## **Health Monitor Technical Report**

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### **Abstract**

Having access to health monitors is very useful for it allows one to continually monitor the status of their health. This report presents the design of a Health Monitor that implements a pulse sensor and a reaction timer on an FPGA while also including a high-level description of the design, details on the inner working of the health monitor, as well as information on the system performance and validation.

### Introduction

Today, a lot of emphasis is placed on health, fitness, and lifestyles as individuals try to lead healthy lifestyle in order to extend their life expectancies. This has led many people in investing in health monitors to be aware of their own health status. Some of the more common health monitors are embedded into watches, like what Apple Inc. created and continually markets: The Apple Watch. Fitbit is another well-known company for manufacturing heart-rate monitors.

The FPGA health provides the following specifications to its user:

- Provides an easy to use heart rate monitor and reaction times for users who may not be as technologically inclined to purchase other rather expensive competitors
- Displays heart rate/reaction time on bright seven segment display
- Provides the user with the option of toggling between two modes via switch: reaction timer or pulse counter while presenting simple controls such as a start, enter, reset, as well as LED signals.

This technical report will examine the workings of the health monitor by first exploring the High-Level Organization of the Health Monitor and then delving into the individual modules that constitute the high-level description.

### 3. System Design

### 3.1 High Level Design

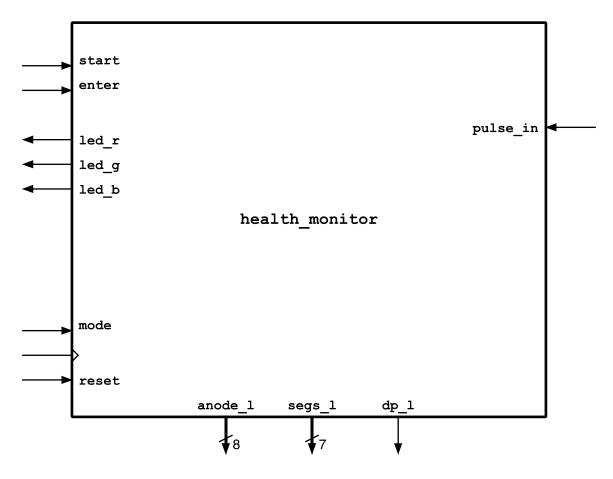


Diagram Drawn by Professor John Nestor

Figure 1-A: High-Level Organization Of The Health Monitor

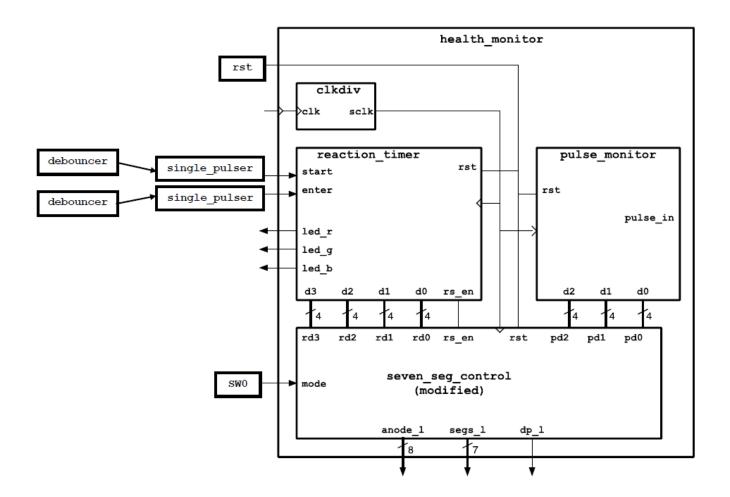


Diagram Modified by Max Huang Originally Drawn by Professor John Nestor

Figure 1-B: High-Level Organization Of The Health Monitor

This health monitor was programmed with two modes available to the user, a brief description of the two modes can be found below.

The reaction timer is concerned with recording the reaction time of the user and it is initialized by the user pressing the start button. The user must then wait for a randomly generated amount time between 1-9 seconds; this function accomplished in the random wait module of the reaction timer module. The user is prompted by a green LED which would be on for the duration of the time in which they are required to respond by pressing the enter button. The time in which the user takes to press the enter button while the GO-LED remains on is displayed on the seven-segment display. Cases are handled in the event the user presses the enter button without being promoted to as well as reacting too slowly. Considering that there are constraints surrounding the user enter button being pressed to record the reaction time, a Finite State Machine was employed to deal with these cases which will be detailed in a further section of this report.

The pulse monitor receives a pulse signal from an analog pulse sensor which is attached to the daughterboard via the PMOD connection. The monitor counts the number of heartbeats from the user over three, five-second intervals while maintaining the samples from each five-seconds trails for a conversion to beats-per-minute. The BPM value is then displayed on the seven-seg-display.

The High-Level Diagram of the complete health monitor is detailed in *Figure 1*. Given that there are two modes that make up this health monitor, the two modules reaction\_timer and pulse\_monitor correspond to the different functions that take place.

The clkdiv module generates a 1 kHz clock signal that is fed in as an input clock signal to all the modules in the High-Level Diagram.

The reaction\_timer module, which will be explored in detail in the following section, takes in inputs start and enter which are debounced and single pulsed to ensure that each button press is responded to exactly once. The reaction timer has two sets of outputs, the first set of outputs involve the RGB Led assertions, corresponding to the states of the Finite State Machine. The second set of outputs are the four 4 bit outputs values that carry a user's reaction time to the 16 bit two to one multiplexer.

The pulse\_monitor takes in a pulse\_in input which is fed in from the pulse sensor and outputs the pulse of the user. This is, of course, a more general overview of what this module does; further discussion will

go into the steps taken from the point in which pulse is detected by the pulse sensor to how the calculations are done before the user's pulse is displayed.

Since the user has the flexibility of toggling between the reaction timer and pulse counter the mode, connected to SW0 on the FPGA board, controls what is displayed on the seven-segment display.

### 3.1.2 Health Monitor Top Level Code:

```
module health monitor( input logic clk100Mhz, rst, start, enter, pulse in, mode,
                       output logic [7:0] an 1 ,
                       output logic [6:0] segs 1 ,
                       output logic dp_l, led_r, led_b, led_g);
       // Logic Declarations
         logic clk ;
         logic rs en ;
       //Outputs for the Pulse Moniter
         logic [3:0] d0,d1,d2,d3;
       //Outputs for the Reaction Timer
         logic [3:0] r0,r1,r2,r3;
        // Single Pulse and Debounce of Start Button
         logic start debounce , start go ;
        //Single Pulse and Debounce of Enter Button
         logic enter debounce, enter go ;
        // Holds the concatenation output of the Pulse Monitor & Reaction Timer
         logic [15:0] pulsemon_out , reaction_out ,q;
// Clock Divider for the clk signal of the entire circuit
clkdiv #(.DIVFREQ(1000)) U CLKDIV(.clk(clk100Mhz), .reset(1'b0), .sclk(clk));
// Debouncer and Single Pulser START
   debounce START_1(.clk(clk), .pb(start) , .pb_debounced(start_debounce));
   single pulser START 2(.clk(clk), .din(start debounce), .d pulse(start go));
// Debouncer and Single Pulser ENTER
   debounce ENTER 1(.clk(clk), .pb(enter), .pb debounced(enter debounce));
    single_pulser ENTER_2(.clk(clk), .din(enter_debounce), .d_pulse(enter_go));
//Creating an instance of Pulse Monitor
pulse monitor PULSE (.clk(clk),.rst(rst), .pulse in(pulse in), .pd0(d0), .pd1(d1), .pd2(d2), .pd3(d3));
//Creating an instance of Reaction Timer
```

