

1. ask out

Meaning: To invite someone on a date.

Example: "He finally asked her out last weekend."

2. back up

Meaning: To support or move backwards.

Example: "Can you back up your argument with evidence?"

3. blow up

Meaning: To explode.

Example: "The bomb blew up unexpectedly."

4. break down

Meaning: To stop functioning or lose control emotionally.

Example: "My car broke down on the highway."

5. break up

Meaning: To end a relationship.

Example: "They broke up after five years."

6. bring up

Meaning: To mention or raise a topic.

Example: "She brought up an interesting point."

7. call back

Meaning: To return a phone call.

Example: "I'll call you back after the meeting."

8. calm down

Meaning: To relax after being angry.

Example: "You need to calm down before we talk."

9. carry on

Meaning: To continue.

Example: "Please carry on with your story."

10. catch up

Meaning: To reach the same level or standard.

Example: "I need to catch up on my reading."

11. check in

Meaning: To register upon arrival.

Example: "We checked in at the hotel."

12. check out

Meaning: To leave and pay for accommodations.

Example: "We checked out early this morning."

13. clean up

Meaning: To make clean and tidy.

Example: "Let's clean up the mess."

14. come back

Meaning: To return.

Example: "He came back from work late."

15. come in

Meaning: To enter.

Example: "Please come in and have a seat."

16. come up with

Meaning: To think of an idea or plan.

Example: "She came up with a brilliant solution."

17. count on

Meaning: To rely on someone or something.

Example: "You can count on me."

18. cut down on

Meaning: To reduce the use or intake.

Example: "I'm trying to cut down on sugar."

19. do over

Meaning: To do something again.

Example: "You'll have to do the assignment over."

20. dress up

Meaning: To wear formal clothes.

Example: "He dressed up for the interview."

21. drop by

Meaning: To visit unexpectedly.

Example: "She dropped by to say hello."

22. drop off

Meaning: To leave someone or something at a location.

Example: "He dropped me off at school."

23. eat out

Meaning: To dine at a restaurant.

Example: "We ate out last night."

24. fall apart

Meaning: To break into pieces or become emotionally unstable.

Example: "The old book fell apart."

25. fall down

Meaning: To drop to the ground.

Example: "He slipped and fell down."

26. fill out

Meaning: To complete a form.

Example: "Please fill out this application."

27. find out

Meaning: To discover information.

Example: "I found out the truth."

28. get along

Meaning: To have a good relationship.

Example: "Do they get along with each other?"

29. get back

Meaning: To return.

Example: "When did you get back from Spain?"

30. get in

Meaning: To enter.

Example: "Get in the car."

31. get out

Meaning: To leave or escape.

Example: "Get out of here!"

32. get over

Meaning: To recover from.

Example: "She got over the flu quickly."

33. give up

Meaning: To quit.

Example: "Never give up on your dreams."

34. go away

Meaning: To leave a place.

Example: "Go away and leave me alone."

35. go back

Meaning: To return to a place.

Example: "I want to go back to Italy."

36. go out

Meaning: To go outside or on a social event.

Example: "Let's go out tonight."

37. grow up

Meaning: To become an adult.

Example: "He grew up in Canada."

38. hang out

Meaning: To spend time with friends.

Example: "They hang out at the mall."

39. hang up

Meaning: To end a phone call.

Example: "She hung up on me."

40. hold on

Meaning: To wait.

Example: "Hold on a second."

41. hurry up

Meaning: To rush.

Example: "Hurry up, we're late!"

42. keep on

Meaning: To continue doing something.

Example: "Keep on practicing."

43. keep up

Meaning: To maintain the pace.

Example: "Keep up the good work!"

44. let down

Meaning: To disappoint someone.

Example: "I won't let you down."

45. log in

Meaning: To access a system.

Example: "Log in with your password."

46. log out

Meaning: To exit a system.

Example: "Don't forget to log out."

47. look after

Meaning: To take care of.

Example: "Can you look after my cat?"

48. look for

Meaning: To search.

Example: "I'm looking for my keys."

49. look forward to

Meaning: To anticipate with pleasure.

Example: "I look forward to our meeting."

50. look out

Meaning: To be careful.

Example: "Look out for that car!"