

Brain networks interaction in migraine

Marina de Tommaso

1.1 Migraine without aura

- Previously used terms: Common migraine; hemicrania
- Simplex
- Description: Recurrent headache disorder manifesting in attacks lasting 4–72 hours Typical characteristics of the headache are unilateral location, pulsating quality, moderate or severe intensity, aggravation by routine physical activity and association with nausea and/or photophobia and phonophobia.

1.2 Migraine with aura

Previously used terms: Classic or classical migraine; ophthalmic, hemiparaesthetic, hemiplegic or aphasic migraine; migraine accompagné; complicated migraine.

Description: Recurrent attacks, lasting minutes, of unilateral fully reversible visual, sensory or other central nervous system symptoms that usually develop gradually and are usually followed by headache and associated migraine symptoms.

1.3 Chronic migraine

Headache occurring on 15 or more days/month for more than three months, which, on at least eight days/month, has the features of migraine headache.

Global, regional, and national burden of neurological disorders, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016

GBD 2016 Neurology Collaborators*

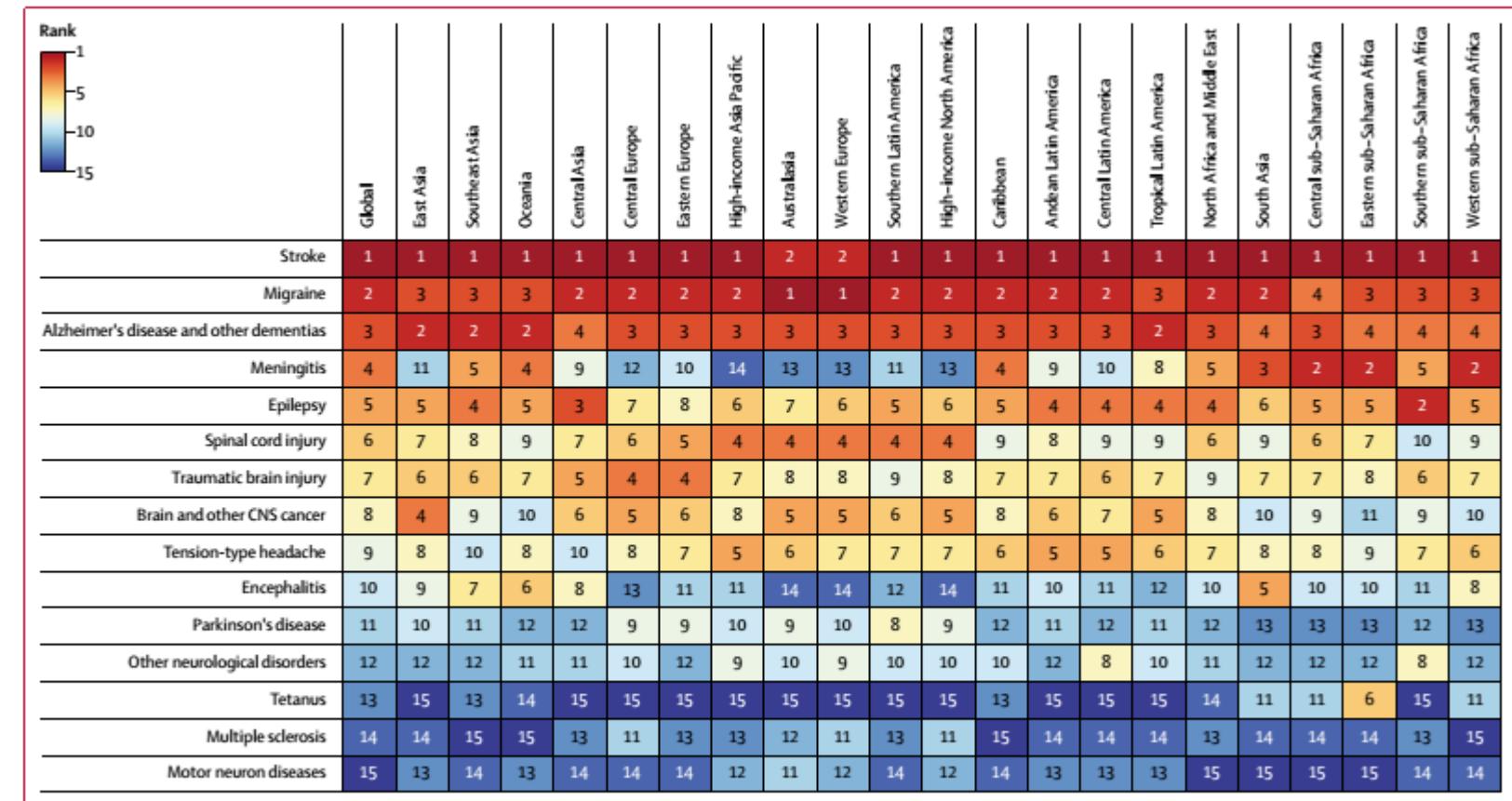
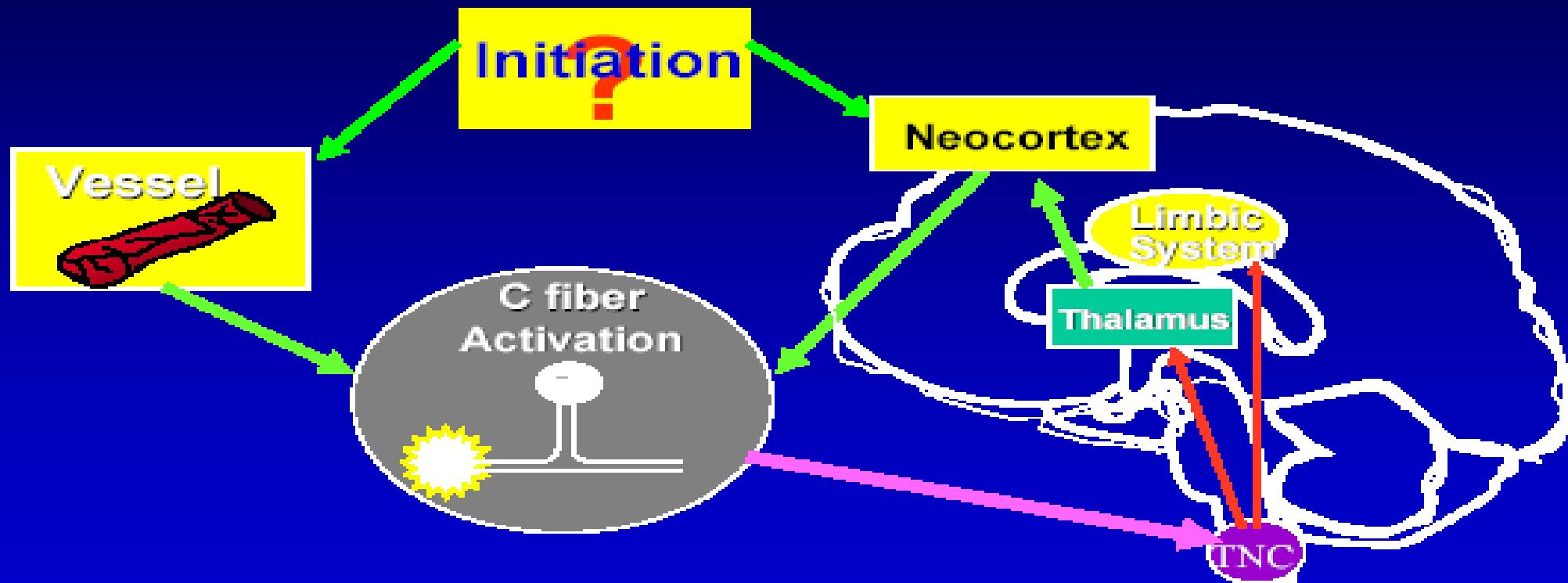
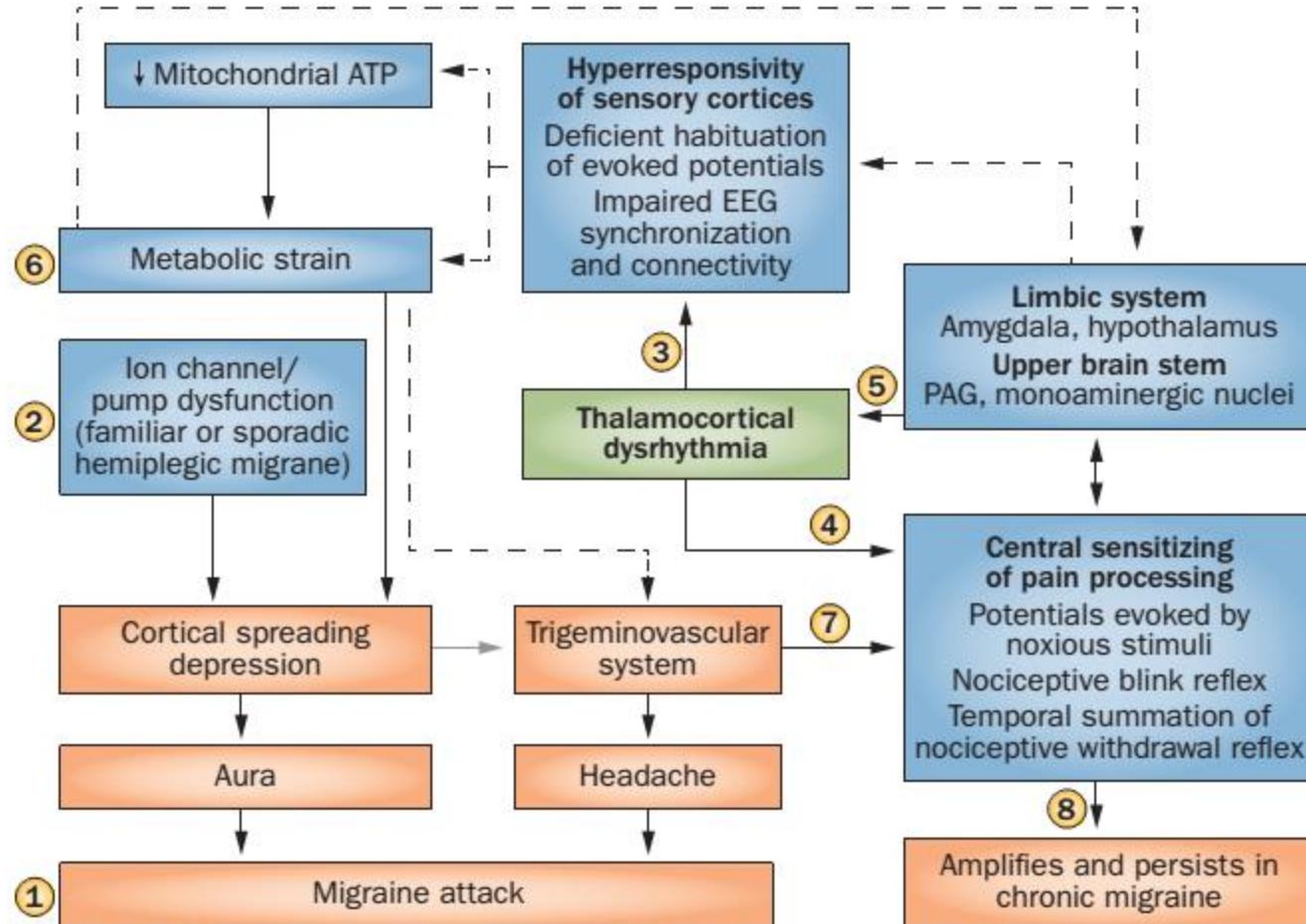


Figure 1: Ranking of age-standardised DALY rates for all neurological disorders by region, 2016
DALY=disability-adjusted life-year.

Initiation





TWO MAIN ASPECTS OF MIGRAINE: 1 MECHANISMS PREDISPOSING TO CORTICAL SPREADING DEPRESSION

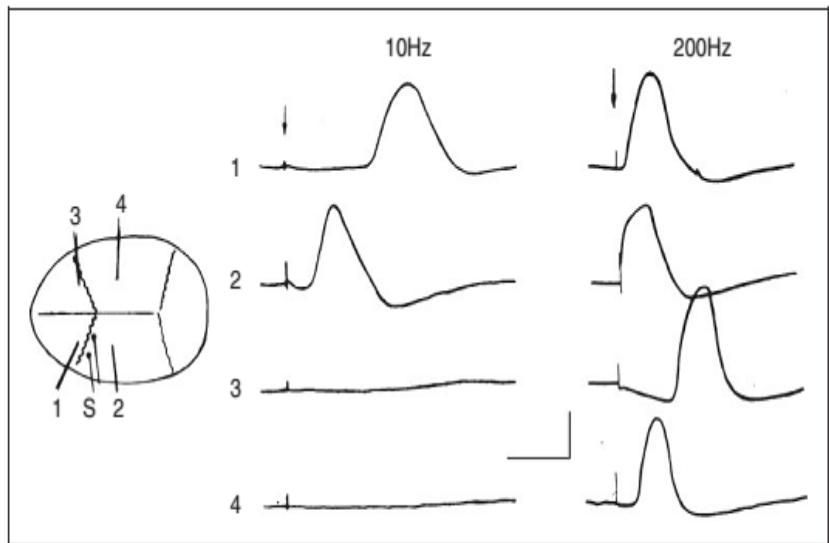
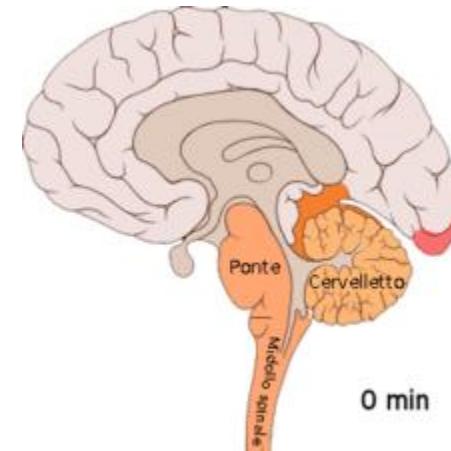


Figure 1. Cortical SD induced by low- and high-frequency electrical stimulation of the parietal cortex in rats. Left: Diagram indicating location of stimulating (S) and recording (1–4) cortical electrodes. Right: Representative examples of cortical SD induced by 10 Hz and 200 Hz stimulation of the cortex (marked by arrows) and recorded in the ipsilateral (sites 1–2) and contralateral (sites 3–4) hemispheres are shown. Calibration is 10 mV and 1 min. Note local unilateral initiation and slow non-synaptic propagation of SD induced by 10 Hz stimulation and multifocal initiation of cortical SD by 200 Hz stimulation revealing by remarkable reduction of SD latencies and triggering SD in the contralateral non-stimulated cortex (modified from (31)).

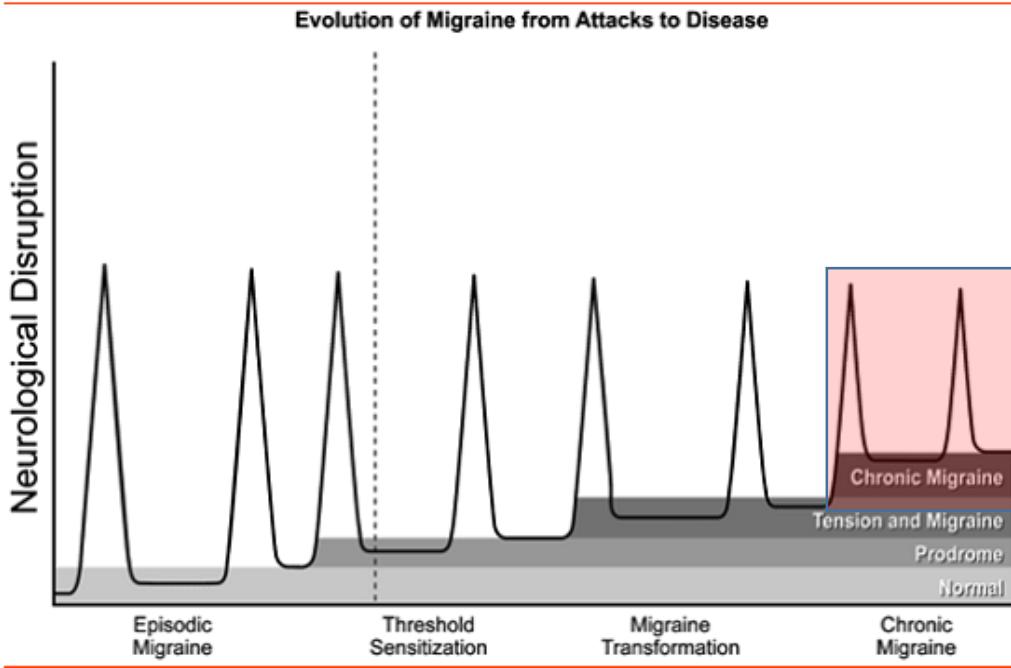


Cephalgia
2018, Vol. 38(6) 1177–1187

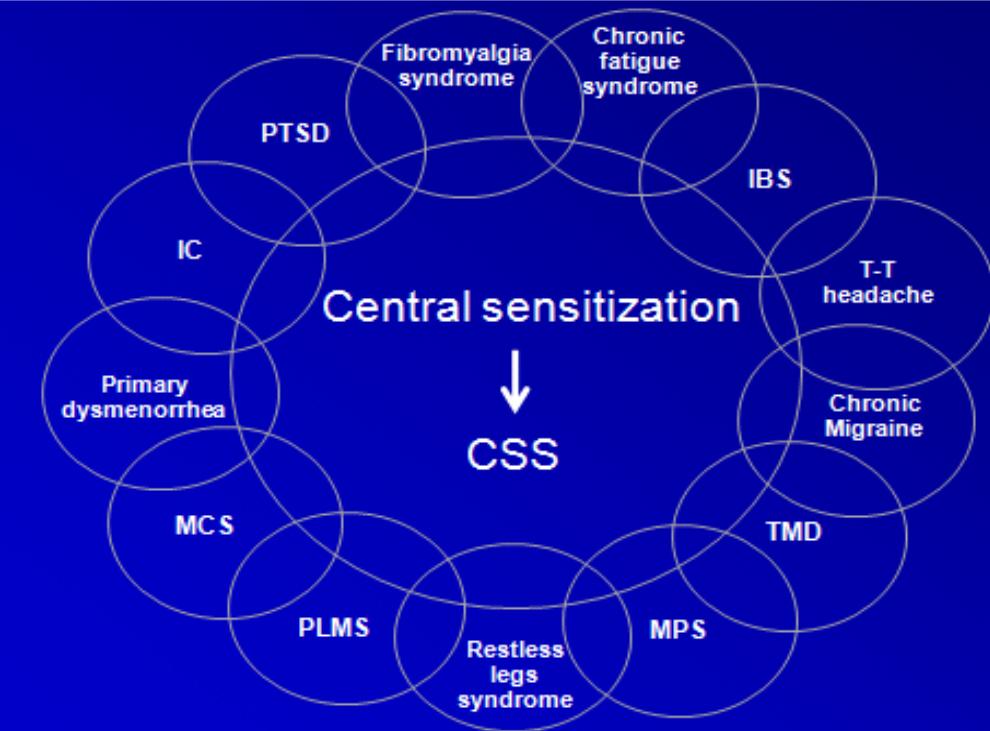
**Initiation of spreading depression by synaptic and network hyperactivity:
Insights into trigger mechanisms of
migraine aura**

Lyudmila V Vinogradova

TWO MAIN ASPECTS OF MIGRAINE: 2 MECHANISMS PREDISPOSING TO CHRONIC EVOLUTION



Central Sensitization may Play a key Role in Many Pathologic Pain Conditions



Yunus, MB. *Sem Arth Rheum.* 2007;36(6):339-356. CSS=central sensitivity syndromes; IBS=irritable bowel syndrome; IC=interstitial cystitis; MCS=multiple chemical sensitivity; MPS=mucopolysaccharidose; PLMS=periodic limb movements in sleep; PTSD=post-traumatic stress disorder; TMD=temporomandibular disorder; T-T headache=tension-type headache.

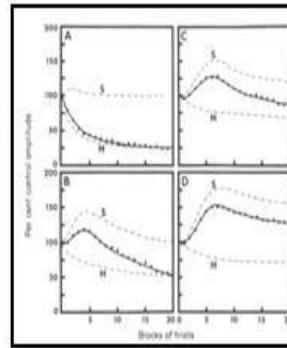
THE REAL PROBLEM IN CLINICAL SETTING IS TO PREVENT CHRONIC MIGRAINE

Habituation

Definition: Habituation is defined as a **response decrement** that results from repeated stimulation and that is **distinct from sensory adaptation/sensory fatigue and motor fatigue**.

■ Habituation probably is the **simpliest form of learning**.

■ Researchers who work on this form of learning believe that because habituation allows animals to **filter out irrelevant stimuli and focus selectively on important stimuli**, it is a prerequisite for other forms of learning and therefore to fully understand the mechanisms of more complex forms of learning and cognition it is important to understand the basic building blocks of habituation.



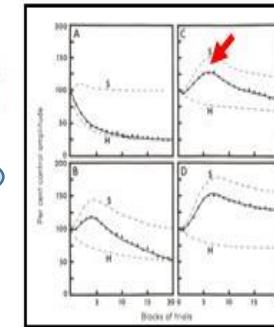
Sensitization: behavioural point of view

■ Learning is obviously not a unitary phenomenon.
■ Broadly construed, it is reflected in **changes in behaviour as a result of experience**

■ All too often sensitization is viewed as an unwanted stepchild or **contaminating variable** in studies of learning.

■ Sensitization is an elementary form of **behavioural plasticity**, perhaps equal in importance to habituation and apparently generated by somewhat **different neuronal mechanisms**.

■ **Sensitization occurs at the beginning** of the test session and is responsible for the **transitory increase** in response amplitude, and involves stimulus-induced changes in the level of arousal and is dependent on the **aversiveness** of the stimulus. However, **sensitization gradually wanes** because the salience of the stimulus decreases with repeated presentation, leaving the **habituation process unopposed**.

