# Fachhochschule Dortmund University of Applied Sciences and Arts

# From single biosignal measurement to contactless multimodal physiological measurement technologies



### Background – biosignal measurement status quo



[HP1]

### **Topic**

# Contactless measurement techniques

- Common measurement techniques are invasive or require skin contact
- → Burden to patients and medical staff
- → Restricted applicability
- → Interest in novel measurement techniques



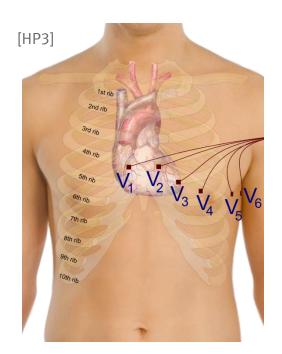
HP2]

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### Background – definitions and focus

- Definition of "contactless"
  - Conventional measurement techniques
    - Invasive or skin contact required
    - Patient preparation required
    - Professional assistance required
  - Contactless measurement techniques
    - No patient preparation
    - No direct skin contact
    - Not fixed to the body
    - Variable distance
- Focus here: cardio-respiratory signals (current works focus most often on heart rate and respiratory rate)











### Contents

- Basic physiology
- Contactless measurement techniques
- Sensor data fusion multimodal analyses
- Valuation current state, limitations and future directions
- Summary

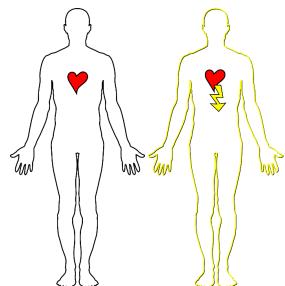
### Basic physiology – cardiovascular activity

Physiological mechanism

Measurable

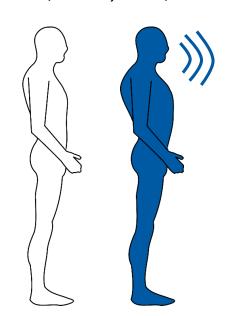
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Thoracic electric mechanisms (electric heart activity)



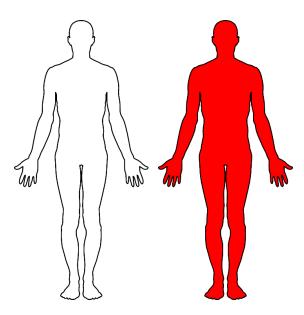
Superficial potential variations, intrathoracic magnetic fields

Thoracic mechanic mechanisms (blood ejection)



Intrathoracic/superficial motion, tissue composition changes, intrathoracic/extrathoracic sounds

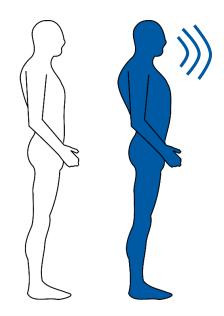
Peripheral mechanisms (pulse wave propagation)



Tissue composition changes, inner/superficial temperature variations

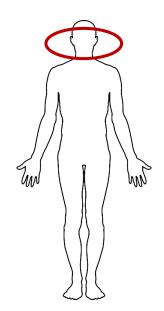
### Basic physiology - respiration

Thoracic mechanic mechanisms (ventilation drive and ventilation)



Intrathoracic/superficial motion, tissue composition changes, intrathoracic/extrathoracic sounds

Peripheral mechanisms (air flow)



→ (Partially)

qualitatively similar

effects compared to the

effects of the

cardiovascular activity

Superficial/air temperature variations



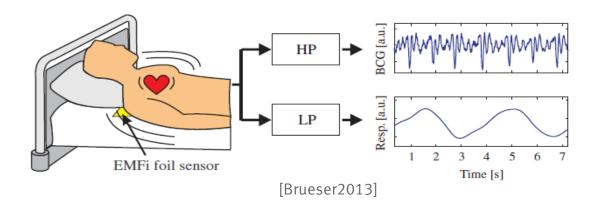
### Contactless measurement techniques

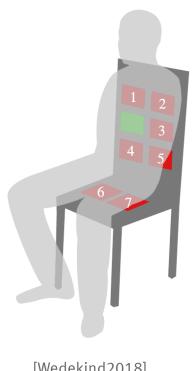


### Contactless measurements – overview

- Mechanical (ballistocardiographic)
- Radar-based
- Acoustic
- Ultra-sound based

