

Aspire



WARMEST GREETINGS TO ALL!

PRINCIPAL'S MESSAGE

Mrs Tan-Lim Kim Gek
PRINCIPAL
YOUR PARTNER-IN-EDUCATION

The school has been abuzz with many exciting programmes since the year began. When our students returned to school they experienced our Get-It-Right (GIR) Programme. The programme aims to give our students an opportunity to get to know their peers, teachers and expectations in order to start the year on a good note. Throughout this semester, our students have celebrated together as they rang in Chinese New Year as well as reaffirmed their love for reading and books on Come as a Character Day. We are also especially proud of the student-led project 'Zero Plastic Day' which was carried out to spread the important message of environmental conservation.

We are also especially excited that the National School Games have resumed and we will be rooting as a Bendemeer family for all our sports teams. Our aesthetic clubs are also busy preparing for the SYF presentations that will be held later this year.

Truly, there is never a dull moment here in Bendemeer Primary.

Encapsulating all these opportunities and platforms is the Bendemeer Experience. Where educating our

students centres on the belief that each student is unique and their individual abilities differ widely. This year's focus is 'Know me. Affirm me. Nurture me.' Through this, we hope to understand the unique profile of each student better and cater more effectively to their needs. By affirming our students, we hope to build their confidence and in turn promote positive motivation for them to succeed and follow their dreams. We know our students of Bendemeer are capable of great things. We want our students to also be nurtured well and develop in themselves our ASPIRE values of Adaptability, Self-Discipline, Passion, Integrity, Resilience and Empathy. This is our Bendemeer experience.

I am confident that with the continued support of our valued stakeholders, the unwavering dedication of the staff in Bendemeer and our commitment to provide the Bendemeer experience, our students will truly live up to being a gracious community of passionate learners and confident leaders.

Once again, I thank you for your support and look forward to another year of meaningful partnerships as we work hand in hand to provide the best learning experiences for our children.

P6 GRADUATION



The Primary 6 Graduation Ceremony was held on 10 November 2021. We celebrated this momentous occasion with our parents who joined us via livestream. Each graduate was presented a graduation certificate and an otter keychain. We are very proud of our students for their achievements and we wish them all the best as they begin a new educational journey in secondary school. Congratulations to the Class of 2021!

EXCERPT FROM THE VALEDICTORIAN'S SPEECH

by Han Shi Yun, 6 Adaptability 2021

To the Class of 2021, I hope you will face challenges and uncertainties with positivity and resilience. Remember that nothing is impossible if you try and if you keep believing. I hope you will remember the good times in primary school and pursue the dream and goals you have in your heart.

"What you are taking for granted is what others are praying for." This quote serves as a reminder to me to cherish whatever I have. It is especially meaningful to me as it has helped me to be more contented and grateful, especially when things in the world or around me seem otherwise. I hope we can all learn to be more gracious and live with gratitude. Thank you.



HONOURS DAY 2021

Bendemeer Primary School celebrated our Honours Day 2021 on 19 November 2021. We recognised the excellent academic and co-curricular achievements of our students and also presented tokens and certificates of appreciation to our staff, parents and partners. 2021 has been an exciting and fulfilling year for the school and we look forward to an even better 2022 together!



EXCERPT FROM THE RECIPIENT OF ASPIRE AWARD

by Kumaran Jayasakthi, 6 Adaptability 2021

Our school motto 'Today's learners, tomorrow's leaders' is a reminder for all of us to be passionate about learning and to use our knowledge and skills to contribute back to our families, the school and society. We have it within us to live purposefully, to contribute our time, money and effort generously and to do good and care for others.



RAFFLES GIRLS' SCHOOL KWAN IM THONG CHO TEMPLE BURSARY 2021



From Left to Right: Mrs Tan with Jeanette and Nusrath

Jeanette Tham Shi Tong and Nusrath Sulthana d/o Noor Mohamed Shah of P6 Adaptability were awarded the Raffles Girls' School-Kwan Im Thong Temple Bursary 2021 for their good performance, exemplary conduct and overall development.



