

G a y d e a m u s



VOLUME I

DIVINE OFFICE for SOLEMNITIES

as celebrated at the

Abbey of Our Lady of the Philippines (OLP),
Guimaras 5045



Title Page design by Br. M. Andres Rafael.

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Top:

The Introit '*Gaudeteamus omnes*', scripted in square notation in the 14th—15th century found in *Graduale Aboense*.

Middle:

Fillipino Lippi's 1487 altarpiece *The Apparition of the Virgin to St Bernard*.

Source: <https://creatureandcreator.ca/?p=4602>

The illustration shows Fillipino Lippi's 1487 altarpiece '*The Apparition of the Virgin to St Bernard*' now in the Benedictine Abbey (Badia) in Florence. Seated at his writing desk in his monastic cowl, Bernard is suddenly surprised by the Virgin and a group of angels floating before him. In the dark recess in the rocks behind him is the devil biting on his chains. The quotation on the rock beside him is from Epictetus: '*Sustine et abstine*,' urging restraint and abstinence. In the background other monks gather to wonder at the vision, a young monk brings an elderly brother to see what is happening, and a sick patient is carried toward the abbey. In the right foreground is Francesco de Pugliese, the donor of the altarpiece.

Bottom:

The crest of the Abbey of Our Lady of the Philippines.

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*Indeed, nothing is to be preferred
to the Work of God."*

- Rule of St. Benedict 43: 3

FOREWORD

“Come, let us sing joyfully to the Lord... come before him with a song of praise” (Ps. 95:1-2). It is an expression of a joyful heart that experiences an ineffable longing to render praise and glory to God who is infinitely loving and merciful. A pilgrim soul that seeks his beloved in the virtue of humility and reverential awe, filled with gratitude and trust in the mercy of God “who is faithful in all his ways” (Ps. 145:17). It is fitting, therefore, to prepare ourselves to celebrate the customary prayer of the Church. We hope that those who call upon the Lord while fulfilling their religious duties of the ‘canonical hours’ may find solace in God, who “is near to all who call upon him in truth” (Ps. 145:18).

We keep this instrument of our divine service as an essential means to attain what we have longed for, that is, to be in communion with the mystical body of the Lord, the Church, through our simple and sincere expression of faith. Down the centuries, we have used the sacred scriptures and other inspired writings as part of our long Christian tradition to preserve our noble identity as beloved children of God; despite our unworthiness, the Holy Spirit supplies our needs so that we may not be wanting in rendering this sacred service.

We shall keep this instrument of our divine service as “sacred vessels of the altar” (RB 31:10) as it can help us straighten our crooked ways and illumine our darkened paths.

Dom Kevin John Lipasan, OCSO
Superior ad nutum
Abbey of Our Lady of the Philippines (OLP)

INTRODUCTION

“*Gaudeamus omnes in Domino*” (Let us all rejoice in the Lord). This phrase, taken from the entrance antiphon (introit) for the Mass of the Solemnity of All Saints is also found in the introit for the Mass of Our Lady such as the feast of Our Lady of the Holy Rosary (October 7) with some minor textual modifications. It goes without saying that these words reflect the mind of the Church in celebrating her liturgical solemnities – with joyful praise and rejoicing. Indeed, it is most felicitous that our Divine Office for Solemnities be named “*Gaudeamus*.” With our hearts full of joy and rejoicing we sing the praises of the Lord, heeding the voice of our Holy Father, St. Benedict, to sing with our voices in harmony with our minds and hearts (RB 19:7). In this spirit, I have taken the liberty to include below an excerpt from a reflection of an anonymous monastic from the Benedictine monastery at Cullman, AL, on the celebration of the Liturgy of the Hours.

“The rhythmic pattern of monastic life is anchored and nurtured by gathering regularly for liturgical prayer and daily Eucharist. Our prayer streams from the basic human need to pray, to come before God in thanksgiving, in praise, in wonder, and sometimes in sorrow or pain. The ancient psalms express well this broad range of human emotion before God....

Gathering as a community to chant the Psalms is a tradition that goes back to the earliest days of Christian monasticism. It derives from the ancient Jewish practice of gathering to pray at fixed times of the day, a practice that was retained by the first generations of Christians.

Saint Benedict placed a high value on the Liturgy of the Hours, exhorting his monks that “nothing is to be preferred to the Work of God.” Throughout the centuries, the Liturgy of the Hours has remained a defining element of monastic life. We have inherited this tradition, and approach the liturgy as a sacred task and cherished responsibility.

In addition to the Psalms, the readings, responses, antiphons, and canticles of the Liturgy of the Hours draw deeply from the springs of Sacred Scripture, keeping the community continually immersed in the Word of God.”

Br. M. Andres Rafael

ACKNOWLEDGMENT

The compiler-editor recognizes the invaluable contributions (whether directly or indirectly) of many people and/ or institutions to the completion of this present volume.

I personally owe a thousand thanks to Br. Raphael Cruz, OCSO, the choirmaster of the community, for having done the tedious groundwork in collecting, arranging, and organizing the hymns, antiphons, psalms, responses, canticles, etc. for each of the solemnities celebrated at our abbey. Without them, I would have no material to compile and edit in the first place.

My heartfelt gratitude also goes to my Father Master, Fr. Filomeno Cinco, OCSO, and my brothers in the novitiate for all the moral support you have extended to me in the course of drafting the layout, composing some of the melodies for antiphons and psalm tones, and in designing the title page of this psalter/ antiphonary book. Your hard work in helping me proofread the manuscript proves to be extremely crucial.

Likewise, I thank our OLP community, the many elder brothers, who have shared their insight, especially for the design of the title page. I vividly remember the willingness with which you accorded me each time I would ask for your thoughts and suggestions.

Lastly, my filial reverence, respect, and cordial acknowledgment to the many unsung monks and nuns, from different monasteries all over the world, who composed most of the hymns, antiphons, and responses present in this volume.

“UT IN OMNIBUS GLORIFICETUR DEUS”

EDITOR'S NOTES

The '*Gaudeamus Volume I*' follows the liturgical calendar of the Church. Hence, the first solemnity found in this volume starts on December 7 (not January 1) as this celebration falls on Advent.

In most cases, the compiler-editor has tried to limit modifications, especially with those aspects that have been already learned and internalized by the brothers (e.g., psalm tones, simpler responses). However, there are several instances where some revisions and additions were imperative. Some of these more prominent aspects are outlined below.

PSALM NUMBERING

Our psalter is drawn from the Gelineau Psalmody.¹ With this, the Greek Septuagint numbering is maintained. For example when the psalm number is written as "Ps. 50 (51)," the number preceding the parenthesis (i.e., 50) is the Greek numbering, while the number inside the parenthesis (i.e., 51) is the Hebrew numbering. When there is no number placed inside the parenthesis such as "Ps. 1," it means that the Greek and Hebrew share the same psalm number.

VERSE PHRASING

The sense (or thought) of the verse of the psalm was the primary consideration as regards the verse phrasing. 'Verse phrasing' here is meant as the number of lines per stanza (a.k.a. 2-verse, 3-verse, 4-verse, or 6-verse). As such, the compiler-editor meticulously reviewed each psalm that was used and employed the most suitable verse phrasing, that is careful judgment was carried out to determine whether 2-verse psalm tone, 3-verse, 4-verse, or 6-verse was the correct choice.

ORDER OF PSALMODY (for Vespers and Lauds)

The use of the Old Testament canticle for Lauds and the New Testament canticle for Vespers was maintained. For Lauds, the canticle from the Old Testament is placed after the first psalm (i.e., under Antiphon 2). On the other hand, the canticle from the New Testament is placed after the second psalm (i.e., under Antiphon 3) for Vespers.

USE OF DOXOLOGY

The use of doxology for psalms was made consistent in such a way that when the psalm tone is:

2-verse	Praise the Father, the Son, and the Holy Spirit for ever and ever. Amen.
*2-verse (doxology is attached to the 2 final verses of the psalm)	To the Father, the Son, and the Holy Spirit give praise for ever. Amen.
3-verse	Give praise to the Father, the Son, and the Holy Spirit both now and for ever for ages unending. Amen.
4-verse	Give praise to the Father Almighty, to his Son, Jesus Christ the Lord, to the Spirit who dwells in our hearts, both now and for ever. Amen.
6-verse	Praise the Father Almighty, Praise his Son, Jesus Christ the Lord, Praise the Spirit who dwells in our hearts, both now and for ever, the God who is, who was, and is to come at the end of the ages. Amen.

It may be necessary to mention here that these doxologies are not the invention of the compiler-editor. They are directly drawn from the Gelineau Psalmody to complement the psalms. Since the Gelineau Psalmody did not have doxologies for 3-verse and 6-verse, the compiler-editor expanded the 2-verse form to fit a 3-verse psalm tone and the 4-verse form to fit a 6-verse psalm tone, respectively.

¹ Joseph Gelineau, Alexander Jones, and Leonard Johnston, *The Psalms: A New Translation from the Hebrew Arranged for Singing to the Psalmody of Joseph Gelineau* (New York; Mahwah: Paulist Press, 1991).

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OPENING VERSE(S)

AT VIGILS:

Cantor:

All:

Sung three (3) times.

O Lord, open my lips. And my mouth shall proclaim your praise.

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now and ever shall be, world without end. Amen.

AT OTHER HOURS:

Cantor:

All:

O God, come to my assistance. Lord, make haste to help me.

Glory be to the Father, and to the Son, and to the Ho-ly Spi-rit.

"As it was in the beginning, is now and ever shall be,

" " world without end.

Easter Time

A-men (Al-le- lu ia)

OFFERING OF INCENSE

After the opening verse is sung by the community, the "Offering of Incense" immediately follows, when prescribed by the rubrics.

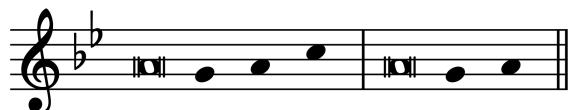
As the Abbot (or the Superior) approaches the incense stand placed in the sanctuary, the antiphon below is chanted. Following the common practice of the community, the verses are sung alternately (first by the cantors, then by everyone).

Antiphon for OFFERING OF INCENSE by Robert J. Batastini
Psalm tone setting by Chrysogonus Waddell, OCSO © Gethsemani Abbey

Ant.



My prayers rise like in-cense, my hands like the eve-ning of - ferring.—



The smoke of the **incense** rose,
with the prayers of **the** saints.

Ascending from the hand **of** the angel
before the throne **of** God.

Repeat Antiphon

DECEMBER 7
CONSECRATION AND DEDICATION OF THE
ABBEY CHURCH OF OUR LADY OF THE PHILIPPINES

FIRST & SECOND VESPERS

OPENING VERSE

see p. 9

OFFERING OF INCENSE*

*see p. 10 * [for First Vespers only]*

HYMN “COME, YE FAITHFUL, RAISE THE STRAIN”



1. Come, ye faith-ful, raise the strain Of tri - umphant glad - ness;
2. Tis the spring of souls to - day; Christ hath burst his pris - on,
3. Now the queen of sea-sons, bright With the day of splen - dor,
4. Nei - ther might the gates of death, Nor the tomb's dark por - tal,



God hath brought his Is - ra - el In - to joy from sad - ness;
And from three days' sleep in death As a sun hath ris - en;
With the roy - al feast of feasts, Comes its joy to ren - der;
Nor the watch - ers, nor the seal Hold thee as a mor - tal;



Loosed from Pharaoh's bit - ter yoke Ja - cob's sons and daugh - ters;
All the win - ter of our sins, Long and dark, is fly - ing
Comes to glad Je - ru - sa - lem, Who with true af - fec - tion
But to - day a - midst the twelve Thou didst stand, be - stow - ing



Led them with un - moistened foot Through the Red Sea wa - ters.
From his light, to whom we give Laud and praise un - dy - ing.
Wel - comes in un - wea - ried strains Je - sus' res - ur - rec - tion.
That thy peace which ev - er - more Pass - eth hu - man know - ing.

Final Verses: Richard Lloyd (1993) #15; Noel Rawsthorne (2011) #31.

Melody: Medieval melody arranged by Johann Roh (d. 1547).

Text: St. John Damascene (d. 749 AD).

English Translation: Dr. John M. Neale (d. 1866) from Greek.

Scoresheet source: St. Jean de Brebeuf Hymnal (2021) #698

PSALMODY

Ant. 1

The streets of Je - ru - sa - lem will ring with re - joic - ing;
they will resound with the song of praise, al - le - lu - ia!

Ps. 146 (147, 1-11)

Praise to God who maintains the world

Praise the Lord for he is good;
sing to our God for he is loving:
[]
to him our praise is due.

The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.

He fixes the number of the stars;
he calls each one by its name.
Our Lord is great and almighty;
his wisdom can never be measured.

The Lord raises the lowly;
he humbles the wicked to the dust.
O sing to the Lord, giving thanks;
sing psalms to our God with the harp.

He covers the heavens with clouds;
he prepares the rain for the earth,
making mountains sprout with grass
and with plants to serve man's needs.

He provides the beasts with their food
and young ravens that call upon him.

His delight is not in horses
nor his pleasure in warriors' strength.

The Lord delights in those who revere him,
in those who wait for his love.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

Ant. 2

The Lord has strengthened the bars of your gates,
he has blessed the children within you.

Ps. 147 (147, 12-20)
Praise of God's personal care for Israel

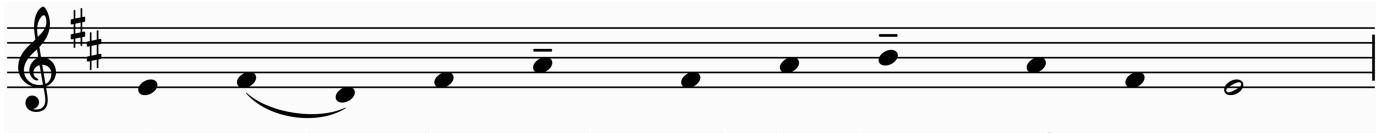
O praise the Lord, Jerusalem!
Zion, / praise your God!
He has strengthened the bars of your gates,
he has blessed the children within you.

He established peace on your borders,
he feeds you with / finest wheat.
He sends out his word to the earth
and swiftly runs his command.

He showers down snow white as wool,
he scatters / hoar-frost like ashes.
He hurls down hailstones like crumbs.
The waters are frozen at his touch;

He sends forth his word and it melts them:
at the breath of / his mouth the waters flow.
He makes his word known to Jacob,
to Israel his laws and decrees.

He has not dealt thus with other nations;
 he has not / taught them his decrees.
 To the Father, the Son, and the Holy Spirit
 give praise for ever. Amen.



The Lord has strength - ened the bars of your gates,



he has blest the chil - dren with-in you.

Ant. 3



The time has come for the wed-ding of the Lamb! His bride is ready, al-



-lu - ia! And hap - py are those who are called to the wed-ding feast, the



wed-ding feast of the Lamb!

Rev. 19, 1. 5-9

I seemed to hear the great sound
 Of a huge crowd in heaven;
 They were singing ‘alleluia!
 Victory and power and glory to our God!’

And I seemed to hear the voices
 Of a huge crowd,
 Like the sound of the ocean
 Or the great roar of thunder.

Alleluia! Alleluia!
 The reign of our God Almighty has begun;
 Let us be glad and give praise to God;
 The time has come for the wedding of the Lamb!

Then a voice came from the throne;
‘Praise our God, you servants of his,
Praise him, all who revere him,
Whether you are great or small.’

‘His bride is ready;
She is dressed in dazzling white linen;
Her linen is made of the deeds of the saints,
Happy are those who are called to the wedding feast of the Lamb.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.

Bless - ed are they who dwell * in your house, O Lord.
Cantor(s):
They will praise you for e - ver. in your house ...

MAGNIFICAT

Cant. of Mary

Je - sus said to him, "Zacchaeus, make haste and come down;
for I must stay at your house to-day." So he made haste and came down,
and re-ceived him joy-ful-ly.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers, *[repeat 3rd measure]*
to Abraham and his children for ever. *[repeat 4th measure]*

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Je - sus said to him, "Zac-chae-us, makehaste and come down;
for I must stay atyour house to-day." So he madehaste andcamedown,
and re - ceived him joy - ful - ly.

INTERCESSIONS

Come to - daythrough the Church, Lord Je - sus.

COMMEMORATION OF MARY

see p. 293

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Come, let us wor - ship Christ, the bride-groom of the Church.

Ps. 99 (100)

Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy.

Repeat Antiphon

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep of his flock.

Repeat Antiphon

Go within his gates, giving thanks.
Enter his courts with songs of praise.
Give thanks to him and bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age.

Repeat Antiphon

Give praise to the Father, the **Son**, and the Holy **Spirit**
both now and **for** ever
for ages unending. Amen.

Come, let us wor - ship Christ, the bride-groom of the Church.

HYMN

“THE CHURCH’S ONE FOUNDATION”

1. The Church'sone foun - da - tion Is Je - susChristher Lord;
2. E - lect from ev' - ry na - tion, Yet one o'er all the earth,
3. Mid toil and trib - u - la - tion And tu - mult of her war,
4. Yet she on earthhath un - ion With God theThree in One,

She is his new cre - a - tion By wa - ter and the word:
Her char - ter of sal - va - tion,One Lord, one faith, one birth;
She waits the con-sum - ma - tion Of peace for ev - er - more,
And ev - er holdscom - mun - ion With thosewhoserest is won.

From heav'n he came and sought her To be his ho - ly bride;
One ho - ly Nameshe bless - es, Par - takes one ho - ly food,
Till with the vi - sion glo - riousHer long - ingeyes are blest,
O hap - py ones and ho - ly! Lord, give usgrace that we

With his own blood he bought her And for her life he died.
And to one hope she press - es, With ev' - ry grace en - dued.
And the greatChurchvic - to - riousShall be theChurchat rest.
Like them, the meek and low - ly, On highmay dwell with thee.

4. A-men.

Score sheet source: OLP Abbey Office Hymnal Book 1 #GEN C 10.

NOCTURN I

Noc. 1 Ant. 1

O gates, lift high your heads; grow high - er an - cient doors.
Lethim en - ter, the King of glo - ry!

Ps. 23 (24)

The ruler of the universe enters his chosen dwelling place

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?

The man with clean hands and pure heart, +
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory? +
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of **glory**? +
He, the **Lord** of **armies**,
he is the **king** of glory.

Praise the Father, the **Son**, and the Holy **Spirit**
for ever and ever. **Amen**.

O gates, lift high your heads; grow high - er an - cient doors.
Lethim - ter, the King of glo - ry!

Ps. 45 (46)
Boundless trust in God's power

Recited by a monk

God is for us a refuge and strength,
a helper close at hand, in time of distress:

So we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea,

Even though its waters rage and foam,
even though the mountains be shaken by its waves.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
the holy place where the Most High dwells.

God is within, it cannot be shaken;
God will help it at the dawning of the day.

Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Come, consider the works of the Lord
the redoubtable deeds he has done on the earth.

He puts an end to wars over all the earth;
the bow he breaks, the spear he snaps.
[He burns the shields with fire.]

‘Be still and know that I am God,
supreme among the nations, supreme on the earth!’

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

OGod, we pon-der your love with-in your tem - ple.

Ps. 47 (48)
The invincible city of God

The Lord is great and worthy to be praised
in the city of our God.

His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.

They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,

By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,

In the city of the Lord of hosts
which God upholds for ever.

O God, we ponder your love
within your temple.

Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;

The people of Judah rejoice
at the sight of your judgments.

Walk through Zion, walk all round it;
count the number of its towers.

Review all its ramparts,
examine its castles,

That you may tell the next generation
that such is our God,

Our God for ever and always.
It is he who leads us.

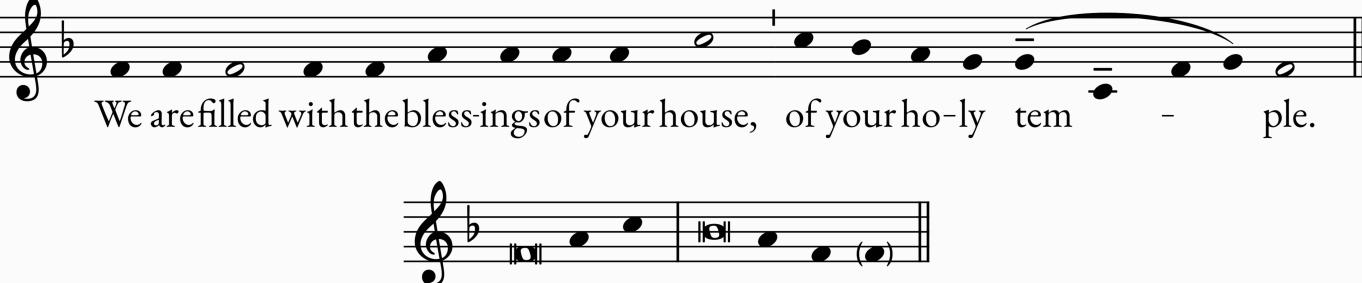
Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

O God, we pon - der your love with-in your tem ple.

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1



We are filled with the blessings of your house, of your ho-ly tem - ple.

Ps. 64 (65)

Song of springtime: a psalm of worship

To you our **praise** is **due**
in Zion, **O** God.

To you we **pay** our **vows**,
you who hear **our** prayer.

To you all **flesh** will **come**
with its burden **of** sin.

Too heavy for us, **our** **offences**,
but you wipe them **away**.

Blessed is he whom you **choose** and **call**
to dwell in **your** courts.

We are filled with the **blessings** of your **house**,
of your **holy** temple.

You keep your **pledge** with **wonders**,
O God **our** savior,

The hope of **all** the **earth**
and of far **distant** isles.

You uphold the **mountains** with your **strength**,
you are girded **with** power.

You still the roaring of the seas, /
the **roaring** of their **waves**
and the tumult of **the** peoples.

The ends of the earth stand in awe
at the sight of your wonders.

The lands of sunrise and sunset
you fill with your joy.

You care for the earth, give it water,
you fill it with riches.

Your river in heaven brims over
to provide its grain.

And thus you provide for the earth;
You drench its furrows,

You level it, soften it with showers,
you bless its growth.

You crown the year with your goodness.
Abundance flows in your steps,

In the pastures of the wilderness it flows.
The hills are girded with joy,

The meadows covered with flocks,
the valleys are decked with wheat.
They shout for joy, yes, they sing. *[repeat 2nd measure]*

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



We are filled with the blessings of your house, of your ho-ly tem - ple.

Ps. 86 (87)
God's city, mother of all nations

Recited by a monk

On the holy mountain is his city
cherished by the Lord.

The Lord prefers the gates of Zion
to all Jacob's dwellings.

Of you are told glorious things,
O city of God!

‘Babylon and Egypt I will count
among those who know me;

Philistia, Tyre, Ethiopia,
these will be her children

And Zion shall be called “Mother”
for all shall be her children.’

It is he, the Lord Most High,
who gives each his place.

In his register of peoples he writes:
‘These are her children’

And while they dance they will sing:
‘In you all find their home.’

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

His are maj-es-ty and state and pow - er and splen-dor in his ho - ly place. —

Ps. 95 (96)
The universal reign of the true God

O sing a new song to the Lord,
sing to the Lord all the earth.

O sing to the Lord, bless his name.
Proclaim his help day by day,

Tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise, +
to be feared above all gods;
The gods of the heathens are naught.

It was the Lord who made the heavens, +
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,

Give the Lord the glory of his name.
Bring an offering and enter his courts,

Worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: ‘God is king.’ +
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad, +
let the sea and all within it thunder praise,
let the land and all it bears rejoice,

all the trees of the wood shout for joy, +
at the presence of the Lord for he comes,
he comes to rule the earth.

With justice he will rule the world,
he will judge the peoples with his truth.

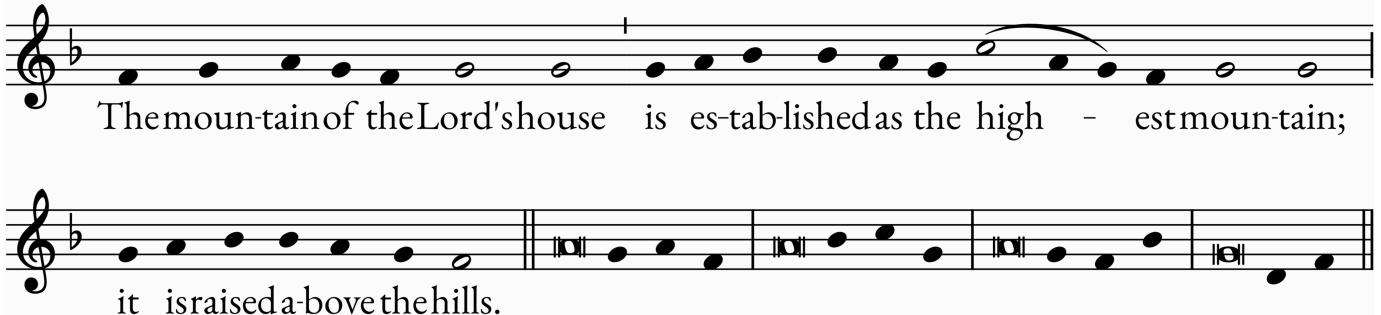
Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

His are majes-ty and state and pow - er and splen-dor in his ho - ly place.—

READING / SILENCE

NOCTURN III

Noc. 3 Ant.



The musical notation consists of two staves of music in G clef and common time. The first staff ends with a fermata over the eighth note. The lyrics are written below the notes: "The mountain of the Lord's house is established as the highest mountain; it is raised above the hills."

Isa. 2, 2-5

In days to come, the mountain of the Lord's house
Shall be established as the highest mountain;
It shall be raised above the hills,
And all the nations shall stream to it.

Peoples without number will come to it,
And they will say:
'Come, let us climb the mountain of the Lord,
To the house of Jacob's God.'

'He will teach us his ways,
And we shall walk in his paths,
Since the law will go out from Zion,
And the word of the Lord from Jerusalem.'

He will wield dominion over the nations
And judge between many peoples;
They will hammer their swords into plowshares,
And their spears into sickles.

Nation will not lift sword against a nation,
There will be no more training for war.
O house of Jacob, come,
Let us walk in the light of the Lord.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Come, let us wor - ship Christ, the bride-groom of the Church.

Ps. 66 (67) Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice.

Repeat Antiphon

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you.

Repeat Antiphon

The earth has yielded its fruit
for God, our God, has blessed us.

May God still give us his blessing
till the ends of the earth revere him.

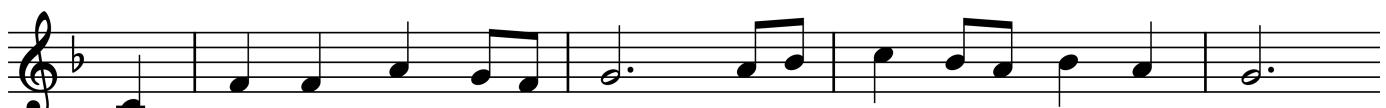
Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

HYMN

“I LOVE THY KINGDOM, LORD”



1. I love thy king - dom, Lord, The house of thine a - bode,
2. I love thy Church, O God; Her walls be - fore thee stand,
3. For her my tears shall fall, For her my prayers as - cend,
4. Be - yond my high - est joy I prize her heavenly ways,
5. Sure as thy truth shall last, To Zi - on shall be given



The Church our blest Re - deem - er saved With his own pre - cious blood.
Dear as the ap - ple of thine eye And grav - en on thy hand.
To her my cares and toils be given Till toils and cares shall end.
Her deep com - mun - ion sol - emn vows, Her hymns of love and praise.
The bright - est glo - ries earth can yield, And bright - er bliss of heaven.



5. A-men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #GEN C 1.

PSALMODY

Ant. 1

A musical score for a solo voice. It features a treble clef, a key signature of two sharps, and common time. The melody consists of eighth and sixteenth notes. The lyrics are: "My _____ house _____ will be called _____ a house of prayer." The first three words are on a single line, and the last three words are on the next line.

Ps. 121 (122)
Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
'Let us go to God's house.'
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
'Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!'

For love of my brethren and friends
I say: 'Peace upon you!'
For love of the house of the Lord
I will ask for your good.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



My _____ house_____ will be called_ a house of prayer.

Ant. 2



May you be blest,— O Lord, in the tem-ple of yoursac - red glo - ry.

May you be blest, Lord, God of our fathers,
praised and extolled for ever.
Blessed be your glorious and holy name,
praised and extolled for ever.

May you be blest in the temple of your sacred glory,
exalted and glorified above all else for ever.
May you blest on the throne of your kingdom,
exalted and glorified above all else for ever.

May you be blest, you, who fathom the depths,
praised and exalted above all else for ever.
May you be blest in the vault of heaven,
praised and exalted above all else for ever.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 3

Sing—the praise of the Lord in the as-sem-bly of the faith-ful.

Ps. 149
Praise to the God of victories

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel re-/ joice in its Maker,
let Zion's sons exult in their king.
Let them praise his name with dancing
and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful re-/ joice in their glory,
shout for joy and take their rest.

Let the praise of God be on their lips
and a two-edged sword in their hand,

To deal out vengeance to the nations
and punishment on all the peoples;
to bind their / kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained:
this honor is for all his faithful.

Praise the Father Almighty,
Praise his Son, Jesus Christ the Lord,
Praise the Spirit who / dwells in our hearts,
both now and for ever,
the God who is, who was, and is to come
at the end of the ages. Amen.

Sing— the praise of the Lord in the as-sem-bly of the faith - ful.

READING / SILENCE

RESPONSORY

Resp.

Bless - ed are they who dwell * in your house, O Lord.

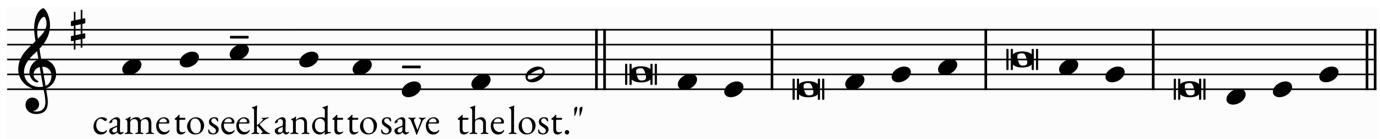
Cantor(s):

They will praise you for e - ver. in your house ...

BENEDICTUS

Cant. of Zechariah

Je - sus said to him, "To - day sal - va - tion has come to this house,
since he al - so is a son of Ab-ra-ham. For the Son of Man



Blest are you, Lord, the God of Israel,
you have come to your people and set them free.
You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,
to show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
to set us free from the hands of our enemies,
free to worship you without fear,
holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way
to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Repeat Antiphon

INTERCESSIONS

COMMEMORATION OF MARY

see p. 293

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

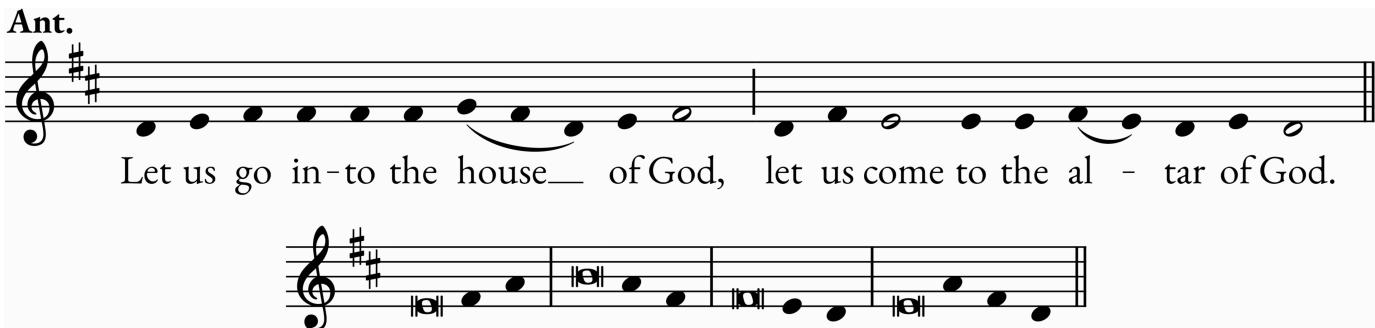
see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.



Let us go in-to the house of God, let us come to the al - tar of God.

Ps. 114 (116)

Prayer of a man saved from death

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.

O Lord my God, deliver me! /
How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears, and my feet from stumbling.
I will walk in the presence of the Lord [repeat 3rd measure]
in the land of the living. [repeat 4th measure]

Ps 120 (121)
God the protector: a pilgrimage song

I lift up my eyes to the mountains:
from where shall come my help?

My help shall come from the Lord
who made heaven and earth.

May he never allow you to stumble!
Let him sleep not, your guard.
No, he sleeps not nor slumbers,
Israel's guard.

The Lord is your guard and your shade;
at your right side he stands.
By day the sun shall not smite you
nor the moon in the night.

The Lord will guard you from evil,
he will guard your soul.
The Lord will guard your going and coming
both now and for ever.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

SEXT

OPENING VERSE

see p. 9

HYMN

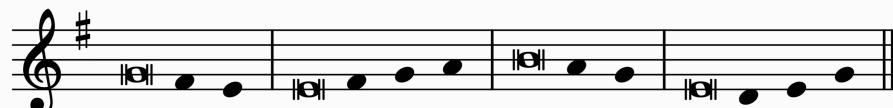
see p. 284

PSALMODY

Ant.



They are happy whodwell in your house, for ever sing-ing your praise.



Ps. 83 (84)
Love and longing for God's temple

How lovely is your dwellinging place,
Lord **God** of hosts.

My soul is longing **and** yearning,
is yearning for the courts **of** the Lord.

My heart and my soul ring out **their** joy *[repeat 3rd measure]*
to God, the **living** God. *[repeat 4th measure]*

The sparrow herself finds **a** home
and the swallow a nest **for** her brood;
she lays her young by **your** altars,
Lord of hosts, my king **and** my God.

They are happy, who dwell in **your** house,
for ever **singing** your praise.

They are happy, whose strength is **in** you,
in whose hearts are the **roads** to Zion.

As they go through the Bitter Valley /
they make it a place **of** springs
the autumn rain covers **it** with blessings.
They walk with ever **growing** strength,
they will see the God of **gods** in Zion.

O Lord God of hosts, hear **my** prayer,
give ear, O **God** of Jacob.
Turn your eyes, O God, **our** shield,
look on the face of **your** anointed.

One day within **your** courts
is better than a **thousand** elsewhere.
The threshold of the house **of** God
I prefer to the dwellings **of** the wicked.

For the Lord God is a rampart, **a** shield;
he will give us his **favor** and glory.
The Lord will not refuse any good
to those who walk **without** blame.

Lord, God of hosts,
happy the man who trusts in you!
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.



They are hap - py whodwell in your house, for e - ver sing - ing your praise.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
LChrist, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 284

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

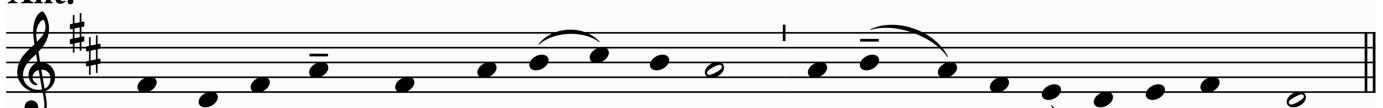
see p. 9

HYMN

see p. 285

PSALMODY

Ant.



Blessed are they whom you choose, O Lord, and call to dwell in your courts.



Ps. 127 (128)
The blessings of home: a pilgrimage song

Oblessed are those who fear the Lord
and walk in his ways!
By the labor of your hands you shall eat.
You will be happy and prosper;

Your wife like a fruitful vine
in the heart of your house;
your children like shoots of the olive,
around your table.

Indeed thus shall be blessed
the man who fears the Lord.
May the Lord bless you from Zion
all the days of your life!

May you see your children's children
in a happy Jerusalem!
[]
On Israel, peace!