- **Optical**
- **Thermal**
- **Electrical**
- Magnetic





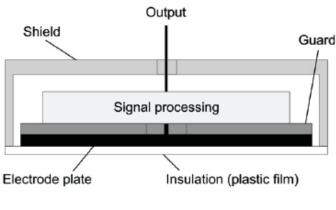
[Wedekind2018]

Review papers (amongst others): [Brueser2015], [Zaunseder2017], [Kranjec2014]



### Contactless measurements – capacitive ECG

- Background
  - Measurement principle analogous to conventional
     ECG → superficial electrical potentials are acquired
  - No galvanic connection to the skin required
  - Shielding of fundamental importance
  - Focus on cardiac signals (respiration possible)
- → measurement via clothes and integration possible





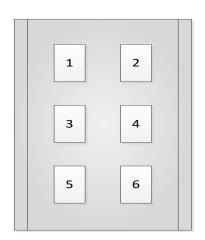
[Aleksandrowicz2007]

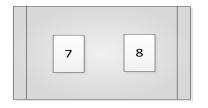
[Oehler2008]



### Contactless measurements – capacitive ECG

Implementation at IBMT



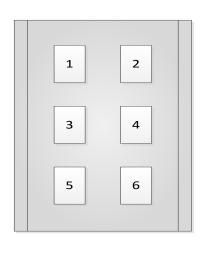




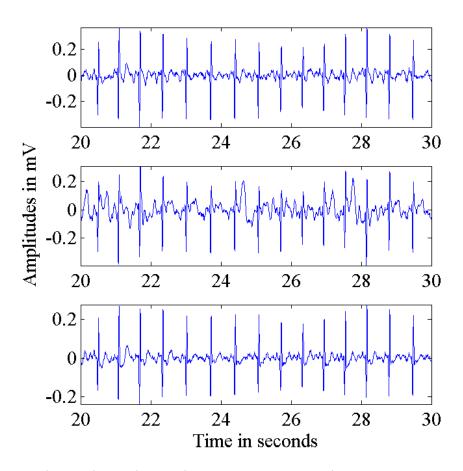


### Contactless measurements – capacitive ECG

Implementation at IBMT

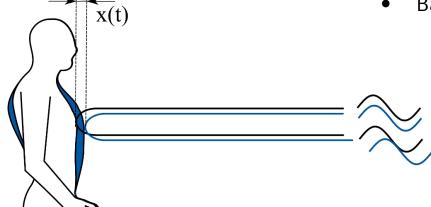






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# Contactless measurements — radar-based acquisition



- Background
  - First approaches date back more than 30 years;
     recent revival due to hardware improvements
  - Technique exploits motion
  - In principle phase and frequency shits usable
  - Phase modulation in proportion to the timevarying position of the target
  - Filters can be used to separate respiration and cardiovascular activity

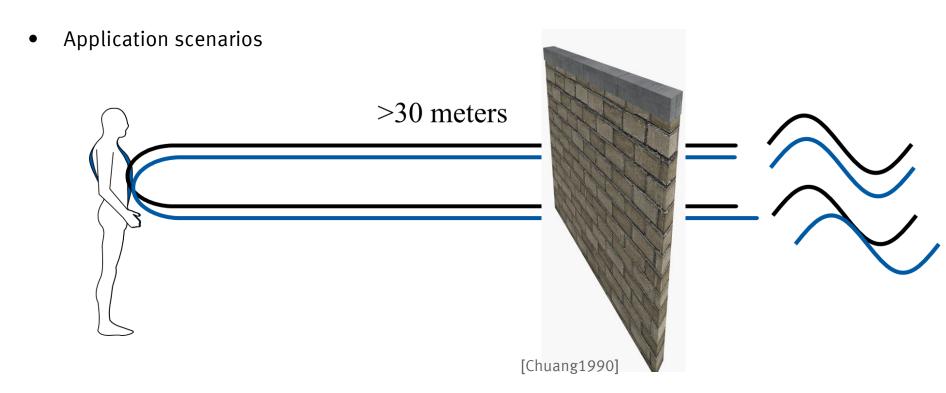
No net velocity  $\rightarrow$  phase shift (most often used)  $\Phi(t) = \frac{2 \cdot f}{c} \left( 2\pi x(t) \right) = \frac{4\pi \cdot x(t)}{\lambda}$ 