Jordan Koh Dong Siang & Ang Ler Shan receiving the 2022 Raffles Scholarship from Mrs Tan.

2022 RAFFLES SCHOLARSHIP

Congratulations to Jordan Koh Dong Siang (5 Empathy) and Ang Ler Shan (6 Adaptability) for being awarded the 2022 Raffles Scholarship. Both students have been awarded this scholarship based on their excellent academic performance and we are proud to mention that Ang Ler Shan is receiving the scholarship for the second time. She was also awarded the Raffles Scholarship in 2021.

WITS & WORDS: INTER-SCHOOL DEBATE CHAMPIONSHIP 2022



The Inter-school Debate Championship is jointly organised by the Gifted Education Branch (MOE) and Raffles Girls' School (Secondary). This competition focuses on building the oral competencies of verbally talented students. Five of our P6 students participated in the competition:

Ng Hui En Hazel - 6 Adaptability
Lim Guang Jun- 6 Adaptability
Nia Joy Smith- 6 Empathy
Tjie Yi Minh- 6 Empathy
Praishan Joshi- 6 Empathy

P3 AND P4 COHORT STUDENT LEADERSHIP TRAINING

Our first in-house leadership training for our P3 and P4 students were conducted in semester 1 by their Form Teachers.

For our P4 students, the training focused on raising and enhancing their self-awareness and self-management skills. They were guided on how to set goals as a leader and were given opportunities to plan a presentation to their classmates.

For our P3 students, the training focused on strengthening their social awareness through engaging activities that would allow them to identify the qualities of a leader, appreciate the strengths of their peers and understand the importance of team work to achieve common goals. Similar to the P4, the P3 students also had the chance to develop their confidence through a class presentation.

Our school is also proud to announce that we will feature all these student leadership programmes and projects on a termly basis through our Bendemeer News Channel.

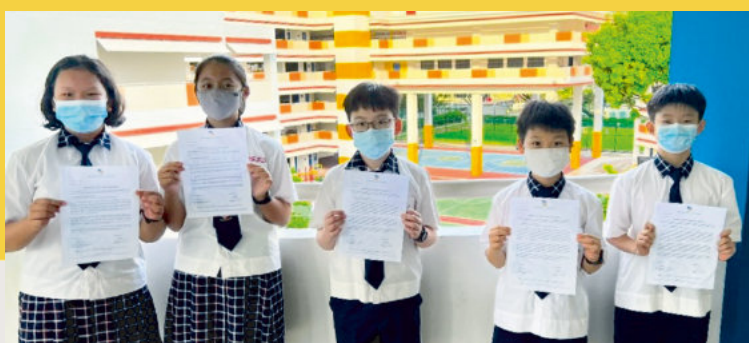
P3 COHORT LEADERSHIP TRAINING



P4 COHORT LEADERSHIP TRAINING



PREFECTS' INVESTITURE CEREMONY 2022



Bendemeer Primary School's annual prefects' investiture ceremony was held on 21 February 2022 to formally appoint and to recognise our P3 to P6 prefects and the Executive Committee (EXCO) of the Prefectorial Board. The prefectorial board, as part of the Student Leadership body, exhibits our ASPIRE school values through their daily school duties and leadership projects.

The Prefectorial Board is led by our Head Prefect, Jeanette Tham Shi Tong from 6 Adaptability, Vice-Head Prefects, Goh Ying Hui Zoey from 6 Adaptability and Vivienne Kuhendran from 6 Adaptability. They are supported by the EXCO members who are in charge of the respective levels. They are Vallalan Saran from 6 Adaptability, Rafiq Rizqi Bin Jefri from 6 Adaptability, Shahmina d/o Abdul Raheem from 6 Integrity, Wen Yi from 6 Integrity, Edwin Lam Jing Hui from 6 Empathy and Bay Yi Le Abednego from 6 Empathy.

