

Synthetic Medical History - John Doe

John Doe - Full Medical History (2020-2025)

Extended Synthetic Medical History for John Doe (Age 27, AB+)

Primary Profile:

- Pre-existing Conditions: Asthma (since childhood), IBS (diagnosed 2021), Allergic Rhinitis
- Medications: Albuterol (PRN), Cetirizine, Dicyclomine (as needed), Vitamin D3 (since 2024)
- Lifestyle: Office worker, sedentary with intermittent exercise; non-smoker; moderate alcohol use
- Family History: Mother has Type 2 Diabetes, father has hypertension

MEDICAL HISTORY

Gastroenterology Consultation - Jan 2021

- Complaint: Bloating, alternating diarrhea/constipation, stress-related flares
- Diagnosis: Irritable Bowel Syndrome (IBS-D subtype)
- Plan: Low FODMAP diet trial, PRN Dicyclomine, referral to dietitian

Routine Blood Test - May 2021

- Findings: Hb: 14.5 g/dL, WBC: 6.8 x10/L, Ferritin: 46 ng/mL, CRP: 1.2 mg/L
- Assessment: Normal

Dietitian Report - June 2021

- Summary: IBS managed better with diet adherence; advised probiotic trial
- Patient Feedback: Reduced bloating, fewer flares

Emergency Visit - Oct 2021

- Complaint: Acute wheezing + cough during a hike
- Intervention: Nebulized albuterol, observed for 1 hour
- Diagnosis: Asthma exacerbation
- Plan: Resume regular peak flow tracking, follow-up with PCP

Routine Blood Test – May 2021

Reason: Baseline evaluation during IBS workup

Test	Result	Reference Range
Hemoglobin (Hb)	14.5 g/dL	13.5–17.5 g/dL
White Blood Cell Count	6.8 x10/L	4.0–11.0 x10/L
Ferritin	46 ng/mL	30–300 ng/mL
C-Reactive Protein (CRP)	1.2 mg/L	<3.0 mg/L