Velocity  $\rightarrow$  frequency shift  $f_d(t) = \frac{2 \cdot f}{c} v(t) = \frac{2v(t)}{\lambda}$ 

[Droitcour2006]

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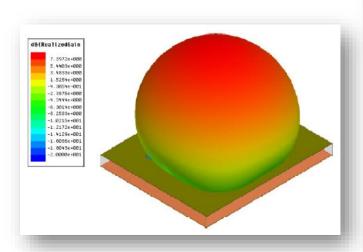
### Contactless measurements – radar-based acquisition



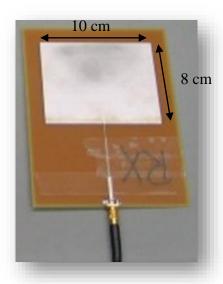
# Fachhochschule Dortmund University of Applied Sciences and Arts

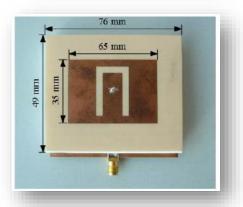
# Contactless measurements — radar-based acquisition [Henning2013]

Implementation at IBMT





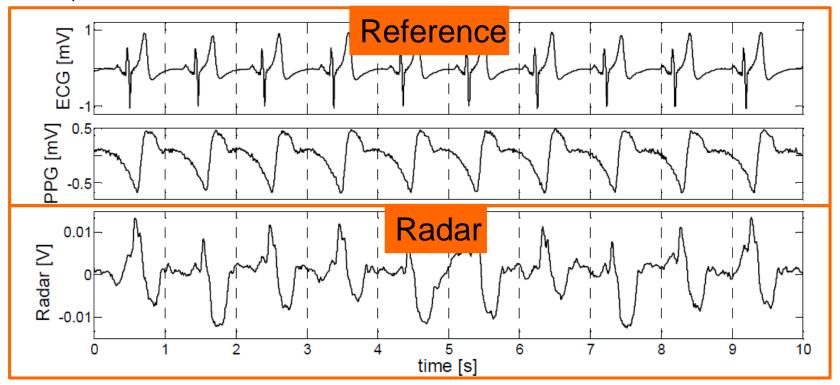






# Contactless measurements — radar-based acquisition

Implementation at IBMT



### Contactless measurements – thermography

### Background

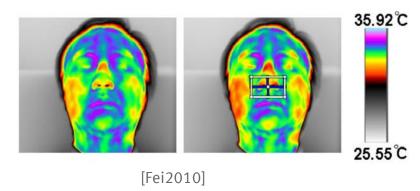
Respiratory monitoring

- Thermal cameras are used to capture temperature variations
- Temperature difference through oronasal airflow or superficial blood flow