Ps. 126 (127)
Success depends on God's blessing: a pilgrimage song

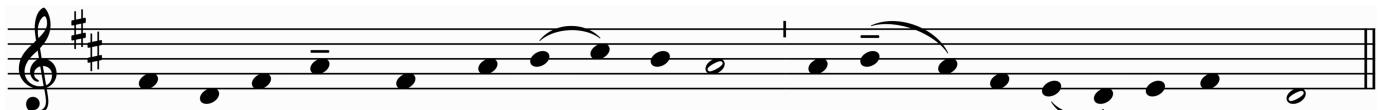
If the Lord does not build the house,
in vain do its builders labor;
if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,
you who toil for the bread you eat:
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.
Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the **man**
who has filled his quiver **with** these arrows!
He will have no cause for **shame**
when he disputes with his foes in **the** gateways.

Give praise to the Father **Almighty**,
to his Son, Jesus **Christ** the Lord,
to the Spirit who dwells in our **hearts**,
both now and for ever. **Amen**.



Blessed are they whom you choose, O Lord, and call ___ to dwell in your courts.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 285

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

DECEMBER 8

IMMACULATE CONCEPTION

FIRST VESPERS

OPENING VERSE

see p. 9

OFFERING OF INCENSE

see p. 10

HYMN

“HOLY LIGHT ON EARTH’S HORIZON”

1. Ho - ly light on earth's ho - ri - zon,
 2. Cho - sen from e - ter - nal a - ges,
 3. Mo - ther of the world's re - deem - er,
 4. Sun and moon and stars a - dor you,
 5. Earth be - low and high - est heav - en
 6. Hail be - lov - ed of the Fa - ther,

Hope to us the fall - en bring;
 You a - lone of all your race,
 Prom - ised from the dawn of time;
 Sin - less Eve, tri - um - phant sign;
 Praise the splen - dour of your state;
 Mo - ther of his on - ly Son,

Light a - mid a world of sha - dows,
 By your Son's a - ton - ing me - rits
 How could one so high - ly fa - voured
 You are she who crushed the ser - pent,
 You who now are crowned in glo - ry
 Mys - tic bride of Love e - ter - nal,

Dawn of God's re - demp - tion sing.
 Were con - ceived in per - fect grace.
 Share the guilt of A - dam's crime?
 Ma - ry, pledge of life di - vine.
 Were con - ceived im - ma - cu - late.
 Hail, most fair and spot - less one.

Text: Edward Caswell from Alma Lux.

Chant: Unto Us A Child © Laurence Bevenot, OSB, Ampleforth Abbey Trust, York Y06 4EN.

PSALMODY

Ant. 1

You are all beau-ti-ful, O Ma - ry,* and there is in you no stain
of o-ri-gin-al sin.

Ps. 44 (45)
Royal wedding song

My heart overflows with noble words. +
To the king I must speak the song I have made;
my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men +
and graciousness is poured upon your lips:
because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh; +
in splendor and state, ride on in triumph
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand. +
Your arrows are sharp: peoples fall beneath you.
The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever. +
A scepter of justice is the scepter of your kingdom.
Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you +
with the oil of gladness above other kings:
your robes are fragrant with aloes and myrrh.

From the ivory palace you are greeted with music. +
The daughters of kings are among your loved ones.
On your right stands the queen in gold of Ophir.

Listen, O daughter, give ear to my words:
forget your own people and your father's house.

So will the king desire your beauty:
He is your lord, pay homage to him.

And the people of Tyre shall come with gifts,
the richest of the people shall seek your favor.

The daughter of the king is clothed with splendor,
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions. +
They are escorted amid gladness and joy;
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
you will make them princes over all the earth.

May this song make your name for ever remembered.
May the peoples praise you from age to age.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

You are all beau-ti-ful, O Ma - ry, * and there is in you no stain
of o-ri-gin-al sin.
The Lord will take * greatde-light in you; your God
will look on you with end - less joy.

Ps 147 (147, 12-20)
Praise of God's personal care for Israel

Opaise the Lord, Jerusalem!
Zion, praise your God!

He has strengthened the bars of your **gates**,
he has blessed the children within you.

He established peace on your **borders**,
he feeds you with finest wheat.

He sends out his word to the **earth**
and swiftly runs his command.

He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;

He sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to **Jacob**,
to Israel his laws and decrees.

He has not dealt thus with other nations;
he has not taught them his decrees.

Praise the Father, the Son, and the **Holy Spirit**
for ever and ever. **Amen.**

Repeat Antiphon

Ant. 3

Musical notation for the Antiphon "Your garment is white as snow". The music is in G clef, common time, and consists of two staves. The first staff begins with a quarter note followed by eighth notes. The second staff begins with a half note followed by eighth notes. The lyrics "Your garment is white as snow" are written below the notes.

Continuation of the musical notation for the Antiphon, showing a third staff with a half note followed by eighth notes.

Eph. 1, 3-10

Praised be the God and Father
of our Lord **Jesus Christ**,
who bestowed on us in Christ
every spiritual blessing in the heavens.

God chose us in him
before the world began,
to be holy
and blameless in his sight.

He predestined us to be his adopted sons through Jesus Christ,
such was his will and pleasure,
that all might praise the glorious favor
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed,
and our sins forgiven,
so immeasurably generous
is God's favor to us.

God has given us the wisdom
to understand fully the mystery,
the plan he was pleased
to decree in Christ.

A plan to be carried out in Christ,
in the fullness of time,
to bring all things into one in him,
in the heavens and on the earth.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Your garment is white as snow, and your face is as the sun.

READING / SILENCE

RESPONSORY

Resp.

You are the highest honor of our race.

The cantor intones each of the following verses to which the community responds as indicated.

Blessed are you, daughter, by the Most **High** God
above all the wom-/en on earth;

Repeat Refrain

And blessed be the **Lord** God
The creator of heav-/en and earth.

Repeat Refrain

Your deed of hope will never be forgotten
By those who tell of the /might of God.

Repeat Refrain

MAGNIFICAT

Cant. of Mary

All_ a - ges will call_ me bless-ed, for the Al-might-y works mar-vels for me,
al - le - lu ia.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,

the promise he made to our fathers,
to Abraham and his children for ever.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

All_ a - ges will call_ me bless-ed, for the Al-might-y works mar-vels for me,
al - le - lu ia.

INTERCESSIONS

May the Vir-gin Ma - ry in - ter-cede for us.

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Let us cel - e-brate the Im-ma-cu-late Con-cep-tion of the Vir - gin Ma - ry:
Let us a - dore_ her Son,_ Christ____ the Lord._



Ps. 94 (95)

Call to praise and worship: a processional hymn

Come, ring out our joy to the Lord;
hail the rock who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his.

To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us

for he is our God +
and we the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice! +
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert

when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people +
and I said: "Their hearts are astray,
these people do not know my ways."

Then I took an oath in my anger:
"Never shall they enter my rest." '

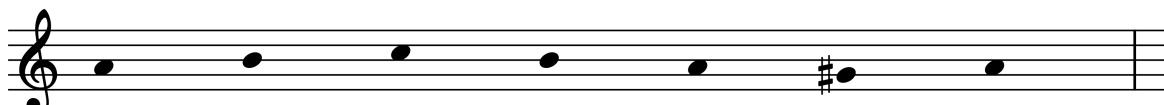
Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen. Repeat Antiphon

HYMN

“ALL CREATION WAS RENEWED”



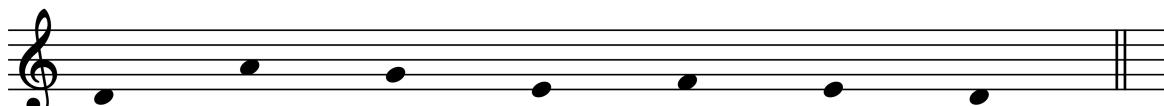
1. All cre - a - tion was re - newed
 2. By the Ho - ly Spi - rit's love
 3. Mo - ment of un - e - qualled faith
 4. Christ the ho - ly one of God,
 5. Fa - ther, Son, and Spi - rit praise



By the pow'r of God most high
 God pro - nounced his sav - ing Word,
 Here in a - ny - time or place:
 Son of Da - vid, light from light,
 For this mar - vel they have done;



When his prom - ise was ful - filled
 Then with free con - sent and trust
 Thus did God put on our flesh
 Dwells on earth, his glo - ry dimmed
 In this act of per - fect love,



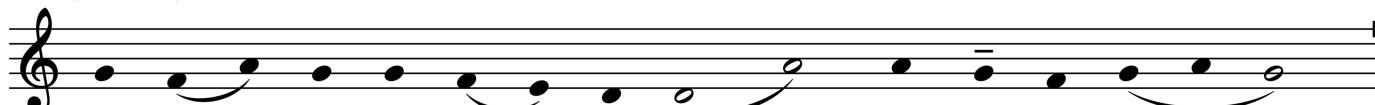
Ad - am's race to just - i - fy.
 Ma - ry bore cre - a - tion's Lord.
 In his Vir - gin full of grace.
 Till he comes a - gain with might.
 Un - di - vi - ded, al - ways one.

Text: Stanbrook Abbey © Stanbrook Abbey, Callow End, Worcester WR2 4TD.

Chant: Als Christus Mit Seiner Lehr, Bohemian Brothers.

NOCTURN I

Noc. 1 Ant. 1



How great_ is your name, O Lord,_ throughall the earth!_____



For you have made for your self a wor - thy dwell - ing place in the Vir - gin Ma - ry.



Ps. 8
Man, the viceroy of God

How great is your name, O Lord our God,
through all the earth!

Your majesty is praised above the heavens;
on the lips of children and of babes

you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your hands,
The moon and the stars which you arranged,

what is man that you should keep him in mind,
mortal man that you care for him?

Yet you have made him little less than a god;
with glory and honor you crowned him,

gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,

birds of the air, and fish
that make their way through the waters.

How great is your name, O Lord our God,
through all the earth!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

Ps. 23 (24)

The ruler of the universe enters his chosen dwelling place

Recited by a monk

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?

The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

God has helped her at the dawn-ing of her day;— the Most High—
has sanc - ti-fied histent.

Ps. 45 (46)
Boundless trust in God's power

God is for us a refuge and strength,
a helper close at hand, in time of distress:

So we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea,

Even though its waters rage and foam,
even though the mountains be shaken by its waves.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
the holy place where the Most High dwells.

God is within, it can not be shaken;
God will help it at the dawning of the day.

Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Come, consider the works of the Lord
the redoubtable deeds he has done on the earth.

He puts an end to wars over all the earth; +
the bow he breaks, the spear he snaps.
He burns the shields with fire.

'Be still and know that I am God,
supreme among the nations, supreme on the earth!'

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

God has helped_ her at the dawn-ing of her day;— the Most High—
has sanc - ti-fied his tent.

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

In the con-cep - tion of Ma - ry, mer - cy and faith-ful-ness have met;—
just - ice and peace— have em-braced.

Ps. 84 (85) The coming age of peace and justice

O Lord, you once avored your land
and revived the fortunes of Jacob,

you forgave the guilt of your people
and covered all their sins.

You averted all your rage,
you calmed the heat of your anger.

Revive us now, God, our helper!
Put an end to your grievance against us.

Will you be angry with us for ever,
will your anger never cease?

Will you not restore again our life
that your people may rejoice in you?

Let us see, O Lord, your mercy
and give us your saving help.

I will hear what the Lord God has to say,
a voice that speaks of peace,

peace for his people and his friends
and those who turn to him in their hearts.

His help is near for those who fear him
and his glory will dwell in our land.

Mercy and faithfulness have met;
justice and peace have embraced.

Faithfulness shall spring from the earth
and justice look down from heaven.

The Lord will make us prosper
and our earth shall yield its fruit.

Justice shall march before him
and peace shall follow his steps.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

Ps. 95 (96)
The universal reign of the true God

Recited by a monk

O sing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day,
Tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise,
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens,
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts,
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: ‘God is king.’
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,
let the land and all it bears rejoice,

All the trees of the wood shout for joy
at the presence of the Lord for he comes,
he comes to rule the earth.

With justice he will rule the world,
he will judge the peoples with his truth.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

E - xalt_ the Lord our God; _____ bow down be-fore his ta - ber-na-cle



Ps. 96 (97)
Earth rejoices in its king

The Lord is king, let earth rejoice,
let all the coastlands be glad.

Cloud and darkness are his raiment;
his throne, justice and right.

A fire prepares his path;
it burns up his foes on every side.

His lightnings light up the world,
the earth trembles at the sight.

The mountains melt like wax
before the Lord of all the earth.

The skies proclaim his justice;
all peoples see his glory.

Let those who serve idols be ashamed, +
those who boast of their worthless gods.
All you spirits, worship him.

Zion hears and is glad; +
the people of Judah rejoice
because of your judgments O Lord.

For you indeed are the Lord +
most high above all the earth
exalted far above all spirits.

The Lord loves those who hate evil: +
he guards the souls of his saints;
he sets them free from the wicked.

Light shines forth for the just
and joy for the upright of heart.

Rejoice, you just, in the Lord;
give glory to his holy name.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The musical notation consists of two staves in G major, common time. The first staff begins with a quarter note followed by eighth notes. The lyrics "E - xalt_ the Lord our God;" are written below the notes. The second staff continues with eighth notes, and the lyrics "bow down be-fore his ta - ber-na-cle" are written below. The third staff begins with a quarter note followed by eighth notes, and the lyrics "for it__ is ho - ly." are written below.

READING / SILENCE

NOCTURN III

Noc. 3 Resp.

The musical notation consists of three staves in G major, common time. The first staff begins with a quarter note followed by eighth notes, and the lyrics "My soul__ glo - ri-fies the Lord, for the Al-might-y works mar-vels for me." are written below. The second staff begins with a quarter note followed by eighth notes, and the lyrics "Ho - ly is his name! Hence-forth all a - ges will call me blessed. * Cantor(s):" are written below. The third staff begins with a quarter note followed by eighth notes, and the lyrics "For the Glory be_ to the Fa - ther and to the Son, and to the Ho - ly Spi - rit. * For the" are written below.

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Come, let us sing to the Lord____ as we cel - e-brate this feast____
of the Blessed Vir-gin Ma - ry.

Ps 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice.

Repeat Antiphon

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you.

Repeat Antiphon

The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

HYMN

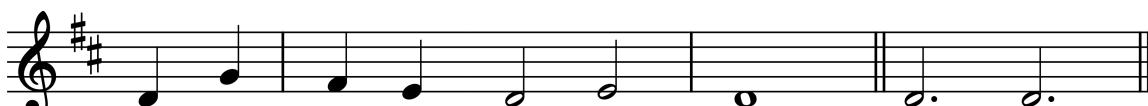
“ON THIS DAY WE SING YOUR PRAISES”



1. On this day we sing your prais - es, Pur - est Maid of
 2. Stain of sin has nev - er marred you, Man-kind's on - ly
 3. Glo - rious Queen, look down in kind - ness While be - fore your
 4. Gate of heav - en, you were Moth - er to the King of
 5. Queen of man - kind, while cre - a - tion speaks the gran - deur



all the earth; You a - lone of Ad - am's chil - dren
 spot-less bloom: God, whose might ex - ceeds the heav - ens,
 throne we stand: Bring God's bless - ing to your chil - dren;
 heav'n and earth: Now be Moth - er to your sub - jects,
 of God's love, Mold our hearts to seek his glo - ry



Were im - mac - u - late at birth.
 You have sheltered in your womb.
 Watch our homes and guard our land.
 In our souls give Je - sus birth.
 Till we reach our home a - bove. A - men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #SAN Dec. 8 IC 2.

PSALMODY

Ant. 1



God has placed his tent _____ in the sun._____

Ps. 18 (19)

Praise of God, creator and law-giver

The heavens proclaim the glory of God
 and the firmament shows forth the work of his hands.

Day unto day takes up the story
 and night unto night makes known the message.

No speech, no word, no voice is heard +
 yet their span extends through all the earth,
 their words to the utmost bounds of the world.

There he has placed a tent for the sun; +
it comes forth like a bridegroom coming from his tent,
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun; +
to the furthest end of the sky is its course.
There is nothing concealed from its burning heat.

The law of the Lord is perfect,
it revives the soul.

The rule of the Lord is to be trusted,
it gives wisdom to the simple.

The precepts of the Lord are right,
they gladden the heart.

The command of the Lord is clear,
it gives light to the eyes.

The fear of the Lord is holy,
abiding for ever.

The decrees of the Lord are truth
and all of them just.

They are more to be desired than gold,
than the purest of gold

and sweeter are they than honey,
than honey from the comb.

So in them your servant finds instruction;
great reward is in their keeping.

But who can detect all his errors?
From hidden faults acquit me.

From presumption restrain your servant
and let it not rule me.

Then shall I be blameless,
clean from grave sin.

May the spoken words of my mouth,
the thoughts of my heart,

win favor in your sight, O Lord,
my rescuer, my rock!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

God has placed his tent in the sun.

Ant. 2

OMo-ther, how pure you are, you are un-touched by sin; yours is the priv-i-lege
to car-ry God with-in you.

Jdt. 16, 1. 13-15

Strike up the instruments,
a song to my God with timbrels,
chant to the Lord with cymbals.

Sing to him a new song,
exalt him and acclaim his name.
A new hymn I will sing to my God.

O Lord, great are you and glorious,
wonderful in power and unsurpassable.
Let your every creature serve you.

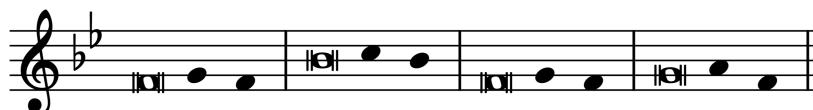
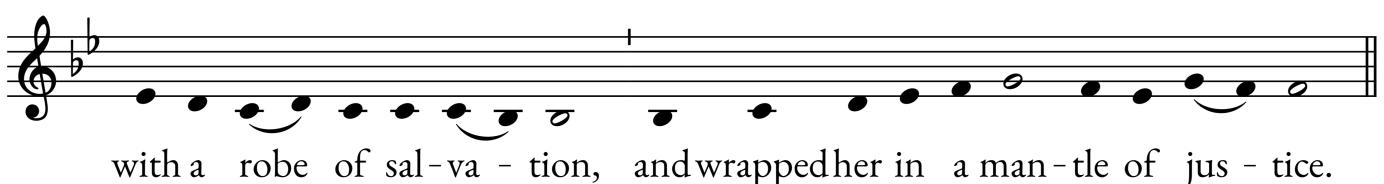
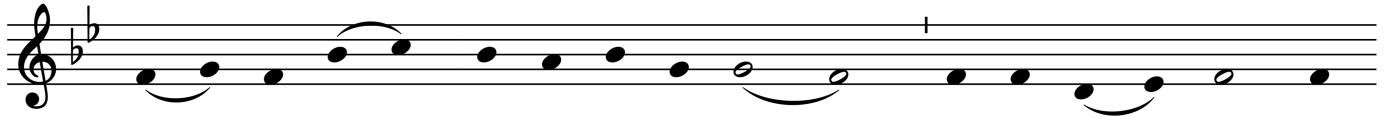
For you spoke, and they were made,
You sent forth your spirit, and they were created;
No one can resist your word.

The mountains to their bases, and the seas, are shaken;
the rocks, like wax, melt before your glance.
But to those who fear you, / you are very merciful.

Give praise to the Father, the Son, and the **Holy** Spirit
both now and **for** ever
for ages unending. Amen.

Repeat Antiphon

Ant. 3



O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines **for** you
like a dry, weary land **without** water.

So I gaze on you in the **sanctuary**
to see your strength and **your** glory.
For your love is better **than** life,
my lips will speak **your** praise.

So I will bless you all **my** life,
in your name I will lift up **my** hands.
My soul shall be filled as with **a** banquet,
my mouth shall praise you **with** joy.

On my bed I remember you.
On you I muse through **the** night
for you have been **my** help;
in the shadow of your wings I rejoice.

My soul clings **to** you;
your right hand holds **me** fast.
Those who seek to destroy **my** life
shall go down to the depths of **the** earth.

They shall be put into the power of **the** sword
and left as the prey of **the** jackals.
But the king shall rejoice **in** God;
all that swear by him shall be blessed /
for the mouth of liars shall **be** silenced.

Give praise to the Father **Almighty**,
to his Son, Jesus Christ **the** Lord,
to the Spirit who dwells in **our** hearts,
both now and for ever. **Amen.**

Bless the Lord for what he has done... He has clothed Mar - y
with a robe of sal-va - tion, and wrapped her in a man-tle of jus - tice.

READING / SILENCE

RESPONSORY

Resp.

Glo-ri-ous things have been pro-claimed con-cern-ing you, O Ma - ry;
for the Al - might - y has done mar-vel-ous things on your be-half.

Cantor(s):

Glory be to the Father, and to the Son, and to the Ho - ly Spi - rit.

As it was in the beginning is now and e - ver shall be, world without end. A-men.

Glorious ...

BENEDICTUS

Cant. of Zechariah

The Lord God said to the ser - pent, "I will put en - mi - ty
be-tween you_ and the wo - man, be - tween your seed and her seed;
she shall crush your head," al - le lu - ia.

Blest are you, Lord, the **God** of Israel,
you have come to your people and **set** them free.

You have raised up for us a **mighty** Savior,
born of the house of your **servant** David.

Through your holy prophets, you **promised** of old
to save us from the hands of **all** who hate us,

To show mercy **to** our forebears,
and to remember your **holy** covenant.

This was the oath you swore to Abraham and **Sarah**: +
to set us free from the hands **of** our enemies,
free to worship you **without** fear,

Holy and **righteous** before you,
all the days **of** our life.

And you, child, shall be **called** +
the prophet of **the** Most High,
for you will go before the Lord to **prepare** the way

to give God's people knowledge **of** salvation
by the forgiveness **of** their sins.

In the tender compassion **of** our God
the dawn from on high shall **break** upon us,

to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. Amen.

The Lord God said to the ser - pent, "I will put en - mi - ty
be-tween you_ andthe wo - man,___ be - tween your seed andher seed;
she shallcrushyourhead," al - le lu - ia.

INTERCESSIONS

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

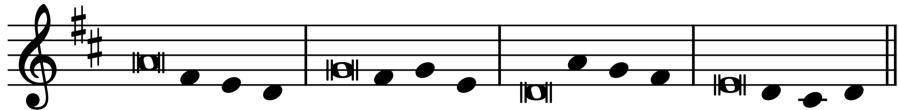
TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.

You are the glo - ry of Je - ru - sa - lem, you are the joy___
of Is - ra - el, you are thehon-or of our peo - ple.



Ps. 121 (122)

Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
‘Let us go to God’s house.’
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel’s law it is,
there to praise the Lord’s name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
‘Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!’

For love of my brethren and friends
I say: ‘Peace upon you!’
For love of the house of the Lord
I will ask for your good.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

SEXT

OPENING VERSE

see p. 9

HYMN

see p. 284

PSALMODY

Ant.

Blessed are you, O Vir - gin Mar - y, by the Lord the Most High God
a - bove all wom - en up - on the earth.

Ps. 118 (119)

Love of God's law: an alphabetical psalm

**MEM (XIII)*

Lord, how I love your law!

LIt is ever in my mind.

Your command makes me wiser than my foes;
for it is mine for ever.

I have more insight than all who teach me
for I ponder your will.

I have more understanding than the old
for I keep your precepts.

I turn my feet from evil paths
to obey your word.

I have not turned from your decrees;
you yourself have taught me.

Your promise is sweeter to my taste
than honey in the mouth.

I gain understanding from your precepts
and so I hate false ways.

*NUN (XIV)

Your word is a lamp for my steps
and a light for my path.
I have sworn and have made up my mind
to obey your decrees.

Lord, I am deeply afflicted:
by your word give me life.
Accept, Lord, the homage of my lips
and teach me your decrees.

Though I carry my life in my hands,
I remember your law.
Though the wicked try to ensnare me
I do not stray from your precepts.

Your will is my heritage for ever,
the joy of my heart.
I set myself to carry out your statutes
in fullness, for ever.

*SAMECH (XV)

I have no love for half-hearted men:
my love is for your law.
You are my shelter, my shield;
I hope in your word.

Leave me, you who do evil;
I will keep God's command.
If you uphold me by your promise I shall live;
let my hopes not be in vain.

Sustain me and I shall be saved
and ever observe your statutes.
You spurn all who swerve from your statutes;
their cunning is in vain.

You throw away the wicked like dross:
so I love your will.
I tremble before you in terror;
I fear your decrees.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 285

PSALMODY

Ant.

Draw us, O Im-ma-cu-late Vir - gin! We will run
af-ter you to the frag - rance of your oint - ments.

Ps. 138 (139) The Hound of Heaven

O Lord, you search me and you know me, +
you know my resting and my rising,
you discern my purpose from afar.

You mark when I walk or lie down,
all my ways lie open to you.

Before ever a word is on my tongue
you know it, O Lord, through and through.

Behind and before you besiege me,
your hand ever laid upon me.

Too wonderful for me, this knowledge,
too high, beyond my reach.

O where can I go from your spirit,
or where can I flee from your face?

If I climb the heavens, you are there.
If I lie in the grave, you are there.

If I take the wings of the dawn
and dwell at the sea's furthest end,

even there your hand would lead me,
your right hand would hold me fast.

If I say: 'Let the darkness hide me
and the light around me be night,'

even darkness is not dark for you
and the night is as clear as the day.

For it was you who created my being,
knit me together in my mother's womb.

I thank you for the wonder of my being,
for the wonders of all your creation.

Already you knew my soul,
my body held no secret from you

when I was being fashioned in secret
and molded in the depths of the earth.

Your eyes saw all my actions,
they were all of them written in your book;

every one of my days was decreed
before one of them came into being.

To me, how mysterious your thoughts,
the sum of them not to be numbered!

If I count them, they are more than the sand;
to finish, I must be eternal, like you.

O search me, God, and know my heart.
O test me and know my thoughts.

See that I follow not the wrong path
and lead me in the path of life eternal.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The musical notation consists of two staves of music. The top staff starts with a treble clef, a key signature of one flat, and a common time signature. It features a melody primarily composed of quarter notes and eighth notes, with some sixteenth-note patterns. The lyrics "Draw us, O Im-ma-cu-late Vir - gin! We will run_____" are written below the notes. The bottom staff continues the melody with a similar note pattern, and the lyrics "af-ter you to the frag - rance of your oint - ments." are written below it.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
LChrist, have mercy.
Lord, have mery.

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

SECOND VESPERS

OPENING VERSE

see p. 9

HYMN

“BEFORE THE LORD’s COMING”



1. Be - fore the Lord's com - ing, in days long a - go,
2. We_ wan-dered all_ lone - ly, in_ fear and in_ dread,
3. Then out of the_ dark-ness in_ won - der we heard



When earth was in dark-ness and bur-dened with woe. The gar-den
With tears for our pil-low and stones for our bread. In_ sor-row
The com-fort-ing prom-ise of God's ho - ly word: The seed of



for - ev - er lay_ closed to our sight; An_ an - gel stood
we_ wept as we_ thought of the day The ser-pent be -
the_ wom-an shall tri-umph at last, Your chil-dren shall

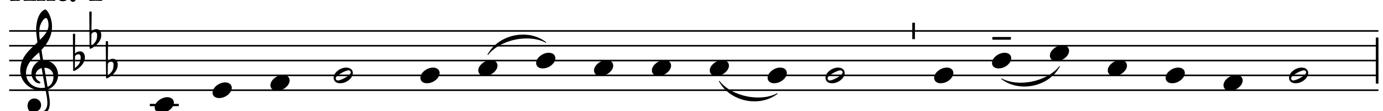


guard both by_ day and by night.
- guiled us and let us a - stray.
dwell in the_ light ev - er blest. A - men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #SAN Dec. 8 IC 1.

PSALMODY

Ant. 1



His ho - ly moun-tain ri - ses in beau - ty, the joy_ of all the earth.



Mount Zi - on, the Great King's ci - ty.

Ps. 47 (48)
The invincible city of God

The Lord is great and worthy to be praised
in the city of our God.

His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.

They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,

By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,

In the city of the Lord of hosts
which God upholds for ever.

O God, we ponder your love
within your temple.

Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;

The people of Judah rejoice
at the sight of your judgments.

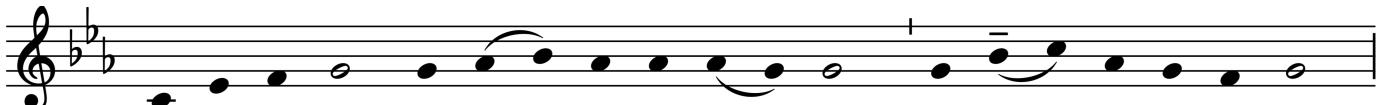
Walk through Zion, walk all round it;
count the number of its towers.

Review all its ramparts,
examine its castles,

That you may tell the next generation
that such is our God,

Our God for ever and always.
It is he who leads us.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



His ho - ly moun-tain ri - ses in beau - ty, the joy - of all the earth.



Mount Zi - on, the Great King's ci - ty.

Ant. 2



Of you are told glo - riou - sthings, O ci - ty of God! — The Lord has laid



your foun - da - tions on the ho - ly moun - tains.

Ps. 86 (87)
God's city, mother of all nations

On the holy mountain is his city
cherished by the Lord.

The Lord prefers the gates of Zion
to all Jacob's dwellings.

Of you are told glorious things,
O city of God!

‘Babylon and Egypt I will count
among those who know me;

Philistia, Tyre, Ethiopia,
these will be her children

And Zion shall be called “Mother”
for all shall be her children.’

It is he, the Lord Most High,
who gives each his place.

In his register of peoples he writes:
‘These are her children’

And while they dance they will sing:
‘In you all find their home.’

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Of you are told glo-riousthings, O ci - ty of God! The Lord haslaid
your foun-da - tions on the ho - ly moun-tains.

Ant. 3

I will make you en - e-mies, you and the wo-man, your off-spring and hers...

Rev. 11, 17-18; 12, 10b-12a

We praise you, the Lord God Almighty,
who is and who was.

You have assumed your great power,
you have begun your reign.

The nations have raged in anger,
but then came your day of wrath

and the moment to judge the dead:
the time to reward your servants the prophets

and the holy ones who revere you,
the great and the small alike.

Now have salvation and power come,
the reign of our God and the authority of his Anointed One.

For the accuser of our brothers is cast out,
who night and day accused them before God.

They defeated him by the blood of the Lamb +
and by the word of their testimony;
love for life did not deter them from death.

So rejoice, you heavens,
and you that dwell therein!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.



You are the highest honor of our race.

The cantor intones each of the following verses to which the community responds as indicated.

Blessed are you, daughter, by the Most High God
above all the wom-/en on earth;

Repeat Refrain

And blessed be the Lord God
The creator of heav-/en and earth.

Repeat Refrain

Your deed of hope will never be forgotten
By those who tell of the /might of God.

Repeat Refrain

MAGNIFICAT

Cant. of Mary

On this day therewent forth a branch from the root of Jes - se.
On this day was Ma - ry con-ceived with-out an-y stain of sin.
On this day was the head of the an-cient ser-pent crushed by her,
al - le - lu ia.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,

the promise he made to our fathers,
to Abraham and his children for ever.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

INTERCESSIONS

May the Vir-gin Ma - ry in-ter-ce-de for us.

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

DECEMBER 25

NATIVITY OF THE LORD

FIRST & SECOND VESPERS

OPENING VERSE

see p. 9

OFFERING OF INCENSE*

*see p. 10 * [for First Vespers only]*

HYMN

“A GREAT AND MIGHTY WONDER”

The musical score consists of four staves of music in common time, treble clef, and G major. The lyrics are integrated with the music, with each line of text aligned under its corresponding musical measure.

1. A great and might - y won - der,
2. The Word be - comes in - car - nate
3. The an - gels sing the sto - ry:
4. Christ comes to save all na - tions:

Re - demp - tion draw - ing near;
And yet re - mains on high;
Re - joice, O dis - tant lands;
Let all now hear his word;

The Vir - gin bears the in - fant
On earth is heard the an - them
Let val - leys, for - ests, moun - tains
Ap - proach and bring him wor - ship

The Prince of Peace is here.
As glo - ry fills the sky.
And o - ceans clap their hands.
The Sav - ior and the Lord.

Text: John M. Neale, altered © Panel of Monastic Musicians. Mount Saint Bernard Abbey, Coalville, Leicester LE67 5UL.
Chant: Rosa Mystica, Alan Rees, OSB © 1995, Belmont Abbey Trustees, Hereford HR2 9RZ.

PSALMODY

Ant. 1

You have been endow'd from your birth with prince-ly gifts; in e-ter-nal splen-dor,
be-fore the dawn of light on earth, I have be - got - ten you.

Ps. 109 (110)

The Messiah, king, priest and judge

The Lord's revelation to my Master:
'Sit on my right:
your foes I will put beneath your feet.'

The Lord will wield from Zion
your scepter of power:
rule in the midst of all your foes.

A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.
'You are a priest for ever,
a priest like Melchizedek of old.'

The Master standing at your right hand
[]
will shatter kings in the day of his wrath.

He, the Judge of the nations,
will heap high the bodies;
heads shall be shattered far and wide.

He shall drink from the stream by the wayside
[]
and therefore he shall lift up his head.

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.

Repeat Antiphon

Ant. 2

The Word be-came flesh, * he lived a-mong us, and we saw his glo-ry,
the glo-ry that is his as the on-ly Son of the Fa-ther, full of grace and truth,
al-le-lu - ia.

Ps. 112 (113)

To the God of glory and compassion: a psalm of worship

Praise, O servants of the Lord,
praise the name of the Lord!

May the name of the Lord be blessed
both now and for evermore!

From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.

Who is like the Lord, our God,
who has risen on high to his throne

yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dungheap he raises the poor

to set him in the company of princes,
yes, with the princes of his people.

To the childless wife he gives a home
and gladdens her heart with children.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. **Amen.** *Repeat Antiphon*

Ant. 3

Be-hold the full-ness of time hascome: * God has sent his Son to earth,
born of the Vir-gin!

Phil. 2, 6-11

Though he was in the form of God,
Jesus did not deem e- / quality with God
something to be grasped at.

Rather, he emptied himself
and took the / form of a slave,
being born in the likeness of men.

He was known to be of human estate, +
and it was thus that he humbled himself,
obediently ac- / cepting even death,
death on a cross!

Because of this, +
God highly exalted him
and bestowed on / him the name
above every other name,

So that at Jesus' name
every / knee must bend
in the heavens, on the earth,

and under the earth, +
and every tongue proclaim
to the glory of / God the Father:
JESUS CHRIST IS LORD!

Give praise to the Father, the Son, and the **Holy Spirit**
both / now and for ever
for ages unending. **Amen.**

Repeat Antiphon

READING / SILENCE

RESPONSORY FOR FIRST VESPERS

Resp. Vsp. I

O Ju - dah and Je-ru-sa-lem, do not be a-fraid! * To-mor-row
you will go forth, and the Lord will be with you.
Cantor(s):
Take cour-age, you will see help com-ing to you from the Lord. Tomorrow..

RESPONSORY FOR SECOND VESPERS

Resp. Vsp. II

The Word be-came flesh, * al-le lu ia, al-le lu ia.
Cantor(s):
He lived a - mong us. Alleluia....

MAGNIFICAT

Cant. of Mary

On this day Christ is born! On this day the Savior has ap-peared!
On this day the an-gels sing up-on the earth, and arch-an-gels cry out with joy!
On this day the just exult and sing: Glory to God
in the high - est! Al-le lu ia!

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.

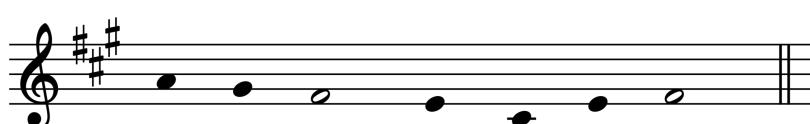
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,

the promise he made to our fathers,
to Abraham and his children for ever.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

INTERCESSIONS



May your birth bring peace to all.

