

# Mitochondrial network structure, bioenergetics and blood pressure variability

Béla Suki

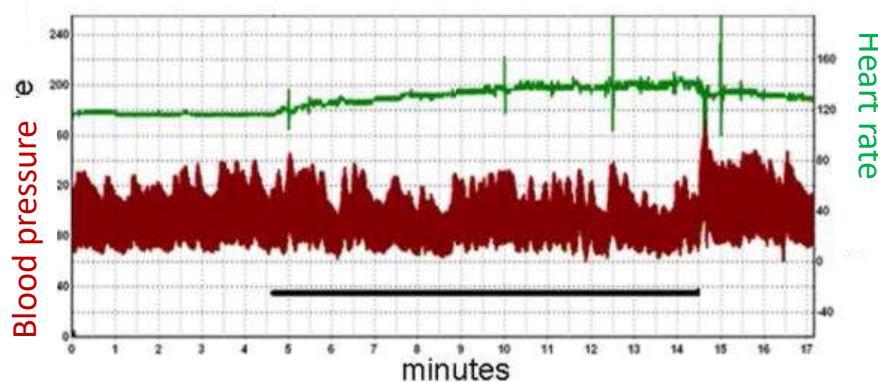
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Boston University

“If the pattern of the heart beat becomes as regular as the tapping of a woodpecker or the dripping of rain from the roof, the patient will be dead in four days.”

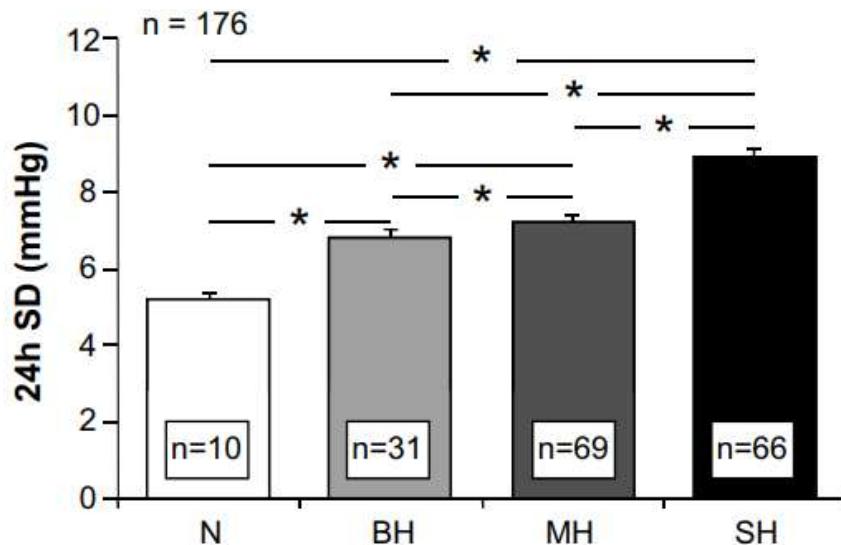
Shu-he Wang (265–317 AD)

*(Cardiothoracic surgery in China: Past, Present and Future. Ed, S. Wan and A.P.C. Yim, The Chinese Univ. Press, 2007)*

# Heart rate and blood pressure variability

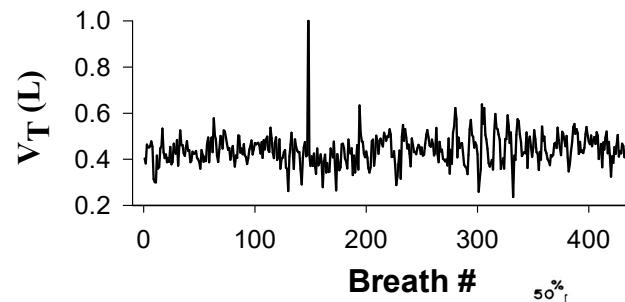


Kimpinski et al. Auton Neurosci. (24;155:130-1, 2010)

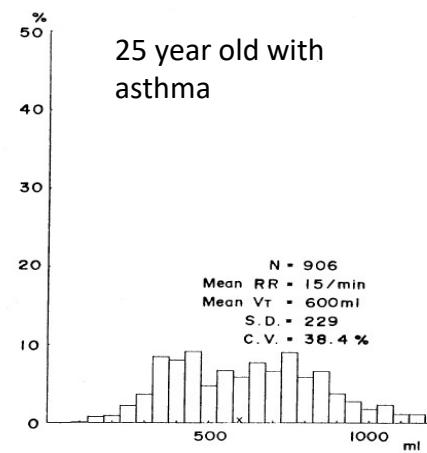
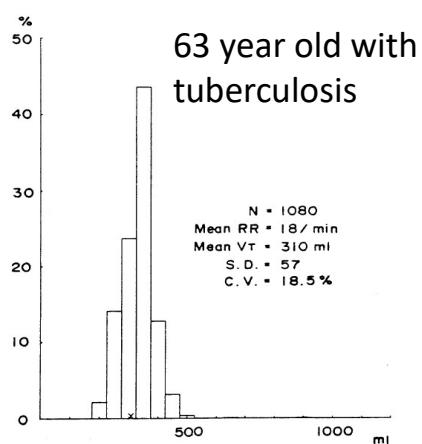
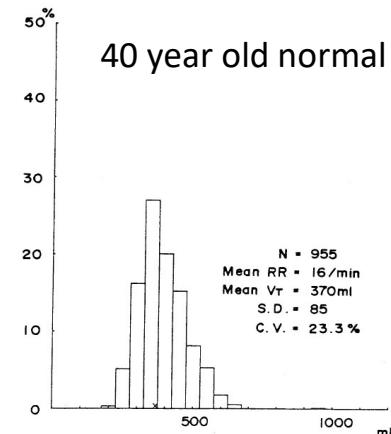
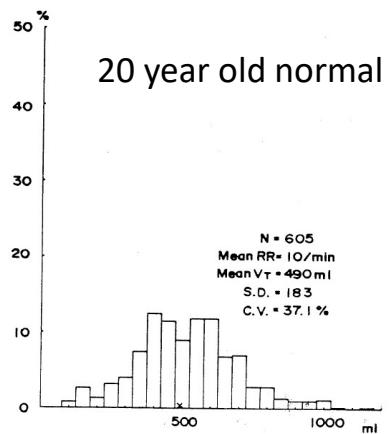


SD of 24 h mean arterial pressure in normotensive subjects (N) and borderline (B), moderate (M), and severe (S) hypertensive (H) patients.  
Mancia et al. *Circ. Res.* (1983)

# Variability in Tidal Volume



Dellaca et al. (PLoS One, 2015)



Kuratomi et al. Jap. J. Med. (1985)

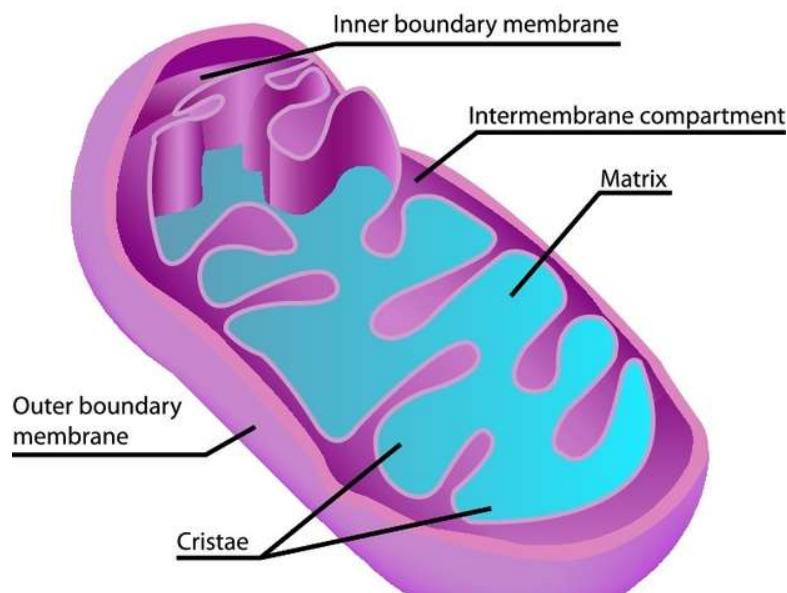
# Hypothesis

- Fluctuations accompany life.
- Breathing generates tidal volumes with variabilities; the heart generates fluctuations in blood pressure; muscle contraction and all body movements generate variabilities.
- Stretch/pressure/force amplitudes that all adherent cells are exposed to in the body will show similar variabilities.
- Over hundreds of millions of years of evolution, cells in the body must have adapted to such variable patterns.
- ***We hypothesize that all cell functions that are affected by stretch/pressure/force will be sensitive to the pattern of mechanical stimuli.***