### 16-bit 2 to 1 Multiplexer

### **3.1.3.1 Inputs**

- [15:0] reaction\_timer, pulse\_mon: concatenated values the corresponding module's output
- **Mode:** input value corresponding the state of SW0;

### **3.1.3.2 Outputs**

endmodule

• [15:0] q: outputs of the mux depending on the mode which acts as the select

### 3.1.3.3 Functionality and Design

The 16-bit 2-1 multiplexer takes in a mode input as a select. When mode is high, the select signal for the multiplexer is one which then outputs the concatenated output vales of the pulse monitor. Nonetheless, when the mode is low, the select signal for the select signal for the multiplexer is zero, which then outputs the concatenate output values of the reaction timer.

### Mux\_16-bit\_2to1 Module Code:

### **Seven -Segment Controller**

### **3.1.4.1 Inputs**

- **clk:** clock signal
- **rst:** input signal used to reset the values on the seven seg display
- **mode:** used to control what is displayed on the seven-segment display
- **rs\_en:** output signal from the reaction timer that is used as an input signal in the seven-segment controller to enable the seven segment displays in the DISPLAY state of the reaction FSM.
- [3:0] d0,d1,d2,d4,d5,d6,d7: hold the outputs of both the reaction timer and the pulse monitor depending the on the mode

### **3.1.4.2 Outputs**

- **[6:0]** segs\_l : output of the sevenseg\_hex / sevenseg\_decoder
- [7:0] an\_l: outputs of the 3-8 decoder
- **dp\_l:** used for configuring the decimal point

### 3.1.4.3 Functionality and Design

The seven-segment controller essentially takes in eight three-bit input digits which are the outputs of the two modes available on the health monitor; these inputs are fed into the four-bit 8-1 multiplexer that multiplexes and displays each input simultaneously.

The three-bit counter instantiated in this module is responsible for counting from zero to seven; these values being key in determining which of the eight seven-segment displayed were on at a moment. Essentially the counter value of zero is leftmost seven-segment display and each iterative value represented one of the eight displays on its rightward path; a value of 7 represented the rightmost seven\_seg display. The output of the counter serves as input values for both the 3-8 decoder and the sevenseg\_hex / sevenseg\_decoder in means of activating the correct display on the FPGA board with its respective value.

Since the counting would be done in milliseconds of the reaction timer, the decimal point on the fourth segment from the left is activated.

### **Seven-Segment Controller Code:**

```
sevenseg_hex U_C_4(.data(data), .segs_l);
//Setting the decimal point
assign dp_l = ~(an_l == 8'b11110111);
endmodule
```

### 3-8 Decoder

### **3.1.5.1 Inputs**

- [2:0] a : count output from the 3-bit counter
- **mode:** based the state of SW0; value can be 0 (reaction timer) or 1 (pulse monitor) depending on whether SW0 is on or off
- rs\_en: signal sent from the reaction fsm when in the reaction timer

### **3.1.5.2 Outputs**

• [7:0] an\_1: 8-bit output of the segment to be turned on

### 3.1.5.3 Functionality and Design

The mode and the rs\_en play essential roles in the decoder considering that each mode had specification for displaying the output of the seven-segment display. In the module, if mode is logical high, meaning that SW0 is on, we are in the pulse monitor mode where the max number of segments needed is three, considering that a user can have a maximum pulse in BPM of 255. Nonetheless, when mode has a logic value of 0, the health monitor is in the reaction timer mode where a maximum of 4 seven-segment displays are needed to display the reaction time in the ms format of X.XXX.

As seen in the code provided below, the condition statement for assigning the output value an\_1 solely depends on the rs\_en signal which is used in the reaction timer and the mode. Essentially, if either rs\_en or mode is high, an\_1 would be the inverted value of an considering that the segments are active low. The inclusion of the "|| mode" in the condition statement was to ensure that segments did not remain off even when the health monitor was in the pulse monitor mode where it didn't have an output value of rs\_en.

### 3-8 Decoder Code:

```
3'd3: an= 8'b00001000;
           default: an = 8'b00000000;
        endcase
       end
else // Pulse Monitor
   begin
       case (a)
               3'd0: an= 8'b00000001;
               3'd1: an= 8'b00000010;
               3'd2: an= 8'b00000100;
                default: an = 8'b00000000;
        endcase
    end
    // Since we only want the segments on when rs en is on
        assign an 1 = (rs en || mode) ? ~an : 8'b11111111 ;
  endmodule
```

### **Seven-Segment Decoder**

### **3.1.6.1 Inputs**

• [3:0] data: 4-bit binary coded decimal number

### **3.1.6.2 Outputs**

• [6:0] segments: output value to control how segments on the seven segments are displayed

### 3.1.6.3 Functionality and Design

The seven-segment decoder converts the 4-bit input data to a 7-bit Boolean value to display that value on the segments of the Seven-Segment display.

### **Seven-Segment Decoder Code:**

```
module sevenseg hex( input logic [3:0] data,
                        output logic [6:0] segs 1);
 always comb
begin
    case (data)
        4'd0: segs 1 = 7'b00000001;
        4'd1: segs_1 = 7'b1001111;
        4'd2: segs 1 = 7'b0010010;
        4'd3: segs_1 = 7'b0000110;
        4'd4: segs_1 = 7'b1001100;
        4'd5: segs 1 = 7'b0100100;
        4'd6: segs_1 = 7'b0100000;
        4'd7: segs_l = 7'b0001111;
4'd8: segs_l = 7'b0000000;
        4'd9: segs 1 = 7'b0001100;
        default: segs_1 = 7'b11111111;
    endcase
 end
endmodule
```

### 3.2 Reaction Timer

The reaction timer consists of the reaction\_fsm, random\_wait, delay\_counter, rgb\_pwm, and time\_count modules.

### 3.2.1 Reaction Timer Top Level

The Reaction Timer top level instantiates all the submodules within the design. Depicted in *Figure 2* below is the configuration of the submodules in the top-level module.

