

Synthetic Medical History - John Doe

John Doe - Full Medical History (2020-2025)

Extended Synthetic Medical History for John Doe (Age 27, AB+)

Primary Profile:

- Pre-existing Conditions: Asthma (since childhood), IBS (diagnosed 2021), Allergic Rhinitis
- Medications: Albuterol (PRN), Cetirizine, Dicyclomine (as needed), Vitamin D3 (since 2024)
- Lifestyle: Office worker, sedentary with intermittent exercise; non-smoker; moderate alcohol use
- Family History: Mother has Type 2 Diabetes, father has hypertension

MEDICAL HISTORY

Consultation Note - Mar 2024

- Complaint: Chronic fatigue, brain fog
- Note: Diet and sleep suboptimal
- Plan: Blood tests ordered

Blood Test - Mar 2024

- Findings: Vitamin D: 21 ng/mL, B12: 308 pg/mL, Ferritin: 34 ng/mL
- Plan: Start Vit D3, monitor fatigue

Annual Physical - July 2024

- Vitals and urinalysis: Normal
- Assessment: Fit for age, fatigue persists

Blood Test – March 2024

Reason: Evaluation for fatigue and brain fog

Test	Result	Reference Range
Vitamin D (25-OH)	21 ng/mL	30–100 ng/mL
Vitamin B12	308 pg/mL	200–900 pg/mL
Ferritin	34 ng/mL	30–300 ng/mL