1을 육지로, 0을 물로 가정한 2D 그리드 맵이 주어졌을때, 섬의 개수를 계산하라.

Input: grid = [
  ["1","1","1","1","0"],
  ["1","1","0","1","0"],
  ["1","1","0","0","0"],
  ["0","0","0","0","0"]
]
Output: 1

1.dfs
```python
class Solution:
    def numIslands(self, grid: List[List[str]]) -> int:
        def findWater(i: int, j: int) -> None:
            if i < 0 or j < 0 or i >= len(grid) or j >= len(grid[0]) or grid[i][j] != '1':
                return
            grid[i][j] = '0'
            findWater(i + 1, j)
            findWater(i - 1, j)
            findWater(i, j + 1)
            findWater(i, j - 1)

        result = 0
        for i in range(len(grid)):
            for j in range(len(grid[0])):
                if grid[i][j] == '1':
                    findWater(i, j)
                    result += 1
        return result
```