### KENDRIYA VIDYALAYA JHAGRAKHAND

#### **Multidisciplinary PROJECT**

(MDP) CLASS-3

#### THEME OF THE PROJECT - FOOD

#### **GUIDELINES FOR THE PROJECT:-**

- 1. Complete and submit the project in time.
- 2. Write the project in A4 paper.
- 3. You can use different colour pens except Red pen.
- 4. Write one side of the A4 paper only.
- 5. Think original, do experiments and data collection yourself withguidance of your family members, friends and teachers.
- 6. Attach photos of your activities also.
- 7. TAKE PRINT OF FRONT PAGE AND SHEETS THAT ARE ATTACHEDWITH.

#### KENDRIYA VIDYALAYA JHAGRAKHAND

# Multi-Disciplinary Project (MDP)TERM 1



Name of the Student:
Class & Section :
Roll No:
Theme of Project:
Linked Subject:
Class Teacher Name:
Date of Submission
Signature:

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S. No	TOPICS	FROM	TO PAGE	REMARKS
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1	Certificate			
2	Materials used in the Project			
3	Content/ Body of the Project			
4	Question & Answer related to the Project from Linked subjects			
	(a) Math			
	(b) English			
	( c ) Hindi			
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	( e ) Art			
5	My learning from the Project			
6	Conclusion			
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#### **CERTIFICATE**

This is to certify that	student	of	<u>Class</u> has	s successfully
completed his project on			under	the guidance
of SHRI VIPIN KUMAR (PRT) KV JHAGRAKHA	<b>ND</b> for the	aca	demic sess	sion <b>2022- 23.</b>
Class Teacher			Date:	

## THEME OF THE PROJECT

# **FOOD**



## Questions related to the project from other Disciplines:-

THEME	PROJECT NAME(SUBJECT)	MARK
	(Subject- English)	
FOOD	1)MAKE A LIST OF HEALTHY FOOD WHICH YOU EAT EVERYDAY.(DATE 05 may TO 20 may 2022) 2)MAKE A NOTE OF INGREDIENTS WHICH YOU USED IN FRUIT SALAD AND PASTE IT'S PICTURES. 3)WRITE A SHORT NOTE ON HEALTHY FOOD AND UNHEALTHY FOOD IN ENLISH	20
	(SUBJECT-EVS)	
	1)MAKE A LIST OF BODY BUILDING FOOD,ENERGY GIVING FOOD AND	20
	PROTECTIVE FOOD AND WRITES IT'S	
	NAMES.	
	2)WRITE THE NAMES OF FAMOUS DISHES	
	OF ANY 5 STATES OF INDIA AND PASTE IT'S	
	PICTURES. SUBJECT- MATH 1.Make a list of food items which you eat	20
	like rice, daal, ghee etc and list out how	
	much calories they contain per 100 gram.	
	Paste it's pictures also.	
	2.Make a list of non - vegetarian food and	
	how much protein , fat and calories they	
	contain per 100 gram. Paste it's pictures also.	

SUBJECT- HINDI  1.हरी सब्जियाँ और फल के चित्र चिपकाकर उनके नाम  हिंदी में लिखो।  2. <u>संतुलित आहार</u> विषय पर कविता या लेख लिखिए  और video बनाओ।  3. आपकी मनपसंद सब्जी के बारे में लिखिए।	20