

## Isaac Ahuvia

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### Education

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#### **Stony Brook University**

2020 – Present

Ph.D. Student in Clinical Psychology

Faculty Advisor: Jessica Schleider, Ph.D.

#### **University of Michigan**

2012 – 2016

Bachelor of Arts in Sociology

Thesis Advisors: Sarah Burgard, Ph.D., Sandra Levitsky, Ph.D.

### Research Interests

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My primary research interest is the relationship between individuals' beliefs about mental health and their mental health outcomes. I hope to study (a) what drives beliefs about the causality and malleability of mental disorders; (b) how these beliefs differ across groups (e.g., children vs parents, clients vs practitioners); and (c) how these beliefs influence mental health outcomes and help-seeking behaviors.

### Honors and Awards

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**Graduate Council Fellowship**, Stony Brook University

2020

**Departmental Honors**, University of Michigan Department of Sociology

2016

**Phi Beta Kappa**, University of Michigan

2016

**James B. Angell Scholar**, University of Michigan

2015 – 2016

**University Honors**, University of Michigan

2013 – 2016

### Publications

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**Ahuvia, I.**, & Schleider J. L. (forthcoming). Single-Session Interventions for Children and Adolescents. In Shafran, R., Bennett, S., Myles-Hooton, P., & Schleider, J. L. (Eds.) *Low Intensity Interventions for Children and Adolescents*. Oxford University Press.

Bevans, K., **Ahuvia, I.**, Hallock, T., Mendonca, R., Roth, S., Forrest, C., Blackwell, C., Kramer, J., & Wakschlag, L. (2020). Investigating Child Self-Report Capacity: A Systematic Review and Utility Analysis. *Quality of Life Research*, 1-12.

**Ahuvia, I.**, Bartik, A., Bertrand, M., Gottlieb, J., Hallberg, K., Notowidigdo, M., Pollack, H., van Dijk, W. (2020). Where COVID-19 Testing Lags Community Need in Illinois (Report). Chicago, IL: University of Chicago Poverty Lab.

### Research in Progress

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Wakschlag, L., Luby, J., Adam, H., Krogh-Jespersen, S., **Ahuvia, I.**, Burns, J., Jackson, K., Smyser, C., Rogers, C., & Allen, N. (under review). Accelerating Translation from Neurodevelopmental Discovery to Clinical Application: Proof of Concept for a Novel Mental Health Risk Calculator Approach.

**Ahuvia, I.**, & Schleider, J. (in preparation). Investigating Prognostic Pessimism for Depression.

<https://osf.io/mu2jr/>

**Ahuvia, I.**, & Schleider, J. (in preparation). Secondary Effects of Body Dissatisfaction Interventions on Depression: A Meta-Analysis. <https://osf.io/734n8/>

**Ahuvia, I.**, McDanal, R., Schleider, J., Fassler, J., & Shroff, A. (in preparation). A Bayesian Analysis of Symptom Networks in Adolescents with Depression.

**Ahuvia, I.**, Schleider, J., Sung, J., & Dobias, M. (in preparation). Interest in Teletherapy and Online Self-Help in the COVID-19 Pandemic. <https://osf.io/48gxf/>

Dobias, M., **Ahuvia, I.**, Schleider, J. (in preparation). Loss of Mental Health Supports as a Result of the COVID-19 Pandemic. <https://osf.io/m83hz/>

Raphael, S., Kapustin, M., & **Ahuvia, I.** (in preparation). Evaluating the Effectiveness of a Community-Based Program to Increase Fatherhood Engagement. <https://osf.io/w248d/>

Krogh-Jespersen, S., Bevans, K., & **Ahuvia, I.** (in preparation). Cognitive Processing during Adolescent Self-Report Surveys: Lessons from Eye-Tracking.

Krogh-Jespersen, S., Bevans, K., & **Ahuvia, I.** (in preparation). The Effect of In-Survey Learning on Response Patterns among Adolescents.

Bevans, K., & **Ahuvia, I.** (in preparation). Measuring Child Attentiveness during Self-Report: Effective Substitutes for Eye-Tracking Data.

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## **Presentations**

**Ahuvia, I.**, Bevans, K. (2019). Consequences of Excluding Potentially Invalid PRO Response Data for Research with Adolescent ADHD Populations. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.

Bevans, K., **Ahuvia, I.**, Hallock, T., Mendonca, R. (2019). Advancing the Science of Pediatric Health Measurement: A Multimethod Approach to Assessing Children's Self-Report Capacity. Oral presentation at the International Society for Quality of Life Research Annual Conference, San Diego, CA.

