



SERVE TO CHANGE LIVES
RI Theme 2021-22

Rotary
District 3011



Reflections

CLUB BULLETIN

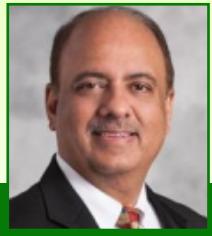
Rotary Club of Delhi South West

R.Y. 2021-22

Club ID : 23163

Issue : January, 2022

Charter Date: 02.10.1985



Shekhar Mehta
RI President



Anup Mittal
District Governor



Ashok Kantoor
District Governor Elect



S.B Singh
President

Activities held in the Month of January 2022



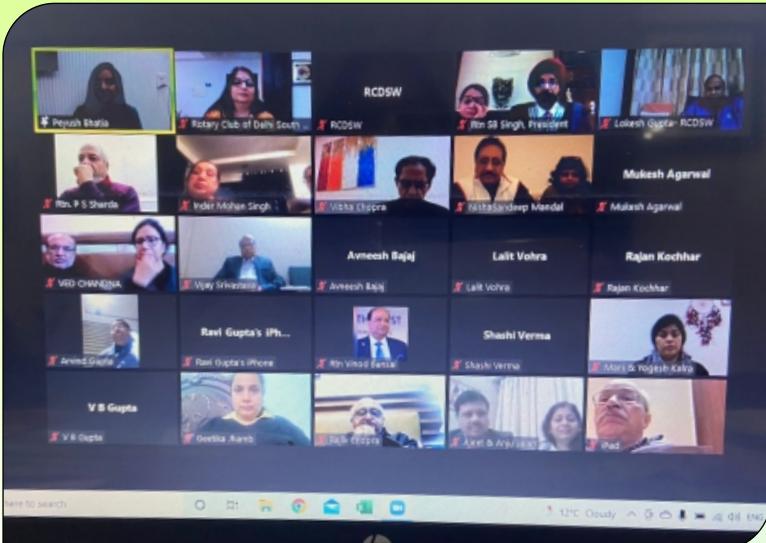
-  **16 January** : Speaker Meeting "Life Beyond Fear"
-  **26, 29 & 30 January** : Ludo Premier League 2
-  **30 January** : Jugnu Challenge
-  **January** : From the Desk of Club Editor "REFLECTIONS"



16 January : Speaker Meeting “Life Beyond Fear”

Speaker Meeting “Life Beyond Fear”

Virtual Speaker Meeting on the topic “Life Beyond Fear” was held on 16 January, 2022. Life Coach, Ms Peyush Bhatia was the keynote speaker. She helped the members in exploring their biggest fear and helped them in realising its impact in their lives and also helped them to see the possibilities beyond them. She helped the members in manifesting their goals for 2022. An interesting session of 40 minutes was followed by questions and answers round. Many members asked their queries which were beautifully answered by Ms Peyush Bhatia. New Member Mr Parveen Kumar Kochar introduced by Rtn Sunil Kumar Kochar was also inducted as Rotarian.