As part of the investiture, there was a tie pinning ceremony for the nine EXCO prefects. This ceremony signifies the prefects' achievements and dedication in their years of service to the school as a prefect. Inscribed on these tie pins are titles of the EXCO team namely; Head Prefect, Vice-Head Prefect and EXCO members.

Our teachers have played a huge role in the growth of our EXCO prefects. To mark the momentous milestone of attaining an appointment as an EXCO prefect, our teachers had the honour of pinning the tie pins onto their students' ties. In appreciation of their teachers' guidance, our EXCO prefects honoured their teachers by presenting them with a 'Thank You' card and a beautiful stalk of pink rose symbolising gratitude, grace and joy.

Children's Day 2021 was held last year on 7 October 2021. We were not able to celebrate in school because HBL was in place then. However, as the saying goes...the show must go on! As the students could not be present in school to celebrate Children's Day, we brought the celebrations to their homes.

Students were able to watch a live interactive Magic Show via Zoom. Those who were not able to catch the live show were able to view a recorded version of the show on SLS. Students were also able to view the Children's Day Message by Ms Sun Xueling, Minister of State for Education of Singapore, and listen to the Children's Day song 'Semoga Bahagia'. They completed their celebrations at home by doing Jump Jam and their reflections.

Upon their return to school, two different sets of games were conducted for students as a continuation of the celebrations. One set of games was skills games where students earned points for their Houses. The other set of games was carnival games where the element of luck came into play and students were able to win prizes. Both games were held in the classrooms with SMM in place. It was great to see the students positive and enthusiastic despite the Covid-19 situation then.



Pupils playing carnival games in the classroom



P5 STEPPING UP PROGRAMME 2022

As part of our school's effort to promote the love for physical activities and a healthy lifestyle, we have equipped each P5 student with a fitness tracking device earlier this year. The step tracker allows students to track their daily steps and monitor their heart rates.

We encourage our students to be responsible and take ownership of their fitness.

Objectives

Students to:

- be responsible for their fitness by tracking and monitoring of their daily steps
- exercise responsibly by monitoring their heart rate.
- inculcate the school values of Adaptability, Self-Discipline, Passion, Integrity, Resilience and Empathy

As it is a pilot project, the school fully subsidised the step trackers to encourage our students to commit themselves to the programme diligently. The outcome of this pilot project will determine the direction we go next with the step trackers.



Let's work together to keep our little ones healthy!

GET IT RIGHT PROGRAMME 2022

One of our signature programmes at Bendemeer Primary School is our Get It Right Programme. This is a 6-year programme carried out semesterly to equip our students with the necessary social skills and learning dispositions to help them adjust and transit into the new school term. As a Positive Education school, the programme also teaches our students to have a growth mindset in overcoming challenging situations.

The P1 and P4 Buddy Programme is part of our Get It Right Programme. In the first week of Term 1, Every P1 student has a P4 student as a buddy during the recess. The P4 buddy would accompany the Primary 1 student to help him or her orientate around the school and teach them how to buy food from the canteen. The P4 students were given opportunity to display their leadership qualities and show their care and empathy during their daily interactions with the P1 students.

▼ P4 pupils with their P1 buddies



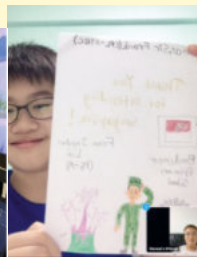


TOTAL DEFENCE DAY 2022

This year, Bendemeer Primary School commemorated Total Defence Day (TDD) in February 2022. The theme this year is, 'Together We Keep Singapore Strong.' This involves every Singaporean playing a part, individually and collectively, to build a strong, secure and cohesive nation. When we are strong, we are able to deal with any crisis. Our main focus over these few years is the current pandemic, Covid-19. In line with CCE 2021, students are encouraged to play a greater role in TDD, and these activities and exposure would highlight the different ways that they can contribute towards TDD. Students would also be prepared for future threats and challenges and would learn to show resilience when crises strike. The citizenship dispositions, Sense of Belonging, Hope, Reality and the Will to Act would be triggered in the students through this wide range of activities carried out.

