# Estimation of natural indirect effects robust to unmeasured confounding and mediator measurement error

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# Harvard PEPFAR program in Nigeria

 Adult patients with HIV treated with antiretroviral therapy (ART) and followed for at least 1 year

Result 2 & Extensions

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- Interest may lie in assessing differences in efficacy of ART regimens



Result 2 & Extensions

Background

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Result 2 & Extensions

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What is the mediating role of adherence on the relationship between antiretroviral therapy and viral load?

#### **Mediation Analysis**

Mediation analysis seeks to understand the underlying relationship between an exposure and outcome through an intermediate variable



Result 2 & Extensions

- Beyond evaluating the total effect of the exposure on outcome, one aims to evaluate:
  - indirect effect of the exposure on outcome through a given mediator
  - direct effect of the exposure on the outcome, not through the mediator

# **Causal Mediation Analysis**

- Natural direct and indirect effects have emerged as the most popular forms of mediation causal effects
- Require stringent assumptions for identification
  - No unmeasured confounding for the exposure-outcome, exposure-mediator, and mediator-outcome relationships
  - No measurement error of the mediator
- Recent work has been devoted to addressing these challenges, but relies on either sensitivity analyses or additional data
- We establish conditions that obviate reliance on these analyses or data collection

#### Notation

Background

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Define counterfactual outcomes for adherence (M) and viral load (Y)under values of ART regimen (A) for each individual

M(a): M when intervening to set A to a

Y(a, M(a)): Y when intervening to set A to a

 $Y(a, M(a^*))$ : Y when intervening to set A to a and M to the value it

would take when intervening to set A to  $a^*$ 

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Result 2 & Extensions

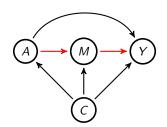
$$\underbrace{Y(a, M(a)) - Y(a^*, M(a^*))} = \underbrace{Y(a, M(a)) - Y(a, M(a^*))} + \underbrace{Y(a, M(a^*)) - Y(a^*, M(a^*))}$$

Total Effect

Natural Indirect Effect

Natural Direct Effect

## Identifying assumptions (standard)



M1. Standard consistency assumptions

Result 2 & Extensions

**M2.** 
$$M(a^*) \perp A \mid C = c \quad \forall \ a^*, c$$

**M3.** 
$$Y(a, m) \perp M(a^*) \mid A = a, C = c \quad \forall m, a, a^*, c$$

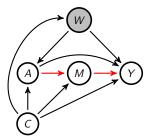
**M4.** 
$$Y(a, m) \perp A \mid C = c \quad \forall m, a, c$$

These assumptions allow us to nonparametrically identify the population average NIE.

$$NIE(a, a^*) = E[Y(a, M(a)) - Y(a, M(a^*))]$$

$$\stackrel{M1-4}{=} \int_{C} \int_{m} E[Y|M = m, A = a, C = c](f_M(m|a, c) - f_M(m|a^*, c))f_C(c)dm \ dc$$

# Exposure-outcome unmeasured confounding (W)



M1. Standard consistency assumptions

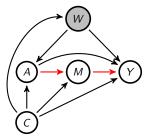
Result 2 & Extensions

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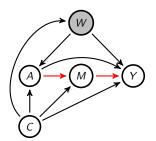


Background

M4'. (a) 
$$Y(a, m) \perp A \mid C = c, W = w \ \forall \ m, a, c, w$$
  
(b)  $M \perp W \mid C = c, A = a \ \forall \ c, a$ 

(c) 
$$E[Y|M = m, a, w, c]$$
  
-  $E[Y|M = 0, a, w, c] = \gamma_1(a, m, c)$ 

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#### Result 1

Background

Under assumptions M1-M3 and M4', the natural indirect effect is nonparametrically identified by,

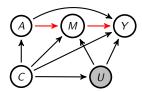
$$NIE(a, a^*) = \int \int E[Y|M=m, A=a, C=c](f_M(m|a, c) - f_M(m|a^*, c))f_C(c)dm \ dc$$

# Implications of Result 1

Background

- The result implies that unmeasured confounding of A Y relationship can largely be ignored when targeting NIE
- For inference, existing parametric and semiparametric methods to target functional can be used without modification (Pearl, 2001; Vansteelandt & VanderWeele, 2012; Imai et al., 2010; Tchetgen Tchetgen & Shpitser, 2012)
- Importantly, this result only pertains to the NIE contrast as the mean counterfactuals are themselves not nonparameterically identified under these conditions

#### Mediator-outcome unmeasured confounding (U)



Background

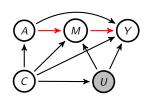
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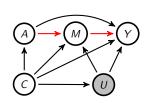