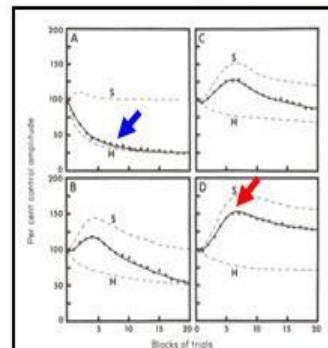


REDUCED HABITUATION TO REPETITIVE STIMULI AS STRESSFUL PHENOMENON FOR MIGRAINE TRIGGERING

The “dual process” theory

■ Two distinct and independent processes govern the behavioural response to repetitive sensory stimulation:

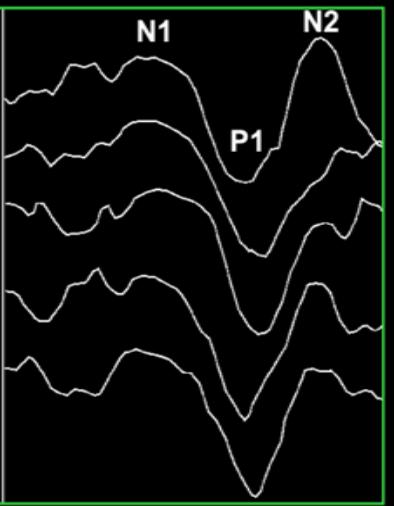
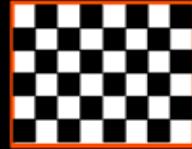
- (1) an incremental process called **sensitization**, and
- (2) a decremental process called **habituation**.



■ **Sensitization** occurs at the beginning of the test session and is responsible for the **transitory increase** in response amplitude,

■ **Habituation** occurs throughout the test session and is responsible for the **delayed response decrement**

Nei periodi interictali i pazienti emicranici sono caratterizzati da un deficit della **habituation** o persino da un potenziamento dell'ampiezza delle risposte corticali evocate da stimoli visivi ripetuti a tipo **pattern-reversal**



Schoenen et al., Eur J Neurol, 1995; Afra et al., Brain, 1998)

Visual evoked responses

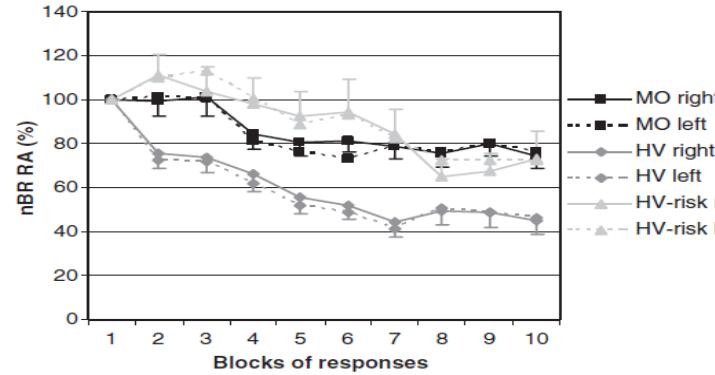


Fig. 4 Habituation of the R2 response area of ipsi- and contralateral nBR in 10 blocks of five averagings (interstimulus interval: 15–17 ms; interblock interval: 2 min) expressed as percentage of the 1st block.

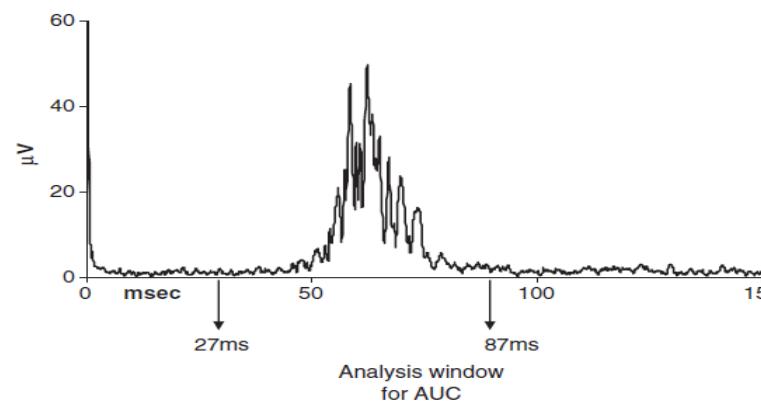


Fig. 1 Nociception blink reflex recording: one block of five rectified and averaged responses with an ISI of 15–17 s.

Nociceptive Blink Reflex

In migraine reduced habituation to repetitive multimodal stimuli cause

1) a sensory overload which could result in CSD generation

2) a disturbance in pain processing with facilitation of central sensitization phenomena

(Schoenen et al, 1998; Siniachtin et al, 2001; Di Clemente et al, 2007; Valeriani et al, 2003

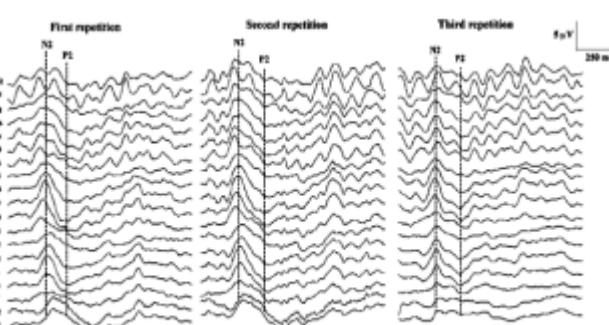
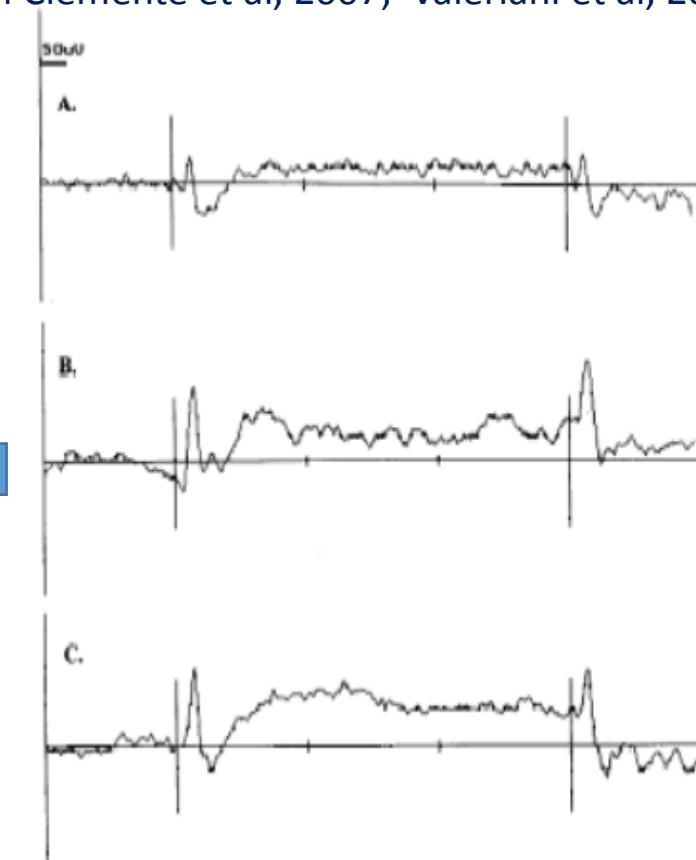


Fig. 2. LEPs recorded from 19 scalp electrodes in a representative migraine patient after right hand stimulation. The amplitude of the N2 and P2 potentials is only slightly reduced in the second and third repetition.

Laser evoked evoked responses



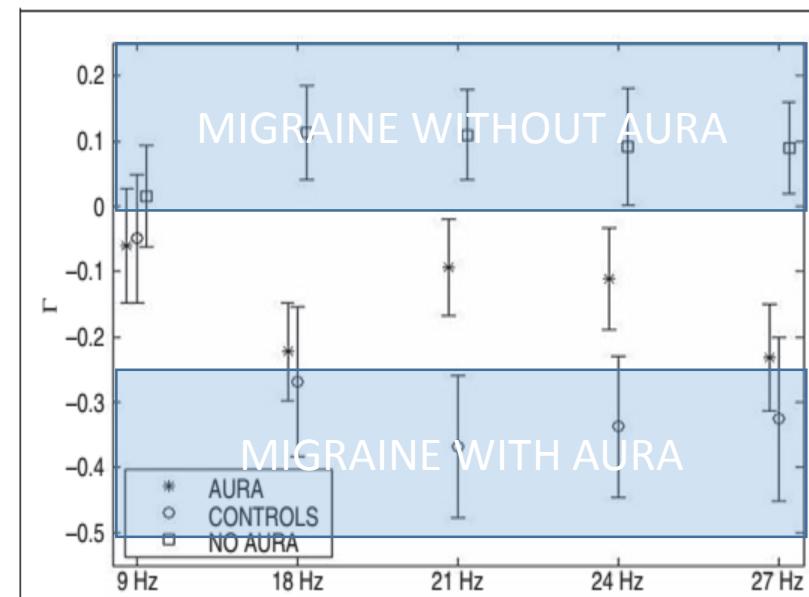
Contingent Negative Variation

MIGRAINE IS AN “OSCILLOPATHY”



Abnormal synchronization of alpha rhythm during intermittent light stimulation.

ALPHA SYNCHRONIZATION PATTERN



Original Article

Cephalgia
An International Journal of Headache

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Functional and effective connectivity in EEG alpha and beta bands during intermittent flash stimulation in migraine with and without aura

Marina de Tommaso¹, Sebastiano Stramaglia²,
Daniele Marinazzo³, Gabriele Trotta² and Mario Pellicoro²

MIGRAINE IS AN “OSCILLOPATHY”

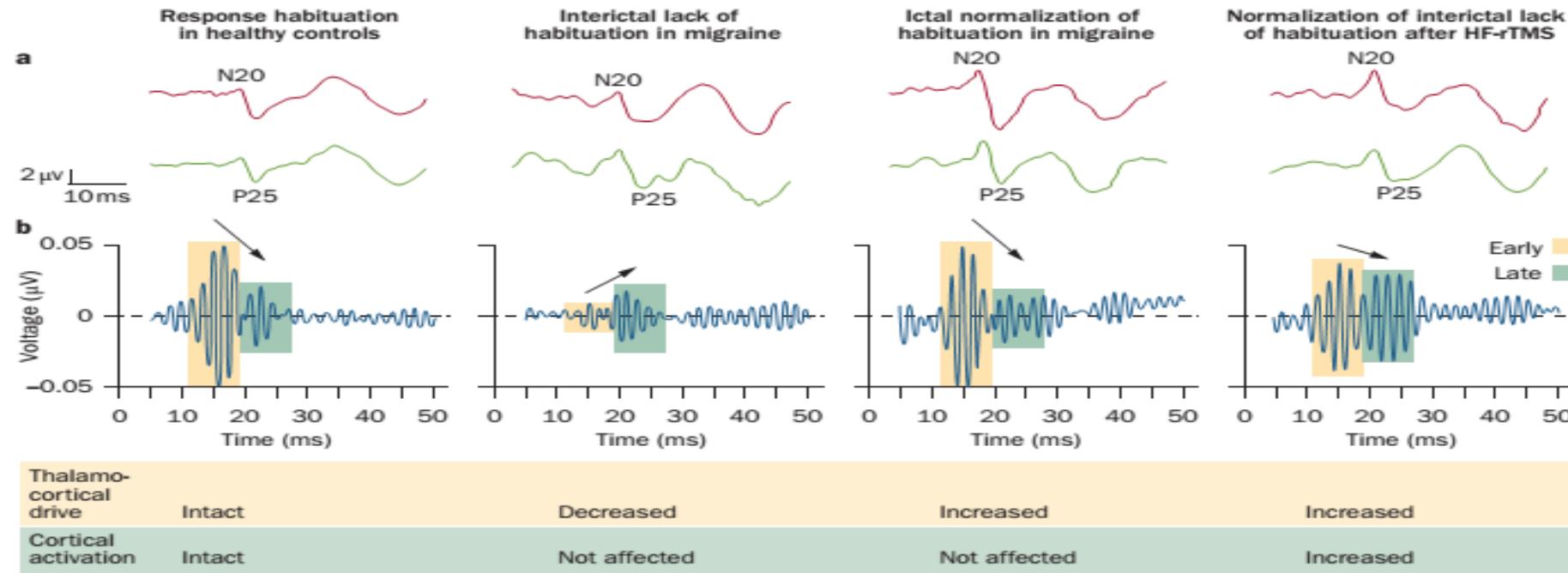
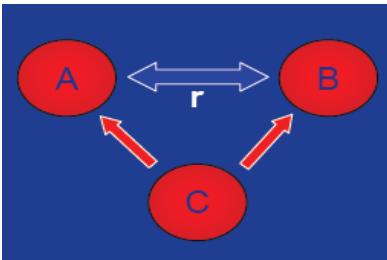
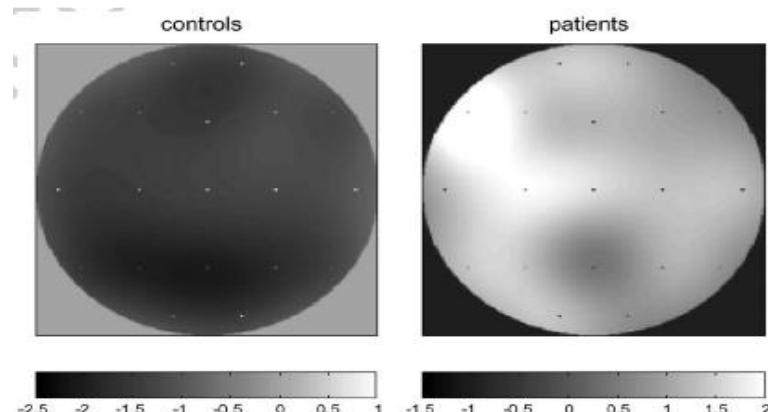


Figure 2 | Cortical response patterns during the migraine cycle. This schematic overview shows amplitude changes in the N20–P25 component of averaged EEG recordings in patients with migraine and healthy controls. **a** | HFOs and **b** | somatosensory evoked potentials. In healthy controls (panel 1), the N20–P25 component habituates, and early HFOs (reflecting thalamocortical drive) are greater than late HFOs (generated by intrinsic cortical activation). In patients with migraine between attacks (panel 2), habituation is absent and early HFOs are reduced, although late HFOs are normal. During a migraine attack (panel 3), habituation and early HFOs normalize. After 10 Hz HF-rTMS is applied over the somatosensory cortex in patients with episodic migraine (panel 4), the interictal lack of habituation reverses, and both early and late HFOs increase. Abbreviations: HFO, high-frequency oscillation; HF-rTMS, high-frequency repetitive transcranial magnetic stimulation.

Interictal synchronization pattern is not simply modulated by cortical inhibition induced by LF rTMS . It is modulated in a complex modality by AED (only levetiracetam reverts alpha hypersynchronization)

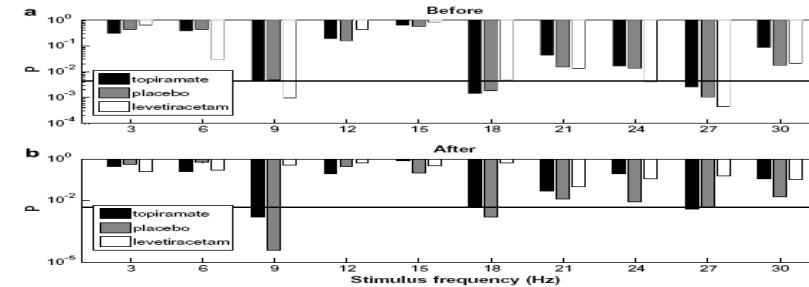


Alpha hypersynchronization under visual stimuli)



(Angelini et al, 2004

Complex modulation by AEDs



(de Tommaso et al, 2007)

No effect by LF rTMS cortical inhibition

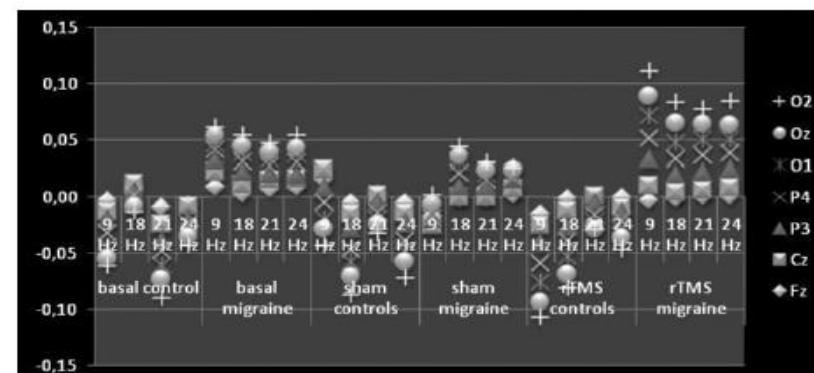


Fig. 1. Mean values of synchronization index I^* computed across migraine patients (no. 15) and controls (no. 10). The standard deviations are detailed in the supplementary table.

(de tommaso et al, 2011)

REVIEW



An update on EEG in migraine

Marina de Tommaso

Table 3. Relevant studies on functional connectivity applied to EEG and MEG signals in migraine patients.

Authors	Year	Type of signal	Method	Cases	Condition	Migraine phase	Results
Cao et al [52]	2016	EEG	Coherence	Migraine without aura	Resting state	Pre-ictal Ictal Post-ictal	variability across migraine phases, in the fronto-occipital networks
Wu et al [53]	2016	MEG	Graph Theory	Migraine with aura, migraine without aura	Resting state	Inter-ictal	increased functional connectivity in the theta band in occipital areas in migraine with aura. Increased connectivity in frontal areas in migraine with and without aura vs controls
Angelini et al [56]	2004	EEG	Phase Synchronization	Migraine without aura	Visual stimulation (repetitive flash 15–30 Hz)	Inter-ictal	Alpha rhythm synchronization in migraine without aura, desynchronization in controls
de Tommaso et al [60]	2013	EEG	Phase synchronization Granger causality	Migraine without aura	Visual stimulation (repetitive flash 15–30 Hz)	Inter-ictal	Alpha rhythm synchronization in migraine without aura, increased Granger causality in beta band in migraine with aura
de Tommaso et al [41]	2017	EEG fMRI	Graph Theory	Migraine with aura Migraine without aura	Migraine with aura Migraine without aura	Inter-ictal	increased activation of occipital cortex in migraine with aura (bold signal) with segregated cluster of connections in occipital areas (EEG), as compared to normal subjects and migraine without aura group.
Porcaro et al [61]	2017	EEG	Functional source separation algorithm	Migraine without aura	Electrical stimulation of median nerve	Inter-ictal	significantly lower brainstem (BS) and thalamic (Th) High Frequency Oscillations
de Tommaso et al [62]	2015	EEG	Phase synchronization Granger Causality	Migraine without aura	Laser stimulation right hand	Inter-ictal	Increased laser-induced Granger Causality in migraine compared to controls, correlated with reduced laser evoked potentials habituation

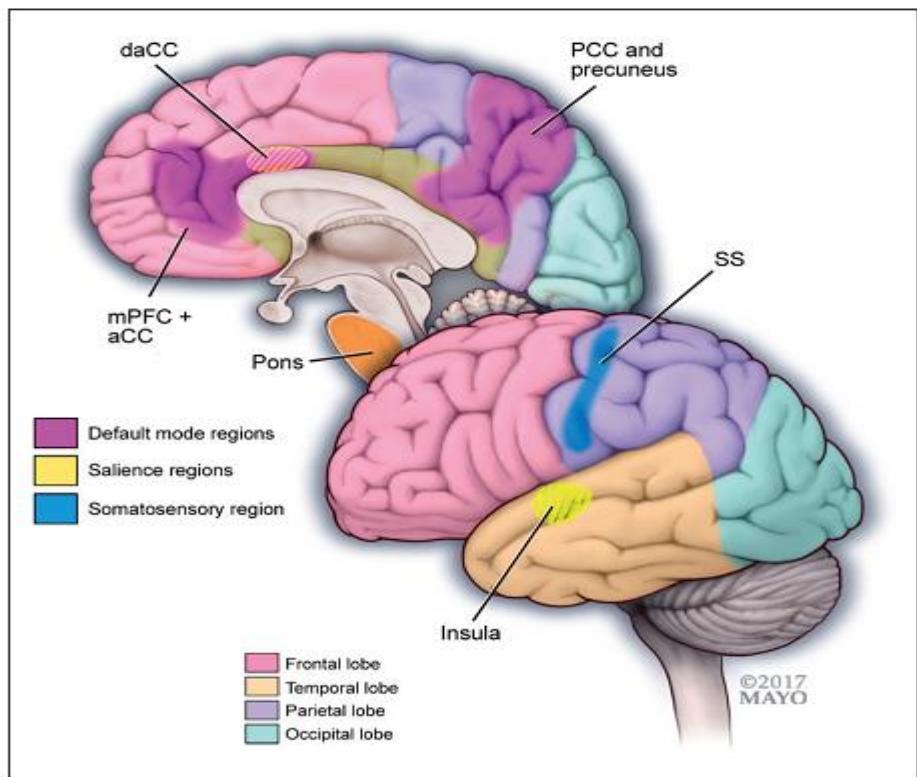
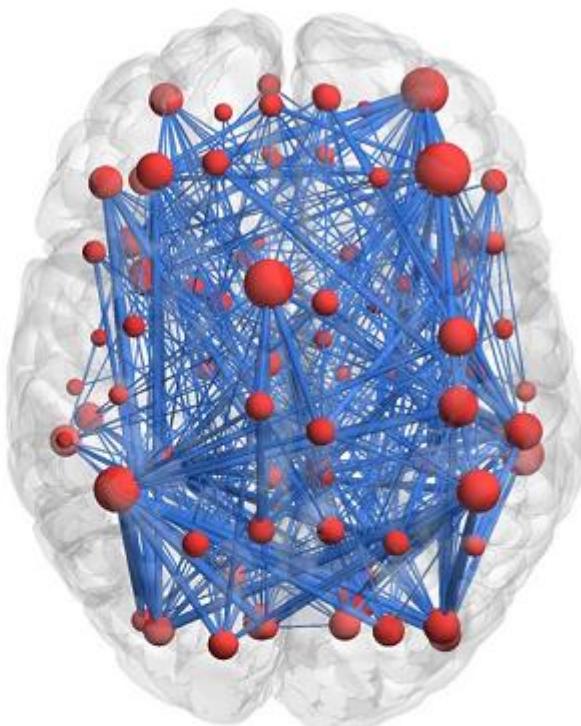


Figure 2. A schematic illustration of regions and functional networks (default mode, salience, sensory) where studies have shown altered functional connectivity in migraine patients during attacks compared to between attacks. Important regions of functional networks that are altered in migraineurs during the attack compared to between attacks include the following:
Default mode network regions: medial prefrontal cortex (mPFC) and anterior cingulate cortex (aCC), precuneus and posterior cingulate cortex (pCC).
Salience network regions: insula and (dorsal) anterior cingulate.
Sensory network region: somatosensory cortex (SS).
Migraineurs during the attack have stronger functional connectivity between the pons and the somatosensory cortex (SS).

