



30 December 2022

2023-002

Dear Parents/ Guardians,

**SwimSafer Programme for Primary 5 Students 2023**

We refer to our letter regarding '**Notification of SwimSafer Programme for Primary 5 Students 2023**' (ref 2022-241) sent on 25 November 2022.

**Purpose of Programme**

The SwimSafer Programme is a national water safety programme introduced by the National Water Safety Council (NWSC) in July 2010 which combines both the National Survival Swimming Award (NASSA) and the Learn-To-Swim Programme (LTSP) into a progressive six-stage programme to introduce swimming to all primary school children.

**Delivery of Programme**

The fully subsidised SwimSafer programme will be conducted for Primary 5 students in Term 1, 2023. The 1.5-hour weekly training sessions by qualified instructors, supervised by teachers and parent volunteers will be held **during PE curriculum time from 8:00am to 10:30am** (see schedule and instructions/packing list overleaf). Students will be enrolled in the relevant stage of the programme assessed by qualified instructors. Students with prior experience and qualifications may inform your child/ward's PE Teacher.

Should your child/ward needs to be excluded from the programme, please submit all relevant documents (e.g. medical memo by doctors) to the school before the commencement of the programme. Students who are excused will still have to follow their classes to the swimming pool and are encouraged to bring a book to read or work to complete while they are at the pool.

Please log on to Parents' Gateway to acknowledge this letter or return the acknowledgement slip to the form teacher by **Thursday, 5<sup>th</sup> January 2023**. If you have any queries or feedback, do contact your child/ward's PE teachers.

Thank you for your support and partnership in education.

Yours sincerely,

Mr Wilbert Tan  
HOD PAM & CCA

Mrs Manokara S  
Principal

## **Schedule**

<b>Venue: Delta/ Queenstown Swimming Complex</b>			
<b>Session</b>	<b>P5 CARE</b>	<b>P5 RESILIENCE</b>	<b>P5 RESPECT</b>
	<b>Monday</b>	<b>Tuesday</b>	<b>Thursday</b>
Session 1	9 Jan 2023	10 Jan 2023	12 Jan 2023
Session 2	16 Jan 2023	17 Jan 2023	19 Jan 2023
Session 3	30 Jan 2023	31 Jan 2023	26 Jan 2023
Session 4	6 Feb 2023	7 Feb 2023	2 Feb 2023
Session 5	13 Feb 2023	14 Feb 2023	9 Feb 2023
Session 6	20 Feb 2023	21 Feb 2023	16 Feb 2023
Session 7	27 Feb 2023	28 Feb 2023	23 Feb 2023
Session 8	6 Mar 2023	7 Mar 2023	2 Mar 2023

<b>Venue: MOE (Evans) Swimming Complex</b>			
<b>Session</b>	<b>P5 GRACIOUSNESS</b>	<b>P5 INTEGRITY</b>	<b>P5 HARMONY</b>
	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
Session 1	10 Jan 2023	11 Jan 2023	12 Jan 2023
Session 2	17 Jan 2023	18 Jan 2023	19 Jan 2023
Session 3	31 Jan 2023	25 Jan 2023	26 Jan 2023
Session 4	7 Feb 2023	1 Feb 2023	2 Feb 2023
Session 5	14 Feb 2023	8 Feb 2023	9 Feb 2023
Session 6	21 Feb 2023	15 Feb 2023	16 Feb 2023
Session 7	28 Feb 2023	22 Feb 2023	23 Feb 2023
Session 8	7 Mar 2023	1 Mar 2023	2 Mar 2023

## Instructions and Packing List for P5 Swimming Programme 2023

### Instructions for students:

On swimming days, please gather at the Bus Bay punctually at 7.20am.

Bus boarding time is at 7.30am.

### Before you leave the school:

- Make sure you have already changed into your swim wear and then put on your uniform.
- You may wear slippers to the swimming pool (*School shoes should be left in school*).
- Leave your school bag and school shoes in the designated room. You should not carry any valuables with you to the Swimming Complex.
- Bring along your swim bag only.

### Between 7:20am to 7.30am:

- All school bags and school shoes should be left in the designated rooms.
- Gather your swim bag and queue up according to your classes at the canteen bus queue area.
- Teachers-in-charge will check attendance and health conditions of all students before boarding the bus.
- Students who are allowed to opt out will have to join their classes at the pool to do their own work or reading.

### At 10:00am:

- Students are to board the buses in a safe and orderly manner to proceed to the Swimming Complex.

### At 10:20am:

- Students will return to school by bus. They will walk in an orderly manner back to their respective classes.

### Packing List / Things to bring for swimming days:

- A small bag
- Swim wear
- Swimming goggles
- Sunscreen
- Towel
- Fresh set of uniform (optional but recommended for hygiene purposes)
- Slippers
- Toiletries
- Plastic bags
- Light snacks (bun, biscuits)
- Water bottle

**Acknowledgement Form- SwimSafer Programme for Primary 5 Students**

To: PE Teacher of Class (\_\_\_\_\_)  
Cantonment Primary School

I, \_\_\_\_\_ (Name), Father / Mother / Guardian\* of the following student, have noted the contents of the **school letter (ref: 2023-002)** and **have acknowledged** his / her participation in the stated programme as follows:

Student's Name: \_\_\_\_\_

Form Class: \_\_\_\_\_

My child/ward **will be** attending the SwimSafer sessions (Yes / No)\*

For students who wish to opt out of the SwimSafer sessions, please attach the relevant SwimSafer certifications or medical documents.

*\*Delete where not applicable.*