

# RESOURCES FOR PARENTS

## TIPS FOR PARENTS TO HAVE ECG CONVERSATIONS WITH THEIR CHILD (SECONDARY)



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Click the images under useful resources to access them.

As parents, be a facilitator and encourager, rather than a “director” of your child’s decision. Manage your own expectation of your child, while being careful not to project your own expectation on him/her.

### Discovering Purpose

**Guide your children to make informed decisions and own them**

Pay attention to the values, interests, strengths, personality and skills (VIPS) your children display in various activities and interactions and affirm them to build their confidence. Discuss important considerations with your children when they are making education and career decisions. Empower them to take ownership of their goals.

**What are your favourite subjects and Co-Curricular Activities? What do you like about them?**

**How would you want to make a difference in our community?**

**What do you think your strengths/skills are? What do others think your strengths/skills are?**



**How would you like me to support you?**

**How do you think you can get the relevant experience in the industries or careers you are interested in?**



### Exploring Opportunities

**Encourage your children to explore the world of work**

Encourage and support your children in exploring different industries and careers by allowing them to be exposed to a broad spectrum of industries and careers. This allows your children to gain a better understanding of their values, interests, strengths, personality and skills (VIPS) and guides them in exploring future opportunities.

### Staying Relevant

**Embrace lifelong learning and develop your children’s future-ready skills**

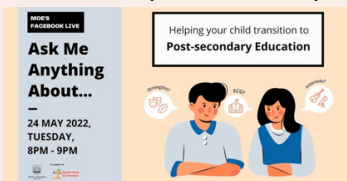
Journey with your children through triumphs and challenges in their education and career journey. Celebrate their efforts and encourage them to reframe setbacks as opportunities. Encourage them to keep their minds open to new options and think of alternative plans, instead of being fixated on one option. Help your children see that they can grow and improve with effort and perseverance, and that they can build on opportunities for them to develop themselves as a lifelong learner, as they move towards living a purposeful life.

**What are the setbacks/failures you have faced that taught you something? Can I share about a setback I experienced that helped me grow?**



### Useful Resources

**1** How can we support our children as they explore, decide and transit to a post-secondary education pathway?



Hear from our Lead ECG Counselling Manager, and a father of three on practical tips to do so!

**2** What is success? How can we support our children to be successful future-ready individuals?



Learn more from Minister of State Sun Xueling, and a panel of individuals who have chosen a career path not dependent on grades.



**3** [For more conversation tips, check out this parent guide.](#)

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