Brain functional connectivity in headache disorders: A narrative review of MRI investigations

Catherine D Chong¹, Todd J Schwedt¹ and Anders Hougaard²



Group 40

Using the interconnected component of the difference network between the last patient group (Group 40) and HC as a reference, the mean dysfunctional connectivity strength was positively associated with the disease duration across patients in this group (a). (b) shows the rich-club coefficient curves in the between-group difference network. Rich-club coefficients $R(k)$

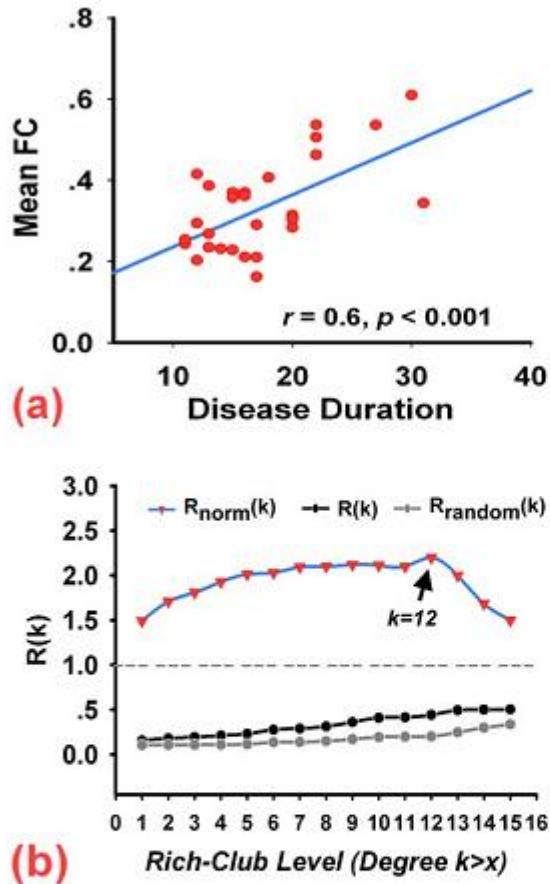
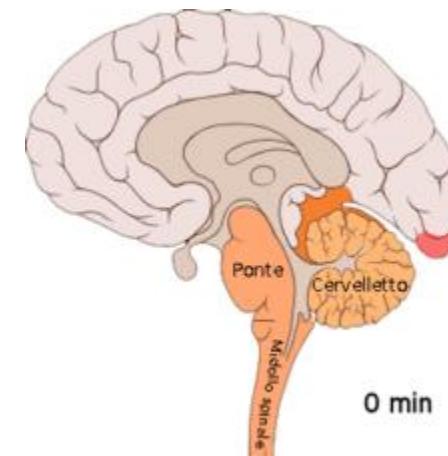
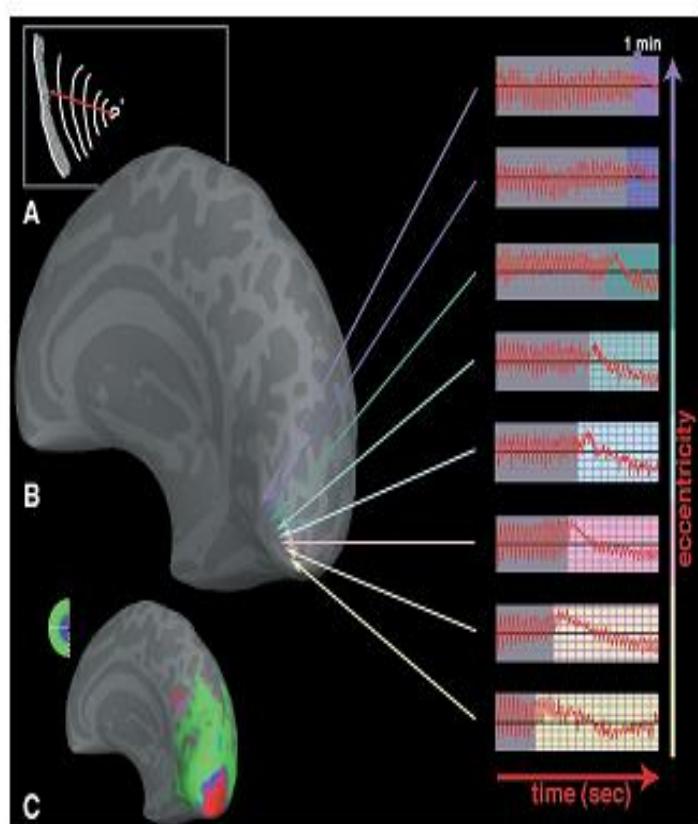


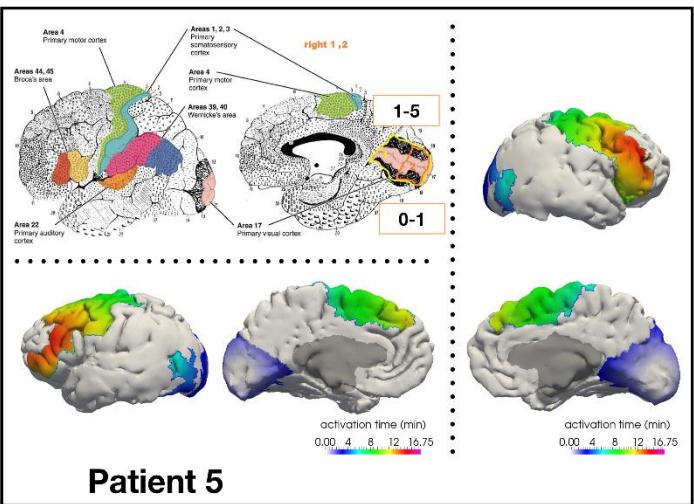
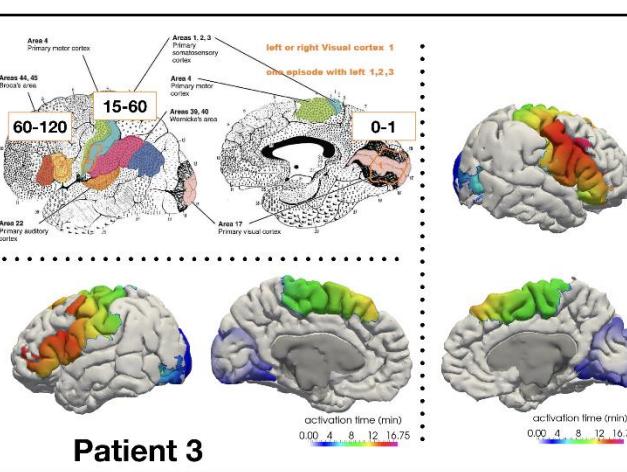
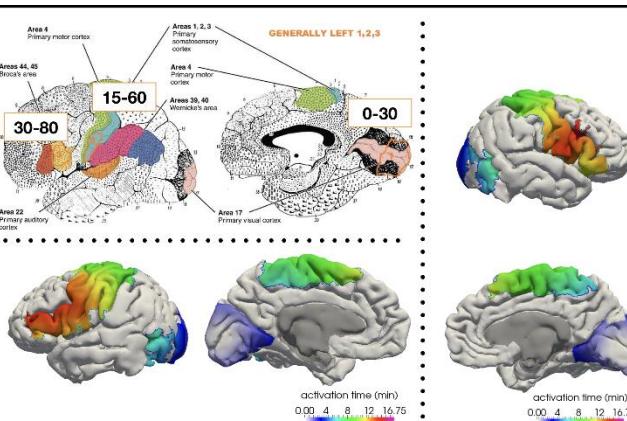
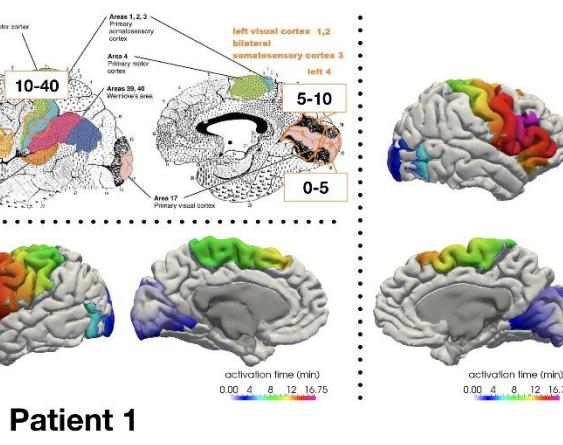
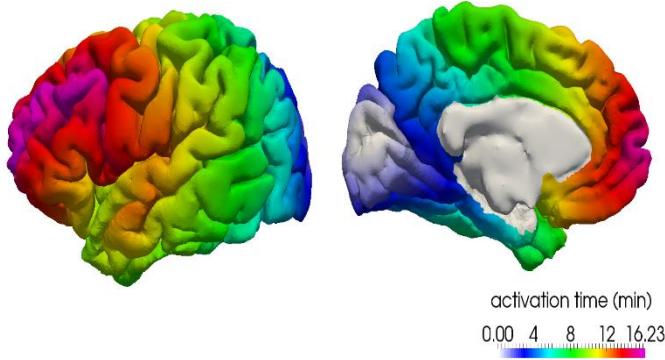
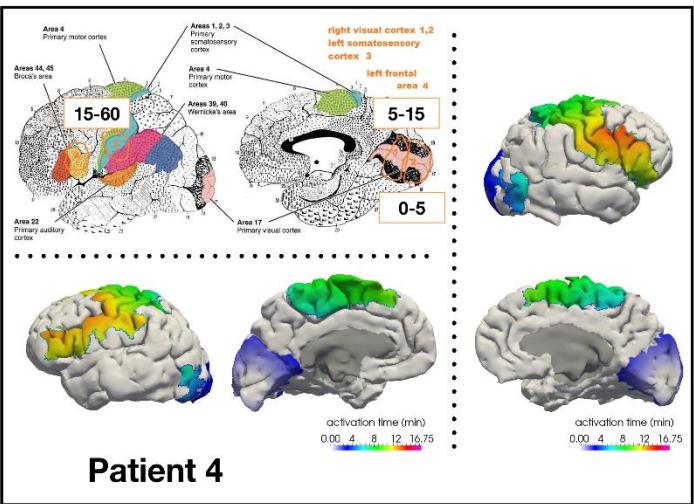
Figure 4.

are indicated with a black line, and corresponding parameters for a random graph $R_{random}(k)$ with the same number of nodes and edges are shown in dark gray. The normalized rich-club coefficient $R_{norm}(k)$ is shown by the blue line. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

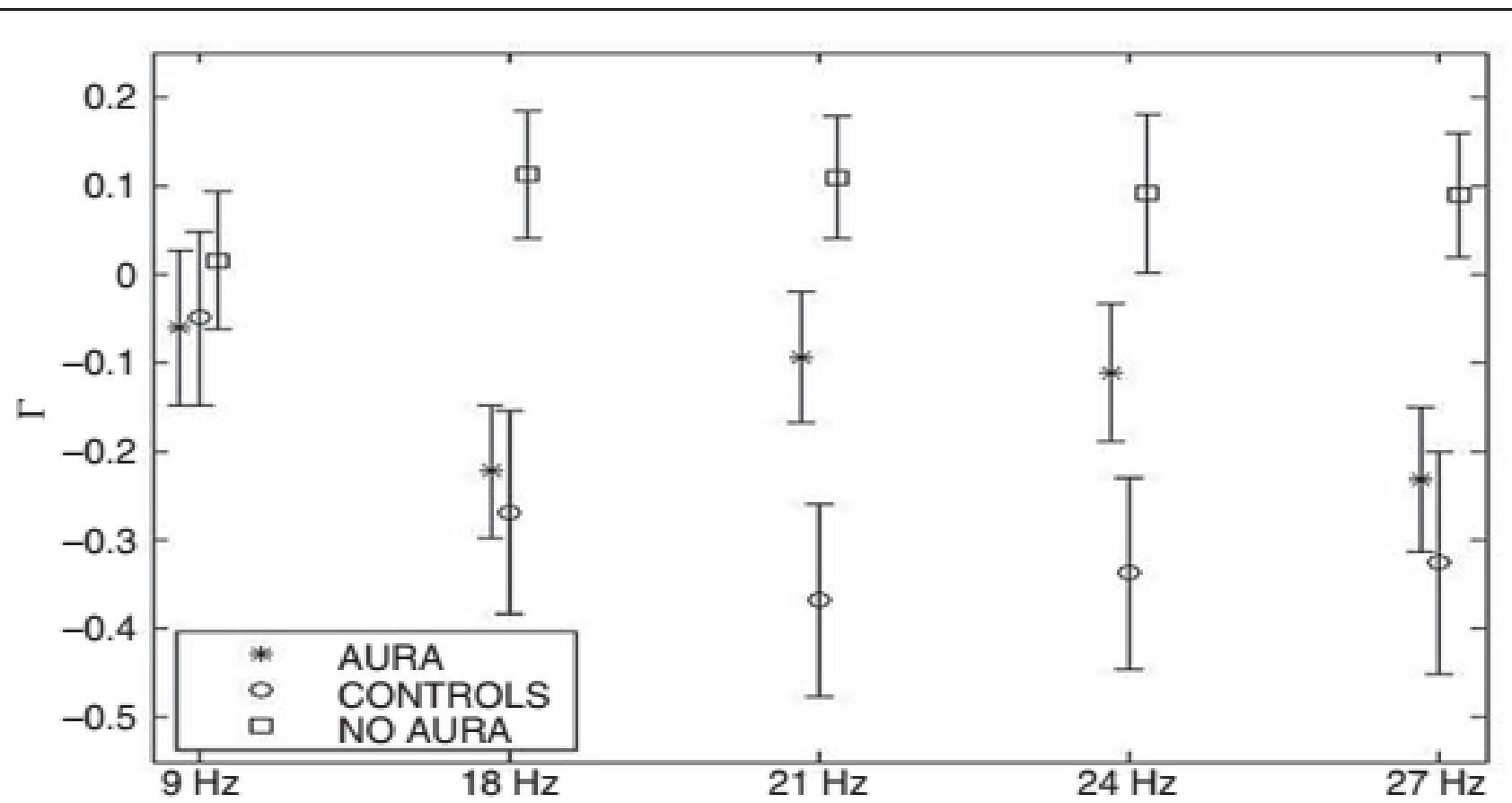
PROGRESSION OF CSD PHENOMENON



PROGRESSION OF CSD PHENOMENON



eloquent areas
left hemisphere
right hem.



Original Article

Cephalgia
An International Journal of Headache



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Functional and effective connectivity in EEG alpha and beta bands during intermittent flash stimulation in migraine with and without aura

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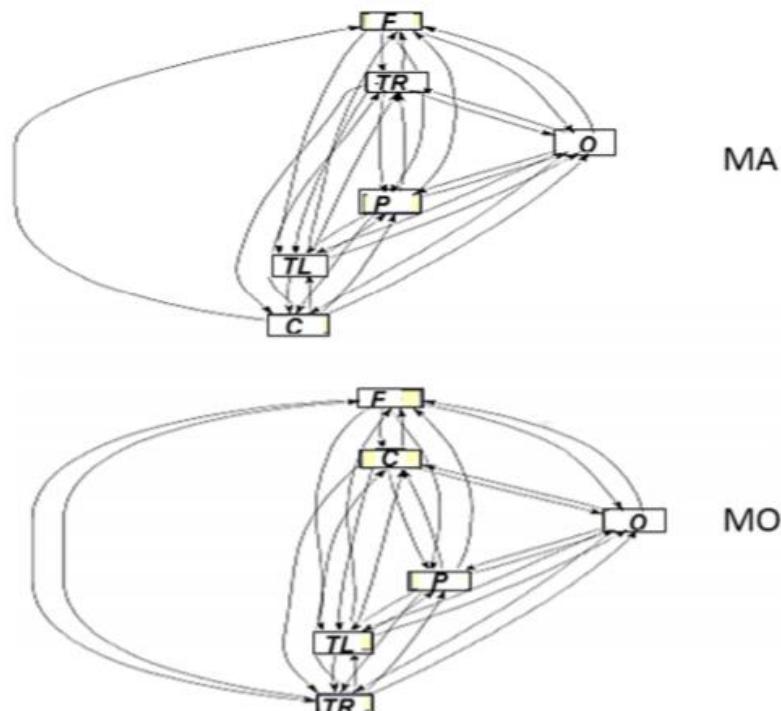
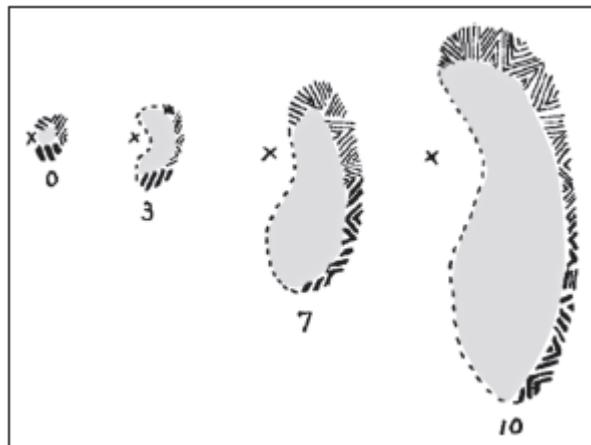


Fig. 8 Network diagrams for Migraine with aura (MA) and without aura (MO) for alpha band at 2 cpd stimulation. The by-pass role of the occipital area (O) in the MA in the anterior / posterior connection emerges. (further data on analysis are available in the Supplementary section, chapter 5.6.2) F: Frontal; C: Central; P: Parietal; RT: Right Temporal; LT: Left Temporal



Increased activity of occipital cortex in migraine with aura could be explained in terms of segregated pattern of connections induced by visual stimuli

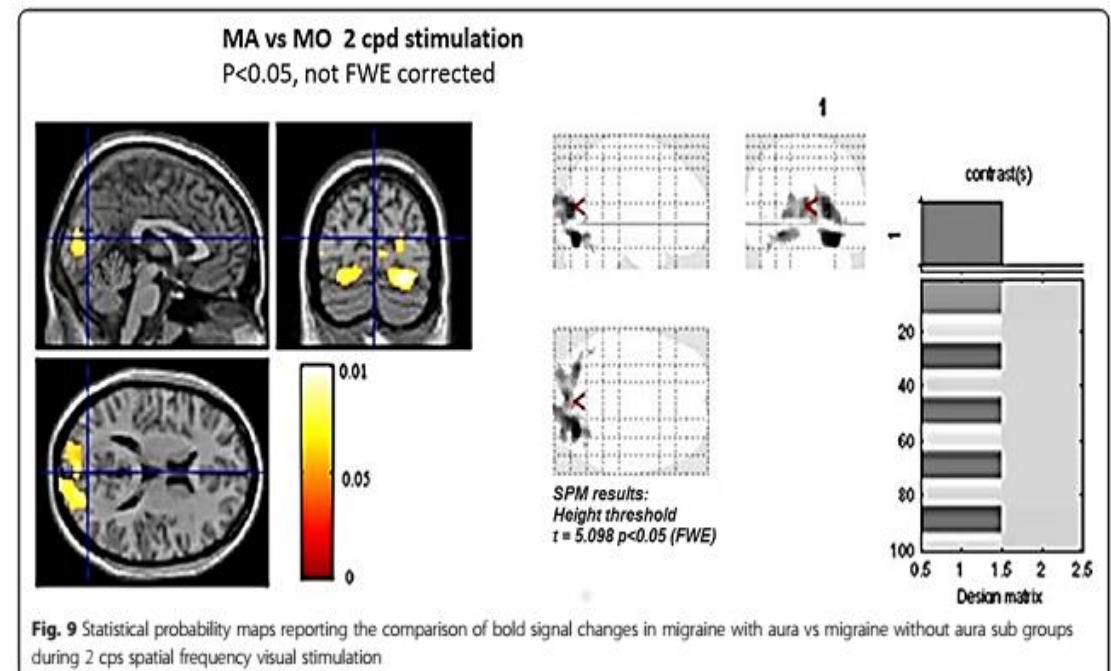


Fig. 9 Statistical probability maps reporting the comparison of bold signal changes in migraine with aura vs migraine without aura sub groups during 2 cps spatial frequency visual stimulation

