

Welcome  
back  
Class of  
2025!





聖公會中學校友會

ANGLICAN HIGH SCHOOL  
ALUMNI ASSOCIATION

# Join Us!

Contribute & serve the AHS community as a  
**Young Alumni:**

1. Study Buddy Mentorship
1. CCA Mentorship
1. Support & organise school events



**Sign up link has also  
been sent via your  
class WA group**





欢迎融入  
圣中校友大家庭！





饮水思源

Giving thanks to  
your parents and  
teachers ☺

感谢父母

**Remember that while everyone's  
educational journey is different,  
we can each have a fulfilling outcome!**



# Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support you.



<https://go.gov.sg/olevelstudentresource>

# Thinking about Your Next Step?

## Consider these questions...

In the infographic, you can find resources which can help you make informed decisions.



Where do I want to go?

Who am I?

How Do I Get There?



## PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure  
<https://go.gov.sg/whats-next-olevel>



- Contact the ECG Centre @ MOE  
<https://go.gov.sg/moe-ecg-centre>

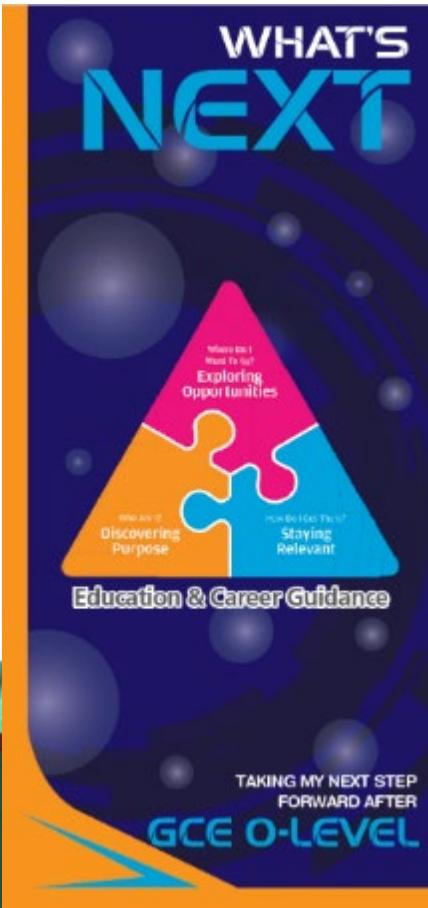


- MySkillsFuture Student Portal  
<https://go.gov.sg/MySFSec>



- Chat with your school's ECG Counsellor

# Resources to help you make informed decisions



## PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:

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- Chat with your school's ECG Counsellor



## MySkillsFuture Student Portal

Use the information and tools to explore various education and career pathways and take charge of your future.

# Details of Admissions Exercises

You can find the details of the various admissions exercises from the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:  
<https://www.moe.gov.sg/post-secondary/admissions>

- Joint Admissions Exercise (JAE)
- Joint Intake Exercise (JIE) ‘O’
- Nanyang Academy of Fine Arts (NAFA)
- LASALLE College of the Arts (LASALLE)



The image shows the cover of the booklet. It has a blue header with the title 'A Guide to Post-Secondary Admissions Exercises' and the Ministry of Education logo. The main body is white with a blue footer containing text and an illustration of two people at a crossroads with arrows pointing different directions.

# Resources to help students make informed decisions

Learn more about the  
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

# Joint Admission Exercise (JAE) 2026

## Things to note



# Joint Admission Exercise (JAE) 2026

- Students who wish to apply for admission to junior colleges (JC), Millennia Institute (MI), polytechnics, and the Institute of Technical Education (ITE) may do so via the Joint Admissions Exercise (JAE) using their GCE O-Level examination results.
- Eligible school and private candidates will receive a digital copy of Form A via their registered email addresses from **2.45pm on 14 January 2026**. All candidates eligible for JAE may also download a copy of Form A from the JAE-Internet System (JAE-IS) during the application period.

# Joint Admission Exercise (JAE) 2026

- The JAE-IS will be accessible from 4pm on 14 January 2026, to 4.30pm on 19 January 2026 for applicants to submit their course choices through the JAE website at [www.moe.gov.sg/jae](http://www.moe.gov.sg/jae).
- Applicants are strongly encouraged to complete the JAE worksheet ([www.moe.gov.sg/jaeworksheet](http://www.moe.gov.sg/jaeworksheet)) before submitting their online application. The JAE-IS can be accessed using Singpass.
- Applicants are advised to make full use of the 12 choices where applicable.