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## **Editorial & Review Experience**

### **Ad-Hoc Reviewer**

Journal of Medical Internet Research (since 2021)

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## **Research Experience**

### **Stony Brook University**

Ph.D. Student, Lab for Scalable Mental Health

Stony Brook, NY

August 2020-Present

- Lead and contribute to a variety of research projects studying beliefs about mental health, interventions for youth depression, and other topics

### **Northwestern University Feinberg School of Medicine**

Consultant, Developmental Mechanisms Lab

Chicago, IL

April 2020 – August 2020

- Conducted analysis for, and wrote, research articles to be published based on previous data collection with lab

Senior Research Coordinator, Developmental Mechanisms Lab

November 2018 – November 2019

- Oversaw data collection for 10-year longitudinal study (n = 200) examining (a) the development of disruptive behavior in children and adolescents, and (b) adolescents' capacity to accurately self-report on their own physical and mental health
- Contributed to analysis design and conducted a variety of analyses (R) for articles to be published
- Conducted lab visits with study participants to collect data, following strict study protocols in the administration of self-report measures (with and without eye-tracking equipment) and cognitive performance tasks (e.g. Woodcock-Johnson)
- Maintained project finances and ensured adherence to grant budget
- Assisted in grant preparation for large lab-wide NIMH proposals
- Managed a team of 14 interns in data collection and related tasks across all lab projects

### **University of Chicago Poverty Lab**

Research Analyst

Chicago, IL

November 2019 – July 2020

- Conducted outcome analyses for two randomized controlled trials evaluating the effectiveness of Chicago-area social service programs (R)
- Assisted in implementing a large-scale nationwide evaluation of a universal basic income program by writing code for sampling and randomization (Stata)
- Prepared reports and presentations for principal investigators, partners, and funders

Senior Project Associate	December 2017 – November 2018
<ul style="list-style-type: none"> <li>Managed data collection and research implementation for four randomized controlled trials of Chicago-area social service programs</li> <li>Collaborated with principal investigators to develop research designs, create surveys and other data collection tools, and publish pre-analysis plans</li> <li>Authored project memos and presentations targeting research, policy, and lay audiences</li> <li>Built and advanced partnerships with program and government partners</li> <li>Managed research assistants in collecting data, conducting literature reviews, and other tasks</li> </ul>	
Project Associate	May 2016 – December 2017
<ul style="list-style-type: none"> <li>Assisted project manager in designing and implementing two randomized controlled trials; independently managed these projects beginning in August 2016</li> <li>Managed IRB approvals, grant proposals, and other elements of research and ethics compliance</li> <li>Conducted data analysis for power calculations and ad-hoc reports for partners (R)</li> </ul>	
University of Michigan	Ann Arbor, MI
Honors Thesis, Department of Sociology	January 2015 – May 2016
<ul style="list-style-type: none"> <li>Independently conducted an investigation of how social movement organizations' framing of issues responds to legislators' framings, using an analysis of press releases and meeting transcripts</li> <li>Reviewed literature, collected and analyzed data (R), and wrote full manuscript that received departmental honors</li> </ul>	
Research Assistant, Department of Sociology	September 2015 – May 2016
<ul style="list-style-type: none"> <li>Examined the relationship between welfare receipt and credit using longitudinal survey data (Stata)</li> </ul>	
Research Assistant, Ross School of Business	May 2015 – August 2015
<ul style="list-style-type: none"> <li>Translated code for discrete choice model used by the Ford Motor Company to predict market share under different conditions (Stata, SAS)</li> </ul>	
Research Assistant, Institute for Social Research	October 2014 – May 2015
<ul style="list-style-type: none"> <li>Developed database of student characteristics and outcomes to examine the link between study abroad programs and the achievement gap in higher education (Stata)</li> </ul>	
<b>Clinical Experience</b>	
National Runaway Safeline	Chicago, IL
Crisis Counselor	April 2018 – March 2020
<ul style="list-style-type: none"> <li>Provide crisis intervention via phone and chat to hundreds of youth and adults of diverse racial, gender, and sexual identities, as well as diverse ages, economic backgrounds, and needs</li> <li>Refer callers to a variety of local and national services addressing housing, mental health, and any other needs with which callers present</li> <li>Utilize a harm reduction-oriented crisis intervention model to ensure caller safety during process</li> </ul>	
<b>Published Software</b>	
<ul style="list-style-type: none"> <li>Code to <b>produce self-report data quality indices</b>, published as an online appendix to Bevans, et al. 2020. Accessible at <a href="https://github.com/isaacahuvia/self-report-achival-indices/blob/master/Analysis%20Functions.R">https://github.com/isaacahuvia/self-report-achival-indices/blob/master/Analysis%20Functions.R</a>. (R)</li> <li>An app to <b>produce statistics and visualizations of census data for Chicago's 77 community areas</b>, publicly available and maintained by the University of Chicago Poverty Lab. Currently accessible at <a href="https://povertylab.shinyapps.io/ACS-Map-Dashboard/">https://povertylab.shinyapps.io/ACS-Map-Dashboard/</a>. (R, R Shiny, html)</li> <li>Code to <b>conduct power calculations in a novice-friendly way</b>, for internal use by the University of Chicago Poverty Lab. Currently accessible at <a href="https://github.com/isaacahuvia/QuickPower">https://github.com/isaacahuvia/QuickPower</a>. (R)</li> </ul>	
<b>Technical Skills</b>	
<ul style="list-style-type: none"> <li>Advanced skills in <b>R</b>, <b>R Markdown</b> (automated reporting), and <b>R Shiny</b> (interactive online applications)</li> <li>Advanced skills in <b>Stata</b> for data management and analysis</li> </ul>	

- Advanced skills in **GitHub** for code publishing and version control
- Proficiency using the **Open Science Foundation** framework to register studies and publish pre-analysis plans
- Proficiency using **Tobii** eye-tracking software and hardware to collect eye-tracking data
- Additional experience in **SAS, SPSS, SQL, Excel, Python, html**, and **Tableau**