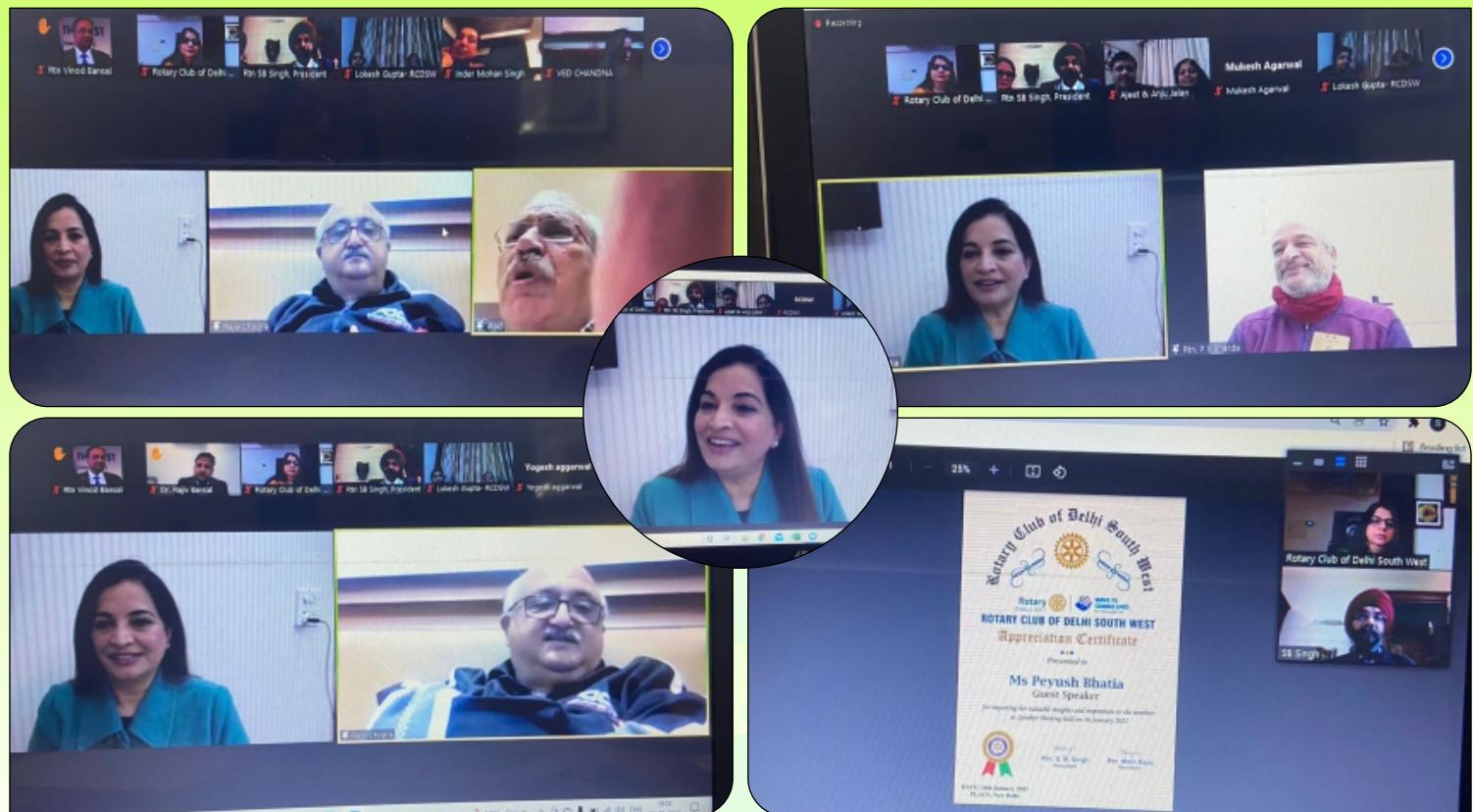
16 January : Speaker Meeting “Life Beyond Fear”



