Ryan Monnier

CSD 380

Module 5

13-SEP-2025

A diagram of a diagram

AI-generated content may be incorrect.

Estimated Average Flow Time

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| --- | --- |
| Wake up and get out of bed | 15 minutes |
| Let dogs outside | 5 minutes |
| Shave and brush teeth | 15 min |
| Get dressed | 5 minutes |
| Walk dogs | 25 minutes |
| Feed dogs | 5 minutes |
| Make breakfast | 15 min |
| Eat | 10 min |
| Clean dishes | 5 minutes |
| Prepare lunch and coffee | 15 minutes |
| Pack everything up for work | 5 minutes |
| Drive to work | 25 minutes |

Optimizing Morning Routing

Waking up and getting out of bed could be a little more efficient if I wasn’t hitting the snooze button once and delaying 10 minutes. Taking care of my dogs is very important to me so I don’t think that I could cut any of the time that I allot for them in the morning. The making breakfast and eating in the morning could perhaps be sped up a bit if I either did some meal prep, or changed my morning food to something a bit more portable like an apple that I could eat on the road. I think 10 minutes could be saved between the making breakfast and eating. If this is successful, perhaps the cleaning dishes time could be removed completely. I already meal prep for lunch, but getting things put together and making coffee does take time. I could invest in a better coffee maker so that I could schedule the coffee maker to start brewing while I’m getting ready.