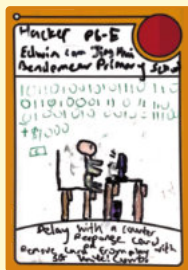


P6 students playing with SG Unite! cards.



SLS Activity where the students show their appreciation to the NSmen in their families by writing a 'Thank you' message for them.

P6 students created SG Unite! Card designs on possible crisis situations.



As we celebrate 55 years of National Service in 2022, the students were exposed to the history of National Service and the various uniformed groups that defend Singapore, namely, The Armed Forces, Republic of Singapore Navy and Air Force, The Singapore Civil Defence and The Singapore Police Force. Besides the recess activities and lessons, a SLS package was crafted out to engage the students and parents in celebrating National Service. The Primary 6 students also took part in the SG Unite! Card Design Competition where the students through their thinking skills, created possible crisis situations that might affect us.

INTERNATIONAL FRIENDSHIP DAY 2022

The theme for International Friendship Day (IFD) this year was, "Singapore in Asia". International cooperation remains key in our complex world. Asia is the world's fastest-growing region, and Singapore continues to facilitate closer economic, political, social, and cultural cooperation within ASEAN and in Asia. By recognizing the importance of connectedness between our neighbouring countries, our youth can play an active role in fostering people-to-people ties, and thus celebrate the region's diversity and vibrancy and promote the spirit of friendship and collaboration. In addition, our older students can deepen their understanding of Singapore's realities as a small state and appreciate how we can safeguard our national interest and have much to contribute to efforts at international cooperation.

First presentation by students to the school cohort on International Friendship Day.



The students had a rich lesson on why Singapore needs to maintain friendship with her neighbours. The lessons were expanded to include the world issues like the war between Russia and Ukraine. The importance of having strong friendly bonds with the countries around was explored. As April is the month of Earth movements and initiatives, students embarked in, "Upcycling for Friendship" where they upcycled tetra packs and old cloth stripes to create bookmarks for their friends.



A proud student with her upcycled bookmark.



Friends exchanging friendship bookmarks!



Teacher giving instructions on how to upcycle the tetra packs into bookmarks at the Innovation Lab.

WORLD WATER DAY & EARTH DAY CELEBRATIONS!

In Term 2, we celebrated World Water Day & Earth Day to spread the message of water conservation and the need to protect our precious yet delicate Earth. A string of activities and collaboration among departments made this event exciting yet meaningful for the students. It kicked off in Term 2 Week 1 with a wonderful assembly programme where an interesting set of slides done up by Environment Club CCA was shown. All students then each wrote down a pledge about what they can do to save our Earth- a reminder and commitment to do our part!



In Week 2, Environment Club CCA members taught the Primary 2s how to upcycle magazines and turn them into mini origami trash bins. This is one of the ideas generated through the Design Thinking Process as one main problem students face is the need to get up during class to sharpen their pencils or throw rubbish. To minimise disruptions in class, students can now use these mini origami trash bins and empty them only at the end of the day. It was heartening to see the Environment Club members playing their role as Environment Ambassadors to their younger schoolmates.

Lastly, to promote the importance of reduce, reuse and recycle, students were also highly encouraged to use recycled materials and upcycle them to create their costumes and props for "Come as a Book Character Day". Read on the next page to find out more!



ZERO PLASTIC DAY IN COLLABORATION WITH EARTH DAY

**A STUDENT-LED PROJECT
BY OUR P6 SENIOR
PREFECTS AND EXCO TEAM**

On 25th March 2022, Bendemeer Primary School commemorated 'Zero Plastic Day' for the second year running. This collaboration saw our prefects and Cyber Wellness Ambassadors working together with our canteen vendors to reduce the use of plastic bags and explore the use of environmentally friendly materials instead.