COMMEMORATION OF MARY

see p. 294

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

CHRISTMAS VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPOH / PSALM

Inv. Ant.

Un-to us a Child is born, un-to us a Son is giv-en. E - ter-nal is his sway!



Ps. 94 (95)

Call to praise and worship: a processional hymn

Come, ring out our joy to the Lord;
Hail the rock who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his.

To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us

for he is our God +
and we the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice! +
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert

when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these **people** +
and I said: “Their hearts **are astray**,
these people do not **know my ways**.”

Then I took an oath **in my anger**:
“Never shall they **enter** my **rest**.” ’

Praise the Father, the Son, and the **Holy Spirit**
for ever and ever. **Amen.**

Repeat Antiphon

After the invitatory antiphon and psalm, the whole community gathers around the sanctuary of the church. They remain standing while the Christmas proclamation is sung by a cantor. After the proclamation, the cantor joins the entire community for the full prostration. Subsequently, the Abbot (or the Superior) gives the signal, and everyone rises and returns to their choir stalls.

Then, the Rite of Blessing of the Crib follows.

CHRISTMAS PROCLAMATION (KALENDAS)

The Nativity of our Lord Jesus Christ

The Twenty-fifth Day of December,
when ages beyond number had run their course
from the creation of the world,
when God in the beginning created heaven and earth,
and formed man in his own likeness;
when century upon century had passed
since the Almighty set his bow in the clouds after the Great Flood,
as a sign of covenant and peace;
in the twenty-first century since Abraham, our father in faith,
came out of Ur of the Chaldees;
in the thirteenth century since the People of Israel were led by Moses
in the Exodus from Egypt;
around the thousandth year since David was anointed King;
in the sixty-fifth week of the prophecy of Daniel;
in the one hundred and ninety-fourth Olympiad;
in the year seven hundred and fifty-two
since the foundation of the City of Rome;
in the forty-second year of the reign of Caesar Octavian Augustus,
the whole world being at peace,

JESUS CHRIST, eternal God and Son of the eternal Father,
desiring to consecrate the world by his most loving presence,
was conceived by the Holy Spirit,
and when nine months had passed since his conception,
was born of the Virgin Mary in Bethlehem of Judah,
and was made man:

The Nativity of Our Lord Jesus Christ according to the flesh.

The tone for Kalendas can be found on p. 300.

When everyone is back to their place, the Abbot goes to the lectern to begin the Rite of Blessing of the Crib. The following prayers are, then, said or sung.

Afterwards, the Master of Ceremony (MC) together with two acolytes, each bringing a candle, proceed toward the direction of the Abbot. The MC, who carries with him the aspergillum, leads them for the procession toward the crib.

In accordance with the long-standing tradition of the community, the youngest member joins the procession and carries the baby Jesus.

Then, the Abbot sprinkles the crib with holy water.

During the procession, a hymn is sung by the community.

After the processional hymn, when the Abbot and all the ministers are back to their stalls, the vigils continues in the usual manner.

RITE OF BLESSING OF THE CRIB

Abbot: Our help is in the name of the Lord.

All: Who made heaven and earth.

Abbot: The Word was made flesh, alleluia.

All: And dwelt among us, alleluia.

Abbot: O Lord, hear my prayer.

All: And let my cry come unto you.

PRAYER

Abbot: Heavenly Father, you did not abandon us to our sins but sent your Son to be our Redeemer. The birth of your only begotten Son shows your great love and compassion toward us. His birth which we celebrate today was foretold by the prophets. He was born of the Virgin Mary and protected by Saint Joseph with kindness and love. Grant we pray to bless + this crib which we have prepared in honor of the virgin birth in the flesh of your Son, Our Lord Jesus Christ so that all who devoutly see in this image the mystery of his Incarnation may be filled with the light of his glory, who lives and reigns for ever and ever.

All: Amen.

HYMN FOR THE PROCESSION TO THE CRIB - CYCLE A

"NOËL, NOËL, NOËL"

Musical notation for the first stanza, featuring a treble clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

1. Now signs____ of____ mourn - ing____ dis - - ap - pear,
 2. The si - lence of the night pro - found
 3. So while the shep - herds' feet____ are led
 4. What man - ner of a____ sight____ is this

Musical notation for the second stanza, featuring a treble clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

God from____ on high____ doth deign____ to hear;
 Is bro - ken by____ a heav'n - ly sound;
 With in____ the Sav - ior's low - ly shed,
 That o - pens on____ us for____ our bliss

Musical notation for the third stanza, featuring a treble clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

Comes through the____ gates of____ heav - en wide
 The an - gel____ host to____ mor - tal ear
 We, too,____ will____ con - tem - plate____ the sight,
 Poor swad - dling clothes, the____ crib,____ the straw,

Musical notation for the fourth stanza, featuring a treble clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

The prom - ised peace____ to man____ sup - plied.
 An - nounc - ing that____ the Lord____ is near.
 The won - der that____ is brought to light.
 Moth - er____ and Child____ so poor____ they saw?

Refrain:

Musical notation for the Refrain, featuring a treble clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

S: No - ël,____ No - ël,____ No - ël,____
 A: No - ël,____ No - ël,____ No - ël,____

Musical notation for the continuation of the Refrain, featuring a bass clef, a key signature of two sharps, and a common time signature. The melody consists of eighth and sixteenth notes.

T: No - ël,____ No - ël,____ No - ël,____
 B: No - ël,____ No - - ël,____ No - ël,____

Born is the King— of Is — ra — el.
(Born is) the King of Is — ra — el.
(Born is) the King— of Is — ra — el.
Born is the King of Is — ra — el.

Based on "Jam Désinant Suspíria" SATB version by Peter Lejeune.

Arrangement by: Jeffrey Ostrowski.

English translation (from Latin) by: Alfred Thomas Braye (d. 1928).

Scoresheet source: St. Jean de Brebeuf Hymnal (2021) #252.

HYMN FOR THE PROCESSION TO THE CRIB - CYCLE B

"O HOLY NIGHT"

C F C

1. O ho - ly night! the stars are bright - ly shin - ing, It is the
2. Led by the light of faith se - rene - ly beam - ing With glow - ing
3. Tru - ly He taught us to love one an - oth - er; His law is

C/G G7 C F

night of the dear Sav - ior's birth; Long lay the world in sin and er - ror
hearts by His cra - dle we stand; So led by light of a star sweet - ly
love and His gos - pel is peace; Chain shall He break, for the slave is our

C Am6 Em/B B7 Em G7

pin - ing, Till He ap - peared and the soul felt its worth. A thrill of hope the
gleam - ing, Here came the wise men from O - ri - ent land. The King of kings lay
e - qual, And in His name all op - pression shall cease. Sweet hymns of joy in

C G7 C

wea - ry world re - joic - es, For yon - der breaks a new and glo - rious morn;
thus in low - ly man - ger, In all our tri - als born to be our friend;
grate - ful cho - rus raise we, Let all with - in us praise His ho - ly name;

Am Em Dm Am
 Fall on your knees, Oh hear the an - gel voic - es! O
 He knowsour need, He guar - deth us from dan - ger! Be -
 Christ is the Lord, Oh praise Hisname for ev - er! His
2nd, jump to #2
(seconda volta)

C/G G7 C/E F C/G G7 C
 night di - vine, O night when Christ was born! O
 -hold your King, Be - fore him low - ly bend! Be -
 pow'r and glo - ry, ev - er - more pro - claim! His

1.

The musical score consists of a single treble clef staff. The chords indicated above the staff are G, G7, C, F, C/G, G7, and C. The lyrics below the staff are:

night,____ O ho - ly night, O night di - vine!
-hold____ your King, be - fore Him low - ly bend!
pow'r____ and glo - ry ev - er - more pro-claim!

2.

night, O ho - ly night, O night di - vine!
 hold your King, be - fore Him low - ly bend!
 pow'r and glo - ry ev - er - more pro - claim!

Music by: Adolphe Adam.

Music by: Adolphe Adam.
Text by: Placide Cappeau, 1847.

Text by Frédéric Sappeau, 1811.
Original title: Cantique de Noel.

Original title: *Cantique de Noël*.
Translated from French by: John Sullivan Dwight, 1855.

For liturgical year Cycle C, the processional hymn is at the back page.

HYMN FOR THE PROCESSION TO THE CRIB - CYCLE C

"ANGELS WE HAVE HEARD ON HIGH"

F Am Gm F C F C7 F

1. An - gels we have heard onhigh Sweet - ly sing-ing o'er theplains,
2. Shep-herds, why this ju - bi-lee? Why your joy-ous strains pro-long?
3. Come to Beth-le - hem and see Himwhosebirththe an - gels sing;
4. See him in a man-gerlaid Whom the an-gels praise a - bove;

F Am C F C F C7 F

And the moun-tains in re-ply E - cho-ing their joy - ousstrains.
Say what may the tid - ings be Which in-spireyour heav'n - ly song.
Come, a - dore on bend - ed knee Christ, the Lord, the new-bornKing.
Ma - ry, Jo - seph, lend youraid, While we raise our hearts in love.

Refrain:

F Gm B \flat /F F Am Gm C F B \flat

Glo - - - - - ri-a in ex-cel-sis

F C7 F Gm B \flat /F F Am Gm C

De - o! Glo - - - - - ri-a

F B \flat F C7 F

in ex-cel-sis De - - o!

Text: 77 77 with refrain; Trad. French Carol, ca. 18th cent., Tr. from Crown of Jesus Music, II, London, 1862.
Music: Trad. French Carol.

NOCTURN I

Noc. 1 Ant. 1



The Lord said to me, "You are my Son; this day I have begotten you."



Ps. 2

The Messianic kingship: warning to rulers and nations

Why this tumult among nations,
among peoples this useless murmuring?

They arise, the kings of the earth,
princes plot against the Lord and his Anointed.

'Come, let us break their fetters,
come, let us cast off their yoke.'

He who sits in the heavens laughs;
the Lord is laughing them to scorn.

Then he will speak in his anger,
his rage will strike them with terror.

'It is I who have set up my king
on Zion, my holy mountain.'

I will announce the decree of the Lord: +
The Lord said to me: 'You are my Son.
It is I who have begotten you this day.

Ask and I shall bequeath you the nations,
put the ends of the earth in your possession.

With a rod of iron you will break them,
shatter them like a potter's jar.'

Now, O kings, understand,
take warning, rulers of the earth;

serve the Lord with awe
and trembling, pay him your homage

lest he be angry and you perish;
for suddenly his anger will blaze.

Blessed are they who put their trust in God. [repeat 2nd measure]

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



The Lord said to me, "You are my Son; thisday I have be-got-ten you."

Ps. 18 (19)
Praise of God, creator and law-giver

Recited by a monk

The heavens proclaim the glory of God
and the firmament shows forth the work of his hands.

Day unto day takes up the story
and night unto night makes known the message.

No speech, no word, no voice is heard
yet their span extends through all the earth,
their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from his tent,
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course.
There is nothing concealed from its burning heat.

The law of the Lord is perfect,
it revives the soul.

The rule of the Lord is to be trusted,
it gives wisdom to the simple.

The precepts of the Lord are right,
they gladden the heart.

The command of the Lord is clear,
it gives light to the eyes.

The fear of the Lord is holy,
abiding for ever.

The decrees of the Lord are truth
and all of them just.

They are more to be desired than gold,
than the purest of gold

and sweeter are they than honey,
than honey from the comb.

So in them your servant finds instruction;
great reward is in their keeping.

But who can detect all his errors?
From hidden faults acquit me.

From presumption restrain your servant
and let it not rule me.

Then shall I be blameless,
clean from grave sin.

May the spoken words of my mouth,
the thoughts of my heart,

win favor in your sight, O Lord,
my rescuer, my rock!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

Profound peace shall bloom in the days of the Lord;— He shall rule
for e - ver!—

Ps. 47 (48)
The invincible city of God

The Lord is great and worthy to be praised
in the city of our God.

His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.

They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,

By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,

In the city of the Lord of hosts
which God upholds for ever.

O God, we ponder your love
within your temple.

Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;

The people of Judah rejoice
at the sight of your judgments.

Walk through Zion, walk all round it;
count the number of its towers.

Review all its ramparts,
examine its castles,

That you may tell the next generation
that such is our God,

Our God for ever and always.
It is he who leads us.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Profound peace shall bloom in the days of the Lord;— Heshallrule
for e - ver!—

The musical notation consists of two staves of music. The first staff begins with a treble clef, followed by a dotted half note, a solid half note, an open circle (whole note), a dotted half note with a vertical stroke, an open circle, a solid half note, another open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, and a final solid half note. The second staff begins with a treble clef, followed by a dotted half note with a vertical stroke, an open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, a solid half note, another open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, and a final solid half note.

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

The Word was made flesh, and dwelt a - mong us.—

The musical notation consists of two staves of music. The first staff begins with a treble clef, followed by a dotted half note, a solid half note, an open circle, a dotted half note with a vertical stroke, an open circle, a solid half note, another open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, and a final solid half note. The second staff begins with a treble clef, followed by a dotted half note with a vertical stroke, an open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, a solid half note, another open circle, a solid half note, a dotted half note with a vertical stroke, an open circle, and a final solid half note.

Ps. 96 (97) Earth rejoices in its king

The Lord is king, let earth rejoice,
let all the coastlands be glad.

Cloud and darkness are his raiment;
his throne, justice and right.

A fire prepares his path;
it burns up his foes on every side.

His lightnings light up the world,
the earth trembles at the sight.

The mountains melt like wax
before the Lord of all the earth.

The skies proclaim his justice;
all peoples see his glory.

Let those who serve idols be ashamed, +
those who boast of their worthless gods.
All you spirits, worship him.

Zion hears and is glad; +
the people of Judah rejoice
because of your judgments **Q** Lord.

For you indeed are the Lord +
most high above all the earth
exalted far above all spirits.

The Lord loves those who hate evil: +
he guards the souls of his saints;
he sets them free from the wicked.

Light shines forth for the just
and joy for the upright of heart.

Rejoice, you just, in the Lord;
give glory to his holy name.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The Word was made flesh, and dwelt among us.

Ps. 97 (98)
Orchestra of praise to God, king of the world

Recited by a monk

Sing a new song to the Lord
for he has worked wonders.

His right hand and his holy arm
have brought salvation.

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord all the earth,
ring out your joy.

Sing psalms to the Lord with the harp
with the sound of music.
With trumpets and the sound of the horn
acclaim the King, the Lord.

Let the sea and all within it, thunder;
the world, and all its peoples.
Let the rivers clap their hands
and the hills ring out their joy

at the presence of the Lord: for he comes,
he comes to rule the earth.
He will rule the world with justice
and the peoples with fairness.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

Cry out with joy to the Lord. Give thanks to him; bless his name.

Ps. 99 (100)
Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
CServe the Lord with gladness.
Come before him, singing for joy.

Know that he, the Lord, is **God**.
He made us, we **belong** to **him**,
we are his people, the **sheep** of his **flock**.

Go within his gates, giving **thanks**.
Enter his courts with **songs of praise**.
Give thanks to him and **bless** his **name**.

Indeed, how good is the **Lord**,
eternal his **merciful** love.
He is faithful from **age** to **age**.

Give praise to the Father, the Son, and the Holy **Spirit**
both **now** and for **ever**
for ages unending. **Amen**.

Cry out with joy to the Lord. Give thanks to him; bless his name.

READING / SILENCE

NOCTURN III

Noc. 3 Resp.

To-day true peace descends upon us from heaven.

To-day, through-out the whole world, the heavens flow with the sweet fragrance of hon-ey.

Cantor(s):

To - day dawns for us the day of new re-demp-tion,
of an- cien tress-to-ra-tion, and of e - ter - nal joy. Today true peace....

Cantor(s):

Glo - ry be to the Father, and to the Son, and to the Ho - ly Spi - rit.

As it was in the beginning, is now, and ev - er shall be, world with-out end.

A - men. Today true peace....

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Christ is born_ for us; come, let us a - dore him.

Ps. 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saying help.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice.

Repeat Antiphon

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you.

Repeat Antiphon

The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Musical notation for the hymn "Christ is born for us". The music is in G major, common time. The melody consists of quarter and eighth notes. The lyrics are: Christ is born for us; come, let us a - dore him.

HYMN

"UNTO US A CHILD IS GIVEN"

Musical notation for the hymn "Unto Us a Child is Given". The music is in G major, common time. The melody consists of quarter and eighth notes. The lyrics are:

1. Un - to	us	a	child	is	giv	-	en,
2. Born of	Ma - ry,	gen -	tle	vir -	gin,		
3. Love and	truth	in	him	shall	flow -	er,	
4. Praise the	ev - er -	last -	ing	Fa -	ther		

Musical notation for the continuation of the hymn "Unto Us a Child is Given". The music is in G major, common time. The melody consists of quarter and eighth notes. The lyrics are:

Christ	our	Sav - ior	brings	re -	lease;
By	the	Spi - rit	of	the	Lord;
From	his	strength	their	vig - or	take.
And	the	Word,	his	on - ly	Son;

The image shows musical notation for a hymn tune. The top half contains four staves of music in G clef, with lyrics in English. The lyrics are:
Coun - se - lor, e - ter - nal Fa - ther,
From e - ter - nal a - ges spo - ken;
Branch-es that we bear shall blos - som;
Praise them with the Ho - ly Spi - rit,
The bottom half shows the continuation of the musical staff, starting with a single note on the first staff and continuing onto the second staff.

Text: © Stanbrook Abbey, Callow End, Worcester WR2 4TD.

Chant: Unto Us a Child, Lawrence Bevenot: © Ampleforth Abbey Trust, York Y06 EN.

PSALMODY

Ant. 1

Tell us, shep-herds, what have you seen? Who has ap-peared on earth?

We have seen a new-born infant and a choir of angels

prais-ing the Lord, al-le-lu-ia, al - le-lu - ia.

Ps. 92 (93)

Praise of God, king of the world

The Lord is king, with majesty enrobed;
the Lord has robed himself with might,
he has girded himself with power.

The world you made firm, not to be moved;
your throne has stood firm from of old.
From all eternity, O Lord, you are.

The waters have lifted **up**, O **Lord**,
the waters have lifted up **their** voice,
the waters have lifted **up** their **thunder**.

Greater than the roar of **mighty** waters,
more glorious than the surgings of **the** sea,
the Lord is **glorious** on **high**.

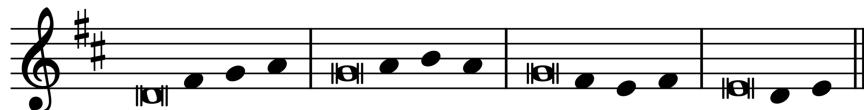
Truly your decrees are **to** be **trusted**.
Holiness is fitting to **your** house,
O Lord, until the **end** of **time**.

Give praise to the Father, the Son, and the **Holy** Spirit
both now and **for** ever
for ages unending. **Amen**.

Tell us, shep-herds, what have you seen? Who has ap-peared on earth?
We have seen a new-born infant and a choir of angels
prais-ing the Lord, al-le-lu-ia, al - le-lu - ia.

Ant. 2

A child has been born for us to-day, and he shall be called the Prince of Peace.



Isa. 9, 2-7

The people who **walked** in **darkness**
Have seen **a** great **light**;
Light has **dawned** upon them,
Dwellers in a land as dark **as** death.

You have **increased** their **joy**
And given **them** great **gladness**;

They rejoice in your **presence**
As men rejoice at harvest.

For you have **shattered** the yoke,
The yoke that burdened them,
The bar across their shoulders,
The rod of their oppressor.

All the boots of trampling **soldiers**,
All the garments soaked in blood
Shall become a burning mass,
Fuel for the fire.

For a child has been born for us,
A son given to us
To bear the symbol of **dominion**
Upon his shoulder.

And he shall be called wonderful in purpose,
God-like in battle,
Father for all time,
And prince of peace.

And great shall be the **dominion**
and boundless the peace
Bestowed on David's **throne**
And on his kingdom,

To establish it and sustain it
With justice and righteousness
From now and for evermore.
The seal of the Lord of hosts shall do this.

Give praise to the Father **Almighty**,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



A child has been born for us to-day, and he shall be called the Prince of Peace.

Ant. 3

Thean - gel said to the shep-herd: I pro-claim to you a great joy; to-day -
the Sav - ior of the world is born for you, al - le - lu - ia.

Ps. 150

Final summons to praise

Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

O praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

O praise him with resounding cymbals,
praise him with clashing of cymbals.
Let everything that lives and that breathes
give praise to the Lord.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.

The Lord has made known, * al - le - lu - ia, al - le - lu - ia.

Cantor(s):

His sav - ing pow - er. Alleluia....

BENEDICTUS

Cant. of Zechariah

Glo-ry to God_ in thehigh-est, and peace to hispeo-pleonearth, al-le-lu - ia.

Blest are you, Lord, the God of Israel,
you have come to your people and set them free.
You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,
to show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
to set us free from the hands of our enemies,
free to worship you without fear,
holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way
to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Repeat Antiphon

INTERCESSIONS

COMMEMORATION OF MARY

see p. 294

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

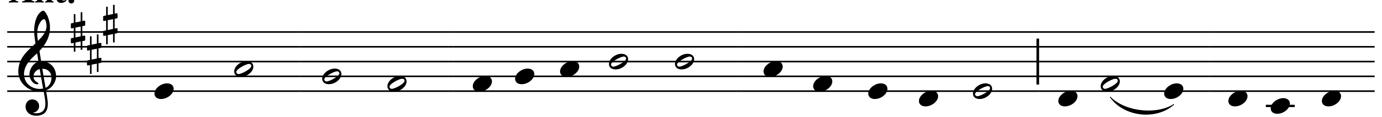
see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

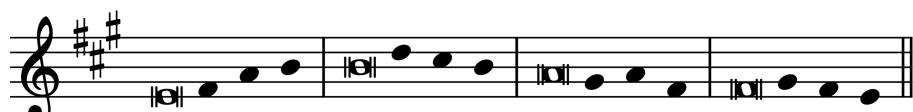
Ant.



The Word was God in the begin-ning and before all time; to-day he is born



to us, the Savior of the world.



Ps. 121 (122)
Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
L'Let us go to God's house.'
And now our feet are standing
within your gates, **O** Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
'Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!'

For love of my brethren and friends
I say: 'Peace upon you!'
For love of the house of the Lord
I will ask for your good.

Ps. 122 (123)
Cry for help: a pilgrimage song

To you have I lifted up my eyes,
you who dwell in the heavens:
my eyes, like the eyes of slaves
on the hand of their lords.

Like the eyes of a servant
on the hand of her mistress,
so our eyes are on the Lord our God
till he show us his mercy.

Have mercy on us, Lord, have mercy.
We are filled with contempt.
Indeed all too full is our soul
with the scorn of the rich, / with the proud man's disdain.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

SEXT

OPENING VERSE

see p. 9

HYMN

see p. 286

PSALMODY

Ant.

The King of peace has shown him-self in glo - ry; all the peo-ples de-sire
to meet him.

Ps. 118 (119)

Love of God's law: an alphabetical psalm

*AYIN (XVI)

I have done what is right and just:
let me not be oppressed.
Vouch for the welfare of your servant
lest the proud oppress me.

My eyes yearn for your saving help
and the promise of your justice.
Treat your servant with love
and teach me your statutes.

I am your servant, give me knowledge;
then I shall know your will.
It is time for the Lord to act
for your law has been broken.

That is why I love your commands
more than finest gold,
why I rule my life by your precepts:
and hate false ways.

*PE (XVII)

Your will is wonderful indeed;
therefore I obey it.

The unfolding of your word gives light
and teaches the simple.

I open my mouth and I sigh
as I yearn for your commands.
Turn and show me your mercy;
show justice to your friends.

Let my steps be guided by your promise;
let no evil rule me.
Redeem me from man's oppression
and I will keep your precepts.

Let your face shine on your servant
and teach me your decrees.
Tears stream from my eyes
because your law is disobeyed.

*SADE (XVIII)
Lord, you are just indeed;
your decrees are right.
You have imposed your will with justice
and with absolute truth.

I am carried away by anger
for my foes forget your word.
Your promise is tried in the fire,
the delight of your servant.

Although I am weak and despised
I remember your precepts.
Your justice is eternal justice
and your law is truth.

Though anguish and distress have seized me,
I delight in your commands.
The justice of your will is eternal:
if you teach me, I shall live.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

COMMEMORATION OF MARY

see p. 286

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 287

PSALMODY

Ant.

The musical notation consists of three staves of music in G major, common time, with a treble clef. The first staff begins with a dotted half note followed by eighth notes. The lyrics "The Word of God born of the Father before time began, humbled himself" are written below the staff. The second staff begins with a dotted half note followed by eighth notes. The lyrics "to-day for us and became man." are written below the staff. The third staff begins with a dotted half note followed by eighth notes.

Ps. 125 (126)

Song of the returned exiles: a pilgrimage song

When the Lord delivered Zion from bondage,
It seemed like a dream.
Then was our mouth filled with laughter,
on our lips there were songs.

The heathens themselves said: ‘What marvels
the Lord worked for them!’
What marvels the Lord worked for us!
Indeed we were glad.

Deliver us, O Lord, from our bondage
as streams in dry land.
Those who are sowing in tears
will sing when they reap.

They go out, they go out, full of tears,
carrying seed for the sowing:
they come back, they come back, full of song,
carrying their sheaves.

Ps. 126 (127)
Success depends on God’s blessing: a pilgrimage song

If the Lord does not build the house,
in vain do its builders labor;
if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,
you who toil for the bread you eat:
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.
Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the man
who has filled his quiver with these arrows!
He will have no cause for shame
when he disputes with his foes in the gateways.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 287

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

JANUARY 1
HOLY MARY, MOTHER OF GOD

FIRST VESPERS

OPENING VERSE

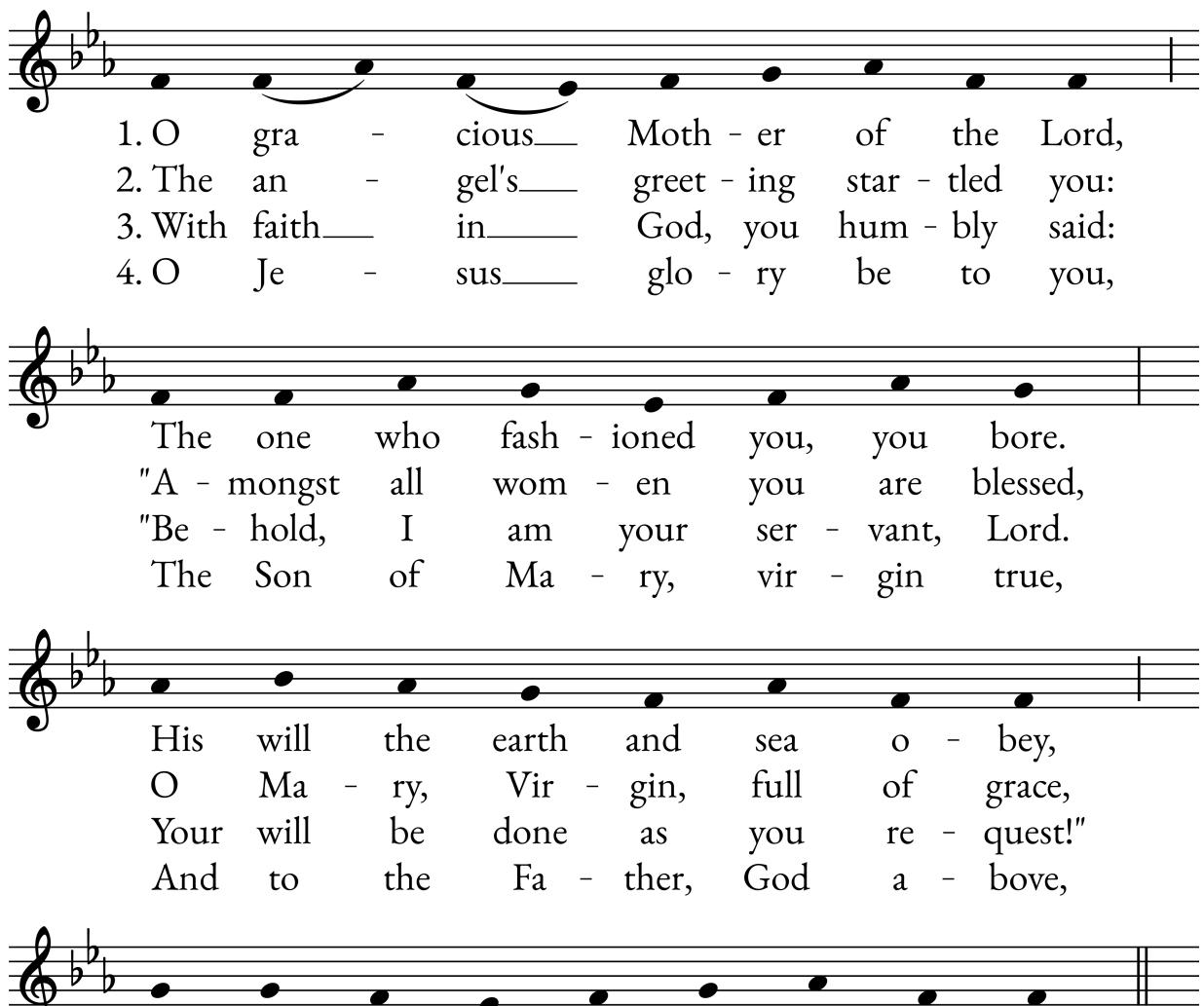
see p. 9

OFFERING OF INCENSE

see p. 10

HYMN

“O GRACIOUS MOTHER OF THE LORD”



1. O gra - cious Moth - er of the Lord,
2. The an - gel's greet - ing star - tled you:
3. With faith in God, you hum - bly said:
4. O Je - sus glo - ry be to you,

The one who fash - ioned you, you bore.
"A - mongst all wom - en you are blessed,
"Be - hold, I am your ser - vant, Lord.
The Son of Ma - ry, vir - gin true,

His will the earth and sea o - bey,
O Ma - ry, Vir - gin, full of grace,
Your will be done as you re - quest!"
And to the Fa - ther, God a - bove,

Pro - claim his glo - ry, him a - dore.
The Spi - rit will up - on you rest."
A short re - ply, but rich re - ward.
To Ho - ly Spi - rit, God of love.

Text: Benedictine Daily Prayer, A Short Breviary.

Chant: Cistercian Hymnal.

PSALMODY

Ant. 1

O won - drous ex-change! * the Cre - a - tor of man,
having as-sumed a liv-ing bo - dy, deigned to be born of a vir - gin,
and hav-ing be-come man with-out man'said, en-riched us with his di-vin-i - ty.

Ps. 112 (113)

To the God of glory and compassion: a psalm of worship

Praise, O servants of the Lord,
praise the name of the Lord!

May the name of the Lord be blessed
both now and for evermore!

From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.

Who is like the Lord, our God,
who has risen on high to his throne

yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from the dungheap he raises the poor

to set him in the company of princes,
yes, with the princes of his people.

To the childless wife he gives **a** home
and gladdens her heart **with** children.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

Repeat Antiphon

Ant. 2

When you were born in - ef - fa - bly of the vir - gin, * thescrip - tures
were ful-filled: "As dew up-on thefleece, youcame down to save man-kind."
We praise_ you, our_ God._

Ps 147 (147, 12-20)

Praise of God's personal care for Israel

O praise the Lord, **Jerusalem!**
Zion, praise your God!

He has strengthened the bars of **your** gates,
he has blessed the children **within** you.

He established peace on **your** borders,
he feeds you with **finest** wheat.

He sends out his word to **the** earth
and swiftly runs his **command**.

He showers down snow white **as** wool,
he scatters hoar-frost **like** ashes.

He hurls down hailstones **like** crumbs.
The waters are frozen at **his** touch;

He sends forth his word and **it** melts them:
at the breath of his mouth the **waters** flow.

He makes his word known to Jacob,
to Israel his laws and decrees.

He has not dealt thus with other nations;
he has not taught them his decrees.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

When you were born in - ef - fa - bly of the vir - gin, * thescrip - tures
were ful-filled: "As dew up-on the fleece, you came down to save man-kind."
We praise you, our God.

Ant. 3

Your * bless - ed and fruit-ful vir-gin-i - ty ** is like the bush,
flam-ing yet un-burned, which Mo-sessaw on Si - nai. Pray [] for us,
Moth - er of God.

Eph. 1, 3-10

Praised be the God and Father
of our Lord Jesus Christ,

who bestowed on us in Christ
every spiritual blessing in the heavens.

[God chose us in him]
before the world began,
to be holy and blameless in his sight.

[He predestined us]
to be his adopted sons through Jesus Christ,
such was his will and pleasure,

that all might praise the glorious favor
he has bestowed on us in his beloved.

[In him and through his blood,]
we have been redeemed,
and our sins forgiven,

so immeasurably generous
is God's favor to us.

God has given us the wisdom
to understand fully the mystery,

the plan he was pleased
to decree in Christ.

A plan to be carried out in Christ,
in the fullness of time,

to bring all things into one in him,
in the heavens and on the earth.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

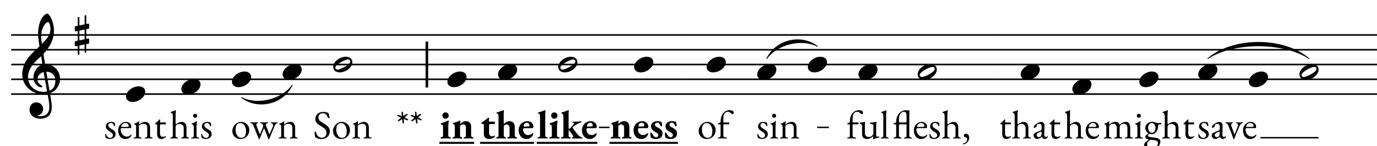
READING / SILENCE

RESPONSORY

Resp.



Because of the ve-ry great love with which he loved us. * God the Fa-ther



sent his own Son ** in the like-ness of sin - ful flesh, that he might save —

Cantor(s):

all men. Be-hold now has come the full-ness of time! God has sent forth
 his Son in-to the world, born of a vir-gin, made sub-ject to the Law.
Cantor(s):
In the like-ness.... Glo-ry be to the Fa-ther and to the Son,
 and to the Ho-ly Spi-rit. In the likeness....

MAGNIFICAT

Cant. of Mary

He who is from the earth * be-longst to the earth, and of the earth he speaks.
 He who comes from heav-en is o-ver all. And he bears wit-ness
 to that which he has seen and heard; he who re-ceives his wit-ness
 has set his seal on this that God is true.

My soul proclaims the greatness of the Lord,
 my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant,
 and from this day all generations will call me blessed.

The Almighty has done great things for me
 holy is his Name.

He has mercy on those **who** fear him
in every **generation**.

He has shown the strength of **his** arm,
he has scattered the proud in **their** conceit.

He has cast down the mighty from **their** thrones,
and has lifted **up** the **lowly**.

He has filled the hungry with **good** things,
and sent the rich away **empty-handed**.

He has come to the help of his **servant** Israel,
for he has remembered his **promise** of **mercy**,

the promise he made to **our** fathers,
to Abraham and his **children** for **ever**.

Praise the Father, the Son, and the **Holy** Spirit
for ever and **ever**. **Amen**.

Repeat Antiphon

INTERCESSIONS



May the Vir-gin Ma - ry in-ter-cede for us.

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIphon / PSALM

Inv. Ant.

Let us cel - e-brate the moth-er-hood of the Vir - gin Ma - ry; *

Let us wor-ship her Son, Christ the Lord.

Ps. 94 (95)

Call to praise and worship: a processional hymn

Come, ring out our joy to the Lord;
Chail the rock who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his.

To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us

for he is our God +
and we the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice! +
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert

when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people +
and I said: “Their hearts are astray,
these people do not know my ways.”

