

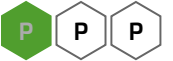


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Gravitational Potential and Kinetic Energy 1.1

A Level



Quantities:

h_0 starting height (m)

h_1 final height (m)

m mass (kg)

E_K kinetic energy (J)

η efficiency (no unit)

v_0 starting speed (m s^{-1})

v_1 final speed (m s^{-1})

g gravitational field strength (N kg^{-1})

E_{GP} gravitational potential energy (J)

E_{T} total energy (J)

Equations:

$$E_K = \frac{1}{2}mv^2 \quad E_{\text{GP}} = mgh \quad E_{\text{T}} = E_K + E_{\text{GP}} \quad E_{\text{T,after}} = \eta E_{\text{T,before}}$$

In the absence of air resistance, use the above equations to derive expressions for:

Part A Speed on the ground for a dropped object

the speed v_1 at the ground if an object was dropped from h_0 .

The following symbols may be useful: E_{GP} , E_K , E_{T} , η , g , h_0 , h_1 , m , v_0 , v_1

Part B **Speed for an object with initial speed v_0**

the speed v_1 at a height h_1 if an object had speed v_0 at h_0 .

The following symbols may be useful: E_{GP} , E_K , E_T , η , g , h_0 , h_1 , m , v_0 , v_1

Part C **Greatest height starting from the ground**

the greatest height h_1 for an object projected up from the ground with speed v_0 .

The following symbols may be useful: E_{GP} , E_K , E_T , η , g , h_0 , h_1 , m , v_0 , v_1

Part D **Greatest height reached starting from h_0**

the greatest height h_1 for an object projected up from a height h_0 with speed v_0 .

The following symbols may be useful: E_{GP} , E_K , E_T , η , g , h_0 , h_1 , m , v_0 , v_1

Part E **Greatest height after a bounce**

the greatest height h_1 above a hard surface reached by an object dropped from a height h_0 if the efficiency of the bounce is η .

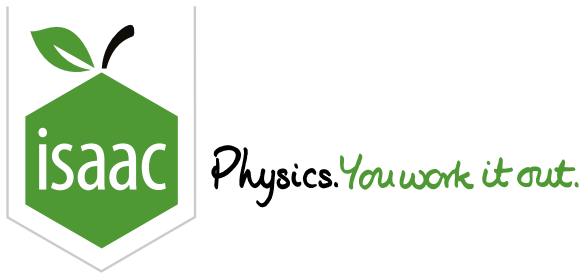
The following symbols may be useful: E_{GP} , E_K , E_T , η , g , h_0 , h_1 , m , v_0 , v_1

Part F Speed after a bounce

the speed v_1 just after a bounce from a hard surface if the speed just before was v_0 .

The following symbols may be useful: E_{GP} , E_K , E_T , η , g , h_0 , h_1 , m , v_0 , v_1

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Gravitational Potential and Kinetic Energy 1.7

A Level

P

P

P

A worker at ground level throws a 2.2 kg drinks bottle upwards to a thirsty colleague 3.2 m above the ground. It just reaches him, but he fails to catch it, and it falls into an excavated trench 1.6 m below ground level.

Part A

Initial speed of bottle

At what speed did the worker need to throw the bottle if she threw it from the waist, 1.0 m above the ground?

Part B

Impact speed

How fast was it moving when it struck the base of the trench?

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Gravitational Potential and Kinetic Energy 1.10

A Level

P

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How high would a ball bounce if it struck an efficiency $\eta = 0.75$ surface at 13 m s^{-1} ?

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Gravitational, Elastic and Kinetic Energy 2.1

