



# **2023 MK OPEN HOUSE**

## **MOE Kindergarten @ Alexandra**

### **11 Feb 2023**

# MOE KINDERGARTEN (MK) PROGRAMME





# OUR PROGRAMME

We offer 4-hour K1 and K2 programmes for children.

 **Morning session (8am to 12pm)**

 **Afternoon session (1pm to 5pm)**

 **3 Mother Tongue Languages (Chinese, Malay, Tamil)**

 Follows **MOE school calendar** of 4 terms and school holidays

To find out more about MK curriculum and programme, please visit:  
<https://www.moe.gov.sg/preschool/moe-kindergarten/curriculum>

# A TYPICAL DAY – DAILY SCHEDULE

Time	Daily Schedule (Morning session)
<b>7.00AM – 8.00AM</b>	KCare*
<b>8.00AM- 8. 10AM</b>	Arrival (5min)
<b>8.10AM - 8.50AM</b>	Outdoor Play (40min)
<b>8.50AM - 9.30AM</b>	HI-Light (40min)
<b>9.30AM - 9.50AM</b>	Snack (20min)
<b>9.50AM - 10.20AM</b>	Learning Centre (30min)
<b>10.20AM - 11.20AM</b>	Starlight Literacy Programme – Chinese/Malay/Tamil (60min)
<b>11.20AM -12.00PM</b>	Starlight Literacy Programme – English (40min)
<b>12.00PM – 12.05PM</b>	Dismissal (5min)
<b>12.00PM – 7.00PM</b>	KCare*

Sample schedule

# A TYPICAL DAY – DAILY SCHEDULE

Time	Daily Schedule (Afternoon session)
<b>7.00AM – 1.00PM</b>	KCare*
<b>1.00PM - 1.10PM</b>	Arrival (5 min)
<b>1.10PM - 1.50PM</b>	HI-Light (40min)
<b>1.50PM - 2.50PM</b>	Starlight Literacy Programme – Chinese/Malay/Tamil (60min)
<b>2.50PM – 3.10PM</b>	Snack (20min)
<b>3.10PM - 3.40PM</b>	Learning Centre (30min)
<b>3.40PM - 4.20PM</b>	Starlight Literacy Programme – English (40min)
<b>4.20PM - 5.00PM</b>	Outdoor Play (40min)
<b>5.00PM - 5.05PM</b>	Dismissal (5min)
<b>5.00PM – 7.00PM</b>	KCare*

Sample schedule

# SAMPLE SNACK MENU FOR MK

WEEKS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Odd</b>	Whole-grain cereal with milk	Butter roll Milk	Steamed red bean paste bun Milk	Whole-grain cereal with milk	Fruits with yoghurt
<b>Even</b>	Whole-grain cereal with milk	Raisin bun Milk	Steamed chicken bun Milk	Whole-grain cereal with milk	Fruits with yoghurt

- Snacks are served every day and follow Health Promotion Board guidelines.
- The food will not contain pork and beef.
- Snacks packed from home should be able to be safely kept at room temperature for 2-3 hours and the child is able to finish within 15-20minutes.





# KINDERGARTEN CARE (KCARE)





# The KCare Experience

Programme highlights:

-  Time and space for children to play, explore and discover
-  Situated within MK premises
-  Operates from 7am – 7pm, Mondays to Fridays, including school holidays
-  Operated by MOE-appointed service providers, based on MOE requirements and guidelines

For more information on KCare programme, please visit:

<https://www.moe.gov.sg/preschool/moe-kindergarten/kindergarten-care>



# The KCare Experience

An overview of the types of play experiences in the KCare programme:

Modular Activities	Free Play
<ul style="list-style-type: none"><li>• Music, Movement and Dramatisation</li><li>• Art and Craft</li><li>• Tinkering</li><li>• Cookery</li><li>• Sand and Water Play</li><li>• Gardening</li></ul>	<ul style="list-style-type: none"><li>• Construction and Manipulative Free Play</li><li>• Sand and Water Free Play</li><li>• Outdoor Free Play</li></ul>

- Dedicated Reading Time is scheduled within programme hour daily to nurture a love for reading and develop good reading habits
- Programme is conducted by trained KCare Programme Staff with a heart for children