Then I took an oath in my anger:
“Never shall they enter my rest. ”

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

HYMN

“O BLESSED VIRGIN THRONED IN REST”

1. O bless - ed____ Vir - gin throned in rest,
2. What we____ by____ Ad - am's sin had lost
3. You are____ the____ gate through which the King
4. O Je - sus____ glo - ry be to you,

A - mong the star - ry host a - bove,
Your womb's own fruit now does re - store,
Has come to us in splen - dor bright!
The Son of Ma - ry, vir - gin true,

Who once gave nur - ture from your breast,
That we might grace a - gain re - ceive
Let all the na - tions prais - es sing
And to the Fa - ther, God a - bove,

To God, with____ pure ma - ter - nal love.
And en - try____ gain to heav - en's door.
Be - cause through you came Life and Light.
To Ho - ly____ Spi - rit, God of love.

Text: Benedictine Daily Prayer
Chant: Cistercian Hymnal

NOCTURN I

Noc. 1 Ant. 1

O gates, lift high your heads, let him en - ter the king of glo - ry,
al - le - lu ia.

Ps. 23 (24)

The ruler of the universe enters his chosen dwelling place

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?

The man with clean hands and pure heart, +
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory? +
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of **glory**? +
He, the Lord **of** armies,
he is the king **of** glory.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

Repeat Antiphon

Ps. 44 (45)
Royal wedding song

Recited by a monk

My heart overflows with noble words.
To the king I must speak the song I have made;
my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men
and graciousness is poured upon your lips:
because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh;
in splendor and state, ride on in triumph
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand.
Your arrows are sharp: peoples fall beneath you.
The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever.
A scepter of justice is the scepter of your kingdom.
Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you
with the oil of gladness above other kings:
your robes are fragrant with aloes and myrrh.

From the ivory palace you are greeted with music.
The daughters of kings are among your loved ones.
On your right stands the queen in gold of Ophir.

Listen, O daughter, give ear to my words:
forget your own people and your father's house.

So will the king desire your beauty:
He is your lord, pay homage to him.

And the people of Tyre shall come with gifts,
the richest of the people shall seek your favor.

The daughter of the king is clothed with splendor,
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions.
They are escorted amid gladness and joy;
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
you will make them princes over all the earth.

May this song make your name for ever remembered.
May the peoples praise you from age to age.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

Hail Ma - ry full of grace, the Lord is with you;

bless-ed are you a - mong wo - men, and bless-ed is the fruit of your womb.

Ps. 45 (46)

Boundless trust in God's power

God is for us a refuge and strength,
a helper close at hand, in time of distress:

So we shall not fear though the earth should rock,
though the mountains fall into the depths of the sea,

Even though its waters rage and foam,
even though the mountains be shaken by its waves.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

The waters of a river give joy to God's city,
the holy place where the Most High dwells.

God is within, it cannot be shaken;
God will help it at the dawning of the day.

Nations are in tumult, kingdoms are shaken:
he lifts his voice, the earth shrinks away.

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Come, consider the works of the Lord
the redoubtable deeds he has done on the earth.

He puts an end to wars over all the earth; +
the bow he breaks, the spear he snaps.
He burns the shields with fire.

'Be still and know that I am God,
supreme among the nations, supreme on the earth!'

The Lord of hosts is with us:
the God of Jacob is our stronghold.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

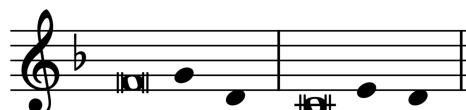
READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

Do not be a - fraid Ma - ry, for you have found fa - vor with God,

you will con-ceive and bear a son, and he shall be called the Son of the Most High.





Ps. 84 (85)
The coming age of peace and justice

O Lord, you once favored your land
and revived the fortunes of Jacob,

you forgave the guilt of your people
and covered all their sins.

You averted all your rage,
you calmed the heat of your anger.

Revive us now, God, our helper!
Put an end to your grievance against us.

Will you be angry with us for ever,
will your anger never cease?

Will you not restore again our life
that your people may rejoice in you?

Let us see, O Lord, your mercy
and give us your saving help.

I will hear what the Lord God has to say,
a voice that speaks of peace,

peace for his people and his friends
and those who turn to him in their hearts.

His help is near for those who fear him
and his glory will dwell in our land.

Mercy and faithfulness have met;
justice and peace have embraced.

Faithfulness shall spring from the earth
and justice look down from heaven.

The Lord will make **us** prosper
and our earth shall yield **its** fruit.

Justice shall march **before** him
and peace shall follow **his** steps.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

Do not be a - fraid Ma - ry, for you have found fa - vor with God,
you will con - ceive and bear a son, and he shall be called the Son of the Most High.

Ps. 86 (87)
God's city, mother of all nations

Recited by a monk

On the holy mountain is his city
cherished by the Lord.

The Lord prefers the gates of Zion
to all Jacob's dwellings.

Of you are told glorious things,
O city of God!

'Babylon and Egypt I will count
among those who know me;

Philistia, Tyre, Ethiopia,
these will be her children

And Zion shall be called "Mother"
for all shall be her children.'

It is he, the Lord Most High,
who gives each his place.

In his register of peoples he writes:
'These are her children'

And while they dance they will sing:
'In you all find their home.'

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

The Al - might - y has done great things for me: Ho-ly is _____ His Name.

Ps. 95 (96)
The universal reign of the true God

O sing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day,
Tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise,
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens,
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts,
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: ‘God is king.’
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,
let the land and all it bears rejoice,

All the trees of the wood shout for joy
at the presence of the Lord for he comes,
he comes to rule the earth.

[]

With justice he will rule the world,
he will judge the peoples with his truth.

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.

Repeat Antiphon

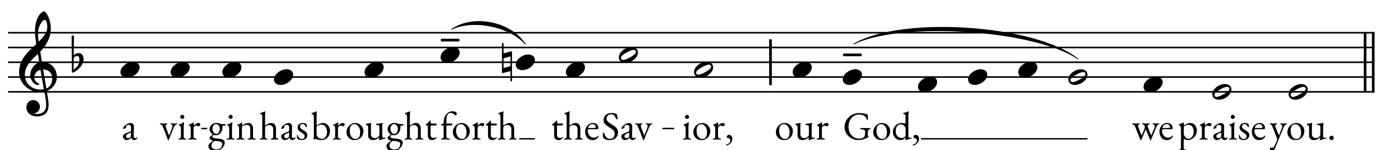
READING / SILENCE

NOCTURN III

Noc. 3 Ant.



Theroot of Jes - se has blos - somed; the star of Ja - cob has ris - en;



a vir-ginhasbroughtforth_ theSav - ior, our God, we praise you.



Isa. 9, 1-4; 40, 5. 9-11

The people who walked in darkness
Have seen a great light;
Light has dawned upon them,
Dwellers in a land as dark as death.

You have increased their joy
And given them great gladness;
They rejoice in your presence
As men rejoice at harvest.

For you have shattered the yoke,
The yoke that burdened them,
The bar across their shoulders,
The rod of their oppressor.

All the boots of trampling soldiers,
All the garments soaked in blood
Shall become a burning mass,
Fuel for the fire.

'And the glory of the Lord
shall be revealed,
And all flesh shall see it together,
for the mouth of the Lord has spoken.'

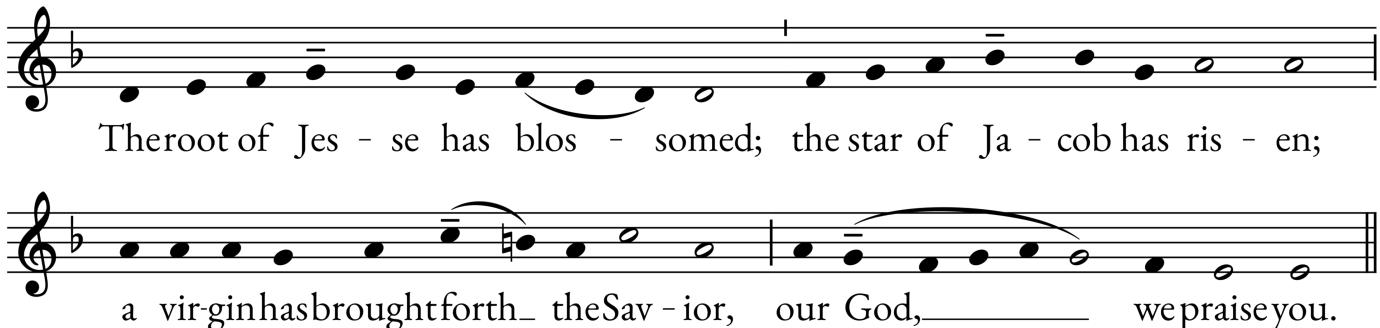
Get you up to a high mountain,
O Zion, herald of good tidings;
Lift up your voice with strength,
O Jerusalem, herald of good tidings.

Lift it up, fear not;
Say to the cities of Judah,
'Behold your God!'
Behold, the Lord God comes with might.

He comes with might and power,
And his arm rules for him;
Behold, his reward is with him,
And his recompense before him.

He will feed his flock like a shepherd,
He will gather the lambs in his arms,
He will carry them in his bosom,
And gently lead those that are with young.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

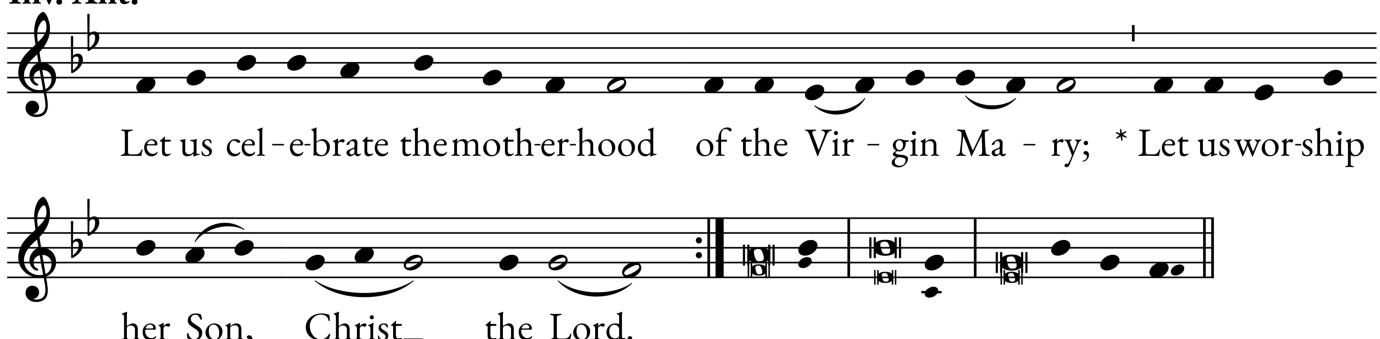
LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.



Ps. 99 (100)

Praise to God, creator and shepherd

Cry out with joy to the Lord, all the **earth**.
Serve the Lord with **gladness**.
 Come before him, **singing** for joy.

Repeat Antiphon

Know that he, the Lord, is **God**.
 He made us, we belong to **him**,
 we are his people, the sheep **of** his flock.

Repeat Antiphon

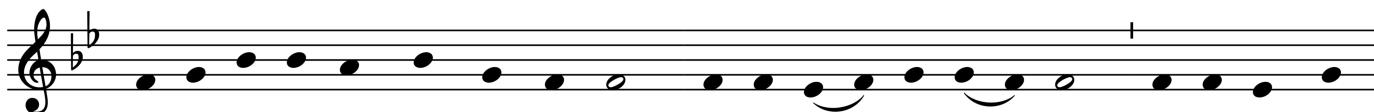
Go within his gates, giving thanks.
 Enter his courts with songs of praise.
 Give thanks to him and bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
 eternal his merciful love.
 He is faithful from age to age.

Repeat Antiphon

Give praise to the Father, the Son, and the Holy Spirit
 both now and for ever
 for ages unending. Amen.



Let us cel-e-brate the moth-er-hood of the Vir - gin Ma - ry; * Let us wor-ship



her Son, Christ the Lord.

HYMN

“ALL CREATION WAS RENEWED”



1. All cre - a - tion was re - newed
 2. By the Ho - ly Spi - rit's love
 3. Mo - ment of un - e - qualled faith
 4. Christ the ho - ly one of God,
 5. Fa - ther, Son, and Spi - rit praise



By the pow'r of God most high
 God pro - nounced his sav - ing Word,
 Here in a - ny - time or place:
 Son of Da - vid, light from light,
 For this mar - vel they have done;



When his prom - ise was ful - filled
 Then with free con - sent and trust
 Thus did God put on our flesh
 Dwells on earth, his glo - ry dimmed
 In this act of per - fect love,

Ad - am's race to just - i - fy.
Ma - ry bore cre - a - tion's Lord.
In his Vir - gin full of grace.
Till he comes a - gain with might.
Un - di - vi - ded, al - ways one.

Text: Stanbrook Abbey © Stanbrook Abbey, Callow End, Worcester WR2 4TD.

Chant: Als Christus Mit Seiner Lehr, Bohemian Brothers.

PSALMODY

Ant. 1

The shep-herdssaid to one an-oth - er, * "Let us go o-ver to Beth - le-hem
and see_ this word which has come to pass, which the Lord has made known to us,"
al - le - lu - ia.

Ps. 92 (93) Praise of God, king of the world

The Lord is king, with majesty enrobed;
the Lord has robed himself with might,
he has girded himself with power.

The world you made firm, not to be moved;
your throne has stood firm from of old.
From all eternity, O Lord, you are.

The waters have lifted up, O Lord,
the waters have lifted up their voice,
the waters have lifted up their thunder.

Greater than the roar of mighty waters,
more glorious than the surgings of the sea,
the Lord is glorious on high.

Truly your decrees are **to** be **trusted**.
Holiness is fitting to **your** house,
O Lord, until the end **of** time.

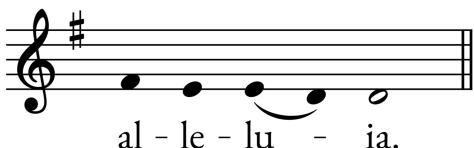
Give praise to the Father, the Son, and the **Holy** Spirit
both now and **for** ever
for ages unending. **Amen**.



The shep-herdssaid to one an-oth - er, * "Let us go o-ver to Beth - le-hem

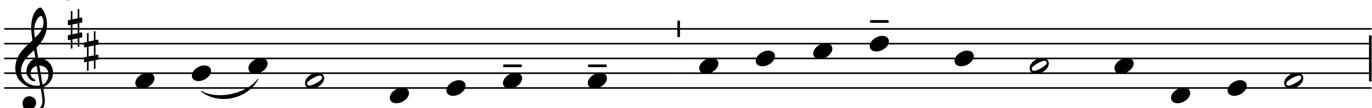


and see_ this word which has come to pass, whichthe Lordhasmade knownto us,"

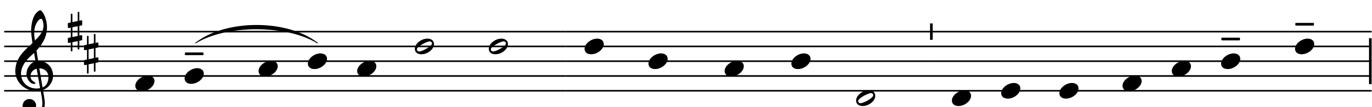


al - le - lu - ia.

Ant. 2



Be - got - ten of the Fa - ther, * be-forethe day - starshone or time be-gan,



the Lord____ andSav - ior hashum-bledhim-self to bebornfor us to - day,



al-le-lu - ia.

Jdt. 16, 1. 13-15

Strike up the **instruments**,
a song to my God **with** timbrels,
chant to the **Lord** with cymbals.

Sing to him a **new** song,
exalt him and acclaim **his** name.
A new hymn I will sing **to** my God.

O Lord, great are **you** and **glorious**,
wonderful in power and unsurpassable.
Let your every creature **serve** you.

For you spoke, and they were made,
You sent forth your spirit, and they were created;
No one can resist your word.

The mountains to their bases, and the seas, are shaken;
the rocks, like wax, melt before your glance.
But to those who fear you, / you are very merciful.

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.

Repeat Antiphon

Ant. 3

They went with haste; * and they found Ma - ry and Jo-seph and the babe -
ly-ing in a man-ger, al - le - lu ia.

Ps. 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.

So will your ways be known upon earth
and all nations learn your saving help.

Let the peoples praise you, O God;
let all the peoples praise you.

Let the nations be glad and exult
for you rule the world with justice.

With fairness you rule the peoples,
you guide the nations on earth.

Let the peoples praise you, O God;
let all the peoples praise you.

The earth has yielded **its** fruit
for God, our **God**, has **blessed** us.

May God still give us **his** blessing
till the ends of the **earth** revere him.

Let the peoples praise you, **O** God;
let all the **peoples** **praise** you.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

They went with haste; — * and they found Ma - ry and Jo-seph and the babe -
ly-ing in a man-ger, al - le - lu - ia.

READING / SILENCE

RESPONSORY

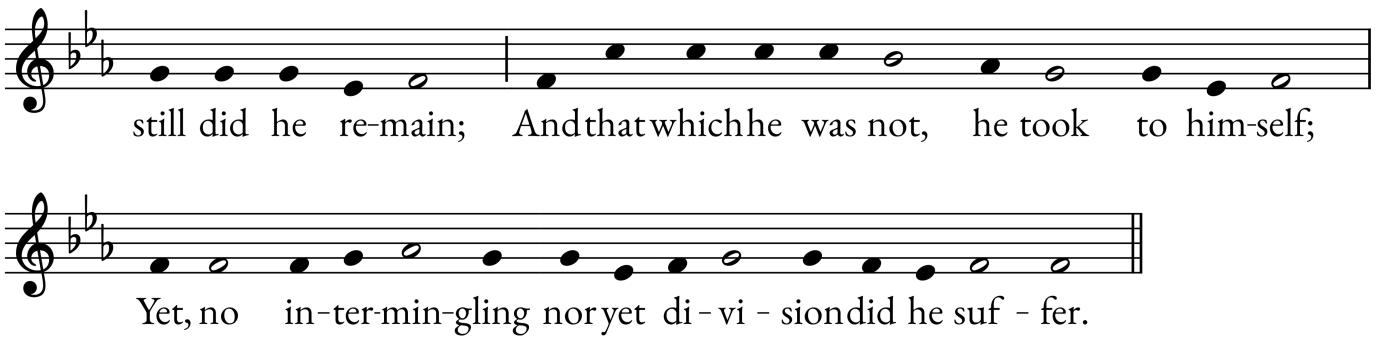
Resp.

The Lord has made known, * **al - le** - lu - **ia**, al - le - lu - ia.
Cantor(s):
His sav - ing pow - er. **Alleluia....**

BENEDICTUS

Cant. of Zechariah

A won-drous mys - t'ry is this day set forth.. * In a new manner
are na - tures u - nit - ed. God be-came man: That which he was,



Blest are you, Lord, the God of Israel,
you have come to your people and set them free.

You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,

To show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah: +
to set us free from the hands of our enemies,
free to worship you without fear,

Holy and righteous before you,
all the days of our life.

And you, child, shall be called +
the prophet of the Most High,
for you will go before the Lord to prepare the way

to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,

to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

INTERCESSIONS

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.

Ma-ry the mo-ther of Je - sus, and Jo-seph were filled with won - der at all
that was said of the child.

Ps. 121 (122)

Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
Le^t us go to God's house.'
And now our feet are standing
within your gates, **O** Jerusalem.

Jerusalem is built as a city
strongly compact,
It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
‘Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!’

For love of my brethren and friends
I say: ‘Peace upon you!’
For love of the house of the Lord
I will ask for your good.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

SEXT

OPENING VERSE

see p. 9

HYMN

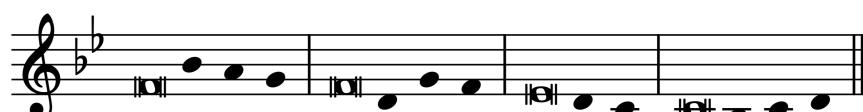
see p. 286

PSALMODY

Ant.



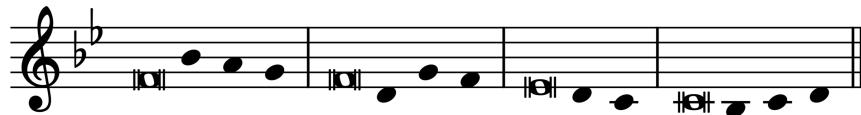
Ma-ry treasured all these words and pon-dered them in her heart.



Ps. 118 (119) Love of God's law: an alphabetical psalm

**KOPH (XIX)*

I call with all my heart; Lord, hear me,
I will keep your statutes.
I call upon you, save me
and I will do your will.



I rise before dawn and cry for help,
I hope in your word.
My eyes watch through the night
to ponder your promise.

In your love hear my voice, O Lord;
give me life by your decrees.
Those who harm me unjustly draw near:
they are far from your law.

But you, O Lord, are close:
your commands are truth.
Long have I known that your will
is established for ever.

**RESH (XX)*

See my affliction and save me
for I remember your law.
Uphold my cause and defend me;
by your promise, give me life.

Salvation is far from the wicked
who are heedless of your statutes.
Numberless, Lord, are your mercies;
with your decrees give me life.

Though my foes and oppressors are countless
I have not swerved from your will.
I look at the faithless with disgust;
they ignore your promise.

See how I love your precepts;
in your mercy give me life.
Your word is founded on truth:
your decrees are eternal.

**SHIN (XXI)*

Though princes oppress me without cause
I stand in awe of your word.

I take delight in your promise
like one who finds a treasure.

Lies I hate and detest
but your law is my love.
Seven times a day I praise you
for your just decrees.

The lovers of your law have great peace;
they never stumble.

I await your saving help, O Lord,
I fulfil your commands.

My soul obeys your will
and loves it dearly.
I obey your precepts and your will;
all that I do is before you.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Ma-ry treasured all these words and pon-dered them in her heart.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
LChrist, have mercy.
Lord, have mery.

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 287

PSALMODY

Ant.

The musical notation consists of two staves of music in G clef, common time, and a key signature of one flat. The first staff begins with a dotted half note followed by eighth notes. The second staff begins with a dotted half note followed by eighth notes. The lyrics are integrated into the music, with the first line 'My own eyes have seen the sal - va - tion' and the second line 'of eve-ry peo-ple.' appearing below the staves.

Ps. 125 (126)

Song of the returned exiles: a pilgrimage song

When the Lord delivered Zion from bondage,
It seemed like a dream.
Then was our mouth filled with laughter,
on our lips there were songs.

The heathens themselves said: ‘What marvels
the Lord worked for them!’
What marvels the Lord worked for us!
Indeed we were glad.

Deliver us, O Lord, from our bondage
as streams in dry land.
Those who are sowing in tears
will sing when they reap.

They go out, they go out, full of tears,
carrying seed for the sowing:
they come back, they come back, full of song,
carrying their sheaves.

Ps. 126 (127)
Success depends on God's blessing: a pilgrimage song

If the Lord does not build the house,
in vain do its builders labor;
if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,
you who toil for the bread you eat:
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.
Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the man
who has filled his quiver with these arrows!
He will have no cause for shame
when he disputes with his foes in the gateways.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

SECOND VESPERS

OPENING VERSE

see p. 9

HYMN

“HOLY LIGHT ON EARTH'S HORIZON”

1. Ho - ly light on earth's ho - ri - zon,
 2. Cho - sen from e - ter - nal a - ges,
 3. Mo - ther of the world's re - deem - er,
 4. Sun and moon and stars a - dor you,
 5. Earth be - low and high - est heav - en
 6. Hail be - lov - ed of the Fa - ther,

Hope to us the fall - en bring;
 You a - lone of all your race,
 Prom - ised from the dawn of time;
 Sin - less Eve, tri - um - phant sign;
 Praise the splen - dour of your state;
 Mo - ther of his on - ly Son,

Light a - mid a world of sha - dows,
 By your Son's a - ton - ing me - rits
 How could one so high - ly fa - voured
 You are she who crushed the ser - pent,
 You who now are crowned in glo - ry
 Mys - tic bride of Love e - ter - nal,

Dawn of God's re - demp - tion sing.
 Were con - ceived in per - fect grace.
 Share the guilt of A - dam's crime?
 Ma - ry, pledge of life di - vine.
 Were con - ceived im - ma - cu - late.
 Hail, most fair and spot - less one.

Text: Edward Caswell from Alma Lux.

Chant: Unto Us A Child © Laurence Bevenot, OSB, Ampleforth Abbey Trust, York Y06 4EN.

PSALMODY

Ant. 1

In the bush seen by Mo - ses * as burn-ing yet un-con-sumed, we re - cog-nize
the pres-er - va - tion of your glori - ous vir - gin - i - ty: O Mo-ther of God,
in - ter - cede for us.

Ps. 28 (29) God's power seen in the storm

O give the Lord you sons of God,
Give the Lord glory and power;

Give the Lord the glory of his name.
Adore the Lord in his holy court.

The Lord's voice resounding on the waters,
the Lord on the immensity of waters;

the voice of the Lord, full of power,
the voice of the Lord, full of splendor.

The Lord's voice shattering the cedars,
the Lord shatters the cedars of Lebanon;

he makes Lebanon leap like a calf
and Sirion like a young wild-ox.

The Lord's voice flashes flames of fire. +
The Lord's voice shaking the wilderness,
the Lord shakes the wilderness of Kadesh;

the Lord's voice rending the oak tree
and stripping the forest bare.

The God of glory thunders.
In his temple they all cry: 'Glory!'

The Lord sat enthroned over the flood;
the Lord sits as king for ever.

The Lord will give strength to his people,
the Lord will bless his people with peace.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

In the bush seen by Mo - ses * as burn-ing yet un-con-sumed, we re - cog-nize
the pres-er - va - tion of your glori - ous vir - gin - i - ty: O Mother of God,
in - ter - cede for us.

Ant. 2

Be - hold Ma - ry has giv - en birth to our Sav - iour! * When John saw
him he ex - claimed, "Be - hold the Lamb____ of God, be - hold him who takes a - way
the sins of the world," al - le - lu - ia.

Ps. 83 (84)
Love and longing for God's temple

How lovely is your dwelling place,
Lord God of hosts.

My soul is longing and yearning,
is yearning for the courts of the Lord.

My heart and my soul ring out their joy
to God, the living God.

The sparrow herself finds a home
and the swallow a nest for her brood;

she lays her young by your altars,
Lord of hosts, my king and my God.

They are happy, who dwell in your house,
for ever singing your praise.

They are happy, whose strength is in you,
in whose hearts are the roads to Zion.

As they go through the Bitter Valley +
they make it a place of springs
the autumn rain covers it with blessings.

They walk with ever growing strength,
they will see the God of gods in Zion.

O Lord God of hosts, hear my prayer,
give ear, O God of Jacob.

Turn your eyes, O God, our shield,
look on the face of your anointed.

One day within your courts
is better than a thousand elsewhere.

The threshold of the house of God
I prefer to the dwellings of the wicked.

For the Lord God is a rampart, a shield;
he will give us his favor and glory.

The Lord will not refuse any good
to those who walk without blame.

Lord, God of hosts,
happy the man who trusts in you!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen. Repeat Antiphon

Ant. 3

Mary has given birth to a King * whose name is ev - er - last - ing;
her the joy of mother-hood, her the virgin's glo - ry. Nev-er was it seen before,
nev-er shall be seen a-gain, al - le - lu - ia.

Rev. 11, 17-18; 12, 10b-12a

We praise you, the Lord God Almighty,
who is and who was.

You have assumed your great power,
you have begun your reign.

The nations have raged in anger,
but then came your day of wrath

and the moment to judge the dead:
the time to reward your servants the prophets

and the holy ones who revere you,
the great and the small alike.

Now have salvation and power come,
the reign of our God and the authority of his Anointed One.

For the accuser of our brothers is cast out,
who night and day accused them before God.

They defeated him by the blood of the Lamb +
and by the word of their testimony;
love for life did not deter them from death.

So rejoice, you heavens,
and you that dwell therein!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.

The Word be - came flesh, * al - le - lu - ia, al - le - lu - ia.

Cantor(s):

He lived a - mong us. Alleluia....

MAGNIFICAT

Cant. of Mary

Great is the mys-t'ry of our in-her-it-ance. * The womb of her that knew
not man has become the tem-ple of God. By tak-ing flesh of her,
he was not de-filed; all na-tions shall come and say: "Glory be to you,
O Lord!"

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every gen-er-a-tion.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,

the promise he made to our fathers,
to Abraham and his children for ever.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The musical notation consists of five staves of music in G major (indicated by a treble clef) and common time (indicated by a 'C'). The notes are primarily quarter notes and eighth notes. The lyrics are written below each staff:

Great is the mys-t'ry of our in-her-it-ance. * The womb of her that knew
not man has be-come the tem-ple of God. By tak-ing flesh of her,
he was not de-filed; all na-tions shall come and say: "Glo-ry be to you,
O Lord!"

INTERCESSIONS

The musical notation consists of three staves of music in G major (indicated by a treble clef) and common time (indicated by a 'C'). The notes are primarily quarter notes and eighth notes. The lyrics are:

May the Vir-gin Ma - ry in-ter-cede for us.

OUR FATHER

see p. 296

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

EPIPHANY OF THE LORD

FIRST & SECOND VESPERS

OPENING VERSE

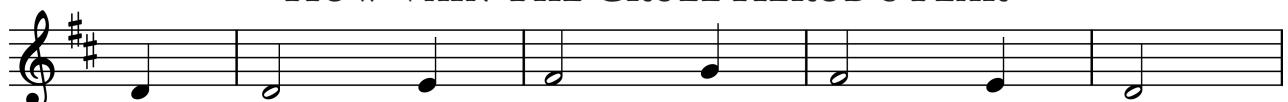
see p. 9

OFFERING OF INCENSE*

*see p. 10 * [for First Vespers only]*

HYMN - FIRST VESPERS

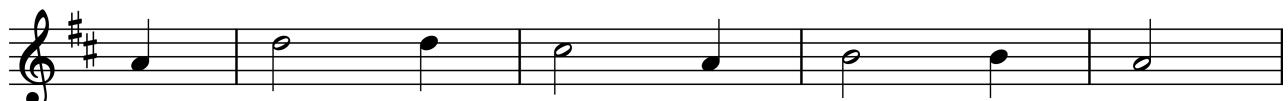
“HOW VAIN THE CRUEL HEROD'S FEAR”



1. How vain the cru - el Her - od's fear,
2. The east - ern sag - es saw from far
3. With - in the Jor - dan's sa - cred flood
4. And O what mir - a - cle di - vine,
5. All glo - ry, Je - sus, be to thee



When told that Christ - the King is near!
And fol - lowed on his guid - ing star;
The heav'n - ly Lamb in meek - ness stood;
When wa - ter red - dened in - to wine!
For this, thy glad - E - piph - a - ny;



He takes not earth - ly realms a - way,
By light their way to Light they trod,
That he who knew no sin that day
He spoke the word and forth it flowed
Whom with the Fa - ther we a - dore



Who gives the realms that ne'er de - cay.
And by their gifts con - fessed their God.
His peo - ple's sin might wash a - way.
In streams that na - ture ne'er be - stowed.
And Ho - ly Ghost for ev - er - more. A - men.

HYMN - SECOND VESPERS

“AS WITH GLADNESS MEN OF OLD”



1. As with gladness men of old Did the guid-ing star be - hold;
 2. Je - sus_ Mas-ter! ev' - ry day Keep us in the nar-row way;
 3. In the_ heav'n-ly coun-try bright, Need they no cre - at - ed light;



As with joy they hailed its light, Lead-ing on-ward,beam-ing bright;
 And, when earth-ly things are past, Bring our ran-somed souls at last
 You, the_ light, the joy, the crown, You the sun which goes not down:



So in all we say and do, Lead us on, goodLord, to you.
 Wherethey need no star to guide, Whereno clouds your glo - ry hide.
 There for - ev - er may we sing Al - le - lu - ias to our King.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #TEM E 5.



PSALMODY

Ant. 1

Be-got-ten be-fore the day - star and Lord be-fore time be-gan,
 our Sav-ior on this day re-vealed him-self to the world.

Ps. 112 (113)

To the God of glory and compassion: a psalm of worship

Praise, O servants of the Lord,
Praise the name of the Lord!
 May the name of the Lord be blessed
 both now and for evermore!

From the rising of the sun to its setting
 praised be the name of the Lord!
 High above all nations is the Lord,
 above the heavens his glory.

Who is like the Lord, our God,
 who has risen on high to his throne
 yet stoops from the heights to look down,
 to look down upon heaven and earth?

From the dust he lifts up the lowly,
 from the dungheap he raises the poor
 to set him in the company of princes,
 yes, with the princes of his people.

To the childless wife he gives a home
 and gladdens her heart with children.
 To the Father, the Son, and the Holy Spirit
 give praise for ever. **Amen.**

Repeat Antiphon

Ant. 2

All the na-tions you have made, O Lord, shall come and a-dore you.



Ps. 137 (138)
Thanksgiving to a faithful God

I thank you, Lord, with all my heart,
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple.

I thank you for your faithfulness and love
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways:
'How great is the glory of the Lord!'

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.
Though I walk in the midst of affliction
you give me life and frustrate my foes.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 3

The star burned like a flame, pointing the way to God, the King of kings;
the wise men saw the sign and brought their gifts in hom-age
to their great King.

Rev. 15, 3-4; 16, 5; 19, 1-2. 5-7

Great and wonderful are your deeds,
O Lord God Almighty!
Just and true are your ways
O King of the ages!

Who shall not fear and glorify your name?
For you alone are holy, O Lord.
All the nations you have made
Shall come and adore you.

For your judgments have been revealed,
and you are just in your judgments,
You who are and who always have been,
The holy one, the Lord, the almighty.

Salvation and power and glory belong to our God,
For his judgments are true and just.
Praise our God, all you his servants,
You who fear him, small and great.

Alleluia, allelia!
The Lord, our God, the Almighty reigns.
Let us rejoice and exult
And give him the glory.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

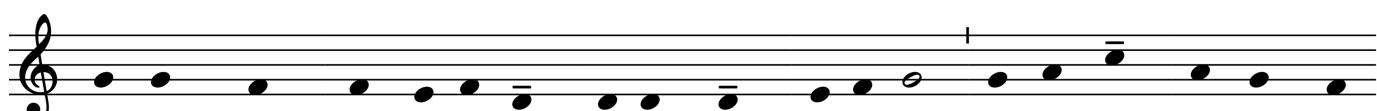
READING / SILENCE

RESPONSORY

Resp.



The Lord clothed the fire of the God-head with the very flesh of man.



He conformed him-self to man yet re-mained as he was, giv-ing light to those who

Cantor(s):



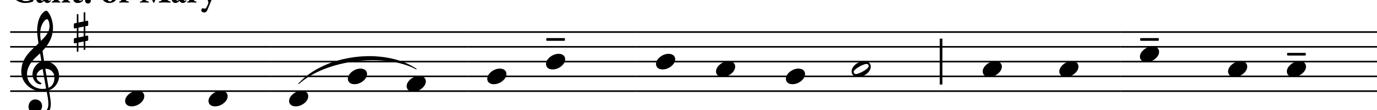
dwell in dark-ness. There is none who is ho - ly like our God, who has shown



him-self to the world this day. **He conformed....**

MAGNIFICAT

Cant. of Mary



When they saw the star, the wise man said: "This must sig - ni - fy



the birth of some great king. Let us search for him and lay our treasures



at his feet: gold, and frank-in-cense and myrrh."



My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every gen-er-ation.

He has shown the strength of his arm,
he has scattered the proud in their con-ceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich a-way empty-handed.

He has come to the help of his servant Israel,
for he has remembered his prom-ise of mercy,
the promise he made to our fathers, [repeat 3rd measure]
to Abraham and his chil-dren for ever. [repeat 4th measure]

We give you praise, Almighty Father,
through your Son, Je-sus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ev-er. Amen.

