

From: CNB Community Partnership (CNB)
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PREVENTIVE DRUG EDUCATION E-NEWSLETTER APRIL 2022



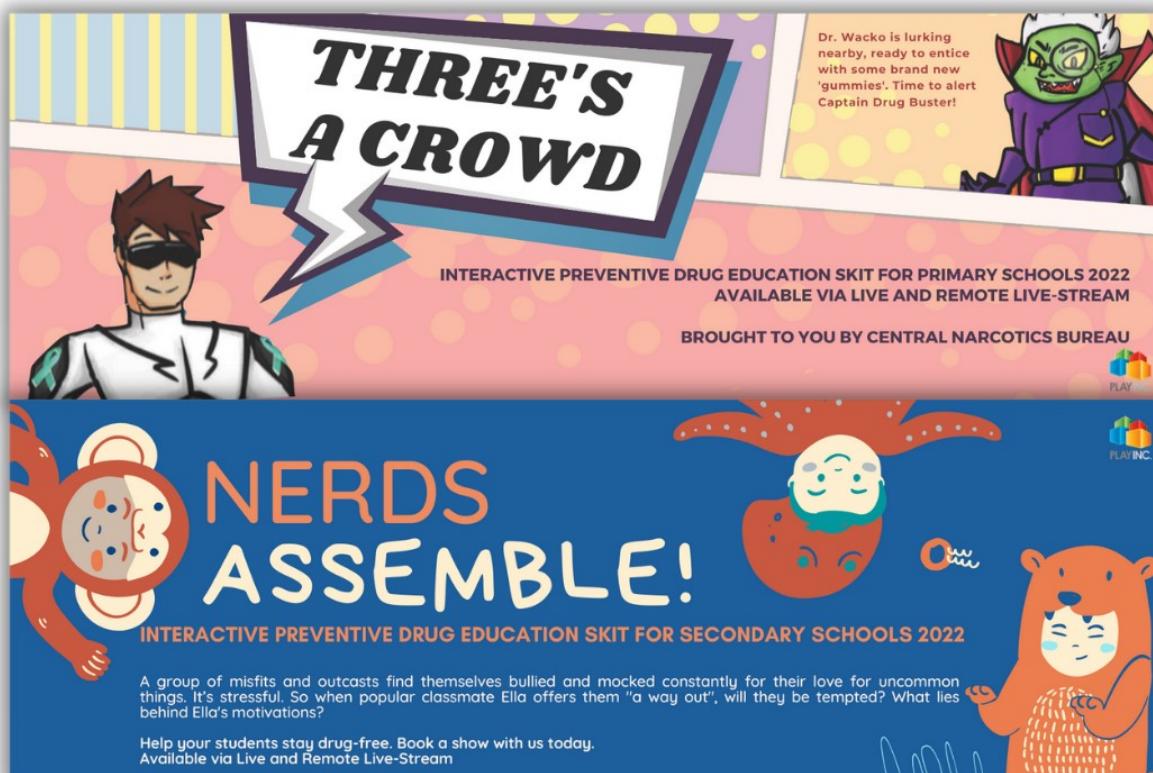
Dear Partners and fellow Advocates,

Welcome to the fourth issue of CNB's Preventive Drug Education (PDE) E-newsletter for 2022!

In this issue, we continue to provide you with updates on our upcoming events and programmes. We also cover inspiring stories on how some of our advocates are helping to raise awareness about drug abuse prevention in the community.

Email us at cnb_community_partnership@cnb.gov.sg if you have any feedback or questions on our PDE programmes and activities!

PDE PROGRAMME / INTERACTIVE SCHOOL SKITS



CNB's anti-drug skits tap on relevant themes and relatable humour to educate youths on the harms of drugs. Available in live and live-stream format, help your students stay drug-free and book a show with us today. Email us at cnb_community_partnership@cnb.gov.sg to find out more.

PS: Want a sneak peak? Check out teasers of our skits 'Three's A Crowd' and 'Nerds Assemble' for primary and secondary school students!

Three's A Crowd



Nerds Assemble





The Anti-drug Ambassador Activity (AAA) 2022 is on its way! Distribution of the AAA booklets to primary schools and organisations is **ongoing**, so do keep a lookout if you have yet to receive them!

