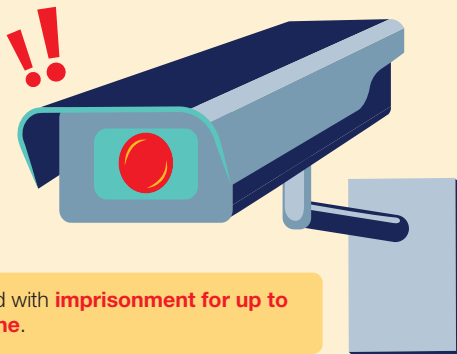


# Stay safe during the school holidays by following these tips

## Stay Away From Crime

### Shop Theft

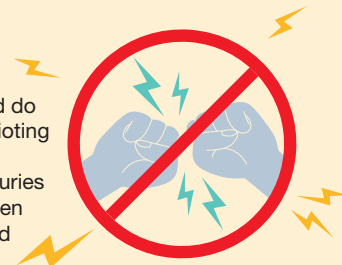
Shop Theft is a serious offence. Always pay for your items before leaving the store. CCTV cameras will catch you even if you manage to walk out of the store with the stolen item. From the CCTV footages, the police will identify the suspects.



Offenders found guilty may be punished with **imprisonment for up to 7 years and shall also be liable to fine.**

### Rioting

Exercise self-control and do not resort to violence. Rioting is a serious crime which could result in severe injuries for all those involved, even yourself, your friends and school mates.



Whoever is guilty of rioting shall be punished with **imprisonment for a term which may extend to 7 years and shall also be liable to caning.**



### Corrosive and Explosive Substances and Offensive Weapons Act (CESOW)

It is an offence to be in possession of any weapon such as flick knife, knuckle duster, etc without any lawful purpose. Do not even attempt to buy them online as it is still a crime and you will be caught. You can even be caned for this serious offence.

Offenders found guilty of carrying a weapon in a public place without a good reason, shall be punished with **up to 3 years in jail and at least 6 strokes of caning.**



### Cheating

Cheating is a crime. Youths have been charged for these offences for being involved as money mules for quick cash. Your payment accounts, like bank accounts and Singpass account are for **your own use only**.

If your bank or Singpass accounts are found to be used for criminal activities, you may face stiff penalties including **detention in the reformatory training centre for at least 6 months or a prison term starting from 6 to 18 months.**

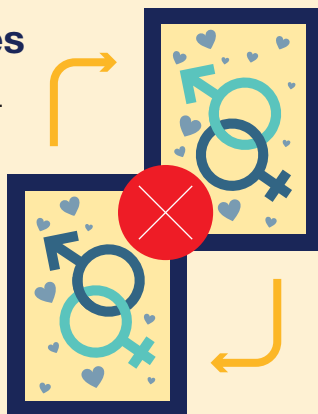
### Distributing Intimate Images

Do not share any intimate images or recordings online. If you receive such images or recordings, delete them immediately and do not forward. Sharing such images or recordings can cause serious harm to the victim and is also an offence.

Report to the police, your teachers or family members if you are aware of such images or recordings being circulated.

Think before you act. Committing the act of distributing or threatening to distribute intimate images is a serious crime.

Offenders found guilty shall be punished with **up to 5 years in jail and shall also be liable to fine or to caning.**



### Peeping Tom

Peeping Tom behaviour, including taking upskirt photos or videos a serious crime which can cause lasting psychological trauma to victims.

Recording any private acts/ body parts is a serious crime – even if someone says “yes”, it is still a crime.

Offenders found guilty shall be punished with **up to 2 years in jail and shall also be liable to fine or to caning.**



## You do not need to be a victim of crime

1

Always take care of your personal belongings. Do not leave your items and valuables unattended even for a short while.

2

If you have been a victim or know anyone who has been a victim of crime, do not hesitate to tell a family member or your teachers and do make a police report as soon as possible.

3

Be aware of your surroundings and be attentive to any suspicious persons.

## Watch out for the common scams that affect youths!

### E-commerce scam

Rushing for that “limited time” deal? Be wary of making payments before delivery of goods or services. Insist on cash on delivery or transact through the platform’s secure payment options.

Do not turn off security settings (e.g., Google Play Protect) or download unknown applications for online purchases as it may allow malware to be installed on your devices, which would allow scammers to access your personal and banking information.



### Job Scam

Tempted by that “high pay, low effort” job? Remember, no real job will ask you to make payments upfront to secure the job, or request to use your bank account to receive or transfer money.



### Phishing scam

Don't click on links in unexpected emails. These could steal your personal information and/or harm your device. When in doubt, delete the message and block the sender!

### Did you know?

In first half of 2025, more than 1,000 youths were victims of scams, and over 300 youths were arrested for their involvement in scams.

**Remember, Your Bank Account, Singpass Account And Esim/Sim Card Are For Your Own Use Only. These Have Been Exploited For Criminal Activities. It May Be A Crime If You Share Them With Others.**

People who allow scammers to control or use their Bank, Singpass or eSIM/SIM CARD are liable for significant **imprisonment sentences**. This applies to all offenders, including young offenders under the age of 21.