### **Reaction Timer Top Level Code:**

```
module reaction timer( input logic clk , start , enter, rst,
                                                         output logic led_r ,led_g , led_b, rs_en ,
                                                         output logic [3:0] d0,d1,d2,d3);
// Logic Instantiations
logic start_rwait, rwait_done; //Random Wait
logic start wait5 , wait5 done ; //Delay Counter
logic [2:0] color r, color g, color b ; //RGB PWM
logic time clr, time en, time late ; //Time Count
//Creating Instance of Reaction FSM
reaction fsm FSM(.clk(clk),.rst(rst),.start(start),.enter(enter), .rwait done(rwait done),
.wait5 done(wait5 done),
  .time_late(time_late) , .start_rwait(start_rwait),.start_wait5(start_wait5), .rs_en(rs_en),
.time clr(time clr),.time en(time en),.color r(color r),.color g(color g),.color b(color b));
 // Creating Instance of Random Wait
random wait RW(.clk(clk), .rst(rst), .start wait(start rwait), .rwait done(rwait done));
// Creating Instance of Delay Counter
delay counter react DELAY (.clk(clk),.rst(rst),.start wait5(start wait5), .wait5 done(wait5 done));
//Creating Instance of Time Count
time count TIME COUNT(.clk(clk), .time clr(time_clr),.rst(rst), .time_en(time_en),.time_late(time_late),
.d0(\overline{d0}), .d1(d1), .d2(d2), .d3(d3));
// Creating an instance of rgb_pwm
\verb|rgb_pwm|| \verb|RGB|(.clk(clk),.rst(rst)|, .color_r(color_r)|, .color_g(color_g)|, .color_b(color_b)|, .rgb_r(led_r)|, .rgb_r(
.rgb_g(led_g), .rgb_b(led_b));
```

endmodule

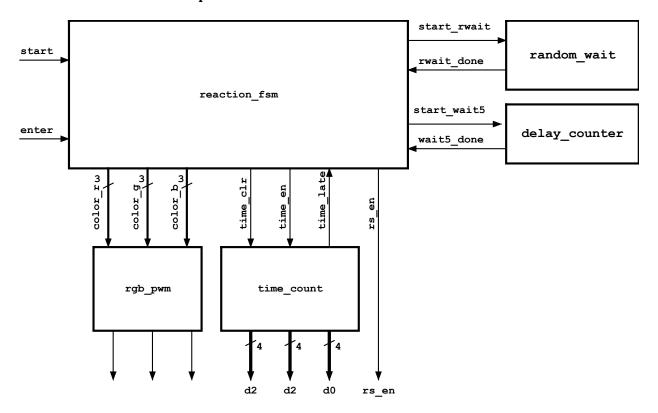


Diagram Drawn by Professor John Nestor

Figure 2: Top- Level Organization of the Reaction Timer

### **Reaction Finite State Machine**

### **3.2.1.1 Inputs**

- **Start:** A push button input that is single pulsed and debounced shown in Figure 1, initiates the reaction timer when pressed by sending a high signal to the reaction finite state machine
- Enter: A push button that is single pulsed as well as debounced, allows the user to stop the timer that records the reaction, once the signals are displayed on the FPGA via the RGB Led lights.
- **rwait\_done:** High or Low output sent by the random\_wait module to signal whether the random wait time, that the user has to adhere by before being allowed to hit the enter, has passed.
- wait5\_done: High or Low output sent by the delay\_counter to signal whether the five-second count has passed. This signal is imperative for the EARLY and LATE states of the finite state machine.
- **time\_late:** a High or Low signal sent by the time count module, which essentially tells the user that the 10 second time period in which they had to press enter pushbutton the reaction time is up.

### **3.2.1.2 Outputs**

- color\_r [2:0]: turn on the red light of the RGB LED
- color\_g [2:0]: turns on the green light of the RGB LED
- color\_b [2:0]: turns on the blue light of the RGB LED
- time\_clr: output signal which as the reset signal for the time count module
- time\_en: output signal to initiate the reaction timer in the time count module
- **rs\_en:** output signal sent to the seven\_seg\_control to display the current state of the reaction timer, once the enter button is pressed.
- **start\_rwait:** output signal to the random wait module to generate a random wait time for the user.
- start\_wait5: output signal to the delay counter module to start the five second counter.

### 3.2.1.3 Functionality and Design

The circuit starts off in the IDLE state, where a high signal from the start push button will transition the circuit to the R\_WAIT state where the random timer is initiated. Since RGB Led's are used as indicators of specific states in the system, for the IDLE and R\_WAIT all the led's remain off. The random time is a time roughly between one and nine seconds. Note that during these three initial states the seven-segment display is off. Once the random timer is terminated, the green led is turned on, signally "GO". The user is then required to press the enter button between a 10 seconds interval from the time the green light is turned on.

If the user presses the enter button before the random wait signal is asserted, the circuit the reroutes to the EARLY state, where the red led is turned on for five seconds to signal the EARLY state. It then goes back to the idle state for the user to initiate the reaction timer once more.

If the user, successfully presses the enter button before the 10 second time constraint, the DISPLAY state is encountered where the seven-segment display is turned on and displays the reaction time. This reaction time will remain displayed until the user presses the user presses the start button again to initiate a new cycle of the reaction timer.

If the user, fails to do the aforementioned within the time constraint, the system goes into the LATE state, where a yellow led is displayed for five seconds before returning back to the IDLE state.

