

Forces

Forces **push**, **pull**, **extend**, **compress**, **hold** or **bend** the things they touch.

You can **feel** some forces. You can't **see** or **hear** a force.

Sometimes you can see or hear what a force is doing.

A **force** can cause something to

- speed up,
- slow down,
- turn (change direction)
- change shape,
- get longer (extend),
- get shorter (compress).

Support



Weight

1 Is each sentence always true (AT), sometimes true (ST) or false (F)?

Sentence	AT / ST / F
When you catch a fast ball, you feel a force as it stops.	
You can feel forces.	
You need a force to start things moving.	
You need a force to stop things moving.	
You can see forces.	
You need a force to keep something stationary.	

2 Match the forces in the table to the thing you see which tells you the force is there.

What you see	Force
A dropped apple falls.	A contact force supports it.
A cyclist speeds up.	Water pushes it upwards.
A ball bounces off a wall.	There is a contact force from wall.
A heavy printer sits on a shelf.	Weight pulls it down to the floor.
A paper aeroplane glides.	Rider pushes on pedals.
A ship floats.	Force on wings stops it dropping.

A force can also be used to cancel out the effect of another force. Examples:

- a bag won't fall to the floor if you are holding it. Your support force cancels out the **weight**.
- the **driving force** of an **engine** can prevent **friction slowing down** a train.

3 Do you need a force to do these things? How did you decide?

- (a) Lift a suitcase off the floor, (d) Make a motorcycle turn a corner,
(b) Hold a suitcase above the floor, (e) Stretch a rubber band to make it longer,
(c) Make a train get faster, (f) Shorten a rubber band when you let it go.

4 Do you need a force to do these things? How did you decide?

- (a) Stop a moving bus, (d) Push a nail into a wall,
(b) Hold a ball still on flat ground, (e) Hold a ball still on sloping ground.
(c) Bring a diver up to the surface, (f) Take a submarine down to the sea bed.

5 Some forces have special names. Fill in the table with their names and directions.

For the missing force names, choose from **Friction**, **Upthrust** and **Weight**.

For the directions choose from **upwards**, **downwards**, **forwards** (in the direction of motion) and **backwards** (against motion).

Direction labels can be used more than once, once or not at all.

Force	Example	Direction
	anything on (or near) the Earth	downwards
	a block slows down as it slides along a table	backwards
Driving force (or thrust)	a jet engine on an aeroplane	
Normal reaction	a shelf supports a book	
Air resistance (or drag)	a cyclist riding quickly along a road	
	enables floating	
Lift	made by wings	

The force where one object (or surface) pushes into another is called a **normal reaction**.

Support forces from solid surfaces are usually normal reactions.

When describing directions, **normal** means 'at right angles to'.

Force diagrams show the forces pushing or pulling each object.

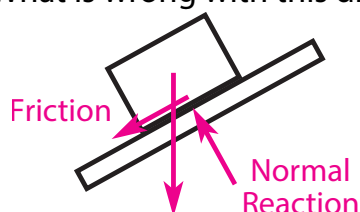
- force arrows **start** on the object
- longer arrows are used for **stronger forces**
- arrows point **in the direction of the force**
- you can have lots of arrows on one object

If you have objects touching each other, you may find it helpful to draw them with a thin gap between. This makes it easier for you to show which force is pulling which object.

6 The diagram shows a box on a sloping shelf.

(a) What is wrong with this diagram?

(b) Make a better diagram



7 Label the forces on the diagrams.

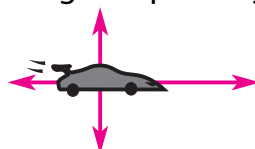
(a) A bag on a flat floor.



(b) A falling basketball.



(c) A racing car speeding up.



(d) A stone falling in a pond.



8 Draw force arrows on the objects. Use longer arrows for stronger forces.

(a) A supermarket trolley being pushed.

(b) A helicopter hovering.



Contact forces rely on objects **touching**.

Non-contact forces pull or push objects even when they are **not touching**.

9 Are these forces contact or non-contact forces?

(a) Friction

(e) Static electric force

(b) Force of gravity

(f) Weight

(c) Upthrust

(g) Magnetic force

(d) Lift

(h) Normal reaction