

Synthetic Medical History - John Doe

John Doe - Full Medical History (2020-2025)

Extended Synthetic Medical History for John Doe (Age 27, AB+)

Primary Profile:

- Pre-existing Conditions: Asthma (since childhood), IBS (diagnosed 2021), Allergic Rhinitis
- Medications: Albuterol (PRN), Cetirizine, Dicyclomine (as needed), Vitamin D3 (since 2024)
- Lifestyle: Office worker, sedentary with intermittent exercise; non-smoker; moderate alcohol use
- Family History: Mother has Type 2 Diabetes, father has hypertension

MEDICAL HISTORY

Primary Care Visit - Feb 2020

- Complaint: Shortness of breath during workouts
- Note: Asthma symptoms increasing with winter; advised inhaler use pre-exercise. No signs of infection or wheeze on auscultation.
- Plan: Refill albuterol, start tracking peak flow at home

Allergy Consultation - June 2020

- Referral Letter Summary: Persistent nasal congestion, itchy eyes
- Skin Prick Testing: Positive for pollen, dust mites
- Diagnosis: Allergic Rhinitis
- Plan: Begin daily antihistamine, advised HEPA filters at home