

Synthetic Medical History - John Doe
John Doe - Full Medical History (2020-2025)

Extended Synthetic Medical History for John Doe (Age 27, AB+)

Primary Profile:

- Pre-existing Conditions: Asthma (since childhood), IBS (diagnosed 2021), Allergic Rhinitis
- Medications: Albuterol (PRN), Cetirizine, Dicyclomine (as needed), Vitamin D3 (since 2024)
- Lifestyle: Office worker, sedentary with intermittent exercise; non-smoker; moderate alcohol use
- Family History: Mother has Type 2 Diabetes, father has hypertension

MEDICAL HISTORY

- Eye Exam - April 2023
- Complaint: Blurry vision after long screen time
 - Diagnosis: Digital eye strain
 - Plan: Blue-light filters, 20/20/20 rule

- Comprehensive Metabolic Panel - Sept 2023
- All values normal

- Allergy Panel - Oct 2023
- Positive: Pollen, dust mites, cat dander
 - Plan: Continue Cetirizine, immunotherapy discussed

Comprehensive Metabolic Panel – Sept 2023

Reason: Annual screening

Test	Result	Reference Range
Glucose (fasting)	89 mg/dL	70–99 mg/dL
BUN	14 mg/dL	7–20 mg/dL
Creatinine	0.91 mg/dL	0.6–1.3 mg/dL
Sodium	139 mmol/L	135–145 mmol/L
Potassium	4.3 mmol/L	3.5–5.1 mmol/L
ALT	19 U/L	7–56 U/L
AST	17 U/L	10–40 U/L