To: RYLA Counselors

From: Rotary District 5280 RYLA Committee

Subject: RYLA Counselor Information



Thank you for volunteering to help out and attend the 2019 Youth Leadership Assembly sponsored by Rotary International District 5280, to be held on April 26 - 28, 2019 at Alpine Conference Center in Blue Jay, California.

RYLA Counselor meetings will be held in El Segundo once a month usually starting in October. Emails will be sent to you from <a href="mailto:krislynpomeroy@gmail.com">krislynpomeroy@gmail.com</a> each month with meeting information. It is very important for you to respond when asked. Please add her email address to your list of contacts so the emails do not end up in spam. We know this may be hard for some of you as you may live far away or have events happening on our meeting dates but it is very important that we see you at our meetings.

You will be responsible for calling 4 to 5 Rotary clubs to find out how many students they will be sending and when they will be sending the money in. Not as easy as it sounds but as long as you communicate often, you can get this job done. You will want to make these Rotarians your new best friends. We will assign the clubs at the first meeting.

WHAT HAPPENS AT RYLA? Each year, between 180 and 200 high school students from Rotary International District 5280 meet for 2 days and participate in a variety of activities, including active leadership workshops, team building activities, an Olympics and talent show. Many friendships develop at these assemblies, some of which are carried forward as the students grow and mature. This conference offers the students an opportunity to learn and express leadership skills and to accept individual responsibility as the basis for personal success, community involvement and group achievement.

The center is comprised of cabins and dormitories, segregated by gender, all of which are fully enclosed and equipped with a full complement of restroom facilities. The program includes all meals and there is no need for money other than that needed for the gift shop and coffee bar. Set high in the San Bernardino Mountains, the setting of the camp is breathtaking and completely private, giving the students a peaceful environment in which to learn to know themselves and each other better. Each year's assembly is staffed by approximately 40 male and female adults, most of whom are Rotarians, with the occasional spouse or teacher, who is assigned to the cabins and dormitories and provide supervision of the students at all times.

As always, this year's RYLA has a full agenda of excellent speakers and motivators, as well as many activities, all designed to challenge the students and help them develop their leadership skills, for their benefit and the benefit of their communities. The students will be transported to and from the camp by bus, (see attached schedule) with an early-morning departure on Friday, April 26, 2019. The assembly ends at 2:00 p.m. on Sunday, April 28, 2019 and the students will be returned to the designated locations at approximately 4:00 p.m. Transportation to and from the pick-up points will be your responsibility. Everyone should receive confirmation of their transportation location approximately 10 days prior to the assembly.

\*\*(If you do not receive confirmation 10 days prior, please contact Krislyn @310-930-0715, krislynpomeroy@gmail.com)

You need to find funding to pay your own way to RYLA. You are free to ask your Rotary club again but they may feel that since they paid for you one year already, now the financing is to be handled on your own. If you start saving now, putting as little as \$25.00 away each month, you will have enough!

The cost is \$200.00 per student and is usually paid by the sponsoring Rotary Club and \$150.00 for counselors.

Attached for your information are the following:

- 1. Counselors Duties and Responsibilities
- 2. Registration form which requires parental consent (under 18 only)
- 3. Medical History and Consent to Treatment form which requires parental signature(s) *(under 18 only)*
- 4. What to bring list
- 5. Directions to Blue Jay and camp phone number (emergency only)
- 6. Sample Agenda
- 7. "RYLA IDOL" Flyer (information only)

Thank you again for volunteering! If you have any questions please contact Elyse or Krislyn.

Elyse Beardsley RYLA Chair 310-322-3252

310-930-0715

E-mail: rotaryqueen@gmail.com

E-mail: krislynpomeroy@gmail.com

Krislyn Pomeroy RYLA Chair

All registration forms are to be returned by March 22, 2019.