When they saw the star, the wiseman said: "This must sig - ni - fy
the birth of some great king. Let us search for him and lay our treasures
at his feet: gold, and frank-in-cense and myrrh."

INTERCESSIONS

May your birth bring peace to all.

COMMEMORATION OF MARY

see p. 294

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIphon / PSALM

Inv. Ant.

Christhas ap-peared to us; come, let us a-dore him.
/

The musical notation consists of two staves of music in G clef and common time. The first staff ends with a double bar line and repeat dots. The lyrics "Christhas ap-peared to us; come, let us a-dore him." are written below the notes. A single vertical bar is positioned between the two staves.

Ps. 99 (100)

Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, sing-/ing for joy.

Repeat Antiphon

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep /of his flock.

Repeat Antiphon

Go within his gates, giving thanks.
Enter his courts with songs of praise.
Give thanks to him and /bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from /age to age.

Repeat Antiphon

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unend-/ing. Amen.

Christhas ap-peared to us; come, let us a-dore him.

The musical notation consists of two staves of music in G clef and common time. The first staff ends with a double bar line and repeat dots. The lyrics "Christhas ap-peared to us; come, let us a-dore him." are written below the notes.

HYMN

“EARTH HAS MANY A NOBLE CITY”



1. Earth has man-y[a] no - ble cit - y; Beth-l'hem, thou dost all ex - cel:
 2. Fair - er than the sun at morn - ing Was the star that told his birth,
 3. East - ern sag - es at his cra - dle Make ob - la - tions rich and rare;
 4. Sa - cred gifts of mys-tic mean - ing: In - cense doth their God dis-close,
 5. Je - sus, whom the Gen-tiles worshipped At thy glad E - piph-a - ny,



Out of thee the Lord from heav - en Came to rule his Is - ra - el.
 To the world its God an-nounc-ing Seen in flesh-ly form on earth.
 See them give, in deep de - vo - tion, Gold, and frank-in - cense, and myrrh.
 Gold the King of kings pro-claim-eth, Myrrh his sep - ul - cher fore-shows.
 Un - to thee, with God the Fa - ther And the Spi - rit, glo - ry be.

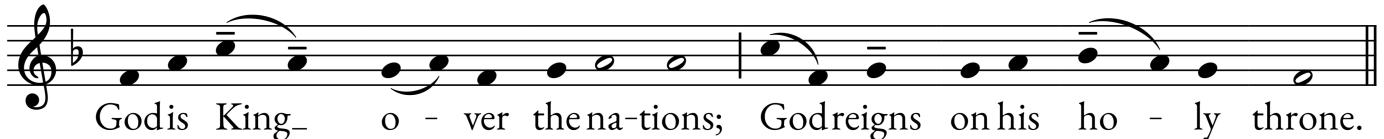


A-men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #TEM E 3.

NOCTURN I

Noc. 1 Ant. 1



Ps. 46 (47)
To God, king of the world

All peoples, clap your hands,
Acry to God with shouts of joy!
 For the Lord, the Most High, we must fear,
 great king over all the earth.

He subdues peoples under us
and nations under our feet.
Our inheritance, our glory, is from him,
given to Jacob out of love.

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise.

God is king of all the earth,
Sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne.

The princes of the peoples are assembled
with the people of Abraham's God.
The rulers of the earth belong to God,
to God who reigns over all.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Ps. 47 (48)
The invincible city of God

Recited by a monk

The Lord is great and worthy to be praised
in the city of our God.

His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.

They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,

By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,

In the city of the Lord of hosts
which God upholds for ever.

O God, we ponder your love
within your temple.

Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;

The people of Judah rejoice
at the sight of your judgments.

Walk through Zion, walk all round it;
count the number of its towers.

Review all its ramparts,
examine its castles,

That you may tell the next generation
that such is our God,

Our God for ever and always.
It is he who leads us.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The kings of She - ba and Se - ba shall bring him gifts. All na - tions
shall serve him.

Ps. 71 (72)

The kingdom of peace

O God, give your judgment to the **king**,
to a king's **son** your **justice**,
that he may judge your people in **justice**
and your poor in **right** judgment.

May the mountains bring forth peace for the **people**
and **the hills, justice**.

May he defend the poor of the **people**
and save the children of the needy and crush the **oppressor**.

He shall endure like the sun and the **moon**
from **age to age**.

He shall descend like rain on the **meadow**,
like raindrops on **the earth**.

In his days justice shall **flourish**
and peace till **the moon fails**.
He shall rule from sea to **sea**,
from the Great River to **earth's bounds**.

Before him his enemies shall **fall**,
his foes **lick the dust**.
The kings of Tarshish and the **sea** coasts
shall pay **him** tribute.

The kings of Sheba and **Seba**
shall **bring him gifts**.
Before him all kings shall fall **prostrate**,
all nations **shall** serve him.

For he shall save the poor when they cry
and the needy who are helpless.
He will have pity on the weak
and save the lives of the poor.

From oppression he will rescue their lives,
to him their blood is dear.
Long may he live,
may the gold of Sheba be given him.

They shall pray for him without ceasing
[]
[]
and bless him all the day.

May corn be abundant in the land
to the peaks of the mountains.
May its fruit rustle like Lebanon;
may men flourish in the cities like grass on the earth.

May his name be blessed for ever
and endure like the sun.
Every tribe shall be blessed in him,
all nations bless his name.

Blessed be the Lord, God of Israel,
who alone works wonders,
ever blessed his glorious name.
Let his glory fill the earth. Amen! Amen!

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

The musical notation consists of two staves of music. The top staff uses a treble clef and a key signature of two sharps. It contains a melody of eighth and sixteenth notes. The lyrics for this staff are: "The kings of She - ba and Se - ba shall bring him gifts. All na - tions". The bottom staff also uses a treble clef and a key signature of two sharps. It contains a simpler melody of eighth and sixteenth notes. The lyrics for this staff are: "shall serve him".

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

Bab-y-lon and Egypt I will count a - mong those whoknow me.

Ps. 86 (87)

God's city, mother of all nations

On the holy mountain is his city
cherished by the Lord.
The Lord prefers the gates of Zion
to all Jacob's dwellings.

Of you are told glorious things,
O city of God!
'Babylon and Egypt I will count
among those who know me;

Philistia, Tyre, Ethio-/pi-a,
these will be her children
And Zion shall be called "Mother"
for all shall be her children.'

It is he, the Lord Most High,
who gives each his place.
In his register of peoples he writes:
'These are her children.'

And while they dance they will sing:
'In you all find their home.'
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Bab-y-lon and Egypt I will count a - mong those whoknow me.

Ps. 95 (96)
The universal reign of the true God

Recited by a monk

Osing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day,
Tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise,
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens,
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts,
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: ‘God is king.’
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,
let the land and all it bears rejoice,

All the trees of the wood shout for joy
at the presence of the Lord for he comes,
he comes to rule the earth.

With justice he will rule the world,
he will judge the peoples with his truth.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Let all the coast-lands beglad, for all peo-ples see his glo-ry.

Ps. 96 (97)
Earth rejoices in its king

The Lord is king, let earth rejoice,
let all the coastlands be glad.

Cloud and darkness are his raiment;
his throne, justice and right.

A fire prepares his path;
it burns up his foes on every side.

His lightnings light up the world,
the earth trembles at the sight.

The mountains melt like wax
before the Lord of all the earth.

The skies proclaim his justice;
all peoples see his glory.

[Let those who serve idols be ashamed,]
those who boast of their worthless gods.
All you spirits, worship him.

[Zion hears and is glad;]
the people of Judah rejoice
because of your judgments **O** Lord.

[For you indeed are the Lord]
most high above all the earth
exalted far above all spirits.

[The Lord loves those who hate evil:]
he guards the souls of his saints;
he sets them free from the wicked.

Light shines forth **for** the **just**
and joy for the upright **of** heart.

Rejoice, you just, **in** the **Lord**;
give glory to his **holy** name.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

Repeat Antiphon

READING / SILENCE

NOCTURN III

Noc. 3 Ant.

The musical notation consists of three staves of music in G major, common time, with a treble clef. The lyrics are written below the notes:

The glo-ry of the Lord_ shall be_ re-vealed, and all flesh_ shall see_ it
to-gether.

The music concludes with a final staff of four measures.

Isa. 40, 1-5. 9-11

Comfort, comfort my **people**,
Thus says **your** God.
Speak tenderly to **Jerusalem**,
and **cry** to **her**.

That her **warfare** is **ended**,
that her sin is **atoned** for,
that she has received from the hand of **the** Lord
double for **all** her **sins**.

A **voice** cries **out**:
'In the wilderness prepare the way of **the** Lord,
make straight in **the** desert
a highway **for** our **God**.

Every valley shall be lifted,
and every mountain and hill brought low;
The uneven ground shall become level
and the rough places plain.

'And the glory of the Lord
shall be revealed,
And all flesh shall see it together,
for the mouth of the Lord has spoken.'

Get you up to a high mountain,
O Zion, herald of good tidings;
Lift up your voice with strength,
O Jerusalem, herald of good tidings.

Lift it up, fear not;
Say to the cities of Judah,
'Behold your God!'
Behold, the Lord God comes with might.

He comes with might and power,
And his arm rules for him;
Behold, his reward is with him,
And his recompense before him.

He will feed his flock like a shepherd,
He will gather the lambs in his arms,
He will carry them in his bosom,
And gently lead those that are with young.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

The musical notation consists of two staves of music. The top staff is in G major (one sharp) and the bottom staff is in C major (no sharps or flats). The lyrics are written below the notes:

The glo-ry of the Lord shall be re-vealed, and all flesh shall see it
to-gether.

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Christ ap-peared to us; come, let us
a-dore him.
1 2 3 4 5 6

Ps. 94 (95)

Call to praise and worship: a processional hymn

Come, ring out our joy to the Lord;
hail the rock who saves us.

[]] omit 3
[]] omit 4

Let us come before him, giving thanks,
with songs let us hail the Lord.

Repeat Antiphon

A mighty God is the Lord,
a great king above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his.
To him belongs the sea, for he made it
and the dry land shaped by his hands.

Repeat Antiphon

[1] [2] [3] [4] [5] [6]



Come in; let us bow and bend low;
let us kneel before the God who made us
for he is our God
and we are his people,
who belong to his pasture,
the flock that is led by his hand.

Repeat Antiphon

O that today you would listen to his voice!

‘Harden not your hearts as at Meribah,
as on that day at Massah in the desert
[] *omit 4*

when your fathers put me to the test;
when they tried me, though they saw my work.

Repeat Antiphon

For forty years I was wearied of these people
and I said: “Their hearts are astray,
these people do not know my ways. ”

[] *omit 4*

Then I took an oath in my anger:
“Never shall they enter my rest.” ’

Repeat Antiphon

Praise the Father Almighty,
Praise his Son, Jesus Christ the Lord,
Praise the Spirit who dwells in our hearts,
both now and for ever,
the God who is, who was, and is to come
at the end of the ages. Amen.

Christ ap-peared to us; come, let us
a-dore him...

HYMN "BRIGHTEST AND BEST OF THE SONS OF THE MORNING"



1. Bright-est and best of the sons of the morn - ing;
 2. Cold on his cra - dle the dew drops are shin - ing
 3. Shall we then yield him, in cost - ly de - vo - tion;
 4. Vain - ly we of - fer each am - ple ob - la - tion;
 5. Bright-est and best of the sons of the morn - ing;



Dawn on our dark - ness, and lend us thine aid;
 Low lies his head with the beasts of the stall;
 O - dors of E - dom, and of - frings di - vine;
 Vain - ly with gifts would his fa - vor se - cure;
 Dawn on our dark - ness, and lend us thine aid;



Star of the east, the ho - ri - zon a - don - ing,
 An - gels a - dore him in slum - ber re - clin - ing,
 Gems of the moun - tains, and pearls of the o - cean,
 Rich - er by far is the heart's ad - o - ra - tion,
 Star of the east, the ho - ri - zon a - don - ing,



Guide where our in - fant Re - deem - er is laid.
 Mak - er and Mon - arch and Sav - ior of all.
 Myrrh from the for - est, and gold from the mine?
 Dear - er to God are the pray'rs of the poor.
 Guide where our in - fant Re - deem - er is laid.

Author: Reginald Heber.

Tune: MORNING STAR.

Composer: John P. Harding.



PSALMODY

Ant. 1

The wise men o-pened their treasures and of-fered to the Lord giftsof gold,
and frank-in-cense, and myrrh, al-le-lu ia.

Ps. 144 (145)

Praise of God's grandeur: an alphabetical psalm

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.

The Lord is great, highly to be praised,
his greatness cannot be measured.
Age to age shall proclaim your works,
shall declare your mighty deeds,

Shall speak of your splendor and glory,
tell the tale of your wonderful works.
They will speak of your terrible deeds,
recount your greatness and might.

They will recall your abundant goodness;
age to age shall ring out your justice.
The Lord is kind and full of compassion,
slow to anger, abounding in love.

How good is the Lord to all,
compassionate to all his creatures.
All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.

They shall speak of the glory of your reign
and declare your might, O God,

to make known to men your mighty deeds
and the glorious splendor of your reign.

Yours is an everlasting kingdom;
your rule lasts from age to age.
The Lord is faithful in all his words
and loving in all his deeds.

The Lord supports all who fall
and raises all who are bowed down.
The eyes of all creatures look to you
and you give them their food in due time.

You open wide your hand,
grant the desires of all who live.
The Lord is just in all his ways
and loving in all his deeds.

He is close to all who call him,
who call on him from their hearts.
He grants the desires of those who fear him,
he hears their cry and he saves them.

The Lord protects all who love him;
but the wicked he will utterly destroy.
Let me speak the praise of the Lord,
let all mankind bless his holy name for ever, for ages unending.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 2

Je-ru - sa-lém, your light has come! The glo-ry of the Lord has ris - en
up-on you, and the na-tions will walk in your light.



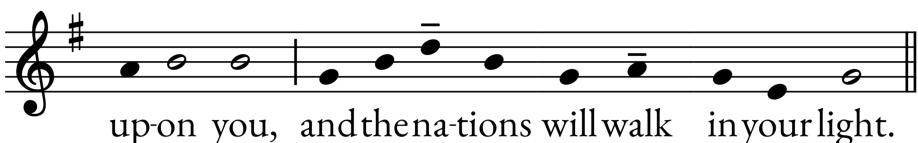
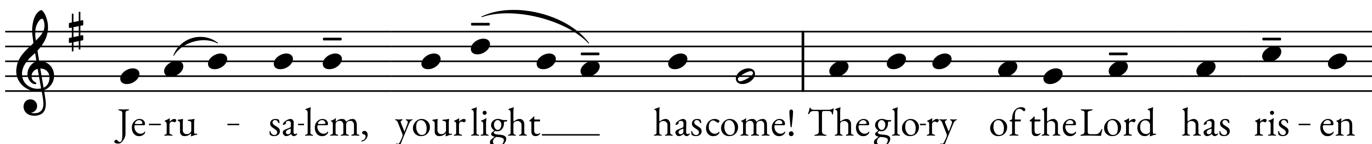
Isa. 60, 2-3. 4. 6de. 5-6a. 7d

Darkness covers the earth,
And the nations know only the night;
But over you the /Lord is rising,
His brightness shines on you;
And the nations will walk in your light,
Kings in the splendor of your dawn.

Lift up your eyes and look about you!
All are gathering and coming toward you;
Your sons and daughters are /coming from all sides,
Great throngs are coming from afar,
Bearing gold and frankincense
And singing the praises of the Lord.

Then shall you see and be radiant,
Your heart shall thrill and rejoice;
The riches of the /sea shall come to you,
And you shall possess the wealth of nations.
Caravans of camels shall fill you,
And I will enhance the splendor of my temple.

Praise the Father Almighty,
Praise his Son, Jesus Christ the Lord,
Praise the Spirit who /dwells in our hearts,
both now and for ever,
the God who is, who was, and is to come
at the end of the ages. Amen.



Ant. 3

Alleluya's kings and peo - ples, praisethe Lord fromtheearth, al - le - lu - ia,
al - le - lu - ia!

Ps. 148
Cosmic praise

Praise the Lord from the heavens,
praise him in the heights.
Praise him, all his angels,
praise him, all his host.

Praise him, sun and moon,
praise him, shining stars.
Praise him, highest heavens
and the waters above the heavens.

Let them praise the name of the Lord.
He commanded: they were made.
He fixed them for ever,
gave a law which shall not pass away.

Praise the Lord from the earth,
sea creatures and all oceans,
fire and hail, snow and mist,
stormy winds that obey his word;

All mountains and hills,
all fruit trees and cedars,
beasts, wild and tame,
reptiles and birds on the wing;

All earth's kings and peoples,
earth's princes and rulers;
Young men and maidens,
old men together with children.

Let them praise the name of **the** Lord
for he alone **is exalted.**

The splendor of **his** name
reaches beyond **heaven** and **earth.**

He exalts the strength of **his** people.
He is the praise of **all** his **saints**,
of the sons **of** Israel,
of the people to whom **he** comes **close.**

Give praise to the Father **Almighty**,
to his Son, Jesus **Christ** the **Lord**,
to the Spirit who dwells in **our** hearts,
both now and for **ever**. **Amen.**

Alle earth's kings and peo - ples, praisethe Lord from the earth, al - le - lu - ia,
al - le - lu - ia!

READING / SILENCE

RESPONSORY

Resp.

All peoples will be blest in him, men and women of ev' - ry race.

Cantor(s):

All nations will ac-claim his glo - ry, men and women....

BENEDICTUS

Cant. of Zechariah

On this day the Church is joined in mar-riage to her bride - groom. For in the Jor-dan, Christ has washed a-way hersins. The Ma - gi cometo the wed-ding



Blest are you, Lord, the God of Israel,
you have come to your people and set them free.
You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,
to show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
to set us free from the hands of our enemies,
free to worship you without fear,
holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way
to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Repeat Antiphon

INTERCESSIONS

COMMEMORATION OF MARY

see p. 294

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.

Your praise, O God, like your name, reach-es theends of theearth.

Ps. 114 (116a)

Prayer of a man saved from death

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.
O Lord my God, deliver me! [repeat 4th measure]

How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears, and my feet from stumbling.
I will walk in the presence of the Lord [repeat 3rd measure]
in the land of the living. [repeat 4th measure]

Ps. 115 (116b)
Promise in gratitude to God

I trusted, even when I said:
I ‘I am sorely afflicted,’
and when I said in my alarm:
‘No man can be trusted.’

How can I repay the **Lord**
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord’s name.

My vows to the Lord I will fulfil
before all his people.
O precious in the eyes of the **Lord**
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord’s name.

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the **Lord**,
in your midst, O Jerusalem.

Give praise to the Father Almighty,
to his Son, Jesus Christ the **Lord**,
to the Spirit who dwells in our hearts,
both now and for ever. **Amen**.



Your praise, — O God, like your name, reach-es the ends of the earth.

SEXT

OPENING VERSE

see p. 9

HYMN

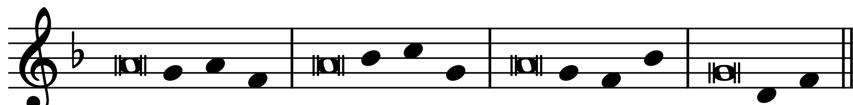
see p. 286

PSALMODY

Ant.



Christ Je-sus has come, bring-ing the joy - ful news: Peace to those who were
far off, and peace to those who are near.



Ps. 97 (98)

Orchestra of praise to God, king of the world

Sing a new song to the Lord
for he has worked wonders.
His right hand and his holy arm
have brought salvation.

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord all the earth,
ring out your joy.

Sing psalms to the Lord with the harp
with the sound of music.
With trumpets and the sound of the horn
acclaim the King, the Lord.

Let the sea and all within it, **thunder**;
the world, and **all** its **peoples**.
Let the rivers **clap** their **hands**
and the hills ring out **their** joy

at the presence of the Lord: **for** he **comes**,
he comes to **rule** the **earth**.
He will rule the **world** with **justice**
and the peoples **with** fairness.

Ps. 9, 1-21 (9)
Gratitude and appeal: an alphabetical psalm

I will praise you, Lord, with **all** my **heart**;
I will recount **all** your **wonders**.
I will rejoice in you **and** be **glad**,
and sing psalms to your name, O **Most** High.

See how my **enemies** turn **back**,
how they stumble and **perish** before you.
You upheld the justice **of** my **cause**;
you sat enthroned, judging **with** justice.

You have checked the nations, **destroyed** the **wicked**;
you have wiped out their name for **ever** and **ever**.
The foe is destroyed, eternally **ruined**.
You uprooted their cities; their memory **has** perished.

But the Lord sits **enthroned** for **ever**.
He has set up his **throne** for **judgment**;
he will judge the **world** with **justice**,
he will judge the peoples with **his** truth.

For the oppressed let the Lord **be** a **stronghold**,
a **stronghold** in times **of** **distress**.
Those who know your **name** will **trust** you:
you will never forsake those **who** seek you.

Sing psalms to the Lord who **dwells** in **Zion**.
Proclaim his mighty works **among** the **peoples**;
for the Avenger of blood has **remembered** **them**,
has not forgotten the cry of **the** poor.

Have pity on me, Lord, see my sufferings,
you who save me from the gates of death;
that I may recount all your praise at the gates of the city of Zion
and rejoice in your saving help.

The nations have fallen in the pit which they made,
their feet caught in the snare they laid.
The Lord has revealed himself, and given judgment.
The wicked are snared in the work of their own hands.

Let the wicked go down among the dead,
all the nations forgetful of God.
for the needy shall not always be forgotten
nor the hopes of the poor be in vain.

Arise, Lord, let men not prevail!
Let the nations be judged before you.
Lord, strike them with terror,
let the nations know they are but men.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Christ Je-sus has come, bring-ing the joy - ful news: Peace to those who were
far off, and peace to those who are near.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 286

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 287

PSALMODY

Ant.

Tell me of One who in the ages past
has ever lived and reigns today.
He is the God of hosts, the King of kings,
the Lord of lords, the Author of salvation.

He is the Lamb of God, who takes away the sins of the world.
He is the Son of God, who died for us and rose again.
He is the Holy Spirit, who guides and strengthens us.
He is the Rock of Ages, who stands forevermore.

Ps. 125 (126)

Song of the returned exiles: a pilgrimage song

When the Lord delivered Zion **from** bondage,
It seemed like a **dream**.

Then was our mouth filled **with** laughter,
on our lips **there** were **songs**.

The heathens themselves said: ‘**What** marvels the Lord **worked for them!**’

What marvels the Lord worked **for** us!
Indeed **we** were **glad**.

**Deliver us, O Lord, from our bondage
as streams in dry land.**

Those who are sowing in tears
will sing when they reap.

They go out, they go out, full **of** tears,
carrying seed **for** the **sowing**:

they come back, they come back, full **of** song,
carrying their sheaves.

Ps. 126 (127)

Success depends on God's blessing: a pilgrimage song

If the Lord does not build **the** house,
in vain do its **builders labor:**

if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,

you who toil for the bread you eat:
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.

Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the man
who has filled his quiver with these arrows!

He will have no cause for shame
when he disputes with his foes in the gateways.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

The musical notation consists of two staves of music. The top staff uses a treble clef and has a key signature of one sharp (F#). It contains eight measures of music, each ending with a vertical bar line. The bottom staff also uses a treble clef and has a key signature of one sharp (F#). It contains three measures of music, each ending with a vertical bar line. Below the staves, the lyrics are written in a cursive font.

Tell — a-mong the na - tions his glo - ry and his won-ders a - mong all
the peo - ples.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 287

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

JANUARY 26
STS. ROBERT, ALBERIC, and STEPHEN HARDING
HOLY ABBOTS and FOUNDERS of the CISTERCIAN ORDER

FIRST & SECOND VESPERS

OPENING VERSE

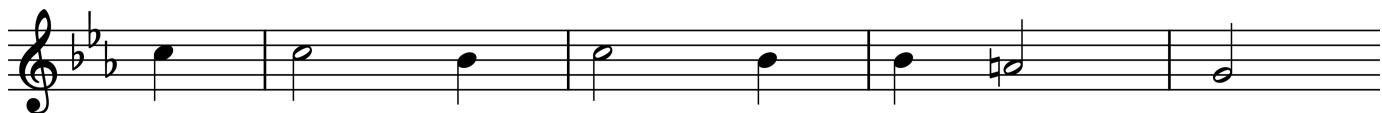
see p. 9

OFFERING OF INCENSE*

*see p. 10 *[for First Vespers only]*

HYMN - FIRST VESPERS

“O NEW JERUSALEM REJOICE”



2. Bold cap - tain of this vast ar - ray,
3. Fond lov - er of that hal - lowed place,
4. Im - pas - sioned mas - ter in Christ's school,
5. Saint Ber - nard, Cit - eaux's fa - vored son,



Shout praise to God lift up your voice.
Saint Ro - bert in - ter - cede to - day.
Where broth - ers lived as one by grace.
Saint Ste - phen, zeal - ot for our rule.
Help us this no - ble race to run.



The bar - ren wife has giv - en birth;
God, grant us hearts to dream a - new.
Saint Al - b'ric, may we ev - er be.
Pray God, we nev - er build on sand.
May Cit - eaux's Queen, our pa - tron - ess,

See continuation at the back page.

Her sons and daugh - ters fill the earth.
 And strength his king - dom to pur - sue.
 One heart, one mind in u - ni - ty.
 But firm in faith, on rock we stand.
 Her loy - al sons and daugh - ters bless.

HYMN - SECOND VESPERS

“LONG AGO YOU CALLED YOUR PEOPLE”

1. Long a - go you____ called your peo - ple,
 2. Christ is God, was____ seen and han - dled,
 3. Ro - bert, Al - b'ric,____ Ste - phen Har - ding
 4. Fa - ther, grant that____ we, their chil - dren,
 5. Glo - ry be to____ God the Fa - ther,

Led____ them out from E - gypt's yoke,
 Lived____ and suf - fered as a man,
 Glimpsed the vi - sion from a - far,
 May____ be like them, men of pray - er,
 Call - ing us with tire - less love.

Brought them to your ho - ly moun - tain,
 Died and rose for our sal - va - tion,
 Strove to leave all else be - hind them,
 Lov - ers of the place and breth - ren,
 Glo - ry be to Christ our Sav - ior,

1. Where you spoke in fire and storm;
 2. Breathes his Spi - rit on us still.
 3. Faith - ful to their Mas - ter's call.
 4. Je - sus Christ our liv - ing Rule;
 5. Liv - ing with us all our days.

Mo - ses was the man of vi - sion,
 Yet the vi - sion fades too quick - ly;
 Once a - gain the de - sert blos - somed,
 Find - ing yet a - gain the de - sert,
 Glo - ry to their liv - ing Spi - rit,

He a - lone might see and live.
 Eve - ry age must see it fresh.
 Ech - oed with their songs of praise.
 Where our hearts may hear your voice.
 Gift of love, of life and hope.

Tune: Pange Lingua Gregorian chant.

PSALMODY

Ant. 1

You will show me the path of life, the fullness of joy in your presence



Ps. 15 (16) True happiness: a psalm of confidence

Preserve me, **O** God,
I take refuge in **you**.
I say to the Lord: ‘You are **my** God.
My happiness lies in **you** alone.’

He has put into my heart a marvelous love /
for the faithful ones who dwell in **his** land.
Those who choose other gods increase their sorrows.
Never will I offer their offerings of blood.
Never will I take their name upon my **lips**.

O Lord, it is you who are my portion and cup;
it is you yourself who are my **prize**.
The lot marked out for me is my delight:
welcome indeed the heritage that falls to **me**!

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand
happiness for ever.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



You will show me the path of life, thefull-ness of joy in your presence

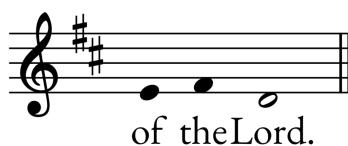
Ant. 2



In glo - rious song our ho-ly found-ers gave thanks to God. They



walked in the presence of the Lord, in the courts of the house



of the Lord.



Ps. 115 (116b)
Promise in gratitude to God

I trusted, even when I said:
'I am sorely afflicted'

and when I said in my alarm:
‘No man can be trusted.’

How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his **people**,
in the courts of the house of the Lord,
in your midst, **O** Jerusalem.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 3

A musical score for a single melodic line. The key signature is common C. The melody consists of quarter notes and eighth notes, primarily on the B, A, G, and F sharps of the treble clef staff. The lyrics are: "They are like wise men who built their house on a rock." There are three vertical bar lines and a double bar line with repeat dots at the end.

Eph. 1, 3-10

Praised be the God and Father
of our Lord Jesus Christ,
who bestowed on us in Christ
every spiritual blessing in the heavens.

God chose **us** in **him**
before the **world** began,

/to be **holy**
and blameless **in** his **sight**.

He predestined us to be his adopted sons through **Jesus Christ**,
such was his **will** and **pleasure**,
that all might praise the **glorious favor**
he has bestowed on us in **his** beloved.

In him and through his blood, we have **been** redeemed,
and our **sins** forgiven,
so immeasurably **generous**
is God's **fayor** to **us**.

God has given **us** the **wisdom**
to understand fully the **mystery**,
the plan **he was pleased**
to **decree** in **Christ**.

A plan to be carried **out** in **Christ**,
in the **fullness** of **time**,
to bring all things into **one** in **him**,
in the heavens and **on** the **earth**.

Give praise to the **Father** Almighty,
to his Son, Jesus **Christ** the **Lord**,
to the Spirit who dwells **in** our **hearts**,
both now and for **ever**. **Amen**.

They are like wise men whobuilt their house on a rock.

READING / SILENCE

RESPONSORY

Resp.

Because of the Lord's tes - ta - ment and the laws of the Fa - thers, our
ho - ly found - ers per - se-vered in fra - ter - nal love.

There was al - ways one spi - rit and one faith____ in them.

Cantor(s):

Their mem'-ry willnev - er belost, and their name_____ will re - main_

forev - er. **There was....**

MAGNIFICAT

Cant. of Mary

These are men of mer - cy whose just - ice will not be for - got - ten; their chil - dren

will pos - sess their goods, their in - her - it - ance will pass to their de - scend - ants.

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

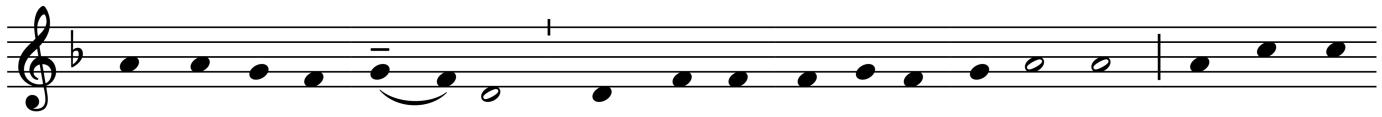
The Almighty has done great things for me
holy is his Name.
He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,

the promise he made to our fathers, [repeat 3rd measure]
to Abraham and his children for ever. [repeat 4th measure]

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.



These are men of mer - cy whose just-ice will not be for-got-ten; their chil-dren



will pos-sess their goods, their in-her-it - ance will pass to their de-scend-ants.

INTERCESSIONS



Per-fect us in love, Lord.

COMMEMORATION OF MARY

see p. 295

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.



Come, let us worship Christ the Lord, who called his saints in-to his ho - ly ser - vice.

Ps. 99 (100)

Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy.

Repeat Antiphon

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the sheep of his flock.

Repeat Antiphon

Go within his gates, giving thanks.
Enter his courts with songs of praise.
Give thanks to him and bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age.

Repeat Antiphon

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.



Come, let us worship Christ the Lord, who called his saints in-to his ho - ly ser - vice.

HYMN

“WE COME UNTO OUR FATHER’s GOD”



1. We come un - to our fa - ther's God; Their Rock is our sal - va - tion;
 2. Their joy un - to their Lord we bring; Their song to us de - scend - eth;
 3. Ye saints to come, take up the strain; The some sweet theme en - deav - or;



The [e]-ter-nal arms their dear a - bode, We make our hab - i - ta - tion. We
 The Spi - rit who in them did sing, To us his mu - sic lend - eth: His
 Un - bro - ken be the gold - en chain: Keep on the song for - ev - er! Safe



bring thee, Lord, the praisethey brought. We seek thee as thy saints have sought
 song in them, in us is one; We raise it high, we send it on
 in the same dear dwell-ing place, Rich with the same e - ter - nal grace



In eve - ry gen - er - a - tion.

The song that nev - er end - eth.

Bless the same bound-less Giv - er. A - men.

Words: Thomas H. Gill, Golden Chain 1868.

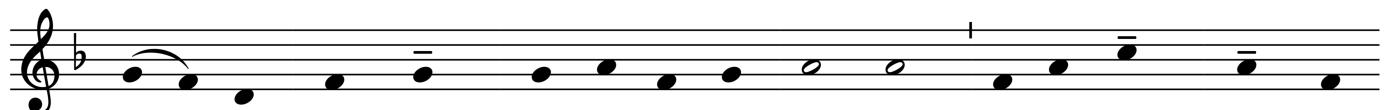
Music: Nun freut euch Martin Luther, in Geistliche Lieder, by Joseph Klug (Wittenberg, Germany: 1535).

NOCTURN I

Noc. 1 Ant. 1



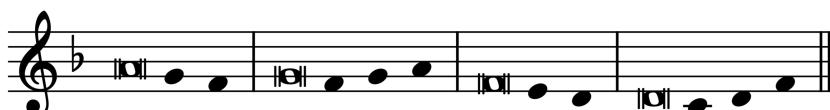
We give you thanks, O Fa - ther, Lord of heav - en and earth; for you have



hid - den thesethings from the wise and pru - dent, but re - vealed them to



lit - tle ones.



Ps. 8
Man, the viceroy of God

How great is your name,
O Lord our God,
How great is your name,
through all the earth!

Your majesty is praised above the heavens;
on the lips of children and of babes
you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your hands,
The moon and the stars which you arranged,
what is man that you should keep him in mind,
mortal man that you care for him?

Yet you have made him little less than a god;
with glory and honor you crowned him,
gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

How great is your name,
O Lord our God,
How great is your name,
through all the earth!

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ps. 14 (15)
Moral code of a good man

Recited by a monk

Lord, who shall be admitted to your tent
and dwell on your holy mountain?

He who walks without fault;
 he who acts with justice
 and speaks the truth from his heart;

 he who does not slander with his tongue;
 he who does no wrong to his brother,
 who casts no slur on his neighbor,

 who holds the godless in disdain,
 but honors those who fear the Lord;
 he who keeps his pledge, come what may;

 who takes no interest on a loan
 and accepts no bribes against the innocent.
 Such a man will stand firm for ever.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

As we go for-ward in our mo-nas-tic life and in faith, let our hearts

 be en-larged, and let us run with un-speak-a-ble love in the way of God's

 com-mand-ments.

Ps. 18 (19)
Praise of God, creator and law-giver

The heavens proclaim the glory of God
 and the firmament shows forth the work of his hands.
 Day unto day takes up the story
 and night unto night makes known the message.

No speech, no word, no voice is heard
 yet their span extends through all the earth,
 []
 their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from his tent,
[
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course.
[
There is nothing concealed from its burning heat.

The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple.

The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes.

The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just.

They are more to be desired than gold,
than the purest of gold
and sweeter are they than honey,
than honey from the comb.

So in them your servant finds instruction;
great reward is in their keeping.
But who can detect all his errors?
From hidden faults acquit me.

From presumption restrain your servant
and let it not rule me.
Then shall I be blameless,
clean from grave sin.

May the spoken words of my mouth,
the thoughts of my heart,

win favor in your sight, O Lord,
my rescuer, my rock!

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

As we go for-ward in our mo-nas-tic life and in faith, let our hearts
be en-larged, and let us run with un-speak-a-ble love in the way of God's
com-mand - ments.

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

The Lord, in his lov - ing mer - cy, shows us the way of life.



Ps. 25 (26)
Prayer of a man of integrity

Give judgment for me, O Lord:
for I walk the path of perfection.
I trust in the Lord;
I have not wavered.

