

Supplementary Information

1 Repeated Trust Game

Participants played a 15-round repeated trust game (Joyce, Dickhaut, and McCabe 1995) in the trustee role against a computer-programmed investor. Each player was represented with an icon with the participant always on the left of the screen and the opponent on the right. The participants were able to choose the icon that represents them at the start of the experiment. The icon representing the opponent changed at the start of each new game, to simulate a new interaction partner. Participants were not told they were facing computerised opponents. We chose to simulate the behavior of a human interaction partner through allowing for a delay whilst pairing with new opponents as the start of each game as well as programming the agents to respond during each round after a random time lapse (randomly chosen between 5 and 10 seconds).

On each round of the RTG, before deciding how much to return, participants were asked to provide feedback on the investment sent. This feedback consisted of a rating on two dimensions, provided via a two-dimensional field. What the axes of the field represented differed between the conditions. In the intervention condition, participants were asked to rate their emotional reaction to the other player's choice of investment in terms of valence (positive or negative) and arousal (low or high). In the control condition, participants were asked to rate the choice of investment in terms of speed (slow or fast) and magnitude (low or high). At the beginning of each game, participants were provided with detailed explanations of the meaning of the two axes as well as the opportunity to provide a baseline emotional state through using the field prior to the start of the game. Participants in the control condition were asked to choose any point on the two dimensional grid to show they have understood how to interact with the grid.

2 Repeated Prisoner's Dilemma

The other game the participants played is the normal form, double-choice Repeated Prisoner's Dilemma (RPD). Over multiple rounds, participants could choose one of two actions: A cooperative action that would yield a high pay-off if the other person also cooperated, and the lowest possible pay-off if they did not cooperate, or a non-cooperative option that would yield a high pay-off if the other person chooses the cooperative action and a lower pay-off if they also defect. Figure S1 shows the payoff of each combination of actions as presented to the participants. As an opponent in this game, we used an artificial agent that played according to Tit-For-Tat (Axelrod and Hamilton 1981). It started by choosing the cooperative action and then it mirrored whatever the other player played in the previous round.

3 Intervention Detail

The intervention consisted of presenting a hypothetical scenario in which they were playing the repeated trust game and the investor would send a low investment in a new round after having previously sent higher amounts. Participants were then asked how they would react in this situation and what sort of return (low or high) they were thinking of sending back. The players then were presented with an educational slide about the benefits of not resorting to impulsive decisions such as punishment when they feel they have been wronged. In this text, players were told that punishment can create a negative feedback loop where

		Their decision	
		A	B
Your decision	A	You receive: 2 points	You receive: 7 points
		They receive: 2 points	They receive: 1 points
	B	You receive: 1 points	You receive: 5 points
		They receive: 7 points	They receive: 5 points

Figure S1: Screenshot of the Repeated Prisoner’s Dilemma game. Over multiple rounds, participants could choose one of two actions: A cooperative action that would yield a high pay-off if the other person also cooperated, and the lowest possible pay-off if they did not cooperate. Or a non-cooperative option that would yield a high pay-off if the other person chooses the cooperative action and a lower pay-off if they also defect. Shown here is the table explaining the payoffs of each combination of actions the participant and their opponent choose

the other player might trust them even less. An alternative action was suggested, whereby players would respond kindly to such a transgression in the hope of gaining trust from the investor. The full text of the intervention slide is presented in Figure S2. Afterwards, participants were asked whether they would send a low or high return in the same hypothetical scenario now that they have read the information on the slide. Players were then asked to justify their answer. For each question during this intervention, participants had to wait for a fixed duration of 20 seconds before being able to write their answers, and they were prevented from proceeding before that time was up. This choice was made to allow participants to engage with the questions, think about their answers and provide meaningful feedback.

