

$$E^2 = (mc^2)^2 + (pc)^2$$

$$E^2 = m^2 + p^2$$

$$\left(i\frac{\mathrm{d}}{\mathrm{d}t}\right)^2\phi = [m^2 + (-i\nabla)^2]\phi.$$

$$\left(m^2 - \nabla^2 + \frac{\mathrm{d}^2}{\mathrm{d}t^2}\right)\phi = 0$$

$$(\square + m^2)\phi = 0.$$