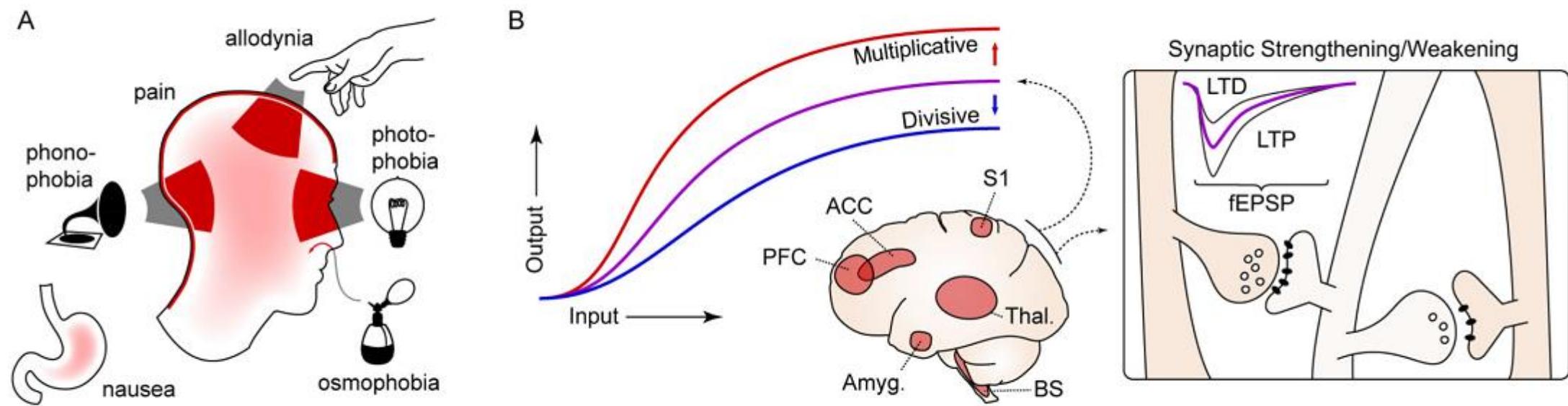
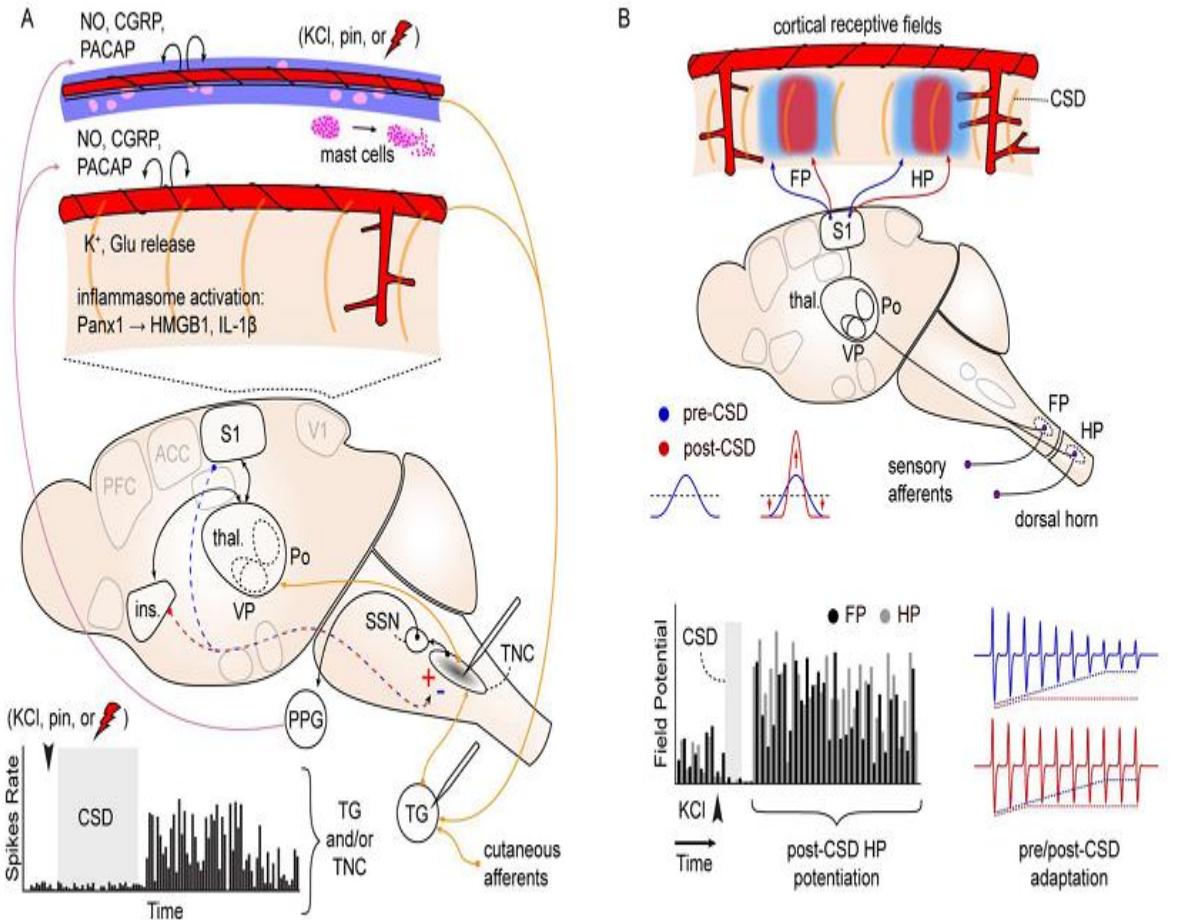
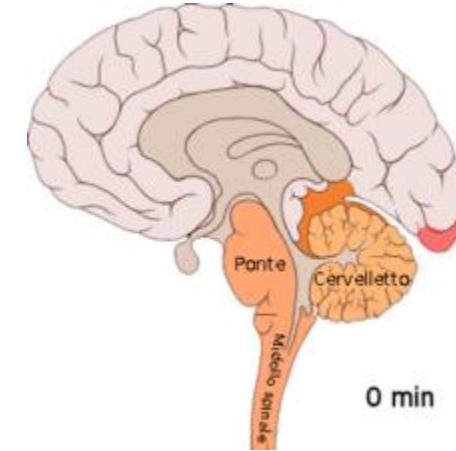


Figure 1. Characteristics of migraine

A. The migraine attack involves changes in multiple sensory percepts. Head and neck

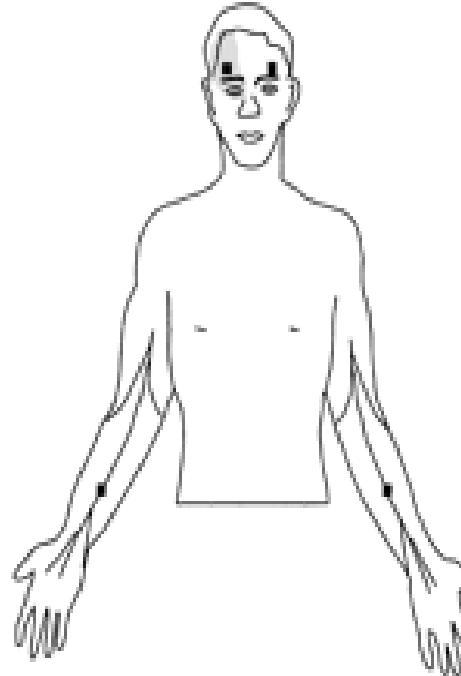
**Figure 3. Effects of CSD on network activity**

A. Spontaneous firing rate of TG and TNC neurons increases after experimentally-induced CSD (graph at bottom). Recording sites indicated on schematic. c-fos immediate



Initiation of spreading depression by synaptic and network hyperactivity: Insights into trigger mechanisms of migraine aura

Temporal and spatial development of cutaneous allodynia during migraine



	Before migraine			During migraine		
	Baseline	1 h	2 h	4 h		
Pain (0–10)	0	5.5	7.0	7.5		
Mechanical (g)	281	28	3.6	2.0		
Cold (°C)	15.3	21.9	24.7	26.6		
Heat (°C)	43.7	45.3	41.9	40.5		
Brush	No pain	No pain	Pain	Pain		

	Before migraine			During migraine		
	Baseline	1 h	2 h	4 h		
-	-	-	-	-		
281	-	125	11.7	3.6		
15.3	15.2	-	25.7	24.5		
43.7	46.3	44.0	-	39.4		
No pain	No pain	No pain	No pain	No pain		

	Before migraine			During migraine		
	Baseline	1 h	2 h	4 h		
Mechanical (g)	281	125	125	125		
Cold (°C)	17.2	14.8	25.0	26.5		
Heat (°C)	46.4	46.7	47.0	44.7		
Brush	No pain	No pain	No pain	No pain		

	Before migraine			During migraine		
	Baseline	1 h	2 h	4 h		
281	-	125	125	125		
21.1	-	-	13.4	21.1		
46.4	-	47.8	46.0	47.5		
No pain	No pain	No pain	No pain	No pain		

ALLODYNNIA IS A SIGN OF CENTRAL SENSITIZATION

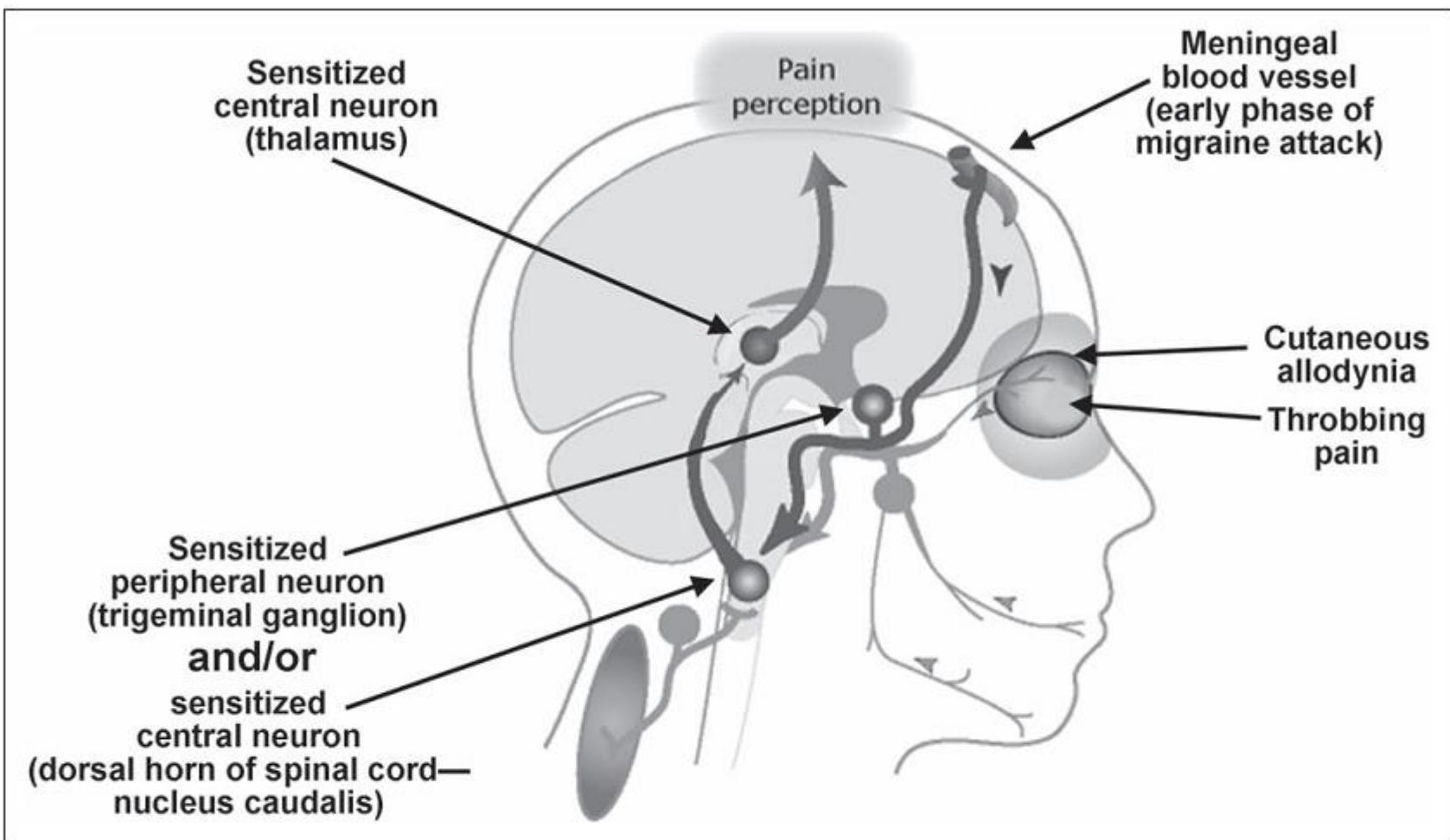
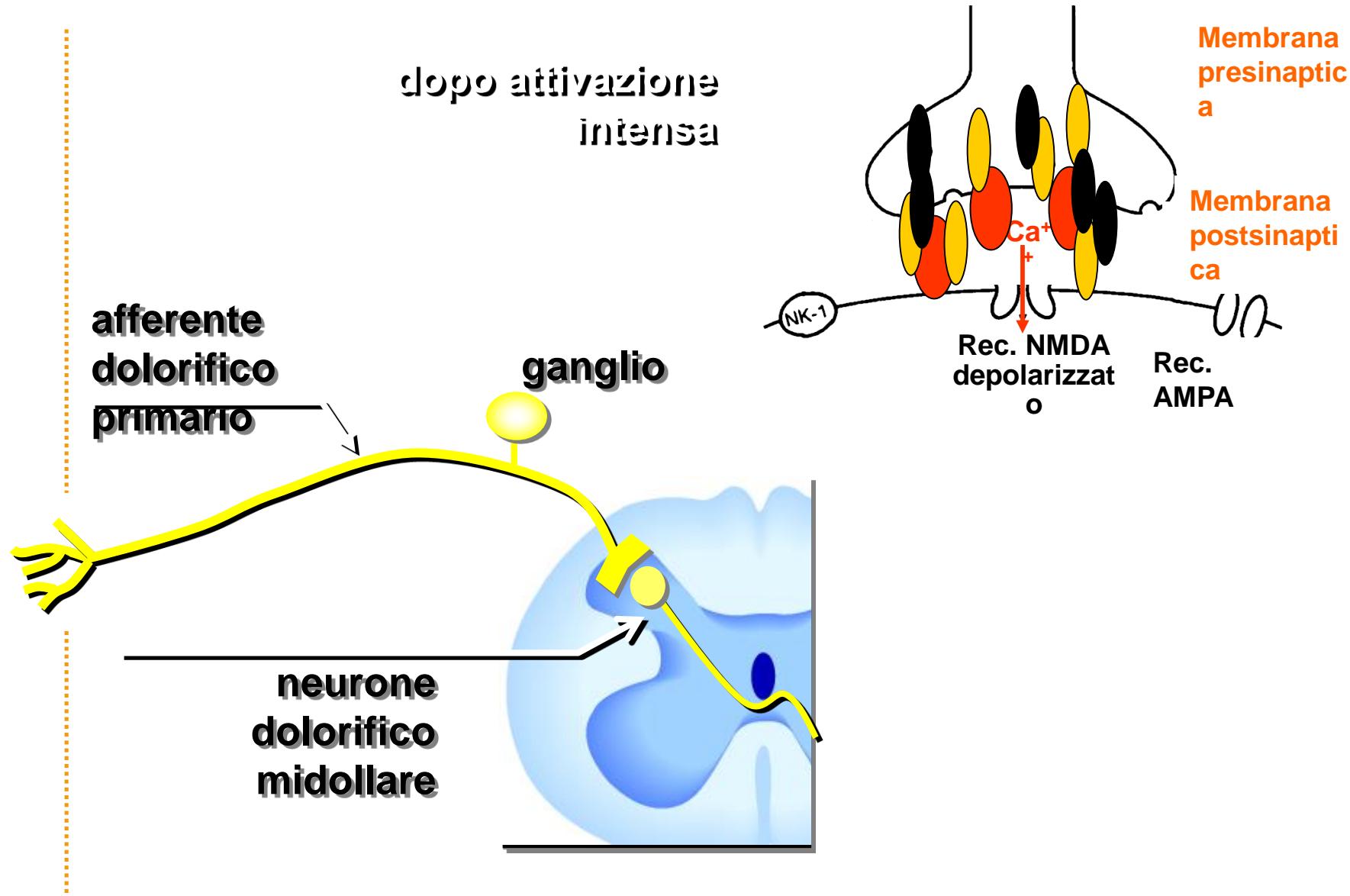
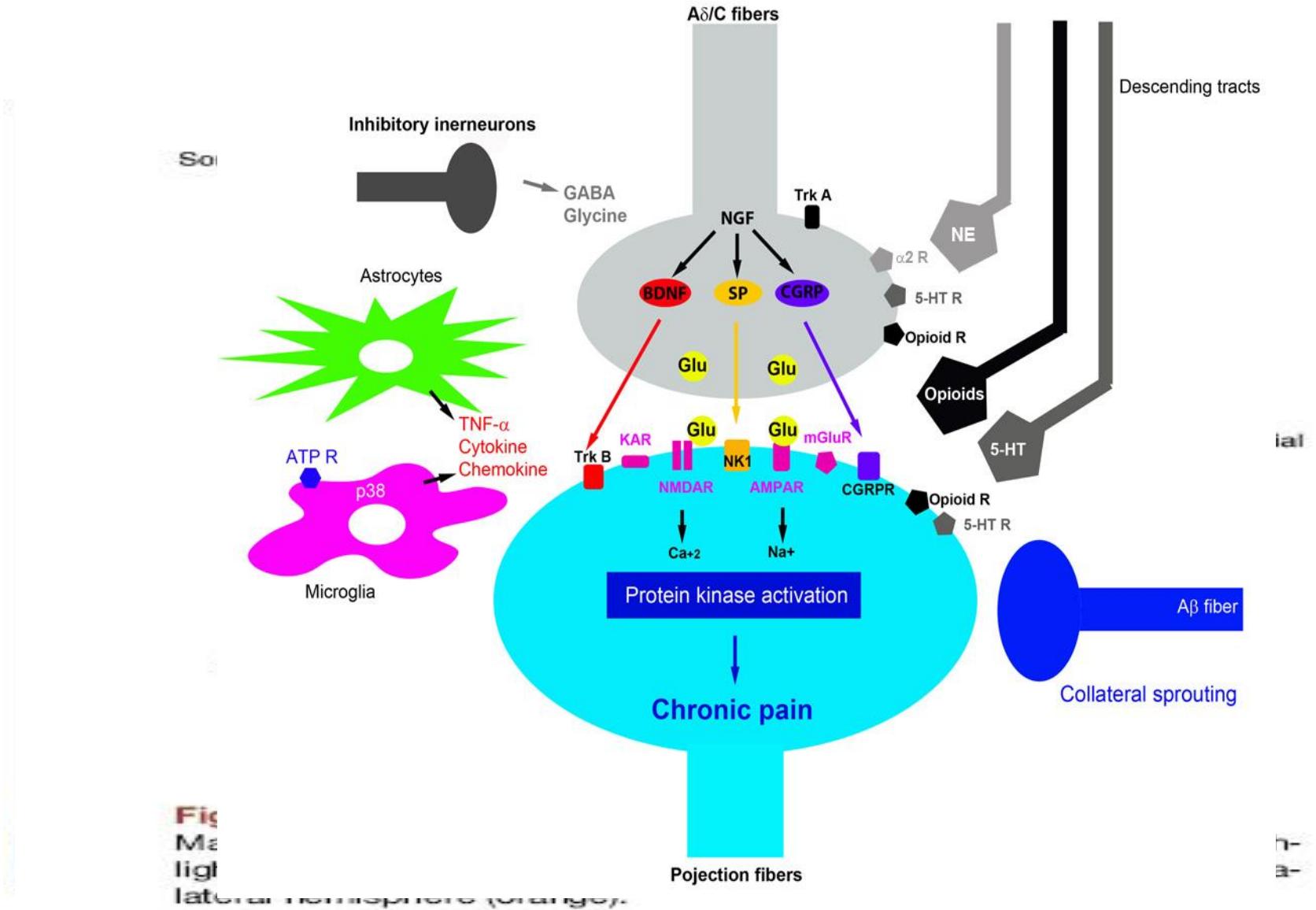


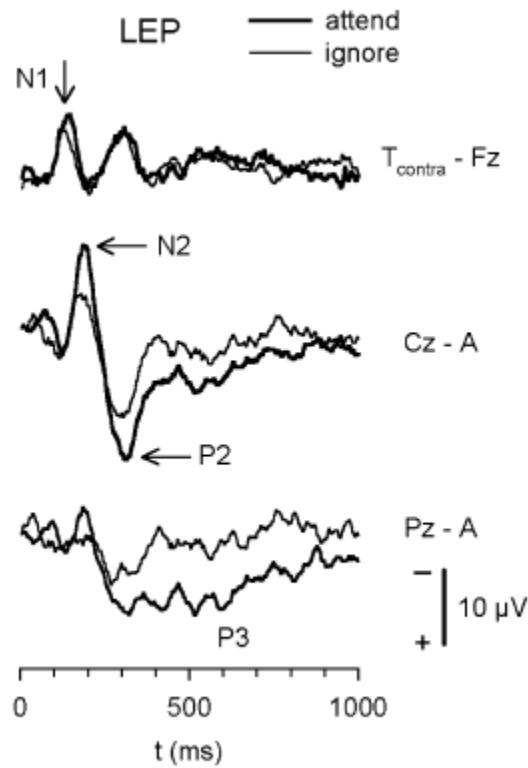
Fig 2.—Sensitization of central trigeminovascular neurons in nucleus caudalis mediates cutaneous allodynia. Adapted with permission.¹⁹

Sensibilizzazione centrale





Laser evoked potentials are a suitable method for the psychophysiological study of pain. They are generated in cortical areas devoted to the elaboration of the discriminative, attentive and affective compounds of pain.