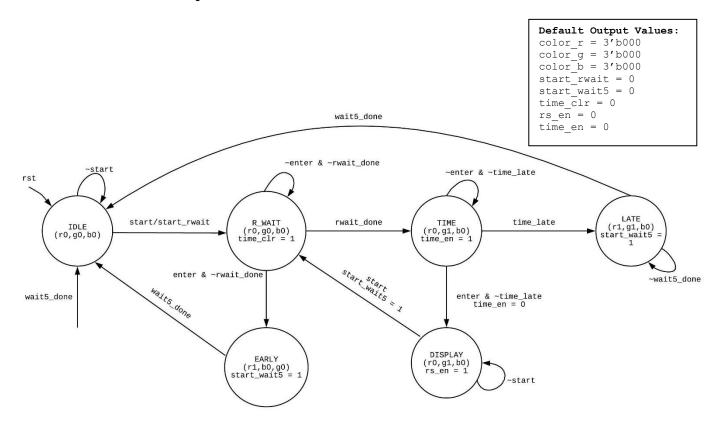


Diagram Drawn by Max Huang

Figure 3: State Transition Diagram of FSM

### **Reaction Timer Finite State Machine Code:**

```
module reaction_fsm(input logic clk,rst,start,enter,rwait_done,wait5_done,time_late,
                       output logic start_rwait, start_wait5, rs_en, time_clr, time_en,
  output logic [2:0] color_r , color_g , color_b);
            //States for the FSM
 typedef enum logic [2:0]{
    IDLE= 3'b000, R WAIT = 3'b001, EARLY = 3'b010, TIME = 3'b011, DISPLAY = 3'b100, LATE = 3'b101
    }state t ;
 state t state, next;
 always_ff @ (posedge clk)
    if(rst) state <= IDLE ;</pre>
    else state <= next ;</pre>
    always comb
    begin
                    // Want all the led's to be turned off in the beginging
                    color r = 3'b000;
                    color_g = 3'b000;
color_b = 3'b000;
                    start rwait = 0 ;
                    start wait5 = 0;
                    time \overline{clr} = 0;
                    rs en = 0;
                    time_en = 0;
                    next = IDLE;
```

```
// Starting the case statements for the states
           case(state)
                         IDLE:
                               begin
                                      color r = 3'b000;
                                      color g = 3'b000;
                                      color b = 3'b000;
                                      rs en = 0;
           // If the start button is pressed in the idle, we want to initiate the random wait
                               if(start)
                               begin
                                      start rwait = 1;
                                      next = R WAIT;
                                end
         //if the start button is not pressed, we must remain in the idle state
                               else
                                      next = IDLE;
                               end
                         R WAIT:
                               begin
                                       // Want to clear the time when the start button
                                      time clr = 1;
                                       // LEDS are off in Random Wait
                                      color r = 3'b000;
                                      color_g = 3'b000;
color_b = 3'b000;
                                      rs en = 0;
       //If to check if Enter is pressed while the random wait isn't finished
                               if (enter && ~rwait done)
      // Go into the early state
                                       next = EARLY;
     // If enter is not pressed and random wait is not finished
                                       else if (~enter && ~rwait done)
     // Remain in the R wait state
                                             next = R WAIT;
     // If the random counter is finished, we want to enter the time state
                                       else if (rwait done)
                                       begin
                                              time en = 1;
                                                next = TIME;
                                       end
                               end
                         EARLY:
                               begin
     // Turn on the RED light
                                             color r = 3'b001;
                                             color g = 3'b000;
                                             color b = 3'b000;
    // Start the delay counter
                                      start_wait5 = 1;
 // After the delay counter is done, since we want the user to have to use the start button to
//initiate a new reaction sequence, we go back to the idle state
                                      if (~wait5 done)
                                      next = EARLY;
    // If the 5 second timer is not done we want to remain in idle
```

```
else
                                 next = IDLE;
                         end
                    TIME:
                           begin
      // Want to initiate the timer keeping track of the reaction time
                                         time en = 1;
      // Turn on the Green LED light
                                         color r = 3'b000;
                                         color_g = 3'b001;
                                         color_b = 3'b000;
                                  if (enter && ~time late)
                                         begin
                                                time en= 0; // Stop the timer
                                                next = DISPLAY;
                                         end
                                  else if (~enter && ~time late)
                                        next = TIME;
                                  else if (time late)
                                        next = LATE;
                           end
                    DISPLAY:
                           begin
      //Green LED remains on
                                         color_r = 3'b000;
                                         color_g = 3'b001;
                                         color b = 3'b000;
      // Tells the seven seg to display the digits
                                  rs en = 1;
      // If the start button is pressed, we want to go to the R_Wait State
                           if (start)
                                  begin
                                         start_wait5 = 1;
                                         next = R WAIT;
                                  end
                           else
      // If start button is not pressed
                                        next = DISPLAY;
                                  end
                    LATE:
                           begin
      // Initiate our five second counter
                                  start wait5 = 1;
      //Yellow light must be on
                                         color r = 3'b001;
                                         color g = 3'b001;
                                         color b = 3'b000;
      // Once the five second time period is up we want to return to the idle state
                                         if(~wait5 done)
                                                next = LATE;
                                         else if (wait5 done)
                                                next = \overline{IDLE};
                           end
                    endcase
             end
endmodule
```

### **Random Wait Module**

### **3.2.2.1 Inputs**

• **start\_rwait:** input signal sent by the reaction timer FSM to initiate the random counter

clk: clock signalrst: reset signal

### **3.2.2.2 Outputs**

• **rwait\_done:** output signal sent to the reaction timer FSM to signal the change of state to allow the user to user to the enter push button to record reaction time

### 3.2.2.3 Functionality and Design

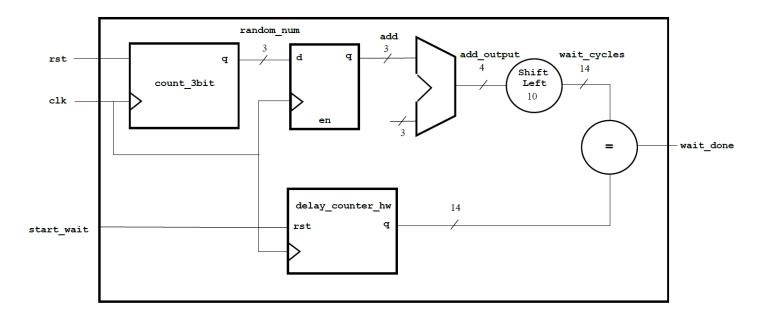


Diagram Drawn By Max Huang

Figure 4: Random Wait Module Block Diagram

The random\_wait module runs a 3bit counter at the generated clk div clock signal of 1kHz; once the start push button is pressed the current count that the timer had at that clock edge is sampled and passed into the flipflop. This 3-bit value is then passed into an adder that adds one to that random number. The result of the add is multiplied by 1024 which is essentially the same as computing a bitwise shift of 10 to the left.

On the other, with the delay counter, once the start push button is pressed by the user, the delay counter is reset and then begins to count; at every clock edge the number that the delay counter is at, is sampled to see if it matches the results of the left bitwise shift on the adder's output. If there is a match, wait done is set to logic high which indicates that the random delay time has been completed. This output is sent to the reaction FSM for it to transition to the TIME state.

### **Random Wait Module Code:**

```
module random wait ( input logic clk, rst, start wait,
                    output logic rwait done );
    //Logic Instantiations
       logic [2:0] random num;
       logic [2:0] add;
      logic [13:0] wait cycles;
      logic [13:0] d count;
       logic [3:0] add output;
    // Instantiating Count 3 Module
      count_3bit COUNT3 (.clk(clk), .rst(rst), .q(random_num));
   // Instantiating FlipFLop for Random Num capture
      r num rw RANDOM NUM (.clk(clk) , .en(start wait),.d(random num), .q(add));
   // Creatting instance of Delay Counter
      delay counter rw DC (.clk(clk), .rst(start wait), .q delay(d count));
  // Computing the addition
      assign add output = add + 1 ;
  // Computing the multiplication by performing a shift
  //Shifting to the left 10 which is representative of multiplying by 1024
      assign wait cycles = add output << 10 ;</pre>
// Checking if the values of wait cycle equals the output of the delay counter so we can assert wait done true
      assign rwait_done = (wait_cycles == d_count) ;
 endmodule
```

### Code for submodules in random wait:

### **Count 3bit Code:**

module r num rw( input logic clk ,en,

```
Electrical Computer Engineering, Lafayette College
```

input logic [2:0] d,
output logic [2:0] q);

```
always_ff @(posedge clk)
// If en is asserted q gets d
if (en) q <= d ;
endmodule // r_num_rw</pre>
```

### delay\_conter\_rw Code:

### **Delay Counter Module**

### **3.2.3.1 Inputs**

• start\_wait5: output signal from the reaction FSM to initiate the five second counter

### **3.2.3.2 Outputs**

• wait5\_done: a signal sent to the reaction FSM to signal that the five second counter is complete

### 3.2.3.3 Functionality and Design

The delay counter module is solely responsible for counting up to five seconds, by adding one to the internal output value q at every clock edge as long as the value of q has not exceeded the 13-bit q value of 5,000. This delay counter is used by the EARLY and LATE states of the reaction FSM.

### **Delay Counter Module Code:**

#### **Time Count Module**

### **3.2.4.1 Inputs**

• **time\_clr:** input signal which acts as a reset for the dec counters

• **time\_en:** input signal to start the counters

• **rst:** reset signal

### **3.2.4.2 Outputs**

• [3:0] d0, d1,d2,d3: outputs which hold the values of the dec counters

### 3.2.4.3 Functionality and Design

The time count module as mentioned previously instantiates four dec\_counter modules connected to create a shift register counter. Each of these modules corresponding to a place values in the decimal: thousandths, hundredths, tenths, and ones.