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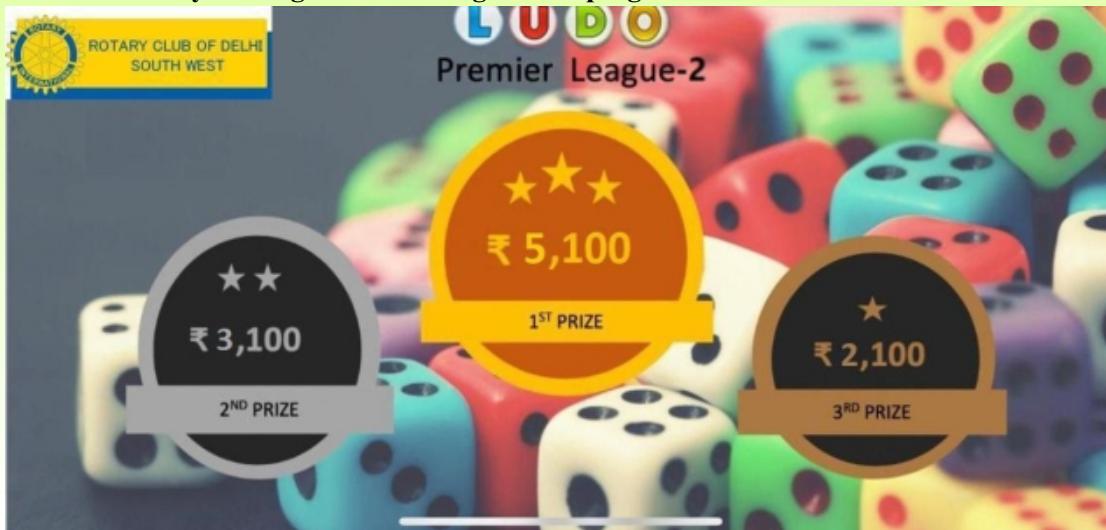


26, 29 & 30 January : Ludo Premier League 2

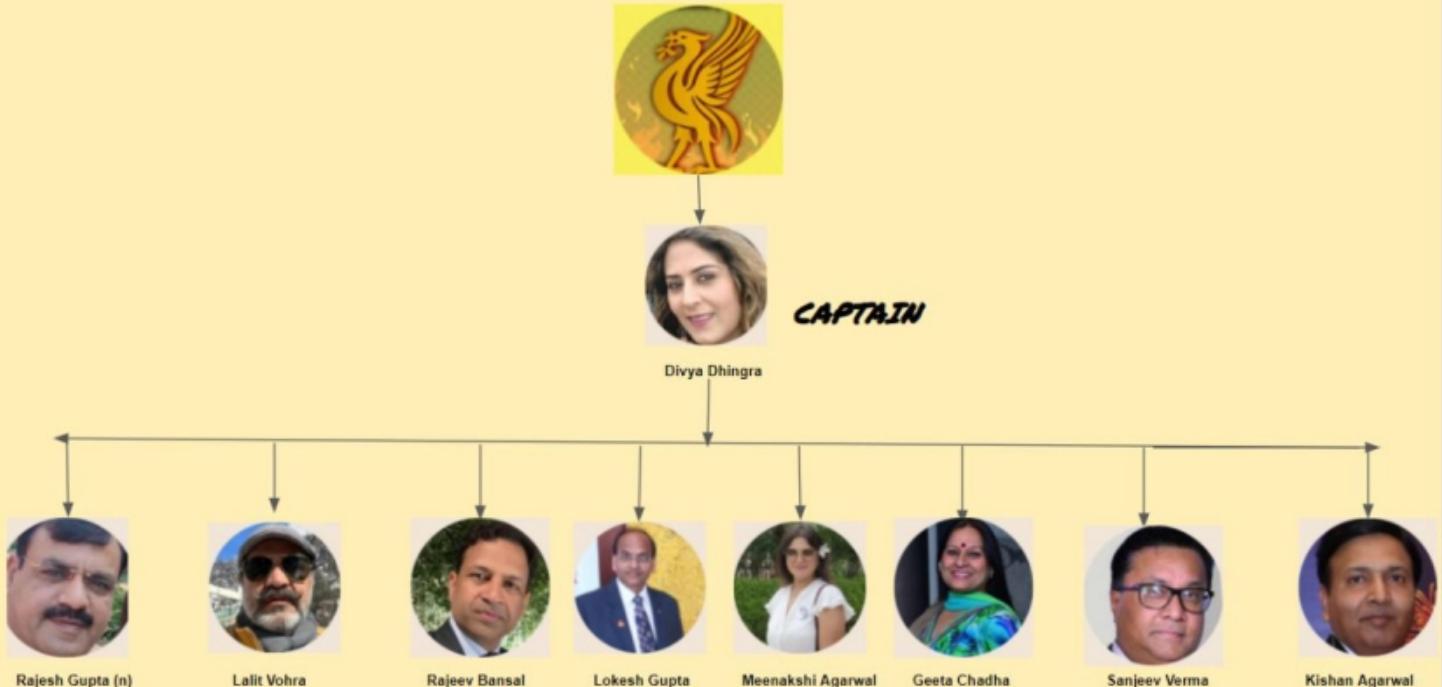
“Ludo Premier League 2”