L. Garcia-Larrea et al. / Neurophysiologie clinique 33 (2003) 279–292

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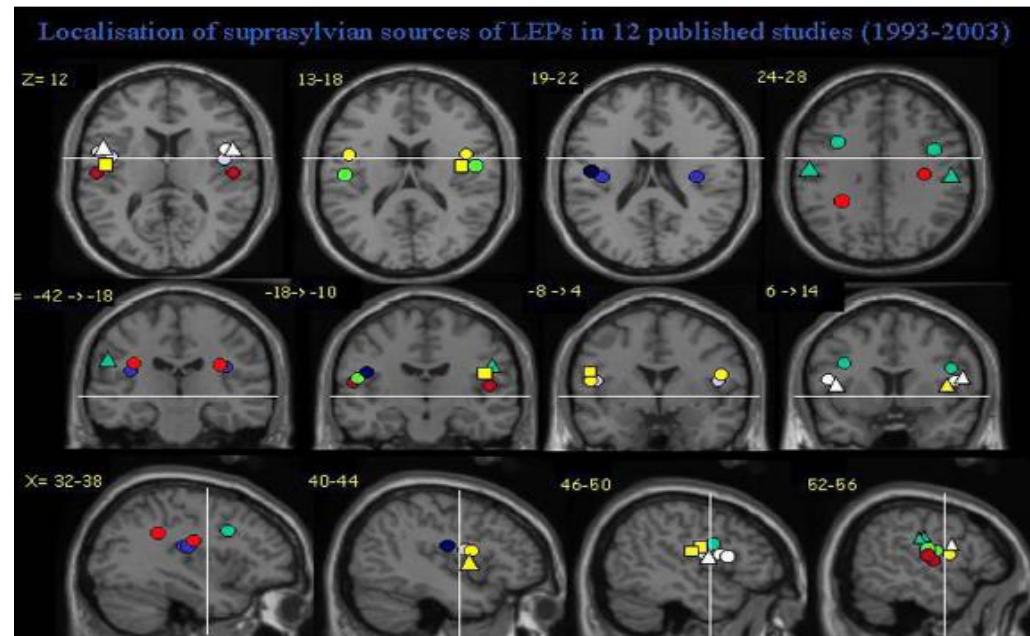
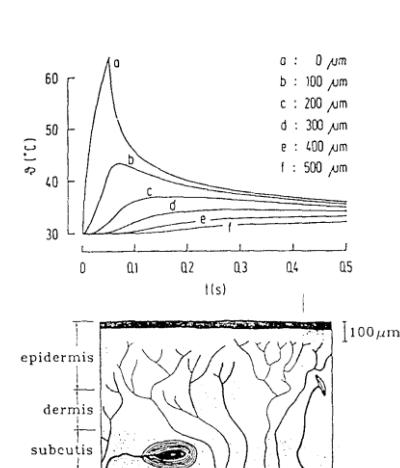
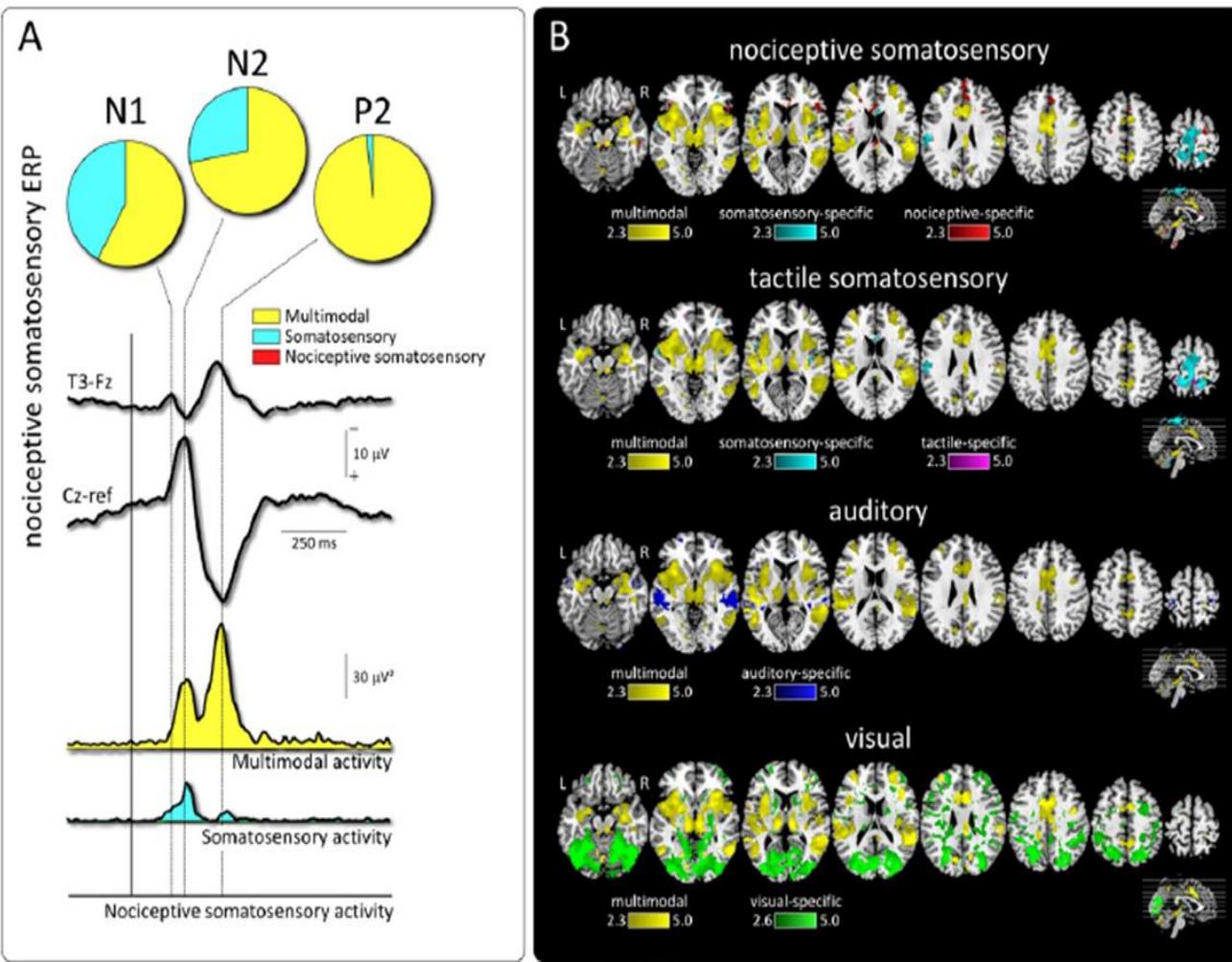


Fig. 2. LEP components and attention effects. Early component N1: late

A PIVOTAL QUESTION: LEPs ARE NOT SPECIFIC FOR PAIN, BUT FOR RELEVANT STIMULI,
 WORTHY OF A MOTOR REACTION:
 SALIENCE MATRIX INSTEAD OF PAIN MATRIX
 NEVERTHELESS, THE ACTIVATED CORTEX RESPONDS TO SPECIFIC NOCICEPITIVE PATHWAYS
 ACTIVATION

V. Legrain et al./Progress in Neurobiology xxx (2010) xxx-xxx

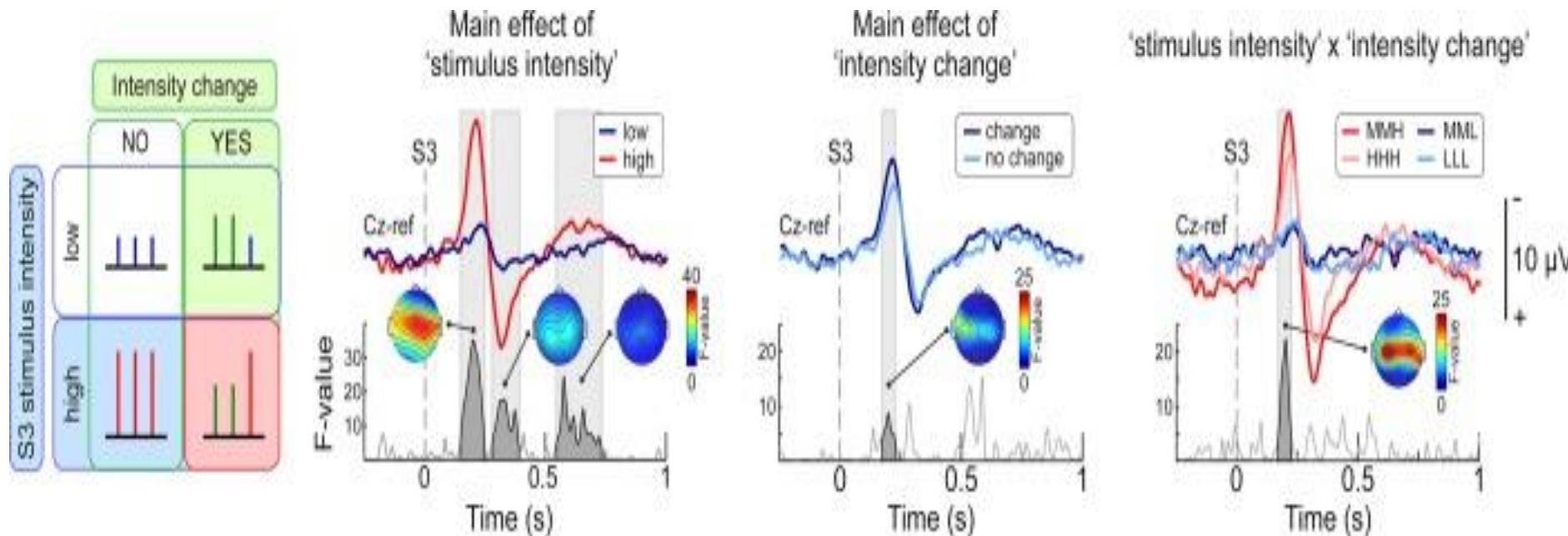
7



Novelty is not enough: laser-evoked potentials are determined by stimulus saliency, not absolute novelty

L.Ronga,^{1,2} E.Valentini,^{1,3} A.Mouraux,⁴ and G.D.Jannetti^{2,5*}

LET'S TALK ABOUT STIMULUS novelty, not stimulus intensity How they can describe nociceptive system in migraine patients?



What said LEPs in migraine? Physiopathology.

Abnormal pain processing-critical increase of nociceptive (?) cortex activation-

Increase of laser – related cortical activation during migraine attack



Neuroscience Letters 303 (2002) 29–32

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Abnormal brain processing of cutaneous pain in migraine patients during the attack

Marina de Tommaso*, Marco Guido, Giuseppe Libro, Luciana Losito, Vittorio Sciruicchio, Carlo Monetti, Francomichele Puca

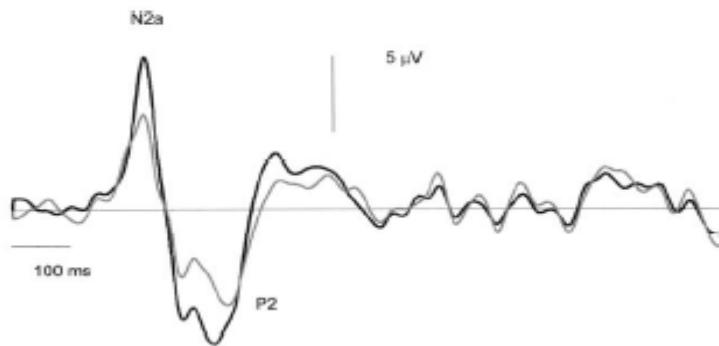
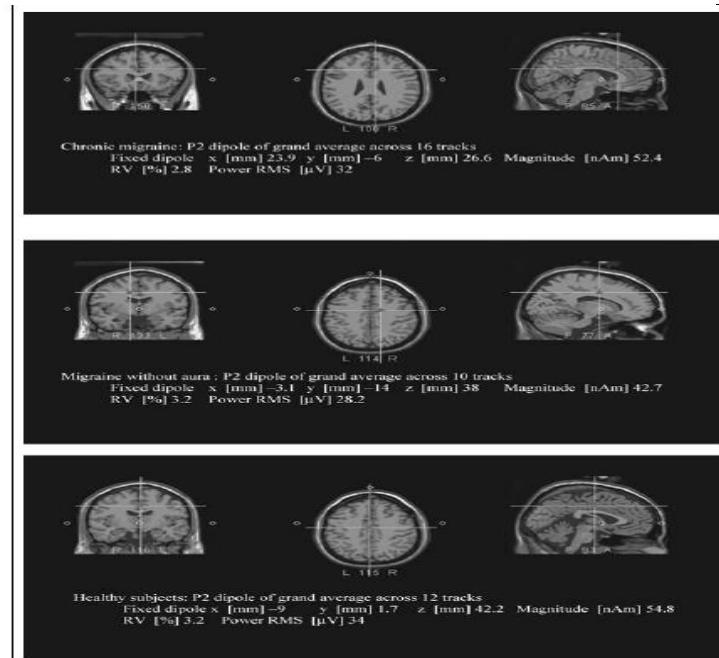


Fig. 3. An example of Laser Evoked Potentials (LEPs) elicited by the painful laser stimulation of the supraorbital skin ipsilateral to pain during the attack (black line) and after 92 h from the end of headache (gray line). The increased amplitude of cortical potential during the acute phase is evident.

Changes in cingulate activation in chronic migraine

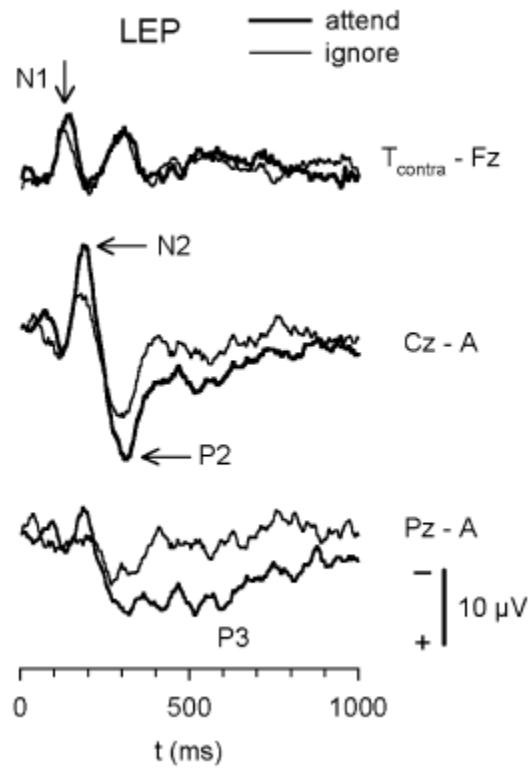
Changes in Cortical Processing of Pain in Chronic Migraine

Marina de Tommaso, MD; Luciana Losito, MD; Olimpia Difruscolo, MD; Giuseppe Libro, MD; Marco Guido, MD; Paolo Livrea, MD



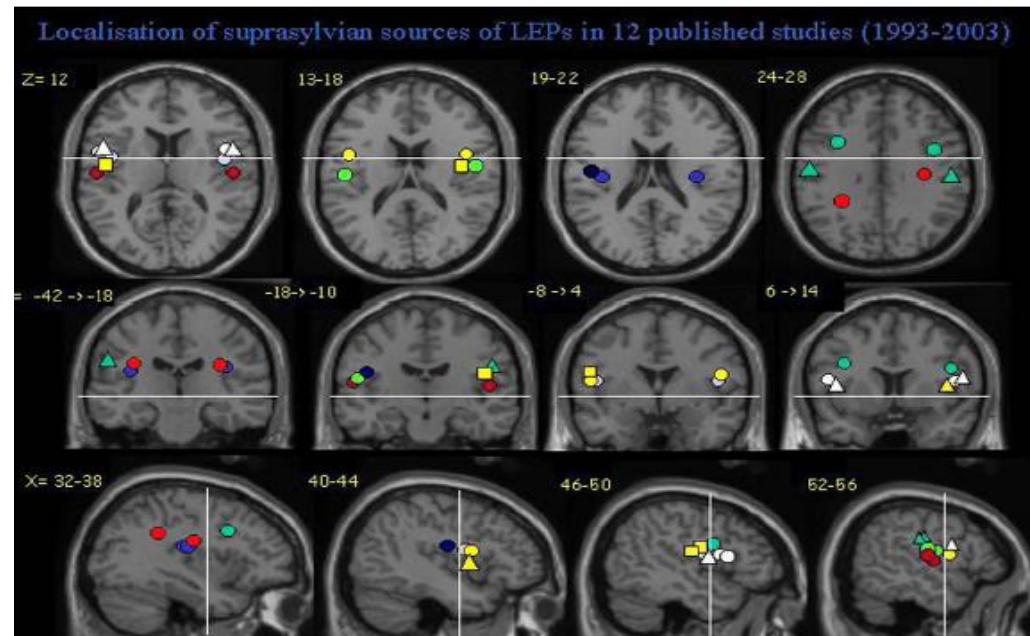
lar source of the P2 wave, obtained by the grand average LEPs, projected into a standardized MRI, in patients, episodic migraine patients, and healthy controls.

Laser evoked potentials are a suitable method for the psychophysiological study of pain. They are generated in cortical areas devoted to the elaboration of the discriminative, attentive and affective compounds of pain.



L. Garcia-Larrea et al. / Neurophysiologie clinique 33 (2003) 279–292

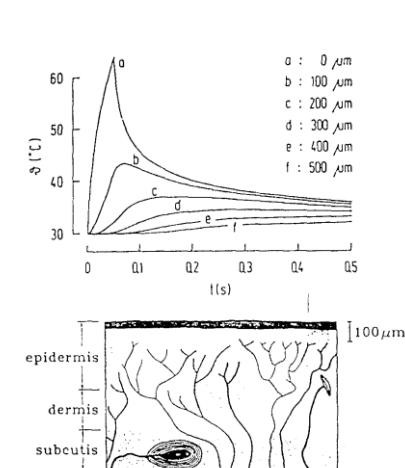
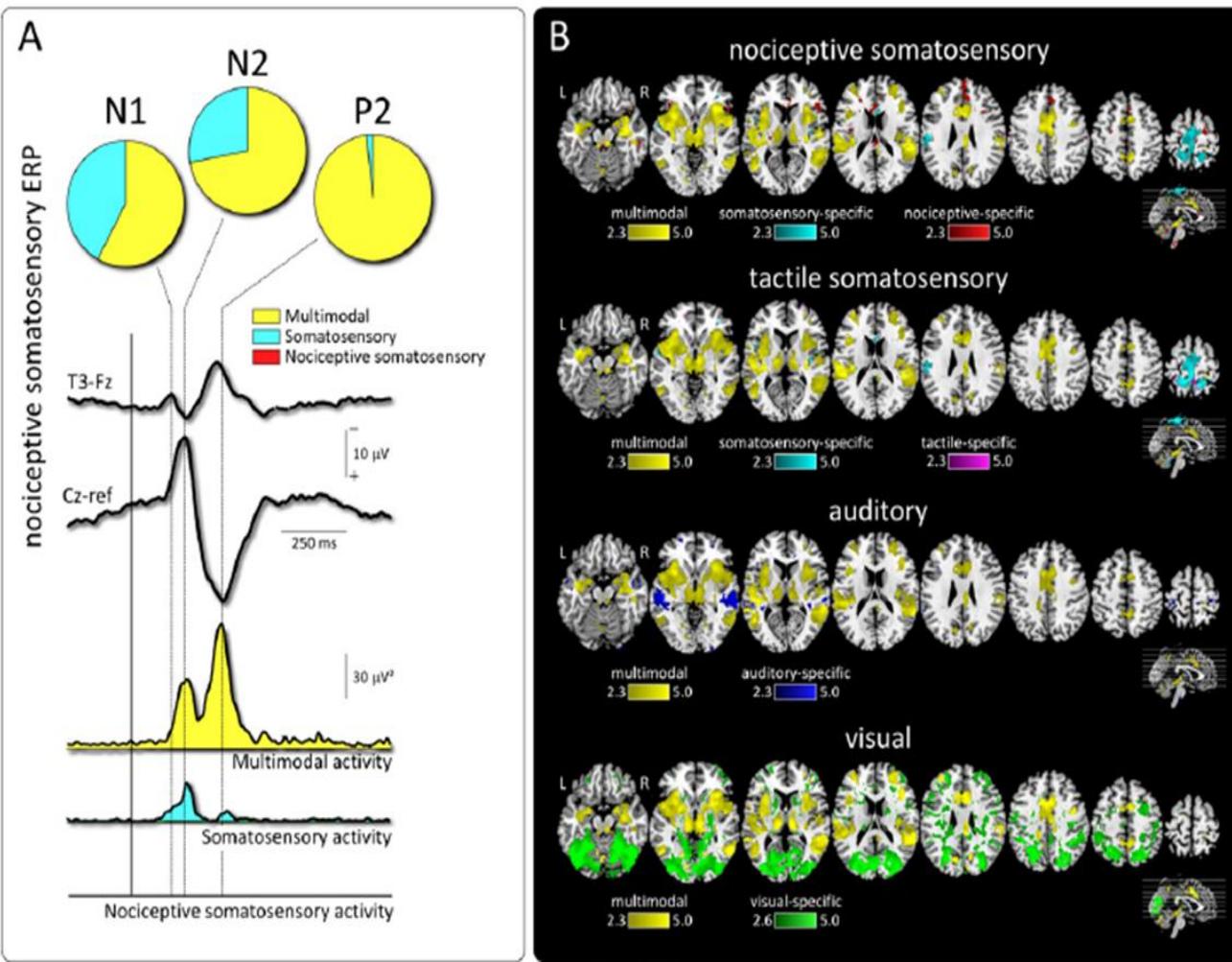
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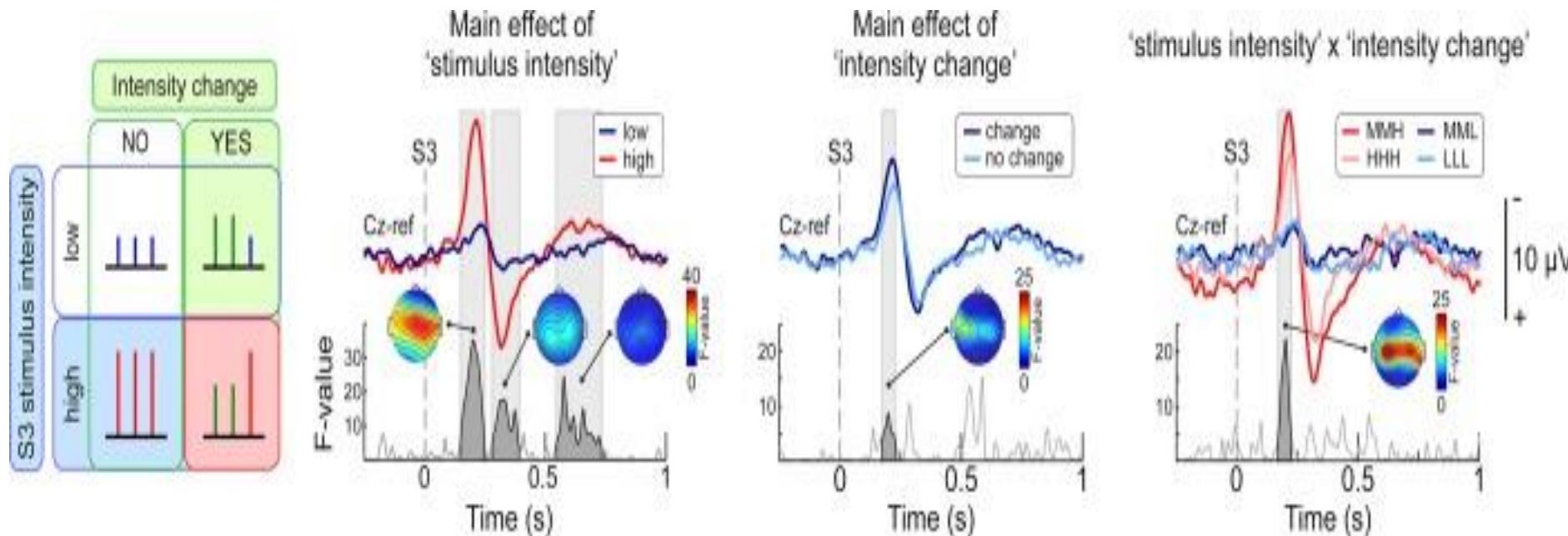
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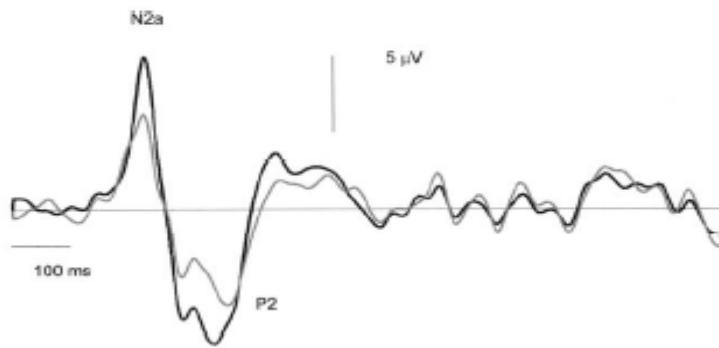
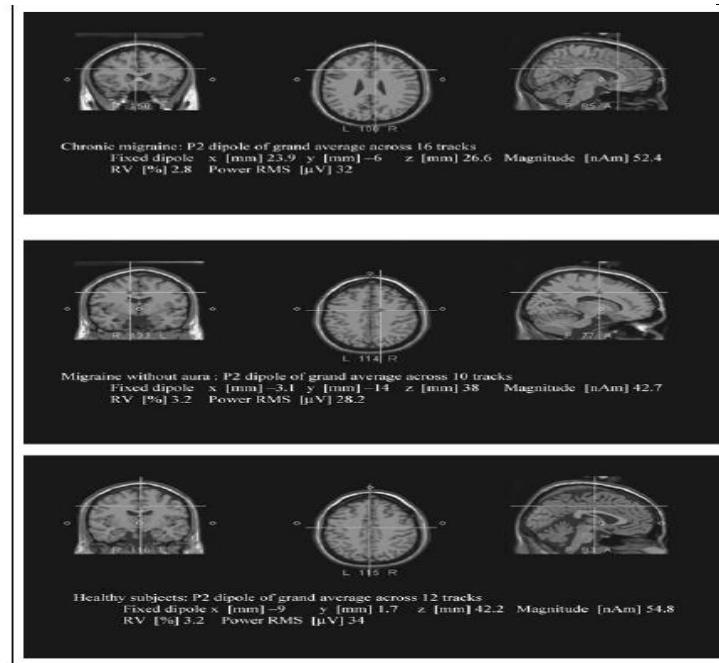