Examine me, Lord, and try me;
O test my heart and my mind,
for your love is before my eyes
and I walk according to your truth.

I never take my place with liars
and with hypocrites I shall not go.

I hate the evil-doer's company:
I will not take my place with the wicked.

To prove my innocence I wash my hands
and take my place around your altar,
singing a song of thanksgiving,
proclaiming all your wonders.

O Lord, I love the house where you dwell,
the place where your glory abides.
Do not sweep me away with sinners,
nor my life with bloodthirsty men

In whose hands are evil plots,
whose right hands are filled with gold.
As for me, I walk the path of perfection.
Redeem me and show me your mercy.

My foot stands on level ground:
I will bless the Lord in the assembly.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

Ps. 114 (116a)
Prayer of a man saved from death

Recited by a monk

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.

O Lord my God, deliver me!
How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears, and my feet from stumbling.

I will walk in the presence of the Lord
in the land of the living.
Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

Planted in the house of the Lord, they will flour - ish in the courts of
our God.

Ps. 91 (92)
Song of a happy man

It is good to give thanks to the Lord
to make music to your name, O Most High,
to proclaim your love in the morning
and your truth in the watches of the night,
on the ten-stringed lyre and the lute,
with the /murmuring sound of the harp.

Your deeds, O Lord, have made me glad;
for the work of your hands I shout with joy.
O Lord, how great are your works!
How deep are your designs!
The foolish man cannot know this
and the /fool cannot understand.

Though the wicked spring up like grass
and all who do evil thrive:
they are doomed to be eternally destroyed.
But you, Lord, are eternally on high.
See how your enemies perish;
all /doers of evil are scattered.

To me you give the wild-ox's strength;
you anoint me with the purest oil.
My eyes looked in triumph on my foes;
my ears heard gladly of their fall.
The just will flourish like the palm-tree
and /grow like a Lebanon cedar.

Planted in the house of the Lord
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just,
In him, my /rock, there is no wrong.

Praise the Father Almighty,
Praise his Son, Jesus Christ the Lord,
Praise the Spirit who dwells in our hearts,
both now and for ever,
the God who is, who was, and is to come
at the /end of the ages. Amen.

Repeat Antiphon

READING / SILENCE

NOCTURN III

Noc. 3 Ant.

Happy will those servants be, whom their master finds watching, when he comes
and knocks at the door and finds them wide-a-wake

Wis. 3, 5-9; 10, 17-21

God has put them to the test
and proved them worthy to be with him;
He has tested them like gold in a furnace,
and accepted them as a holo-/caust.



When the time comes for his visitation
they will shine out;
As sparks run through the stubble,
so will they /run.

They will judge nations
and rule over peoples,
and the Lord will be their king
for ever and ever-/more.

They who trust in him
will understand the truth;
Those who are faithful will live with him in love;
For grace and mercy awaits those he has /chosen.

Wisdom rewarded the saints for their labors;
She led them by a marvelous road;
She herself was their shelter by day
and their starlight through the /night.

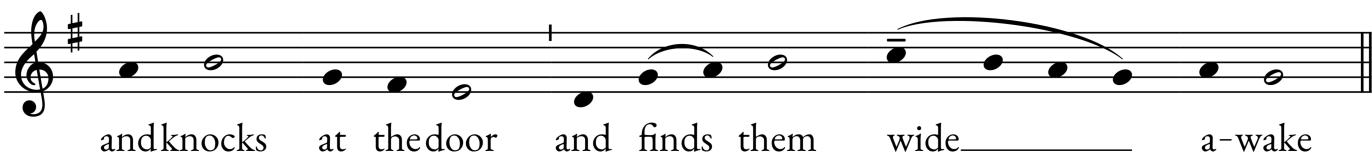
She brought them across the Red Sea,
Led them through the deep waters,
While she swallowed their enemies in the waves;
So the virtuous despoiled the /godless.

Lord, they extolled your holy name
and with one accord praised your protecting hand,
For wisdom opened the mouths of the dumb
and gave speech to the tongues of /babes.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. A-/men.



Hap-py will those ser-vants be, whom their mas-ter finds watch-ing, when he comes



and knocks at the door and finds them wide a-wake

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

Come, let us worship Christ the Lord, who called his saints in to his holy
ser - vice.

Ps. 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help. *Repeat Antiphon*

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice. *Repeat Antiphon*

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you. *Repeat Antiphon*

The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him. *Repeat Antiphon*

Let the peoples praise you, O **God**;
 let all the peoples **praise** you.
 To the Father, the Son, and the Holy **Spirit**
 give praise for ever. **Amen.**

Come, let us worship Christ the Lord, who called his saints in-to his ho - ly
 ser - vice.

HYMN “LORD, WE THANK YOU FOR OUR FOUNDERS”

1. Lord, we thank you for our found - ers,
 2. From Mol - esme they came to Cit - eaux,
 3. Ro - bert, lead - er and first ab - bot,
 4. Cit - eaux, wid - owed of its shep - herd,
 5. Ste - phen Har - ding, ring - ing trum - pet,
 6. Hon - or, glo - ry, vir - tue, mer - it,

Ho - ly men who lived for you.
 To a de - sert, bleak and chill,
 When claimed back at once o - beyed.
 Chose as ab - bot in his stead,
 Guid - ing souls to heav'n a - bove,
 To the Fa - ther and the Son,

Ro - bert, Al - beric, Ste - phen Har - ding;
 Priz - ing vir - tue o - ver rich - es,
 Thus in sac - ri - fice and suf - fring
 One who loved the Rule and breth - ren,
 Gave his monks a no - ble Char - ter
 With the co - e - ter - nal Spi - rit,

To their vision keep us true.
That their vows they might ful - fill.
Were our first foun - da - tions laid.
Al - beric, hol - ly and well read.
Bond - ing them in peace and love.
While un - end - ing ag - es run.

Text: Glencairn, Ireland.

Chant: Sponsa Christi, first strain.

PSALMODY

Ant. 1

These ser-vants proved them-selves faith-ful and wise; the Lord en-trust-ed
to them the care of his house-hold.

Ps. 111 (112)

The generous and upright man: an alphabetical psalm

Happy the man who fears the Lord,
Who takes delight in all his commands.
His sons will be powerful on earth;
the children of the upright are blessed.

Riches and wealth are in his house;
his justice stands firm for ever.
He is a light in the darkness for the upright:
he is generous, merciful and just.

The good man takes pity and lends,
he conducts his affairs with honor.
The just man will never waver:
he will be remembered for ever.

He has no fear of evil news;
with a firm heart he trusts in the Lord.
With a steadfast heart he will not fear;
he will see the downfall of his foes.

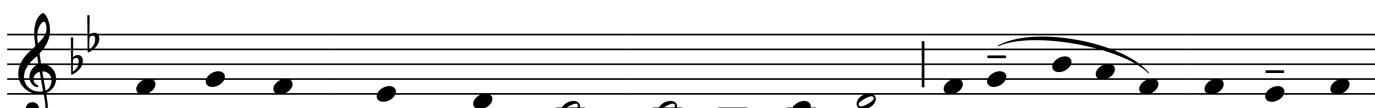
Open-handed, he gives to the poor;
his justice stands firm for ever.

[]

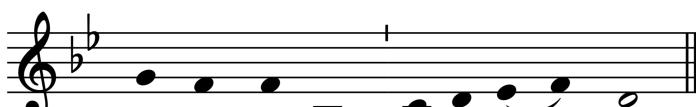
His head will be raised in glory.

The wicked man sees and is angry,
grinds his teeth and fades away;
[]
the desire of the wicked leads to doom.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Theser-vants proved them-selves faith-ful and wise; the Lord _____ en-trust-ed



to them the care of his house-hold.

Ant. 2



Saints _____ of the Lord, sing praise to the Lord _____ for ev - er.



Dn. 3, 57-88. 56

Bless the Lord, all you works of the Lord.
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord.
You heavens, bless the Lord.

All you waters above the heavens, bless the Lord.
All you hosts of the Lord, bless the Lord.

Sun and moon, bless the Lord.
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord.
All you winds, bless the Lord.
Fire and heat, bless the Lord.
Cold and chill, bless the Lord.

Dew and rain, bless the Lord.
Frost and chill, bless the Lord.
Ice and snow, bless the Lord.
Nights and days, bless the Lord.

Light and darkness, bless the Lord.
Lightnings and clouds, bless the Lord.
Let the earth bless the Lord.
Praise and exalt him above all forever.

Mountains and hills, bless the Lord.
Everything growing from the earth, bless the Lord.
You springs, bless the Lord.
Seas and rivers, bless the Lord.

You dolphins and all water creatures, bless the Lord.
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord.
You sons of men, bless the Lord.

O Israel, bless the Lord.
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord.
Servants of the Lord, bless the Lord.

Spirits and souls of the just, bless the Lord.
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord.
Praise and exalt him above all forever.

Let us bless the Father, and the Son, and the Holy Spirit.
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven.
Praiseworthy and glorious and exalted above all forever.

Repeat Antiphon

Ant. 3

In the school of the Lord's ser-vice, let us be faith-ful un - to death.

Ps. 149
Praise to the God of victories

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Zion's sons exult in their king.

Let them praise his name with dancing
and make music with timbrel and harp.
For the Lord takes delight in his people.
He crowns the poor with salvation.

Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand.

To deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron.

To carry out the sentence pre-ordained:
this honor is for all his faithful.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.

The path tak - en by our Fa-thers was fair and pleas-ant.

All the paths they walked were filled with peace.

Cantor(s):

For they had gained possession of the tree of life. All....

BENEDICTUS

Cant. of Zechariah

Bless-ed be the Lord, the God whom our Fa-thers served, for by their life

and teach-ing He strength-ened the Church.

Blest are you, Lord, the God of Israel,
 you have come to your people and set them free.
 You have raised up for us a mighty Savior,
 born of the house of your servant David.

Through your holy prophets, you promised of old
 to save us from the hands of all who hate us,
 to show mercy to our forebears,
 and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
 to set us free from the hands of our enemies,
 free to worship you without fear,
 holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
 for you will go before the Lord to prepare the way
 to give God's people knowledge of salvation
 by the forgiveness of their sins.

In the tender compassion of our God
 the dawn from on high shall break upon us,

to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Bless-ed be the Lord, the God whomour Fa-thers served, for by their life
and teach-ing Hestrength-ened the Church.

INTERCESSIONS

COMMEMORATION OF MARY

see p. 296

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.

The musical notation consists of a single staff in G major with a sharp sign. It features a mix of quarter and eighth notes. The lyrics are: "The righteous will shine like the sun in the kingdom of their Father."

The musical notation consists of a single staff in G major with a sharp sign. It features a mix of quarter and eighth notes. The lyrics are: "Ps. 62 (63) Longing for God".

Ps. 62 (63) Longing for God

O God, you are my God, for you I long;
for you my /soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on /you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will /speak your praise.
So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be /filled as with a banquet,
my mouth shall praise you with joy.

On my bed I remember you.
On you I /muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul /clings to you;
your right hand holds me fast.

Those who seek to destroy my life
shall go down to the /depths of the earth.
They shall be put into the power of the sword
and left as the prey of the jackals.

But the king shall /rejoice in **God**;
all that swear by him shall be blessed /
for the mouth of liars shall **be** silenced.

Praise the Father **Almighty**,
Praise his Son, /Jesus Christ the **Lord**,
Praise the Spirit who dwells **in** our **hearts**,
both now and for **ever**,
the God who is, who /was, and is to **come**
at the end of the ages. **Amen**.

The musical notation consists of a single staff in G major with a common time signature. It features a treble clef, a key signature of one sharp, and a dotted half note followed by a sixteenth-note pattern. The lyrics are written below the notes: "The righteous will shine like the sun in the kingdom of their Father."

SEXT

OPENING VERSE

see p. 9

HYMN

see p. 291

PSALMODY

Ant.

The musical notation consists of a single staff in G major with a common time signature. It features a treble clef, a key signature of one sharp, and a dotted half note followed by a sixteenth-note pattern. The lyrics are written below the notes: "Blessed are they whom you choose, O Lord, and call to dwell in your courts."

The musical notation consists of a single staff in G major with a common time signature. It features a treble clef, a key signature of one sharp, and a dotted half note followed by a sixteenth-note pattern.

Ps. 64 (65) Song of springtime: a psalm of worship

To you our praise is **due**
in **Zion**, O **God**.
To you we pay our **vows**,
you who hear **our** prayer.

To you all flesh will **come**
with its **burden** of **sin**.
Too heavy for us, our **offences**,
but you wipe them **away**.

Blessed is he whom you choose and call
to dwell in your courts.

We are filled with the blessings of your house,
of your holy temple.

You keep your pledge with wonders,
O God our savior,
The hope of all the earth
and of far distant isles.

You uphold the mountains with your strength,
you are girded with power.
You still the roaring of the seas, the roaring of their waves
and the tumult of the peoples.

The ends of the earth stand in awe
at the sight of your wonders.
The lands of sunrise and sunset
you fill with your joy.

You care for the earth, give it water,
you fill it with riches.
Your river in heaven brims over
to provide its grain.

And thus you provide for the earth;
You drench its furrows,
You level it, soften it with showers,
you bless its growth.

You crown the year with your goodness.
Abundance flows in your steps,
In the pastures of the wilderness it flows.
The hills are girded with joy,

The meadows covered with flocks,
the valleys are decked with wheat.
[]
They shout for joy, yes, they sing.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.

COMMEMORATION OF MARY

see p. 291

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 292

PSALMODY

Ant.

A musical score for a single melodic line. It consists of a treble clef, a key signature of one flat, and four measures of music. The lyrics "Come, children, and hear me" are written below the notes. The melody starts with a quarter note followed by eighth notes, then a half note, and finally eighth notes again.

Come, children, and hear me, that I may teach you the fear of the Lord.



Ps. 33 (34)

Praise and fear of God: an alphabetical psalm

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Come, children, and hear me
that I may teach you the fear of the Lord.
Who is he who longs for life
and many days, to enjoy his prosperity?

Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace.

The Lord turns his face against the wicked
to destroy their remembrance from the earth.
The Lord turns his eyes to the just
and his ears to their appeal.

They call and the Lord hears
and rescues them in all their distress.
The Lord is close to the broken-hearted;
those whose spirit is crushed he will save.

Many are the trials of the just man
but from them all the Lord will rescue him.
He will keep guard over all his bones,
not one of his bones shall be broken.

Evil brings death to the wicked;
those who hate the good are doomed.

The Lord ransoms the souls of **his** servants.
Those who hide in him shall not be **condemned**.

Give praise to the Father **Almighty**,
to his Son, Jesus Christ **the Lord**,
to the Spirit who dwells in **our** hearts,
both now and for ever. **Amen.**



Come, chil-dren, and hear me, that I may teach you the fear of the Lord.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 292

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

MARCH 19
ST. JOSEPH, HUSBAND OF MARY

FIRST & SECOND VESPERS

OPENING VERSE

see p. 9

OFFERING OF INCENSE*

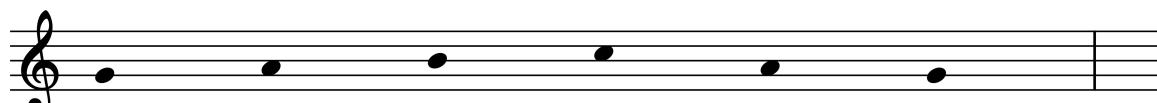
*see p. 10 * [for First Vespers only]*

HYMN - FIRST VESPERS

“WE PRAISE YOU, FATHER, FOR THAT MAN”



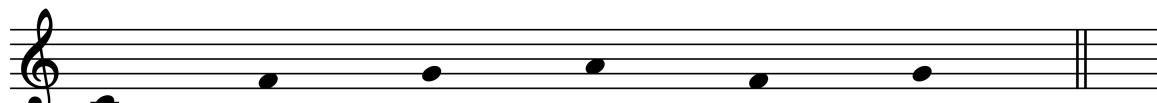
1. We praise you, Fa - ther, for that man,
2. He wel - comed Ma - ry to his home
3. He cared for Je - sus as he grew,
4. You called him to that nar - row road
5. O Fa - ther, hear the pa - tient prayers



The one who was be - lieved
He helped her bear your child;
He led him in your ways;
That leads be - yond the light,
Of Jo - seph, through your Son,



To be the fa - ther of the Son
He fled with her from Beth - le - hem
And, as a fa - ther, taught your Son
To trust, com - pas - sion, gen - tle - ness,
That in your Spi - rit we may work



Whom Ma - ry had con - ceived.
Es - cap - ing Her - od's guile.
To work with wood and blade.
And pa - tience through the night.
To see your king - dom come.

HYMN - SECOND VESPERS

“LOOK DOWN TO US, SAINT JOSEPH”

Look down to us, Saint Joseph, Protector of our Lord, Who
We venerate your just ice, The gospel praise your name, You

fol-lowed you through de-serts and gave you blessed re-ward; Our
are the saint all hum-ble, who gained e-ter-nal fame; In

foes are yet a-bout us, Be strength now at our side, Be
your de-vot-ed fam-i-ly Our souls in trust con-fide, Di-

light a-gainst the dark-ness Saint Joseph be our guide!
rect our way to heav-en Saint Joseph be our guide! A-men.

Text: Fr. Jan Michael Gannon, 1966.

Tune: Ellacombe 7.6.7.6. D.

PSALMODY

Ant. 1

Ja-cob was the fa-ther of Jo-seph, the hus-band of Ma-ry, of whom was
born Je-sus who is called the Christ.

Ps. 20 (21)
After victory

O Lord, your strength gives joy to the king;
how your saving help makes him glad!
You have granted him his heart's desire;
you have not refused the prayer of his lips.

You came to meet him with the blessings of success,
you have set on his head a crown of pure gold.
He asked you for life and this you have given,
days that will last from age to age.

Your saving help has given him glory.
You have laid upon him majesty and splendor,
you have granted your blessings to him for ever.
You have made him rejoice with the joy of your presence.

The king has put his trust in the Lord:
through the mercy of the Most High he shall stand firm.
His hand will seek and find all his foes,
his right hand find out those that hate him.

You will burn them like a blazing furnace
on the day when you appear.
And the Lord shall destroy them in his anger;
fire will swallow them up.

You will wipe out their race from the earth
and their children from the sons of men.
Though they plan evil against you,
though they plot, they shall not prevail.

For you will force them to retreat;
at them you will aim with your bow.
O Lord, arise in your strength;
we shall sing and praise your power.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 2

God sent the an - gel Ga-bri-el to a vir - gin be-trothed to a man of
Da-vid'sline. His name was Jo-seph, and the vir - gin's name was Ma - ry.

Ps. 91 (92)
Song of a happy man

It is good to give thanks to the **Lord**
to make music to your name, **O** Most **High**,
to proclaim your love in the **morning**
and your truth in the watches **of the night**,
on the ten-stringed lyre and the **lute**,
with the /murmuring sound of **the** harp.

Your deeds, O Lord, have made me **glad**;
for the work of your hands I **shout** with **joy**.
O Lord, how great are your **works**!
How deep are **your** designs!
The foolish man cannot **know** this
and the /fool cannot **understand**.

Though the wicked spring up like **grass**
and all who do **evil** **thrive**:
they are doomed to be eternally **destroyed**.
But you, Lord, are eternally on **high**.
See how your enemies **perish**;
all /doers of evil **are** scattered.

To me you give the wild-ox's **strength**;
you anoint me with the **purest oil**.
My eyes looked in triumph on my **foes**;
my ears heard gladly **of** their **fall**.
The just will flourish like the **palm**-tree
and /grow like a Lebanon **cedar**.

Planted in the house of the Lord
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just,
In him, my /rock, there is no wrong.

Praise the Father Almighty,
Praise his Son, Jesus Christ the Lord,
Praise the Spirit who dwells in our hearts,
both now and for ever,
the God who is, who was, and is to come
at the /end of the ages. Amen.

Repeat Antiphon

Ant. 3

Ma - ry the moth - er of Je - sus was be - trothed to Jo - seph, but be - fore
they came to geth - er, she was found to be with child_____ through the
pow - er of the Ho - ly Spi - rit.

Eph. 1, 3-10

Praised be the God and Father
of our Lord Jesus Christ,
who bestowed on us in Christ
every spiritual blessing in the heavens.

God chose us in him
before the world began,
to be holy
and blameless in his sight.

He predestined us to be his adopted sons through Jesus Christ,
such was his will and pleasure,
that all might praise the glorious favor
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed,
and our sins forgiven,
so immeasurably generous
is God's favor to us.

God has given us the wisdom
to understand fully the mystery,
the plan he was pleased
to decree in Christ.

A plan to be carried out in Christ,
in the fullness of time,
to bring all things into one in him,
in the heavens and on the earth.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Ma - ry the moth - er of Je - sus was be - trothed to Jo - seph, but be - fore
they came to - geth - er, she was found to be with child through the
pow - er of the Ho - ly Spi - rit.

READING / SILENCE

RESPONSORY

Resp.

The Lord made me fa - ther to the King and Mas - ter of his whole es - tate.
Do not be afraid: It was for your sal - va - tion that God sent me be - fore you

Cantor(s):

in-to E-gypt. Come to me, and I shall give you all the good things
of Egypt; and you shall live on the best the land can give. **It was...**

MAGNIFICAT

Cant. of Mary

When he awoke Joseph did as the angel of the Lord had com-mand-ed him
and took his wife to him-self

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

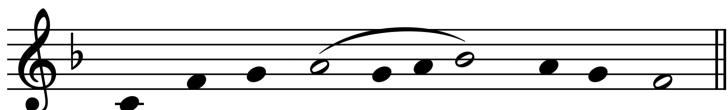
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers, *[repeat 3rd measure]*
to Abraham and his children for ever. *[repeat 4th measure]*

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.



When he a-woke Jo-seph did as the an-gel of the Lord had com-mand-ed him



and took his wife _____ to him-self

INTERCESSIONS



Our Father in heav - en hear our pray'r.

COMMEMORATION OF MARY

see p. 294 and ff. pages

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.



Let us praise Christ the Lord on the feast of blessed Jo-seph.
/



Ps. 99 (100)
Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, /singing for joy.

Repeat Antiphon

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the /sheep of his flock.

Repeat Antiphon

Go within his gates, giving thanks.
Enter his courts with songs of praise.
Give thanks to him and /bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful /from age to age.

Repeat Antiphon

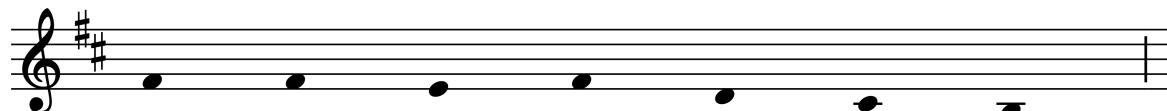
Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages un-/ending. Amen.



Let us praise Christ the Lord on the feast of blessed Jo-seph.

HYMN

“BLESSED JOSEPH, YOURS THE PRAISE”



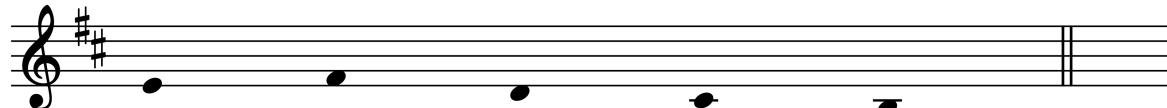
1. Bless - ed Jo - seph, yours the praise
 2. Proph - ets told of Christ to come:
 3. To the Fa - ther's on - ly Son
 4. Once you sought and found a - gain
 5. Fa - ther, Son, and Spi - rit blest,



Choirs of an - gels sing.
 God as man on earth;
 You were fa - ther here;
 Christ, the Lord of light;
 God of truth and grace,



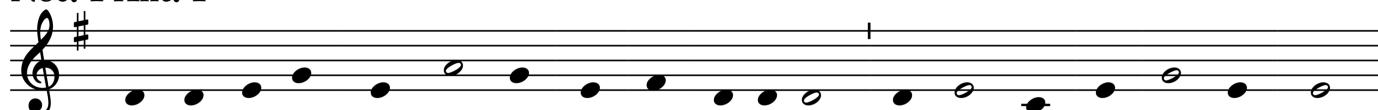
Guard - ian of the Vir - gin blest,
 Yours the glo - ry there to be
 He was sub - ject to your will
 May we walk with him like you,
 By the pray'r of Jo - seph, grant



Of her Child and King.
 At the Sav - ior's birth.
 Whom the heav'ns re - vere.
 Hum - ble in his sight.
 We may see your face.

NOCTURN I

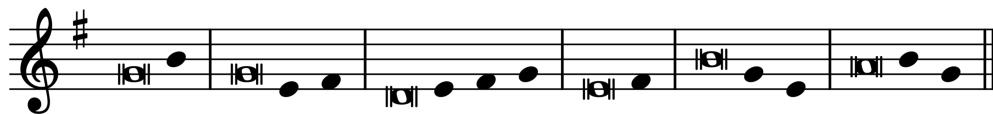
Noc. 1 Ant. 1



Joseph set out from Naz - a - reth in Gal - i - lee and trav - elled to Da - vid's town,



Beth - le - hem in Ju - dae - a, to be reg - is - tered with Ma - ry, his be - trothed.



Ps. 1
Two ways of living

Happy indeed is the man
who follows not the /counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but whose delight is the /law of the Lord
and who ponders his law day and night.

He is like a tree that is planted
beside the /flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he /does shall prosper.
Not so are the wicked, not so!

For they like winnowed chaff
shall be driven a-/way by the wind.
When the wicked are judged they shall not stand,
nor find room among those who are just;
for the Lord guards the /way of the just
but the way of the wicked leads to doom.

Praise the Father Almighty,
Praise his Son, Jesus /Christ the Lord,
Praise the Spirit who dwells in our hearts,
both now and for ever,
the God who is, who /was, and is to come
at the end of the ages. Amen.

Repeat Antiphon

Ps. 5
Morning prayer

Recited by a monk

To my words give ear, O Lord,
give heed to my groaning.
Attend to the sound of my cries,
my King and my God.

It is you whom I invoke, O Lord.
In the morning you hear me;
in the morning I offer you my prayer,
watching and waiting.

You are no God who loves evil;
no sinner is your guest.
The boastful shall not stand their ground
before your face.

You hate all who do evil:
you destroy all who lie.
The deceitful and bloodthirsty man
the Lord detests.

But I through the greatness of your love
have access to your house.
I bow down before your holy temple,
filled with awe.

Lead me, Lord, in your justice,
because of those who lie in wait;
make clear your way before me.

No truth can be found in their mouths,
their heart is all mischief,
their throat a wide-open grave,
all honey their speech.

Declare them guilty, O God.
Let them fail in their designs.
Drive them out for their many offences;
for they have defied you.

All those you protect shall be glad
and ring out their joy.
You shelter them; in you they rejoice,
those who love your name.

It is you who bless the just man, Lord:
you surround him with favor as with a shield.
Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

An an-gel of the Lord ap-peared in a dream to Jo - seph and said: "A-rise, take
the child_ and his moth-er, and flee_____ in-to E - gypt."

Ps. 10 (11)

The security of God's friends: a psalm of confidence

In the Lord I have taken my refuge.

How can you say to my soul:

[]

'Fly like a bird to its mountain.

See the wicked bracing their bow;
they are fixing their arrows on the string

[]

to shoot upright men in the dark.

Foundations once destroyed, what can the just do?'

The Lord is in his holy temple,

[]

the Lord, whose throne is in heaven.

His eyes look down on the world;
his gaze tests mortal men.

The Lord tests the just and the wicked:
the lover of violence he hates.

He sends fire and brimstone on the wicked;
he sends a scorching wind as their lot.

The Lord is just and loves justice:
the upright shall see his face.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1

Jo - seph a - rose and took the child and his mother by night and
fled in-to E - gypt.

Ps. 14 (15) Moral code of a good man

Lord, who shall be admitted to your **tent**
and dwell on your **holy mountain**?
He who walks without fault;
He who acts with justice

And speaks the truth from his **heart**;
He who does not slander with his **tongue**;
He who does no wrong to his **brother**,
who casts no slur on his neighbor,

Who holds the godless in disdain,
but honors those who fear the **Lord**;
[]
He who keeps his pledge, come what may;

Who takes no interest on a **loan**
And accepts no bribes against the **innocent**.
[]
Such a man will stand firm for ever.

Give praise to the **Father Almighty**,
to his Son, Jesus **Christ** the **Lord**,
to the Spirit who dwells in our **hearts**,
both now and for ever. **Amen**.

Repeat Antiphon

Ps. 23 (24)

The ruler of the universe enters his chosen dwelling place

Recited by a monk

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?

The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2

A musical score in G clef, common time, featuring a single melodic line. The notes are primarily quarter notes and eighth notes, with some sixteenth-note patterns and a few grace-like eighth-note pairs.

His parents brought the child Je-sus to do for him what the law required.

A musical score in G clef, common time, featuring a single melodic line. The notes are primarily quarter notes and eighth notes, with a few grace-like eighth-note pairs.

Ps. 92 (93)

Praise of God, king of the world

The Lord is king, with majesty enrobed;
the Lord has robed himself with might,
he has girded himself with power.

The world you made firm, not to be moved;
your throne has stood firm from of old.
From all eternity, O Lord, you are.

The waters have lifted up, O Lord,
the waters have lifted up their voice,
the waters have lifted up their thunder.

Greater than the roar of mighty waters,
more glorious than the surgings of the sea,
the Lord is glorious on high.

Truly your decrees are to be trusted.
Holiness is fitting to your house,
O Lord, until the end of time.

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.

Repeat Antiphon

READING / SILENCE

NOCTURN III

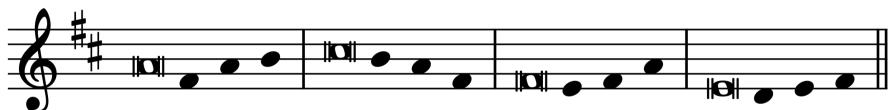
Noc. 3 Ant.

A musical score in G clef, common time, featuring a single melodic line. The notes are primarily quarter notes and eighth notes, with a few grace-like eighth-note pairs.

The father and mother of Jesus marveled at what was said about him;



and Sim - eon blest them.



Jer. 17, 7-8. Sir. 14, 22. 15, 3-4. 5-6

Blessed are those who trust in the Lord,
and whose trust is the Lord.

They shall be like a tree by the waterside
that thrusts its roots to the stream.

When the heat comes, it has nothing to fear;
Its foliage stays green.
In a year of drought it feels no alarm
and does not cease to bear fruit.

Happy the person who meditates on wisdom,
and reasons with good sense,
who studies her ways in his heart,
and ponders her secrets.

She will give him the bread of understandinging to eat
and the water of wisdom to drink.
He will lean on her and will not fall.
He will rely on her and not be put to shame.

She will raise him above his neighbors,
and in full assembly she will open his mouth.
He will find happiness and a crown of joy.
He will inherit an everlasting name.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

St. Joseph | Vigils

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.



Let us praise Christ the Lord on the feast of blessed Joseph.



Ps. 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice.

Repeat Antiphon

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you.

Repeat Antiphon

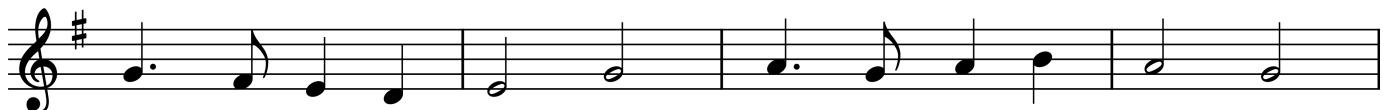
The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

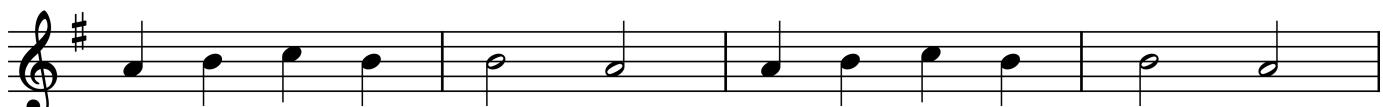
HYMN “FATHER OF A SON WHO CALLS NO MAN HIS FATHER”



1. Fa - ther of a son who calls no man his fa - ther;
 2. Sub - ject un - to you the boy grew strong in wis - dom.
 3. He who gave the law was taught by your in - struc - tion.
 4. While the world was pat - terned from the Word e - ter - nal
 5. Praise to God the Fa - ther, to the Son and Spi - rit



Wed, re - main-ing vir - gin with the Vir - gin Moth - er.
 Lo, you trained the hands of him who formed cre - a - tion.
 Sweet you made the yoke and light you made the bur - den.
 You a - lone were cho - sen as his earth - ly mo - del.
 Rul - ing o'er the earth in deep and won-drous mys - tery.



You were but a man, yet staff, sup - port, and strength of
 Earth and heav - en joined in la - bor - ing to - geth - er
 Hear-ing your com - mand, the fear-some Lord of Si - nai
 Thus you came to know how those who be - come chil - dren
 Dis-tant from the proud, you take your joy in com - ing



Christ the Al - might - y.
 On the same lum - ber.
 Gla - ly re - spond - ed.
 En - ter the king - dom.
 Near to the low - ly. A - men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #SAN Mar. 19 SJ 2.

PSALMODY

Ant. 1



The par - ents of Je - ru - sa - lem eve - ry year for the feast of



Ps. 121 (122)
Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
L'et us go to God's house.
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:
'Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!'

For love of my brethren and friends
I say: 'Peace upon you!'
For love of the house of the Lord
I will ask for your good.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Ant. 2

When they were - turn-ing the child Je - sus re-mained in Je-ru - sa-lem
and his par - ents did_ not know it.

Tb. 13, 9-11. 13-14

O Jerusalem, holy city,
The Lord scourged you for the works of your hands,
But will pity the children /of the righteous.

Praise the Lord for his goodness
And bless the King of the ages
So that his tent may be rebuilt in /you with joy.

A bright light will shine to all parts of the earth,
O Jerusalem, holy city,
And many nations shall come to /you from afar.

Every generation will give joyful praise in you,
And shall call you the chosen one,
Through all ages for /evermore.

Rejoice over the children of the righteous,
Who shall all be gathered together
And shall bless the /Lord of the ages.

Happy are those who love you,
Happy those who rejoice in your prosperity,
And happy are all who /grieve over you.

For they shall rejoice in you
As they behold all your joy for ever.
Blessed be God who has /raised you up.

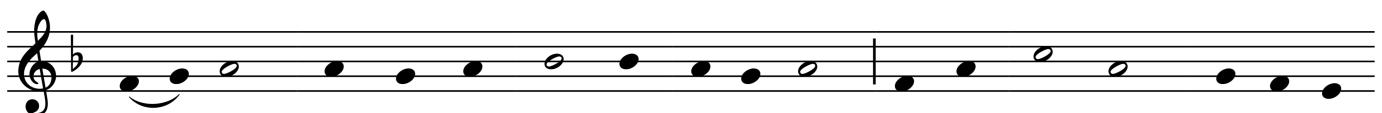
Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages un-/ending. Amen.

Repeat Antiphon

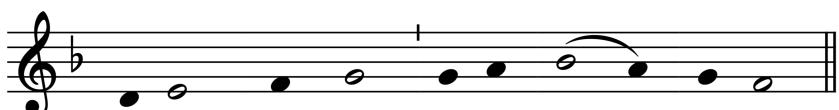
Ant. 3



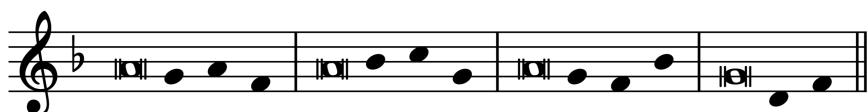
They found him in the temple with the teachers, and his mother asked him:



"My son, why have you treated us like this? See how worried your father



and I have been, as we looked for you."