The dec\_counter module creates a register will a clock, reset and enable input as well as a 3-bit q output and a carry output. This shift register increments the values of q at every clock edge if the enb signal is high and the value of q is not 9. If the latter is true, the value of carry is asserted to be true, which is then fed in as an enb input to the next dec\_counter for it to begin its counting. Note the once carry is high, the counter register resets to zero and repeats the cycle.

Moreover, to return the time\_late signal, another register is instantiated called ten\_sec\_count which runs on the same clock signal and is fed the same time\_en input signal that initiates the 10-sec timer. Once this time is complete, the time\_late signal is asserted high and further returned.

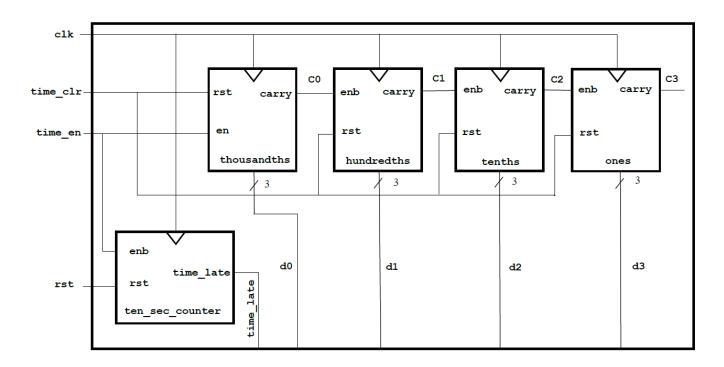


Diagram Drawn by Max Huang

Figure 5: Block Diagram of Time Count Module

### **Time Count Module Code:**

<sup>\*</sup> Ten second counter could be replaced by an assign statement [ assign time\_late = (c3 == 1)], however a Timing Loop Warning was encountered.

### **Dec Counter Module Code:**

```
module dec counter(
                      input logic clk, rst, enb,
                      output logic [3:0] q,
                      output logic carry);
assign carry = (q == 4'd9) && enb;
always_ff @(posedge clk )
       begin
               if (rst || carry) q <= 0;</pre>
               else if (enb) q \le q + 1;
       end
endmodule // dec counter
Ten Second Count Module Code:
module ten_sec_count( input logic clk, enb,
                      output logic time late);
// Logic Instantiation
```

```
logic [13:0] q;
```

```
always_ff @ (posedge clk)
        begin
               if (enb && q != 14'd10000)
                 begin
                      q \le q + 1 ;
                     time_late <= 0;</pre>
                  end
           else if (enb && q == 14'd10000)
                   begin
                         time_late <= 1 ;
q <= 0 ;</pre>
                   end
        end
endmodule
```

### **RGB Pulse Width Modulation Module**

### **3.2.5.1 Inputs**

• [2:0] color\_r, color\_g, color\_b: inputs represent the intensities of the red, green, and blue LEDs

### **3.2.5.2 Outputs**

• led\_r, led\_g, led\_b: output signals to turn on/ off corresponding LEDs on the FPGA

### 3.2.5.3 Functionality and Design

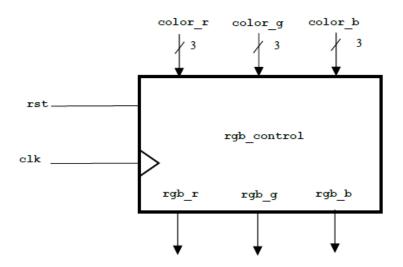


Diagram drawn by Max Huang

Figure 6: Block Diagram of rgb pwm

### **RGB PWM Module Code:**

```
module rgb pwm (input logic clk, rst,
               input logic [2:0] color_r , color_g, color_b,
               output logic rgb_r, rgb_g, rgb_b )
// Logic Instantiations
logic [3:0]q
always_ff (@posedge clk)
       if(rst) q <= 0 ;
        else q <= q + 1 ;
always comb
begin
        if (q < color r) rgb r <= 1;</pre>
       else rgb_r <= 0;
        if (q < color_g) rgb_g <= 1;</pre>
        else rgb_g <= 0 ;
        if (q < color b) rgb b <= 1;
        else rgb_b <= 0 ;
        end
endmodule;
```

### 3.3 Pulse Monitor

The pulse monitor consists of the pulse\_counter, delay\_counter,pcount\_registers, pulse\_adder, convert\_to\_bpm, and binary\_to\_bcd modules.

### 3.3.1 Pulse Monitor Top Level

The Pulse Monitor Top Level module instantiates all the submodules within the design. Depicted in *Figure 7* below is the configuration of the submodules in the top-level module. The pulse\_in signal coming from the pulse senor as is single pulsed and is supplied to the instance of pulse count, keeping track of the number of heartbeats at every clock edge. The count value that the pulse counter has at every five-second mark is passed into the instance of pcount\_registers that houses the shift registers to store the heartbeats recorded. To calculate the moving average of the three heartbeats, the outputs of the three shift registers are passed into the pulse\_adder module where these values are added; their sum is passed into an instance of convert\_to\_bpm module where left-bit shifting is performed on the value to convert the average beats for five seconds to BPM(Beats per minute). Lastly, the BPM is passed into the binary\_to\_bcd module where the BPM's place values (hundreds, tens, ones) are assigned for display on the seven-segment display.

### 3.3.1.2 Pulse Monitor Top Level Code

```
module pulse moniter ( input logic clk, rst, pulse in ,
                       output logic [3:0] pd0, pd1, pd2, pd3);
 //Logic Instantiations for Module
  logic pulse go; // Single Pulsed pulse in put
  logic d done; // Wire holding the output of the delay counter
  //Wire for the register that will hold the beats
  logic [3:0] q0, q1, q2 , p_counter ;
  // Wires for Results for Adder
  logic [5:0] adder sum;
  //Wire for BPM Convertion
  logic [7:0] bpm out;
   //{\tt Wire} for 15 sec counter
  logic add time ;
  // pd3 is connected to 0
  assign pd3 = 4'd0;
 // Single Pulser for Pulse In input
   single pulser S PULSE(.clk(clk), .din(pulse in), .d pulse(pulse go));
 //Creating an instance of delay counter
    delay counter DELAY (.clk(clk), .delay done(d done));
 // Creating an instance of pulse counter
    pulse counter PULSE (.clk(clk), .clr(d done), .enb(pulse go) , .q(p counter));
   // Instance of Registers
```

```
pcount_registers PCOUNT (.clk(clk),.iden(d_done), .rst(rst), .q_in(p_counter), .cl(q0), .c2(q1), .c3(q2));

// Instantiating the adder module to sum up the pulse
   pulse_adder ADD (.q1(q0), .q2(q1),.q3(q2), .sum(adder_sum));

// Converting to BPM
   convert_to_bpm BPM (.sum(adder_sum), .bpm(bpm_out));

//Instantiate Binary_to_bcd module
   binary_to_bcd BTBCD (.b(bpm_out), .hundreds(pd2), .tens(pd1), .ones(pd0));
```