# A TYPICAL DAY OF A FULL-DAY PROGRAMME

Time	Children who attend MOE Kindergarten <u>PM session</u>
0700 - 0800	Arrival and Visual Screening / Indoor Free Play
0800 - 0830	Breakfast
0830 - 1030	Modular Activities / Outdoor Free Play
1030 - 1100	Change of uniform / Toileting
1100 - 1200	Rest / Nap
1200 - 1230	Lunch
1230 -1245	Dedicated Reading Time
1245 -1300	Handover to MK^
1300 - 1700	<b>MOE Kindergarten</b>
1700 - 1715	Receiving from MK^
1700 - 1900	Dismissal / Indoor Free Play

Sample schedule

# A TYPICAL DAY OF A FULL-DAY PROGRAMME

Time	Children who attend MOE Kindergarten <a href="#">AM session</a>
0700 – 0745	Arrival and Visual Screening / Indoor Free Play
0745-0800	Handover to MK^
0800 - 1200	<b>MOE Kindergarten</b>
1200 - 1215	Receiving from MK^
1215 - 1315	Lunch and Changing of Uniform
1315 – 1330	Dedicated Reading Time
1330 - 1430	Rest / Nap
1430 - 1500	Tea Break
1500 - 1600	Modular Activities
1600 - 1700	Outdoor Play
1700 - 1900	Dismissal / Indoor Free Play

Sample schedule

# HOLIDAY PROGRAMME – MAR/JUN/SEP/DEC

Time	Activity
0700 – 0800	Arrival and Visual Screening
0800 - 0830	Breakfast
0830 - 1030	Modular Activities / Outdoor Play
1030 – 1100	Morning Snack
1100 - 1230	Lunch and Changing of Uniform / Indoor Free Play
1230 - 1300	Dedicated Reading Time
1300 – 1500	Rest / Nap
1500 - 1530	Tea Break
1530 – 1700	Project Time
1700 - 1900	Dismissal / Indoor Free Play

Sample schedule

*Fieldtrips will be conducted during June and December school holidays.*

# SAMPLE SNACK MENU FOR KCARE

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Marble Cake	Koko Krunch	Pandan Mantou	Strawberry Swiss Roll	Wholemeal Bread with Jam
Lunch	Sweet and Sour fish, Broccoli and Cauliflower with Mushroom	Stir Fried Chicken Spaghetti Aglio Olio with Vege	Stewed Chicken with Mushroom and Garlic Lao Po Cai	Steamed Fish in HK style and Shredded Cabbage with Carrot	Cereal Chicken and Garlic Cai Xin
	Seasonal Fruits will be served daily.				
Tea Break	Marble Cake	Koko Krunch	Pandan Mantou	Strawberry Swiss Roll	Wholemeal Bread with Jam

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pandan Cake	Cornflakes	Yam Mantou	Chocolate Swiss Roll	Wholemeal Bread with Kaya
Lunch	Steamed Minced Chicken and Garlic Beijing Cabbage	Chicken Bee Hoon with Hor Fun Sauce and Vege	Mongolian Fish and Garlic Jiu Bai	Pineapple Chicken and Oyster Xiao Bai Cai	Capsicum Fish and Cauliflower with Button Mushroom
	Seasonal Fruits will be served daily.				
Tea Break	Pandan Cake	Cornflakes	Yam Mantou	Chocolate Swiss Roll	Wholemeal Bread with Kaya

Milk will be served daily during breakfast and tea break. Chocolate-flavoured malted powder will be added for flavouring on Tuesday and Thursday.

# INFORMATION ON MK REGISTRATION



-  MK Registration Exercise held from **17 Feb 2023, 9am – 21 Feb 2023, 4pm**
-  Open to Singapore Citizen and Permanent Resident children born between 2 Jan 2019 and 1 Jan 2020 (both dates inclusive)
-  Register at <https://go.gov.sg/mk-register>
-  Parents will be informed of the registration outcome by 14 Apr 2023. Outside this registration period, parents can contact the MK directly to check for vacancies.
-  Children from EYCs intending to apply for the partner MK will also apply during this period via a separate registration process\*; parents to check in with your EYCs on registration details

*\*EYC Parents who are intending to register their child in a non-partner MK should apply via Open Admissions (OA) registration form. Your application will be considered under the MK OA registration and subject to the same conditions as all other OA applications.*



## For enquiries:

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