### **Active cooling required** → **costly systems**

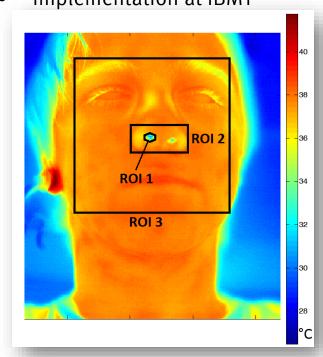


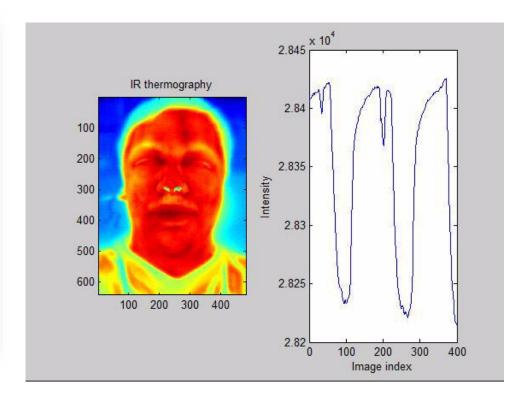




### Contactless measurements – thermography

Implementation at IBMT

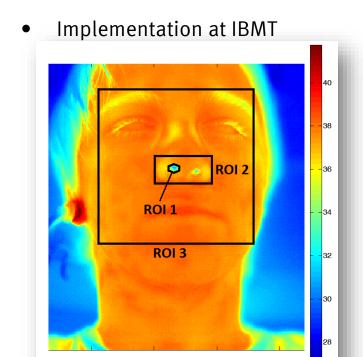


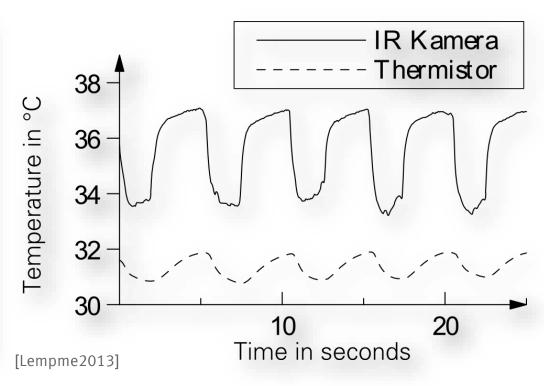


[Lempe2013]



### Contactless measurements – thermography



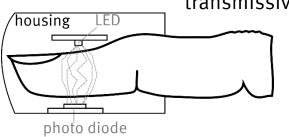


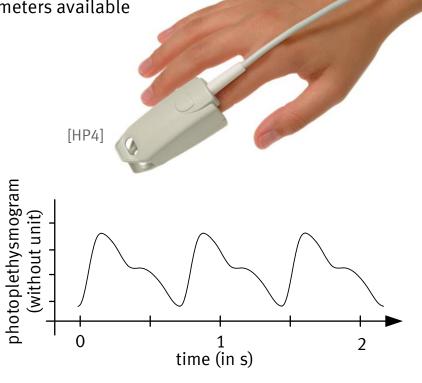
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### Contactless measurements - iPPG

- Background
  - Measurement analogue to photoplethysmography (PPG)
  - Various respiratory/cardiovascular parameters available

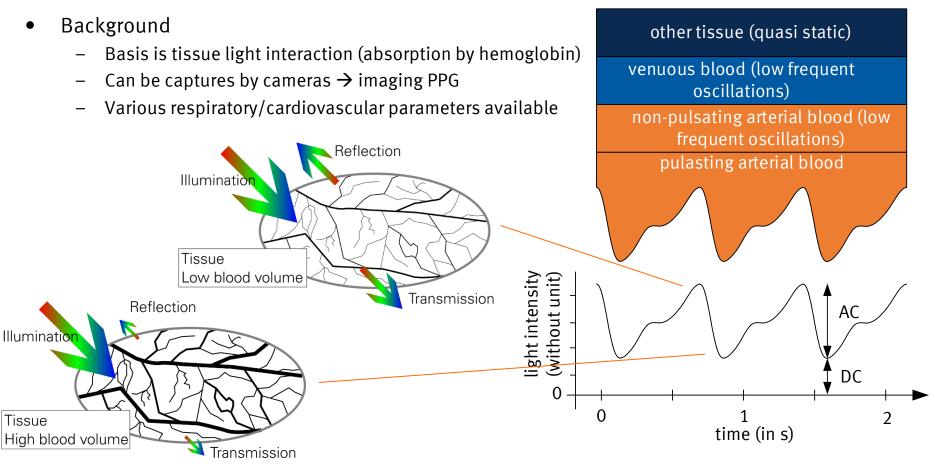
# reflective PPG housing LED LED photo diode transmissive PPG

