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GATA-2 mutation: An emerging syndrome

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Abstract: Different clinical conditions of immunodeficiency and leukemic transformation were described recently. These are being associated with GATA-2 mutations. This is emerging as a new and interesting syndrome. This is a review of this condition.

Keywords: GATA-2, MonoMAC Syndrome, Emberger Syndrome, DCML Deficiency Syndrome, Familial MDS, Myelodysplastic Syndrome

1. Introduction

'The process of scientific discovery is, in effect, a continual flight from wonder.'

- Albert Einstein

The continuous hunger for knowledge leads to interesting discoveries. Medical field have seen several breath holding discoveries in the past and new discoveries continue to thrill us. The detection of GATA-2 mutations is one such example. The role of GATA transcription factors in carcinogenesis is well established. Mutations in GATA1 are linked to megakaryoblastic leukemias in Down syndrome; loss of GATA3 expression to aggressive, dedifferentiated breast cancers; and silencing of GATA4 and GATA5 expression to colorectal and lung cancers.(1) GATA-2 plays a critical role in both hematopoietic stem cell development and the maintenance of normal adult stem cell homeostasis. It is thought that GATA-2 mutations association with conditions like Emberger syndrome, MonoMAC syndrome, familial myelodysplastic syndrome, dendritic cell, monocyte, B- and NK-cell (DCML) deficiency is going to change the way we manage these conditions. This article is an attempt to explore the emerging field of conditions associated with GATA-2 mutations.

2. GATA-2

GATA motif is a cis-regulatory element of diverse genes that participate in transcription. It first became apparent in erythroid cells but was later found to have expression in other haemopoietic lineage and endothelial cells.(2)

GATA binding proteins are nuclear proteins to which cis-regulatory elements bind and modulate their activity. The GATA family has 6 proteins labeled as GATA-1, GATA-2 and so on. These proteins have a characteristic pattern of expression during development. They have distinctive and novel structure resembling zinc finger of cys-cys variety. GATA-1,2,3 differ in terms of selected amino acid sequences.(2) The expression of the first 3 GATA proteins are summarised in table 1.(3) The different mice studies suggest possible role of GATA-2 in haematopoiesis, neuronal development and transcriptional control of several genes expressed in endothelium. Moreover, it controls apoptosis.(4) The clinical syndromes with GATA-2 mutation suggest its probable role in lymphatics and ear development. Thus, GATA family proteins control broad developmental process.

GATA-2 is expressed in erythroid and other haematopoietic progenitors and its expression reduces as the level of GATA-1 increases with erythroid differentiation. The forced expression of GATA-2 promotes proliferation and blocks differentiation. Thus, GATA-2 is essential for appropriate expression of early haematopoietic cells.(5)

The 14 kb gene of GATA-2 gene is located on chromosome 3. Broadly three types of GATA-2 mutations are described (i) N-terminal frameshift mutations resulting in premature termination of GATA-2 protein translation, and (ii) mutations in the first and second zinc fingers of GATA-2 and iii) regulatory mutations within the enhancer region of intron 5. Each mutation confers differing

transcriptional activities probably contributing to variations in different syndromes.

GATA-2 overexpression was reported as a poor prognostic marker in acute myeloid leukemia (AML).(6) In a subset of chronic myeloid leukemia (CML) patients it was shown that GATA-2 mutations play role in myeloid blastic transformation.(7) Recently, GATA-2 mutations were associated with syndromes like MonoMAC syndrome, Emberger syndrome, DCML deficiency syndrome and Familial MDS.(8)(9)(10)(11) There is variation in the characteristics of these diseases and they are progressive in nature. The risk of progression to MDS/AML varies with each group. These conditions are described in the following paragraphs.