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....but they could reflect a modality
of pain processing

REDUCED HABITUATION TO REPETITIVE LASER STIMULATION: A SIGNATURE OF MIGRAINE AND CENTRAL SENSITIZATION PHENOMENA PREDISPOSITION

Valeriani et al., 2003

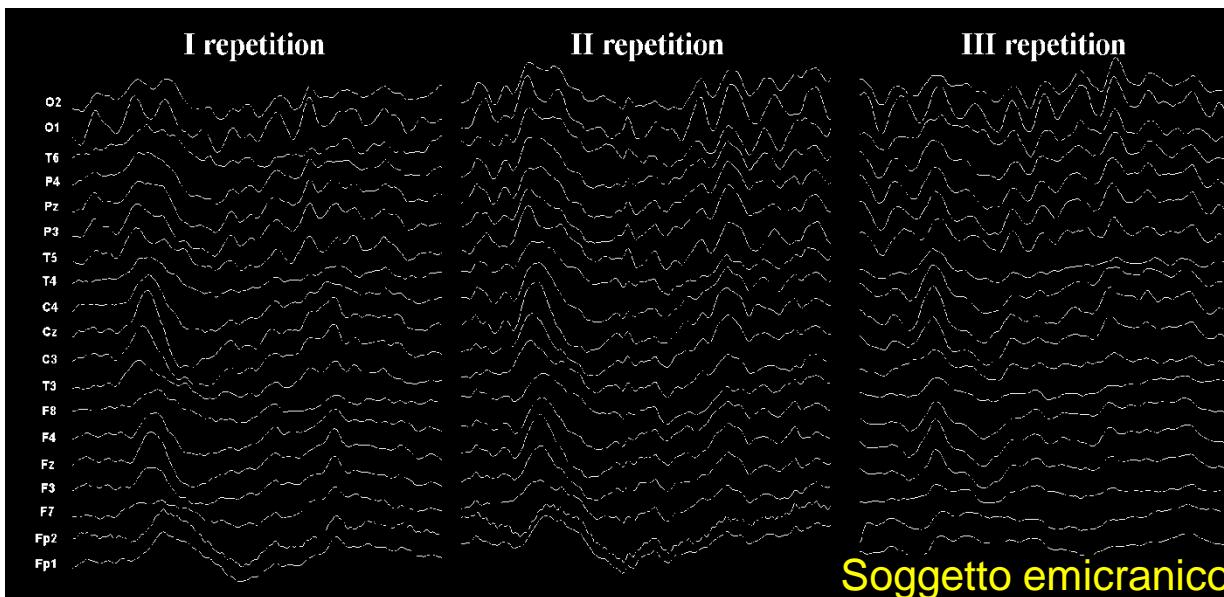
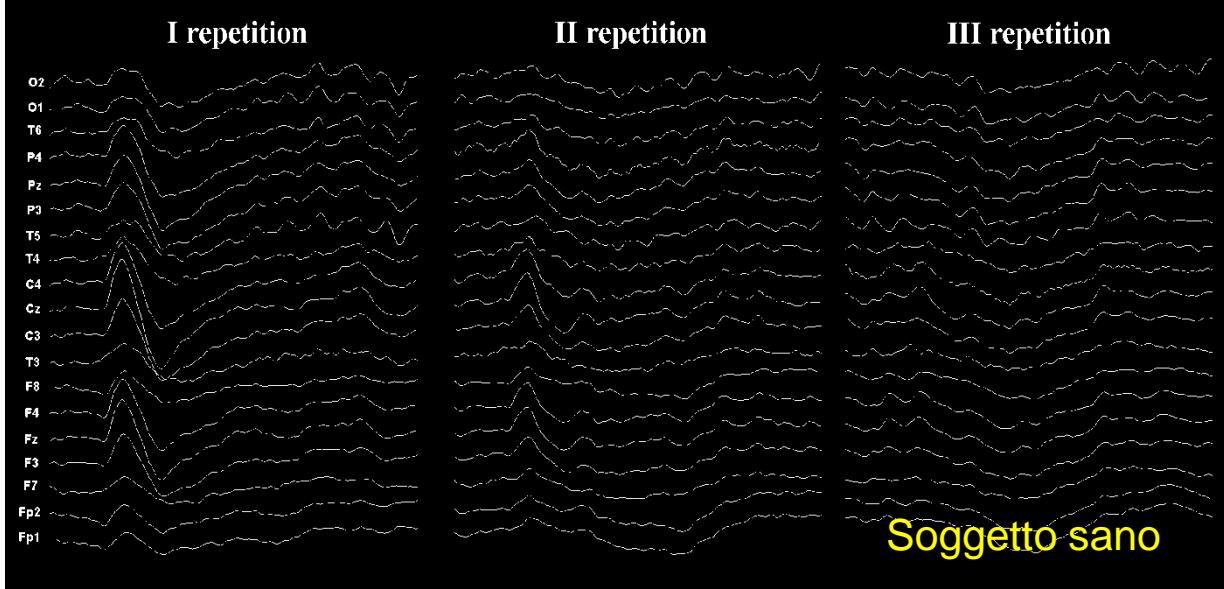


Pain xx (2003) xxx–xxx

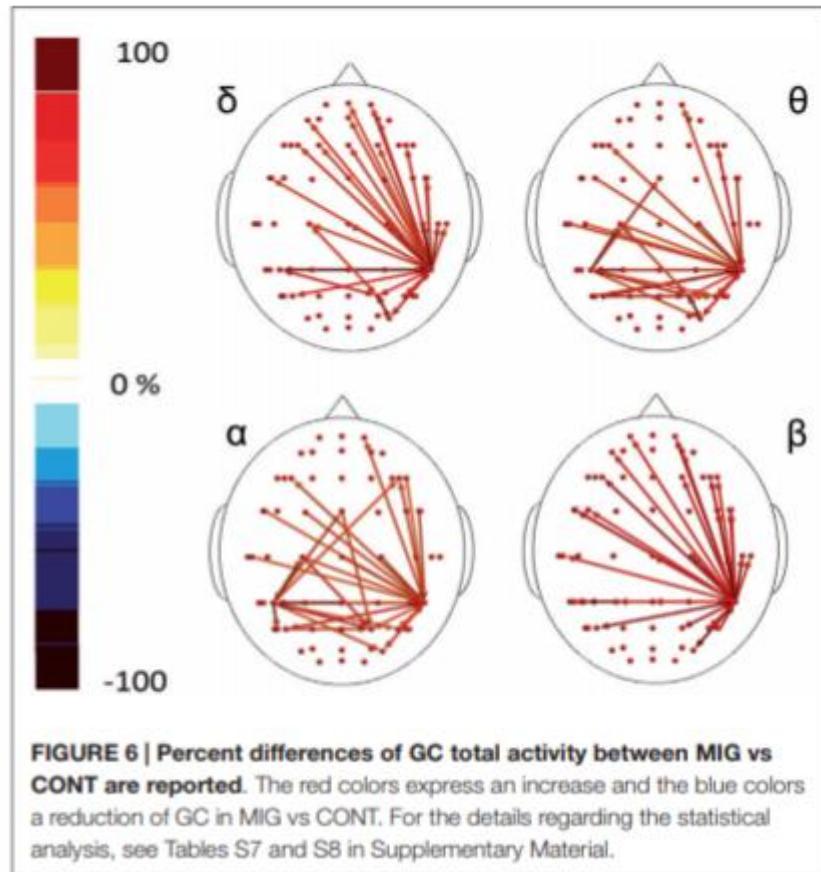
PAIN
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Reduced habituation to experimental pain in migraine patients:
a CO₂ laser evoked potential study

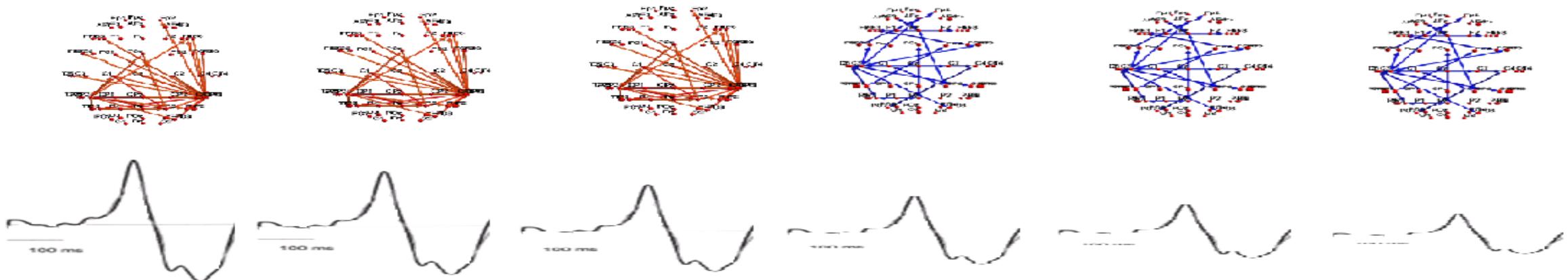
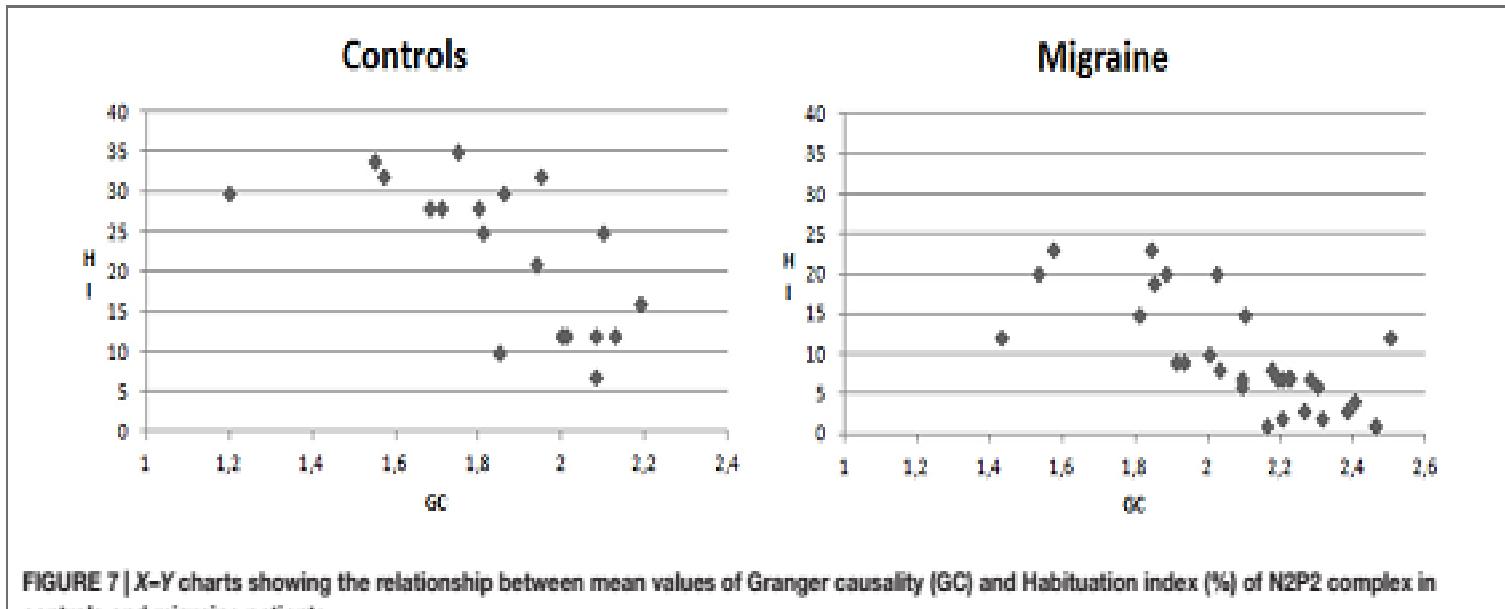
M. Valeriani^{a,b,*}, M. De Tommaso^c, D. Restuccia^a, D. Le Pera^{a,d}, M. Guido^c, G.D. Iannetti^e,
G. Libro^c, A. Tuinini^c, G. Di Trapani^a, F. Puca^c, P. Tonali^a, G. Cruciu^c



Migraine patients show increased granger causality and information transfer under nociceptive stimuli

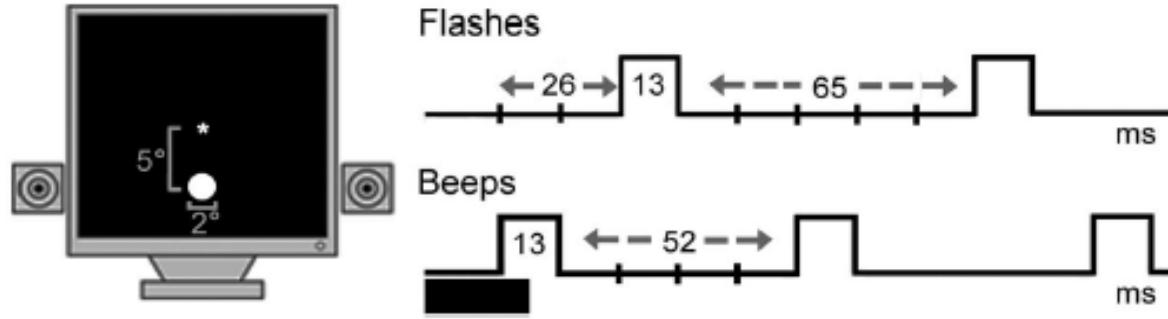


..this is the counterpart of reduced habituation



Visual cortex hyperexcitability in migraine in response to sound-induced flash illusions

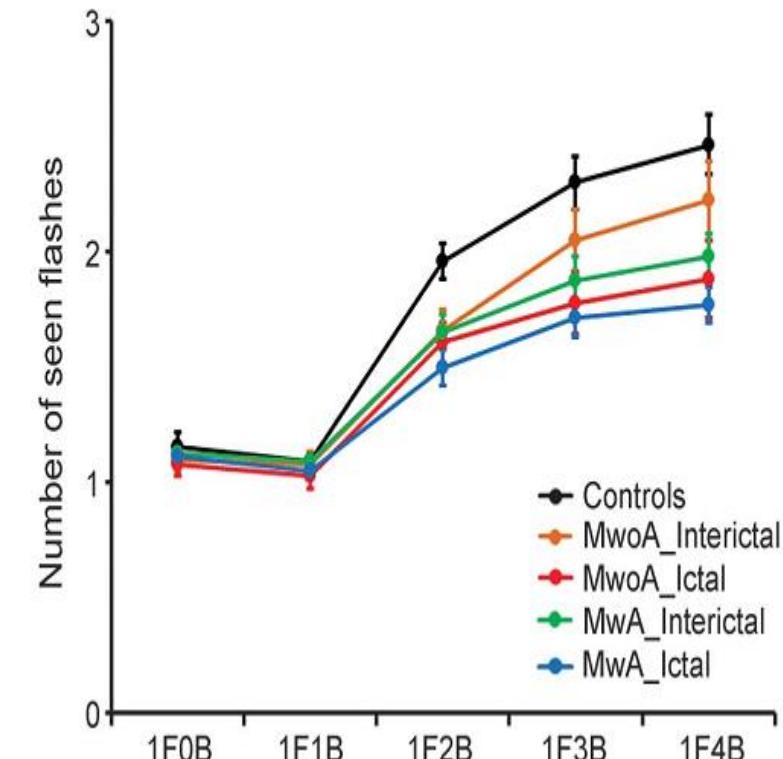
Figure 1 Experimental task



FLASH ILLUSIONS ARE REDUCED IN MIGRAINE AND FLUCTUATE
ACROSS MIGRAINE CYCLE: IS THIS A SIGN OF VISUAL HYPER-
EXCITABILITY, OR/AND DIFFERENT CONNECTIVITY BETWEEN
CORTICAL SENSORY AREAS?

Filippo Brighina, MD*
Nadia Bolognini, PhD*
Giuseppe Cosentino, MD
Simona Maccora, MD
Piera Paladino, MD
Roberta Baschi, MD
Giuseppe Vallar, MD
Domenico Di Stefano, MD

Figure 2 Fission illusion in migraineurs and controls





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Review article

Uncertainty and stress: Why it causes diseases and how it is mastered by the brain



Achim Peters^{a,*}, Bruce S. McEwen^b, Karl Friston^c

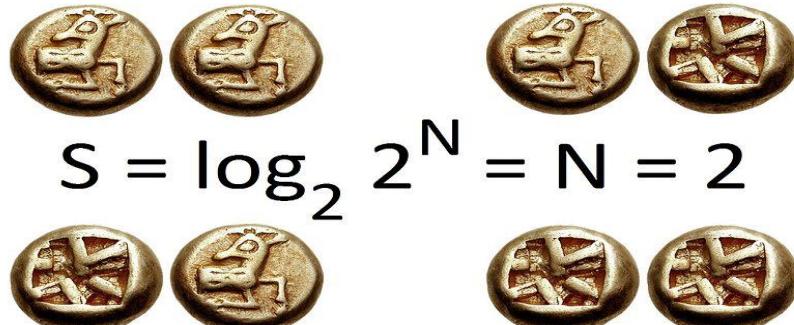
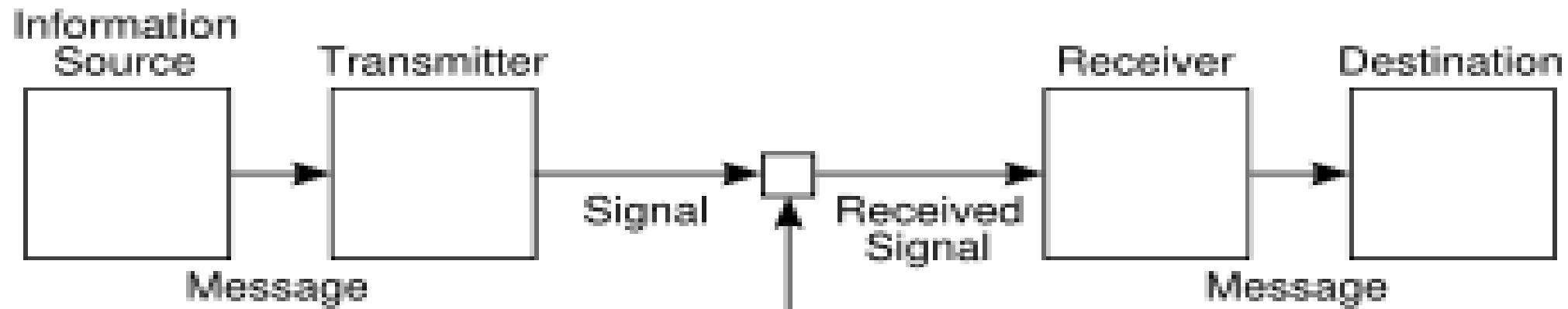
^a Medical Clinic 1, Endocrinology & Diabetes, University of Luebeck, Luebeck, Germany

^b Harold and Margaret Milliken Hatch Laboratory of Neuroendocrinology, The Rockefeller University, New York, NY, USA

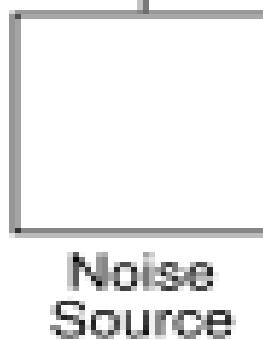
^c The Wellcome Trust Centre for Neuroimaging, University College London, London, UK

Shannon: 1948

Information is the reduction of uncertainty and entropy of solutions. The uncertainty is reduced with the reduction of entropy



$$S = \log_2 2^N = N = 2$$



Uncertainty theory



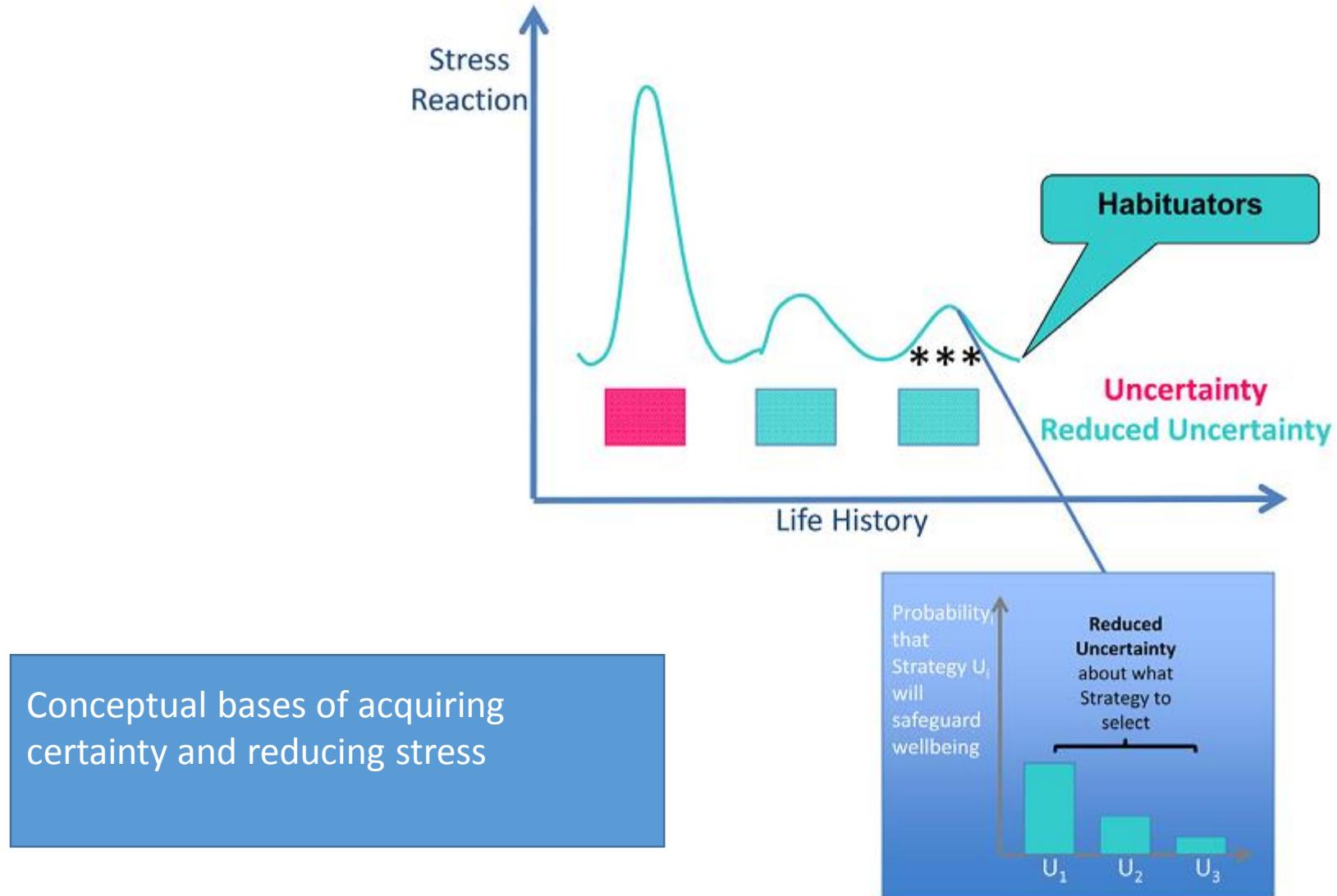


Fig. 11. Stress habituation. We define habituators as those who show repetition-induced-response attenuation (neuroenergetic, neuroendocrine, emotional and cardiovascular), when being chronically exposed to an inhospitable environment. When habituators are repeatedly exposed to the same homotypic stressor, they can reduce their uncertainty about which strategy they should select by redefining their goal states (***)�.