on 26, 29 and 30 January, 2022

To keep 26th January and month end weekend fun-filled and entertaining for members, RCDSW organised Ludo Premier League 2. An overwhelming 64 entries came. 64 entries were equally divided into 4 Teams namely Yellow Flyers, Red Panthers, Green Royals and Blue Dabangs with captains R'Ann Divya Dhingra, R'Ann Gurpreet Kaur, R'Ann Rewa Vohra and Rtn Gagan Preet respectively. In total 27 matches were played with members cheering their team players. Two Semi Final Matches and The Final Match were screened live on Zoom for all the Club members to see and support their respective teams. Winners of Ludo Premier League 2 were First PP Lokesh Gupta, Second Rtn Sandeep Jain, Third PP Ranjan Chopra and Fourth Rtn Kishan Agarwal. The event Was flawlessly organised by PE Rtn Vikas Dhingra, Rtn J M Singh, Respective Team Captains. And a special thanks to Aadvik S/o PE Rtn Vikas & Divya Dhingra for creating and helping with the Artwork of LPL- 2.



26, 29 & 30 January : Ludo Premier League 2



26, 29 & 30 January : Ludo Premier League 2

RED PANTHERS



CAPTAIN

Gurpreet kaur



Mani Kalra



Sudip De



Rajan Kochar



Ruchi Gupta



Sunita Verma



Manoj Bansal



Sanjay Arora



Rahul Gupta

26, 29 & 30 January : Ludo Premier League 2

GREEN ROYALS



Rewa Vohra



Arvind Gupta



Parul Gupta



Poonam Kochhar



Ranjan Chopra



Nisha Pal Mandal



Antara De



Sujata Chopra



Avneesh Bajaj

26, 29 & 30 January : Ludo Premier League 2

BLUE DABANGS



CAPTAIN

Gagan Preet Kaur



Anju Jalan



Mukesh Gupta



Sandeep Jain



Rashmi Bansal



Reeta Gupta



Madhu Aggarwal



Sanjay Saraswat



Gagan Preet Kaur

26, 29 & 30 January : Ludo Premier League 2

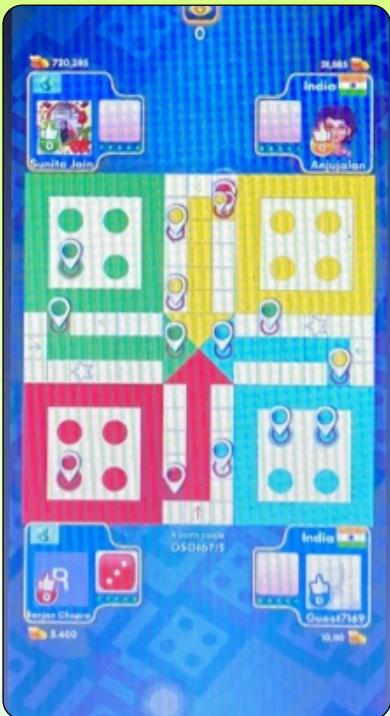
ROTARY CLUB OF DELHI SOUTH-WEST



LUDO PREMIER LEAGUE 2

Finalist

26, 29 & 30 January : Ludo Premier League 2



30 January : Jugnu Challenge

“Jugnu Challenge”

RCDSW organised “Jugnu Challenge” on 30 January. Members were asked to make a reel for 20 sec on the latest trending song of Badshah. 13 entries were received. Members were very creative in their performances.

