

Anchor Green Primary School

**Primary 1 Orientation
26 November 2025**



ANCHOR GREEN PRIMARY SCHOOL

Programme

Programme	Details
Welcome Address	Principal Mr Wesley Cheong
School Safety and Admin matters	VP/Admin) Mr Lee Sech Wee
Sharing by School Counsellor Special Education Needs Officer (SENO)	School Counsellor – Ms Clare Ong SENO – Ms Ching Zai Ting
First day of school programme	Year Head (Lower Primary) Mdm Siti Farhaana



WELCOME TO AGPS



ANCHOR GREEN PRIMARY SCHOOL



Our AGPS Team



ANCHOR GREEN PRIMARY SCHOOL



School Leaders and School Staff Developer



**Mr Wesley
Cheong Lit Sern**
Principal



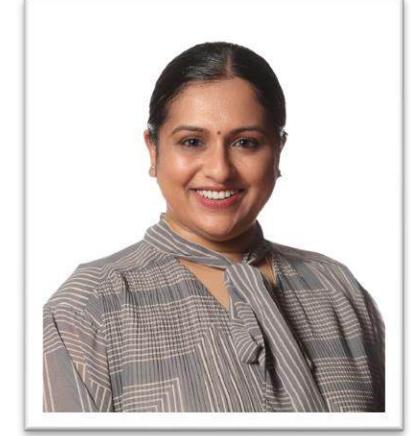
**Mdm Mumtaas
Mohamed Kassim**
VP (Education
Officer)



**Mdm Au Yard
Wah**
VP (Education
Officer)



Mr Lee Sech Wee
VP (Admin)



**Mrs Vinitha Thiro
Selvan**
School Staff
Developer



ANCHOR GREEN PRIMARY SCHOOL

Key Personnel - Instructional Programme



**Ms Eunice Chua Yu
Gek**
HOD (Aesthetics)



Mdm Ang Gek Moi
HOD (Mother Tongue
Languages)



**Mrs Geraldine
Kong- Toh Xuying**
HOD (Mathematics)



Mr Lee Khai Yin
HOD (Science)



Mdm Marie Ho Mei Ling
Subject Head (Student Leadership) /
HOD English (Covering)



**Mr Tan Meng Kwang
Alvin**
HOD (PE/CCA)



**Mrs Hariani
Salleh**
HOD/ICT



Mr Chua Chee Liang
HOD/CCE

Key Personnel - Instructional Programme



Ms Neoh Wee Ling

Subject Head
(Chinese Language)



Mdm Maslina Mohtar

Subject Head
(Discipline)



**Mrs Chua-
Ang Swee Hong**

Subject Head
(Student Well-being)



**Mrs Janelle Koh-
Chen Hui Qin**

Subject Head
(Data Management)



ANCHOR GREEN PRIMARY SCHOOL

Key Personnel - Student Development Team



Mrs Vara Kalyani
Year Head
(Upper Primary)



Ms Ong Shu Ying
Year Head
(Middle Primary)



**Mdm Siti Farhaana Bte
Mohammad**
Year Head
(Lower Primary)



Ms Shairah Sulaiman
Assistant Year Head
(Middle Primary)



**Mrs Ivy Chong-
Goh Kim Chuan Ivy**
Assistant Year Head Internal
(Lower Primary)

Teacher Leaders



Mrs Audrey Cheng
ST (Mathematics)



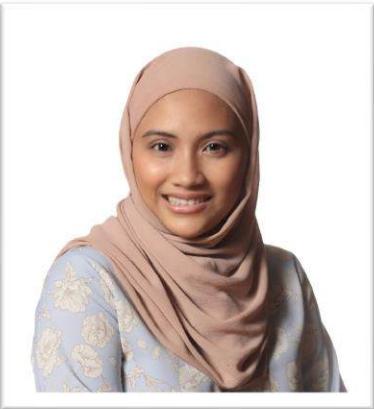
Ms Juliana Teo Yen Yen
ST (High Ability Learners)



Mdm Noraisha Bte Hamzah
ST (Science)



Mr Murlis Bin Sani
ST (Physical Education)



Mdm Nur Martina Bte Ismail
ST (Art)



Mrs Vasundharadevi Reddy
ST (Tamil Language)



Mr Mohamad Firuz Bin Jelaludin
ST (Malay Language)



Mr Mark Reutens
ST (Character and Citizenship Education)

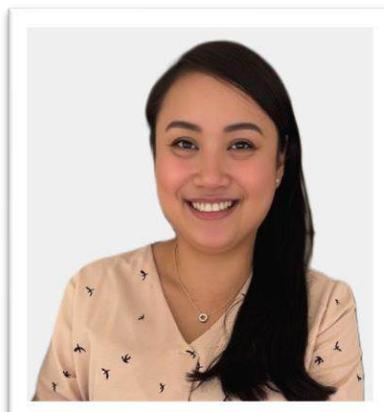
Allied Educators



Mdm Annabelle Seow
Lead SEN Officer



Mdm Ching Zai Ting
Senior SEN Officer



**Mdm Jullizza Binte
Jumahat**
SEN Officer



Ms Rachel Sim
SEN Officer



**Mdm Ong Boon Sze
Clare**
Senior School Counsellor



**Mdm Mun Kwai Sam,
Kathy**
School Counsellor

Management Executive Team



Mr Leong Chee Weng
Admin Manager



**Mdm Leow Chen Cheng,
Jeal**
Operations Manager



**Mr Locanas Francis
Gutierrez**
ICT Manager



ANCHOR GREEN PRIMARY SCHOOL

Our World Our Future



ANCHOR GREEN PRIMARY SCHOOL

Together, we face:

Globally



Major geopolitical shift



Climate change



Revolutionising technology

Locally



Stamp out
vaping



Strengthen support to
maintain a safe and
respectful environment

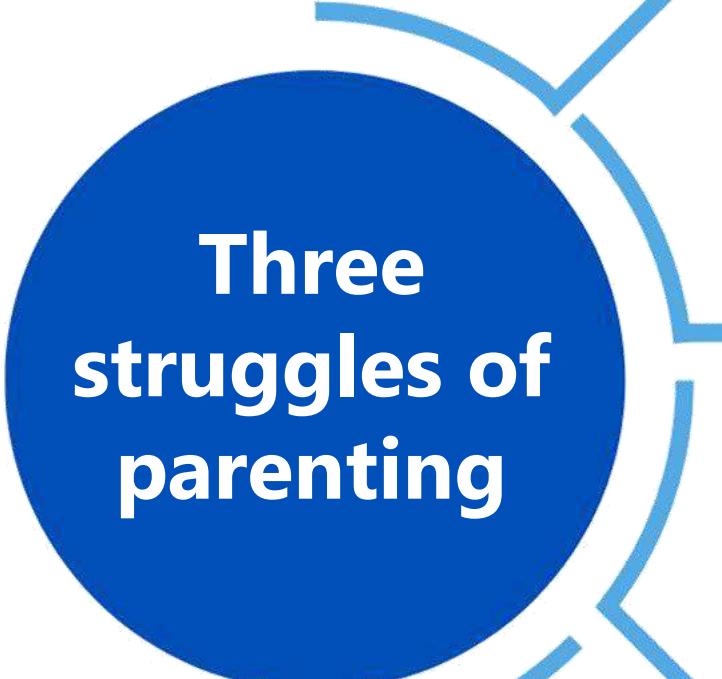


Address excessive
screen time



ANCHOR GREEN PRIMARY SCHOOL

The road ahead will not be easy...



Be
Successful
in Future

Stretch
Potential

Maintain
Well-being

**Parenting has
become
increasingly
complex.**



ANCHOR GREEN PRIMARY SCHOOL

**Helping every child find
success in future**



ANCHOR GREEN PRIMARY SCHOOL

Our education system must also be broad enough to enable all our young people to develop based on their unique talents and strengths, catering to different learning needs and speeds. We want to **give space for our children to love learning and be creative**, rather than chasing a narrow definition of academic success.

October 2025



Desmond Lee
Minister for Education

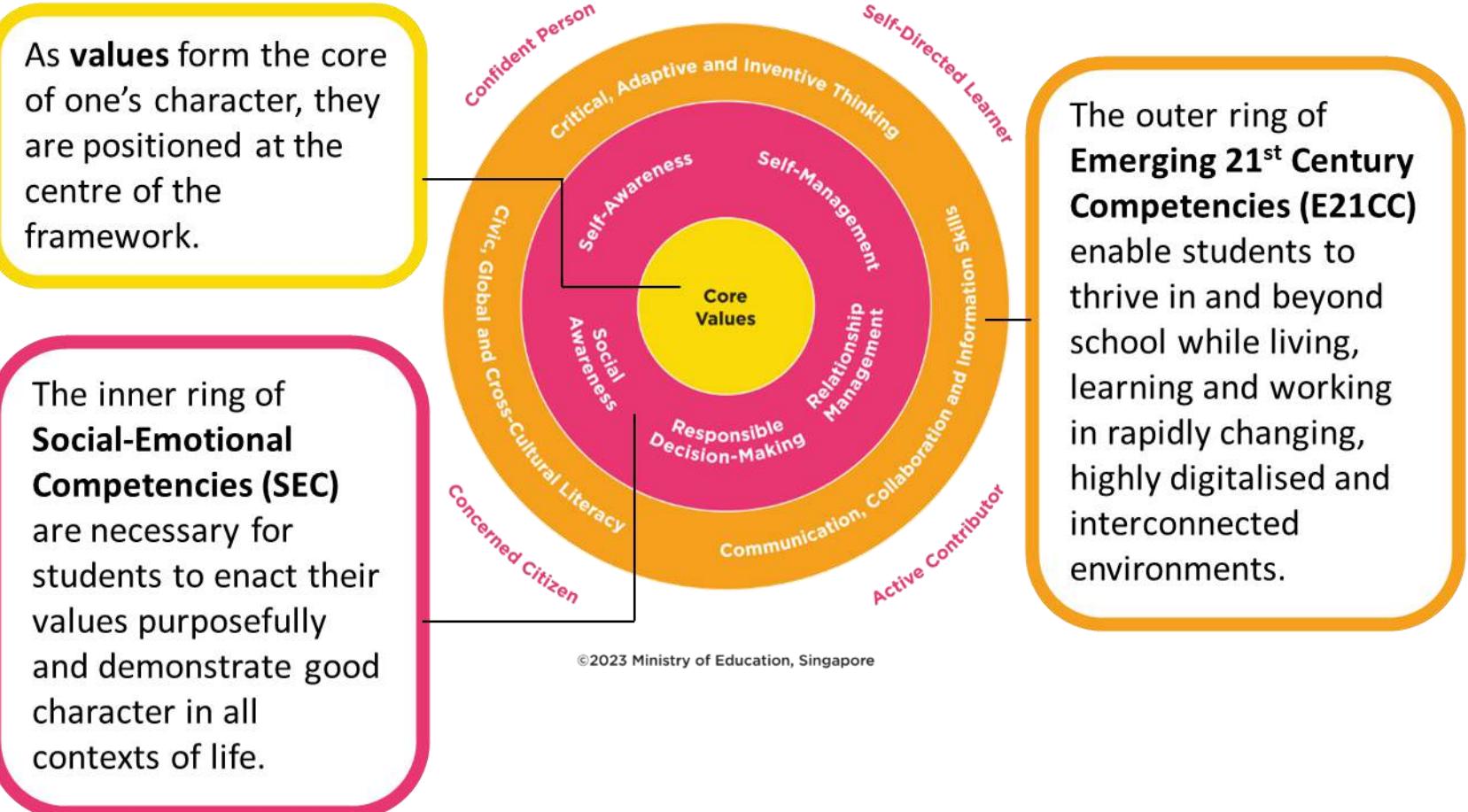


ANCHOR GREEN PRIMARY SCHOOL

The Emerging 21st Century Competencies

Building on a sound character foundation, the following Emerging 21st Century Competencies enable students to thrive in and beyond school while living, learning and working in rapidly changing, highly digitalised, and interconnected environments:

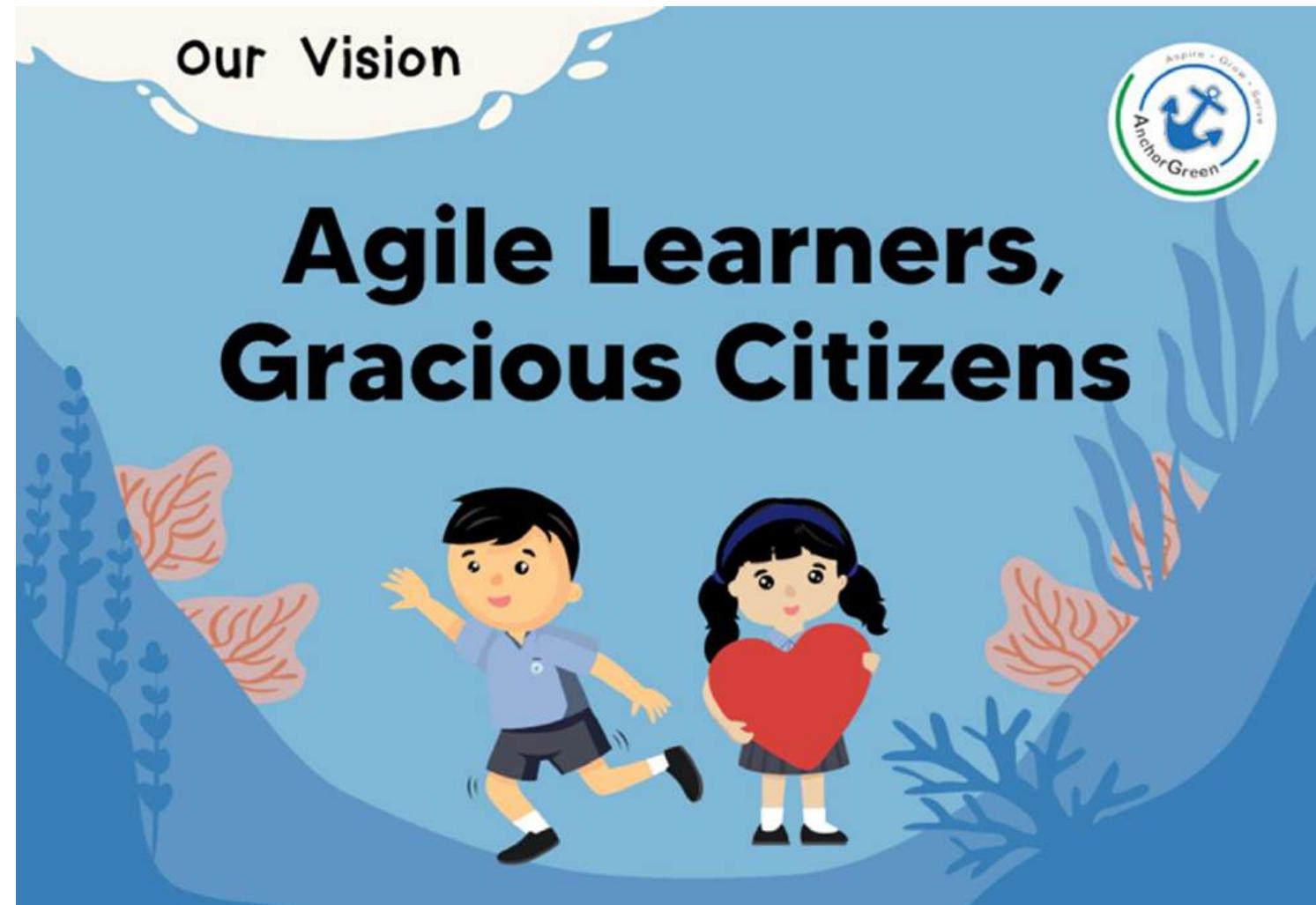
- **Critical, Adaptive and Inventive Thinking**
- **Communication, Collaboration and Information Skills**
- **Civic, Global and Cross-Cultural Literacy**



Moulding the Future of Our Nation

The Singaporean education system aims to bring out the best in every child, regardless of their starting point in life.

At AGPS we aim for our students to be:



ANCHOR GREEN PRIMARY SCHOOL

Agile Learners & Gracious Citizens who are:

Attributes that we aspire for every Anchorlite to possess and thus be future ready for life and work



ANCHOR GREEN PRIMARY SCHOOL

STUDENT OUTCOMES



CRITICAL THINKERS

Anchorlites who are able to analyse real life problems/issues, explore and generate innovative ideas and/or solutions.



RESPONSIBLE CONTRIBUTORS

Anchorlites who are able to show compassion to others and contribute to the community and environment.



RESILIENT EXPLORERS

Anchorlites who are able to persist in the face of challenges.



RESPECTFUL COLLABORATORS

Anchorlites who are able to be receptive to the views of others and work together to achieve shared goals.



Stretch potential



ANCHOR GREEN PRIMARY SCHOOL

How we strive to fulfil our mission

We seek to **equip Anchorlites with necessary skills** to not only take care of their well-being but to **flourish** as aspiring and gracious learners in a positive learning environment.

We want the best for every Anchorlite...
... who work towards their best selves and reach their potential...
... who find **joy** coming to school.



ANCHOR GREEN PRIMARY SCHOOL

Our Mission



Grow Citizens of Character with Innovative Spirit



ANCHOR GREEN PRIMARY SCHOOL

How we strive to
fulfil our mission:

AGPS Learning Dispositions

Nurturing Agile Learners
& Gracious Citizens of
Character with
Innovative Spirit



ANCHOR GREEN PRIMARY SCHOOL

Our Learning Dispositions



Curiosity
Desire to find out more



Creativity
Think outside the box



Collaboration
Work well with others



Consideration
*strive towards improving themselves
and working for the greater good*



**How we strive to
fulfil our mission:**

School Values

We inculcate
A.N.C.H.O.R. Values in
our Anchorlites.



ANCHOR GREEN PRIMARY SCHOOL

A.N.C.H.O.R Values



Agility

- Anticipate problems
- Come up with innovative solutions
- Consider different perspectives or alternatives