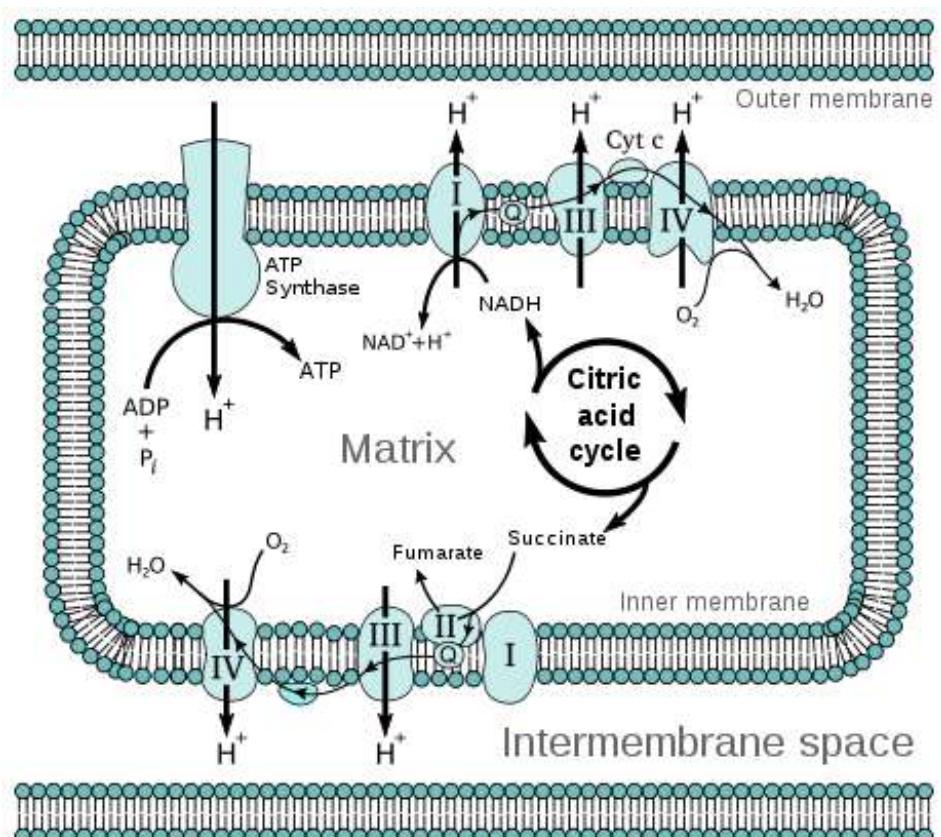
# Implications

- If variability indeed was built into cell function when multicellular life evolved about a billion years ago, then variability of mechanical forces acting on cells should affect the most ancient cellular process, the generation of usable energy in the form of ATP!

# The mitochondrion

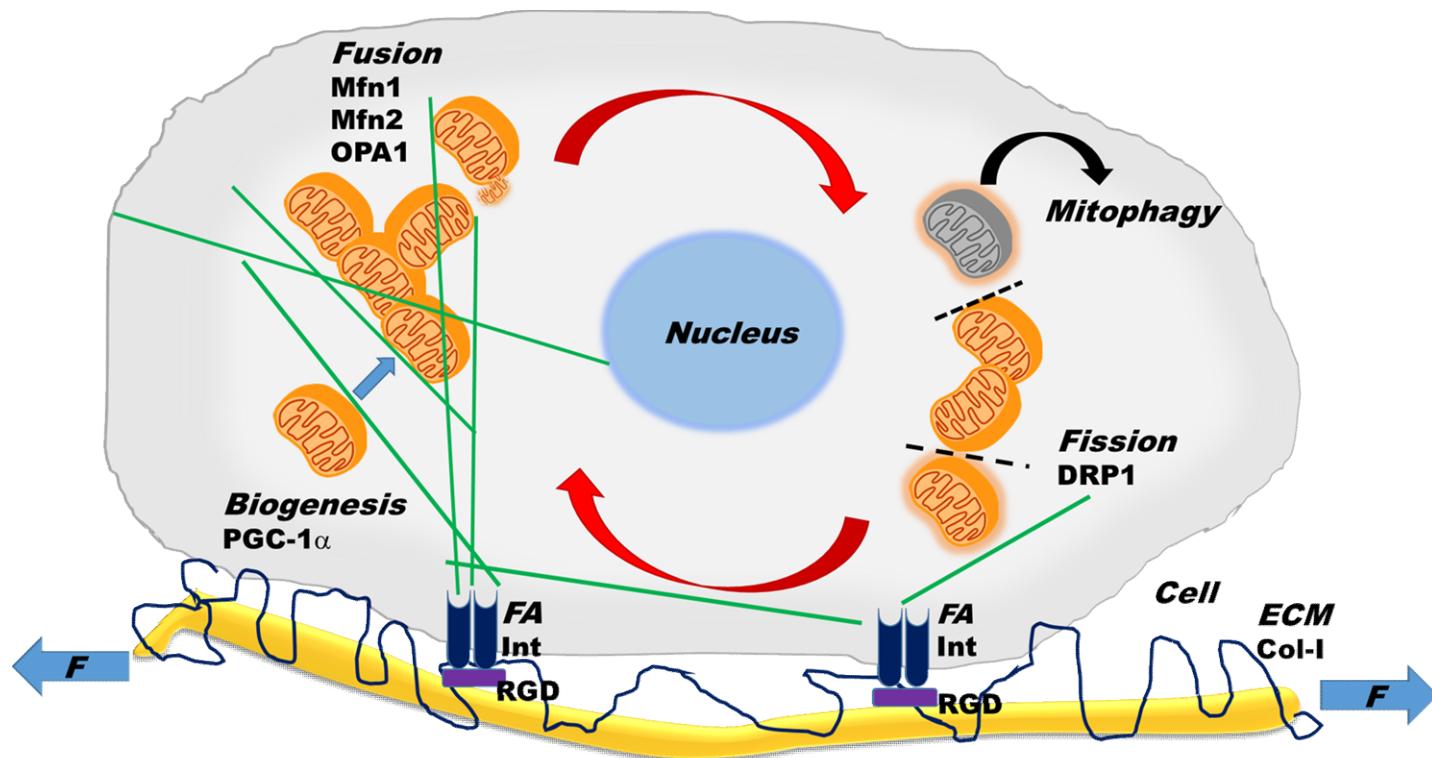


(Wikipedia)



The mitochondria is the powerhouse of the cell. Fat and sugar enter the mitochondria through various channels and the Krebs cycle feeds the chain of respiratory complexes which create an electrical gradient across the inner membrane, called the mitochondrial membrane potential. This potential drives the ATP synthase which in turn generates ATP from ADP.

# Mitochondrial network dynamics



Bartolák-Suki et al. (Int J Mol Sci, 2017)

Mitochondria undergo cycles of fusion to form elongated complex networks and fission into smaller individual organelles. During this network formation and breakdown, damaged mitochondria can be separated and designated for autophagy.