The Top 10 Schools with the Best Anti-drug Montage and Highest Participation Rate will each receive a **\$500 cash prize**! Check out the winners from last year.

ANTI-DRUG AMBASSADOR ACTIVITY 2021

Congratulations to all winners and a huge thank you to everyone for your support!

Top 10 Schools with the Best Anti-drug Montage

Top 10 Schools with Highest Participation Rate

- Boon Lay Garden Primary School
- Bukit Panjang Primary School
- Elias Park Primary School
- Tanjong Katong Primary School
- Jurong West Primary School
- Juying Primary School
- Red Swastika School
- Sengkang Green Primary School
- Xishan Primary School
- Yuhua Primary School

*in random order

Blangah Rise Primary School

Changkat Primary School

Pel Chun Public School

'Pass The Ribbon' video challenge

Chongzheng Primary School

Ai Tong School

Holy Innocents' Primary School

Pop-up storybook

Henry Park Primary School

Fernvale Primary School

Innova Primary School

Anti-drug presentation by prefects

Northoaks Primary School

Kindly note that the deadline for the submission of returns is **18 November 2022**. Thank you for your support of our anti-drug initiatives, and we look forward to your participation this year!

COMPETITION / DRUGFREESG VIDEO COMPETITION 2022



Stand a chance to **win attractive cash prizes** when you form a team of up to 5 with your family and friends! Winning teams may also be invited to collaborate with CNB on other projects after the competition!

Inspire others with your stories on how a resilient community is important for a drug-free society through a 2-min video or an up to 60-sec advertisement.

Theme: Community Resilience
Category I (youths - aged 12 to 16): **Dare to Care**
Category II (young adults - aged 17 to 25):
Stronger Together

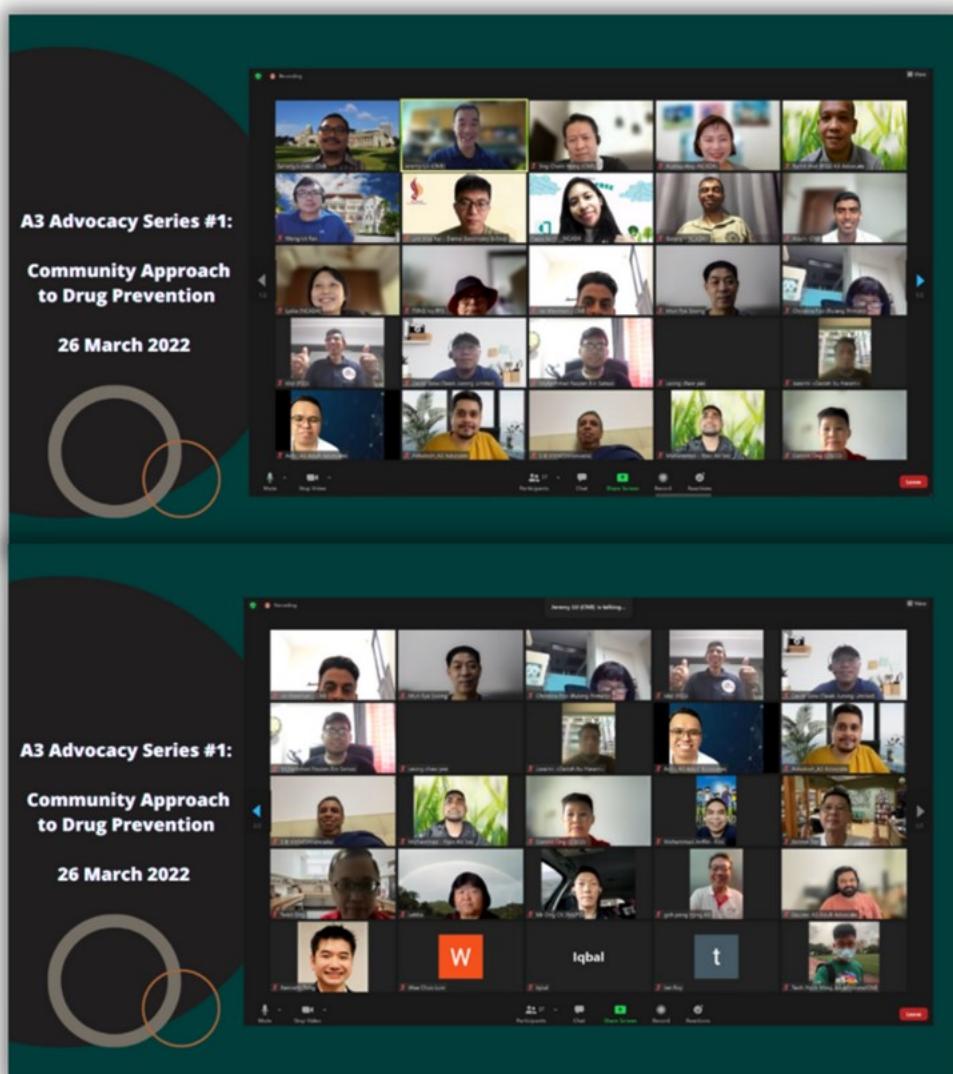
Deadline closes on 29 July 2022! Sign up now at www.drugfreesg.com or email info@drugfreesg.com if you have any queries. We also seek schools' and organisations' support to promote and encourage youths who are interested in video production to join the competition and workshop.