Ps. 150
Final summons to praise

Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

O praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

O praise him with resounding cymbals,
praise him with clashing of cymbals.
Let everything that lives and that breathes
give praise to the Lord.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

READING / SILENCE

RESPONSORY

Resp.

Jesus went down with them and came to Naz-a-reth, and he lived
there with them and was sub - ject to them. And his moth - er kept
all thesethings and pon - dered them in her heart. And he...

Cantor(s):

BENEDICTUS

Cant. of Zechariah

Je - sus, who was a - bout thir - ty years old, was thought to be the
son of Jo-seph.

Blest are you, Lord, the God of Israel,
you have come to your people and set them free.
You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,
to show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
to set us free from the hands of our enemies,
free to worship you without fear,
holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way
to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Je - sus, who was a - bout thir - ty years old, wasthought to be the
son of Jo-seph.

INTERCESSIONS

COMMEMORATION OF MARY

see p. 294 and ff. pages

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

TERCE

Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.

The musical notation consists of two staves of music in G clef and common time. The first staff starts with a quarter note followed by eighth notes. The second staff starts with a half note followed by eighth notes. The lyrics are written below the notes: "Je - sus went down with them and came to Naz-a-reth, and he was o-be-dient to them."

Ps. 18, 8-15 (19, 8-15)
Praise of God, creator and law-giver

The law of the Lord **is** perfect,
it revives **the** soul.

The rule of the Lord is to **be** trusted,
it gives wisdom to **the** simple.

The precepts of the Lord **are** right,
they gladden **the** heart.

The command of the Lord **is** clear,
it gives light to **the** eyes.

The fear of the Lord **is** holy,
abiding **for** ever.

The decrees of the Lord **are** truth
and all of **them** just.

They are more to be desired **than** gold,
than the purest **of** gold

And sweeter are they **than** honey,
than honey from **the** comb.

So in them your servant finds **instruction**;
great reward is in **their** keeping.

But who can detect all his errors?
From hidden faults acquit me.

From presumption restrain your servant
and let it not rule me.

Then shall I be blameless,
clean from grave sin.

May the spoken words of my mouth,
the thoughts of my heart,

win favor in your sight, O Lord,
my rescuer, my rock!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Je - sus went down with them and came to Naz-a-reth, and he was o-be-dient
to them.

SEXT

OPENING VERSE

see p. 9

HYMN

see p. 288 and ff. pages

PSALMODY

Ant.

Joseph, do not fear to take Ma-ry for your wife; the child she has con-ceived
is of the Ho-ly Spi - rit.

Ps. 47 (48)
The invincible city of God

The Lord is great and worthy to be praised
in the city of our God.

His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.

They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,

By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,

In the city of the Lord of hosts
which God upholds for ever.

O God, we ponder your love
within your temple.

Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;

The people of Judah rejoice
at the sight of your judgments.

Walk through Zion, walk all round it;
count the number of its towers.

Review all its ramparts,
examine its castles,

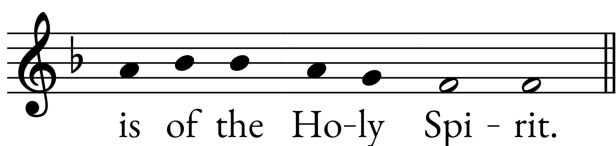
That you may tell the next generation
that such is our God,

Our God for ever and always.
It is he who leads us.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



Joseph, do not fear to take Ma-ry for your wife; the child she has con-ceived
is of the Ho-ly Spi - rit.



READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
LChrist, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 288 and ff. pages

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 289 and ff. pages

PSALMODY

Ant.

As they were re - turn - ing home, the child Je - sus re - mained be - hind
with-out his par - ents' knowl-edge.

Ps. 86 (87)

God's city, mother of all nations

On the holy mountain is his city
cherished by the Lord.

The Lord prefers the gates of Zion
to all Jacob's dwellings.

Of you are told glorious things,
O city of God!

'Babylon and Egypt I will count
among those who know me;

Philistia, Tyre, E thi |opia,
these will be her children

And Zion shall be called "Mother"
for all shall be her children.'

It is he, the Lord Most High,
who gives each his place.

In his register of peoples he writes:
'These are her children'



And while they dance they will sing:
‘In you all find their home.’

Ps. 97 (98)
Orchestra of praise to God, king of the world

Sing a new song to the Lord
for he has worked wonders.

His right hand and his holy arm
have brought salvation.

The Lord has made known his salvation;
has shown his justice to the nations.

He has remembered his truth and love
for the house of Israel.

All the ends of the earth have seen
the salvation of our God.

Shout to the Lord all the earth,
ring out your joy.

Sing psalms to the Lord with the harp
with the sound of music.

With trumpets and the sound of the horn
acclaim the King, the Lord.

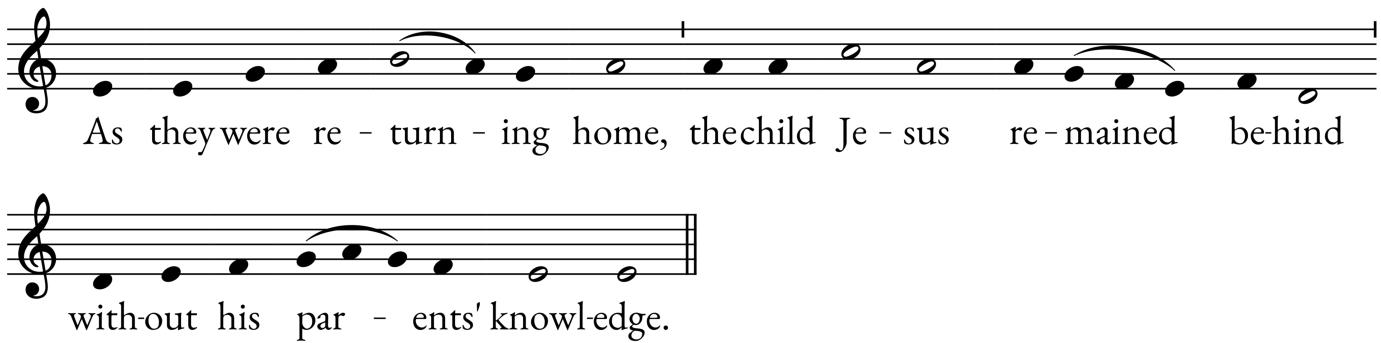
Let the sea and all within it, thunder;
the world, and all its peoples.

Let the rivers clap their hands
and the hills ring out their joy

at the presence of the Lord: for he comes,
he comes to rule the earth.

He will rule the world with justice
and the peoples with fairness.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
LChrist, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 289 and ff. pages

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

MARCH 25

ANNUNCIATION OF THE LORD

FIRST & SECOND VESPERS

OPENING VERSE

see p. 9

OFFERING OF INCENSE*

*see p. 10 * [for First Vespers only]*

HYMN - FIRST VESPERS

“O GRACIOUS MOTHER OF THE LORD”

1. O gra - cious Moth - er of the Lord,
2. The an - gel's greet - ing star - tled you:
3. With faith in God, you hum - bly said:
4. O Je - sus glo - ry be to you,

The one who fash - ioned you, you bore.
"A - mongst all wom - en you are blessed,
"Be - hold, I am your ser - vant, Lord.
The Son of Ma - ry, vir - gin true,

His will the earth and sea o - bey,
O Ma - ry, Vir - gin, full of grace,
Your will be done as you re - quest!"
And to the Fa - ther, God a - bove,

Pro - claim his glo - ry, him a - dore.
The Spi - rit will up - on you rest."
A short re - ply, but rich re - ward.
To Ho - ly Spi - rit, God of love.

Text: Benedictine Daily Prayer, A Short Breviary.
Chant: Cistercian Hymnal.

HYMN - SECOND VESPERS

“HAIL, THIS FESTIVAL DAY!”

Refrain:

Hail, this fes - ti-val day! Blest day to be hal-lowed for - ev - er; When
we in Ma - ry's praise, our joy - ful an - them raise.

Verses in odd numbers are sung by the entire community:

Am E Am Dm Am Dm E
1. A - ve Ma-ri - a, the maid Who bore for us the Re-deem - er
3. Star of the o - cean most fair O lead us to Christ, our broth - er;

Am E Am G Am A7 D D7
1. Blest is she by all cre - a - tion; Blest is she in her child.
3. Pray God de-fend us, ev - er guide us, Show us his lov-ing care.

Verses in even numbers are sung by the cantors:

C F G F C G
2. A - ve Ma-ri - a, the Vir - gin Moth - er, Pray for us sin - ners.
4. Sing out her prais-es, ye choirs of an - gels, Sing all ye peo - ples.

C Am Em C Em B Em D
2. Hail Ma - ry, full of grace, Moth - er of mer - cy and love.
4. Heav-en - ly hosts re - joice; Sing to her glo - ry and praise.

Melody: Salve Festa Dies, Irregular with Refrain.

Music: Ralph Vaughan Williams, 1872-1958.

Text: John Dunn.

Transcriber (from YT audio recording by Daughters of St. Paul, Handmaiden of the Lord: Songs of Mary, 2013): Br. M. Andres Rafael.

PSALMODY

Ant. 1

Thean-gel Ga-bri-el was sent from God to a vir-gin be-trothed to a
man named Jo-seph; and the vir - gin's name was Ma-ry.

Ps. 137 (138) Thanksgiving to a faithful God

I thank you, Lord, with all my heart,
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple.

I thank you for your faithfulness and love
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways:
'How great is the glory of the Lord!'

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.
Though I walk in the midst of affliction
you give me life and frustrate my foes.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

Ant. 2

Thean-gel came to her and said, Hail, fullof grace! The Lord _____ is
with you. Bless-ed are you a - mong wom-en."

Ps. 143 (144)
Appeal for victory and peace

Blessed be the Lord, my rock
who trains my arms for battle,
[]
who prepares my hands for war.

He is my love, my fortress;
he is my stronghold, my savior,
my shield, my place of refuge.
He brings peoples under my rule.

Lord, what is man that you care for him,
mortal man, that you keep him in mind;
man, who is merely a breath
whose life fades like a shadow?

Lower your heavens and come down;
touch the mountains; wreath the them in smoke.
Flash your lightnings; rout the foe,
shoot your arrows and put them to flight.

Reach down from heaven and save me;
draw me out from the mighty waters,
from the hands of alien foes / whose mouths are filled with lies,
whose hands are raised in perjury.

To you, O God, will I sing a new song;
I will play on the ten-stringed lute
to you who give kings their victory,
who set David your servant free.

You set him free from the evil sword;
you rescued him from alien foes

whose mouths were filled with lies,
whose hands were raised in perjury.

Let our sons then flourish like saplings
grown tall and strong from their youth:
our daughters graceful as columns,
adorned as though for a palace.

Let our barns be filled to overflowing with crops of every kind;
our sheep increasing by thousands,
myriads of sheep in our fields,
our cattle heavy with young,

no ruined wall, no exile,
no sound of weeping in our streets.
Happy the people with such blessings;
happy the people whose God is the Lord.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

The musical notation consists of two staves of music in common time, treble clef, and a key signature of one flat. The first staff contains the lyrics "The an-gel came to her and said, Hail, full of grace! The Lord is". The second staff continues with "with you. Bless-ed are you a - mong wom-en." The music features various note values including eighth and sixteenth notes, with several grace notes indicated by small circles.

Ant. 3

The musical notation consists of one staff of music in common time, treble clef, and a key signature of one sharp. The lyrics "Donot be a - fraid, Ma - ry, for you have found fa - vor with God." are written below the staff. The music includes eighth and sixteenth notes, with a few grace notes.

The musical notation consists of one staff of music in common time, treble clef, and a key signature of one sharp. The lyrics "Phil. 2, 6-11" are centered below the staff. The music includes eighth and sixteenth notes, with a few grace notes.

Though he was in the form of God,
Jesus did not deem equality with God
something to be grasped at.

Rather, he emptied himself
and took the form of a slave,
being born in the likeness of men.

He was known to be of human estate, +
and it was thus that he humbled himself,
obediently accepting even death,
death on a cross!

Because of this, +
God highly exalted him
and bestowed on him the name
above every other name,

So that at Jesus' name
every knee must bend
in the heavens, on the earth,

and under the earth, +
and every tongue proclaim
to the glory of God the Father:
JESUS CHRIST IS LORD!

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages unending. Amen.

Repeat Antiphon

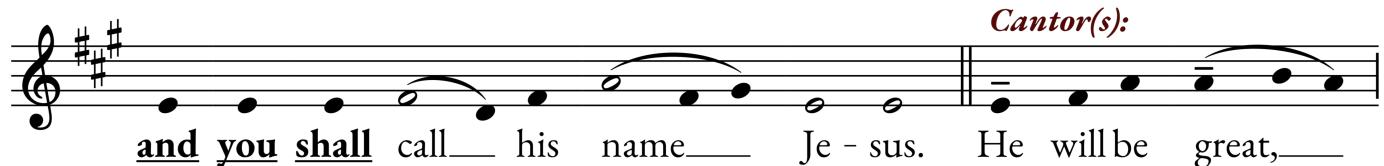
READING / SILENCE

RESPONSORY

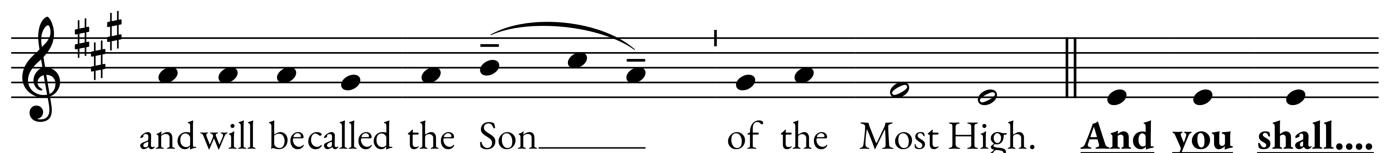
Resp.



Re-joice, O Ma - ry! You will con-ceive and bear a son,



and you shall call his name Je-sus. He will be great,



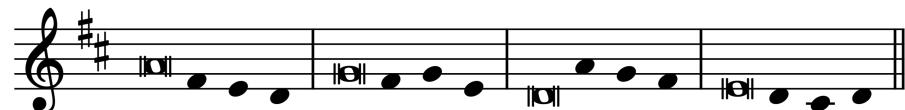
and will be called the Son of the Most High. And you shall....

MAGNIFICAT

Cant. of Mary



I am the hand-maid of the Lord; let what you have said be done to me.



My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant,
and from this day all generations will call me blessed.

The Almighty has done great things for me
holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and sent the rich away empty-handed.
He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
the promise he made to our fathers, *[repeat 3rd measure]*
to Abraham and his children for ever. *[repeat 4th measure]*

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

Repeat Antiphon

INTERCESSIONS



Lord, may your moth - er in - ter - cede_ for us.

COMMEMORATION OF MARY

see p. 294 and ff. pages

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

VIGILS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

The Word was made flesh; come, let us a-dore.

Ps. 99 (100)

Praise to God, creator and shepherd

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, /singing for joy.

Repeat Antiphon

Know that he, the Lord, is God.
He made us, we belong to him,
we are his people, the /sheep of his flock.

Repeat Antiphon

Go within his gates, giving thanks.
Enter his courts with songs of praise.
Give thanks to him and /bless his name.

Repeat Antiphon

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful /from age to age.

Repeat Antiphon

Give praise to the Father, the Son, and the Holy Spirit
both now and for ever
for ages un-/ending. Amen.

The Word was made flesh; come, let us adore.

HYMN

“ALL CREATION WAS RENEWED”

1. All cre - a - tion was re - newed
2. By the Ho - ly Spi - rit's love
3. Mo - ment of un - e - qualled faith
4. Christ the ho - ly one of God,
5. Fa - ther, Son, and Spi - rit praise

By the pow'r of God most high
God pro - nounced his sav - ing Word,
Here in a - ny - time or place:
Son of Da - vid, light from light,
For this mar - vel they have done;

When his prom - ise was ful - filled
Then with free con - sent and trust
Thus did God put on our flesh
Dwells on earth, his glo - ry dimmed
In this act of per - fect love,

Ad - am's race to just - i - fy.
Ma - ry bore cre - a - tion's Lord.
In his Vir - gin full of grace.
Till he comes a - gain with might.
Un - di - vi - ded, al - ways one.

Text: Stanbrook Abbey © Stanbrook Abbey, Callow End, Worcester WR2 4TD.
Chant: Als Christus Mit Seiner Lehr, Bohemian Brothers.

NOCTURN I

Noc. 1 Ant. 1



O gates, lifthigh your heads! Let him enter the King of glory.



Ps. 23 (24)

The ruler of the universe enters his chosen dwelling place

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?

The man with clean hands and pure heart, +
who desires not worthless things,
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory? +
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads; +
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory? +
He, the Lord of armies,
he is the king of glory.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



O gates, lift high your heads! Let him enter the King of glory.

Ps. 44 (45)
Royal wedding song

Recited by a monk

My heart overflows with noble words.
To the king I must speak the song I have made;
my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men
and graciousness is poured upon your lips:
because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh;
in splendor and state, ride on in triumph
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand.
Your arrows are sharp: peoples fall beneath you.
The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever.
A scepter of justice is the scepter of your kingdom.
Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you
with the oil of gladness above other kings:
your robes are fragrant with aloes and myrrh.

From the ivory palace you are greeted with music.
The daughters of kings are among your loved ones.
On your right stands the queen in gold of Ophir.

Listen, O daughter, give ear to my words:
forget your own people and your father's house.

So will the king desire your beauty:
He is your lord, pay homage to him.

And the people of Tyre shall come with gifts,
the richest of the people shall seek your favor.

The daughter of the king is clothed with splendor,
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions.
They are escorted amid gladness and joy;
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
you will make them princes over all the earth.

May this song make your name for ever remembered.
May the peoples praise you from age to age.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 1 Ant. 2

O God, we ponder your love within your temple.

Ps. 47 (48)
The invincible city of God

The Lord is great and worthy to be praised
in the city of our God.
His holy mountain rises in beauty,
the joy of all the earth.

Mount Zion, true pole of the earth,
the Great King's city!

God, in the midst of its citadels,
has shown himself its stronghold.

For the kings assembled together,
together they advanced.
They saw; at once they were astounded;
dismayed, they fled in fear.

A trembling seized them there,
like the pangs of birth,
By the east wind you have destroyed
the ships of Tarshish.

As we have heard, so we have seen
in the city of our God,
In the city of the Lord of hosts
which God upholds for ever.

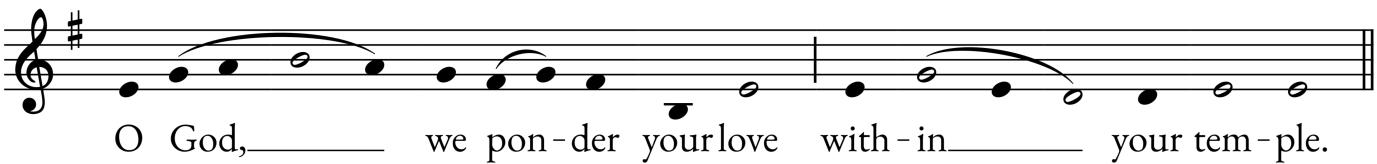
O God, we ponder your love
within your temple.
Your praise, O God, like your name
reaches the ends of the earth.

With justice your right hand is filled.
Mount Zion rejoices;
The people of Judah rejoice
at the sight of your judgments.

Walk through Zion, walk all round it;
count the number of its towers.
Review all its ramparts,
examine its castles,

That you may tell the next generation
that such is our God,
Our God for ever and always.
It is he who leads us.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



READING / SILENCE

NOCTURN II

Noc. 2 Ant. 1



Ps. 84 (85)

The coming age of peace and justice

O Lord, you once favored your land
and revived the fortunes of Jacob,
you forgave the guilt of your people
and covered all their sins.

You averted all your rage,
you calmed the heat of your anger.
Revive us now, God, our helper!
Put an end to your grievance against us.

Will you be angry with us for ever,
will your anger never cease?
Will you not restore again our life
that your people may rejoice in you?
Let us see, O Lord, your mercy [repeat 3rd measure]
and give us your saving help. [repeat 4th measure]

I will hear what the Lord God has to say,
a voice that speaks of peace,
peace for his people and his friends
and those who turn to him in their hearts.

His help is near for those who fear him
and his glory will dwell in our land.

Mercy and faithfulness have met;
justice and peace have embraced.

Faithfulness shall spring from the earth
and justice look down from heaven.
The Lord will make us prosper
and our earth shall yield its fruit.

Justice shall march before him
and peace shall follow his steps.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.



Faith-ful-ness shall spring from the earth and just-ice look down from heav-en.

Ps. 95 (96)
The universal reign of the true God

Recited by a monk

O sing a new song to the Lord,
sing to the Lord all the earth.
O sing to the Lord, bless his name.

Proclaim his help day by day,
Tell among the nations his glory
and his wonders among all the peoples.

The Lord is great and worthy of praise,
to be feared above all gods;
the gods of the heathens are naught.

It was the Lord who made the heavens,
his are majesty and state and power
and splendor in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,
give the Lord the glory of his name.

Bring an offering and enter his courts,
worship the Lord in his temple.
O earth, tremble before him.

Proclaim to the nations: ‘God is king.’
The world he made firm in its place;
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,
let the sea and all within it thunder praise,
let the land and all it bears rejoice,

All the trees of the wood shout for joy
at the presence of the Lord for he comes,
he comes to rule the earth.

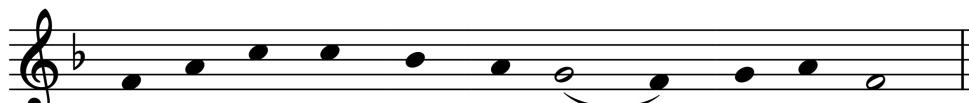
With justice he will rule the world,
he will judge the peoples with his truth.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.

Noc. 2 Ant. 2



Let the sea and all with-in it thun-der, the world and all its peo-ples,



at the presence of the Lord,— for he comes.



Ps. 97 (98)
Orchestra of praise to God, king of the world

Sing a new song to the Lord
for he has worked wonders.
His right hand and his holy arm
have brought salvation.

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord all the earth,
ring out your joy.

Sing psalms to the Lord with the harp
with the sound of music.
With trumpets and the sound of the horn
acclaim the King, the Lord.

Let the sea and all within it, thunder;
the world, and all its peoples.
Let the rivers clap their hands
and the hills ring out their joy

at the presence of the Lord: for he comes,
he comes to rule the earth.
He will rule the world with justice
and the peoples with fairness.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.



Let the sea and all with-in it thun-der, the world and all its peo - ples,



at the presence of the Lord,— for he comes.

READING / SILENCE

NOCTURN III

Noc. 3 Ant.

Give praise and rejoice, O daughter Zion, for behold I come, and I
shall dwell in your midst, says the Lord our God.

Isa. 9, 2-7

The people who walked in darkness
Have seen a great light;
Light has dawned upon them,
Dwellers in a land as dark as death.

You have increased their joy
And given them great gladness;
They rejoice in your presence
As men rejoice at harvest.

For you have shattered the yoke,
The yoke that burdened them,
The bar across their shoulders,
The rod of their oppressor.

All the boots of trampling soldiers,
All the garments soaked in blood
Shall become a burning mass,
Fuel for the fire.

For a child has been born for us,
A son given to us
To bear the symbol of dominion
Upon his shoulder.

And he shall be called wonderful in purpose,
God-like in battle,

Father for all time,
And prince of peace.

And great shall be the dominion
And boundless the peace
Bestowed on David's throne
And on his kingdom,

To establish it and sustain it
With justice and righteousness
From now and for evermore.
The seal of the Lord of hosts shall do this.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Give praise and re-joice, O daugh-ter Zi - on, for be-hold_ I come, and I
shall dwell_____ in_ your midst, saysthe Lord our God.

GOSPEL

TE DEUM

see p. 298

CLOSING PRAYER / BLESSING

LAUDS

OPENING VERSE

see p. 9

INVITATORY ANTIPHON / PSALM

Inv. Ant.

The Word was made flesh; come, let us adore.

Ps. 66 (67)
Harvest song

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
Let the nations be glad and exult
for you rule the world with justice.

Repeat Antiphon

With fairness you rule the peoples,
you guide the nations on earth.
Let the peoples praise you, O God;
let all the peoples praise you.

Repeat Antiphon

The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him.

Repeat Antiphon

Let the peoples praise you, O God;
let all the peoples praise you.
To the Father, the Son, and the Holy Spirit
give praise for ever. Amen.

Repeat Antiphon

HYMN

“PRAISE WE THE LORD THIS DAY”

1. Praise we the Lord this day, This day so
 2. The proph - et gave_ the sign For_ faith - ful
 3. Ask not how this_ should be, But_ wor - ship
 4. Meek - ly she bowed her head To_ hear the
 5. Bless - ed shall be_ her name In_ all the

long fore - told, Whose prom - ise shone with
 men to read; A_ vir - gin born of
 and a - dore, Like_ her whom heav - en's
 gra - cious word, Ma - ry, the pure and
 Church on earth, Through whom that won - drous

cheer - ing ray On wait - ing_ saints of old.
 Da - vid's line Shall bear the_ prom - ised seed.
 Maj - es - ty Came down to_ shad - ow o'er.
 low - ly maid, The fa - vored of the Lord.
 mer - cy came, The [in] - car - nate_ Sav - ior's birth.

A-men.

Scoresheet source: OLP Abbey Office Hymnal Book 1 #SAN Mar. 25 Annun. 1.

PSALMODY

Ant. 1

You shall call his name Je - sus, and the Lord_ God_ will give
 to him the throne of his fa - ther Da - vid.

Ps. 121 (122)
Greeting to Jerusalem: a pilgrimage song

I rejoiced when I heard them say:
'Let us go to God's house.'
And now our feet are standing
within your gates, O Jerusalem.

Jerusalem is built as a city
strongly compact.
It is there that the tribes go up,
the tribes of the Lord.

For Israel's law it is,
there to praise the Lord's name.
There were set the thrones of judgment
of the house of David.

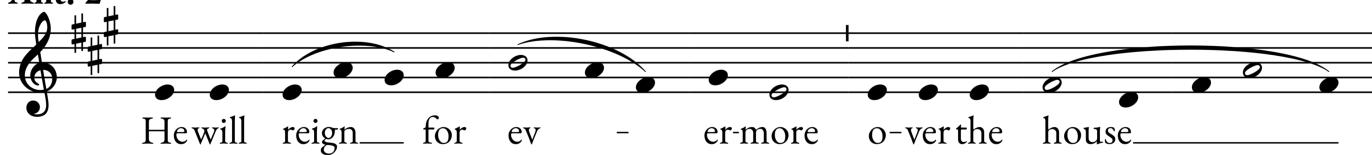
For the peace of Jerusalem pray:
'Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!'

For love of my brethren and friends
I say: 'Peace upon you!'
For love of the house of the Lord
I will ask for your good.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.

Repeat Antiphon

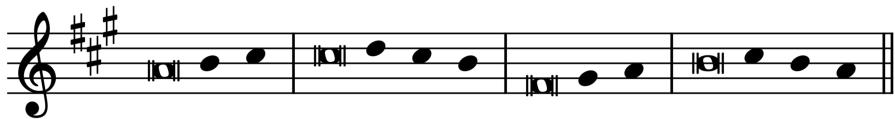
Ant. 2



Hewill reign for ev - er more o-ver the house



of Ja-cob; and of his king - dom therewill be no end.



Isa. 40, 9-11. 27-31

Get you up to a high mountain,
O Zion, herald of good tidings;
Lift up your voice with strength,
O Jerusalem, herald of good tidings.

Lift it up, fear not;
Say to the cities of **Judah**,
'Behold your God!'
Behold, the Lord God comes with might.

He comes with might and power,
And his arm rules for him;
Behold, his reward is with him,
And his recompense before him.

He will feed his flock like a shepherd,
He will gather the lambs in his arms,
He will carry them in his bosom,
And gently lead those that are with young.

Why do you say, O Jacob,
and why do you claim, O Israel,
'My way is hidden from the Lord,
and my right is disregarded by my God'?

Have you not known?
Have you not heard?
The Lord is the everlasting God,
The Creator of the ends of the earth.

The Lord does not faint or grow weary,
His understanding cannot be fathomed.
God gives power to the faint,
and strengthens those who are weak.

Even the youths shall faint and be weary,
and young men shall fall exhausted;

But those who wait for **the** Lord
shall renew their **strength**.

They shall mount up with wings like eagles,
They shall run and not be weary,
They shall walk and not faint
for the Lord shall renew their **strength**.

Give praise to the Father **Almighty**,
to his Son, Jesus **Christ** the **Lord**,
to the Spirit who dwells in our hearts,
both now and for ever. **Amen**.

The musical notation consists of two staves of music in G major (indicated by a treble clef) and common time (indicated by a 'C'). The first staff begins with a dotted half note followed by a quarter note, then a series of eighth notes. The lyrics 'He will reign for ev - er-more o-ver the house' are written below the notes. The second staff begins with a dotted half note followed by a quarter note, then a series of eighth notes. The lyrics 'of Ja-cob; and of his king - dom there will be no end.' are written below the notes.

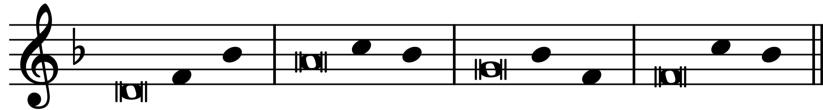
Ant. 3

The musical notation consists of two staves of music in G major (indicated by a treble clef) and common time (indicated by a 'C'). The first staff begins with a dotted half note followed by a quarter note, then a series of eighth notes. The lyrics 'This is the sixth month with her who was called bar - ren, for there is' are written below the notes. The second staff begins with a dotted half note followed by a quarter note, then a series of eighth notes. The lyrics 'noth-ing which God can-not do.' are written below the notes.

Ps. 148
Cosmic praise

Praise the Lord from the heavens,
praise him in the heights.
Praise him, all his angels,
praise him, all his host.

Praise him, sun and moon,
praise him, shining stars.
Praise him, highest heavens
and the waters above the heavens.



Let them praise the name of **the** Lord.
He commanded: they were made.
He fixed them for ever,
gave a law which shall not pass away.

Praise the Lord from the earth,
sea creatures and all oceans,
fire and hail, snow and mist,
stormy winds that obey his word;

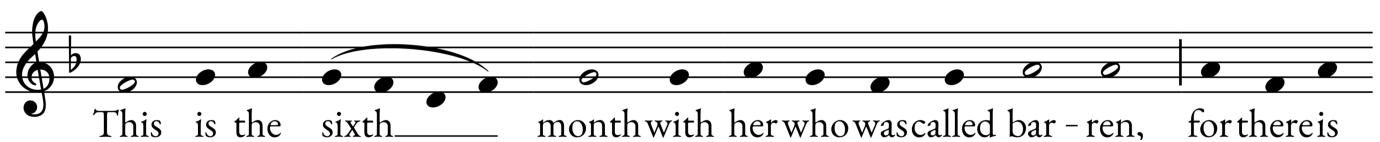
All mountains and hills,
all fruit trees and cedars,
beasts, wild and tame,
reptiles and birds on the wing;

All earth's kings and peoples,
earth's princes and rulers;
Young men and maidens,
old men together with children.

Let them praise the name of **the** Lord
for he alone is exalted.
The splendor of his name
reaches beyond heaven and earth.

He exalts the strength of his people.
He is the praise of all his saints,
of the sons of Israel,
of the people to whom he comes close.

Give praise to the Father Almighty,
to his Son, Jesus Christ the Lord,
to the Spirit who dwells in our hearts,
both now and for ever. Amen.





READING / SILENCE

RESPONSORY

Resp.

Re-joice, O Ma - ry! The Ho - ly Spi - rit will come up-on you,
and the power of the Most High will o-ver - shad - ow you,
for this ho-ly child to be born of you shall be called the Son of God.

Cantor(s):

Bless-ed are you a - mong wom-en, and blessed is the fruit of your
womb. For this

BENEDICTUS

Cant. of Zechariah

I am the hand-maid of the Lord; let what you have said be done to me.



Blest are you, Lord, the God of Israel,
you have come to your people and set them free.
You have raised up for us a mighty Savior,
born of the house of your servant David.

Through your holy prophets, you promised of old
to save us from the hands of all who hate us,
to show mercy to our forebears,
and to remember your holy covenant.

This was the oath you swore to Abraham and Sarah:
to set us free from the hands of our enemies,
free to worship you without fear,
holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare the way
to give God's people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in the shadow of death,
and to guide our feet into the way of peace.

We give you praise, Almighty Father,
through your Son, Jesus Christ, the Lord,
in the power of the Holy Spirit,
both now and for ever. Amen.

The musical notation consists of a single staff in G major, common time. It features a series of eighth and sixteenth note patterns. The lyrics "I am the hand-maid of the Lord; let what you have said be done to me." are written below the notes.

I am the hand-maid of the Lord; let what you have said be done to me.

INTERCESSIONS

COMMEMORATION OF MARY

see p. 294 and ff. pages

OUR FATHER

see p. 297

CLOSING PRAYER

CONCLUDING VERSE

see p. 302

TERCE

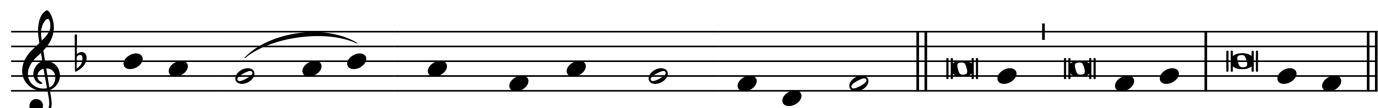
Terce (during Solemnities) is integrated within the celebration of the Holy Mass at the Abbey of Our Lady of the Philippines (OLP). Except for the Psalmody, all the other parts of this canonical hour are, therefore, omitted.

PSALMODY

Ant.



The Vir-gin Ma - ry came forth from the root of Jes - se, and the Spi-rit



of the Most High came to dwell in her heart.

Ps. 126 (127)

Success depends on God's blessing: a pilgrimage song

If the Lord does not build the house,
in vain do its builders labor;

if the Lord does not watch over the city,
in vain does the watchman keep vigil.

In vain is your earlier rising,
your going later to rest,

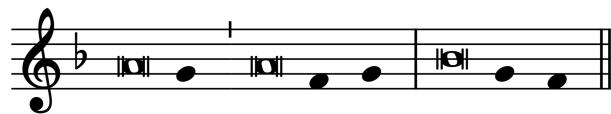
you who toil for the bread you eat:
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,
a blessing, the fruit of the womb.

Indeed the sons of youth
are like arrows in the hand of a warrior.

O the happiness of the man
who has filled his quiver with these arrows!

He will have no cause for shame
when he disputes with his foes in the gateways.



Ps. 127 (128)
The blessings of home: a pilgrimage song

Oblessed are those who fear the Lord
and walk in his ways!

By the labor of your hands you shall eat.
You will be happy and prosper;

Your wife like a fruitful vine
in the heart of your house;

your children like shoots of the olive,
around your table.

Indeed thus shall be blessed
the man who fears the Lord.

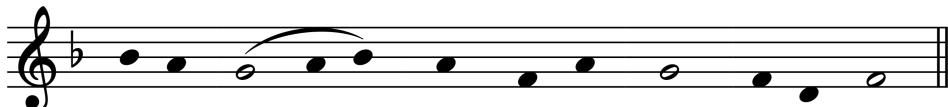
May the Lord bless you from Zion
all the days of your life!

May you see your children's children +
in a happy Jerusalem!
On Israel, peace!

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



The Vir-gin Ma - ry came forth from the root of Jes - se, and the Spi - rit



of the Most High came to dwell in her heart.

SEXT

OPENING VERSE

see p. 9

HYMN

see p. 288 and ff. pages

PSALMODY

Ant.

The Lord will give him the throne of his father Da-vid, and he will reign for-
ev - er.

