**Gaspar, Ian Conner Earl B.**

1 Plata St. Tugatog Malabon City

09666909356

Icegaspar0@gmail.com

CAREER OBJECTIVE

Having a challenging opportunity where I will be able to utilize my strong organization skills, educational background and ability to work well with people, which will allow me to grow personally and professionally.

PERSONAL INFORMATION

DATE OF BIRTH: August 11, 2000

BIRTHPLACE: Caloocan City

AGE: 20

GENDER: Male

HEIGHT: 5’10

WEIGHT: 64 kgs

CIVIL STATUS: Single

NATIONALITY: Filipino

MOTHER’S NAME: Mary Anne B. Gaspar

FATHER’S NAME: Gary G. Gaspar

EDUCATIONAL BACKGROUND

SECONDARY LEVEL: - University of the East, Caloocan

Campus

Samson Road, Caloocan City

Grade 7 – 1st Year Collge

2013 - Present

**ELEMENTARY** - St.Fourier School

Tugatog Malabon City

2006-2013

**EXPERIENCE**

* Working out since 2017
* Helping friends reach tough fitness goals and always motivating them to workout daily.
* Teaching friends proper formation when lifting and helping them in their programs.
* Sharing thoughts about fitness and nutritions.
* Teaching them to compute calories intake that their body needs.
* Learning more knowledge about fitness in youtube.

SEMINARS ATTENDED

* Career Orientation (LCT Buidling MPH 3) – Junior High School
* Career Orientation Part 2 (LCT Building MPH 3)- Senior High School
* Drug Prevention Orientation (UE Caloocan – LCT MPH3) – Senior High School
* Disaster Preparedness Training (UE Caloocan – LCT MPH3) – 1st year College

SKILLS

* Excellent verbal communication skills.
* Effectively demonstrating and assisting facility users with fitness equipment in all fitness and training areas.
* Good knowledge in fitness.
* Knows how to manage time.
* Teamwork skills
* Leadership
* Creative
* Passion

CHARACTER REFFERENCE

Ken Obejas 09055284218

Ronn Airol Mutuc 09982253008

John Michael Guevarra 09951929751

Sean Grey Nualla Naga 09397290504