

STEM SMART Phase One, 2022

Physics Week 7 – Energy

https://isaacphysics.org/gameboards#smart_p_1_7



Essential GCSE Physics 33.2

GCSE - Practice (P1)
A Level - Practice (P1)

A builder needs to drag a sack of cement 20 m along the floor against a friction force of 60 N.

Part A Work Done

Calculate the work done.

Part B Power

If the builder took two minutes to do the dragging, what was their power?



Essential GCSE Physics 33.5

GCSE - Practice (P1)
A Level - Practice (P1)

A lighting bar on stage has a mass of 300 kg when supporting stage lights.

Part A Weight

What is its weight?

Part B Energy to lift

How much energy do you need to lift it by 10 m?

Part C Time to lift

If your power is 100 W, how long would it take you to lift the bar by 10 m?

Part D Gravitational potential energy

What is the increase in gravitational potential energy when the bar is lifted by 10 m?



Essential GCSE Physics 34.2

GCSE - Practice (P1)

Calculate the kinetic energy of an 800 kg car when it is going at

Part A Kinetic energy at 30 mph

30 mph (which is 13.4 m/s);

Part B Kinetic energy at 40 mph

40 mph (which is 17.9 m/s).

Part C Road safety

Road safety campaigners are continually reminding motorists that 40 mph is much more dangerous than 30 mph even though it only seems a little bit faster. What does this question suggest about the issue?

- ☐ The kinetic energy is a lot greater, almost double.
 - ☐ 40 mph is actually safer than 30 mph.
 - ☐ The difference between the two is actually minimal.
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Essential GCSE Physics 34.3

GCSE - Practice (P1)

Part A Bus kinetic energy

Calculate the kinetic energy of a 20 tonne bus travelling at 40 mph [1 tonne = 1 000 kg].

Part B F1 kinetic energy

Calculate the kinetic energy of a 600 kg Formula 1 race car going at 83 m/s [about 190 mph], and compare it to that of the bus.



Essential Pre-Uni Physics B8.2

GCSE - Challenge (C3)
A Level - Practice (P1)

Physical constants which may be necessary to answer the problems on this page can be found within the hint tabs.

Part A GPE lost by the ball

An object of mass 3.5 kg slides all the way down a slope inclined at 40° to the horizontal, with a base of length 4.8 m. How much GPE does the object lose?

Part B Work done by the ball against friction

If the average frictional forces are 4.0 N, work out how much work the object does against friction.



Essential Pre-Uni Physics B8.3

GCSE - Challenge (C1)
A Level - Practice (P1)

Physical constants which may be necessary to answer the problems on this page can be found within the hint tabs.

50 J of work is done in stretching a spring to an extension of 3.5 cm. Work out the average force applied.



Essential Pre-Uni Physics B8.4

GCSE - Challenge (C1)
A Level - Practice (P1)

Physical constants which may be necessary to answer the problems on this page can be found within the hint tabs.

A boy whirls a 30 g conker around his head in a circle at a speed of 2.2 m s^{-1} , using a taut inextensible string. How much work is done on the conker by the tension in the string?



Essential Pre-Uni Physics B8.7

GCSE - Challenge (C1)
A Level - Challenge (C1)

A child of 40 kg rides a 35 kg bike at 9.0 m s^{-1} . The brakes are then applied and the bike is slowed to 3.8 m s^{-1} . How much work is done by frictional forces?



Essential GCSE Physics 34.9

GCSE - Challenge (C1)

This question allows you to derive the equation for kinetic energy using a numeric example. We assume constant acceleration and no resistive forces. You can use these equations:

distance = average speed \times time

acceleration = change in speed / time taken

force = mass \times acceleration

energy transferred = force \times distance

Part A Acceleration

A 700 kg car accelerates uniformly from rest to 30 m/s in 10 s. Calculate its acceleration.

Part B Force

Calculate the force needed to give the car this acceleration.

Part C Distance

The average speed of the car is midway between the starting speed (0.0 m/s) and the final speed. Use this information to work out how far the car will go while accelerating.

Part D Kinetic energy

The kinetic energy equals the work done in accelerating the car. Use this fact to calculate the kinetic energy.

Part E Symbolic

Now repeat this question for a car of mass m going from rest to speed v in time t .

The following symbols may be useful: E , m , t , v

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Essential Pre-Uni Physics B8.9

GCSE - Challenge (C3)
A Level - Challenge (C1)

Physical constants which may be necessary to answer this problem can be found within the hint tab.

A 4.0 kg ball is thrown vertically up into the air with an initial velocity of 8.5 m s^{-1} . By the time it is height h metres above the starting point, it has a velocity of 3.0 m s^{-1} and has done 4.0 J of work against air resistance. Find h .
