

**FREE COMMUNITY TEXTILES DAY AT ECHO PARK LAKE**

**SATURDAY JANUARY 16TH 2020  
9AM-4PM**

# **MENDING WORKSHOP AND CLOTHING DONATION**

**MASKS REQUIRED.**

**MASKS AND PROTECTIVE SUPPLIES ARE OFFERED  
FREE ON A FIRST COME FIRST SERVE BASIS.**

*LA-10 A Shady Retreat in Echo Park, Los Angeles, California*



7A-H3635

**ORGANIZED BY  
ISABELLA VAN RANZOW**

## **WHEN?**

**01/16/2020**

**9am - 4pm**

## **WHAT?**

**Free clothing and textile mending workshop.**

**Learn techniques to repair clothes and recycle textiles into something personally useful!**

**A donation table for clean and good-condition clothing available for our neighbors living in the park.**

**Mending kits will be available to keep from the workshop, on a first come first serve basis.**

## **WHERE?**

**On the main entrance side of the park.**

**To the left of the parking lot at the intersection of Park Ave and Lemoyne St.**

**The tables are located adjacent to the park restrooms and face the lakeside playground.**

**MASKS MUST BE WORN  
AT ALL TIMES**



## **MENDING WORKSHOP**

**Time: 9am - 3pm**

**Date: Saturday January 16th 2020**

**Learn essential skills for extending the life of your clothing.**

**Tips for repairing and recycling fabric will be demonstrated.**

**Participants will be able to practice their mending skills on fabrics they bring to the workshop, or from our collection of donated fabric scraps.**

**Tutorials that will be covered include:**

**Basic hand stitching  
Sashiko  
Kantha**

**If you have mending supplies we encourage you to bring some for yourself or to share!**

**Examples of mending supplies include:**

**Needles  
Thread  
Scrap fabric**

## **CLOTHING DONATION**

**Clean and good condition clothing donations are welcomed for our neighbors living in the park.**

**If you are contributing:**

**All material donations must be washed and in a bag. Donations must be handled with a mask and gloves.**

**If you are collecting:**

**A free clothing table, clothes line, and hanging racks will be set up, for donations to be contributed / collected in a 'covid-mindful' manner.**

**Please wear and mask and gloves while browsing this section. We will provide protective supplies with need-based priority.**

**We are organizing donation items so that they can be ready-to-wear.**



## MENDING TOOLKIT



Sample Toolkit

Pocket toolkits provided in reusable beeswax wrap bags, made from recycled fabric and boxes to hold items securely.

Free mending toolkits provided will be equipped with:

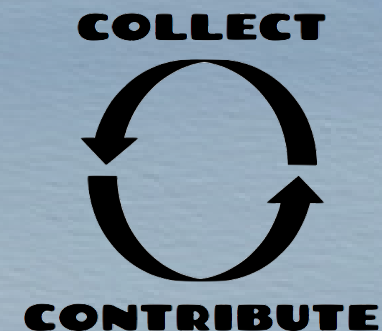
- Embroidery needles
- Thimble
- Thread bundles
- Small thread scissors
- Pins
- Water soluble pen

Demonstrations will be given for each item included in the toolkits.

## SUPPLY DISTRIBUTION

1. From 9am-4pm open mending workshops at will be held at the Echo Park picnic tables.
2. Donations (mending supplies, fabric scraps, and clothing) will be accepted at the picnic tables. You are welcome to drop in at any point from 9am-3pm to contribute supplies, or participate in the workshop.
3. Contributions collected throughout the day will be complied into additional personal mending kits, either for use during the workshop or to distribute after the workshop ends.
4. Mending kits will yours to keep after the workshop, and will be distributed throughout the park's encampment after 3pm.

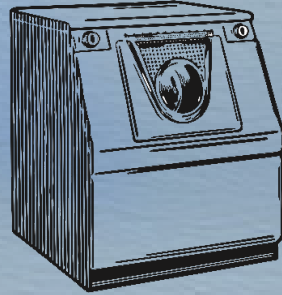
By contributing and collecting clothes, we are extending their lives!