# Joint Admission Exercise (JAE) 2026

- The posting results of the JAE application will be released on **3 February 2026** via: JAE-IS, which is accessible through the JAE website
- Short Message Service (SMS) to the Singapore mobile phone number provided by the applicant during application



# Joint Admission Exercise (JAE) 2026

- Applicants posted to JC s and MI are to report to their posted institutions on 4 February 2026. If they are unable to do so due to valid reasons, they should contact their posted school directly to confirm that they are taking up the place, and the school will reserve the place for them.
- Applicants posted to ITE will receive an email with enrolment instructions on 3 February 2026, and applicants posted to polytechnics will receive their enrolment email by end-February 2026.

# Joint Admission Exercise (JAE) 2026

From Tue, 3 Feb 2026

## Appeal process

To appeal for a place in a JC or MI

Approach the school of your choice directly.

To appeal for a place in a polytechnic or the ITE

Apply on the [JAE Online Appeal Portal](#) from 9am on Tuesday, 3 February 2026 to 4pm on Friday, 6 February 2026.



<https://go.gov.sg/jaeappeal-poly-ite>

# Concerned About Your Next Steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.
- Remember that the O-Level examination is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

**Managing your emotions**

**When you receive your results, you may experience a range of emotions.**

**Managing these emotions well will allow you to stay calm and make rational decisions.**

# Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as your parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



*Who can we  
go to for ECG  
advice?*

Make an appointment to speak  
with your ECG Counsellor in school

OR

The ECG Centre @ MOE offers  
online or phone ECG counselling  
services. Make an appointment via  
[go.gov.sg/moe-ecg-centre](http://go.gov.sg/moe-ecg-centre)



# Reaching out for support is a sign of strength



## Ms. Stephanie Goh

Venue: PS23 Meeting Room  
Counselling Hours: 3.30pm to 5.00pm  
Monday and Wednesday  
Email:[peylene\\_stephanie\\_goh@schools.gov.sg](mailto:peylene_stephanie_goh@schools.gov.sg)



Scan QR code to book appointment

# JC / MI Open House Dates

ASRJC	13 Jan 2026	10am to 5pm
ACJC	13 Jan 2026	12pm to 5pm
CJC	15 Jan 2026	9am to 4pm
DHS	17 Jan 2026	9am to 1pm
EJC	16 Jan 2026	10am to 4pm
HCI	16 Jan 2026	12pm to 4pm
JPJC	16 Jan 2026	10am to 4pm
NYJC	15 Jan 2026	9am to 3pm

Please double check the JC websites for more details and confirmed timings

# JC / MI Open House Dates

NJC	17 Jan 2026	10am to 2pm
RI	15 Jan 2026	10am to 2:30pm
SAJC	15 Jan 2026	9am to 3pm
SJI (IB)	17 Jan 2026	9am to 3pm
TMJC	15 Jan 2026	10am to 3pm
TJC	16 Jan 2026	12:30pm to 4pm
VJC	10 Jan 2026	9am to 1pm

Please double check the JC websites for more details and confirmed timings

# Polytechnics Open House 2026

Institution	Dates / Timings
	<b>8 – 10 January</b> Thurs & Sat: 10am – 6pm Fri: 12pm – 10pm
	<b>8 – 10 January</b> Thurs & Fri: 10am – 6pm Sat : 10am – 5pm
	<b>8 – 10 January</b> 10am – 6pm
	<b>8 – 10 January</b> 10am – 6pm
	<b>8 – 10 January: 10am – 6pm</b> <b>9 January: 10am – 8.30pm</b>

# Details of CLEP-JC

- CLEP-JC provides a wide range of activities to enhance students' learning and cultivate a deeper interest in Chinese language and culture
- To be eligible for this programme, students who have obtained at least one of the following grades in the GCE O-Level examination:
  - Grade B3 in Higher Chinese (HCL).
  - Grade B4 in HCL and B3 in Literature in Chinese (full or elective subject)
  - Grade A2 in Chinese (CL)



# CLEP-JC Briefings

LEP	Date	LEP School	Time of LEP Briefing and/or Booth and Venue	Name and Email Address of Teacher-in-charge
CLEP	17 Jan 2026 (Sat)	Dunman High School	11.45am – 12.30pm LT1, Blk B Level 2	Mdm Hong Lan <a href="mailto:hong.lan@dhs.edu.sg">hong.lan@dhs.edu.sg</a>
	16 Jan 2026 (Fri)	Hwa Chong Institution (College)	3.00pm – 3.30pm LT4 (College)	Ms Yeo Tan Ching <a href="mailto:yeotc@hci.edu.sg">yeotc@hci.edu.sg</a>
	16 Jan 2026 (Fri)	Jurong Pioneer Junior College	10.00am – 4.00pm CLEP Room, School Hall	Mrs Tan-Lim Soh Whee <a href="mailto:tan-lim_soh_whee@moe.edu.sg">tan-lim_soh_whee@moe.edu.sg</a>
	15 Jan 2026 (Fri)	Nanyang Junior College	11.00am – 12.00pm CLEP Room	Mdm Tan Choon Yan <a href="mailto:tan_choon_yan@moe.edu.sg">tan_choon_yan@moe.edu.sg</a>
	16 Jan 2026 (Fri)	Temasek Junior College	1 <sup>st</sup> session: 2.00pm 2 <sup>nd</sup> Session: 3.30pm CLEP Room (J105)	Mr Pan Xu <a href="mailto:Pam_xu@moe.edu.sg">Pam_xu@moe.edu.sg</a>