Please complete and return the registration form only (18 and older only need to fill out the first

page, bordered by blue line) to: **Rotary District 5280** 

RYLA

C/O Elyse Beardsley, 2618 Vargas Way Redondo Beach, CA 90278 or

emailed to: krislynpomeroy@gmail.com



#### ROTARY YOUTH LEADERSHIP ASSEMBLY

#### Rotary International District 5280

April 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> 2019

Please indic	ate which B	us Location v	ould be the mos	st convenient	for you or will yo	ou be driving yo	ourself:
□Mar Vista	☐West Hollywood	□Redondo	Hawthorne	☐ Downey	☐ Chatsworth	Glendale	☐ drive self
⊠Counselor		hin the blue t	oox only)	Please chec Female T-SHIRT SI	ZE: S M	☐ Male ]L ☐XL ☐XXL	-
Dietary mod	dification (ve	getarian, etc.	)	1			
Emergency	Contact (na	ame and phor	ne number):				
PLEASE PR	RINT:						
ATTENDEE	NAME						
ADDRESS				CITY/STAT	ГЕ	ZIP	
CELL PHON	IE#		HOME PHONE	#:			
E- MAIL:							
HIGH SCHO	OOL (if applica	able) :		CLUB OR OF	RGANIZATION (if	applicable	
SPONSORING ROTARY CLUB (if applicable)							
SPONSOR NAME (if applicable)							
SPONSOR PHONE # (if applicable)							
PAR	ENTAL CON	ISENT:					
I hereby GRA	ANT PERMI	SSION FOR					
(Attendee's name)  to attend RYLA on April 26 <sup>th</sup> , 27 <sup>th</sup> , 28 <sup>th</sup> , 2019 at Alpine Conference Center. I understand that I will be notified of the PICK-UP TIME and that it is the PARENT'S RESPONSIBILITY to deliver the student to the designated pick-up location. I also understand that it is the PARENT'S RESPONSIBILITY to meet the student at the pick-up location upon return and that I will be notified of the anticipated time and exact location. I also understand that it is the PARENT'S RESPONSIBILITY to have my student excused from school if applicable.  PARENT/GUARDIAN SIGNATURE							
SECOND SI	SECOND SIGNATURE						
ADDRESS							
CITY				ZIP			
TELEPHON	Е#						
	PLEA	SE RETURN '	THIS FORM TO	THE SPONSO	RING ROTARY	CLUB	

No student may participate without a parental consent on file with Rotary.

NOTE: Rotary requires that minors in the legal custody (NOT physical custody) of either parents or more

than one legal guardian, both or all shall sign this consent.

<u>REGISTRA</u> Note: Th Student	nis forn	_						HISTORY Birth o			Curr	ent Ag	ge:	
PARENT	OR GU	JARD	IAN:											
HOME AI	DDRES	SS:												
BUSINES	S ADD	RESS	<b>5</b> :											
HOME PH	IONE:						В	USINESS P	HON	E:				
SECOND	PARE	NT OI	R GUAR	DIAN:										
HOME AI	DDRES	SS:												
BUSINES	S ADD	RESS	<b>5</b> :											
HOME PH	IONE:						В	USINESS P	HON	E:				
If not avail	lable in	an en	nergency	, notify:										
NAME:				]	RELA	ATIO	NSHIP:				PHONE:			
NAME:				1	RELA	ATIOI	NSHIP:		=		PHONE:			
HEALTH	HISTC	RY:	(CHECK					DATES)			PHONE:			
	YES	NO	DATES	DISEASES	YES	NO	DATES	ALLERGIES	YES	NO	IMMUNIZATIONS	YES	NO	DAT
Ear Infection				Mononucle osis				Hay Fever			MMR(Measles Mumps, Rubella),			
Rheumatic Fever				Chicken Pox				Poison Ivy			DTP Series			
Heart Defects/ Diseases				Measles				Insect Stings			Polio OPV(Sabin)			
Convulsions				German Measles				Penicillin			Tetanus			
Diabetes				Mumps				Other Drugs						
Hypertension				Asthma				Others						
Sleepwalking				Bleeding & Clotting				NAME OF DR	UGS:					
Bedwetting				Disorder										
Operations or		s injur	ries (date	es)										
Disability or i	illness													
Dietary modi	fication	(vege	etarian, e	tc.)										
Current medic	cations													
Name of Den	tist/Ort	hodon	ntist				Phor	ne:						
Name of Fam	ily Phy	sician	1				Phor	ne:						

IMPORTANT: Please notify Rotary if this student was exposed to a communicable disease during 3 weeks prior to attending RYLA.