A Level

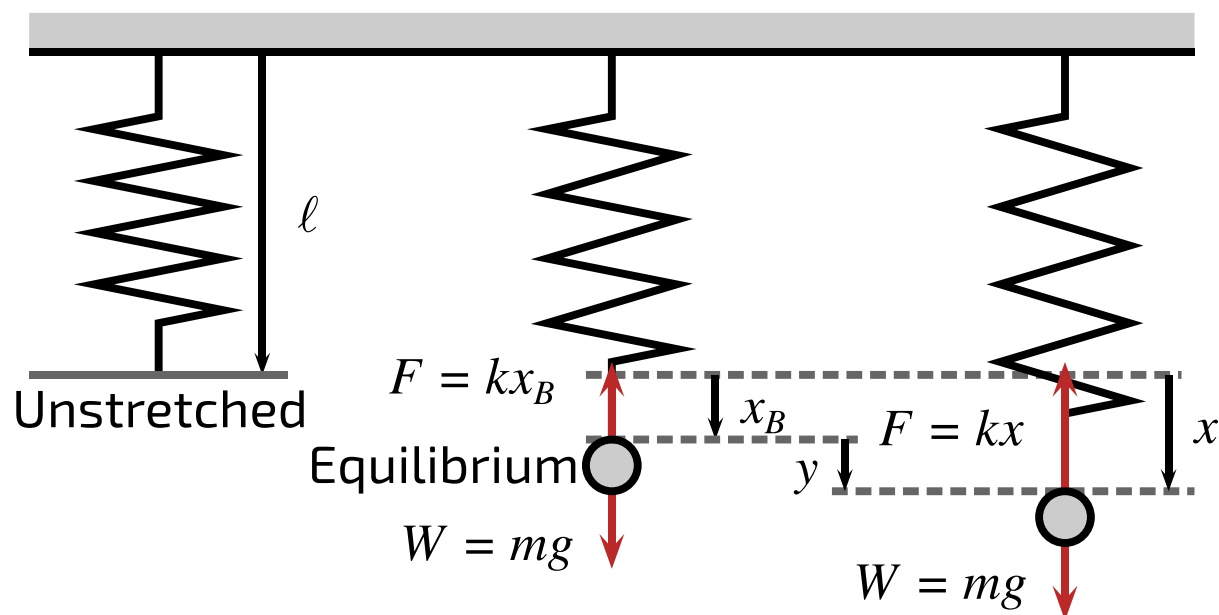
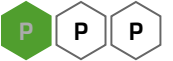


Figure 1: Objects suspended from a spring exchange stores of kinetic, elastic potential and kinetic energy as they move up and down.

Quantities:

x spring extension (m)

x_B equilibrium x (m)

v speed (m s^{-1})

m mass (kg)

E_K kinetic energy (J)

E_T total energy (J)

F spring tension (N)

ℓ spring natural length (m)

y distance from equilibrium (m)

k spring constant (N m^{-1})

g gravitational field strength (N kg^{-1})

E_{GP} gravitational potential energy (J)

E_{EP} elastic potential energy (J)

W weight (N)

Equations:

$$E_K = \frac{1}{2}mv^2 \quad E_{GP} = -mgx \quad E_{EP} = \frac{1}{2}kx^2 \quad F = -kx$$

$$E_T = E_K + E_{GP} + E_{EP} \quad W = mg \quad y = x - x_B$$

In the absence of air resistance, use the equations above to derive expressions for

Part A The total energy

Derive an expression for the total energy, E_T , in terms of x and v .

The following symbols may be useful: E_B , E_{EP} , E_{GP} , E_T , g , k , m , v , x , x_B , y

Part B The value of x where the forces balance

Derive an expression for the value of x where the forces balance (we will call this x_B).

The following symbols may be useful: E_B , E_{EP} , E_{GP} , E_T , g , k , m , v , x , x_B , y

Part C $E_{GP} + E_{EP}$ at the point where the forces balance

Derive an expression for $E_{GP} + E_{EP}$ at the point where the forces balance (we will call this E_B).

The following symbols may be useful: E_B , E_{EP} , E_{GP} , E_T , g , k , m , v , x , x_B , y

Part D The greatest value of x

Derive an expression for the greatest value of x if you hold the mass at $x = 0$ and let go.

The following symbols may be useful: E_B , E_{EP} , E_{GP} , E_T , g , k , m , v , x , x_B , y

Part E $E_{\text{GP}} + E_{\text{EP}}$ in terms of $y = x - x_{\text{B}}$

Derive an expression for the value of $E_{\text{GP}} + E_{\text{EP}}$ in terms of $y = x - x_{\text{B}}$. You may find it simplifies the algebra if you give your answer in the form $E_{\text{B}} + \dots$

The following symbols may be useful: E_{B} , E_{EP} , E_{GP} , g , k , m , y

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Gravitational, Elastic and Kinetic Energy 2.2