4 Self-report questionnaires

Failure to repair a breakdown in trust in the repeated trust game has been associated with trustees with BPD traits (King-Casas et al. 2008). Theories of social dysfunction in BPD have focused on dysfunction in the patients’ mentalising ability (Allen and Fonagy 2006) as well as difficulties in emotional regulation (Rudge, Feigenbaum, and Fonagy 2020). The questionnaires we included in the experiment tried to assess borderline traits (PAI-BOR; Morey (1991)), emotional regulation capabilities (DERS; Gratz and Roemer (2004)) and mentalising ability (RFQ8; Fonagy et al. (2016)). As such, we test for any association between scores in these questionnaires and the effect of the intervention. To analyse responses, we fit a linear mixed effect model to the percentage return of trustees with fixed effects for Condition (intervention or control), Game-number (pre or post manipulation), Investment, and questionnaire score as well as all interactions between the fixed effects. We assume participant-wise random intercepts. We Z-transform the questionnaire scores and Investment as centering would be beneficial to interpreting the main effects more easily.

5 Hidden markov Model used to simulate the Investor’s actions

The HMM assumes that the probability of each investment $I_t = 0, \dots, 20$, at each trial t , conditional on the current state of the investor S_t , is dependent on an underlying normal distribution with mean μ_s and

Decision Making on Impulse

When making decisions about how to interact with others, we have found that people may sometimes act on impulses, and this might not serve them well in achieving their goals from the interaction. As such, it is important to slow down, check-in with ourselves and ask whether the urge to act a certain way comes from an impulsive reaction to the events. If it is, then we can check whether this urge is leading us towards sound decisions, and decide to act differently if it isn't.

For instance, in the situation exhibited here, the urge might be to send back very low returns to the investor, to express discontent. However, this is unlikely to make the investor trust us more going forward. It would be more helpful to signal to the investor that we are trustworthy to convince them to trust us with more of their money in future rounds. One way of doing that is to be generous and send them back high returns even when they have sent you low investments.

In the next part, there will be an open ended question. Please take time to reflect on the question before writing down your answers.

Figure S2: Screenshot of the main slide in the intervention condition

standard deviation σ_s . The probability of each discrete investment was determined from the cumulative normal distribution Φ , computing the probability of a Normal variate falling between the midway points of the response options. As responses were bounded at 0 and 20, we normalized these probabilities further by taking the endpoints into account. For instance, the probability of an investment $I_t = 2$ is defined as:

$$P(I_t = 2 | S_t = s) = \frac{\Phi(2.5 | \mu_s, \sigma_s) - \Phi(1.5 | \mu_s, \sigma_s)}{\Phi(20.5 | \mu_s, \sigma_s) - \Phi(-0.5 | \mu_s, \sigma_s)}$$

Note that the denominator truncates the distribution between 0 and 20. To estimate the transition probability between states for the investor, a multinomial logistic regression model was fitted to the investor's data such as:

$$P(S_{t+1} = s' | S_t = s, X_t = x) = \frac{\exp(\beta_{0,s,s'} + \beta_{1,s,s'}x)}{\sum_{s''} \exp(\beta_{0,s,s''} + \beta_{1,s,s''}x)}$$

where $X_t = R_t - I_t$ is the net return to the investor with R_t the amount returned by the trustee and I_t is the Investment sent.

The advantages of this approach is that it does not require any a priori assumptions about the model features. The number of states, the policy conditional on the state, and the transition function between states can all determined in a purely data-driven way. These HMMs can in turn be used to simulate a human-like agent playing the trust game. This agent may transition to a new state depending on the other player's actions and adopt a policy reflecting its state, thus simulating changes in emotional dispositions of human players during a repeated game. When the investor gains from the interaction, they become more likely to transition to a state where their policy is more "trusting" with generally higher investments. However, faced with losses, the investor is more likely to transition to a more cautious policy with generally lower investments. The policies and the transitions between states are sufficient to build an agent that reflects this type of adaptive behavior and reacts to the trustee's action choices in a way that mimics a human player.