This health history is correct as far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me on this health form.

ROTARY CLUB EVENT DATE(S): April 26-28, 2019

EVENT: RYLA

#### **ROTARY INTERNATIONAL DISTRICT 5280**

#### AUTHORIZATION AND RELEASE FOR MEDICAL AND DENTAL TREATMENT

The undersigned, as the parent or parents, or legal guardian or legal guardians, of the above-named student, a minor (the "minor"), hereby authorize ROTARY INTERNATIONAL DISTRICT 5280 and its authorized directors and leaders (collectively "ROTARY") to consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care (collectively "medical care") to be rendered to the minor under the general or special supervision and upon the advice of a physician or surgeon licensed under the laws of the State of California or other jurisdiction in which medical care is sought, and to consent to any x-ray examination, anesthetic, dental or surgical diagnosis or treatment and hospital care (collectively "dental care") to be rendered to the minor by a dentist licensed under the laws of the State of California or other jurisdiction in which dental care is sought. For the purpose of medical care or dental care obtained in the State of California, this authorization is given pursuant to the provisions of Section 25.8 of the California Civil Code, as amended. For the purpose of medical care or dental care obtained outside of California, this authorization is given with the intent that any consent given pursuant to this authorization shall be the consent of each of the undersigned.

It is understood that if time and circumstances reasonably permit, Rotary International District 5280 will endeavor, but is not required, to communicate with at least one of the undersigned prior to the rendering of medical care of dental care for which consent is given pursuant to this authorization. The undersigned understand and agree that Rotary International District 5280 and its delegated leaders and directors shall not be legally or financially liable for any claim rising from any medical care or dental care provided pursuant to this authorization. The undersigned hereby agree to indemnify and hold Rotary International District 5280 harmless from any claim made by or on behalf of said minor arising out of any medical care or dental care provided pursuant to this authorization.

This authorization is given to Rotary International District 5280 for use in conjunction with any event operated by Rotary International District 5280, and shall be valid until revoked in writing by the undersigned or any of them.

Signed	Date					
	(Parent or Guardian)					
We DO $\square$	DO NOT Have family health/medical insurance coverage					
Medical Insur	ance Company					
Policy Numbe	r Expires , 20					

STUDENT'S NAME:

ROTARY CLUB:

## ROTARY INTERNATIONAL DISTRICT 5280 RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

IN CONSIDERATION of being permitted to participate in any was in programs affiliated with (or for my child to participate) for any purpose, the undersigned for herself or himself and such participating child and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has inspected and carefully considered such program. It is further warranted that participation in the program constitutes an acknowledgment that such program has been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of participation by the undersigned and such child.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN ANY WAY IN SUCH PROGRAMS, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

- 1. THE UNDERSIGNED ON HER OR HIS BEHALF AND ON BEHALF OF SUCH CHILD, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE Rotary International District 5280, its directors, officers, employees, and agents )hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury or death to the undersigned or such child, or property damage, whether caused by the negligence of the releasees or otherwise while engaged in any activity related to such program affiliated with Rotary International District 5280.
- 2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the participation of the undersigned or child of the undersigned whether caused by the negligence of the releasees or otherwise.
- 3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or child of the undersigned due to negligence of releasee or otherwise while engaged in any activity related to such program affiliated with Rotary International District 5280.
- 4. THE UNDERSIGNED HEREBY ASSUMES FULL COST OF TRANSPORTATION CHARGES to the undersigned or child of the undersigned for reasons of health, accident or failure to conform to rules established. We agree to accept full responsibility for and to pay for the cost of medical care, transportation and other incidental expenses. This permission slip also serves as a contract that the student and parent(s) understand and agree to the guidelines. (See what to/not bring list)

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE, WAIVER AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

The rotary clubs are spending hundreds of dollars teaching your children leadership skills. If your child is signed up and cannot go, you must let us know before March 22, 2019. If you do not let us know before that date, you will be financially responsible to reimburse the rotary club that sponsored your child.