A Level

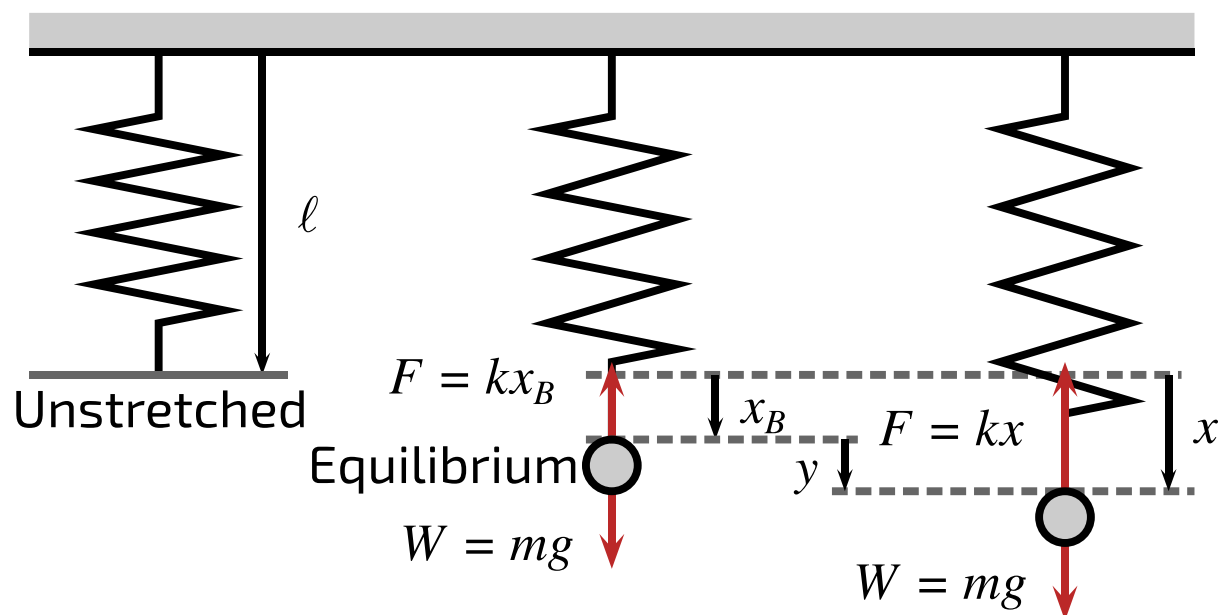
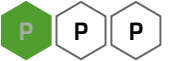


Figure 1: Objects suspended from a spring exchange stores of kinetic, elastic potential and kinetic energy as they move up and down.

Using the diagram above, calculate the energies E_{GP} , E_{EP} , E_K and E_T for a 2.5 kg mass when $x = 0.055$ m and speed $v = 0.25$ m s⁻¹ if $k = 600$ N m⁻¹.

Part A Calculate E_{GP}

Calculate the gravitational potential energy E_{GP} for a 2.5 kg mass when $x = 0.055$ m and $v = 0.25$ m s⁻¹ if $k = 600$ N m⁻¹.

Part B Calculate E_{EP}

Calculate the elastic potential energy E_{EP} for a 2.5 kg mass when $x = 0.055$ m and $v = 0.25$ m s⁻¹ if $k = 600$ N m⁻¹.

Part C Calculate E_K

Calculate the kinetic energy E_K for a 2.5 kg mass when $x = 0.055$ m and $v = 0.25$ m s⁻¹ if $k = 600$ N m⁻¹.

Part D Calculate E_T

Calculate the total energy E_T for a 2.5 kg mass when $x = 0.055$ m and $v = 0.25$ m s⁻¹ if $k = 600$ N m⁻¹.

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Gravitational, Elastic and Kinetic Energy 2.3

A Level

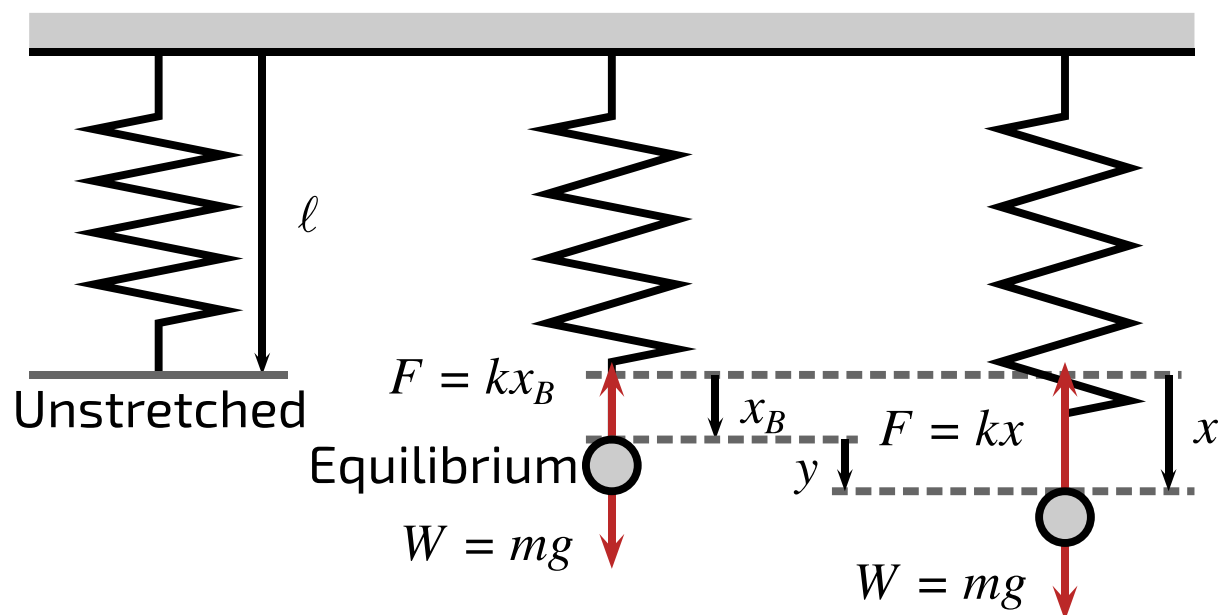
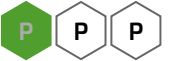