Conceptual bases of acquiring certainty and reducing stress

A. Peters, B.S. McEwen / Neuroscience and

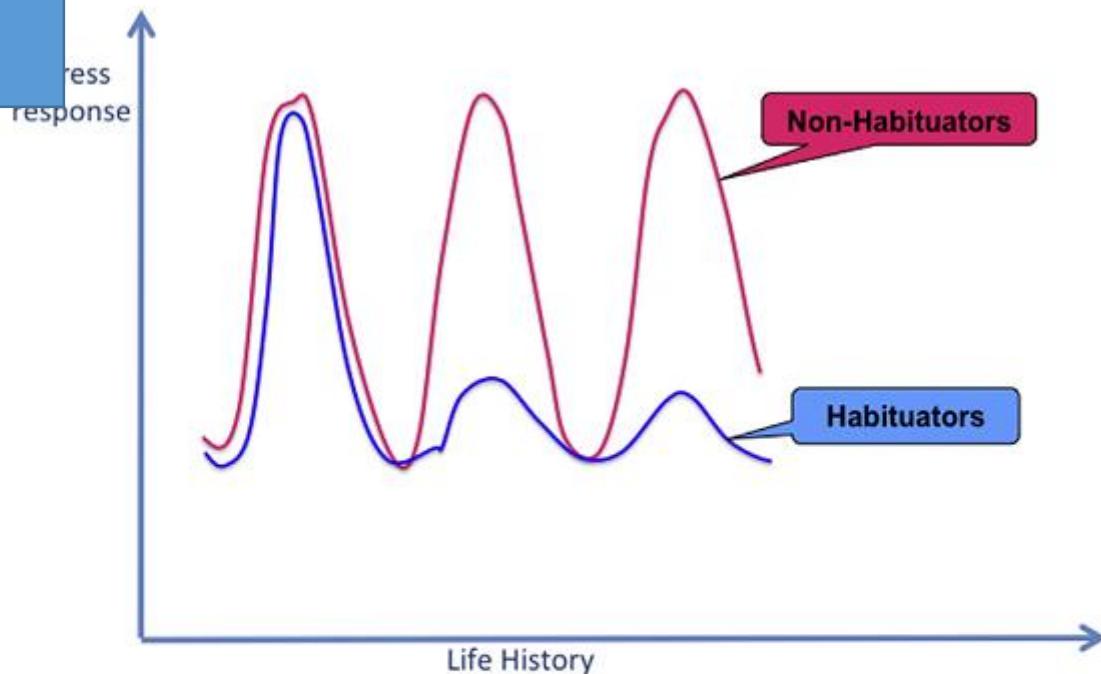
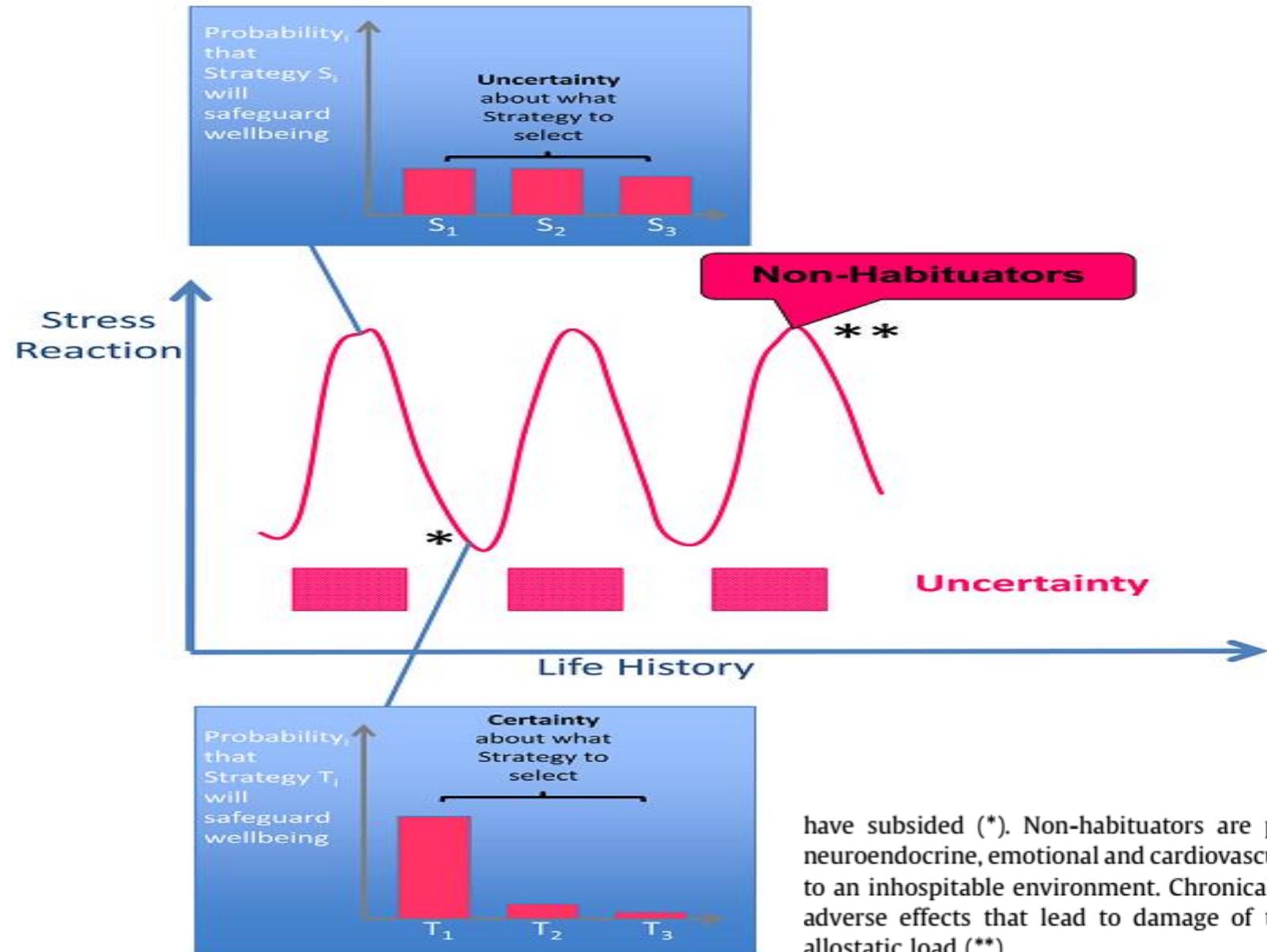


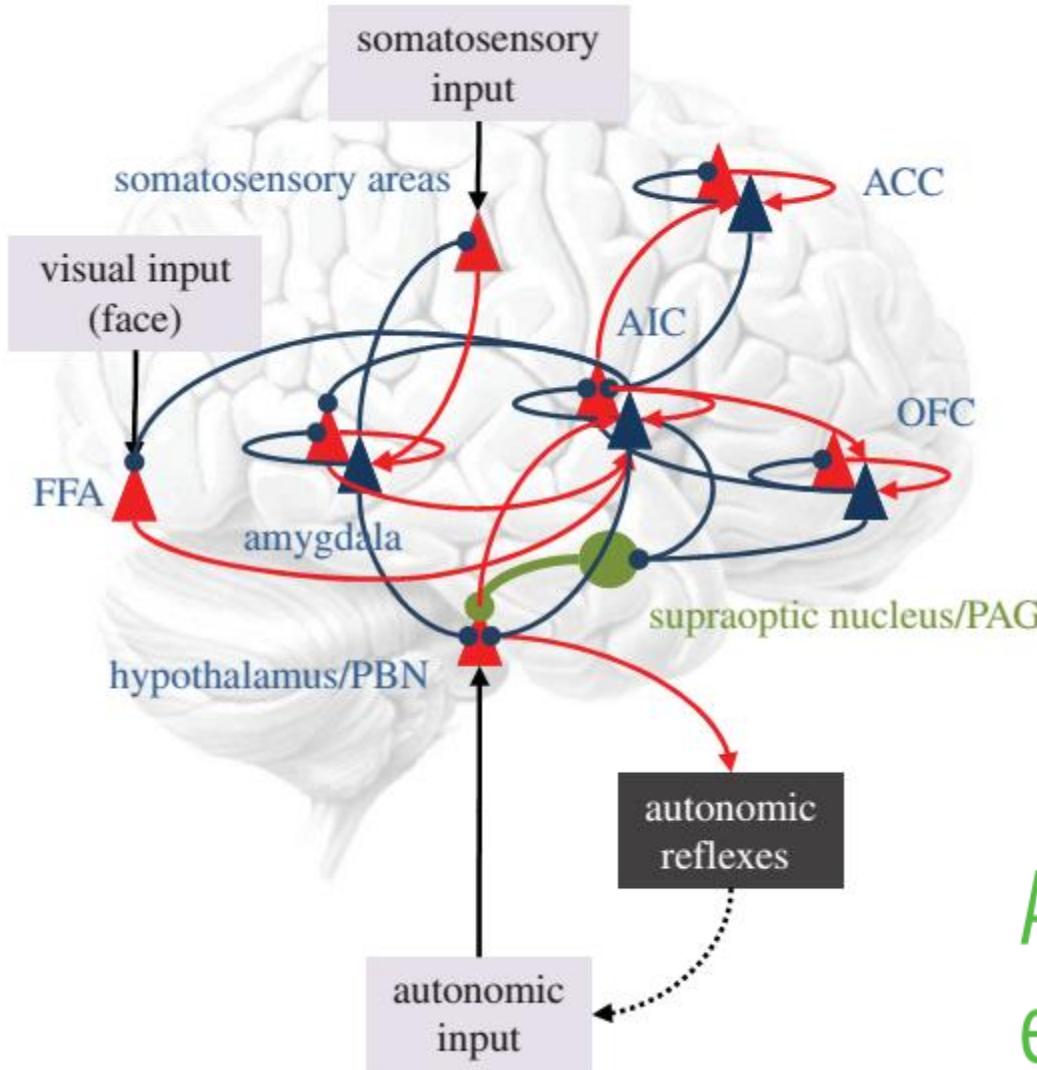
Fig. 1. Differential modifications of stress reactivity. We define 'habituators' as those who show repetition-induced response attenuation (neuroendocrine, cardiovascular, neuroenergetic, and emotional), when being chronically exposed to an unsafe environment. Over time, they develop a low 'stress reactivity'. In contrast, we define 'non-habituators' as those who do not show such a modification of responses. They uphold their high stress reactivity, when continuously being exposed to an unsafe environment. With repeated experimental stress challenges (TSST), subjects have been shown to either habituate or not habituate in their cortisol response

Peters et al. 2005



Migraine as a perfect model of failure in acquiring certainty

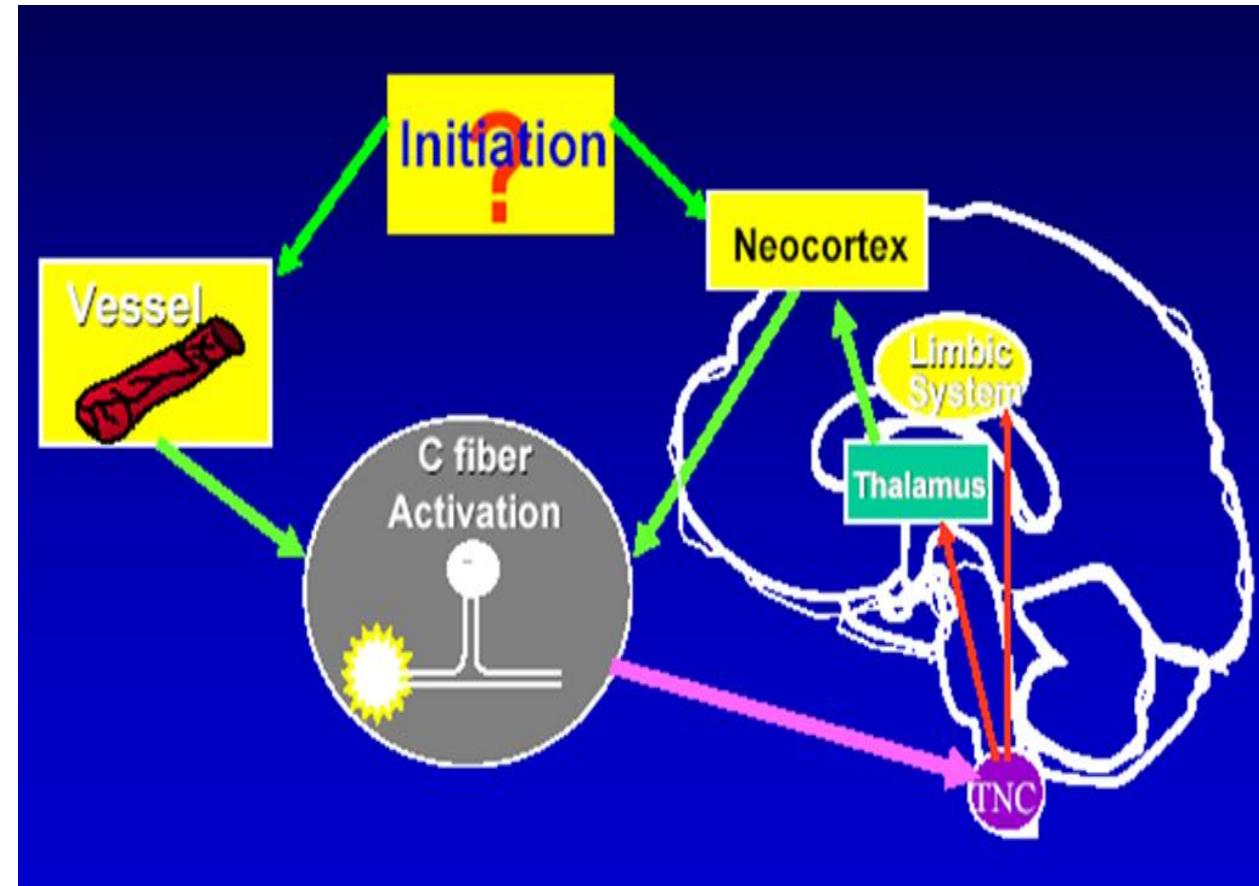
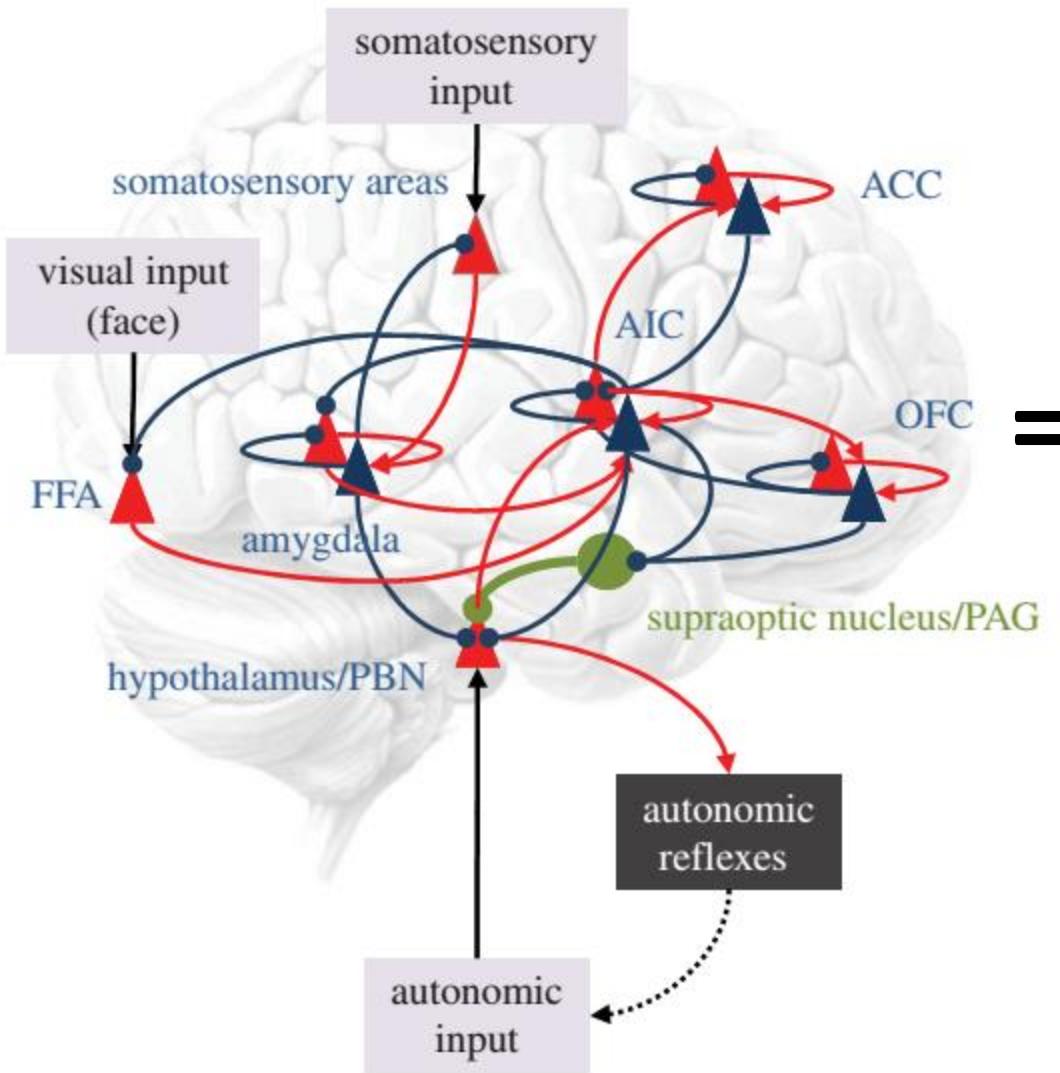
have subsided (*). Non-habituators are people who show full neuroenergetic, neuroendocrine, emotional and cardiovascular responses when repeatedly exposed to an inhospitable environment. Chronically activated stress responses also exert adverse effects that lead to damage of the body and the brain-referred to as allostatic load (**).