#### endmodule

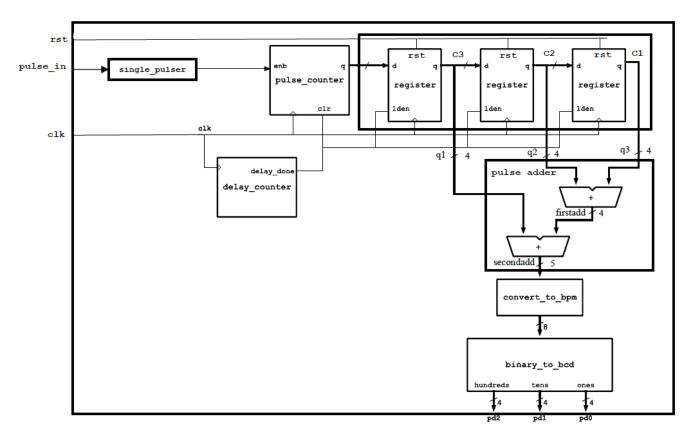


Diagram Modified by Max Huang Originally Drawn by Professor John Nestor

Figure 7: Block Diagram of Pulse Monitor

### **Pulse Counter**

### 3.3.2 .1 Inputs

- **pulse\_in:** input signal from the pulse sensor
- clk: clock signal from the clock divider
- **clr:** input signal from the delay counter

### **3.3.2.2 Outputs**

• q: outputs from the pulse for a five second period

### 3.3.2.3 Functionality and Design

The pulse counter takes in an enable input which in this case is the pulse\_in input coming from the pulse sensor; Essentially whenever the pulse sensor detects a pulse, it will assert the pulse\_in input to be high which then translate to the pulse counter incrementing the value of q. If a clr signal is received from the delay\_counter, the value of q is passed into one of the shift register depicted in Figure 7 and then further cleared for the next cycle of pulse counting. After three trails of pulse counting, each register of the shift register would have a value corresponding the pulse counted in one of the three trails.

### **Pulse Counter Module Code:**

### **Delay Counter**

### **3.3.3.1 Inputs**

• **clk:** clock signal from the clock divider

### **3.3.3.2 Outputs**

delay\_done: output signal signaling the counter has reached the 5-second mark

### 3.3.3.3 Functionality and Design

The delay is a simple register counter that counts up to the 13-bit value of 5,000, representing five seconds, upon which a delay\_done signal is asserted high for the pulse counter to reset its counter.

### **Delay Counter Module Code:**

### **Pulse Adder Module**

### **3.3.4.1 Inputs**

• [3:0] q1,q2, q3: 3-bit inputs which are essentially the outputs of the registers holding the pulse count of the five-second interval

### **3.3.4.2 Outputs**

• [5:0] sum: holds the results of the addition of the input values

### 3.3.4.3 Functionality and Design

The pulse adder takes in the three 4-bit output values from the shift-register, and first computes the sum of the first two input values. Since they are both 4-bit values, the value of the output of their sum must be stored as a 5-bit wire called firstadd to account for an overflow if any. The next set of add is computed using the firstadd value and the third 3-bit input value; their 6-bit result is returned by the module

### **Pulse Adder Module Code:**

```
secondadd= firstadd + q3 ;
end
assign sum = secondadd ;
endmodule
```

### **Pulse Count Registers**

### **3.3.5.1 Inputs**

- clk: clock signal
- iden: is essentially the delay\_done assertion from the delay counter and serves as an enable
- **rst:** rst signal
- [3:0] q\_in: the output of the pulse counter to be fed into a register

### **3.3.5.2 Outputs**

• [3:0] c1, c2, c3: outputs of each register

### 3.3.5.3 Functionality and Design

This module instantiates three registers that would act as shift registers, so essentially as the user pulse count from the pulse counter is fed in as an input every five seconds, the previously recorded pulse value shifts to the next register as the new pulse is then recorded. The goal is to record three consecutive heart rates over three five-second intervals; these values will be then used in the calculation of beats per minute.

### **Pulse Count Registers Code:**

### **P** Register

### **3.3.6.1 Inputs**

- clk: clock signal
- iden: output of delay counter and serves as enable for the register
- **rst:** reset signal
- [3:0] d: 4-bit input for the pulse counter value

### **3.3.6.2** Outputs

• [3:0] q: 4-bit output to return the stored pulse counter value

### 3.3.6.3 Functionality and Design

This module houses the registers that are instantiated in the pcount\_registers module to store the pulse counts. The iden input value serves as an enable for the registers, in which when asserted high, allows the register to accept a 4-bit input d and output the 4-bit value q to the next register; this shown in Figure 7.

### Code for P Register:

endmodule

### **Convert To BPM**

### **3.3.7.1** Inputs

• **[5:0] Sum:** input which is essentially the output from the adders

### **3.3.7.2 Outputs**

• [7:0] bpm: output with converted beat per minute

### 3.3.7.3 Functionality and Design

Since the pulse counter only samples three 5 seconds set of pulse readings, to calculate beat per minute it would necessary for one to find the average of the three counts and then multiply the value by 12 since 5 sec is 1/12 of

a minute. However, since multiplication is expensive and difficult to realize in hardware, a faster alternative was to perform a left bitwise shift by 2 on the sum input, which is what the bpm module accomplishes.

### **Convert to BPM Module Code:**

### **Binary To BCD**

### **3.3.8.1 Inputs**

• [7:0] bpm: input from the convert\_to\_bpm module

### **3.3.8.2 Outputs**

- [3:0] pd0: ones
- [3:0] pd1: tens
- [3:0] **pd2**: hundreds

### 3.3.8.3 Functionality and Design

### **Binary to BCD Code:**

```
module binary to bcd ( input logic [7:0] b,
                        output logic [3:0] hundreds,
                        output logic [3:0] tens,
                        output logic [3:0] ones );
// Logic Instantiations
 logic [3:0] a1, a2, a3, a4, a5, a6, a7;
 logic [3:0] y1, y2, y3, y4, y5, y6, y7;
//Creating instances of add3
 add3 U ADD3 1 (.a(a1), .y(y1));
 add3 U ADD3_2 (.a(a2), .y(y2));
 add3 U ADD3 3 (.a(a3), .y(y3));
 add3 U_ADD3_4 (.a(a4), .y(y4));
add3 U_ADD3_5 (.a(a5), .y(y5));
 add3 U ADD3 6 (.a(a6), .y(y6));
 add3 U_ADD3_7 (.a(a7), .y(y7));
 assign a1 = {1'b0, b[7:5]};
 assign a2 = {y1[2:0],b[4]};
 assign a3 = \{y2[2:0], b[3]\};
 assign a4 = \{y3[2:0], b[2]\};
 assign a5 = \{y4[2:0], b[1]\};
 assign a6 = {1'b0,y1[3],y2[3],y3[3]};
 assign a7 = \{y6[2:0], y4[3]\};
 assign ones = {y5[2:0],b[0]};
 assign tens = \{y7[2:0], y5[3]\};
 assign hundreds = {2'b0, y6[3], y7[3]};
endmodule
```

### 4 System Validation and Performance

Details on the test procedures will be documented in Appendix B. To ensure the proper functioning of the health monitor, a series of tests were carried out, the test and their results are documented below.