# Mitochondrial functions

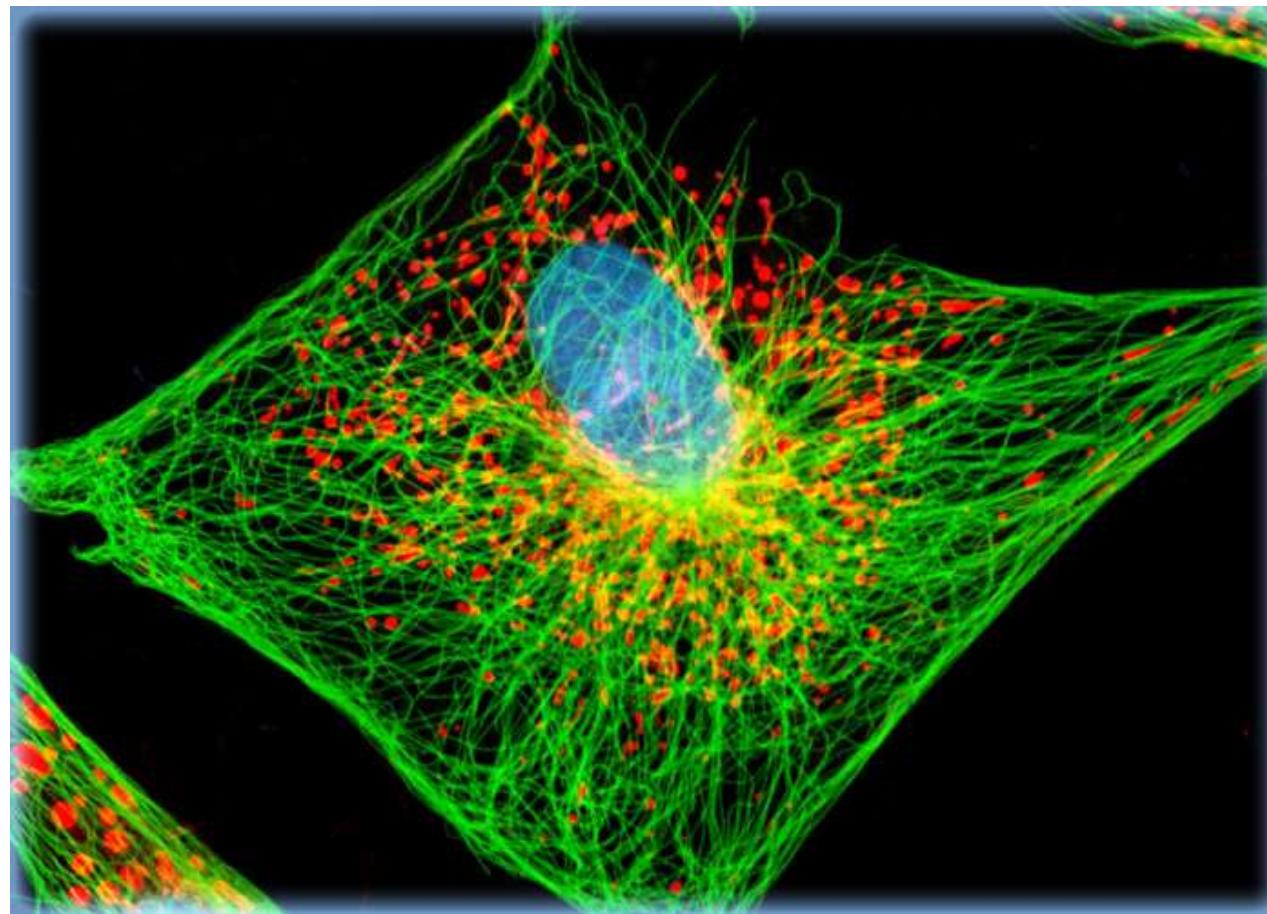
## Mitochondrial functions:

- $10^{23}$  ATP in 2 min
- Calcium buffering
- Apoptosis

## Mitochondrial dysfunctions:

- Neurodegenerative diseases
- Alzheimer, Parkinson
- Cardiovascular diseases
- Cancer
- Aging
- Asthma
- COPD
- Fibrosis

# Mitochondria are embedded in the cytoskeleton



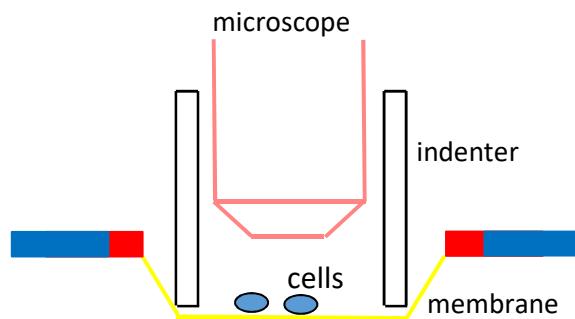
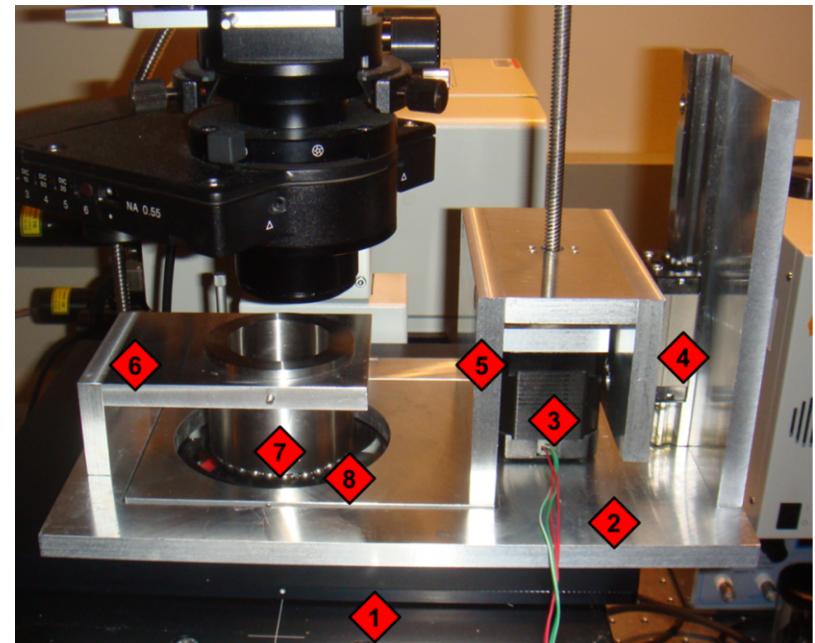
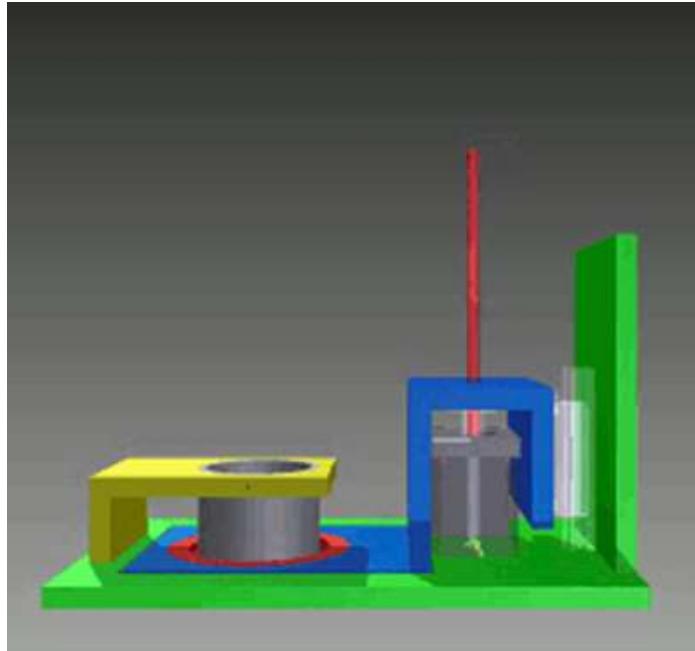
Green: microtubules

Red: mitochondria

Blue: nucleus

Source: [www.olympusmicro.com](http://www.olympusmicro.com)

