SECONDARY 1 PARENT ENGAGEMENT

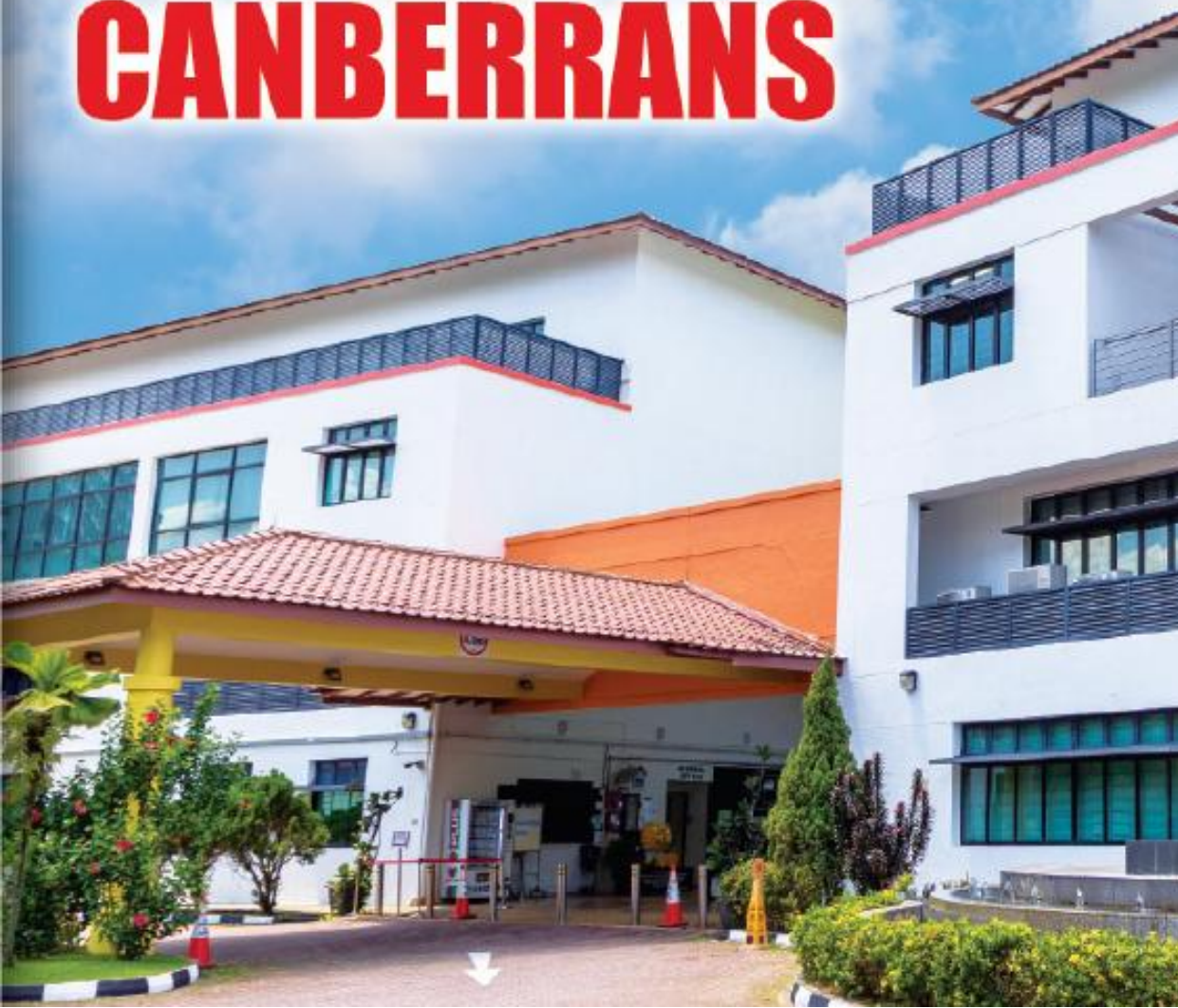# STUDENT MANAGEMENT

JANUARY 2026

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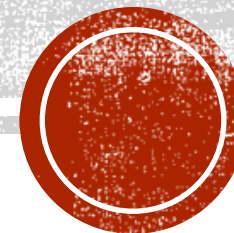
NURTURING FUTURE - READY CANBERRANS

Student Care Team (I)

Mdm Dianah Abdullah
Year Head (Sec 1 & Sec 2)
Biology

Secondary 1		Secondary 2	
YH: Dianah Binte Abdullah[#]		**YH: Dianah Binte Abdullah**[#]	
Assistant YH: Dineshchander Sawlani[@#]			
LDMs:	Dineshchander Sawlani[@#] Low Yi Lun	**LDMs:**	Jeremy Tng Ying Xiang[#] Manoharan Ramasamy#

Ms Low Yi Lun
HOD (Student Wellbeing & Development)
Physical Education

Mr Dinesh Sawlani
Assistant Year Head
Physics

Mr Jeremy Tng
Assistant Discipline Master
History & Social Studies

Mr Manoharan
HOD (Physical Education & CCA)