We estimated a three-state model for investor's behaviour, using maximum likelihood estimation via the Expectation-Maximisation algorithm as implemented in the depmixS4 (Visser & Speekenbrink) package for R. The model was estimated using investments from existing datasets of human dyads playing 10 rounds of the RTG with the same trustee [King-Casas et al. (2008); **VTC project dataset**]. The dataset consisted of a total of 381 games.

6 Mixed effects models of participants percentage returns

For both pre and post defection trials, we model the percentage return (percentage of tripled investment returned to investor) using the same linear mixed-effects model used for all the rounds as described in the main text:

$$R_{ij} = \beta_0 + \beta_1 (\text{Condition})_i + \beta_2 (\text{Game})_i + \beta_3 (\text{Investment})_i + \beta_4 (\text{Condition} \times \text{Game})_i + \beta_5 (\text{Condition} \times \text{Investment})_i + \beta_6 (\text{Game} \times \text{Investment})_i + \beta_7 (\text{Condition} \times \text{Game} \times \text{Investment})_i + b_{0j} + b_{1j} (\text{Game})_i + \epsilon_{ij}$$

where:

- R_{ij} : percentage of tripled investment returned to investor for participant j in observation i
- β_0 : intercept
- β_1 : effect of Condition (intervention vs. control)
- β_2 : effect of Game (RTG game pre vs. post-intervention)
- β_3 : effect of Investment
- β_4 : interaction effect between Condition and Game
- β_5 : interaction effect between Condition and Investment
- β_6 : interaction effect between Game and Investment
- β_7 : three-way interaction effect between Condition, Game and Investment
- b_{0j} : participant-wise random intercept for participant j
- b_{1j} : participant-wise random slope for Game for participant j
- ϵ_{ij} : error term for participant j in observation i

6.1 Mixed-effects model results for pre-defection returns

Term	Estimate	Std. Error	df	t value	Pr(> t)
(Intercept)	0.46	0.01	315.63	71.82	0.00
Game	-0.01	0.00	319.08	-3.26	0.00
Condition	0.02	0.01	315.63	3.08	0.00
Investment	0.02	0.00	7,041.28	11.58	0.00
Game:Condition	-0.01	0.00	319.08	-4.23	0.00
Game:Investment	0.00	0.00	6,877.90	-2.41	0.02
Condition:Investment	-0.01	0.00	7,041.28	-6.00	0.00
Game:Condition:Investment	0.01	0.00	6,877.90	4.15	0.00

Figure S3: Summary of results of a Mixed-effects model fitted to participants returns restricted to pre-defection trials

6.2 Mixed-effects model results for post-defection returns:

Term	Estimate	Std. Error	df	t value	Pr(> t)
(Intercept)	0.43	0.01	338.49	51.37	0.00
Game	0.02	0.01	369.84	3.93	0.00
Condition	0.02	0.01	338.49	2.38	0.02
Investment	0.04	0.00	1,985.67	9.25	0.00
Game:Condition	-0.02	0.01	369.84	-3.54	0.00
Game:Investment	0.01	0.00	1,981.63	3.51	0.00
Condition:Investment	-0.01	0.00	1,985.67	-3.15	0.00
Game:Condition:Investment	0.01	0.00	1,981.63	1.79	0.07

Figure S4: Summary of results of a Mixed-effects model fitted to participants returns restricted to post-defection trials

7 Hidden Markov models to analyse participants returns

To model participants' returns in the RTG across games and conditions, we fit various hidden Markov models to participants returns. The response function is modelled as a discretised Gaussian distribution that takes into account what proportion the trustee would ideally like to return, and what returns are possible given the investment. For instance, if the investor sends an amount of 2, the trustee would receive 6 and they can send back any amount between 0 and 6. As such, we assume that the response is a distribution over the possible proportions that can be calculated from these possible returns, i.e. $\{0, 1/6, 2/6, \dots, 1\}$. The model assumes an underlying Normal distribution for each possible proportional return, predicting the probability of each via the cumulative Normal distribution with cut-off points set halfway between the proportions (e.g. the probability of returning 1/6 is determined as the probability of returning anything between 1/12 and 3/12). The transition between states is assumed to depend on the investment through a multinomial logistic function such as:

$$P(S_{t+1} = s' | S_t = s, X_t = x) = \frac{\exp(\beta_{0,s,s'} + \beta_{1,s,s'} x + \beta_{2,s,s'} d)}{\sum_{s''} \exp(\beta_{0,s,s''} + \beta_{1,s,s''} x + \beta_{2,s,s''} d)}$$

where x is a variable representing the investment received, d is a dummy variable to characterise the group that the participant belongs to. We define four contrast codes for these dummy variables: pre-post (comparing pre and post games), post-coax (compares the post-intervention group to all others), post-control (compares the post-control group to all others) and full-contrast (a three level dummy variable: post-intervention compared to post-control and all pre games).

Number of states	logLikelihood	df	AIC	BIC
2	-24,921	18	49,879	50,008
3	-23,032	46	46,157	46,486
4	-22,244	86	44,660	45,276
5	-21,965	138	44,207	45,195
6	-21,635	202	43,673	45,120
7	-21,486	278	43,528	45,519

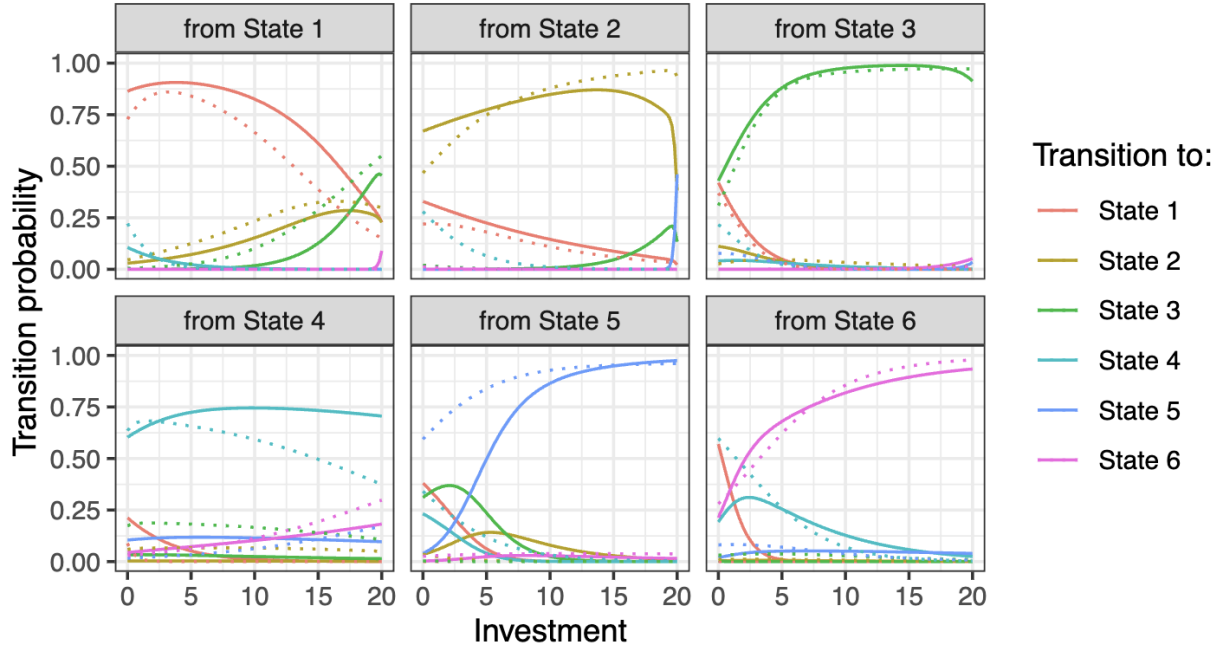
Figure S5: Table comparing the HMM-full models fit assuming the latent number of states is between 2 and 7. Using BIC, the 6 state model fits best

As seen in Figure S5, using the BIC, the 6 state HMM-full model fits best. Since we only fit models between 2 and 7 states, it is possible that models with a higher number of states could fit the data better. We decided to stop at 7 states for computational cost reasons and because the interpretation of models with a higher number of states becomes complex.