# MOE Pre-University Scholarship

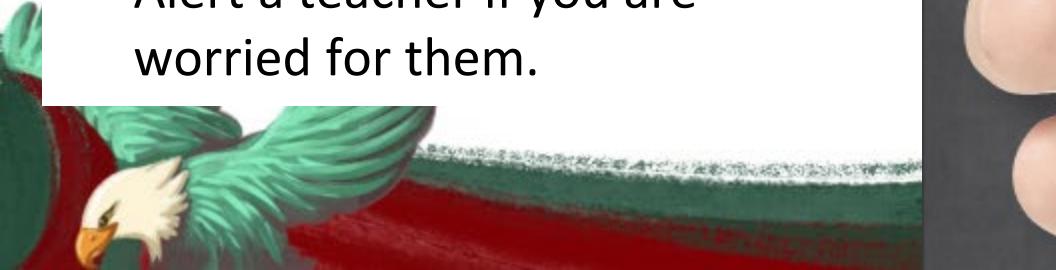
- Scholarships of up to \$2,400 per year are offered to top-performing Pre-University 1 students.
- Eligibility:
  - Singapore Citizen
  - L1R5 of 8 points before bonus points deduction
  - Good CCA record
  - Good conduct record
- Application for 2026 cycle will start in mid-Jan 2026 with interviews in late April-May.
- More details are available from:  
<https://www.moe.gov.sg/financial-matters/awards-scholarships/moe-pre-u-scholarship>



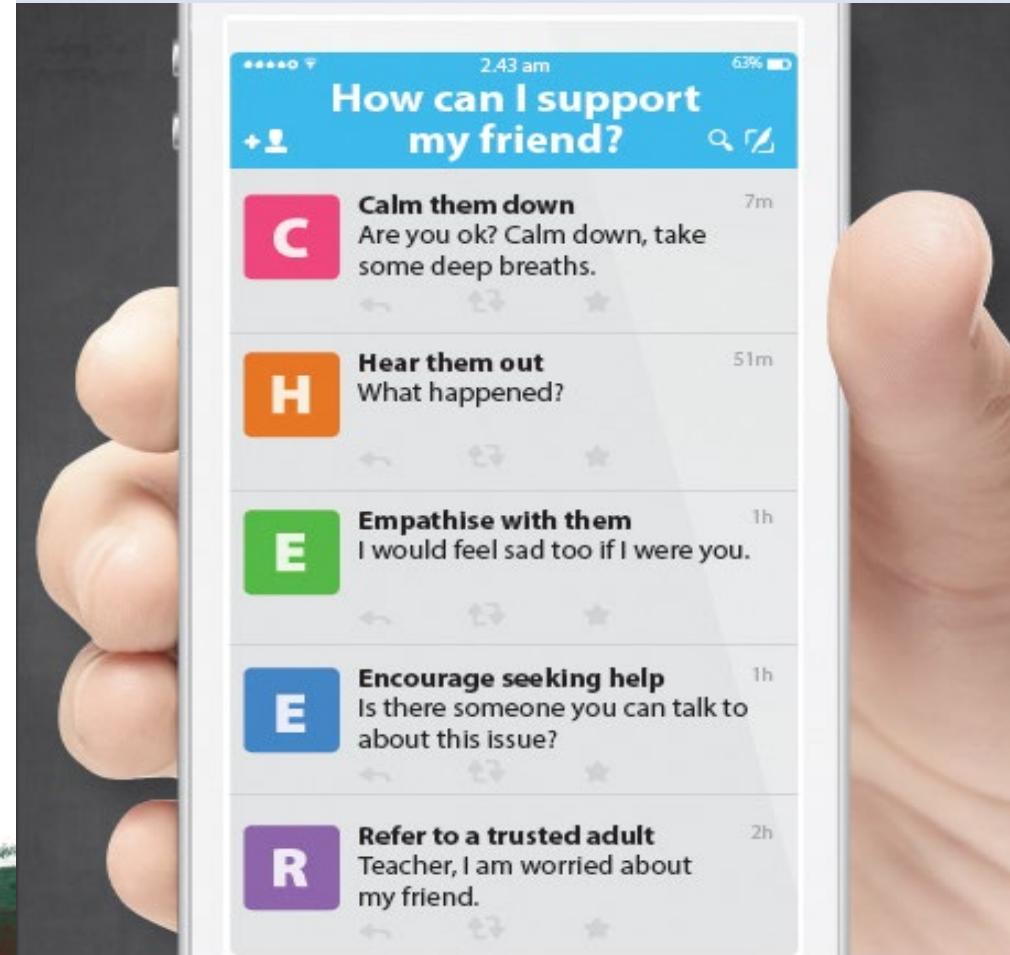
<https://go.gov.sg/moe-pre-u-scholarship>

# Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:





# Keep a lookout for some of these signs in your peers or in yourself

**Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:**

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- Deliberately avoiding others
- Increased irritability, restlessness, agitation, stress and anxiety
- Sending or posting moody messages on social media
- Talking about death or dying
- Reacting differently or gradually losing interest in things they used to like
- Eating more than usual or having a much reduced appetite
- Sleep pattern changes with difficulty falling asleep or oversleeping
- Slowing down of energy levels

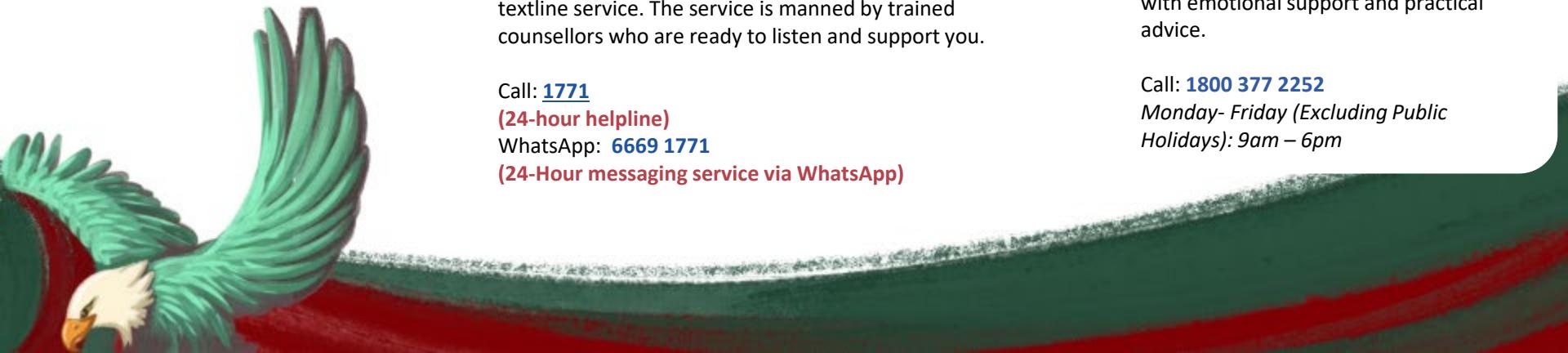
If you notice any of these signs in yourself or your friends,  
**have a chat with your School Counsellor or teacher.**

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**  
For cyber wellness related matters, call Help123 at **1800-612-3123\*** or email **hello@help123.sg**

\*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.



# There are other hotlines and chats available if you are more comfortable seeking help using these platforms.



**SOS** provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**  
**(24-hour helpline)**

WhatsApp: **9151 1767**  
**(24-hour Care Text)**

**Community Health Assessment Team (CHAT)** provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at \*Scape, 2 Orchard Link, #0407**  
Call: **6493 6500 / 6501**  
Email: **chat@mentalhealth.sg**

**Mindline** is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**  
**(24-hour helpline)**  
WhatsApp: **6669 1771**  
**(24-Hour messaging service via WhatsApp)**

**Carey** is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg>

**eC2** is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: [www.ec2.sg](http://www.ec2.sg)  
*Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm*

**TOUCHline** is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**  
*Monday- Friday (Excluding Public Holidays): 9am – 6pm*

A colorful illustration featuring a row of books of various sizes and colors (red, green, yellow, blue) standing on a green surface. Small white human figures are interacting with the books: some are climbing on top, one is holding a flag, and others are walking by. The background is plain white.

**The O-Level examination is  
one milestone in your  
education journey, and  
there are many more  
exciting pathways ahead.**

**Your future holds many  
opportunities waiting to be  
discovered!**

# Additional resources to help you make informed decisions

## About Discover On My Way:

Discover your **education and career interests** and chart your personal and professional future with Discover On My Way! **Explore** different careers, **connect** with industry professionals and peers, and **get firsthand exposure** at various job roles. *Let's get you on your way to Discover-ing!*

What to study?

**Still figuring out your future?**

What career to pursue?

Join programmes organised by NYC and our partners to meet professionals from various industries & youth on the same journey as you.



Learning Journey to  
**\*SCAPE & ChaPanda**



SEAcret Gatherings



Industry Connects With Grab SG



<https://discover.nyc.gov.sg/omw>