

# CANBERRA SECONDARY SCHOOL

Parents Support Group

January 2023



# PSG Mission

Enhance home-school-community partnership to achieve strategic goals, namely,

- (i) Nurture Grateful, Respectful and Compassionate Canberrans
- (ii) Empower students to achieve their aspiration

Establish a supportive parent network where parents bond and learn together as they journey with their teenagers.





# PSG Activities : online & onsite

- The Benefits of Joining Parents Support Group
- <https://drive.google.com/file/d/1ZcgPZh954OfPf3iXqGKcOxyoZU8ZZtlr/view?usp=sharing>

A large orange shape on the left side of the slide, consisting of a rectangle on the left and a quarter-circle on the right.

## PSG programme @ School events

### ☐ Termly School events

Term 1 : Sec 1 PSG Induction

Term 2 : Sports Fest & GRC signature programmes

Term 3 : Teachers' Day

Term 4 : GRC Banquet / School Open House

### ☐ Volunteering

### ☐ **Badminton Sessions**

### ☐ Termly Parenting Seminars





# Join our Canberran Family!

## How to join as a member

Kindly submit your information through the following link.

URL: <https://forms.gle/zixjfLQ3Rt8ewV5c7>

OR



If you want 1 year of prosperity,

**GROW GRAIN.**

If you want 10 years of prosperity,

**GROW TREES.**

If you want 100 years of prosperity,

**GROW PEOPLE.**

*Chinese Proverb*

[www.elijahogutu.com](http://www.elijahogutu.com)



# Parenting Seminar

## What is Triple P?

The Positive Parenting Programme (Triple P) is a parenting and family support strategy designed to prevent behavioural and emotional problems in children.



**S1 Orientation Slide.mp4**

# Parenting Support Services

## Supports you in your parenting journey



Scan to  
watch the  
video



Video: <https://youtu.be/1d4EruZ4f6M>



