	PP-1	PP-2	PP-3
Die swell	1.39	1.26	2.47

It can be seen that the higher the molecular weight the lower die swell values. High molecular weight means longer chains and this leads to high possibility of orientation and consequently a less expansion of diameter at the die exit.

### 4.2.2 Activation energy calculation

In the following Figure 9 the chart of MFI measurements (Arrhenius plot) is reported, in function of temperature and applied pressure.



**Figure 9:** MFI chart (Arrhenius plot) for PP-1 sample.

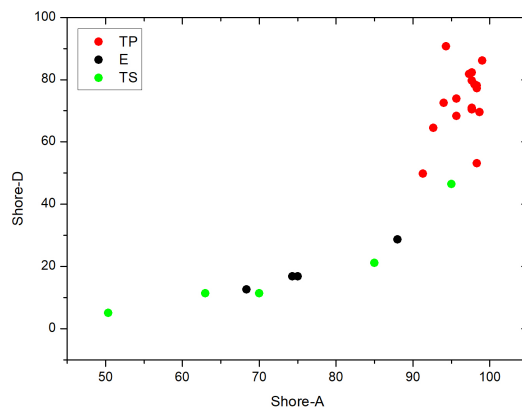
Figure 9 shows the relation between the MFI and the reciprocal of the temperature. In Table 9 the values of activation energy are reported.

**Table 9:** Activation energy.

Loads	Activation energy (kJ/mol)
2.16 kg	$41.5 \pm 20.6$
5 kg	$53.4 \pm 8.3$
7.06 kg	$56.8 \pm 2.6$
Average	$50.6 \pm 6.5$

### 4.3 Shore hardness measurement

The results of the experiment are reported in Figure 10:



**Figure 10:** Hardness values comparison. For raw data see Appendix D.

From the Figure 10 it is possible to recognize the different families of polymers (thermoplastic, elastomer, thermoset). Thermoplastic polymers show the highest hardness and it is possible to verify that Shore-A is more suitable for soft materials, while Shore-D for hard ones. In fact, Shore-D shows a limited dispersion of results in respect of Shore-A for materials with lower hardness. The only thermoset polymer analyzed was polyurethane (PU): its particular characteristic is to have a wide range of hardness (Shore-A), from 50 to 95.

#### 4.4 Limit oxygen index (LOI) measurement

The following Table 10 reports the main results obtained by this test.

**Table 10:** LOI results.

Sample	Oxygen (%)	Flame	Smoke	Behaviour
PE	20	yellow	no	drips
PP	22	yellow	no	drips
PC	33	undefined	yes	burns
ABS	20	yellow, powerful	yes, with soot	burns

PC sample reacts with a higher amount of flushed oxygen, meaning that this polymer is less flammable than the others.

## 5 Conclusions

There are many different techniques useful to analyse different polymer properties. In this laboratory session Vicat test, Shore hardness, LOI and MFI were used to investigate thermal evolution of stiffness, hardness, flammability and some rheological properties of given polymers. Vicat temperature for amorphous polymers (like PC and ABS) corresponds to glass transition temperature at which the polymer collapses under any load; but, for semi crystalline polymers (like PP) the Vicat temperature varies with the load due to the rubbery amorphous phase which can be easily penetrated by the indent. The melt flow index is a parameter which defines polymers ability to flow under certain conditions of load and temperature, therefore, some rheological reckonings are possible by MFI measurements. Increasing the temperature and the applied load, the MFI increases exponentially due to a decrease of viscosity. Since the MFI follows an Arrhenius-like dependence with the temperature, it is also possible to estimate the activation energy of viscous flow. Molecular weight is related to MFI: for high values MFI, the MW decreases exponentially like Mark–Houwink–Sakurada equation predicts. Moreover, die swelling is a common phenomenon in MFI and experimental data show that it has been influenced by applied load, temperature and molecular weight. The Shore A and Shore D techniques are used to perform hardness tests on polymer samples: the first one is suitable for softer materials while the second one is suitable for the harder ones. The LOI is the minimum oxygen percentage needed to ignite a polymer bar which will have to maintain the flame for at least 3 minutes. This percentage is then used to compare polymer flammability.

