Stretching

When you pull a spring, it gets _____.

The extra length is called _____ and is measured in ___ or __.

If it goes back to its _____ when you let it go, it is _____.

1 A new spring is 6.0 cm long. You pull it, and it is now 8.0 cm long.

(a) Calculate the extension.

(b) You now pull it harder, and make it 10.0 cm long. What is the extension now?

(c) When you let it go, it is now 6.4 cm long. Was the stretch elastic?

---

2 An athlete trains using a chest expander.
The table shows the force needed to stretch it.

Force (N)	0	50	100	150	200	250
Length (cm)	42.5	46.5	50.5	54.5		62.5
Extension (cm)	0.0		8.0			20.0

(a) How long was the chest expander before they stretched it?

(b) Fill in the missing length.

(c) Fill in the row with the extensions.

(d) How much longer does an extra force of 100 N make it?

(e) How much extra force is needed to make it 1 cm longer?

---

3 A spring gets 1 cm longer each time the force is made 4 N larger.

(a) Complete the equation: force (in newtons) $=$ $\square$ $\times$ extension (in cm).

(b) Use your equation to calculate the force needed to make the spring 7 cm longer.

(c) Use your equation to calculate the force needed to make the spring 10 cm longer.

A spring constant of 3 N/cm means that it takes ___ to make the spring 1 cm longer.

4 A spring has a 3 N/cm spring constant.

(a) How much force is needed to stretch it 4 cm? Use the equation

force (N)	=	spring constant (N/cm)	×	extension (cm)
	=	3	×	_

(b) How much force is needed to stretch it 11 cm? Use the equation

force (N)	=	spring constant (N/cm)	×	extension (cm)
	=	3	×	__

---

5 A spring has a 5 N/cm spring constant.

(a) How far will a 30 N force stretch it? Use the equation

force (N)	=	spring constant (N/cm)	×	extension (cm)
__	=	5	×	

(b) How far will a 45 N force stretch it? Use the equation

force (N)	=	spring constant (N/cm)	×	extension (cm)
__	=	5	×	

(c) Complete the word equation: extension = [ ] ÷ [ ].

---

6 A spring gets 10 cm longer when stretched by a 60 N force.

(a) Force to stretch it by 1 cm = [ ] ÷ [ ] = [ ] newtons.

(b) Complete the sentence: The spring constant (in N/cm) is [ ].

(c) A different spring gets 12 cm longer when pulled with a 36 N force. Work out the spring constant using an equation.

force (N)	=	spring constant (N/cm)	×	extension (cm)
__	=		×	12

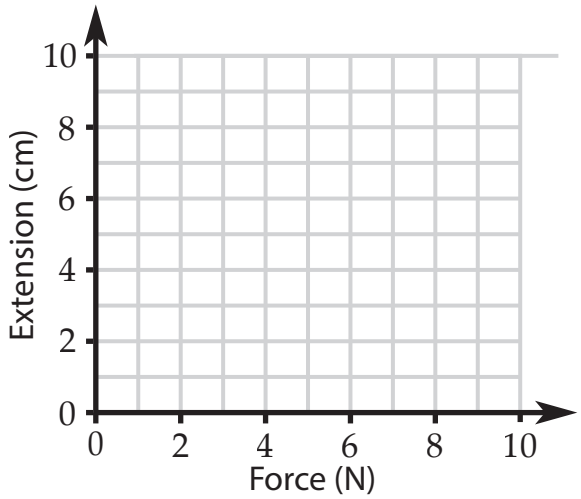
(d) Complete the word equation: spring constant = [ ] ÷ [ ].

Below the _____, each 1 N force gives the _____ extra _____. The spring _____ **Hooke's law**. The line on the graph of extension and force is _____.

When a spring passes its _____, each additional 1 N force does not give the _____ extra _____. The spring _____ obey Hooke's law.

7 The extension of a spring for different forces is given in the table.

Force (N)	**Extension (cm)**
0.0	0.0
2.0	1.2
4.0	2.5
6.0	3.8
8.0	5.1
10.0	8.2



(a) Plot a graph of the data. Add a best fit line to your points.

(b) Label the limit of proportionality on your graph.

(c) Is the spring obeying Hooke's law with a 5 N force?

(d) If the spring were stiffer, would the line on the graph be steeper?

---

8 Complete the word equations using **force**, **extension** and **spring constant**.

(a) force =

(b) spring constant =

(c) extension =

---

9 Rewrite your word equations using symbols.
F is the force, e is the extension and k is the spring constant.

(a) $F =$

(b) $k =$

(c) $e =$

---

10 Calculate the force needed to extend a $k = 20$ N/cm spring by 7.0 cm.

11 Calculate the spring constant if a 10 N force causes a 0.20 cm extension.

12 Calculate the extension caused by a 400 N force on a a $k = 8$ N/cm spring.