iNtegrity

Be truthful in one's words and actions

Care

Be considerate and sensitive towards others' needs and feelings

Humility

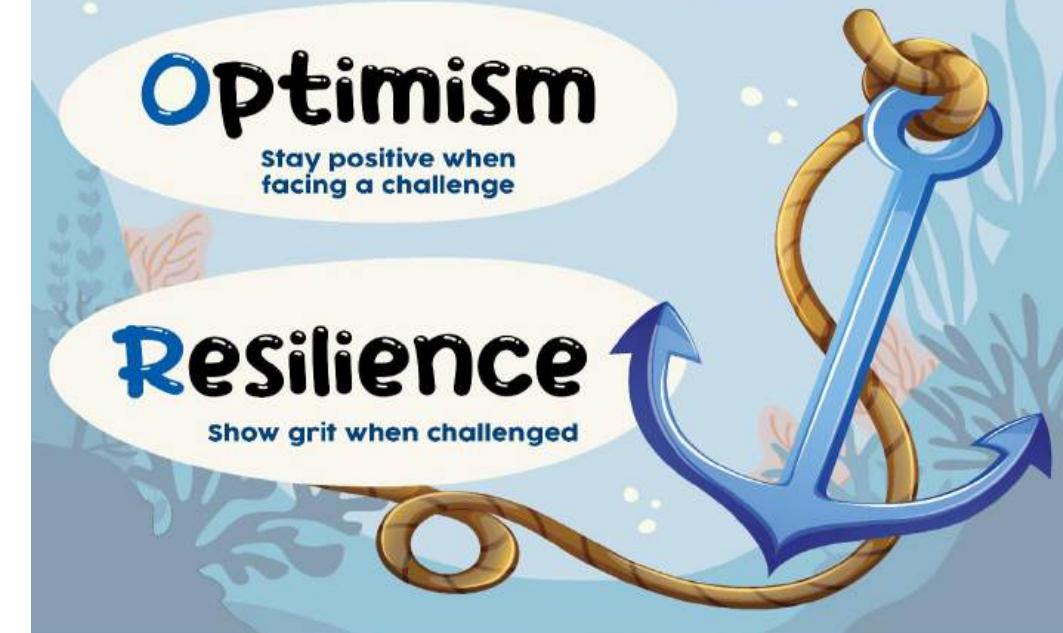
- Open to feedback
- Learn from others

Optimism

Stay positive when facing a challenge

Resilience

Show grit when challenged



How we strive to fulfil our mission?

The school has adopted Positive Education (PosEd) as a school-wide approach to enhance our students' well-being and learning. We are guided by the P.R.O.S.P.E.R. Framework, developed by Noble & McGrath, in our implementation.

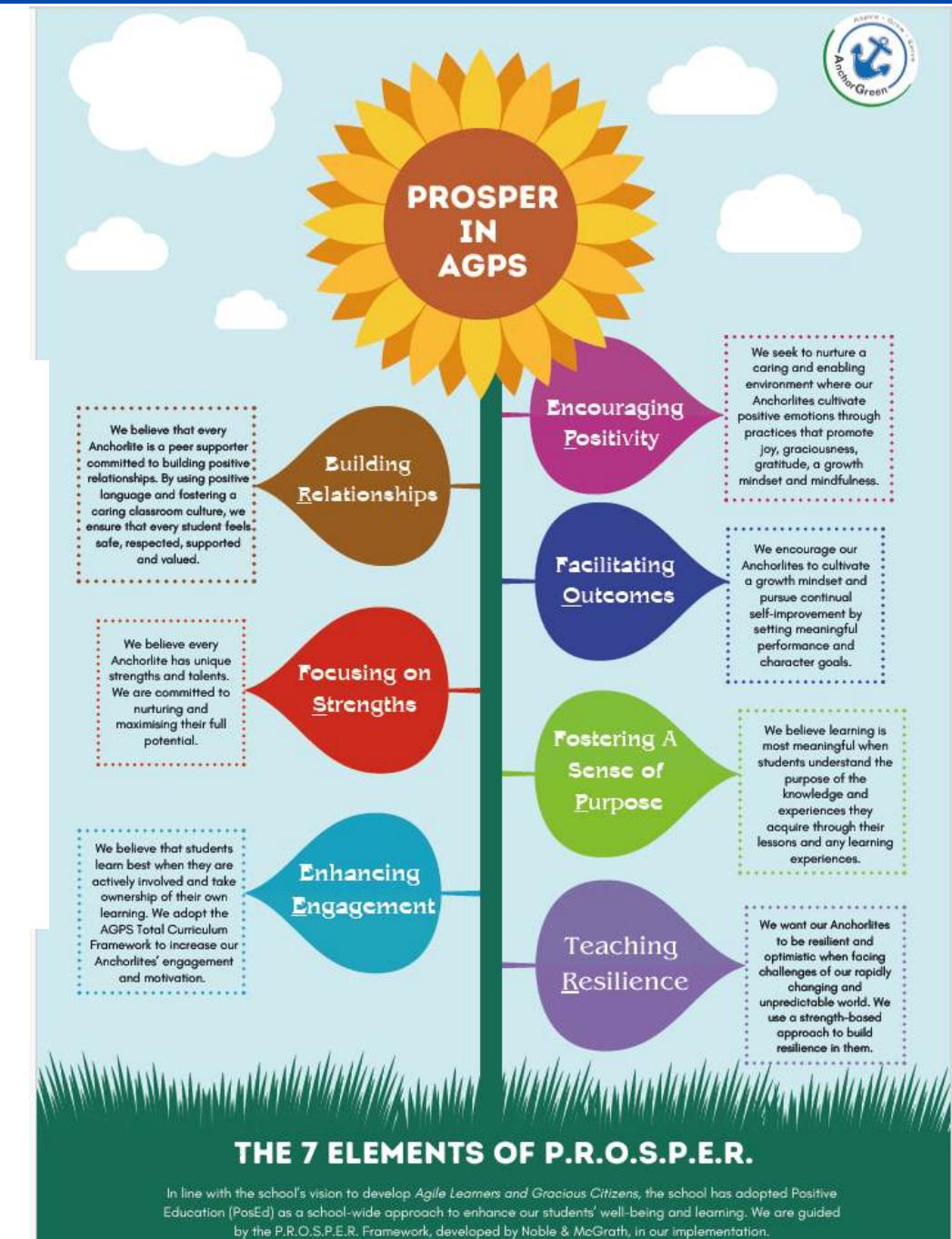
PosEd is a prominent feature in our school's policies and daily practices. Our teachers intentionally teach and imbue elements of positive psychology in their lessons and key Student Development Experiences (SDEs) such as camps and CCAs.



ANCHOR GREEN PRIMARY SCHOOL



<https://go.gov.sg/agpsposed>



Minor Issues: Caning was a punishment of last resort when my toddler son misbehaved

Wesley Cheong

Essentially, **positive discipline is not the lack of negative consequences, but rather, “connect to redirect”**. When parents and child are not at war, that truce is the opportunity to build a foundation of trust and understanding, fulfilling the child’s basic needs of feeling secure and worthy of love.

With the connection, actions taken to redirect negative behaviour become more effective.

When is discipline through punishment appropriate? First, **as a parent, I must understand the child**.

Second, **the child must also understand the parents – their authority, the boundaries instituted and trusting that they are acting for his good**.

Finally, **we follow discipline by restoration**. After every case, we take the time to help our child understand the necessary consequence of the action, reassuring our child of our love, and talking through any feelings of shame or rejection arising to stave off any resentment.

Philosophy – Discipline with CARE



<https://go.gov.sg/discipline-philosophy-and-school-rules>

What is Primary School about?