I HAVE READ THIS RELEASE

	THE PROPERTY OF THE PROPERTY O
Dated	
Signature of Parent or Legal Guardian	
Parents E-Mail Address:	Print Name

Note: Please print out a copy of registration form, sign and return to your Rotary club representative.



#### Use as a checklist to ensure you have each item

\*\*It can get very cold in the mountains, send your child with a snow jacket, gloves, snow hat, etc., in case of cold weather\*\*

- o <u>WEATHER APPROPRIATE CLOTHING-CAMP CLOTHES- NOT NEW CLOTHES, WE</u> ARE OUTDOORS A LOT!!!!
- o Sleeping bag or sheet with two blankets
- o Pillow
- o TOWEL
- o Warm jacket
- o Gloves
- o Tennis shoes
- o Extra pair of shoes
- o Comfortable clothes for athletics
- o Personal toiletries (toothbrush, toothpaste, soap, shampoo, towel, washcloth, deodorant, Hairbrush, etc.)
- o Sunscreen
- o Refillable Water bottle
- o Props, costumes, musical instruments, tapes, CD's for Saturday night RYLA IDOL Talent Show (optional participation as performer)
- o Camera
- o FLASHLIGHT!!!! There are no streetlights and it gets darker than you might expect

Look like a leader\*\*\*Talk like a leader\*\*\*Act like a leader\*\*\*You are a Leader

#### DO NOT BRING

Marking pens

Pocketknives or other sharp instruments (scissors, razor blades)

Flip flops – dirt/gravel roads only

# <u>PROHIBITED ITEMS – YOU WILL BE SENT HOME AT YOUR PARENTS EXPENSE</u> IF YOU BRING THESE ITEMS TO RYLA

Illegal drugs, drug paraphernalia or cigarettes

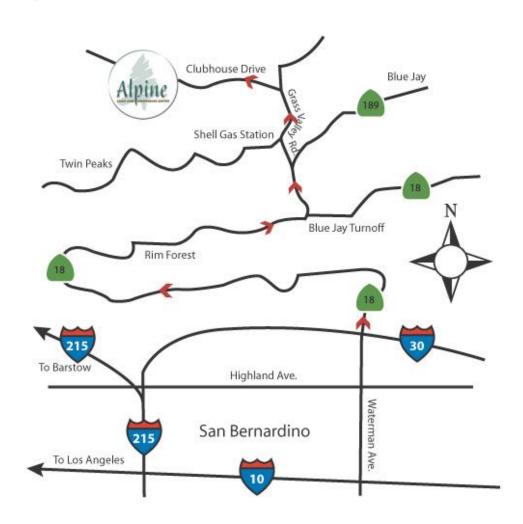
• WE ARE NOT RESPONSIBLE FOR ANY OF YOUR BELONGINGS (INCLUDING CELL PHONES, I-PODS, ETC) AT ANY TIME.

### **Directions to Alpine and Camp information**

The telephone number at Alpine Conference Center is 909-337-6287

#### Directions to Alpine conference Center:

- From the 10 Fwy. Go north on I-215 towards San Bernardino.
- Bear right at "Mt. Resorts" onto Hwy. 30, east.
- Exit at Waterman Ave. (Hwy. 18) and turn left (north) go up the mountain.
- Proceed on Hwy. 18 towards Lake Arrowhead.
- Continue 1/2 mile past the town of Rim Forest.
- Turn left onto Daley Cyn. Rd. at the "Blue Jay" turnoff sign.
- Turn left onto Hwy. 189 at the stop sign.
- Turn right onto Grass Valley Rd. at the Shell Station
- Bear left at the immediate intersection.
- Turn left onto Club House Dr. (3rd left).
- Registration is in the Redwood Lodge, the red building which is the second building on the left. Parking is available on both sides of the street.