### **Reaction Timer:**

Test	Action	Results	Pass/Fail	Initial
1	SW0 is off	All seven-seg displays are off	PASS	I.F.
2	Pressed start push button	Arbitrary wait time before the green LED turned on	PASS	I.F.
3	Pressed start and then pressed the enter button before the "Go" LED signal	Red LED was displayed for five seconds	PASS	I.F.
4	Pressed start button but waited for the green LED to remain on for 10 secs	Yellow LED is displayed for five seconds  *verified the wait time w/ smartphone  stopwatch	PASS	I.F.
5	Pressed enter push button after green LED turned on	Trail 1: 1.293 s Trail 2: 2.463 s Trail 3: 3.796 s *Display is initially off after the enter button is pressed, display remains lit with reaction time until either the start/reset push button is pressed.	PASS	I.F.
6	Pressed Reset after DISPLAY state of reaction timer	Device enters the IDLE mode; the seven- seg displays turn off	PASS	I.F.
7	Pressed reset push button while in the "GO" state of reaction timer	Returns to the IDLE state	PASS	I.F.
8	Pressed Enter button before start button to initiate the reaction fsm	Seven-seg display remains off; all LED's are off	PASS	I.F.
9	Pressed Enter button after Reaction time is displayed	Reaction time remained on the seven- segment displays. Nothing is supposed to happen	PASS	I.F.
10	Pressed the start button three times while in the "GO" state	Green Led Remains on. Promptly after pressing the enter button, reaction time was displayed.	PASS	I.F.
	Verifying the random_wait times	Trail 1: 7.168 s Trail 2: 3.072 s Trail 3: 5.120 s	PASS	I.F

### **Pulse Monitor:**

Test	Action	Results	Pass/Fail	Initial
1	SWO is flipped on	Display is displaying XXXXX000	PASS	I.F.
		*The X's represents the segments that are		
		off		
2	Placed finger on the sensor to	<b>Pulse Monitor 1: 104 Apple Watch: 95</b>		I.F.
	measure pulse	<b>Pulse Monitor 2:</b> 112 <b>Apple Watch:</b> 91	PASS	
		<b>Pulse Monitor 3:</b> 95 <b>Apple Watch:</b> 84		
	Reset Button pressed 5 times on	Display is reset to displaying	PASS	I.F.
3	different occasions	XXXXX000		
	No finger is placed on the sensor	Display reads XXXX000	PASS	I.F.
4				

### **Simulations of Some Computational Modules of Pulse Monitor**

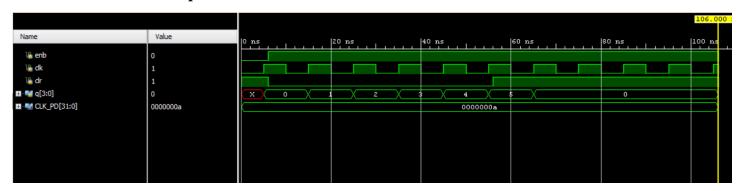


Figure 8: Simulation of Pulse Counter

Simple simulation was run on the pulse\_counter module to see if it counted the right number of pulses for the five simulated clock cycles.

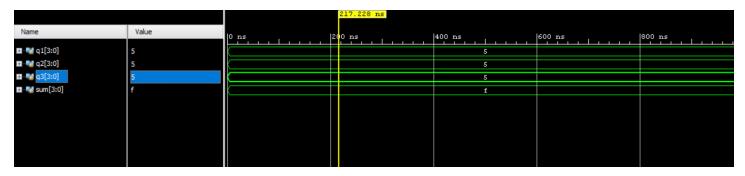


Figure 9: Simulation of Addition Module

Simulation run on the adder module to ensure that the values passed in as inputs were probably being passed and that the output sum value received the right value. In this case 5+5+5 yields f which is 15 in hexadecimal.

### **5** Summary

This report describes the implementation and testing of the health monitor implemented on an FPGA board. Through testing, it is verified that the final design of the reaction timer and pulse monitor, the two modes that make up the health monitor, successfully met all the design requirements.

### **6 Appendix A – Specifications**

This section details the requirements for the Health Monitor as presented in the lab manual provided by Professor John Nestor.

The specification of the Health Monitor's inputs, outputs, and functions is as follows:

\*\* Extracted from ECE 211- Digital Circuits I Lab 10 Health Monitor Lab Manual produced by Prof. John Nestor

### **Inputs**

- Mode select switch (slide switch SW0)
- Reaction time START button start (pushbutton BUTNC)
- Reaction time ENTER button (pushbutton BUTNL)
- System RESET button (pushbutton BTNL)
- Pulse Sensor (PMOD JB connector input pin 1)

### **Outputs**

- 8-digit seven-segment display (anode\_1, segs\_1)
- Reaction Timer "Go" Lamp (RGB LED LD17)

### **Operation:**

• The health monitor provides two different functions: (a) when the mode select switch SW0 is on, it measures the user's pulse, and (b) When the mode select switch SW0 is off, it tests the user's reaction time.

### **Pulse monitor**

- o Receives a pulse signal from an analog pulse sensor on an attached daughterboard plugged into the PMOD connector.
- o Counts the number of heartbeats over five second intervals while maintaining the last three samples to calculate the user's pulse as a moving average.
- o Displays the user's pulse in beats per minute (BPM) up to a maximum of 255 BPM.
- o Unused digits on the 7-segment display should be blank.

### **Reaction Timer**

- o When the START button is pressed, the seven-segment display should be turned off (if it isn't already). The circuit should then wait for a random amount of time between roughly 1 and 9 seconds. The wait time should be randomly selected from at least eight different delay values in this range.
- o After the random wait, turn on the GO LED and record the amount of time which passes before the user presses the ENTER button. The LED should be off except when waiting for the user to press ENTER.
- o Depending on when (and if) the user presses the ENTER button, the seven-segment display and LED will display the result of the reaction time test, as follows:
- If the ENTER button is pressed up to 9.999 seconds after the GO LED turns on, the seven-segment display should be turned on and display the reaction time in the format X.XXX (in seconds). The circuit will continue to display this time until the START button is pressed again.
- If the ENTER button is pressed before the GO LED turns on, the seven-segment display should remain off and the LED color should change to red for five seconds to indicate an error. It should remain lit for five seconds after which it should be turned off and the system should return to waiting for the START button to be pressed.
- If the ENTER button has not been pressed 10 seconds after the GO LED turns on, the seven-segment display should remain off and the LED color should change to yellow for five seconds to indicate an error. It should remain lit for five seconds after which it should be turned off and the system should return to waiting for the START button to be pressed.

### Additional requirements and constraints

- The circuit must be implemented as a fully synchronous circuit using a 1 kHz clock generated by a clock divider.
- All sequential logic (except the clock divider and single pulser circuits) should include a synchronous reset and be connected to a single master RESET input.
- All storage in the circuit must be implemented using flip-flops the circuit must contain no latches. To check whether your circuit contains latches, use the Vivado Synthesis Report (or watch for warnings about latch inferences in the "messages" pane).
- The RGB LED should display outputs at a comfortable intensity and all colors should be displayed at approximately equal intensity.
- Unused digits in the 7-segment display should be blank in both modes of operation.

### 7 Appendix B

This section details the test plan employed for the Health Monitor, results are detailed in section 4, System Validation and performance.