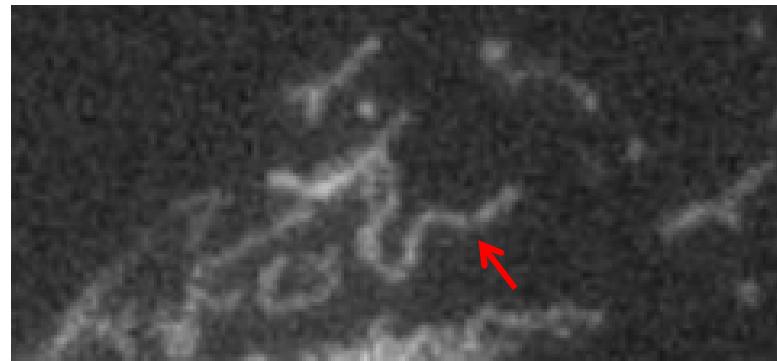
# A Novel Stretching System to Image Cells



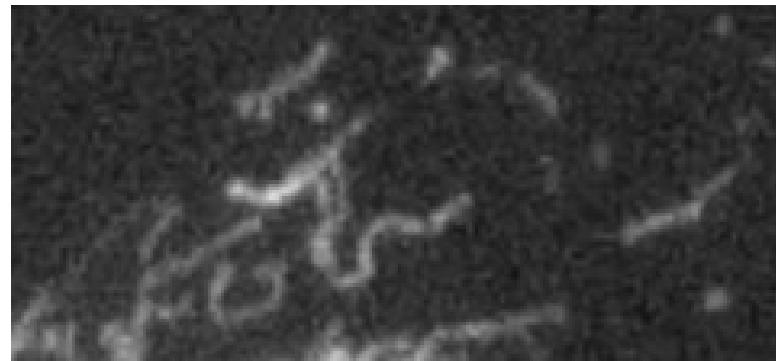
- 1) Microscope Stage; 2) Stretcher Base; 3) Stepper Motor; 4) Linear Motion Guide; 5) Traveling Stage; 6) Indenter Holder; 7) Indenter; 8) Cell Culture Well

