

5

STEPS TO PUBLIC SPEAKING FOR GIRLS

1

Be Confident

Visualise delivering your presentation successfully and be positive. Practice well and maintain a relaxed and confident body language.

2

Use Pauses

It is very important to pause, allowing your audience to absorb what you are saying and making your presentation more impactful.

3

Modulate Your Voice

Use your voice to its full potential, varying between pitches to bring your speech to life.

4

Use Stories

Use stories to engage the audience and make your presentation more memorable.

5

Be Yourself

Be authentic, embrace your own style and your unique communicating ways, and your audience will love you!

5 STEPS TO PUBLIC SPEAKING FOR GOVERNMENT SCHOOL STUDENTS

1

Don't worry about your accent

Even if you don't have a native accent, just focus on your pronunciations to make them understandable. Otherwise, your story is more important.

2

Speak Slowly

Don't worry about sounding boring by speaking slowly. Use adequate pauses and speak at a comfortable pace and your speech will be much more impactful.

3

Work on Intonation

Record yourself speaking and note down areas where you sound boring. Add vocal variety to those areas to sound engaging.

4

Practice. Practice. Practice

The best way to overcome nervousness is to practice. Practice in front of the mirror, record yourself, and ask for feedback.

5

Don't Read. Make an Outline

Use an outline of points to shape your speech instead of reading. This lets your authentic voice shine.

5

STEPS TO PUBLIC SPEAKING FOR MIDDLE SCHOOL STUDENTS

1

Master Your Voice

Make your speech more impactful through voice modulation using a variety of paces, volumes, pitches, and inflection.

2

Pause.

Use pauses effectively to let the audience understand you, convey emotion, and replace filler words

3

Use your Body Language Effectively

Use upper body gestures and facial expressions to amplify what you have to say.

4

Know Your Audience

Study your audience and tailor your speech to best convey your ideas to them, aligning your goals to the audience's needs

5

Be Positive

Have a positive attitude and believe in yourself. Perform breathing exercises to ensure you are calm and relaxed before your speech.