7.1 Transition function of HMM model describing participant's returns

Using the HMM-full 6 state model, we can plot the transition probabilities of the model for pre and post-intervention as well as pre- and post-control manipulation separately (Figure S6). This allows us to see how the transition probabilities between latent states change across Games and Condition.

Transition function pre- and post-control manipulation



Transition function pre- and post-intervention manipulation

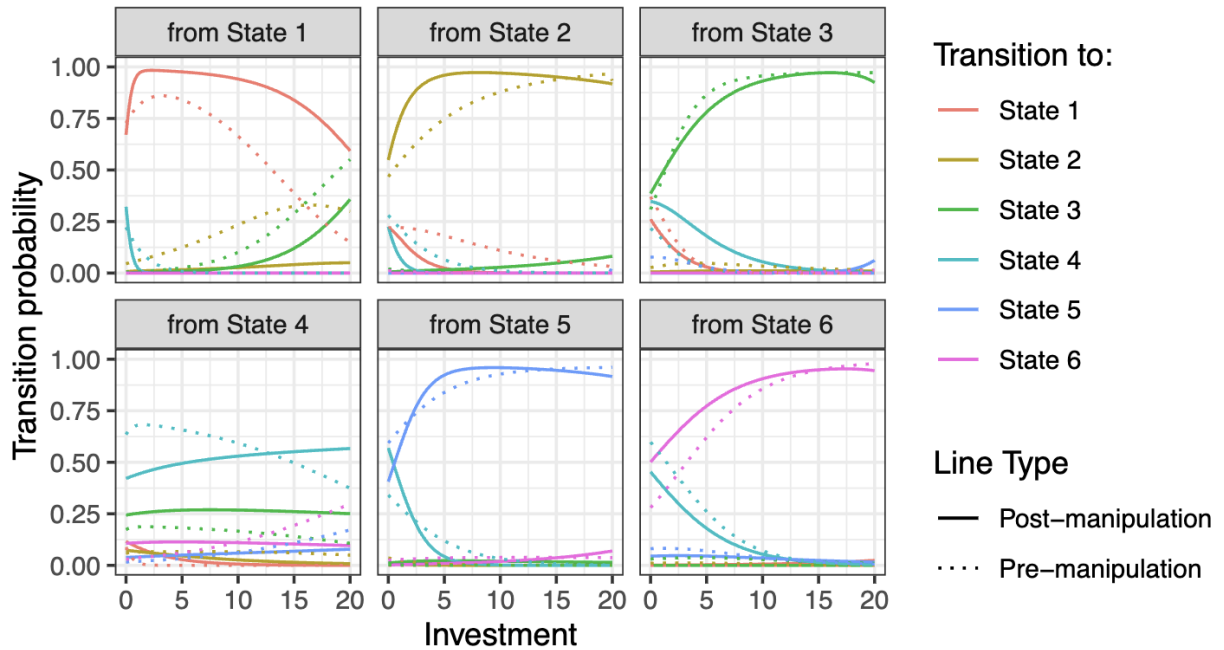


Figure S6: Transition function for the HMM-full trustee model. Each panel represents the state transitioned from. For instance the upper left panel represents all transition probabilities from state 1. The colors of the lines within each panel indicate the state transitioned to. For instance, in the upper left panel, the red line represents the transition probability to state 1 as a function of the received investment. In this case this is also the probability of staying in state 1 since we are in the state 1 panel. Solid lines show estimated transition probabilities post-manipulation while dotted lines show the same probabilities prior to the manipulation

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