Background

$$M3'$$
. (a)  $Y(a, m) \perp M(a^*) \mid C = c, U = u \ \forall \ a, a^*, c, u$ 

- (b)  $A \perp U \mid C = c \forall c$
- (c) There is no additive M (U, A) or A-U interaction in model for E[Y|A, M, C, U]
- (d) There is no additive A U interaction in model for E[M|A, U, C]
- (e)  $var(M|A = 1, C) var(M|A = 0, C) \neq 0$

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M3'(c) and (d) imply the following modeling assumptions (excluding interactions with C for exposition):

$$E[Y|A, M = m, C, U] - E[Y|A, M = 0, C, U] = \theta_m m$$
 (1)

$$E[M|A = a, C, U] - E[M|A = 0, C, U] = \beta_a a$$
 (2)

## Mediator-outcome unmeasured confounding

Under assumption M3' parts (b) through (e), following Lewbel (2012), Tchetgen Tchetgen et al. (2017) established that the average causal effect of M on Y is  $\theta_m$ identified by,

$$\theta_{m} = \frac{E[\{A - E[A|C]\}\{M - E[M|A,C]\}Y]}{E[\{A - E[A|C]\}\{M - E[M|A,C]\}M]}$$
(3)

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Result 2 & Extensions

They refer to equation (3) as the "G-Estimation under No Interaction with Unmeasured Selection" (GENIUS) estimator.

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#### Result 2

Background

Under assumptions M1, M2, M3 $^{\prime}$ , and M4 the natural indirect effect is uniquely identified by

$$NIE(a, a^*) = \theta_m \beta_a (a - a^*)$$

where  $\theta_m$  is identified by equation (3) and  $\beta_a$  is identified by standard regression of M on A and C.

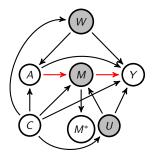
#### Combined and extended identification results

The identifying formula in Result 2 equally applies under the additional violations:

Background

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The identifying formula in Result 2 equally applies under the additional violations:



- Unmeasured confounding of exposure outcome and mediator outcome (violation of M3 and M4)
- 2 Classical measurement error of the mediator

**E1.** 
$$M^* = M + \epsilon$$

**E2.** 
$$(A, Y, M, C, W, U) \perp \epsilon$$

**E3.** 
$$E[\epsilon] = 0$$

#### **Estimation and inference**

Background

• The estimator of  $\theta_m$  can be consistently estimated by solving the following equation,

$$0 = n^{-1} \sum_{i=1}^{n} \left[ h(C_i) \left\{ A_i - \hat{E}[A|C_i] \right\} \left\{ M_i - \hat{E}[M|A_i, C_i] \right\} \left\{ Y_i - \hat{\theta}_m M_i \right\} \right]$$

 The natural indirect effect estimator then follows from the product rule.

$$\widehat{NIE}(a, a^*) = \hat{\theta}_m \hat{\beta}_a (a - a^*)$$

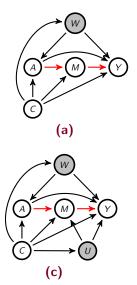
• For inference, the delta method or nonparametric bootstrap can be used to obtain variance estimates for the natural indirect effect

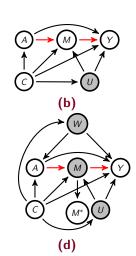
We report simulation studies we performed under DAGs (a)-(d) in order to illustrate the following key properties:

Result 2 & Extensions

- 1 The estimator of the NIE given by the standard mediation formula is unbiased in the presence of unmeasured confounding of the exposure-outcome relationship under M1-M3 and M4' (Result 1)
- **2** The proposed GENIUS estimator of the NIE is robust to unmeasured confounding of the M-Y and A-Y association and measurement error of the mediator (**Result 2 & Extensions**)

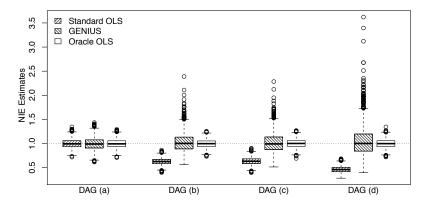
# **Simulation setup**





#### Simulation results

Background



**Figure:** Boxplots of the estimates over 1000 samples using the standard OLS estimator, the GENIUS estimator, and the oracle OLS estimator under DAGs (a)-(d). True NIE is 1.

Simulation ○○●○

#### **Conclusions**

Background

- Assumption M4' is more general than the assumption M4 and yet the identifying formula remains the same
- However, the relaxed condition does not imply robustness against any type of unmeasured exposure-outcome confounding
- In contrast, Result 2 relies on more stringent assumptions, some of which can be empirically verified
- Full paper forthcoming in *Epidemiology* (November 2019) and currently available at:

http://bit.ly/fulcher\_med

Simulation