Register here!



Need some inspiration?
Here's last year's winners!





The National Council Against Drug Abuse (NCADA) hosted our first A3 Advocacy Series session on 26 March for volunteers of the A3 Network (Anti-Drug Abuse Advocacy Network). The A3 Advocacy Series is an engagement programme which aims to equip and develop various anti-drug advocacy capabilities of anti-drug advocates.

The first session of the Advocacy Series, titled '**Community Approaches to Drug Prevention**', covered three presentations on Singapore's Current Drug Situation, CNB's Community Engagement Strategy, and a sharing on the Dadah Itu Haram (DIH) and Bothaiporulai Ethirthu Nirpom (BEN) Campaigns. Following the presentations was a panel discussion with Mr Sng Chern Hong, Deputy Director of CNB (Policy & Administration), Ms Audrey Ang, Director, Communications Div concurrently Hon. Secretary NCADA, and Mr Saherly Limat, Deputy Director, Operations Div. Questions relating to Preventive Drug Education, Youth Abusers, and Drug Approaches were discussed.

The NCADA Secretariat would like to express our thanks to our panellists, CNB colleagues, and NCADA Council Members for their support. The second session, "**Drug Impacts on the Mind, Body & Behaviours**", will be taking place in June 2022. More details will be released closer to the date. Stay tuned!

RESOURCES / CONSUMPTION OF CONTROLLED DRUGS OUTSIDE SINGAPORE

TOWARDS A #DRUGFREESG!

Perspectives

TEMPTED TO TRY DRUGS OVERSEAS?

Reminder (but you already knew): It is NOT a good idea to try drugs because...

1 YOUR HEALTH MATTERS

The harmful effects of drugs on your body is the same, regardless of where you are in the world

2 CRIMINAL OFFENCE

SINGAPOREANS AND PRs: It is a **punishable offence** to consume drugs while overseas

3 IT'S NOT OK TO BE ...ADDICTED

Your first try could trigger a yearning for subsequent consumption resulting in a never-ending cycle of substance abuse

DID YOU KNOW?

Some countries have **drug laws that differ from Singapore's**

In these countries, drugs can also be made to seem 'harmless' and 'safe' by being mixed or packaged with the food we regularly eat or being made easily accessible

Perspectives

A globe with a purple airplane flying over it.

Looking forward to travel again?

Stay away from drugs even when you are overseas. Under the Misuse of Drugs Act, all Singapore Citizens and Permanent Residents found to have consumed controlled drugs outside Singapore will be liable for drug consumption offence as if the offence has been committed in Singapore

Still think it is a good idea to try drugs overseas? Think again

Check out the related resources on this topic



<https://go.gov.sg/misuseofdrugsact>

SCHOOLS AND EDUCATORS!

CNB conducts talks to students going overseas exchange to warn them of the potential consequences of drug abuse overseas. These talks can be conducted as part of the pre-departure briefing to students. Email us at cnb_community_partnership@cnb.gov.sg to find out more.

