

Can-do Attitude



What is a Can do
Atitude?





What is a Can do Attitude?

- A can-do attitude is **a positive mindset that helps you achieve anything you want to.**
- Having a can-do attitude means you take a proactive approach to all situations, believing you can tackle any challenges and face any difficulties that occur in life.
- When you have a can-do attitude, no problem is too big to solve.



Be proactive!

A can-do attitude involves taking initiative and being proactive in finding solutions to problems.

Make it a point to actively seek out opportunities to contribute and take on new challenges.

Homework:

- Identify an area in your current project where you can take ownership of a task that you normally wouldn't.
- Take the initiative to research and come up with a plan to execute this task successfully.



Build Self-Confidence

Confidence is key to developing a can-do attitude.

Take steps to build your confidence by setting achievable goals, learning new skills, and acknowledging your successes.

Homework:

- Set a goal for yourself to learn a new programming language or technology.
- Break down the learning process into small, achievable steps and track your progress. Celebrate your successes along the way.



Cultivate a Positive Mindset

Cultivate a positive mindset:

Adopting a positive mindset can help you approach challenges with optimism and a can-do attitude. Try to focus on the positive aspects of a situation and avoid negative self-talk.

Homework:

- Keep a gratitude journal for one week.
- At the end of each day, write down three things you're grateful for related to your work as a developer.



Take ownership of your decisions

As an IT Professional, it's important to make timely decisions and take ownership of the outcomes. Practice making decisions confidently and take responsibility for the results this helps you to have the can-do attitude!

- Homework: Choose a past project or decision you made as a developer that you're not proud of.
- Reflect on what you could have done differently and come up with a plan for how you'll approach a similar decision in the future.



Seek Feedback

Asking for feedback from colleagues and mentors can help you improve your decision-making and identify areas for growth.

Homework:

- Schedule a meeting with a colleague or mentor and ask for feedback on a recent decision you made as a developer.
- Use the feedback to identify areas for improvement and create an action plan.



Decision Taker! Develop problem-solving skills!

Being a good decision-maker involves being a good problem solver. Practice breaking down complex problems into smaller, more manageable parts and brainstorming solutions.

Homework:

- Choose a problem related to your work as a developer that you've been struggling with.
- Use a problem-solving framework like Design Thinking or the Scientific Method to brainstorm and test potential solutions.



Embrace failure

A can-do attitude involves being resilient and learning from failures. Embrace failure as a necessary part of the learning process and use it as an opportunity to grow and improve.

Homework:

- Identify a past failure or setback in your work as a developer. Reflect on what you learned from the experience and how you can apply those lessons to future projects.



The problem you're avoiding to face now is the next career step you're looking for! Just embrace and face it!



Takeaways

KEY TAKEAWAYS



Before you leave

- Take notes about the 1 or 2 main things that you need to improve your attitude
- Talk with a partner or your team about your strategies
- Choose 2 homework to do in order to improve your Can-Do Attitude