# Single stretch of the mitochondrial network

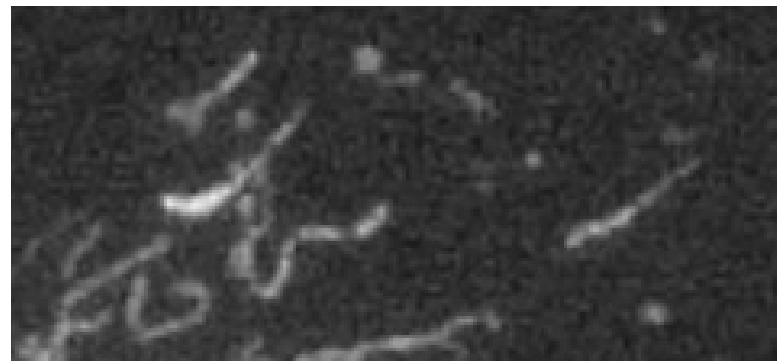
**0%**



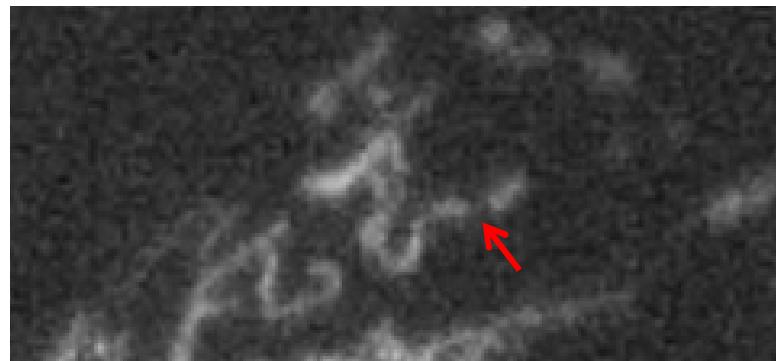
**10%**



**20%**

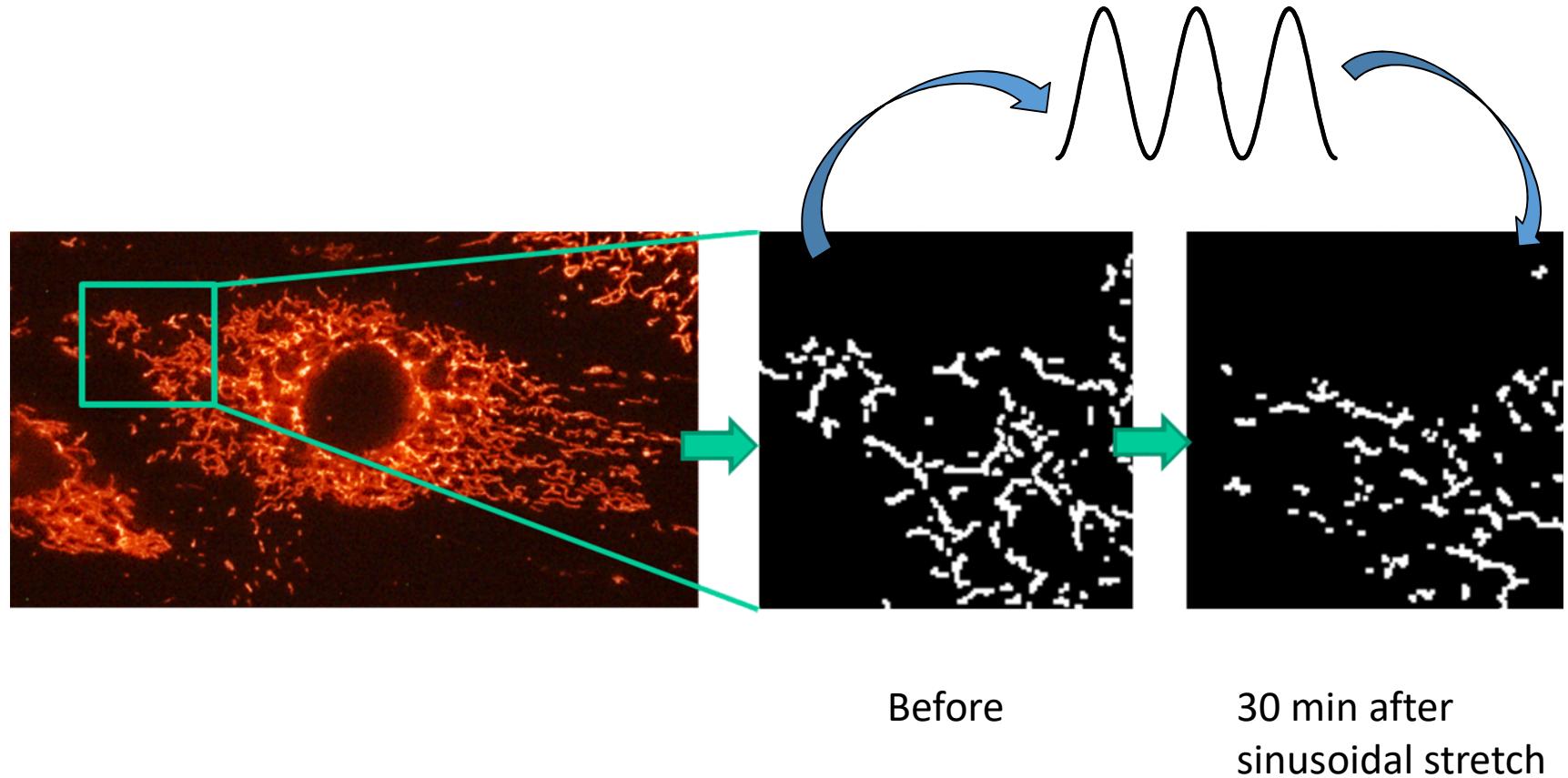


**30%**



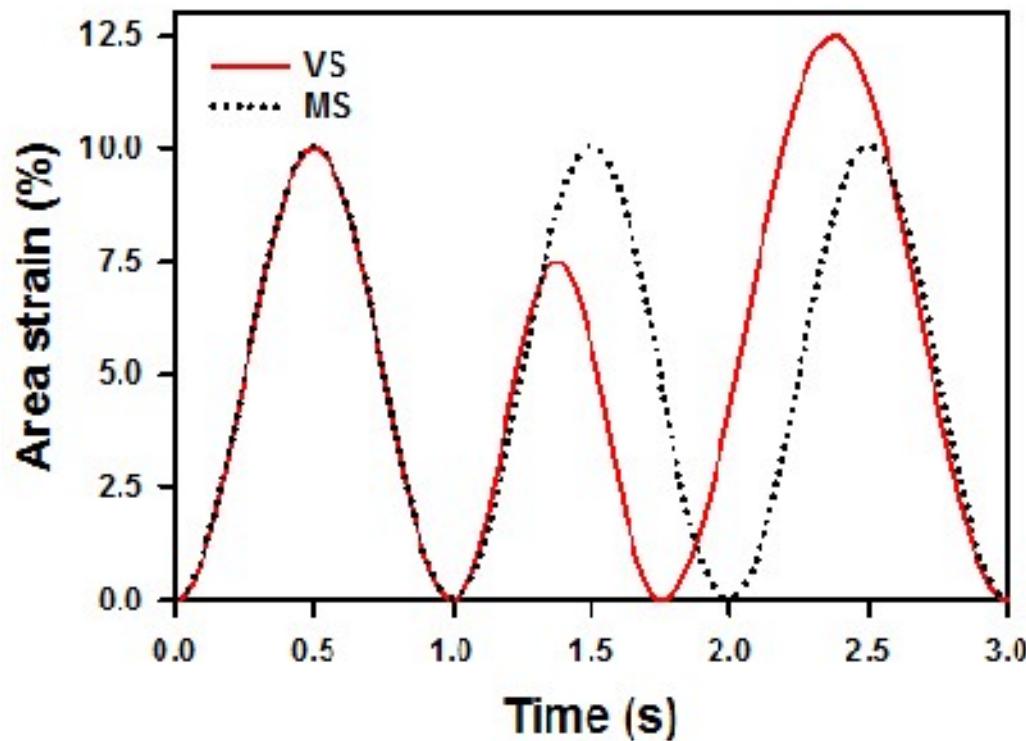
TMRM (tetramethylrhodamine methyl ester) labeling => marker of ATP production

# Cyclic stretch of the mitochondrial network



Cyclic stretch remodels the mitochondrial network by inducing fission and fusion!

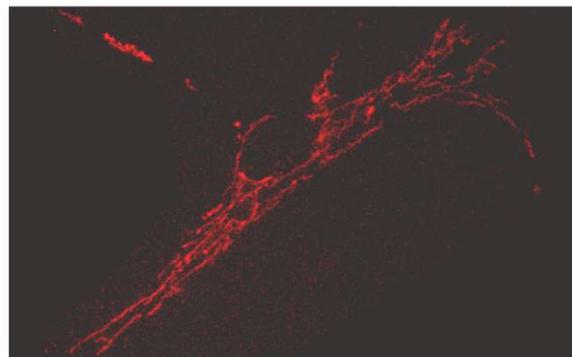
# Variable Stretch Pattern



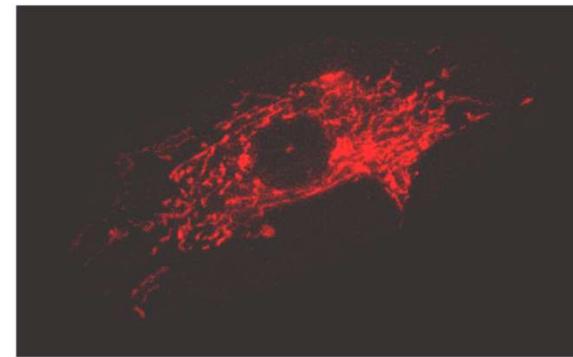
Black: Typical laboratory standard monotonous stretch (MS)

Red: variable stretch (VS) mimicking natural fluctuations in blood pressure in normal subjects

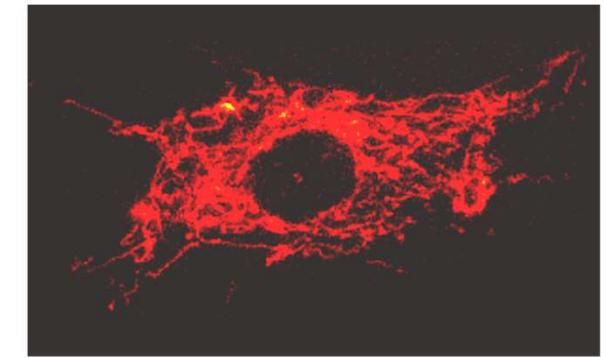
# Effects of stretch pattern on mitochondria and ROS



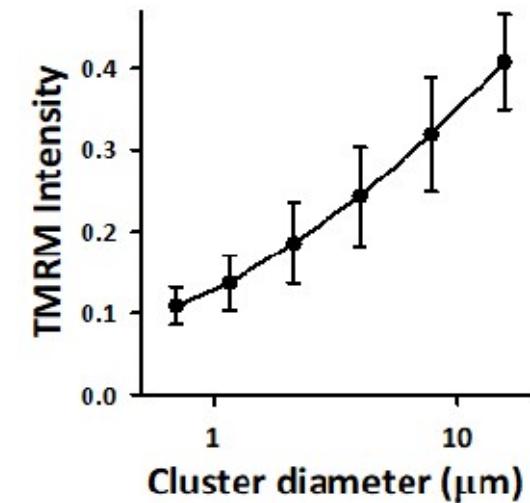
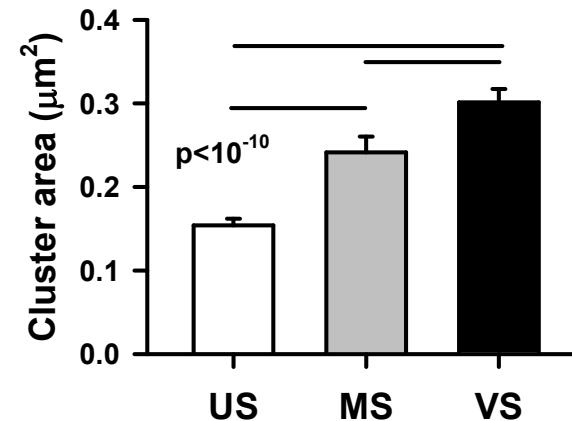
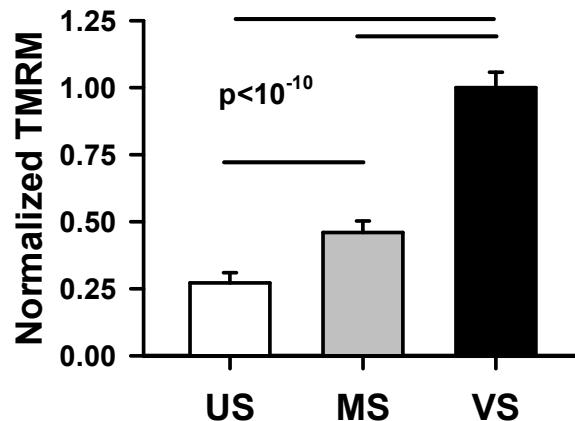
UnStretched (US)



Monotonous Stretch (MS)



Variable Stretch (VS)