1

Laying a strong foundation

2

Nurturing holistic individuals and continuous learning

3

Providing learning opportunities, recognising our children's strengths & developing their potential

4

Preparing our children for the future

5

Providing a safe learning environment to support their well-being



ANCHOR GREEN PRIMARY SCHOOL



Holistic development for Primary 1 includes:

Prioritising the development of soft skills, including values, social-emotional competencies and self-help skills

Focusing on building learning dispositions for Lifelong Learning, including curiosity, confidence and nurturing the joy of learning

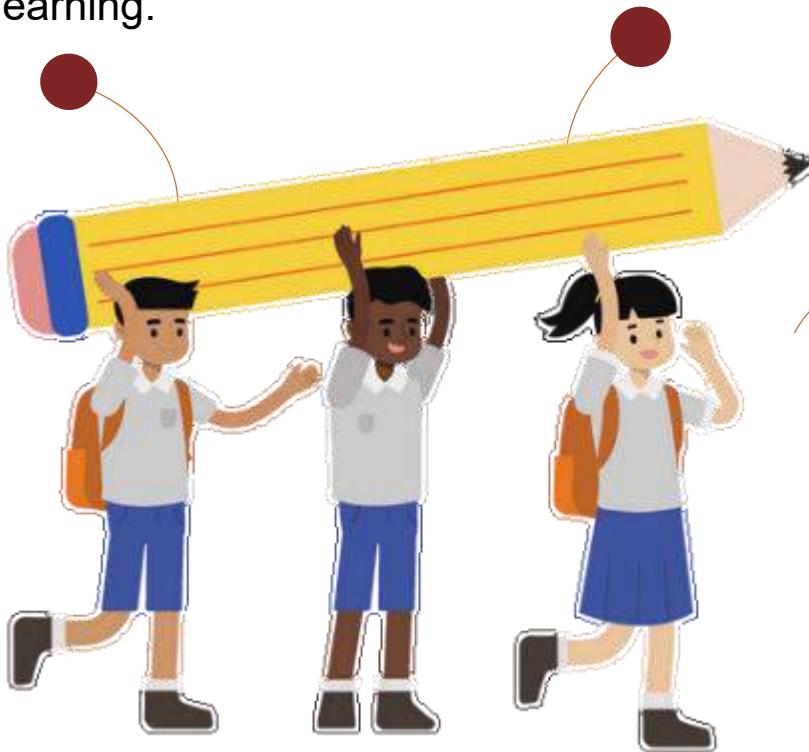
Building strong foundations in literacy and numeracy

Strengthening 21st Century Competencies and Digital Literacy in an age-appropriate manner



Building Strong Foundations: How is it achieved?

Play is an essential feature that taps students' inquisitiveness and ignites a self-sustaining passion for learning.



Teachers **pace** teaching and adopt **developmentally appropriate, engaging pedagogies** to deepen learning.

Differentiated support for children with differing learning needs

No examinations and weighted assessments at P1 and P2 to provide more time and space to settle into a formal school setting, build relationships and develop the necessary skills and attitudes towards learning.

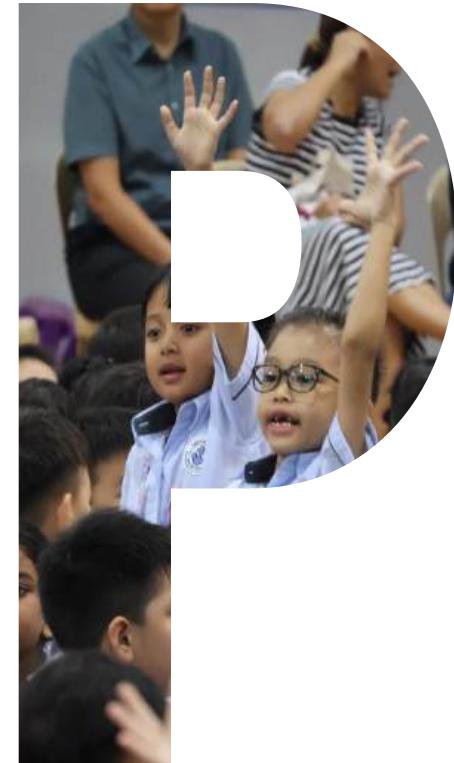


Building Strong Foundations: Knowledge, Skills & Dispositions (KSDs) at the Start of P1

- The lower primary curriculum nurtures students' joy of learning, builds on pre-school foundations, and promotes dispositions and attitudes for lifelong learning.
- The following are professionally determined expectations on what most children should be equipped with at the start of P1. Our teachers will continue to build on these to strengthen our students' foundations and nurture active, curious learners.

						
Values, Social-Emotional Competencies, Citizenship Dispositions	Art	English Language	Mathematics	Mother Tongue Languages	Music	Physical Education
<ul style="list-style-type: none"> Develop understanding of self and manage own behaviours Communicate, interact and build caring and respectful relationships with others Take responsibility for own actions 	<ul style="list-style-type: none"> Enjoy Participating in Art Express Ideas and Feelings through Art Demonstrate Awareness of Art from Different Cultural Groups 	<ul style="list-style-type: none"> Listen and Speak for Enjoyment and Information Read with Enjoyment and Understanding Communicate Ideas and Information through Writing or Using Symbols or Letter-Like Shapes 	<ul style="list-style-type: none"> Basic Understanding of Numbers Up To 10 Compare Quantities Between Two Groups of Objects within 10 Recognise Simple Patterns 	<ul style="list-style-type: none"> Enjoy and Show an Interest in Learning Mother Tongue Language Enjoy and Show an Interest in Listening and Speaking in Mother Tongue Language Demonstrate Awareness of Local Ethnic Culture 	<ul style="list-style-type: none"> Enjoy Participating in Music and Movement Activities Express Ideas and Feelings through Music and Movement Activities Demonstrate Awareness of Music and Movement from Different Cultural Groups 	<ul style="list-style-type: none"> Enjoy Physical Activities Display Coordination in Motor Tasks Demonstrate Awareness of Healthy Habits and Safety

What experiences would your child likely undergo in Primary 1 in AGPS?



ANCHOR GREEN PRIMARY SCHOOL

How we strive to fulfil our mission -
We want Anchorlites to find joy coming
to school.

What experiences would your child likely undergo in Primary 1?



**PAL – Sports and Games
module**
(Innovation)



ANCHOR GREEN PRIMARY SCHOOL



**Music and Art
Celebrate! (MAC!)
(Aesthetics)**



**P1 EL Speech and Drama
(CoGNitive)**

What experiences would your child likely undergo in Primary 1?