3. Mono MAC Syndrome

The name of MonoMAC syndrome is derived from monocytopenia and nontuberculous mycobacterial infection. MonoMAC syndrome was associated with GATA-2 mutation in 2011.(8) It is characterized by disseminated nontuberculous mycobacterial and other opportunistic infections. Moreover, it is also associated with an increased incidence of myelodysplasia and malignancy. It is inherited as autosomal dominant disease or could be sporadic. It is commonly observed in adulthood. Recurrent disseminated viral and fungal infections are also frequent. Persistent monocytopenia and NK lymphopenia is a characteristic feature and may precede other clinical manifestations. Low CD4, CD8 count and neutropenia may Inspite of marked B lymphocytopenia immunoglobulin levels are normal. GM-CSF antibody negative pulmonary alveolar proteinosis (PAP) is also a classical complication in addition to predisposition to myelodysplasia and AML.(12) See table 2 for classical features of MonoMAC syndrome.

Myelodysplasia in MonoMAC syndrome: Calvo et al. analysed bone marrow findings of 18 patients with MonoMAC syndrome.(13) These patients often have first degree relatives with history of opportunistic infections, MDS or leukemia. Hypocellularity, trilineage dysplasia, fibrosis, abnormal plasma cells and presence of histiocytes are frequently found than in denovo MDS cases. The evolution to MDS is seen in 3rd or 4th decade of life. Thus, myelodysplasia associated with MonoMAC syndrome is different from denovo MDS and other inherited bone marrow syndromes.

MonoMac versus Idiopathic CD4 Lymphocytopenia(ICL): It is common to confuse MonoMAC with ICL especially in the early stage of the disease. History of opportunistic infections, autoimmune phenomena and profound NK and B cell lymphocytopenia are common findings. In MonoMAC syndrome, both the CD4 and CD8 count is low whereas in ICL though CD4 count is less the CD4:CD8 ratio is reversed.(14) Monocytopenia, classical bone marrow findings and GATA-2 mutations are commonly associated with MonoMAC syndrome.

DCML deficiency is same as MonoMAC syndrome except for the MAC infection. (15)

4. Emberger Syndrome

This syndrome is named after Emberger who first with described individuals from two generations lymphedema, haematological abnormalities and deafness.(16) The condition is probably inherited as autosomal dominant or sporadic pattern. The cardinal feature is childhood onset of unilateral or bilateral primary lymphedema of lower limbs. Genital or intestinal lymphatic abnormalities found in few are also patients. lymphatic Lymphoscintigraphy demonstrates vessel predisposition to hypoplasia. They have develop myelodysplasia/AML characteristically associated with monosomy 7. Other minor anomalies include deafness, warts, abnormalities in the lymphocyte subsets and skeletal abnormalities like hypotelorism.(17) Key for the diagnosis is to exclude conditions like Noonan syndrome with juvenile myelomonocytic leukemia (JMML) and familial MDS. The association of haematological abnormalities and primary lymphedema could be linked to the fact that hemangioblast gives rise, during development, to both haemopoietic stem cells and angioblasts from which lymphatics and other blood vessels develop.

Haploinsufficiency of GATA2 was linked with Emberger syndrome.(9) Kazenwadel et al. illustrated that several of the key genes expressed highly in, and important for, the construction of lymphatic valves are regulated by GATA2. Failure of these valves to form or function to full capacity affects the maturity of lymphatics resulting in lymphedema. (18)

GATA2 is also important in vestibular morphogenesis and growth of semicircular canals.(19) This could explain the sensorineural deafness in Emberger syndrome. But the reason for its presence in only some patients is not known.

5. Familial MDS/AML

The MDS are a heterogeneous group of clonal haematopoietic stem cell disorders characterized by dysplastic changes and ineffective haematopoiesis leading to cytopenias and risk of evolution into AML. MDS/AML is labelled as familial if an AML/MDS patient's family has two or more members with bone marrow failure syndromes. Familial MDS/AML is linked to mutations in RUNX1, CEBPA, TERT, TERC etcetera. GATA-2 mutation was discovered as a predisposing factor in the development of familial MDS/AML.(11) Ishida et al. described GATA-2 mutation in a patient with clinical features common with Emberger, MonoMAC and DCML deficiency.(20) This suggests that probably these syndromes are different phenotypes caused by genetic alteration in GATA-2.