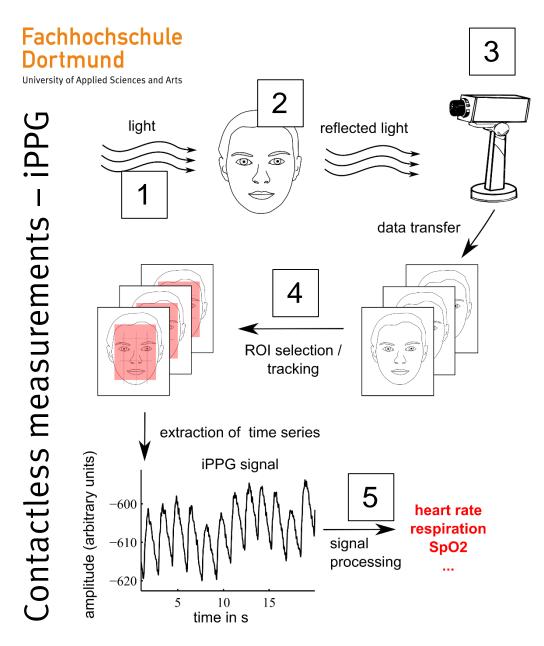






### Contactless measurements – iPPG





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### 1. Illumination

- Ambient light/ artificial illumination (400 nm ... 1000 nm)
- 2. Measurement areas
- Skin
- Most often facial area

### 3. Cameras

- Webcams to high end cameras
- Wavelengths (400 nm ... 1000 nm)

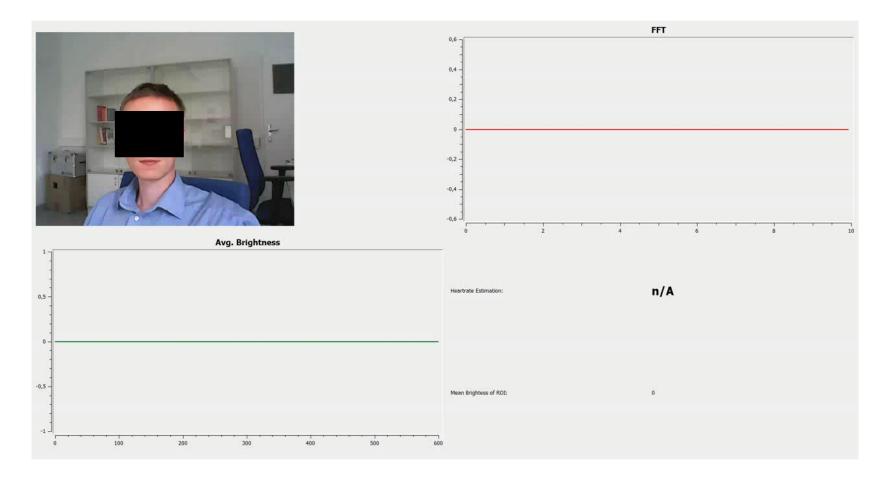
### 4. ROIs

- Automated/manual ROIs
- Static/dynamic ROIs (→ essential for distance cbPPG)

### 5. Signal processing

- Crucial aspect
- Subject to many works
- Filtering, Source separation, timefrequency transforms, ...