**Lower Primary Sports Fiesta
(Physical)**



**P1 Growth Mindset Lessons
(Social)**



ANCHOR GREEN PRIMARY SCHOOL

ALP in AGPS

Environmental Education

(Empowering Anchorlites to Lead Green Change with Heart, Integrity, and Resilience —
Nurturing Values-Driven Leaders for a Sustainable Future.)

Vision

To build a Community of Young Environmental Activists

Focus

Exhibiting graciousness among pupils and staff by encouraging all to contribute to environmental protection through a tiered approach, where specific groups focus on different environmental areas.

Objectives

Helping all students develop a life-long interest in gaining knowledge about the environment through inquiry, investigation and experimentation in the infusion across subject disciplines.

Empowering Learners to be Environmental Activists

Learning about nature and its wonders.
Instill a love for biodiversity and spread it at home, in school and the community.

Green Cops



Rrescuers

Learning about how the 3 Rs can help save the environment.
Instill positive habits to reduce waste at home, school and community.

Food Composting Programme



Love Your Food & Clean Plate Programme



Recycling Efforts





Water Heroes

Learning about our 4 water taps and its impact on living things.
Instill positive habits on water conservation in school, at home and the community.

World Water Day with PUB



Water Education Learning Packages



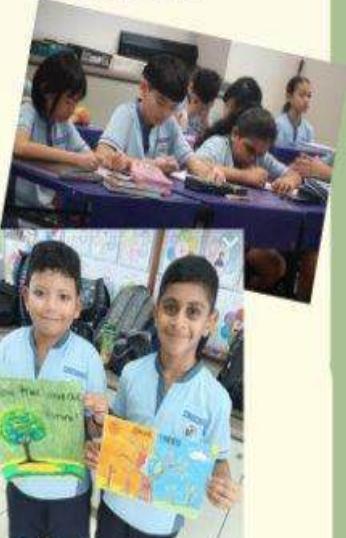
Adopt a Plot



Water Conservation Community Outreach



Biodiversity Conservation Outreach



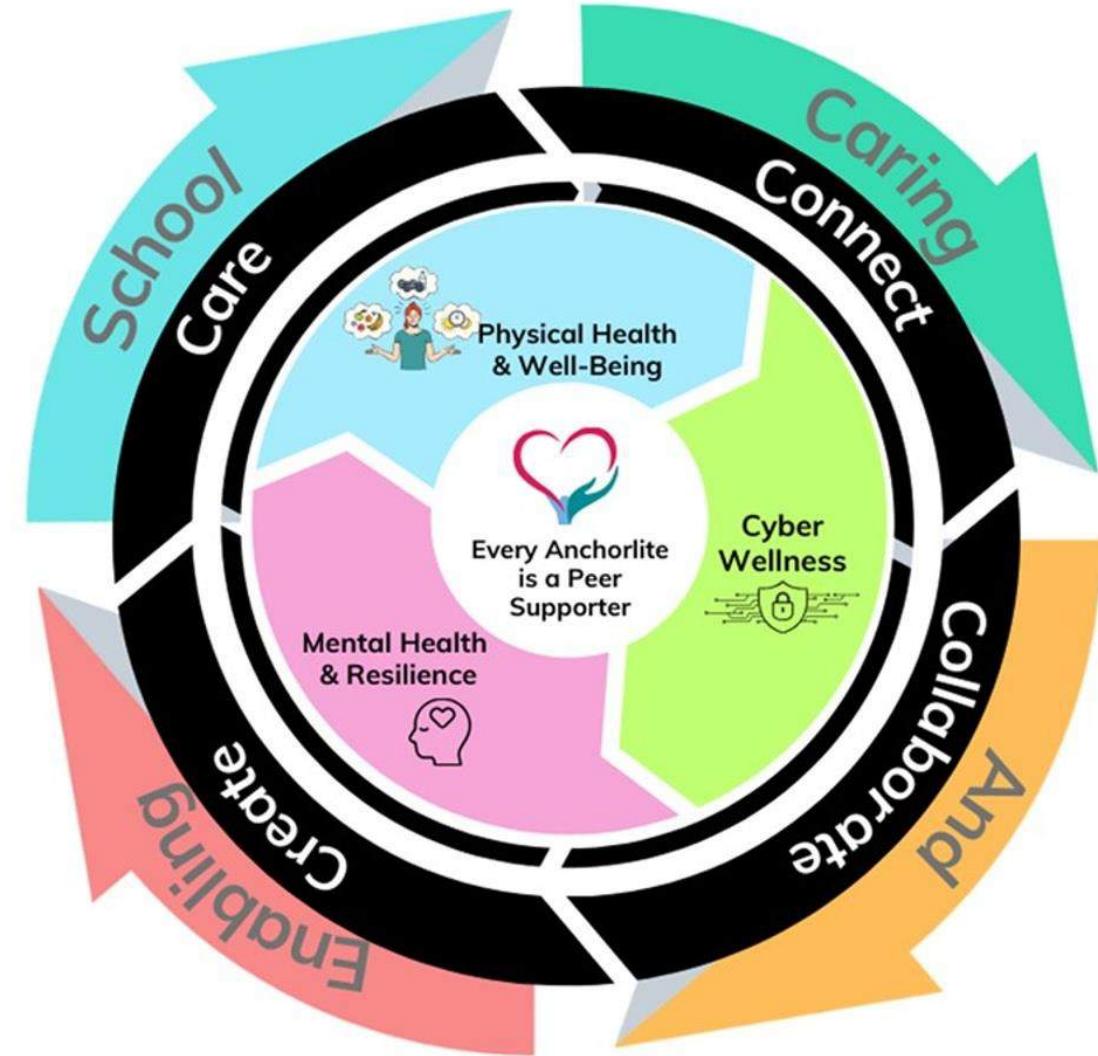
Maintain Well-being



ANCHOR GREEN PRIMARY SCHOOL

AGPS Holistic Student Well-being

At AGPS, student well-being is at the heart of what we do. Our framework is built on the belief that **“Every Anchorlite is a Peer Supporter”**, empowering every student to play an active role in creating a supportive and inclusive school environment.