The use of plastic disposables were forbidden and staff and students were encouraged to bring along their own containers. The P6 senior prefects designed and displayed a variety of posters to create awareness on how to save the earth. A pop-up booth was also set up by the P6 EXCO team to educate the student population on ways to reduce their usage of plastic.

The Cyber Wellness Ambassadors prepared an online quiz to test the students' understanding on ways of recycling. Tapping on their creativity to upcycle and showcase the variety of ways to reuse plastic, the P6 senior prefects designed functional products, presented a magic show and guided students in making friendship bands using plastic.

It was a day our student leaders were able to lead the way to show care to the environment and influence their peers in recycling efforts.



COME AS A BOOK CHARACTER DAY 2022



Chinese Lesson Sharing



Malay Lesson Sharing



Tamil Lesson Sharing

We celebrated our annual Come as a Book Character Day on 8 April, Friday. All students and teachers were encouraged to dress up as their favourite book character.

The objective of the day was to promote and cultivate a positive disposition towards books. In addition, it was also to help students develop the habit of reading for enjoyment as well as to enthuse and nurture a love of reading in them.

In conjunction with World Earth Day, students were also encouraged to create their costumes and props using

recycled materials. They crafted their costumes during Art lessons and shared about their characters during Book Talk sessions held during English lessons.

Reading was infused across various subjects throughout that week. For instance, students heard engaging Math stories during Math lessons and articles from Young Scientist magazines were read during Science lessons. In addition, students enjoyed book sharing videos during the Mother Tongue lessons!



Top left to right:

Mr. Lim Dali and the students of P5 Integrity in their book characters.

Qushairy Bin Rohaizat of P5 Integrity. He used craft felt fabric and colored paper to craft his mask. It is from a book titled Dinosaurs.

Left:

Our BPS fraternity dressed as popular Book Characters!



Top: Mdm Annabelle Clemant and Mr Andrew Hong with P6 Self-Discipline.

Left: Students of P3 Resilience with Mrs Joyce Lim.

Right: Students of P4 Self-Discipline in their masks and costumes.

Bottom left to right: Louis Yew is from P6 Empathy. He stitched the robe from white cloth and used masking tape for the stripes. He made his own sword as well. His character is Obantai Iguro from Demon Slayer.

Tan Yong Ming of P2 Empathy came dressed as a toucan. He used cardboards, two hats and masking tape to create the toucan's beak.



MOTHER TONGUE LANGUAGE (MTL) FORTNIGHT

Mother Tongue Language Fortnight is a key annual event to provide an engaging environment for the learning of Mother Tongue Languages (MTL).

MTL FORTNIGHT COMPETITION

Pupils participated in various MTL competitions such as storytelling, poem recitation, poetry writing, speech presentation, spelling bee, singing, penmanship and creative writing competition.

The MTL competitions enabled the pupils to apply the MTL skills that they have learnt in class. They learnt from their peers during the competitions and sharpened their skills.

At the end of the competitions, pupils' interest in learning MTL increased.



SPARKS OF JOY

The love of a family is life's greatest blessings. Here in BPS, we are one big ever-expanding family. Our BPS Fraternity welcomed the following new staff in 2022!

BUNDLES OF JOY

The little additions to our BPS Fraternity.

From left to right:
Ms Yoo Pei Li welcomed her baby boy,
Ang Kang Sheng, in January 2022.

Mdm Liew Siim Wii welcomed her baby girl,
Pang Xuan Hee lara, in November 2021.