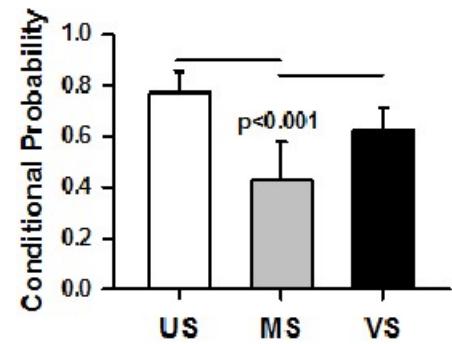
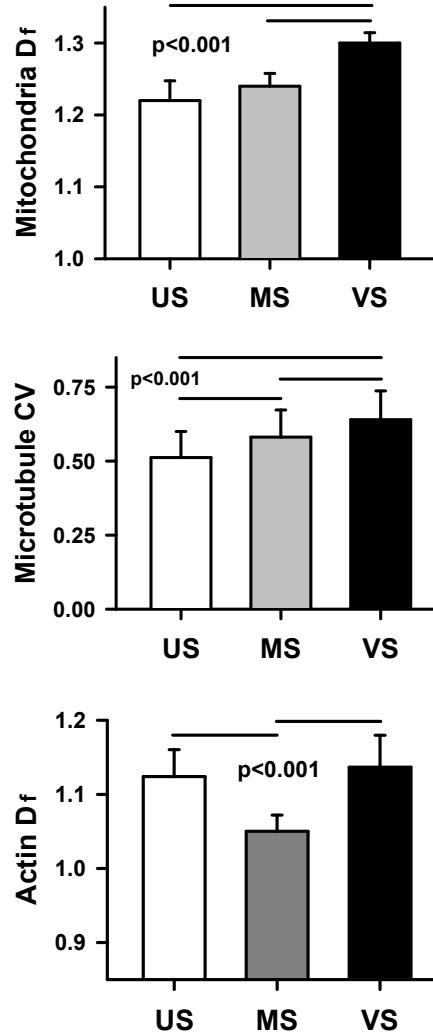
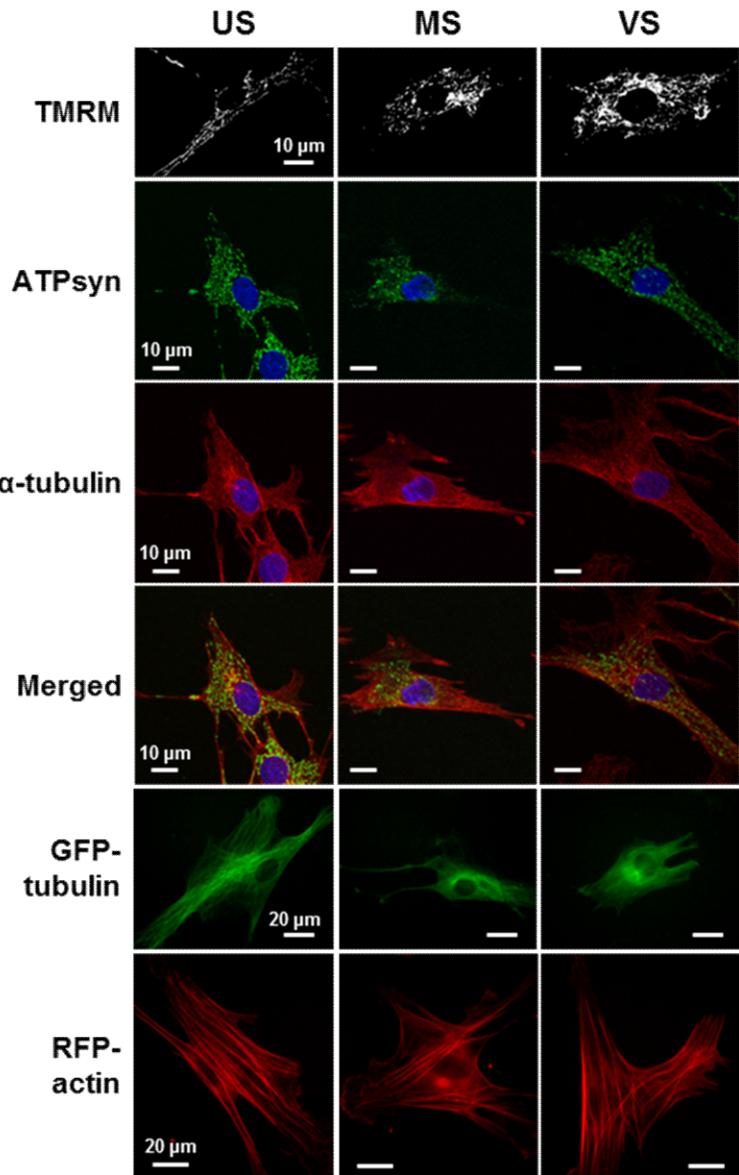


- Mean area strain is 10%
- Frequency: 1 Hz
- Variability: between 7.5 and 12.5%

Structure-function relation

Bartolák-Suki et al. (Nature Materials, 2015)

# Mitochondrial structure and function

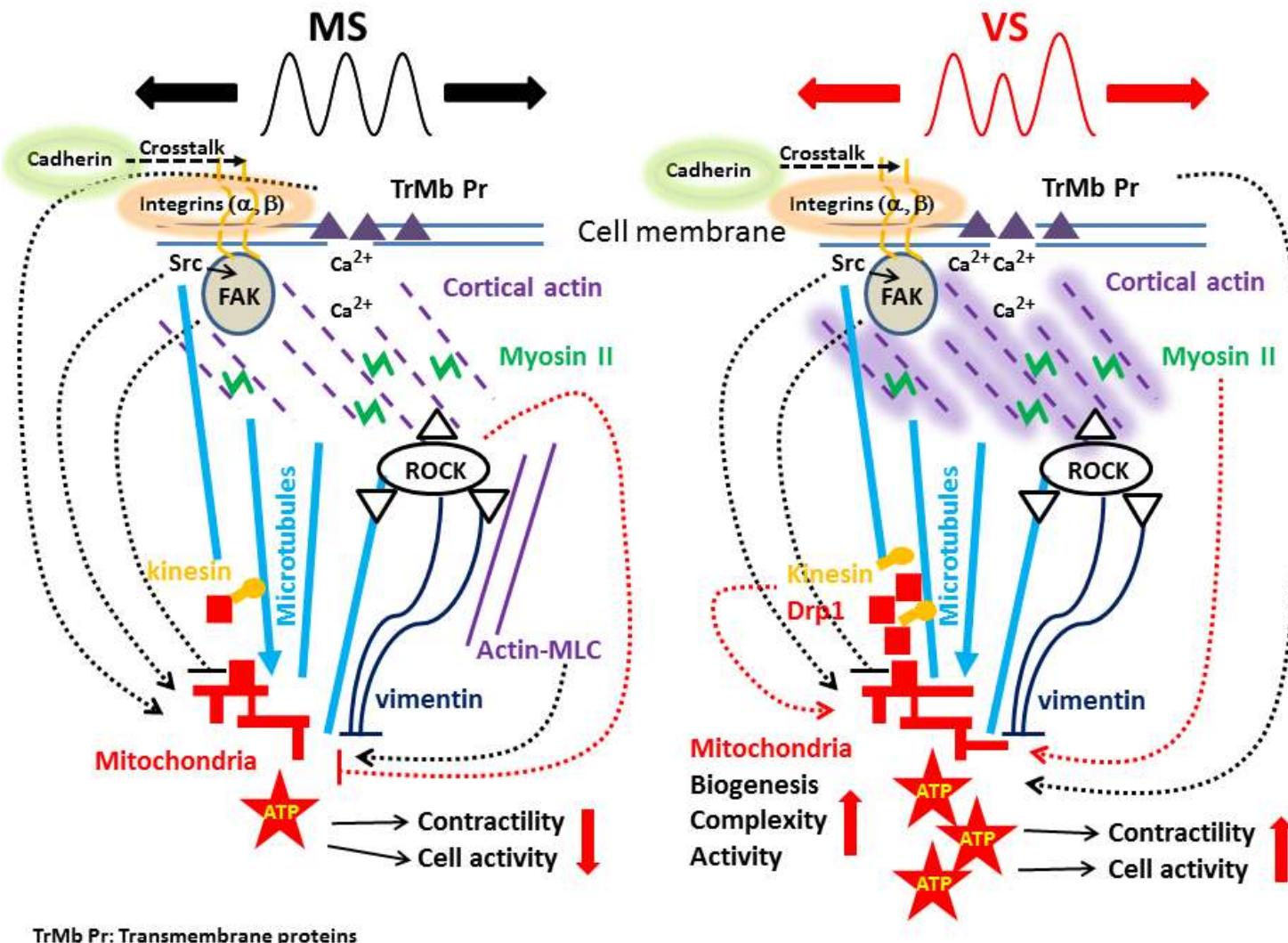


## Network-network interactions

Bartolák-Suki et al. (Nature Materials, 2015)