# Contactless measurements –





### Sensor data fusion (SDF) – multimodal analyses

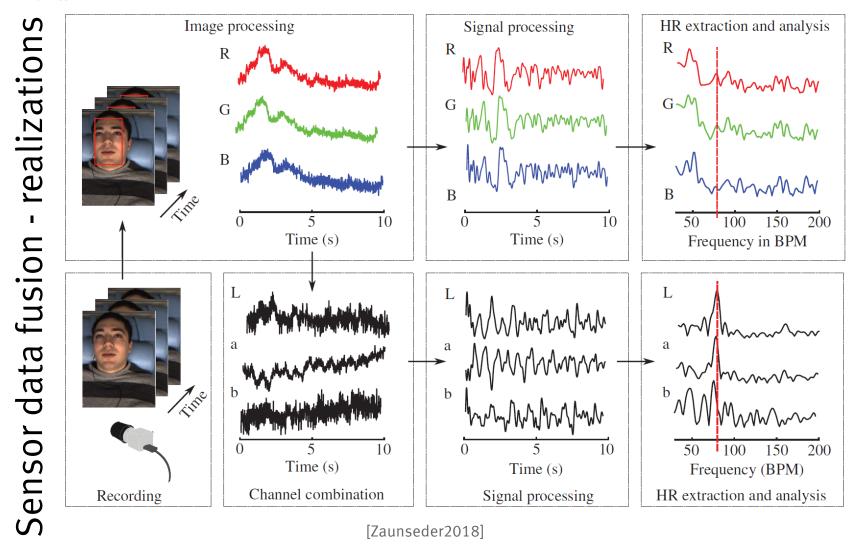


### Sensor data fusion - background

- Sensor data fusion (SDF) = combination of data from different sensors
  - Homogeneous SDF = combination of "comparable" data, e.g. multiple leads of a single modality
  - Heterogeneous SDF = combination of multiple modalities, e.g. iPPG and radar
- Potential benefits
  - Make analysis more robust (by redundant measurements / measurement systems)
  - Create a more comprehensive view (by considering different parameters accessible from different modalities)
  - Derive additional parameters by combination of different modalities

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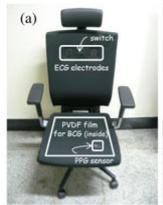


[Baek2012]

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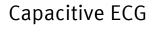
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Sensor data fusion - realizations



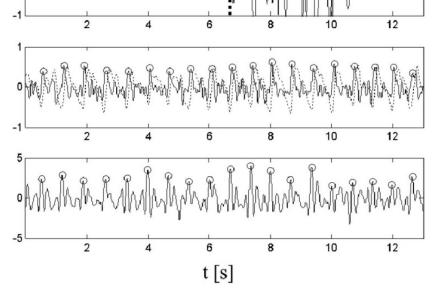






PPG through clothes

Ballistocardiographic signal



S. Zaunseder, Contactless physiological measurement techniques



# Valuation – current state, future directions and limitations

### Valuation – current state

- Various solutions for contactless measurements in research
- Practical use cases still limited (→ e.g. in Germany difficult situation of health insurances)
- Only few "real applications" (commercial realizations)





Ballistocardiographic monitoring under a mattress by earlysense (respiration, heart rate)

[HP7]

### Valuation – current state



Radar-based sleep monitoring (respiratory monitoring to determine sleep related breathing disorders)

BUT: difficult to establish
! Systems are often intended to replace existing solutions → difficult to obtain sufficient quality (compared to reference techniques)!

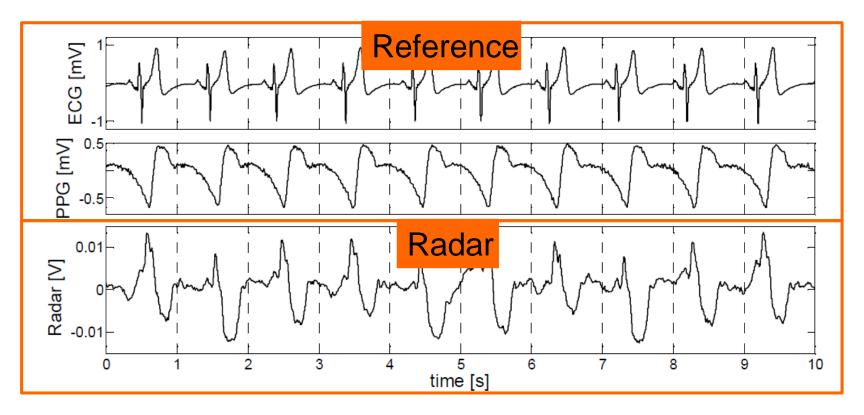


Future directions: exploit added value of novel techniques

- 1. Novel applications (e.g. domestic area → see Friday lecture)
- 2. Novel parameters

