

8 Career Traps That Keep You Stuck



1. No One Is Tracking Your Accomplishments

- Your success is invisible unless you showcase it.
- Decision-makers forget 90% of what you do.
- Share your wins early and often.



2. Waiting to be rewarded

- Hoping someone will reward you for doing good work.
- But most promotions go to people who speak up and stand out.
- Share your wins. Make sure decision-makers know what you've done.



3. Playing safe to avoid mistakes

- Staying in your lane feels responsible... until it stalls your growth.
- The top performers stretch themselves before they feel ready.
- Ask for projects that scare you. That's where you level up.



4. Assuming Everyone Is Your Friend

- Not everyone has your back.
- Be kind and friendly, but don't assume the same from everyone else..
- Protect your energy and stay sharp on who has an agenda or axe to grind.



5. Chasing titles, not skills

- Title jumps feel good, but don't always mean growth.
- Skills build long-term career capital. Titles don't.
- Prioritize roles that expand your skillset, not just your business card.



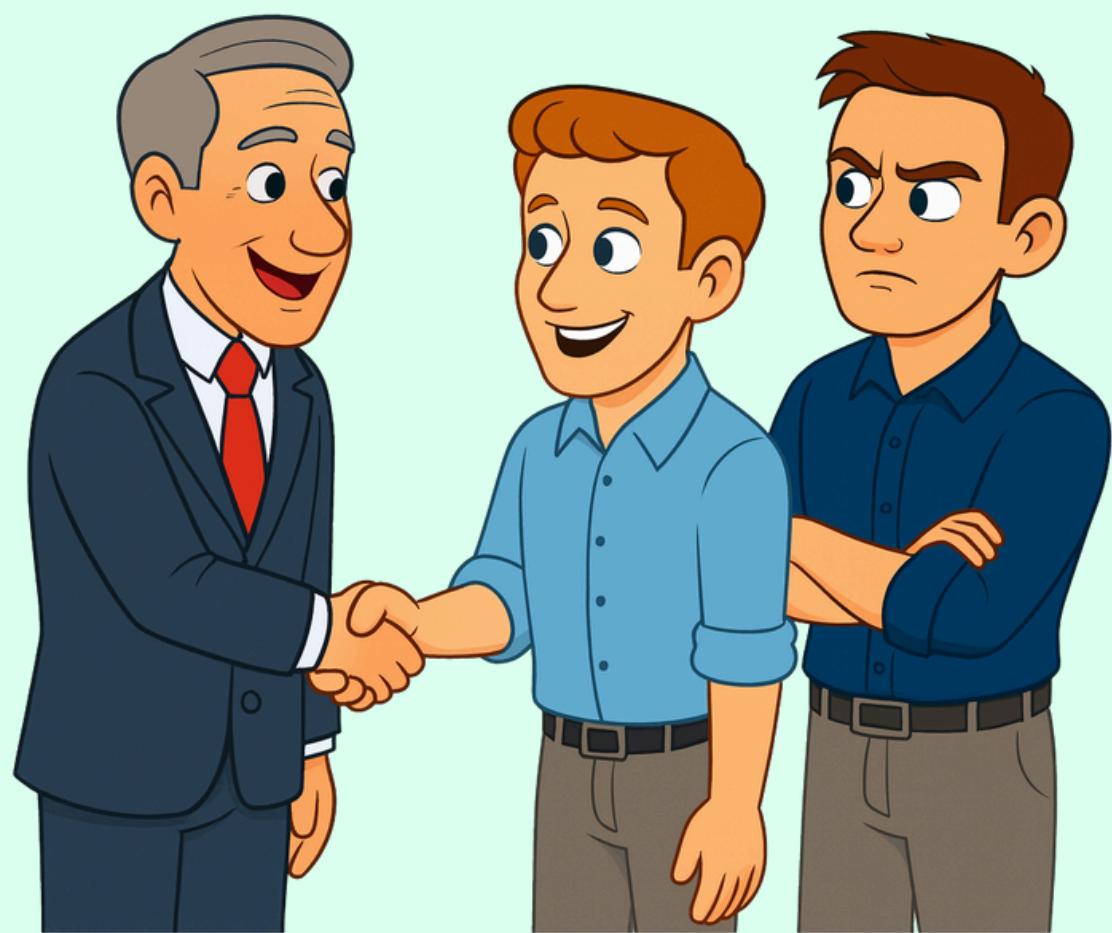
6. Confusing busy with valuable

- Looking slammed doesn't mean you're doing high-leverage work.
- You risk burnout without real career momentum.
- Ask: is this task moving me toward my next goal?



7. Thinking politics are bad

- Office politics feel dirty... but ignoring them is worse.
- Influence matters. Relationships drive opportunity.
- Build allies. Stay visible. Don't opt out of the game.

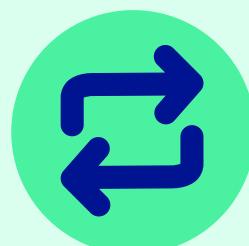


8. Relying only on your manager

- One person shouldn't decide your entire career.
- What if they leave or stop advocating for you?
- Build a circle of advocates. Get a sponsor. Stay in control.



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