With respect to an input stimulus, the "uncertainty" network encodes the error of prediction, the waiting and the arousal and activates the motor and reflex behavioral reaction
Exciting circuits in red Inhibitors in blue

Active interoceptive inference and the emotional brain

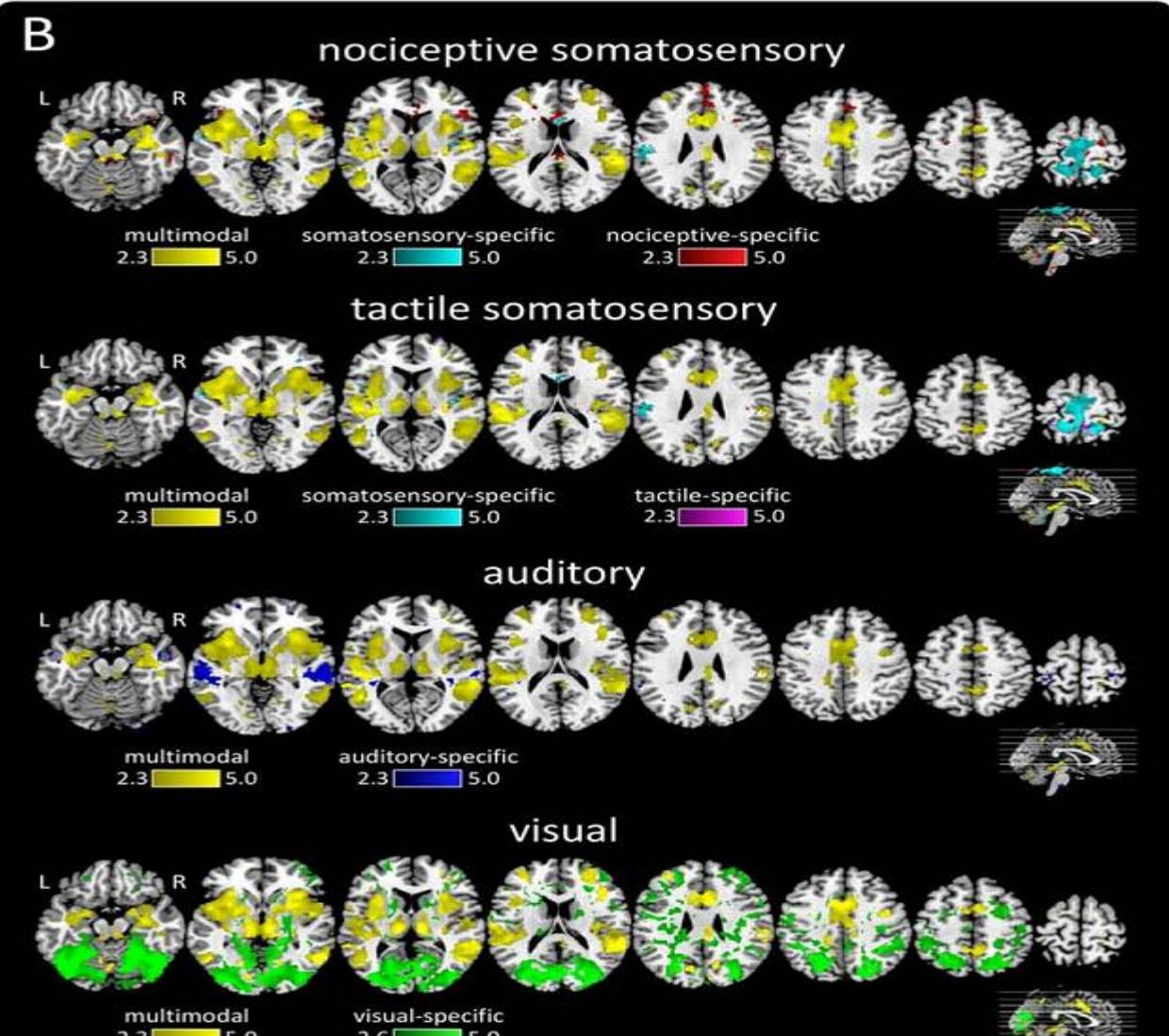
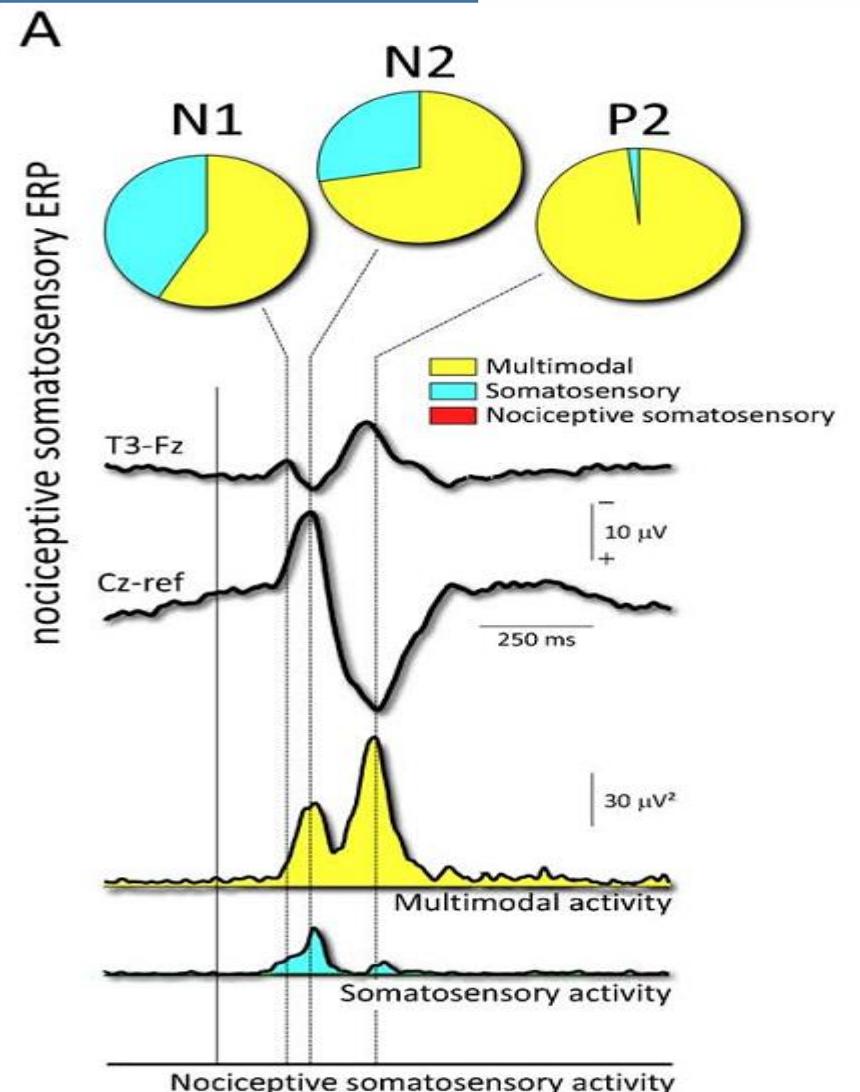
In migraine the altered cortical excitability induced in the «salience networks» by different environmental stimulation and emotional events, characterized by reduced habituation, could generate a top down activation of trigemino-vascular system, with a flaw of nociceptive inputs directed again to the same cortical areas.



Migraine as a perfect model of failure in acquiring certainty.

Pain matrix, salience matrix and uncertainty matrix: the same cortical areas process relevant stimuli for a behavioral strategy. The painful stimuli are «salient» for definition and recruit mandatorily the cortical network

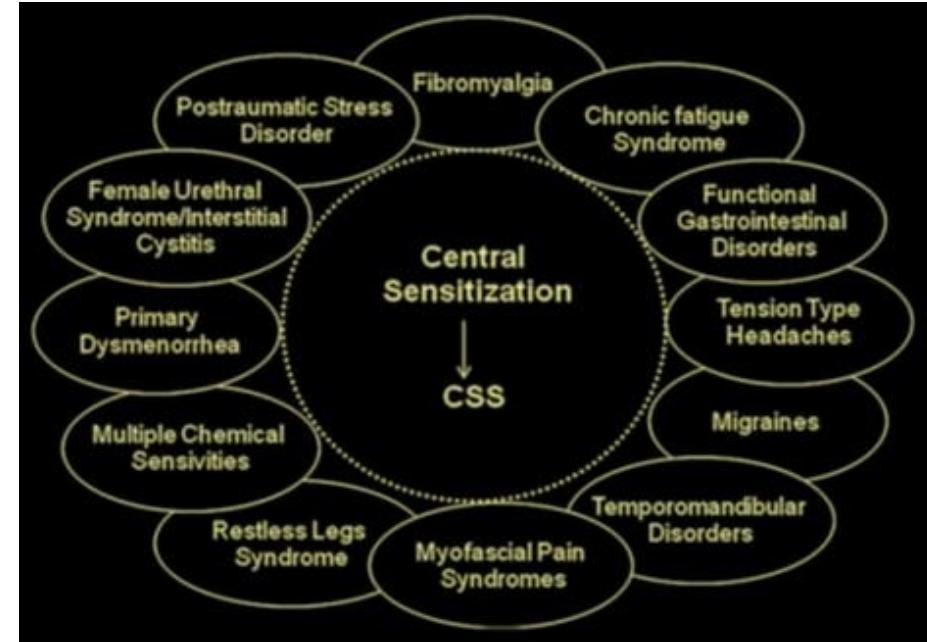
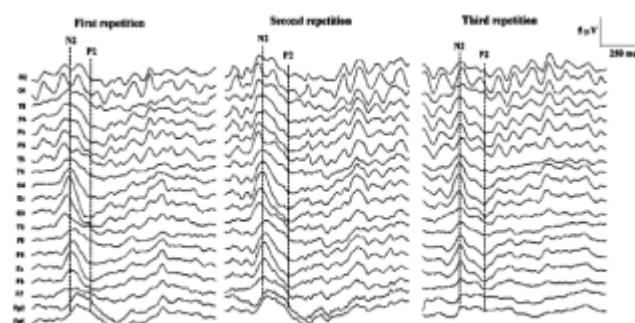
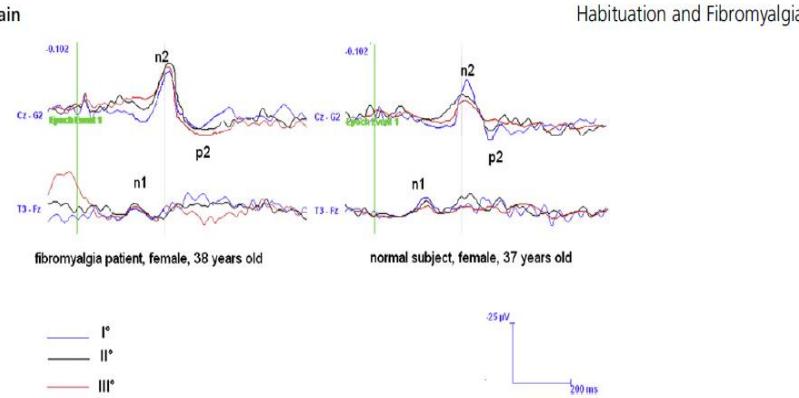
Uncertainty matrix, pain matrix and salience matrix



Reduce habituation to pain is intrinsic to the general dysfunction of the network of "uncertainty and salience" and underlies central sensitization syndromes, as migraine, fibromyalgia, irritable bowel syndrome

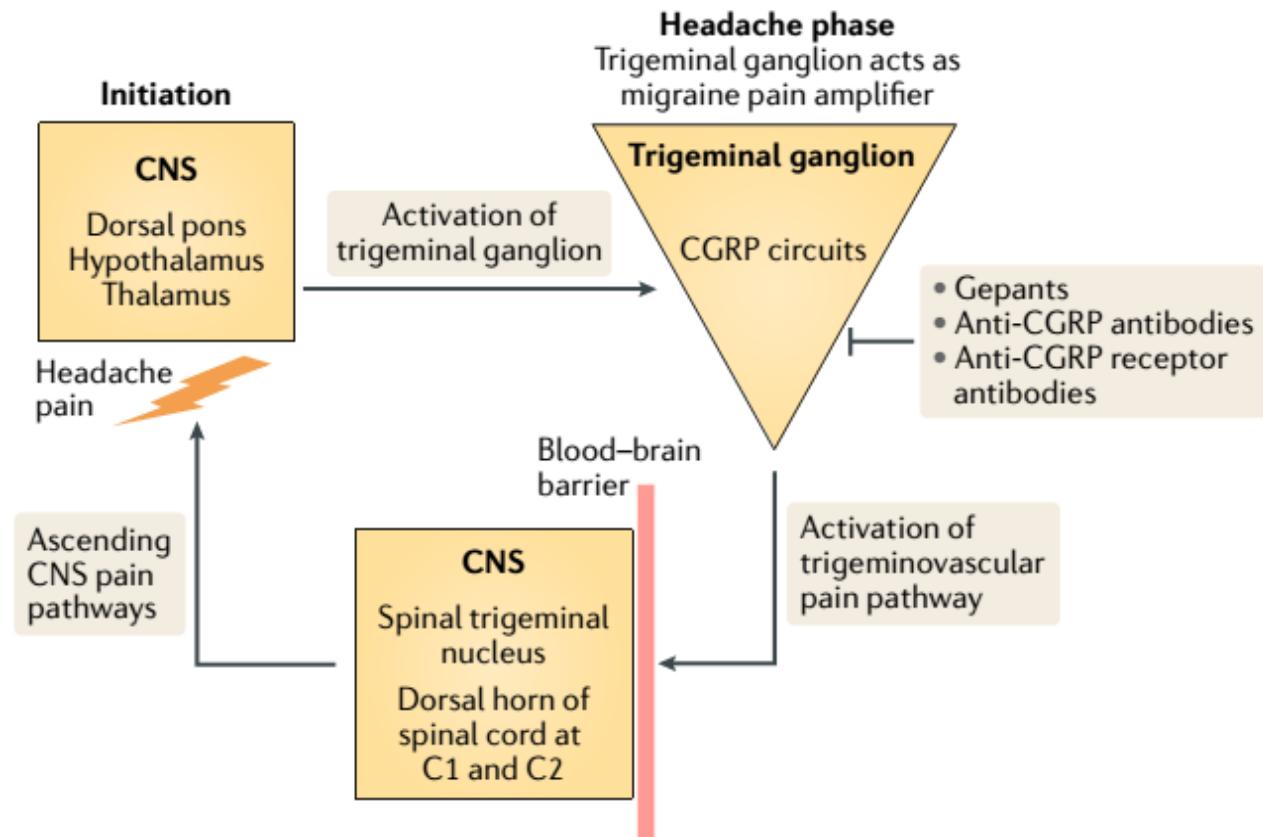
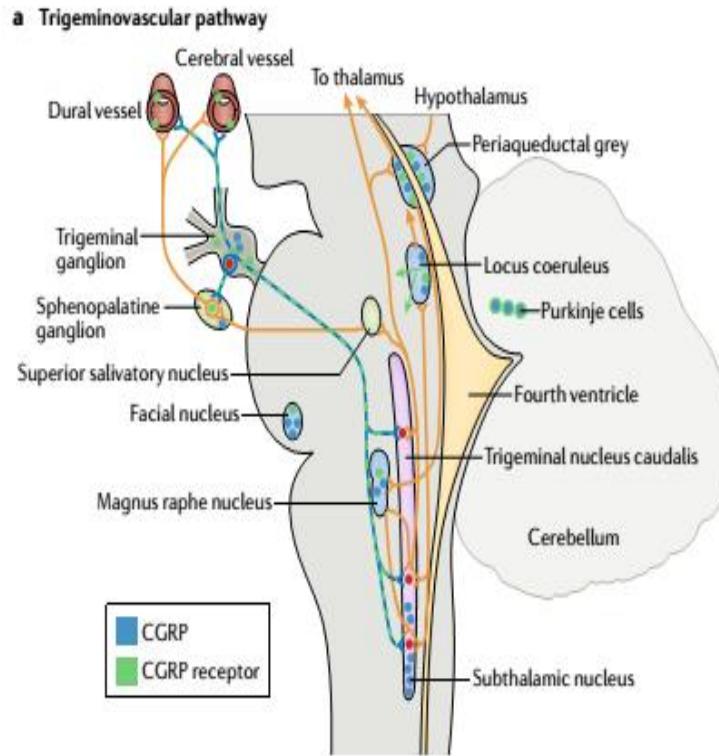
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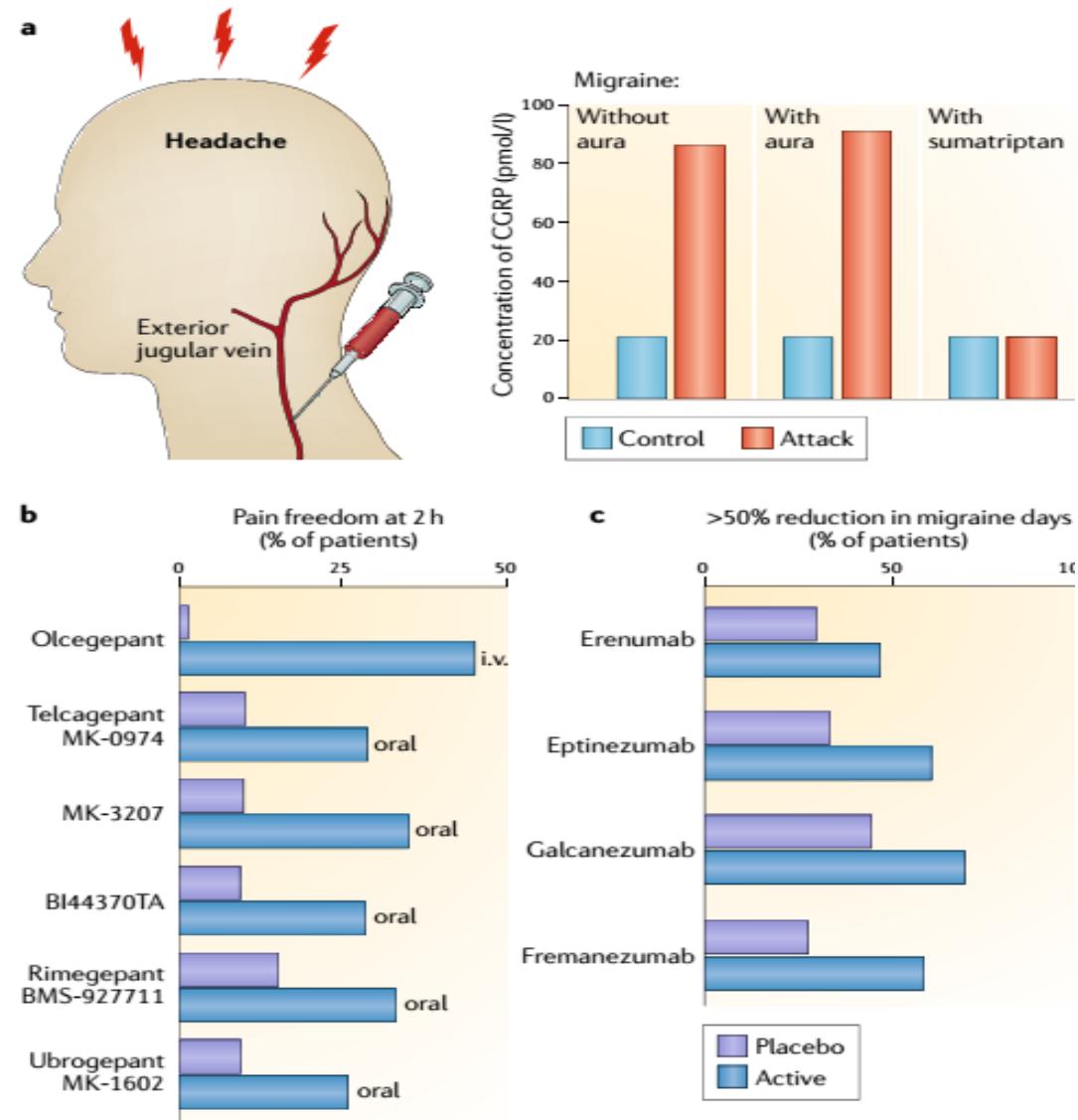
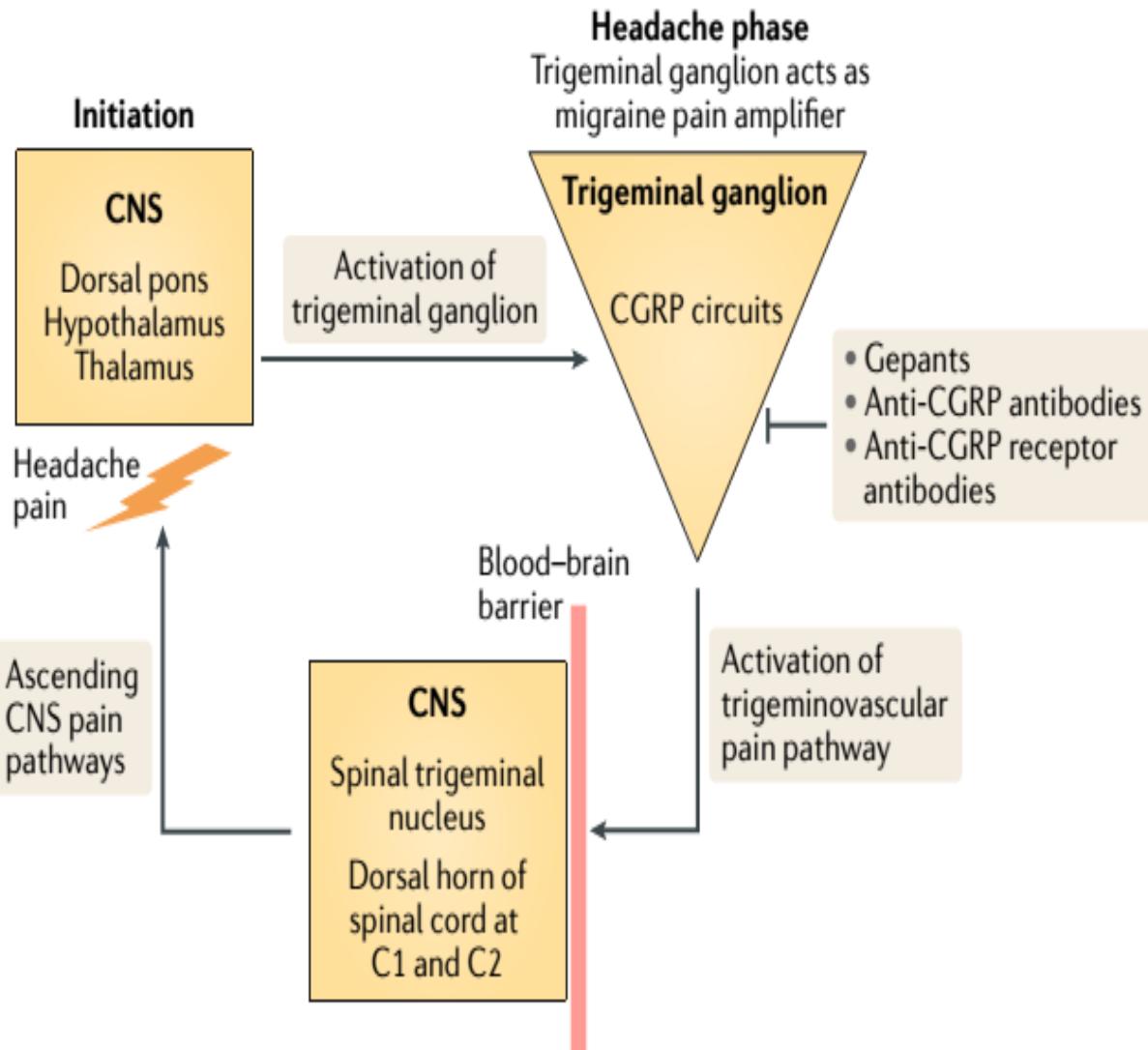
The Journal of Pain



Central sensitization syndromes share a common etiologic mechanism and frequently present with overlapping epidemiologic, clinical and psychological features

How drugs could act on the uncertainty-salience-pain matrix?





Could the «new CGRP approach» resolve the puzzle of migraine?