

CANBERRA SECONDARY SCHOOL

Parents Support Group

7 January 2022



PSG Mission

Enhance home-school-community partnership to achieve strategic goals, namely,

- (i) Nurture Grateful, Respectful and Compassionate Canberrans
- (ii) Empower students to achieve their aspiration

Establish a supportive parent network where parents bond and learn together as they journey with their teenagers.



PSG people : The EXCO

Sharing our lives
Loving our children

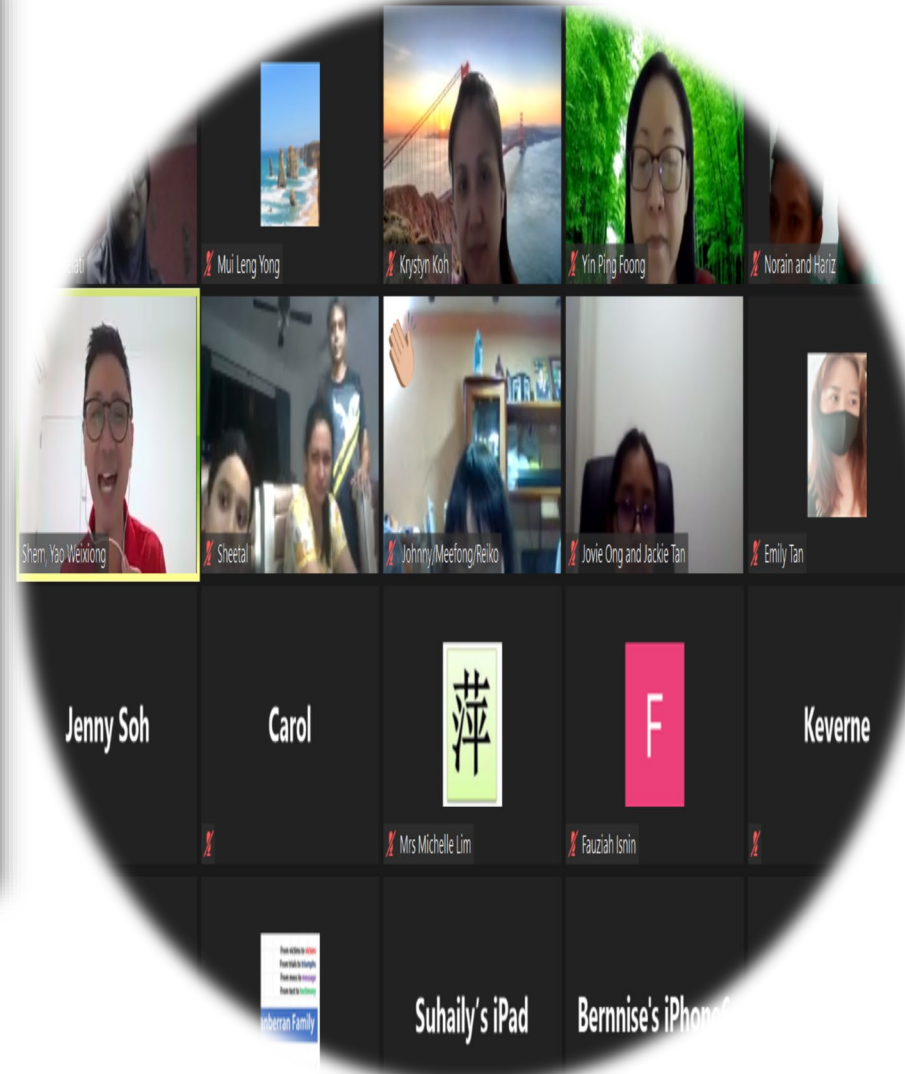


Volunteer together
as a family

PSG Activities : online & onsite



CNY Celebrations
Teachers' Day Gift-making



PSG programme @ School events

- ❑ Termly School events

Term 1 : Sec 1 PSG Induction

Term 2 : Sports Fest & GRC signature programmes

Term 3 : Teachers' Day

Term 4 : GRC Banquet / School Open House

- ❑ Volunteering
- ❑ **Badminton Sessions : by Fathers @ Canberra (New in 2022)**
- ❑ Termly Parenting Seminars



Join our Canberran Family!

If you want 1 year of prosperity,

GROW GRAIN.

If you want 10 years of prosperity,

GROW TREES.

If you want 100 years of prosperity,

GROW PEOPLE.

Chinese Proverb



www.elijahogutu.com

Sign up on **PSG**
recruitment form.

Hard copy of the form is
given to your child. Upon
completion, please submit
to General Office.



PSG programme : Parenting Seminar

What is Triple P?

The positive Parenting Programme (Triple P) is a parenting and family support strategy designed to prevent behavioural and emotional problems in children.



Seminar for Sec 1 Parents



How to support your child's transition to Secondary School

Organised by
Care Corner Parenting Support Services

As teens undergo the transition to adulthood, the emotional and physical changes they experience may overwhelm them. How can parents support them through these transitions?



LEARN SIMPLE AND PRACTICAL STRATEGIES

- Understand youth developmental stages
- Learn how to support your youth through transitions
- Manage difficult problem behaviours
- Encourage responsible decision-making
- Build healthy relationships with youths

Care Corner Parenting Support Services offers programmes that equip parents with the knowledge, tools and practical strategies for successful parenting and positive child outcomes.

If you are parenting Sec 1 teens, sign up for this talk now!

Positive Parenting Programme is an endorsed programme by MSF



Dates:
19, 26 Feb & 5 Mar 2022
(Saturdays)
Time: 9.30am - 11.00am

Online Parenting Talk

REGISTER HERE



Alternatively, you may register through
<https://tinyurl.com/4xn6h4hs>
or email parenting@carecorner.org.sg



Seminars for Sec 1 Parents

Register Here



<https://tinyurl.com/4xn6h4hs>



Parenting Support Services

Supports you in your parenting journey



Scan to
watch the
video



Video: <https://youtu.be/1d4EruZ4f6M>

Share with us your parenting
experience.

Let us know how we can support you
through the
Parenting Needs Survey.

Scan now!