### Valuation – future directions

Radar-based measurements at IBMT



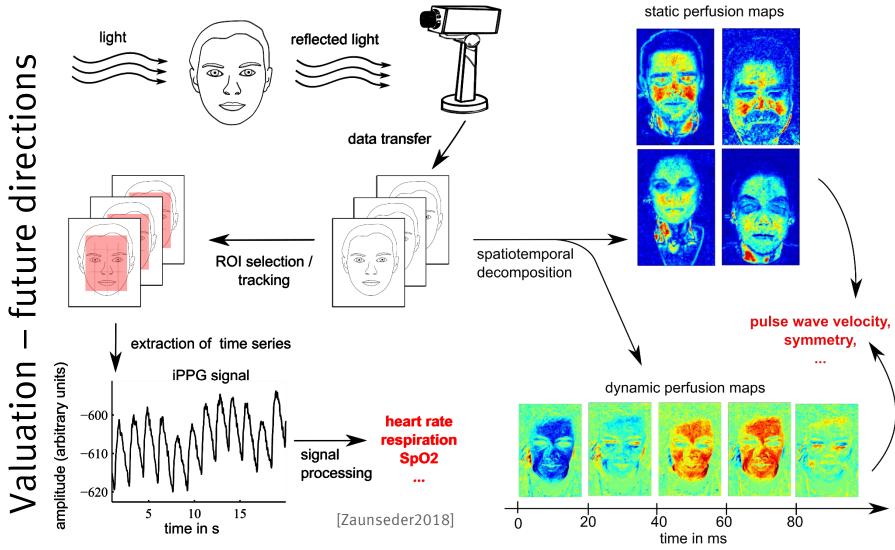


### Valuation – future directions

Penetration depth (in cm) Radar-based measurements at IBMT **Frequency** Fat Muscle 433 MHz 5,1692 30,421 Refer ECG [mV] 868 MHz 24,793 4,2904 2.4 GHz 11,956 2,2785 24 GHz 0,70538 0,10086 PG [mV] 60 GHz 0,33671 0,040973 -0.5 Radar 0.01 Radar [V] 5 10 time [s]

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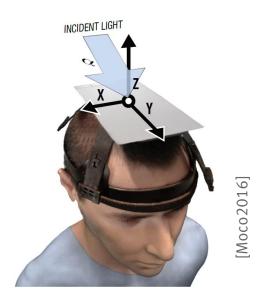
### Valuation – future directions

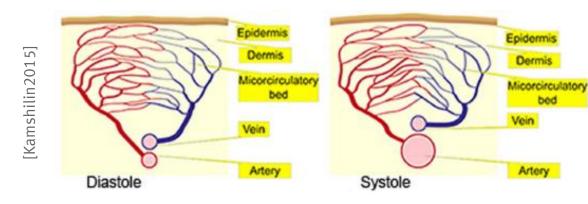


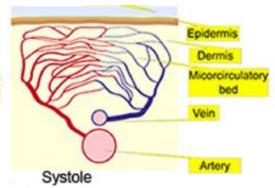
Cyclic variations due to heart rate and spatio-temporal perfusion characteristics (Videos in 5-fold slow motion)

### Valuation – future directions

- Different theories on iPPG signals' background (a ballistocardiographic component must at least be considered)
- Most analyses do not account for impairing factors
- Future work required → particularly fusion of information for a reliable state estimate is necessary → network physiology approach might be beneficial







focus on students

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### Summary

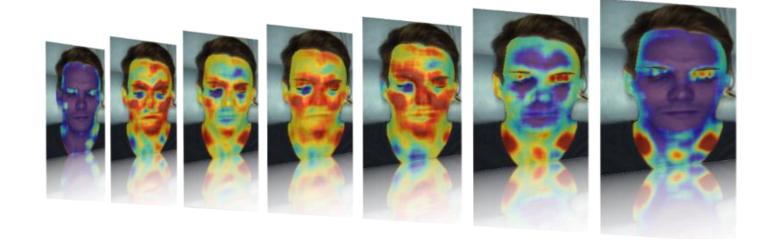
students



### Summary

- Different techniques for contactless measurements available
- Contents (partially) redundant and (partially) complementary → approaches of sensor data fusion applicable
- Few "real applications"
- Understanding partially lacking → risk of misinterpretation
- Full potential not yet exploited
- Future works will have to incorporate und fuse more information

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### Thank you for your interest

### we focus on students

### Literature

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[HP2] http://ispiering.blogspot.de/2014/01/schlaflabor-5x-in-5-jahren.html, 21.03.2017

[HP3] https://en.wikipedia.org/wiki/File:Precordial leads in ECG.png, 16.07.2019

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