Mr Lionel Poh
HOD
Science



Mrs Stella Chong
School Staff
Developer



Mr Jerald Tan
Music
Teacher



Mdm Yeo Kwang Yee
HOD
Mother Tongue



Mdm Aziana Aziz
Subject Head
Aesthetics



**Mdm Farhanah
Suratman**
Malay
Teacher



Ms Phua Mei Yin
Chinese
Teacher



EXPLORE FRAMEWORK

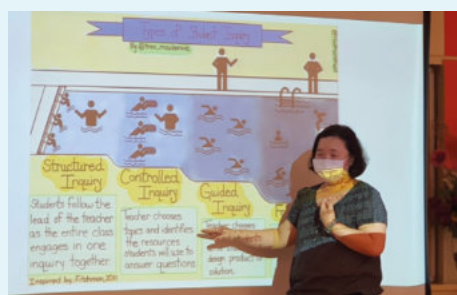
Positive Education is an important approach and a step forward in the educating of young minds today. Students need to develop socio-emotional competencies so that they can thrive in a fast-changing world. The EXPLORE framework was based off existing student wellbeing frameworks like PERMA to help students thrive and flourish in addition to achieving academic success. It is used to guide planning, implementation and review of school programmes so that we can achieve the school's vision, mission and values while at the same time supporting and encouraging students' mental and emotional wellbeing.



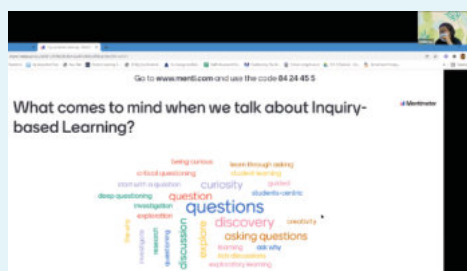
Our teachers have been equipped with the necessary skills and dispositions to teach and enact Positive Education in their classrooms and through our caring school culture, we hope to empower teachers to become advocates for mental and emotional well-being in their own lives as well as those of their students. We also desire to develop our students to become lifelong learners who can lead confidently and embody and exhibit the ASPIRE values.

Positive Education	Engagement	X-Factor	Purpose	Leadership
How the school defines each element	Encourage flow and increase motivation in curriculum, co-curriculum pursuits	Discover and develop one's strengths	Finding meaning and purpose in what one does	Nurture leadership skills to manage self, serve others and contribute back to community
	Outcome	Relationship	Emotional Management	
	Gracious Community Passionate Learner Confident Leader	Nurture socio-emotional skills to foster positive trusting relationships	Promote positive emotional management to enhance well-being	

STAFF PROFESSIONAL DEVELOPMENT ON INQUIRY-BASED LEARNING (IBL)



This year, our school has identified Inquiry-based Learning (IBL) as one of our key learning plan. IBL is one of the six prioritised Areas of Practice in SkillsFuture for Educators (SFEd). On 1st March 2022, the PD team took teachers through a 3-hour blended workshop consisting of a zoom-lecture and a breakout F2F session according to their departments. With the rationale of IBL in mind, teachers were engaged in realising the need to develop a deeper understanding of IBL approaches in their own subject disciplines and how IBL can be used in their classes. Feedback received was encouraging and PD team would be supporting teachers in this Area of Practice.



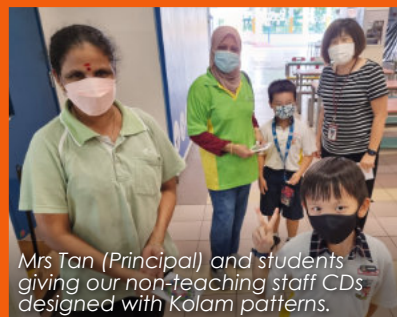
FESTIVE OUTREACH WITHIN THE COMMUNITY



Mrs Tan, Mrs Ravi and Mr Lam with our excited P4 Student Leaders!



Mrs Ravi (Vice-Principal) and a pupil offering oranges to our canteen vendor.



Mrs Tan (Principal) and students giving our non-teaching staff CDs designed with Kolam patterns.



Mrs Tan and our students presenting 3-D decorations to our friendly office staff.

