

MY FAITH JOURNEY

GALGUERRA, RAINIEL ANGELO, P.

The day I felt alone. In my life, there have always been instances that I felt alone. No one that I could approach and no one I could say my feelings to. Being alone is not a wonderful feeling, or someone should experience it. Life is a different struggle when you are alone. Things eventually got better recently, and life headed the way I wanted it to go. God introduced me to my friends and family, and even after something that made me feel like I had lost myself, I felt happy again. When I realized God was with me, I knew I was not alone. I knew that God was there; God was someone that I could say what I felt and what I was thinking.

Not everyone has to endure the hardship of being alone because God will show you ways to improve. If you believe in faith, God will be there for you. He first showed me what caring felt like. He showed me that my family was there for me through my sadness. My family being there showed me that loneliness will not always be there because my family will always be there. God then showed me my friends, and they were there too. He showed me how even if I felt lonely, I still had friendships. Where I could rely upon someone and tell someone how heavy it felt to have lost myself. One of the most important things that I have learned through God is that no matter what you feel and what you think. You are never alone; your family and friends will be there, and God will be there for you. Once again, I have felt happiness through my past loneliness and dark days. Not everything lasts forever, as I learned how to believe in God.

He is there through my dark days, my sad days, and my lonely days. He will always be the person I talk to every day, the person I will pray with every day, and the person I will love every day. My family and friends make me happy because God knew that it would make me better when I was with them. God showed me the ways I could not see. To believe that I was not alone and that we would never be alone. I once believed I was alone, but now, I think I would never be alone again. Throughout my life, I have found that simple things do matter. Asking someone if they are okay or if they feel good. Let them know you are with them; these are examples of things I have learned to ask someone. Knowing what it feels to be alone and knowing why it feels to be alone. I could always show that they are not alone. Dark days and lonely days will pass.

I believe that God is there not just to guide me but to allow me to help guide others with the word of God. At first, it felt strange for me to ask someone if they were okay. Because back then, I did not know why it was okay to ask a question. The first time I asked someone, I was told they were glad I did ask them. Eventually, it felt normal to ask a question like that to others. Some people just needed something to release or to say something. I consider unsaid words heavier than said words.

Keeping something to myself will never be something I would completely unlearn, but I will always learn that saying something will always be better than not saying something. If other people were there for me, if God were there for me, I could be there for others as well. I have learned that we do not just live life alone; we learn to live life as it goes to us and as God guides us. He often showed me ways that I could not before. God is something that I will always ask for advice, for something to do, because eventually, even if it does not show up on the same day, it will someday.