# CLOTHING DONATION SYSTEMS MAP



**1. CHOOSE GENTLY USED CLOTHING FOR DONATIONS, AND TEXTILES IN ANY CONDITION FOR FABRIC SCRAPS**



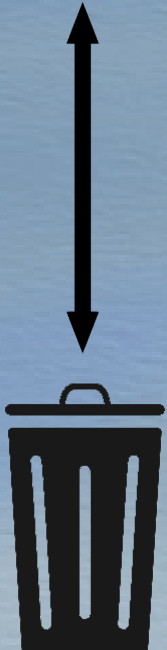
**2. WASH YOUR CLOTHING, ONLY CLEAN, WASHED CLOTHING WILL BE ACCEPTED**



**3. WASH YOUR HANDS BEFORE HANDLING THE NOW CLEAN CLOTHING**



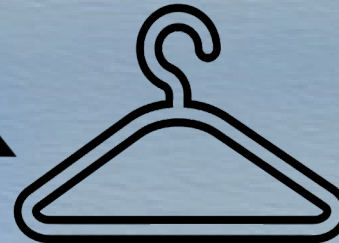
**4. WEAR A MASK WHEN HANDLING THE CLEAN CLOTHES**



**DISPOSING OF CLOTHING AND DONATING TO MAJOR CENTERS WILL END UP IN A LANDFILL**



**7. IF SOMEONE CHOOSES YOUR ITEM, YOU HAVE BOTH DOUBLED THE TEXTILE'S LIFE-SPAN**



**6. WE WILL HANG YOUR CLOTHING DONATIONS ON A LINE AND RACKS FOR PEOPLE TO BROWSE**



**5. BRING YOUR CLEAN DONATION MATERIALS TO US AT THE PICNIC TABLES AT ECHO PARK**

## **CIRCULAR CLOTHING SYSTEMS**

Textiles are the number one polluter in the world, yet so many among us go without the clothes they need.

While the problem of production needs to be addressed, a fundamental part of a circular fashion economy is keeping textiles in cycle and extending their lifespans.

With community support limitations that prevent us from participating in circular textiles can be eliminated.

Let's ensure that existing textiles in our community continue to circulate with community support and mutual aid.

By initiating dialogue on these matters we can begin to address clothing and environmental justice with our own neighbors.

## **ACTIONABLE STEPS**

Direct ways you can support the circularity of clothing within your community:

Participate in clothing swaps

Donate directly to people

Mend your clothes

Up-cycle clothing

Make your own garments

Reuse textile matter

Use natural resources to make textiles

Support bio-regional textile economies, local farmers, textile makers, & artisans

Shop second hand

Inform yourself on the materials in clothes

Buy from sustainable brands

Research the practices of brands

Rent clothing

Buy less of better quality clothing

Please bring ideas to this list if inclined!

Community support starts with any form of participation.



# MENDING GUIDE

There are many traditions of mending. Among some of the examples we will cover, Sashiko—a traditional Japanese form of visible mending is explained below.

The tutorial is for a single stitch. There are countless stitching variances to personalize your items.

## STEP 1

Select your patch.

For precise results, secure your patch onto the area you wish to cover. Ensure you are only pinning to the top layer.

Trace your stitching lines with the erasable pen.

## STEP 2

Thread your needle and knot the ends together securely.

Begin stitching on one end of the patch. Gather the fabric as you stitch through from one end to the other, completing multiple stitches in one line. See the top right corner of Fig. 2 for reference.

Once at other end of the patch, pull the thread all the way through.

Use your thimble if needed.

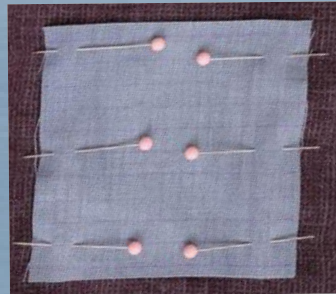


Fig. 1

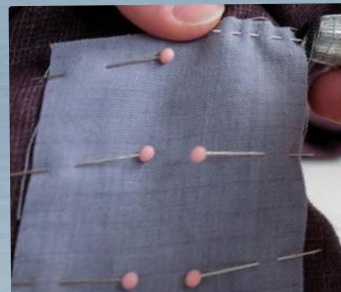


Fig. 2

## STEP 3

Put the needle through the last stitch at the end of each row.

This creates a hidden stitch, and enables you to continue stitching in the opposite direction.



Fig. 3

## STEP 4

If you reach the end of your thread, knot it at its end. Cut the remaining thread after the knot.

Re-thread the needle for the estimated length required for your patch. Repeat Step 2.



Fig. 4

## STEP 5

Continue Steps 1 through 5 until your patch is covered with your desired stitching.

If you have used temporary ink to trace lines, you remove them with water.



Fig. 5

**Experiment and Enjoy!**





Source: UCLA IMLab Media Archive



**THANK YOU**