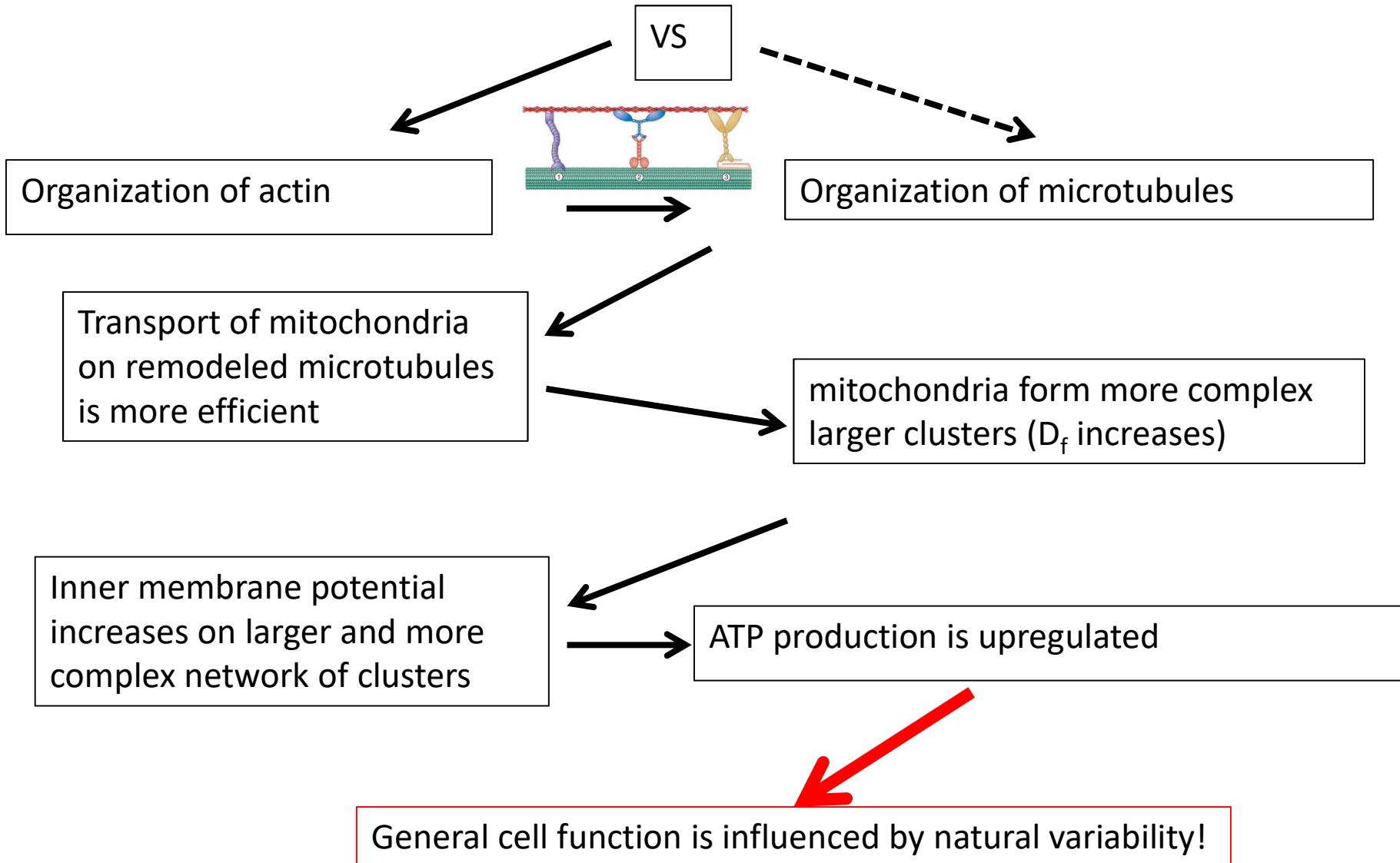
US: unstretched  
 MS: Monotonous stretch  
 VS: variable stretch  
 $D_f$ : fractal dimension, structural parameter measuring complexity and space filling  
 CV: coefficient of variation

# What are the biochemical mechanisms?

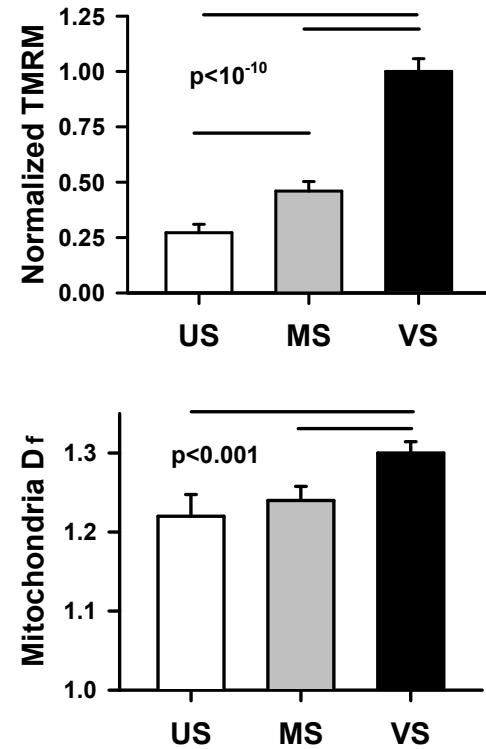
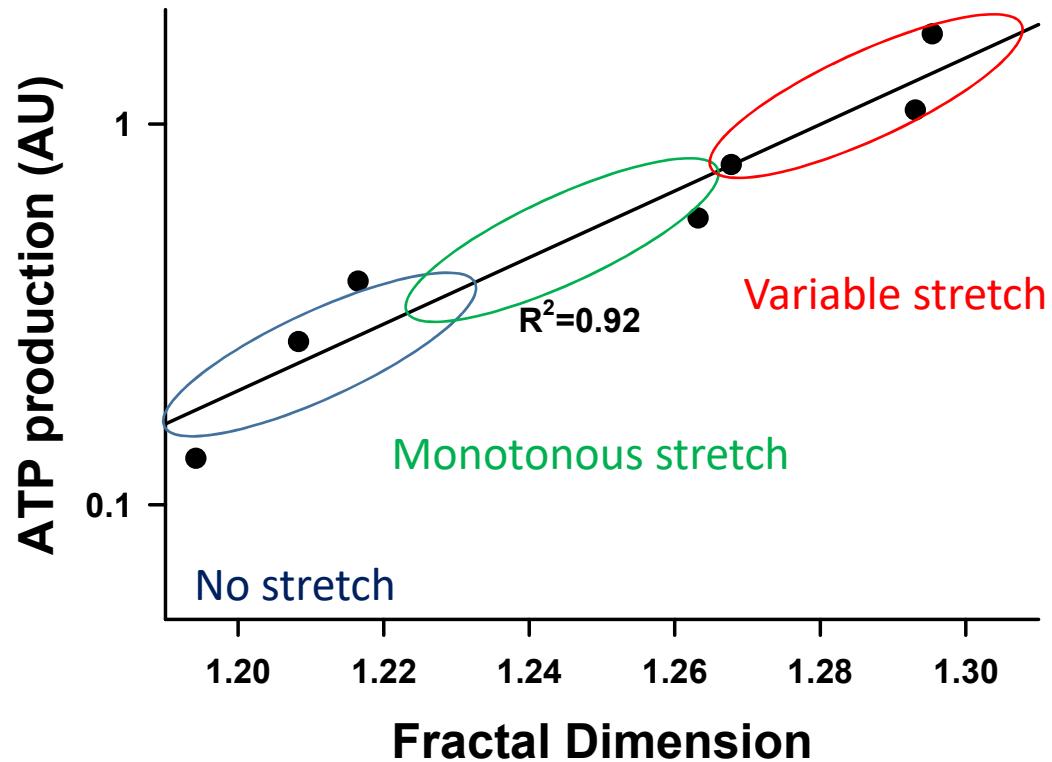


Suki et al. (Physiology, 2016)