An illustration of an open book with a pencil resting on it.

33-YEAR-OLD INJURES TWO WITH RAZOR BLADE; CHARGED WITH VOLUNTARILY CAUSING HURT

On 14 March 2022, the Police received multiple calls of a man allegedly injuring others with a razor blade at Blk 59 Strathmore Avenue, and the Police swiftly responded to the case and arrested the man.

The man was subsequently charged for voluntarily causing hurt to others through dangerous weapons or means. In their media statement, the Police said preliminary investigations revealed that the man was at the said location when he claimed to have heard voices telling him to attack people. He then allegedly used a razor blade to attack some passers-by, injuring two in the process. Upon further investigations, the man was found to have past records with the Institute of Mental Health. He was also traced for consumption of controlled drugs.



WHAT THIS MEANS FOR ANTI- DRUG ADVOCACY?



There are many harmful physical and psychological side-effects of drug consumption and withdrawal. Supporters of drug legalization may argue that the act of drug consumption is a personal one. The above case describes an individual who was possibly affected by a distortion of judgement, confusion, and hallucinations – ultimately resulting in him inflicting injury on unknowing passers-by. Whether drugs had a role in the incident or not, it is pertinent to highlight that consuming drugs is not a matter of individual action and consequence, because the actions of an individual under the influence of drugs can inflict very real harm on others.

As advocates, it is crucial that we understand why we maintain a zero-tolerance stance on drugs. The impact of drug addiction spans beyond the individual. Even if a drug abuser is an isolated individual, they live within a society with others who may be unwitting victims to unexpected actions carried out under the influence of drugs.

WHAT CAN YOU DO?



Reports such as the one above paints a grim reality of the harms of drugs. Advocates can keep such news stories in mind to use as counterpoint examples when having discussions about drugs with others, particularly with those who argue for the relaxation of our zero-tolerance stance in Singapore.



**CNB wishes all a
Healthy and Happy
Hari Raya!**

HELP US SPREAD THE ANTI-DRUG MESSAGE

The **Anti-Drug Abuse Advocacy Network (A3 Network)** is a volunteer scheme jointly administered by the NCADA and CNB. The A3 Network, which is under the umbrella of the Home Team Volunteer Network comprises various groups of people who identify with, support and promote the anti-drug cause.

Help us grow the A3 Network by telling your friends about us and the volunteering opportunities with CNB. Scan the QR codes for more information about the different schemes, or drop us an email at cnb_community_partnership@cnb.gov.sg



Scan here to find out about the A3 Network and different advocates schemes



Anti-Drug Advocate Programme for youths aged 17 - 25 years old

In adjusting to the new normal, some of our physical PDE programmes and activities have also gone online. Scan below to find out about the **Augmented Reality exhibition** and the **Virtual Heritage Gallery** that you can access at your convenience:



Scan here for the AR exhibition



Scan here for the virtual heritage gallery

Safe distancing does not mean self-isolation. Stay engaged, stay informed, take care of each other and stay safe!

If you wish to report on drug-related matters, please call the CNB hotline at

1800-325-6666

For more information, please visit the CNB website at www.cnb.gov.sg

Connect with us:



CENTRAL NARCOTICS BUREAU

APRIL 2022

For more information, please find the appended for the links to the QR codes that are mentioned in the articles.

	Titles	Links
1	PDE Programme / Interactive School Skits	<ul style="list-style-type: none">- Three's A Crowd- Nerds Assemble
2	Competition / DrugFreeSG Video Competition 2022	<ul style="list-style-type: none">- DrugFreeSG Video Competition 2022- DrugFreeSG Video Competition 2021
3	Resources / Consumption of Controlled Drugs Outside Singapore	<ul style="list-style-type: none">- Consumption of Controlled Drugs Outside Singapore
4	Read / Advocacy Media Monitoring	<ul style="list-style-type: none">- Article
5	Preventive Drug Education Online	<ul style="list-style-type: none">- More On A3 Advocate Schemes- Anti-Drug Advocate Programme For Youths 17 – 25- AR Exhibition- Virtual Heritage Gallery

DID: (65) 6557 3217



CNB
For a Drug-Free Singapore



Central Narcotics Bureau



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