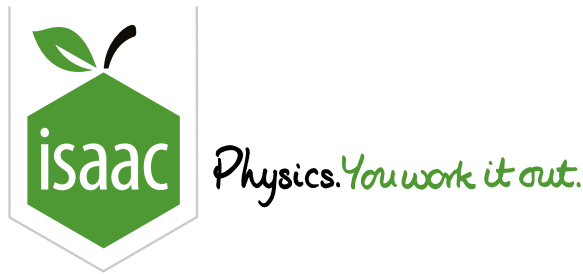
Figure 1: Objects suspended from a spring exchange stores of kinetic, elastic potential and kinetic energy as they move up and down.

Using the diagram above, calculate x_B (the extension of the spring at the equilibrium point) for a 100 N weight hanging from a $k = 5.0 \text{ kN m}^{-1}$ spring.

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Gravitational, Elastic and Kinetic Energy 2.4

A Level

P

P

P

(This question is about the system shown in the Example in the [notes page](#), which is shown below.)

A 60 kg bungee jumper falls 12 m before their bungee is taut. The spring constant $k = 200 \text{ N m}^{-1}$.

Part A The bungee has stretched 5.0 m

Calculate the speed of bungee jumper when the bungee has stretched 5.0 m.

Part B The bungee becomes slack on the way up

Calculate the speed of bungee jumper when the bungee becomes slack on the way up.

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Gravitational, Elastic and Kinetic Energy 2.6

A Level



Consider the motion of a 100 N weight ($m = 10.2 \text{ kg}$), hanging from a $k = 5000 \text{ N m}^{-1}$ spring, which is released from rest at extension $x = 0$. (The same system as in [question 2.5](#))

Part A x where the total potential energy is at a minimum

Calculate the value of x where the total potential energy is at a minimum.

Part B The minimum total potential energy

Calculate the minimum total potential energy.

Part C The total potential energy

Calculate the total potential energy *relative to the minimum* when $y = 2.0 \text{ cm}$.

Part D The energy required to stretch 2.0 cm

Calculate the energy required to stretch a $k = 5000 \text{ N m}^{-1}$ spring by 2.0 cm.

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Gravitational, Elastic and Kinetic Energy 2.7

A Level

C

C

C

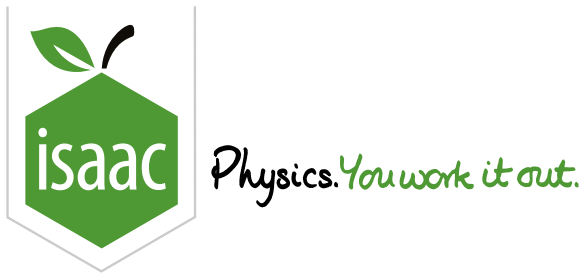
(This question is about the system shown in the Example in the [notes page](#), which is shown below.)

A 60 kg bungee jumper falls 12 m before their bungee is taut. The spring constant $k = 200 \text{ N m}^{-1}$.

Calculate how far the bungee jumper falls before they first come to rest. You may assume that the *total* potential energy of the jumper relative to the equilibrium position is given by $\frac{1}{2}ky^2$.

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Pop-up Toy

A Level

C

C

C

A pop-up toy consists of a head and sucker of combined mass m stuck to the top of a light spring of natural length l_0 and spring constant k . The spring is compressed to length l_1 when the pop-up is stuck to the ground.

To what height above the ground does the bottom of the unstretched spring jump to when it is smoothly released?

The following symbols may be useful: g , k , l_0 , l_1 , m

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