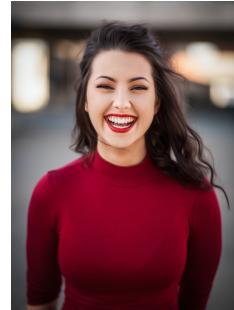


Appearances

How important do you think appearance is?



What makes a person attractive?



How does one's appearance affect their impression on others?



How does one's appearance affect their self-confidence and self-esteem?



How would you describe the people in the photos on this page?



How would you describe your appearance?

Read and say if you agree or disagree with the opinion in the article.

Importance of personal appearance

Appearance is an important aspect of our lives. It is the first thing that people notice about us, and it can make a lasting impression. A **clean-shaven** face or a **well-groomed** beard can make a man look more professional and serious. Similarly, **dyed** hair can add a touch of personality and style to one's appearance.

Being **in good shape** is also important for one's appearance. A **well-built** physique can make a person look more attractive and confident. However, **stubble** or a **double chin** can detract from one's appearance and make them look unkempt.

Hair is another important aspect of appearance. **Shoulder-length** hair can give a person a more relaxed and carefree look, while a **fringe** can add a touch of sophistication. **Curly** hair can give a person a more playful and fun appearance.

Age is also a factor in appearance. **In their thirties**, people may start to notice signs of aging, such as **wrinkles** or **grey hair**. However, **middle-aged** individuals can still maintain a youthful appearance by taking care of their **skin** and hair.

Finally, a well-groomed **moustache** can add a touch of masculinity and charm to a man's appearance. Overall, appearance matters, and taking care of oneself can make a big difference in how others perceive us.

Exercise 1

Match the words and phrases in **bold** to their definitions.

1. Facial hair growth above the upper lip
2. Hair that is twisted
3. Hair that is not too long or too short
4. Muscular and strong physique
5. Without any facial hair
6. Short facial hair growth
7. Neat and well-presented appearance
8. Excess fat under the chin
9. Physically fit and healthy
10. Hair that has been artificially colored
11. Lines or creases on the face
12. Hair that has turned white or grey
13. Between the ages of 40 and 59
14. Between the ages of 30 and 39
15. Outer layer of the body that covers and protects
16. Hair that falls over the forehead

Exercise 2

Complete the text with some of the words from Exercise 1.

When it comes to physical appearance, there are many factors to consider. Some people prefer a **_____** look, while others prefer a more natural appearance. For those who prefer **_____** face, it's important to keep the skin in a good shape to avoid any irritation. On the other hand, some men prefer to have a **_____** or a **_____** to add some character to their face. Women, on the other hand, may prefer a **_____** haircut with a **_____** or curly hair that is **_____** to add some color to their look.

As people age, they may start to notice **_____** or **_____** hair, especially those in their thirties or **_____**. However, this doesn't mean that they can't still look **_____** and in good shape. It's important to take care of the **_____** and maintain a healthy lifestyle to keep the body in top condition. Some men may have a well-groomed **_____** or a **_____** face to add some charm to their look. Ultimately, it's up to each individual to decide how they want to present themselves to the world.

Exercise 3

Describe the appearance of ...

someone
from
your
family

your
friend or
partner

a
celebrity
you
admire

your
teacher

someone
from your
work

