F1 PIT STOP

Good morning, Boys! The Singapore Grand Prix 2023 or what you probably know better as the F1 Race concluded three weekends ago. Pit stops are a big part of F1 and very important to help the F1 driver win the race. Current race regulations require all F1 drivers to make a pit stop, because at least two different tyre compounds have to be used during a race, so the drivers must make a pit stop to change tyres. If the drivers don't make a pit stop, they get penalised; worse, it becomes dangerous if the tires are worn out.

To make a pit stop, the driver enters the pit lane. I love to watch the pit crew work. There can be up to 22 men in the pit crew. 12 will focus on the tyre change, 3 for each wheel. A few other men will jack up and raise the car so the tyres can be removed and replaced. Two or three need to hold and stabilise the car while the wheels are being changed. Another group will refuel and clean the mirrors and visors if needed. 22 people work in harmony so that the car can return to the track safely and quickly. How fast? Hopefully all done in about 2 seconds. Yes, blink and you will completely miss the pit crew in action. Every extra 0.1s spent is time lost for the driver that will jeopardise his chances of winning. The fastest pit stop was recorded in 2019 – 1.82s. You can google to find out more.

The pit crew work so well together, it's like a choreographed dance. It's not just about speed, the team must work in perfect harmony. They spend hour after hour practising together. Each team member knows exactly what he has to do, and what his other team members have to do; every team member is important. The task cannot be accomplished if any team member is missing. There is collaboration; there is trust.

Our Bible verse for the week taken from 1 Corinthians 12:21 reads: The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" It is clear that God never intends for us to go it alone in life. Let's learn from the pit crew today and appreciate the strengths of our friends when we work together. Let's pray.

Dear God, thank you for bringing us together as a big ACS(J) family. Grant us patience when we work together, so that we are never rude or arrogant towards one another. We pray for unity, trust and harmonious collaboration so that we can grow stronger and achieve godly goals together. In Jesus' name, Amen!