



25 Mar 2022 (via PG)

2022-078

Dear Parents/Guardians,

**Montfort Care Parenting Support Programme at Cantonment – April workshops**

We hope that everyone is doing well!

Montfort Care's Parenting Support Team will be holding our first run of updated Triple P Level 2 seminars in April! For these sessions, the team will be putting more focus on popular topics, using Triple P as a medium to talk about them. We would like to invite the parents to join these seminars!

The EDM for these seminars are as attached below, and have included the information below:

Workshop Name: **Triple P Selected Seminar Series**

Date & Time: **8, 22, 29 April 2022, 7pm**

Sign-up link: <https://bit.ly/L2CApr22>

Synopsis: "The Triple P Level 2 Seminars introduce the five core principles of positive parenting to empower parents to manage their children's behaviour, prevent problems from developing and build strong and health relationships."

Should you have any questions or clarifications, please feel free to contact Montfort Care directly via email [parenting@montfortcare.org.sg](mailto:parenting@montfortcare.org.sg), or via phone at 6270 832.

Montfort Care Parenting Support Programme @ Cantonment

MontfortCare

## Positive Parenting Programme® Seminar Series

The Triple P Level 2 Seminars introduce the five core principles of positive parenting to empower parents to manage their children's behaviour, prevent problems from developing and build strong and healthy relationships.



Below are our seminar titles and some of the topics that will be covered:

### **Power of Positive Parenting**

(Screentime guidance, home routines, supporting difficult behaviours)

### **Raising Confident, Competent Children**

(Motivating your child, Addiction to Games)

### **Raising Resilient Children**

(Emotional/Anger Management, Expressing Feelings)

April 8, 22, 29 2022

7 P.M. to 8.30 P.M.

Online via Zoom

Scan the QR code or visit  
the link below to register:

<https://bit.ly/L2CApr22>



 montfortcareparenting

 <https://mfcparenting.wixsite.com/info>

 6270 8327