R'Ann Divya Dhingra and Vikas Dhingra, R'Ann Babita Gupta, Rtn Rahul Gupta, R'Ann Rewa Vohra & PP Lalit Vohra, Rtn Neeru Bansal & PP Manoj Bansal were adjudged as top 5 winners of JUGNU CHALLENGE Competition.



ROTARY CLUB OF DELHI SOUTH-WEST



Jugnu Challenge for Club Members

Entries can be sent till 10:00 PM(29.01.2022)

*It is time to get excited and creative,
Be ready to rock the ultimate
'Jugnu Challenge'*

Cash prizes and result will be announced at gala night

30 January : Jugnu Challenge



30 January : Jugnu Challenge



30 January : Jugnu Challenge



30 January : Jugnu Challenge



30 January : Jugnu Challenge



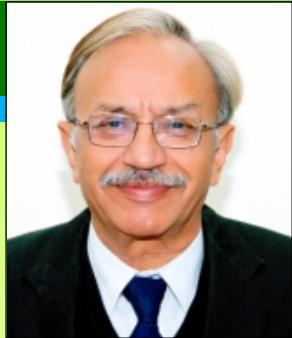
30 January : Jugnu Challenge



From the Desk of Club Editor "REFLECTIONS"

Dear Club Members,

After two full years wasted in a horrific Pandemic, this year 2022 hopefully looks to a much brighter year, where we have to straighten our family finances, bring back businesses on the rails, meet friends & close relatives in person, of course with all the precautions as Corona has not gone but recessed. We must all pat each other backs (of the ones who survived) for the amazing mass resilience of passing thru 2-years' darkest nightmare, back into the race of survival of the fittest.



Once someone asked who do Americans feared most; the answer was interesting, "Speaking in public". Well, I think Rotarians are mostly saved from this. As I personally feel when a Rotarian becomes club leader as President, the first thing he learns is to shake off this fear. I think all my batch-mate past presidents would endorse this view.

On the topic of fear, we had a good opportunity in inviting a very learned Life Coach Ms. Peyush Bhatia, as Speaker on the virtual platform on 16th Jan. The topic was again, "Life Beyond Fears". She helped the members in exploring their biggest fear and helped them in realizing its impact on their lives. The whole fear ordeal starts with a mood disorder or a gripping feeling of sadness, which later transforms into stress, anxiety, palpitation, depression, migraine, etc. She suggested the audience to "1st Explore your fears. 2nd Understand their impact on your life. Third See the possibilities that lie beyond them. Since we have just stepped into New Year we should have the intentions for it". Since I too could possibly attend the lecture partly, moreover 40 mins were short, she suggested we must buy her book online "Life Beyond fears": unlock the fountain of untapped courage & motivation within you, to find practical solutions to this problem.

Celebrating Republic Day, On 26th Jan, The club organized a unique entertaining cum sports program, "Ludo Premier League 2" an over-whelming 64 entries participated which were divided into 4 teams, and was extended to 29th & finally to 30th Jan. The winners after very grueling matches were 1st Prize: PP Lokesh Gupta, 2nd Prize Rtn Sandeep Jain, 3rd Prize: PP Ranjan Chopra & 4th Rtn Kishen Agarwal. As I could not attend, I need not go further more-over massive participation had witnessed the program on 3 days. The month ended with "Lets Rock" reminding of Elvis Presley era, when youngsters of the club with many young Rtns & R'tns took up "Jugnu Challenge, on the dance floor, on latest.trending song of Badshah.

Well, friends, this is all for this January end with chilly winds sweeping down from the snowy Himalayas". February with spring & tulip flowers will bring back "Lara theme from Dr. Zhivago".

*With warm regards
PP Rtn Subhash Dewan*