Student Care Team (II)

Mdm Kumari Nagapan
Year Head (Sec 3 & Sec 4)
Chemistry

Secondary 3		Secondary 4/5	
YH: Kumari d/o Nagapan[#]		**YH: Kumari d/o Nagapan**[#]	
Assistant YH: Shahani Kamarudin[@]		**Assistant YH: Aw Yong Wai Keet**[#]	
LDMs:	Shahani Kamarudin[@] Samuel s/o Selvarajoo	**LDMs:**	Aw Yong Wai Keet[#] Lee See Hwee, Jesslyn[@#]

Mr Samuel Selvarajoo
HOD (Student Management)
Geography & Social Studies

Ms Shahani Kamarudin
Assistant Year Head
Art

Mr Aw Yong Wai Keet
Assistant Year Head
Design and Technology

Mrs Jesslyn Yeoh
HOD (Student Wellbeing & Development)
Chemistry

What are hurtful behaviours and bullying?

In Singapore, local studies show that verbal/social bullying forms the bulk of the types of bullying experienced in schools and they often start as 'harmless teasing' or leaving someone out but escalate into bullying.

Hence, **we need to take a serious view of all forms of hurtful behaviours and bullying,** starting from once-off insensitive remarks before they become normalised or escalated.

Hurtful behaviours
Unkind and hurtful acts that include insensitive words/actions, even physical violence.

Bullying
Happens when a person behaves in a way that hurts someone **repeatedly** <u>**and**</u> **on purpose**

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Examples of Hurtful Behaviours

Physical
Hitting someone or damaging someone's belongings, tends to occur alongside other forms of hurtful behaviours. It can extend from offline to online platforms, amplifying its visibility.

Social
Leaving someone out of a group or things on purpose.

Cyber
Occurs when online technology (e.g. mobile phones, computers or social media) is used as a means to hurt or upset someone on purpose and repeatedly (through sharing and/or resurfacing a post).

Multiple forms could be experienced by the same student at the same time or sequentially.

Some common forms of cyber bullying include flaming, harassment, cyber stalking, denigration, impersonation, exclusion, trickery and doxxing.

Verbal
Name-calling, spreading rumours or making threats.

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Warning Signs To Look Out For

Distress Signals

- **D**isplaying out-of-character behaviour
- **I**njuries that are unexplained
- **S**udden changes in appearance, interest or habits
- **T**emperament changes (e.g. stressed)

- **R**ebellious/aggressive behaviour
- **E**xtended absence/deliberate social withdrawal
- **S**truggling to pay attention/increased lethargy
- **S**ending moody or morbid messages

In a nutshell, our approach to address Hurtful Behaviours and Bullying

Any form of hurtful behaviour is **wrong** and **unacceptable**.
We have ZERO tolerance for bullying and hurtful behaviour.
We do not, and will not, condone bullying and hurtful behaviour.
We will take action when informed of such cases.

We teach our students through Character and Citizenship Education to be kind, to have the courage to stand up for what's right, express disagreements with respect and resolve conflicts amicably.

We belief that our students have tremendous capacity to learn, grow, and become better versions of themselves.

Our teachers help students understand how their actions impact others. With empathy and better self-management skills, they will not make the same poor choices.

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In a nutshell, our approach to address Hurtful Behaviours and Bullying

Teachers create classrooms where children feel valued and safe.
We encourage students to identify signs of DISTRESS, and to look out for one another.

Teachers are trained to recognise when students might be facing difficulties with one another.
Parents are strongly encouraged to inform us if you notice signs of DISTRESS in your child.

Students are taught to seek help and report incidents to a trusted adult.

When issues arise, our teachers, CARE Team steps in, supported by experienced school counsellors, and work with parents when needed to address concerns together.

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In a nutshell, our approach to address Hurtful Behaviours and Bullying

School and parents work together!

We recognise that our students are young, still learning & sometimes they make wrong choices.

- Please give the school time to investigate thoroughly to establish the facts.
- The team will help the students reflect and come to realise how their actions were hurtful and what they should have done.
- We will help students to take actions to take responsibility, apologise and mend the friendship.
- Appropriate disciplinary measures will be meted as part of the learning process.
  These may include In House Suspension, Out of School Suspension & Caning.
- The school will engage our parents, to reinforce expected conduct.
- In more serious cases, especially if they involve physical hurt, the school may have to report the incident.

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Reporting an offence

- Offences/incidents can be reported by **any member of the school community** (e.g., student, parent, teacher) through the following means:
  - **Verbal** (e.g., report to Form Teacher, Subject Teacher, any teacher in the vicinity of the incident, Discipline Master/Year Head and School Leaders)
  - **Written** (e.g., email/write to Teachers, Discipline Master/Year Head and School Leaders)
  - **Scan** the QR code.

- The school will treat the information with sensitivity. **The identity of the person who reported the case will be kept confidential.**

Report a Concern to School

Scan & Tell Us About it!

https://go.gov.sg/cssreport

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