Ps. 130 (131) Song of serenity: a pilgrimage song

O Lord, my heart is not proud
nor haughty my eyes.

I have not gone after things too great
nor marvels beyond me.

Truly I have set my soul.
in silence and peace.

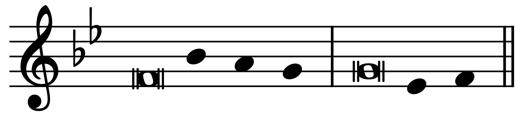
A weaned child on its mother's breast,
even so is my soul.

O Israel, hope in the Lord
both now and for ever.

Ps. 132 (133) The blessings of unity: a pilgrimage song

H ow good and how pleasant it is,
when brothers live in unity!

It is like precious oil upon the head
running down upon the beard,

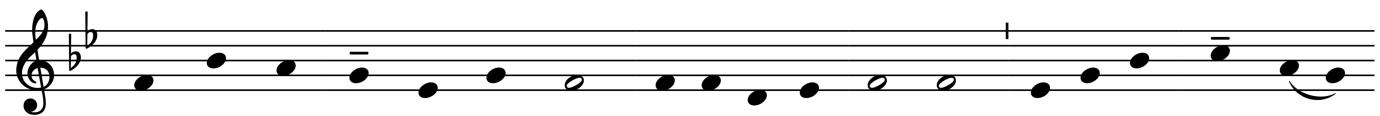


running down upon Aaron's beard
upon the collar of his robes.

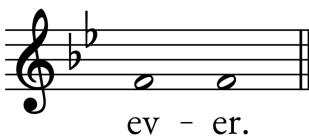
It is like the dew of Hermon which falls
on the heights of Zion.

For there the Lord gives his blessing,
life for ever.

Praise the Father, the Son, and the Holy Spirit
for ever and ever. Amen.



The Lord will give him the throne of his father Da-vid, and he will reign for_



ev - er.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 288 and ff. pages

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

NONE

OPENING VERSE

see p. 9

HYMN

see p. 289 and ff. pages

PSALMODY

Ant.

Be-hold, a vir - gin shall con-ceive and give birth to a son,
and he shall be called Em-man-u - el.

Ps. 146 (147, 1-11)

Praise to God who maintains the world

Praise the Lord for he is **good**; +
sing to our God for he **is** loving;
to him our praise **is** due.

The Lord builds up **Jerusalem**
and brings back Israel's **exiles**,

he heals the **broken**-hearted,
he binds up all **their** wounds.

He fixes the number of **the** stars;
he calls each one by **its** name.

Our Lord is great and **almighty**;
his wisdom can never **be** measured.

The Lord raises **the** lowly;
he humbles the wicked to **the** dust.

O sing to the Lord, **giving** thanks;
sing psalms to our God with **the** harp.

He covers the heavens **with** clouds;
he prepares the rain for **the** earth,



making mountains sprout with grass
and with plants to serve man's needs.

He provides the beasts with their food
and young ravens that call upon him.

His delight is not in horses
nor his pleasure in warriors' strength.

The Lord delights in those who revere him,
in those who wait for his love.

Ps. 147 (147, 12-20)
Praise of God's personal care for Israel

O praise the Lord, Jerusalem!
Zion, praise your God!

He has strengthened the bars of your gates,
he has blessed the children within you.

He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.

He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;

He sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to Jacob,
to Israel his laws and decrees.

He has not dealt thus with other nations;
he has not taught them his decrees.

Praise the Father, the Son, and the **Holy** Spirit
for ever and ever. **Amen.**

The musical notation consists of two staves of music in G clef, common time, and a key signature of one flat. The first staff contains the lyrics 'Be-hold, a vir - gin shall con-ceive' and the second staff contains 'and give birth to a son,'. The notes are primarily quarter notes and eighth notes.

Be-hold, a vir - gin shall con-ceive and give birth to a son,

and he shall be called Em-man-u - el.

READING / SILENCE

TRINITARIAN INVOCATION

Lord, have mercy.
Christ, have mercy.
Lord, have mery.

COMMEMORATION OF MARY

see p. 289 and ff. pages

CLOSING PRAYER

CONCLUDING VERSE

Abbot (Superior): May the divine assistance remain with us always.
All: And with our absent brothers (and sisters).

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APPENDICES

- a. Hymns and Commemorations of Our Lady for Little Hours p. 284
(arranged according to the Proper of Seasons)
- b. Commemorations of Our Lady for Vespers and Lauds p. 293
(arranged according to the Proper of Seasons)
- c. Tones for Our Father p. 296
- d. Te Deum p. 298
- e. Kalendas (Christmas Proclamation) p. 300
- f. Concluding Verse(s) for Vespers and Lauds p. 302
(arranged according to the Proper of Seasons)

HYMNS & COMMEMORATIONS FOR LITTLE HOURS

ADVENT SEASON

AT SEXT:

HYMN

1. You clouds of heav - en o - pen wide,
 2. Lift up your heads, you might - y gates;
 3. To Je - sus praise for ev - er be,

And once a - gain this Ad - vent - ide
 Be - hold the King of glo - ry waits.
 Whose ad - vent sets all peo - ple free,

Rain down the Sav - ior from a - bove
 The King of kings is draw - ing near;
 Whom with the Fa - ther we a - dore,

Who comes to teach his way of love.
 Soon, our Re - deem - er shall ap - pear.
 And Ho - ly Spi - rit ev - er - more.

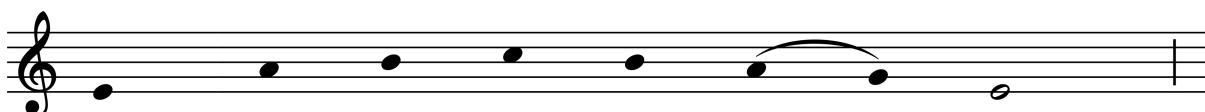
COMMEMORATION OF MARY

Hail Ma - ry full of grace, the Lord is with you.

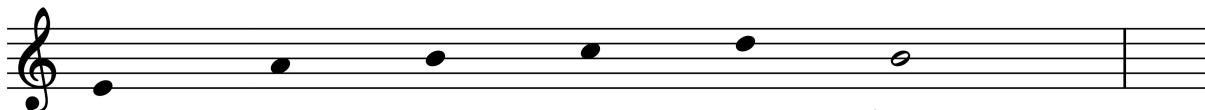
Bless-ed are you a - mong wom - en.

AT NONE:

HYMN



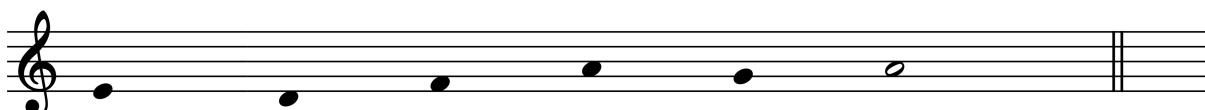
1. A win - ter rose shall flow - er
2. The world will see a mar - vel
3. O Christ, so long a - wait - ed,
4. Come forth from God, the Fa - ther;



On Jes - se's an - cient thorn,
It can - not un - der - stand.
Your age - old prom - ise keep;
Take Ad - am's guilt a - way.



The Word of God un - fold - ing,
When God made man ap - proach - es,
A - wake to life your peo - ple
And with your Ho - ly Spi - rit



In hu - man like - ness born.
Sal - va - tion in his hand.
Who lie in sin a - sleep.
Come, Lord, do not de - lay.

COMMEMORATION OF MARY



Be-hold, a vir-gin shall be with child_____ and bear_____ a son_____

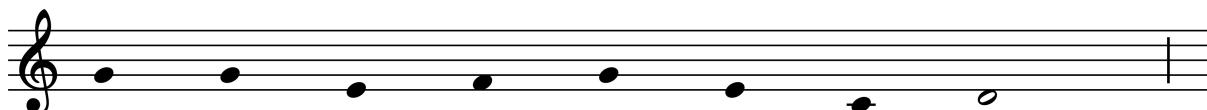


and shall name_____ him Em - ma - nu - el.

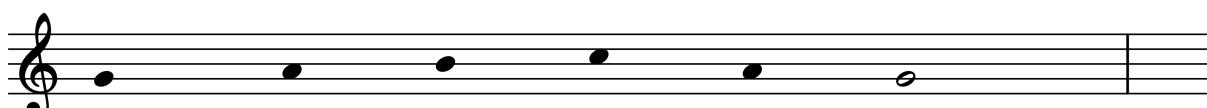
HYMNS & COMMEMORATIONS FOR LITTLE HOURS CHRISTMAS SEASON

AT SEXT:

HYMN



1. To us a child of hope is born,
2. His name shall be the Prince of Peace
3. His pow'r in - creas - ing still shall spread,



To us a Son is giv'n;
For ev - er - more a - dored,
His reign no end shall know



Him shall the tribes of earth o - bey
The Won - der - ful, the Coun - se - lor,
Just - ice shall guard his throne a - bove

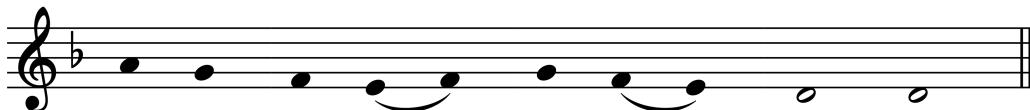


Him all the hosts of heav'n.
The great and might - y Lord.
And peace a - bound be - low.

COMMEMORATION OF MARY



Hail Ma - ry full - of grace, the Lord is with you.



Bless-ed are you - a - mong wom - en.

AT NONE:

HYMN

1. Un - to us a child is giv - en,
 2. Born of Ma - ry, gen - tle vir - gin,
 3. Love and truth in him shall flow - er,
 4. Praise the ev - er - last - ing Fa - ther

Christ, our Sav - ior brings re - lease
 By the Spi - rit of the Lord;
 From his strength their vig - or take.
 And the Word, his on - ly Son;

Coun - se - lor, e - ter - nal Fa - ther,
 From e - ter - nal ag - es spo - ken:
 Branch-es that we bear shall blos - som;
 Praise them with the Ho - ly Spi - rit,

God made man and Prince of Peace.
 This the might - y Fa - ther's Word.
 Joy that slept be - gins to wake.
 Per - fect Trin - i - ty in One.

COMMEMORATION OF MARY

Behold, a vir-gin shall be with child_____ and bear____ a son____

and shall name_____ him Em - ma - nu - el.

HYMNS & COMMEMORATIONS FOR LITTLE HOURS LENTEN SEASON

AT SEXT:

HYMN

1. Lord Je - sus, at this hour you took

2. Al - might - y Fa - ther, at this hour

3. God'sprom - ised Gift, you came to warm

4. Praise God the Fa - ther, gra - cious Lord

The cross on which you con - quered death

You sent the Spi - rit of your Son

Our luke - warm hearts with liv - ing fire

Praise God, his dear and on - ly Son

You took the way that led to life,

To bring true peace to all on earth

Bring now to life a life - less world

Praise God, the Spi - rit, bond of love

The Spi - rit's gift your dy - ing breath.

And make your scat - tered chil - dren one.

And love - less hearts with love in - spire.

Praise God, who is for - ev - er one.

COMMEMORATION OF MARY

Throughyou, O Vir-gin Ma - ry, we drink fromthe well - springs of

sal-va - tion, fromthe wounds of Christ.

AT NONE:

HYMN

1. Our sins, our griefs, and trou - bles
2. His wounds are for our heal - ing,
3. In Christ the past is o - ver,

Christ bore and made his own;
Our peace is by his pain:
A new world now be - gins;

We hid our fac - es from him,
Be - hold, the Man of sor - rows,
With him we rise to free - dom

Re - ject - ed and a - lone.
The Lamb for sin - ners slain.
Who saves us from our sins.

COMMEMORATION OF MARY

Vir-gin Moth-er of our God, lift us when we fall, who were named up-on
the cross, Moth-er of us all.

HYMNS & COMMEMORATIONS FOR LITTLE HOURS EASTER SEASON

AT SEXT:

HYMN

see p. 291

COMMEMORATION OF MARY

Ma - ry, Queen of heav-en and earth, * sing al-le - lu-ia, cry_ a - loud
for joy! The child you bore with-in your womb has ris-en, as he prom-ised
from the tomb. Pray for us that we_ may all sing al - le - lu - ia,
cry_ a - loud for joy.

AT NONE:

HYMN

see p. 292

COMMEMORATION OF MARY

O Queen of heav'n re-joice, al-le - lu - ia. For he whom thou didst mer-it
to bear, al-le - lu - ia. Is risen as he said, al-le - lu - ia. Pray for us
to God, al - le - lu - ia, al - le - lu - ia.

HYMNS & COMMEMORATIONS FOR LITTLE HOURS ORDINARY TIME

AT SEXT:

HYMN

1. O God of truth, O Lord of might,
2. Ex - tin - guish now its sin - ful fire
3. Al - might - y Fa - ther, hear our cry,

Who or - der time and change a - right,
And ban - ish eve - ry ill de - sire;
Through Je - sus Christ, our Lord Most High,

Who send the ear - ly morn - ing ray
And while you keep the bod - y whole,
And with the Spi - rit Par - a - clete,

And light the glow of per - fect day.
Shed forth your peace up - on the soul.
Whose reign the end - less ag - es greet.

A - men.

COMMEMORATION OF MARY

Mary has giv-en birth to our Sav - ior! When John saw him he ex-claimed,

"This is the Lamb_ of God who takes a-way the sins of the world."

HYMNS & COMMEMORATIONS FOR LITTLE HOURS

ORDINARY TIME

AT NONE:

HYMN

1. O God, cre - a - tion's se - cret force,
 2. Your light at e - ven - tide im - part,
 3. Al - might - y Fa - ther, hear our cry,

Your - self un - moved, all mo - tion's source,
 That light from us may ne'er de - part,
 Through Je - sus Christ, our Lord Most High,

Who from the morn till eve - ning's ray
 But let a ho - ly death ac - cord
 And with the Spi - rit Par - a - clete,

Through eve - ry change di - rect____ the day.
 E - ter - nal glo - ry with____ the Lord.
 Whose reign the end - less ag - es greet.

A - men.

COMMEMORATION OF MARY

OBlessed Moth-er and vir - gin un-de-filed, O glo - rious Queen of the
 world,____ plead for us be-fore the Lord.

COMMEMORATIONS OF OUR LADY ADVENT SEASON

AT VESPERS:

Alma Redemptoris Mater (Simple Tone, 5th mode)

Alma Redemptoris Ma-ter, quae per-vi - a cae-li por-ta ma-nes,
 et Stel-la ma-ris, suc-cur-re ca-den-ti, sur-ge-re qui cu-rat, po-pu-lo: tu quae
 gen-u-is-ti, na-tu-ra mi-ran-te, tu-um san-ctum Ge-ni-to - rem, Vir-go pri-us,
 ac po-ste - ri - us, Ga-bri - e - lis ab o - re sum-mens il - lud A - ve,
 pec - ca - to - rum mi - se - re - re.

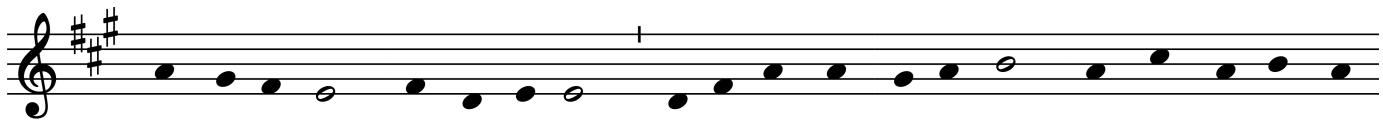
AT LAUDS:

The tone for Our Father is on p. 297.

O with what joy we sing of Ma - ry, a wo-man of great love,
 whose o - pen-ness and lov-ing kind - ness, gave birth to God's own Son.
 Ma - ry, O so gen - tle and dis - creet, be with us as we pray.
 To know the whisper of his pres - ence, the won - der of his love.

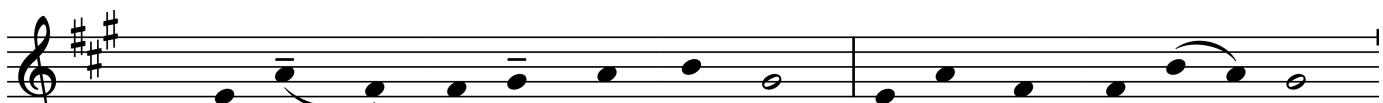
COMMEMORATIONS OF OUR LADY CHRISTMAS SEASON

AT VESPERS:



Bless-ed are you, Vir-gin Ma-ry, * who a maid-en un-de-filed, be-came the mo-ther
of our Sav-i-or. Helays in a man-ger, yet his glo - ry fills_ the hea-vens.

AT LAUDS:



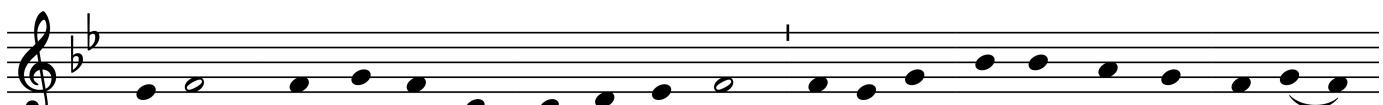
By the word,_ the vir - gin con-ceived. She re-mained a vir - gin,
and ev - er vir - gin, brought forth the King— of kings.

Music: Br. M. Andres Rafael.
© Abbey of our Lady of the Philippines (OLP), 2025.

The tone for Our Father is on p. 297.

COMMEMORATIONS OF OUR LADY LENTEN SEASON

AT VESPERS:



Ma-ry, * God has cho-sen you for him-self, to be the sin-less moth-er of all—
the liv - ing.

AT LAUDS:



Look to the Star * call up-on Ma-ry; with her_ for guide you will not
go a-stray, un-der her pro-tec - tion you have noth-ing to fear.

COMMEMORATIONS OF OUR LADY EASTER SEASON

AT VESPERS:

O Queen of heaven, * be joyful, al - le - lu - ia! The Son whom you did
mer - it to bear, — al - le - lu - ia! Rose in splen - dor as he prom - ised,
al - le - lu - ia! Pray for your chil - dren, Ma - ry, al - le - lu - ia!

AT LAUDS:

O Queen of heaven rejoice! For he whom you bore is ris - en as he said,
al - le - lu - ia, al - le - lu - ia.

The tone for Our Father is on p. 297.

COMMEMORATIONS OF OUR LADY ORDINARY TIME

AT VESPERS:

Be mind - ful O Vir - gin Mother of God. When you stand before the
Lord to speak good things for us, and to turn t'wards us His love and
mer - cy.

COMMEMORATIONS OF OUR LADY ORDINARY TIME

AT LAUDS:

We place our-selves in your keep-ing ho-ly Moth-er of God. Re-fuse not
the pray'rof your chil - dren in their dis-tress but de-liv-er us from all
dan-ger, ev-er vir - gin, glo - ri-ous andbless-ed.

OUR FATHER for MARIAN SOLEMNITIES

Our Fa-ther, who art in heav-en, hal-lowed be thy name; thy king-dom come,
thy will be done on earth as it is in heav-en. Give us this day our dai-ly bread,
and for-give us our tres-pass-es, as we for-give those whotres-pass a-gainstus;
and lead us not in - to temp-ta-tion, but de-liv-er us from e - vil.

The Concluding Verse is on p. 302.

OUR FATHER for VESPERS

Our Fa-ther, whoart inheav-en, hal-lowed be thy name; thy king-dom come,
thy will be done on earth as it is in heav-en. Give us this day our
dai-ly bread, and for-give us our tres-pass-es, as we for-give those who tres-pass
a-againstus; and lead us not in-to temp-ta-tion, but de-liv-er us from e - vil.

OUR FATHER for LAUDS

*The Concluding Verse
is on p. 302.*

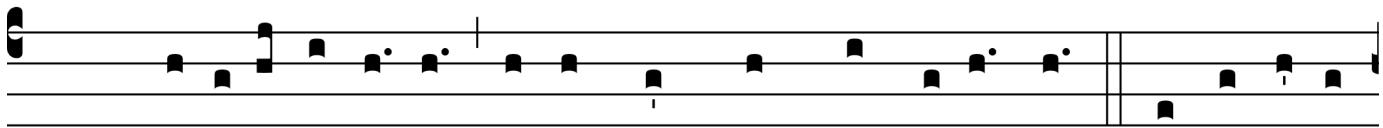
Our Fa - ther, whoart in heav-en, hal-lowed be thy name; thy -
king-dom come, thy will be done on earth as it is in heav-en. Give us -
this day our dai-ly bread, and for-give us our tres-pass-es, as we for-give
those who tres-pass a - gainstus; and lead us not in-to temp-ta-tion,
but de-liv-er us from e - vil.

HYMN OF PRAISE - "TE DEUM"

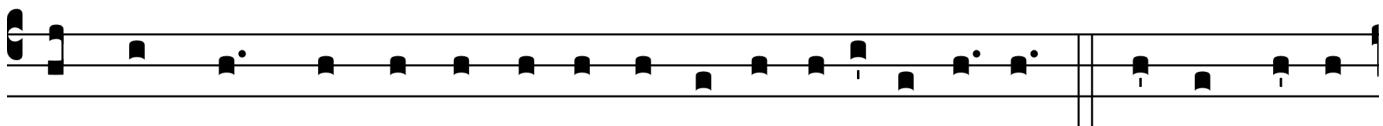
Transcribed by: Br. M. Andres Rafael

W

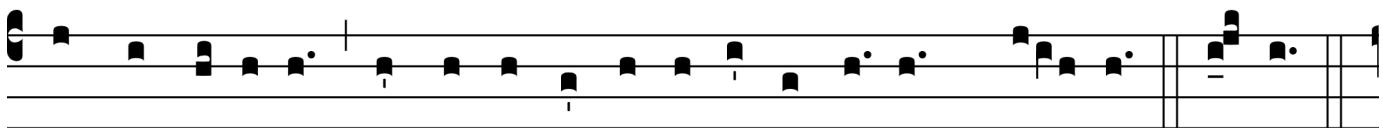
e praise you, O God. *Choir I:* We acclaim you, Lord and Master.



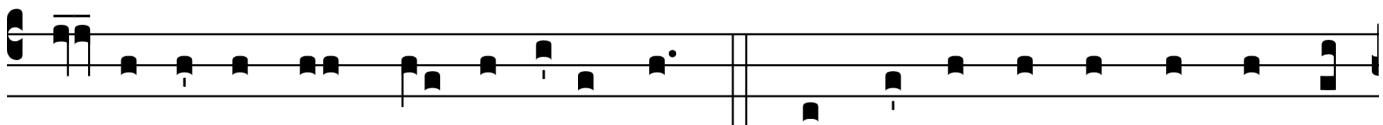
Choir II: Ev-erlasting Fa-ther, all the world bows down before you. *I:* All the angels



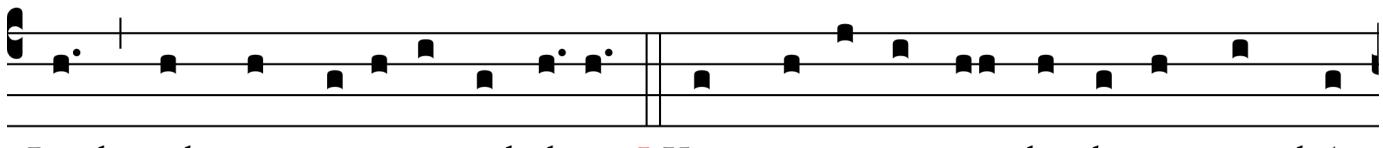
sing your praise, the host of heaven and all the angel-ic powers. *II:* All the Cheru-



bim and Ser-aphim call out to you in unending chorus: *I:* Ho- ly, *II:* Ho-ly,



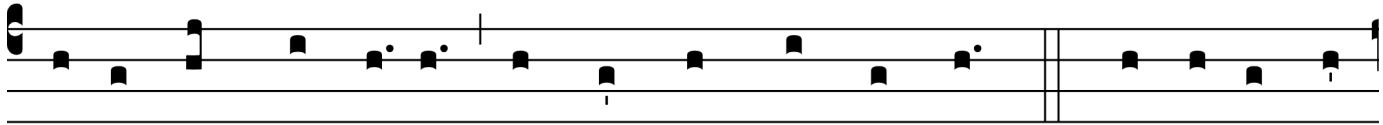
I: Ho-ly is the Lord God of angel hosts! *II:* The heavens and the earth are filled,



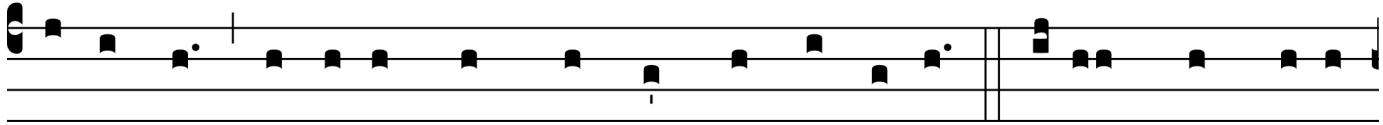
Lord, with your majes-ty and glory. *I:* Your praises are sung by the renowned A-



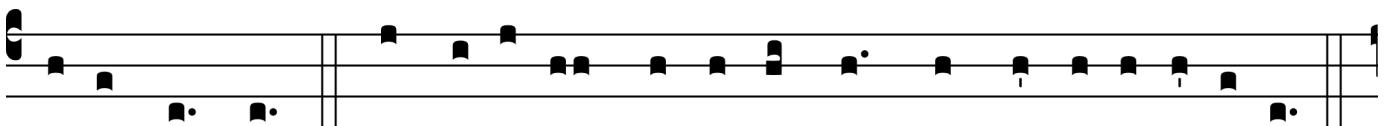
postles. *II:* By all the Prophets who, themselves, deserve our praise. *I:* By that



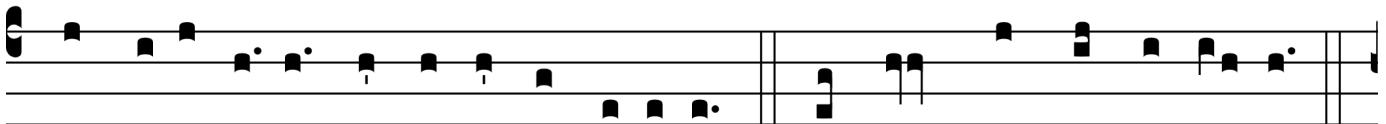
mighty, white-robed ar- my who shed their blood for Christ. *II:* And to the ends



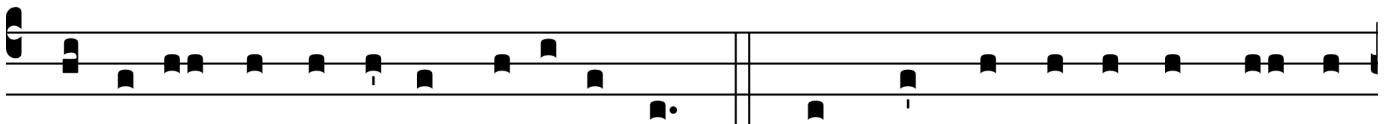
of the earth, the ho-ly Church proclaims her faith in you. *I:* Father, whose majes-



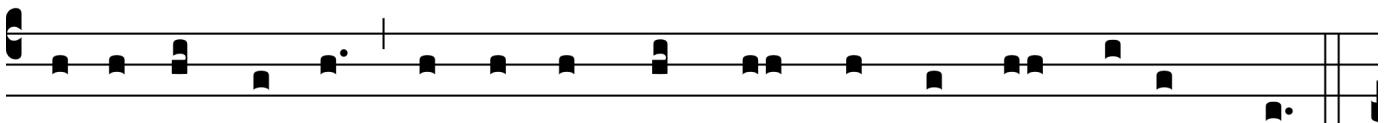
ty is boundless ***II:*** Your on-ly Son, who is true God, and who is to be adored.



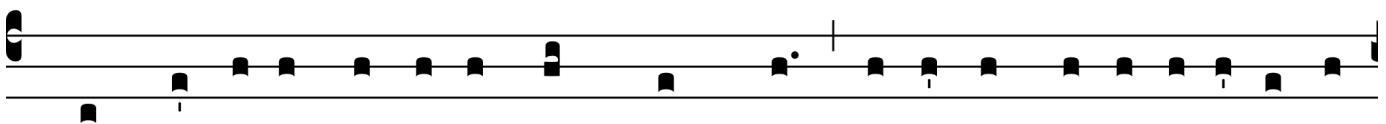
I: The Holy Spirit, sent to be our Advocate. ***II:*** O Christ, the King of glo- ry!



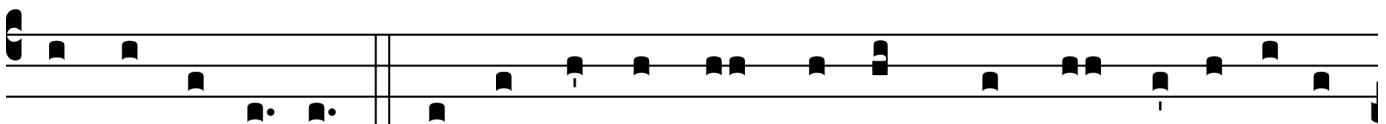
I: You a-lone are the Father's e-ternal Son. ***II:*** When you were to become man so



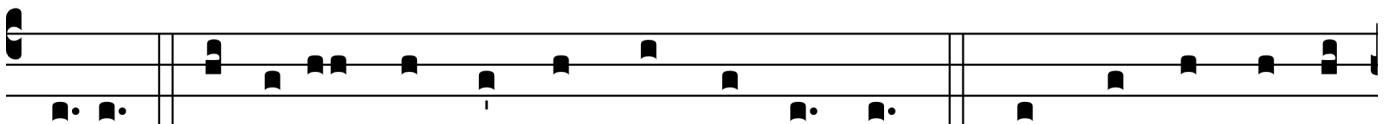
as to save mankind, you did not shrink back from the chaste Virgin's womb.



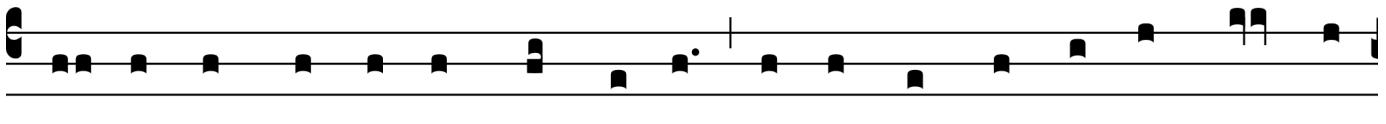
I: When you triumphantly destroyed death's sting, you opened up to believers the



kingdom of heaven. ***II:*** You are now enthroned at God's right hand, in the Father's



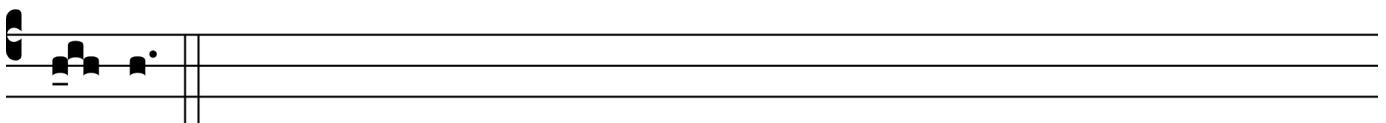
glory. ***I:*** We believe that you will come for judgment. ***II:*** We, therefore, implore



you to grant your servants grace and aid, for you shed your precious blood for



their redemption. ***I&II:*** Admit them all to the ranks of your saints in ev-erlasting



glo- ry.

THE PROCLAMATION OF THE BIRTH OF CHRIST

2011 ICEL Translation set to the traditional Latin tone

The musical notation consists of ten staves of neumes on a four-line staff system. The first staff begins with a large capital letter 'T'. The lyrics are integrated with the music, appearing below each staff. The lyrics describe the creation of the world, the fall of man, the flood, the covenant with Noah, the exodus from Egypt, the reign of King David, and the prophecy of Daniel.

T
He twenty-fifth day of Decem-ber,
when ages beyond number had run their course from the cre-ation of the world,
when God in the beginning created heaven and earth, and formed man in his own
like-ness; when century upon century had passed since the Almighty set his bow
in the clouds after the Great Flood, as a sign of covenant and peace; in the twen-
ty-first century since Abraham, our father in faith, came out of the Ur of the Chal-
dees; in the thirteenth century since the People of Is-ra-el were led by Moses in
the Ex-odus from E- gypt; around the thousandth year since David was anoint-ed
King; in the sixty-fifth week of the prophecy of Daniel: in the one hundred and
ninety-fourth Olym-piad, in the year seven hundred and fif-ty-two since the foun-

dation of the Cit-y of Rome, in the forty-second year of the reign of Caesar Octa-
vian Augustus, the whole world being at peace, JESUS CHRIST, e-ternal God and
Son of the e-ternal Father, desiring to consecrate the world by his most loving pres-
ence, was conceived by the Holy Spirit, and when nine months had passed since
his conception, was born of the Virgin Mary in Bethlehem of Judah, and was
made man: The Nativ-i-ty of Our Lord Jesus Christ accord-ing to the flesh.

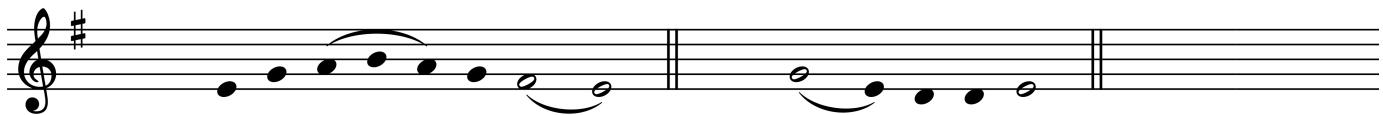
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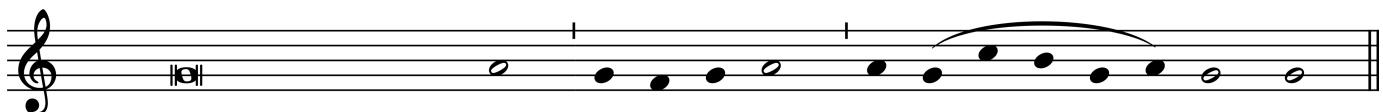
CONCLUDING VERSE(S) FOR VESPERS & LAUDS

DURING ADVENT, LENT, WEEKDAYS OF EASTER, & ORDINARY TIME:



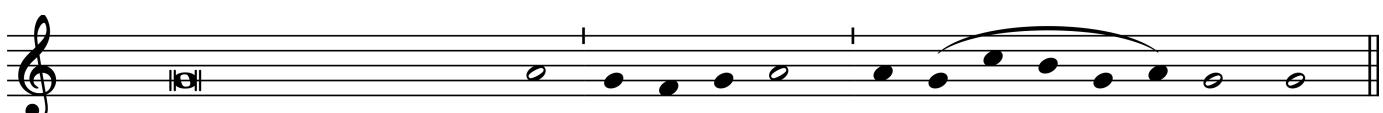
Cantor(s): Let us bless the Lord. *All:* Thanks be to God.

DURING CHRISTMAS (BEFORE EPIPHANY):



Cantor(s): The Word became flesh, al - le - lu - ia, al - le - - - lu - ia.
All: He lived among us, al - le - lu - ia, al - le - - - lu - ia.

DURING EPIPHANY TILL BAPTISM OF THE LORD:



Cantor(s): Christ has appeared to us, al - le - lu - ia, al - le - - - lu - ia.
All: Thanks be to God, al - le - lu - ia, al - le - - - lu - ia.

DURING OCTAVE OF EASTER (INCLUSIVE OF ALL SUNDAYS OF EASTER BEFORE ASCENSION):



Cantor(s): This is the day the Lord has made, al - le - lu - ia, al - le - - - lu - ia!
All: Let us be glad and rejoice in it, al - le - lu - ia, al - le - - - lu - ia!