

SIGNS THAT YOU SHOULD CALL 911 FAST

KNOW THE CRITICAL SYMPTOMS AND CALL 911 IMMEDIATELY

CALL 911 FOR ANY OF THESE SYMPTOMS:



High fever, severe headache, or stiff neck



Sudden confusion, disorientation, or loss of consciousness



Severe bleeding that won't stop, after 5-10 minutes of firm pressure



HEART ATTACK SYMPTOMS



Chest pain or pressure that spreads to neck, jaw, or arm



Sweating, nausea, or lightheadedness



Trouble breathing or shortness of breath



Sudden intense anxiety or feeling of doom



SEVERE ALLERGIC REACTION



Swelling of the lips, face, or throat; hives and itching



Sudden extreme weakness or fatigue

F·A·S·T FOR STROKE

F

Face: Uneven smile, drooping on one side

A

Arm: Arm is weak or numb. cannot be raised

S

Speech: Slurred, confused, strange words

T

Time: Call 911 immediately

• React FAST – Every minute counts

- Record the time symptoms started
- **ACT QUICKLY.** Call 911 right away.

EVEN IF YOU'RE UNSURE, IT'S BETTER TO CALL AND GET HELP.

CALL 911 IF A PERSON IS PALE, COLD, SWEATY, OR THEIR CONDITION **RAPIDLY GETS WORSE.**

Learn more at justacallaway.org