

Synthetic Medical History - John Doe

John Doe - Full Medical History (2020-2025)

Extended Synthetic Medical History for John Doe (Age 27, AB+)

Primary Profile:

- Pre-existing Conditions: Asthma (since childhood), IBS (diagnosed 2021), Allergic Rhinitis
- Medications: Albuterol (PRN), Cetirizine, Dicyclomine (as needed), Vitamin D3 (since 2024)
- Lifestyle: Office worker, sedentary with intermittent exercise; non-smoker; moderate alcohol use
- Family History: Mother has Type 2 Diabetes, father has hypertension

MEDICAL HISTORY

Annual Physical - Jan 2022

- BMI: 22.8, BP: 112/74, Labs normal
- Assessment: Healthy, encouraged more consistent exercise

Pulmonary Function Test - July 2022

- FEV1/FVC: Mild obstruction, reversible with bronchodilator
- Diagnosis: Controlled asthma
- Plan: Maintain current meds

Psychiatry Referral - Nov 2022

- Note: Fatigue, stress-related GI issues, mild anxiety
- Evaluation: Diagnosed with mild generalized anxiety
- Plan: CBT recommended, no meds