### **Reaction Timer**

- To verify that SW0, properly toggled between the two modes, the first test performed on the reaction timer was setting the SW0 to a logic low (turning the switch off). This caused the seven segments to turn off and remain off until the reaction time was to be displayed.
- To test the "EARLY" state of the reaction timer, the enter button was pressed before the "Go" LED which then caused the red light of the RGB LED to turn on for five seconds.
- To test the "LATE" state of the reaction timer, the enter button was pressed in the ten-second interval after the "Go" LED is displayed. A yellow LED is thus displayed for five seconds (Display *times were verified with smartphone stopwatch*).
- Tested reaction time, by conducting three different trials where the enter button was pressed within the ten-second interval following the "Go" LED turning on. Reaction times are detailed in the table in Section 4 of this report.
- Pressed Reset button after displaying reaction timer and the seven segments turn off
- Pressed Reset button while in the "Go" state, the green LED turns off and the device returns to the idle state
- Pressed enter button while the health monitor was in the IDLE state, seven segment displays which were
  originally off, remained off which is valid because the only button that should trigger the device out of
  the IDLE state is the start button.
- Pressed Enter button after reaction time is displayed; reaction timer remains displayed on the segments. The reset or start button triggers a change of state when the health monitor is in the DISPLAY state.
- Pressed the start button three times while in the "Go" state, the green LED remains on and promptly after pressing the enter button is the reaction time displayed.
- Verified random wait times after the start button is pressed. Results are shown in section 4.

### **Pulse Monitor**

- Verified that the SW0 when turned on, switched from the reaction timer mode to the pulse monitor. Upon the initial switch toggle, XXXXX000 was displayed on the seven-segment display
- Tested the functionality and accuracy of the pulse counter by conducting three trails of pulse readings and comparing these readings against those obtained from an Apple Watch. The table in section 4 details the pulse readings obtained by both the pulse monitor and the Apple Watch. The values obtained from both, although not matching identically, are not too far off considering the hardware differences between the two. The Apple Watch produces a more accurate reading of pulse considering the technology used for such a task, as opposed to the pulse sensor which may have picked false readings while reading one's pulse.
- Pressed Reset Button; Display is reset to zero XXXXX000.
- No finger is placed on the sensor the value displayed on the sensor is XXXXX000.

### **Health Monitor Constraints Code:**

```
# Clock signal
   \#Bank = 35, Pin name = IO L12P T1 MRCC 35,
                                                                  Sch name = CLK100MHZ
   set property PACKAGE PIN E3 [get ports clk100Mhz]
         set property IOSTANDARD LVCMOS33 [get ports clk100Mhz]
         create clock -add -name sys clk pin -period 10.00 -waveform {0 5} [get ports clk100Mhz]
##Pmod Header JA
##Bank = 15, Pin name = IO L1N TO ADON 15,
                                                                  Sch name = JA1
      set property PACKAGE PIN B13 [get ports {pulse in}]
             set property IOSTANDARD LVCMOS33 [get ports {pulse in}]
## Seven Segment Displays
##7 segment display
\##Bank = 34, Pin name = IO L2N T0 34, Sch name = CA
      set property PACKAGE PIN L3 [get ports {segs 1[6]}]
             set_property IOSTANDARD LVCMOS33 [get ports {segs 1[6]}]
##Bank = 34, Pin name = IO_L3N_T0_DQS_34,
                                                                   Sch name = CB
      set property PACKAGE PIN N1 [get ports {segs 1[5]}]
             set_property IOSTANDARD LVCMOS33 [get_ports {segs_1[5]}]
##Bank = 34, Pin name = IO L6N T0 VREF 34,
                                                                   Sch name = CC
      set property PACKAGE PIN L5 [get ports {segs 1[4]}]
             set property IOSTANDARD LVCMOS33 [get ports {segs 1[4]}]
\##Bank = 34, Pin name = IO L5N TO 34,
                                                                   Sch name = CD
      set_property PACKAGE_PIN L4 [get_ports {segs_1[3]}]
             set property IOSTANDARD LVCMOS33 [get ports {segs 1[3]}]
\##Bank = 34, Pin name = IO L2P T0 34,
                                                                   Sch name = CE
      ##Bank = 34, Pin name = IO_L4N_T0_34,
                                                                   Sch name = CF
       set property PACKAGE PIN M2 [get ports {segs l[1]}]
             set property IOSTANDARD LVCMOS33 [get ports {segs 1[1]}]
Sch name = CG
             set property IOSTANDARD LVCMOS33 [get ports {segs 1[0]}]
\#Bank = 34, Pin name = IO L18N T2 34,
                                                                   Sch name = AN0
      set property PACKAGE_PIN N6 [get_ports {an_1[0]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[0]}]
Sch name = AN1
             set property IOSTANDARD LVCMOS33 [get ports {an 1[1]}]
##Bank = 34, Pin name = IO L4P TO 34,
                                                                   Sch name = AN2
      set property PACKAGE PIN M3 [get ports {an 1[2]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[2]}]
##Bank = 34, Pin name = IO L13 T2 MRCC 34,
                                                                   Sch name = AN3
       set property PACKAGE_PIN N5 [get_ports {an_1[3]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[3]}]
\##Bank = 34, Pin name = IO L3P TO DQS 34,
                                                                   Sch name = AN4
       set property PACKAGE PIN N2 [get ports {an 1[4]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[4]}]
\#\#Bank = 34, Pin name = IO_L16N_T2_34,
                                                                   Sch name = AN5
       set property PACKAGE PIN N4 [get ports {an 1[5]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[5]}]
##Bank = 34, Pin name = IO_L1P_T0_34,
                                                                      Sch name = AN6
      set property PACKAGE PIN L1 [get_ports {an_1[6]}]
```

```
set property IOSTANDARD LVCMOS33 [get ports {an 1[6]}]
\##Bank = 34, Pin name = IO L1N T034,
                                                                      Sch name = AN7
      set property PACKAGE PIN M1 [get ports {an 1[7]}]
             set property IOSTANDARD LVCMOS33 [get ports {an 1[7]}]
Sch name = DP
            set property IOSTANDARD LVCMOS33 [get ports dp 1]
## RESET BUTTON
Sch name = BTNL
            set property IOSTANDARD LVCMOS33 [get ports rst]
## START BUTTON
##Bank = 15, Pin name = IO L11N T1 SRCC 15,
                                                                      Sch name = BTNC
     set_property PACKAGE_PIN E16 [get_ports start]
    set_property IOSTANDARD LVCMOS33 [get_ports start]
## ENTER BUTTON
\#Bank = 14, Pin name = IO 25 14,
                                                                      Sch name = BTNR
      set property PACKAGE PIN R10 [get ports enter]
            set_property IOSTANDARD LVCMOS33 [get ports enter]
## LEDs
##Bank = 34, Pin name = IO 0 34,
                                                                      Sch name = LED17 R
      set property PACKAGE_PIN K6 [get_ports led_r]
             set property IOSTANDARD LVCMOS33 [get ports led r]
\##Bank = 35, Pin name = IO 24P T3 35,
                                                                      Sch name = LED17 G
      set_property PACKAGE_PIN H6 [get_ports led_g]
             set property IOSTANDARD LVCMOS33 [get ports led g]
##Bank = CONFIG, Pin name = IO L3N TO DQS EMCCLK 14,
                                                                      Sch name = LED17 B
      set property PACKAGE PIN L16 [get ports led b]
             set property IOSTANDARD LVCMOS33 [get_ports led_b]
```