6. GATA-2 Mutation

GATA-2 mutation produces a phenotype with abnormality of hematopoiesis, immunity, lymphatics, pulmonary function and risk of MDS/AML. As discussed before, the mutation could be sporadic or inherited in an autosomal dominant pattern and presents clinically in early childhood to late adulthood. There is no gender or race predisposition. The mutation could be found in completely asymptomatic individuals through family screening. The most common initial presentation is infections like severe viral, mycobacterial fungal and infections. MDS/AML, lymphedema are some of the other presenting features. The common haematological findings are B lymphocytopenia, NK lymphocytopenia, monocytopenia, pancytopenia, myelodysplasia, trisomy 8, monosomy 7, AML and chronic myelomonocytic leukemia (CMML). These patients can present with recurrent warts, panniculitis and sweet syndrome. Skin cancers like squamous cell carcinoma, basal cell carcinoma, malignant melanoma; Human papilloma virus related dysplasia; Epstein Barr Virus positive leiomyosarcomata and many other solid tumors are also reported. Deep vein thrombosis, pulmonary embolism, hepatic vein thrombosis and catheter related thrombosis are important observations. The thrombotic abnormalities are probably caused by endothelial abnormalities due to GATA-2 mutations. Sensorineural deafness, idiopathic hypothyroidism, recurrent miscarriages are other associated clinical features.(21)

GATA-2 mutation leads to allele haploinsufficiency. The expression of hemopoietic precursors and their number gradually reduces. GATA-2 mutation probably results in endothelial, trophoblastic giant cell dysfunction and abnormality in lymphatic as well as otic development. GATA-2 mutation affects beta thyrotropin function leading to hypothyroidism. The mechanism underlying these developments is yet to be discovered. Thus, the pathophysiology of this condition is poorly understood and so is the genotype-phenotype correlation.

Analysis of several patients described with GATA-2 mutation suggests clinical heterogeneity ranging from completely asymptomatic state to full blown malignancies. The evolution from asymptomatic phase of cellular deficiency, acquisition of cytogenetic changes, development of cytopenia and progression to MDS/AML is best explained by the model given by Venetia Bigley and Matthew Collin.(22) In search for the reason of this varied clinical presentation scientists studied genotypes of GATA-2 mutation but found no genotype-phenotype correlation except for the occurrence of lymphedema. According to Kazenwadel et al. incomplete penetrance of the lymphedema phenotype could be due to retention of partial activity of missense mutations of GATA2, which renders them less disruptive to lymphatic vascular function than heterozygous GATA2 deletion.(18) Clearly, GATA-2 mutation could be the disease initiating event but further insults from second hits like environmental factors probably

modifies the clinical presentation and needs to be studied.

Early diagnosis is the key in the management of these patients. It is difficult to recommend which patients should be tested for GATA-2 mutation but the clinical features could be able to provide a rough guidance. The mutation is detected by sequencing studies from genomic DNA obtained from peripheral blood, buccal swabs or fibroblasts. All family members should be tested. Prevention of infections by prophylactic antibiotics, antivirals; annual screening for malignancies and monitoring organ functions is very important. Often the infections are difficult to treat. The severity of cytopenias and development of complications like MDS/AML decide the management strategy in others. The age wise overall survival (OS) rate noticed by Spinner et al. was 96% by age 20 years,77% by age 40 years, and 45% by age 60 years. The proportion of patients surviving without hemopoietic stem cell transplant (HSCT) reported by the same group was 89% by age 20 years, 76% by age 30 years, and 53% by age 40 years. Stem cell transplant, the only curative option is indicated for MDS/AML, recurrent infection and PAP. In the same study, the posttransplant survival rate was reported as 72% by 1 year, 65% by 2 years, and 54% by 4 years after HSCT.(21)

Thus, GATA-2 mutation leads to interesting and varied clinical manifestations. Many questions need to be explored about this emergent syndrome. With the increase in awareness, early diagnosis, improved surveillance for malignancies and growing experience in HSCT the survival of patients with GATA-2 mutation is surely going to improve in future.

7. Future Aspects

Further studies are required:

- for better clinical characterization of patients with GATA-2 mutation
- for understanding the underlying pathogenesis of this condition
- to delineate the molecular and cellular mechanisms that contribute to the variable phenotypic expression of this disorder.
- to search for targeted drug therapy

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