

# WHAT IS FANXIETY?



# Fanxiety<sup>1</sup>

1. Fanxiety is the capacity to suffer and enjoy at the same time.

One moment, you're on top of the world and the next one, you're biting your nails, sweating bullets, and feeling like you're about to have a heart attack. Your heart is in your throat, your palms are sweating, and your eyes are glued to the screen, hoping for a miracle.