## References

- [1] Polymer handbook, J. Brandrup, E.H. Immergut, third edition, New York, Wiley & Sons 2003.
- [2] ASTM D1238-10 “Melt flow rates of thermoplastics by extrusion”.
- [3] ASTM D2863-06a “Standard test method for measuring the minimum oxygen concentration to support candle-like combustion of plastics”.
- [4] ASTM D1525 “Standard test method for Vicat softening temperature of plastics”
- [5] A review of extrudate swell in polymers - C. Sirisinha – J.Sci.Soc.Thailand 23-259-280

# Appendices

## A Melt flow index

**Table 11:** Melt flow index values and standard deviations.  $m$  (kg) vs  $T$  ( $^{\circ}\text{C}$ )

MFI	190	210	230
2.16	$4.01 \pm 0.25$	$4.36 \pm 0.76$	$9.56 \pm 0.58$
5	$16.13 \pm 1.10$	$24.71 \pm 0.60$	$37089 \pm 2.02$
7	$25.29 \pm 1.50$	$48.77 \pm 0.15$	$81.60 \pm 14.85$

## B Molecular weight calculation

**Table 12:** Molecular weight and MFI for polypropylene

Molecular weight ( $g/mol$ )	MFI ( $230^{\circ}\text{C}$ , $2.16\text{kg}$ )
142	22.8
180	7.3
220	3.5
292	1.2
358	0.39

## C Die swell

**Table 13:** Molecular weight and MFI for polypropylene

Sample	Specimen	Mass ( $g$ )	Diameter ( $mm$ )
<i>PP-1</i>	1	0.3763	2.43
<i>PP-1</i>	2	0.3761	2.58
<i>PP-1</i>	3	0.4093	2.4
<i>PP-2</i>	1	0.1832	2.4
<i>PP-2</i>	2	0.1643	2.34
<i>PP-2</i>	3	0.1682	2.33
<i>PP-3</i>	1	0.3689	3.3
<i>PP-3</i>	2	0.3648	3.22
<i>PP-3</i>	3	0.3935	3.36

## D Shore hardness measurement

**Table 14:** Shore-D data

Sample	Specimen 1	Specimen 2	Specimen 3	AVG	Proper AVG
1	65	64	65	65	82
2	65	65	64	65	82
3	56	55	57	56	71
4	38	39	41	39	50
5	63	63	63	63	80
6	65	64	66	65	82
7	56	58	58	57	73
8	13	14	13	13	17
9	13	13	14	13	17
10	61	62	63	62	78
11	72	71	72	72	91
12	25	21	22	23	29
13	57	59	59	58	74
14	16	17	17	17	21
15	10	11	9	10	13
16	56	55	56	56	70
17	68	68	68	68	86
18	9	9	9	9	11
19	51	51	51	51	65
20	36	37	37	37	46
21	42	42	42	42	53
22	62	63	60	62	78
23	54	54	54	54	68
24	55	55	55	55	70
25	9	10	8	9	11
26	61	61	61	61	77
27	4	4	4	4	5

**Table 15:** Shore-A data

Sample	Specimen 1	Specimen 2	Specimen 3	AVG
1	98	97	97	97
2	96	98	98	97
3	98	97	98	98
4	92	91	91	91
5	98	97	98	98
6	98	98	97	98
7	94	94	94	94
8	74	74	75	74
9	74	76	75	75
10	98	98	98	98
11	97	93	93	94
12	85	90	89	88
13	97	93	97	96
14	85	85	85	85
15	68	68	69	68
16	97	98	98	98
17	99	99	99	99
18	64	63	62	63
19	92	91	95	93
20	95	96	94	95
21	98	99	98	98
22	98	98	99	98
23	97	94	96	96
24	99	99	98	99
25	70	70	70	70
26	99	98	98	98
27	51	50	50	50