# What are the network-related mechanisms?

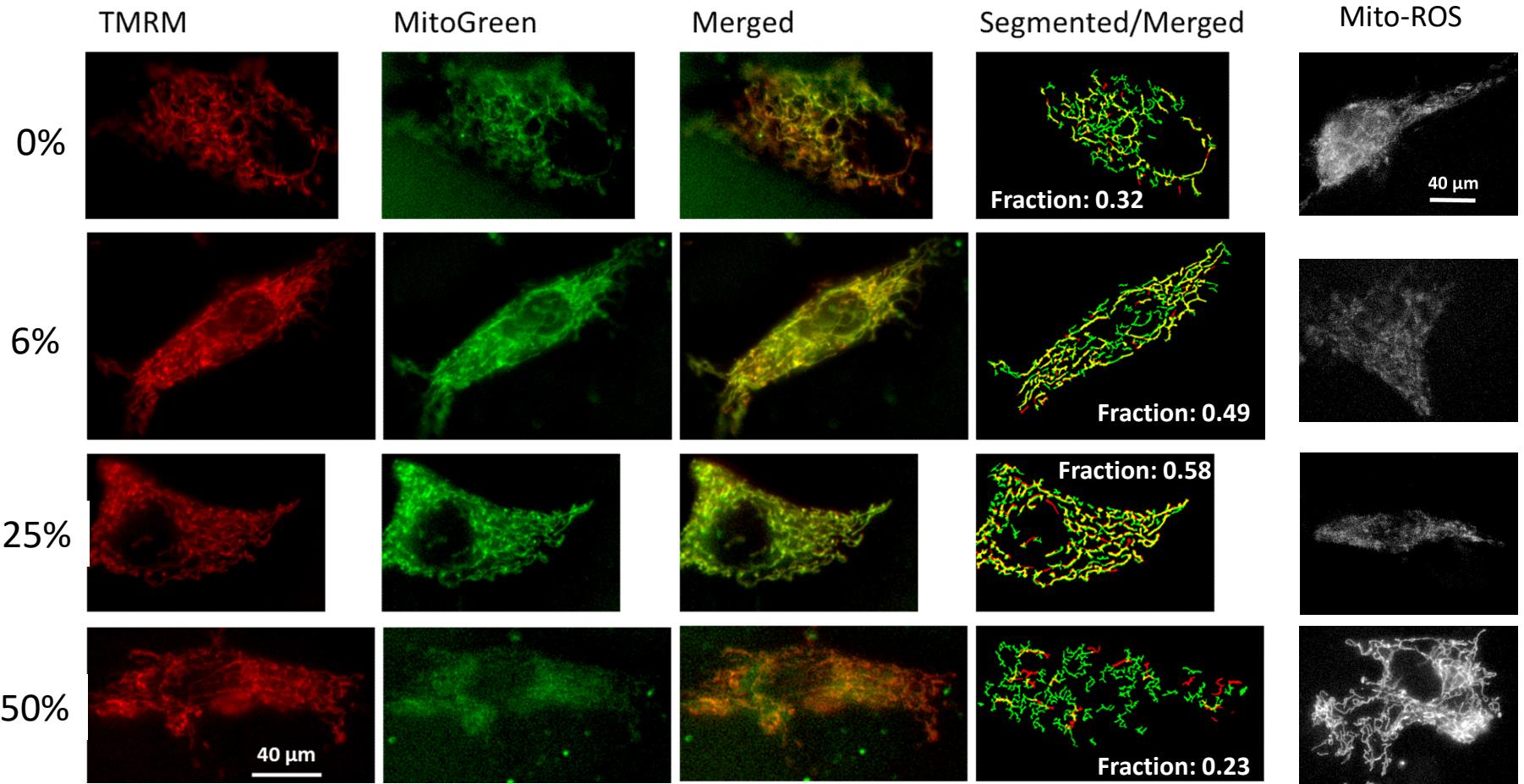


# Bioenergy and complexity



Cells harness energy from fluctuations by charging mitochondria, the battery of life.  
Under VS, cells operate far from equilibrium supported by a complex fractal network.

# Tuning mitochondrial function



## Stretch types:

0%: no variation, same as MS;

6%:  $\pm 6\%$  around mean as in anesthesia;

25%: same as VS, normal healthy variability;

50%:  $\pm 6\%$  around mean mimics hypertension/aging

## Dyes:

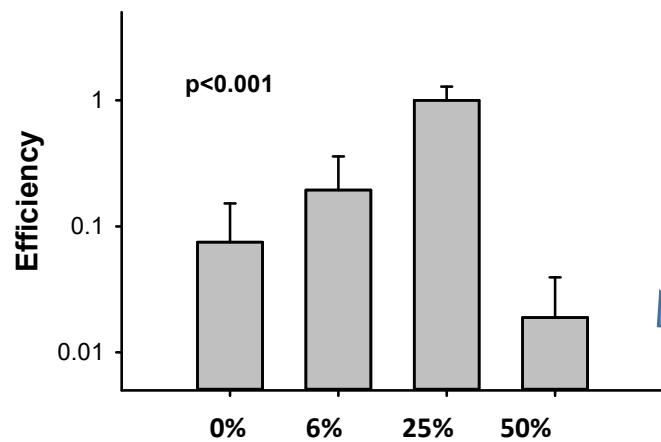
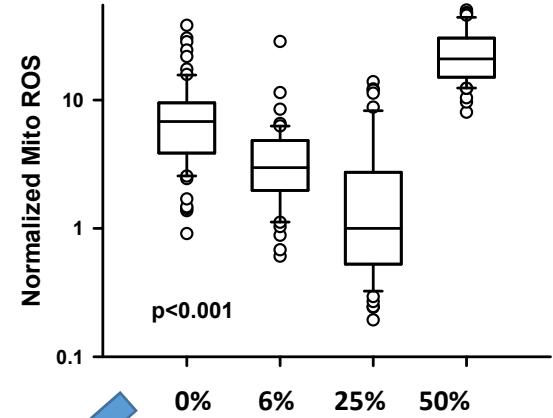
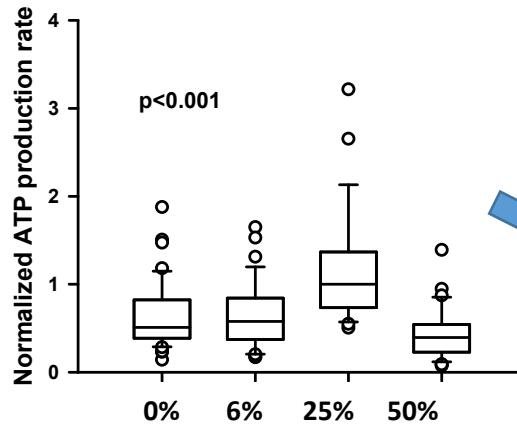
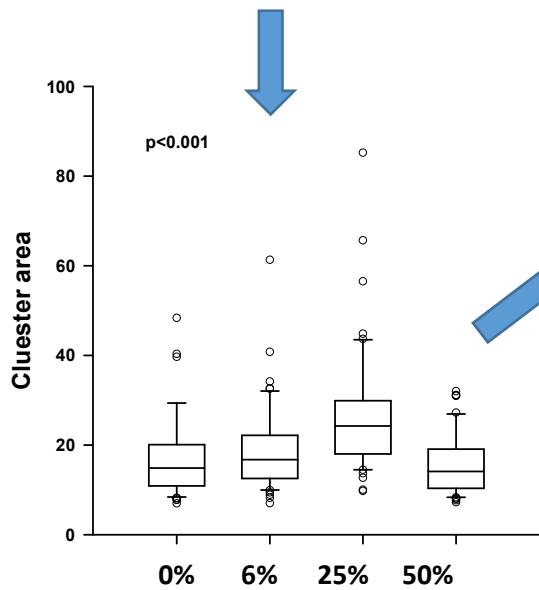
TMRM: ATP production rate on active sites

MitoGreen: all mitochondria

Mito-ROS: ROS level within mitochondria

# Mitochondrial efficiency as a function of variability

## Stretch Pattern



# Summary

- Complexity of mitochondrial network is regulated by normal blood pressure variability.
- Complexity of the mitochondrial network is at the heart of bioenergetics via ATP production.
- Optimal mitochondrial network is achieved by balanced fission and fusion, which maximizes ATP production and minimizes harmful ROS production.
- Mechanical fluctuations will influence many cell function via ATP.
- Laboratory standard monotonous stretch destroys all this!