AGPS HOLISTIC STUDENT WELL BEING



ANCHOR GREEN PRIMARY SCHOOL

Working together to promote each child's wellbeing

Nurturing Values and Positive Attitudes

Values guide our words and actions, and develop character strengths and dispositions. You can encourage your child to:



Reflect on how to show care and concern, and respect for their friends and family members



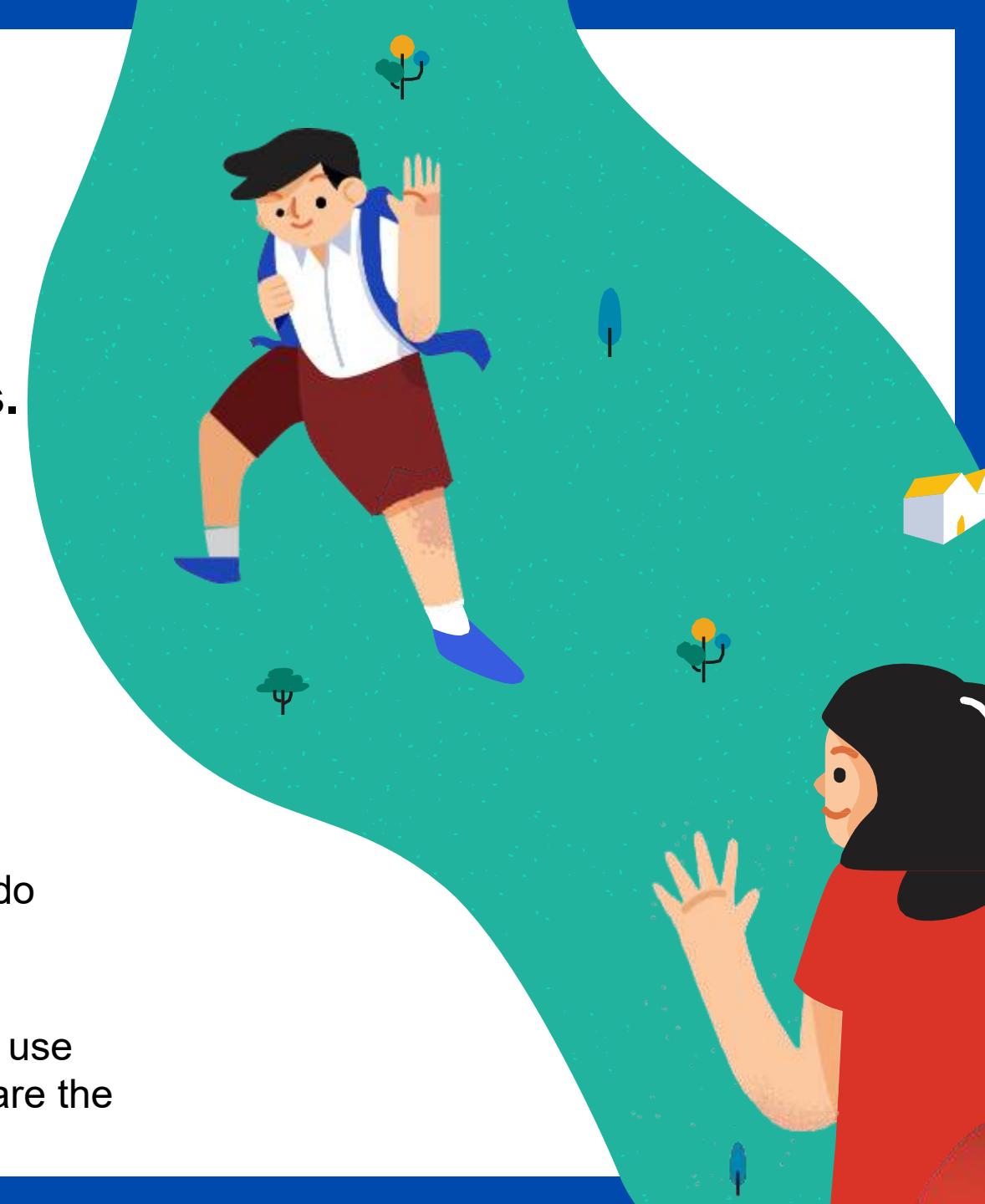
Ask questions about their experiences in school, at home and of the world around them



Reflect on learning experiences and try ways to do something better



Persevere even when faced with challenges and use these experiences as a teachable moment to share the importance of building resilience in life



Positive Education At Home

Use positive and life-giving words & tone

Affirm and praise effort and hard work

Role model positivity - See, Think, Say & Do Positive

Encourage growth mindset, generosity, graciousness, gratitude and grit

Celebrate big and small successes (Glow!)



We can guard against perfectionistic tendencies

[Hong (2016) – NUS study of 300 pri students]



- “A striving for excellence and setting extremely high standards for performance, accompanied with a tendency to evaluate one’s self-worth on the ability to achieve those standards”

- Toxic - associated with:

- Depression, Anxiety, Suicide ideation / Self harm, Obsessive compulsive disorder, Eating disorders, General distress

- Strong normative pressure to perform academically in Singapore

- Intrusive/controlling parenting style:

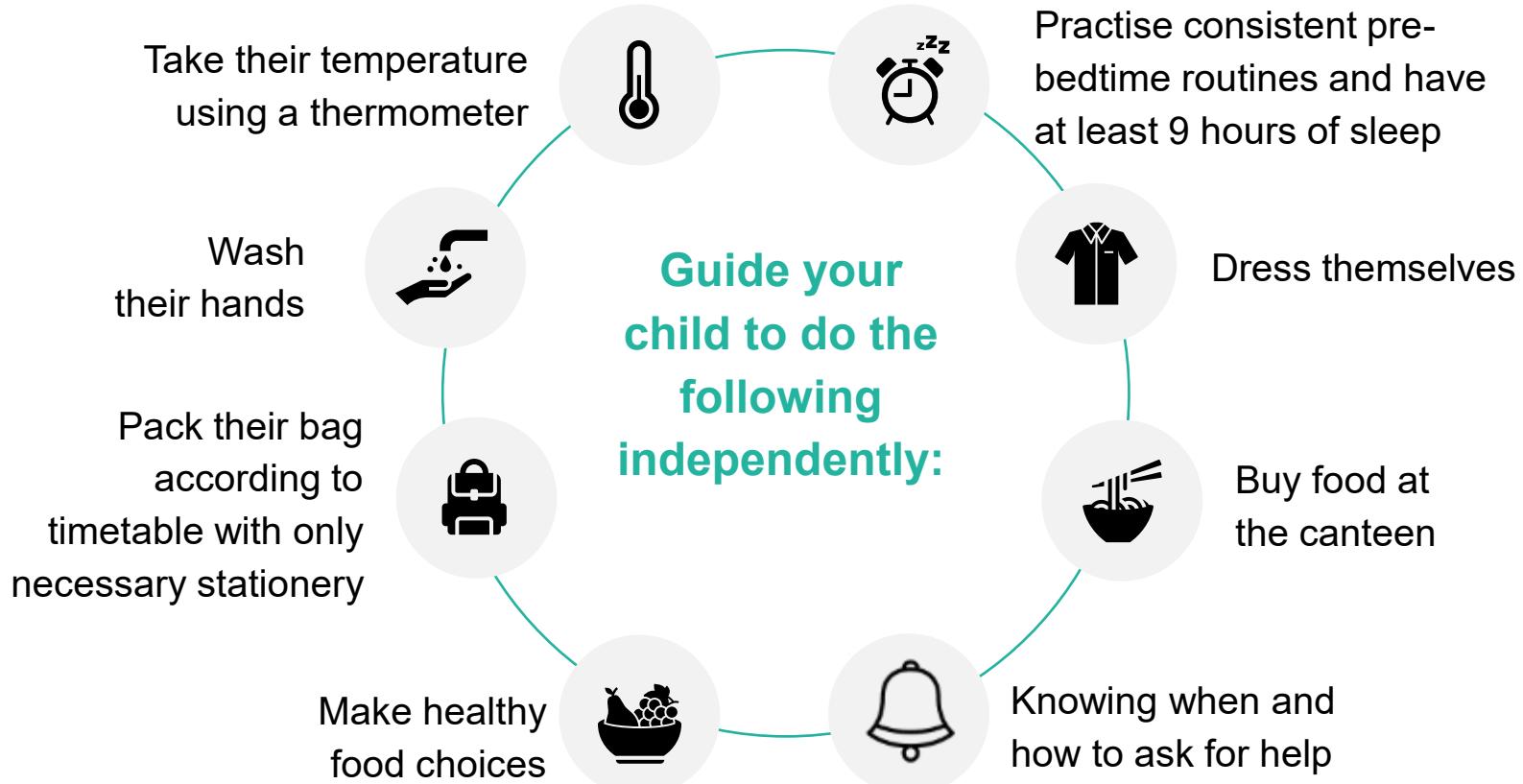
- Signals to children that they are not good enough
 - Child becomes afraid of making mistakes
 - Blames himself or herself for not meeting expectations
 - Increases the risk of depression and anxiety



ANCHOR GREEN PRIMARY SCHOOL

Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.



We augment national
cyber wellness efforts
with our whole-school
cyber wellness efforts.

We invite our parents
to partner with us.

We start by putting in
safeguards for digital
device use.



ANCHOR GREEN PRIMARY SCHOOL



<https://for.edu.sg/agpscychowellness>

Did you know?

67% of children aged seven to nine in Singapore use smartphones every day, and are active on social media

Parents might not be aware, but...

1 in 3 children has chatted with strangers online

1 in 3 children has been exposed to pornographic materials

1 in 4 children has overshared their personal information

DEVICES USED DAILY BY CHILDREN (%)

	Overall	Aged 7 to 9	Aged 10 to 12	Aged 13 to 16
Smartphone	84	67	85	98
Personal laptop	32	13	30	51
Family laptop	36	44	37	27
Tablet/iPad	52	65	51	40
Others	5	7	5	5

Source: MLC-TOUCH Parent Child Poll Findings, 22 Aug 2023



ANCHOR GREEN PRIMARY SCHOOL

Parents are important partners in education

- Trust is the foundation
- Remember the child as our focus
- Understand our shared responsibilities
- Seek common ground
- Together, we work towards common goals



ANCHOR GREEN PRIMARY SCHOOL



Parenting for Wellness

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The screenshot shows the homepage of the Parenting for Wellness website. At the top, there are navigation links for 'About Us', 'Resources', and 'Helpline', along with a 'Sign up for Personalised Access' button. On the left, there's a logo for 'you've got this!' and a 'parenting' icon. The main heading 'WELCOME TO PARENTING FOR WELLNESS' is displayed in large, bold letters. Below it, a subtext reads: 'A toolbox of practical tips for you to support your child's well-being and navigate parenting in this digital age.' A grid of 11 modules is shown, each with an illustration and a title:

- MODULE 1: Understanding Yourself as a Parent
- MODULE 2: Developing and Strengthening Your Parent-Child Relationship
- MODULE 3: Guiding Your Child's Behaviour
- MODULE 4: Helping Your Child Develop Independence and Social Skills
- MODULE 5: Supporting Your Child in Building Resilience
- MODULE 6: Understanding Your Child's Mental Health and Well-Being
- MODULE 7: Supporting Your Child in Managing Their Mental Health and Well-Being
- MODULE 8: Caring for Yourself
- MODULE 9
- MODULE 10
- MODULE 11

The screenshot shows a personalized dashboard on the Parenting for Wellness website. It features three recommended modules from the toolbox:

- Helping Your Child Build Healthy Relationships**: Includes tips like 'Three You Can Do' (e.g., set aside time to play together, encourage your child to express their feelings), '4 Simple Areas', and 'Sleep'.
- Helping Your Child Develop Good Daily Habits**: Includes tips like 'Three You Can Do' (e.g., establish routines, encourage your child to eat healthy foods, help your child develop good hygiene habits), '4 Simple Areas', and 'Sleep'.
- Supporting Your Child in Performing Age-Appropriate Tasks**: Includes tips like 'Three You Can Do' (e.g., encourage your child to take on responsibilities, teach your child how to clean up after themselves, encourage your child to help with chores), '4 Simple Areas', and 'Sleep'.

The **Toolbox** for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.

The **Website** offers **customised tips and resources tailored for individual parent**, including curated module recommendations, and allows you to easily track your parenting journey through a personalised dashboard.

Toolbox



Website





Begin your parenting journey with us

@parentingwith.moesg

Follow us on Instagram for bite-sized and actionable parenting tips to tackle the everyday demands of parenting.





Join Us! Parent Support Group (PSG)

A team of dedicated parents supporting one another in nurturing their children. Connect, share, and learn with fellow parents by getting involved in school-based initiatives and building a strong support network.



<https://go.gov.sg/agpspsgform>

ANCHOR GREEN PRIMARY SCHOOL

AGPS Facebook/Instagram

FOLLOW US



<https://go.gov.sg/agpsig>

AGPS INSTAGRAM



ANCHOR GREEN PRIMARY SCHOOL



<https://go.gov.sg/agpsfb>

AGPS Facebook

Think of parenting like flying a kite



Just as a kite needs both the anchor of the string and the freedom of the sky, children need parents who are there when needed but also empower them to become independent.

The key is balance—being present to steady them when the winds get rough while also allowing them the space to navigate their own flight.



ANCHOR GREEN PRIMARY SCHOOL

THANK YOU!



ANCHOR GREEN PRIMARY SCHOOL