**Sample** Agenda for RYLA Weekend

Time	Topic Topic	Location	Misc. Information			
Various times						
9:45 - 10:45	Buses arrive at camp		Everyone			
	Registration begins	Cedar Lodge	Dist. Books/Pens/backpacks			
	Name Badge Creations Find Assigned Cabins	Sports Court	Students			
10:30 - 11:00	Thumb Ball	Sport Court	Students/Staff			
	Counselor Meeting	Fireside room	All Counselors			
11:00 - 11:30	Opening Comments/Rules Staff Introductions	Chapel	Everyone			
11:30 -12:15	Lunch	Dining Room	Everyone			
12:30 – 5:30	Team Confidence Building Leadership Quest Begins	Sports Court campground	Students/Staff			
5:45 - 6:30	Dinner	Chapel	Everyone			
6:45 – 7:15	Free time/ RYLAidol sign ups	Campground	Everyone			
7:30 – 9:15	Personality Styles with Kent Caldwell	Redwood Lodge	Everyone			
9:15 -10:00 Snacks and free time (NO NOISE PERMITTED OUTS		Cedar Lodge	Everyone			
10:00 pm	Everyone in assigned cabins	Cabins	Everyone LIGHTS OUT			
<u>Saturday</u>						
8:00 - 8:45	Breakfast of Champions	Dining Room	Camp Staff			
9:00 - 10:00	Team T-shirt Designing	Cedar Lodge	Students Only			
	Counselor meeting	Fireside Room	Counselors			
10:15 -11:30	Communication "101" with Charlie Gallagher	Chapel	Everyone			
11:30 – 12:00 Lunch (wear team shirts)		Dining Hall	Everyone in TEAM T-SHIRTS			

Time	Topic	Location	Misc. Information	
12:15 - 1:00	Olympics Parade	Sports Court/ Grass field	Everyone in TEAM T-SHIRTS	
1:00 - 5:00	RYLA OLYMPICS	Campgrounds/ Grass Field	Everyone	
5:00 – 5:45	"Four C's" Dinner	Dining Room	Camp Staff	
6:00 – 7:30	W.I.N at Leadership with Maurice Dimino	Chapel	Everyone	
7:30 – 8:00	FREE TIME- "RYLA IDOL sign ups"	Get your RYLAidol supplies!	Campground	
8:00 -10:00	"RYLA IDOL " The Greatest Talent Show in the World-RYLA Style	Chapel	Hosted by Ryla Seacrest	
10:00 pm	Snacks	Chapel Patio	Everyone	
10:15 -11:15	The "Coolest Universe"	Fire Circle Wear Warm clothing !!!!	ALL RYLArians	
	<u>Sunday</u>			
7:00 – 7:30	Nature Walk -Optional-	Lodge	Chris	
7:30 - 8:00	Clean up camp, dorms, pack "Bring luggage to sports court and place in front of YOUR BUS sign (Before Breakfast)	Campgrounds	Everyone	
8:00 - 8:30	8:00 - 8:30 Power Breakfast		Everyone	
8:45 – 10:45	Visioneering with Donn Cottom		Everyone	
10:45 -11:45	Alien Invasion	Chapel/Patio	Everyone	
11:45 -12:45	Evaluations / Awards Closing Comments	Chapel	Everyone	
12:50 -1:30	Farewell Lunch	Dining Room	GO RYLA!!!	
1:30	Group Photo	Redwood Lodge	Everyone in shirts	
2:00 pm	Buses Depart	Sports Court		

<sup>\*</sup> Times may vary

# "RYLA's Got Talent" TALENT SHOW

- Saturday Night
- Prizes awarded in these categories:
  - Singing
  - Lip Sync
    - o Dance
    - o Drama
    - Comedy
  - o Instrumental
- Individual and Group for all categories
- Be sure to bring your instruments, props and costumes!
  - Bring your own Music, CD or iPod.
  - Microphone, video projector also avail @ Camp
    - Sign up at the conference

Make your plans to enter now!!