The Covid-19 situation ignited a very important partnership opportunity for us. Since the Partnership & PSG Committee could not perform our annual Festive Outreach within the immediate neighbourhood community, we connected with our non-teaching staff! Our school leaders and students presented the following festive gifts to our non-teaching staff:

- Deepavali 2021 - CDs with colourful Kolam designs
- Chinese New Year 2022 - beautiful tiger-themed craftwork and oranges

- Hari Raya Puasa 2022 - colourful 3-D festive decorations

These gifts were specially made by our students with patience and passion. It was very heartening to see the smiles and laughter of everyone involved in the Festive Outreach. This gesture brings forward new meaning towards Partnership to connect with our own non-teaching staff and to recognize their contributions to the school.

KINDERGARTEN E-VISIT@BPS



As part of our community outreach effort to prepare Kindergarten students for primary school, our school hosted 24 kindergartens on an E-Visit on 13 April 2022. This experience provided both the K2

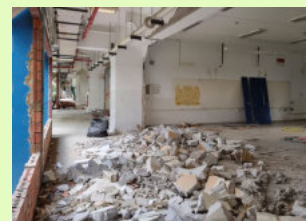
students and their parents with a timely opportunity to learn about the interesting programmes, infrastructure and latest facilities Bendemeer Primary School has to offer. Ben, our school mascot, was featured together with our student leaders in a video about life in BPS. There were also many light-hearted moments when our Head Prefect, Jeannette Tham Shi Tong of 6 Adaptability, and Vice-Head Prefect, Goh Ying Hui Zoey also of 6 Adaptability, answered questions from the curious younger kinder!

MK@BENDEMEER COMING SOON!

The building of the MOE Kindergarten (MK) at BPS is progressing smoothly and will be enrolling Kindergarten 1 (K1) children for its first intake of about 160 children beginning January 2023.

In support of our MK operations, BPS will also offer Kindergarten Care (KCare) services to our MK students before or after their Kindergarten curriculum time. KCare is an optional add-on care service to provide our children with varied play experiences through specially designed environments and carefully chosen resources.

Find out more at: [MOE Kindergarten](#)



THE WONDERFUL STORY OF STORIES

Ever wondered why things become so easy to understand through stories?

During the ancient times when our ancestors did not know how to read and write, they shared their life experiences through narration in a story form. People used to gather around a storyteller for long hours listening to his anecdotes. That was everyone's favourite pastime. Through those storytelling, the elders of a generation ensured that their history, culture, traditions, and value system were passed down and appreciated by their descendants. They creatively crafted these stories for their ardent audience. The creative people also drew pictures on walls, wood or stone to explain things clearer.

In our modern world, we have picture books and animated videos. Human beings, regardless of any age, can understand in no time. Our two sense organs, eyes and ears played an active role in helping us to understand. Kids are also taught languages in the fun way, through the use of pictures and videos. Marketers can reach their target audiences easily by creating a connectable story around their products so that their audiences may remember it easily.

Through the art of storytelling, mankind can be taught almost anything. Stories helps us to associate knowledge faster. This is something ingrained in our DNAs.

Shrutli Mathur, PSG Exco member

PSG NEW EXCO MEMBERS 2022



Mdm Kavita Gurung is a homemaker and a mother of two. She is one of the EXCO members of our PSG. She joined as a parent volunteer 5 years ago, welcoming many opportunities to be involved in school events and assisting the teachers in school activities. Being a parent volunteer has also enabled her to build friendships with other parent volunteers.



Mrs Cherry grew up in the Philippines. She'd lived there most of her life before moving to Singapore. She speaks Tagalog and English. She has two lovely daughters, one in secondary two and the other in primary four. She had fifteen years of working experience in the airline industry. She left her career to focus on her family. During her free time, she bakes and does crocheting. She also has a passion in gardening.



Mrs Punam Gurung is a mother of two beautiful daughters. She graduated from Tribuvan University in Nepal with a bachelor's degree in Humanities and Social Sciences. She was a teacher at Saint Mary's Higher Secondary School in Nepal for four years. Recently, she had completed her Diploma in Child Psychology and Interventions. She is currently pursuing her Graduate Diploma in Psychotherapy and Counselling in TSPP Singapore.