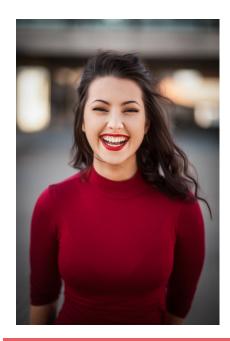
# **Rachel Stokes**



"Cooking well doesn't mean cooking fancy."

**Age:** 19

Work: Uni student

Family: Long distance relationship

Location: Clayton, VIC Character: Enthusiast

Personality

Introvert	Extrovert
Thinking	Feeling
Sensing	Intuition
Judging	Perceiving

Friendly

Loving

Optimistic

#### Goals

- Find more recipes that fit her dietary needs
- Try dishes from different parts of the world
- Find more delicious and budget friendly dishes

#### **Frustrations**

- Eating the same meals repetitively
- Boring recipes
- Recipes that are too complex/fancy

#### Bio

Rachel is a first year nursing student. She's been vegan for 6 years and counting, and also cannot consume gluten. As a uni student, she doesn't have the luxury of spending a large amount of her budget on groceries. She's sick of eating the same meals over and over again but finds it difficult and tedious to search for new recipes that are delicious, budget-conscious and also suit her lifestyle.

#### Motivation

Fear
Growth
Power
Social

### Brands & Influencers



## Technology

Social Media

Mobile Apps

Social Networks