## ACT To Enhance Your Scams Resilience



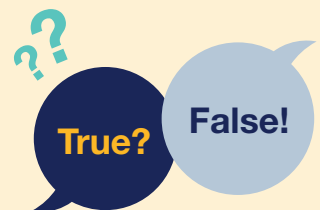
### ADD

ScamShield App and security features (e.g., Anti-virus app, 2-Factor Authentication) to your mobile, social media, e-commerce and banking accounts.



### CHECK

For scam signs and with official sources. If you are unsure if something is a scam, call the 24/7 ScamShield Helpline at **1799**.



### TELL

Authorities, family and friends about scams.



## Protect Yourself With The Scamshield Suite

- ScamShield Helpline (**1799**) - Call to check if something is a scam.
- ScamShield App – Download to check, detect and block scams.
- ScamShield Website (scamshield.gov.sg) - Visit to learn more about scams.
- ScamShield Alert Social Channels (WhatsApp) - Join to receive the latest scam trends.



Scan to learn more about the ScamShield Suite

# Drug and Inhalant Abuse Situation

## 1. The possession, consumption and trafficking of controlled drugs are serious offences.

In 2024, 165 persons below the age of 20 were arrested for drug abuse and 134 of them were new abusers. Drug abuse causes harm to your body and mind.

Do not let drugs harm you and your family and loved ones.



## 2. Stay away from drug and inhalant abuse.

Do not allow yourself to be pressured into trying drugs or using products like Kpods. Walk away if anyone tries to offer you drugs and do inform your family members or school staff immediately.



## 3. Always exercise caution on the Internet and social media.

The Internet and social media may carry misinformation about drugs and mislead people into thinking that drugs are not harmful and that they are legal, so as to create demand for the drugs and profit off drug abusers. Do not attempt to buy drugs online as this also constitutes illegal drug activities.



## 4. Do not get involved in online drug activities.

CNB also monitors and investigates online drug activities and will not hesitate to take action against those who order drugs or drugs paraphernalia online, have drugs delivered by post or courier, and those who are involved in any illegal drug activities.



## 5. Stay away from drugs even when you are overseas.

Under the Misuse of Drugs Act, you will be liable for the same drug consumption offence regardless of where the controlled drugs were consumed. CNB conducts regular enforcement checks at the airport and at the other land and sea checkpoints.



## 6. Beware of food and products containing controlled drugs.

In some countries, drugs such as cannabis may be added as ingredients to edibles and sold as food or marketed as "health" products free from controlled drugs. It is an offence to consume, possess or bring in these items without authorisation. If you are travelling to countries where these food and other products containing controlled drugs may be sold, do exercise caution. Do not consume food and beverages from unknown sources. Do not purchase or bring items back to Singapore without checking what they are made of. If in doubt, do not consume or purchase the item.

# Real-Life Stories

The Choice  
is Yours



Scam Scam  
Scam!



# Our Helplines

## Crime Prevention

Call the Police hotline at 1800 255 0000 or submit information online at [www.police.gov.sg/iwitness](http://www.police.gov.sg/iwitness)

'999' is for emergencies only. Please dial if you require urgent Police assistance.

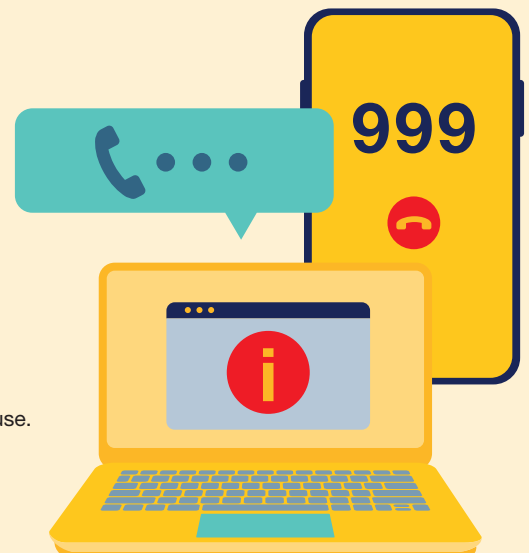
For more information, visit: [www.police.gov.sg](http://www.police.gov.sg), SPF Facebook or [www.ncpc.org.sg](http://www.ncpc.org.sg)

## Resources on Crime Prevention and Staying Drug-Free

The following provides more information on crime prevention and staying drug-free:

- Call the Police or the CNB hotline at 1800 325 6666 to report suspected drug and inhalant abuse.
- For more information on the harms of drug and inhalant abuse, visit: [www.cnb.gov.sg](http://www.cnb.gov.sg).

For anyone who wishes to seek help with addiction-related matters, please call the National Addictions Management Service (NAMS) at 6732 6837.





you've  
got  
this!



# A NEW THREAT

## IT'S NO LONGER JUST ABOUT NICOTINE

### VAPING IS GETTING MORE DANGEROUS

In Singapore, vapes have been found laced with etomidate — a Class C controlled drug.

#### ETOMIDATE-LACED VAPES MAY CAUSE:



DIZZINESS



CONFUSION



HALLUCINATIONS



BREATHING  
DIFFICULTIES



DEATH



Vape Penalties

- Fines of up to \$2,000
- Rehabilitation programmes

Caught  
Vaping?

## PARENTS PLAY A KEY ROLE. START THE CONVERSATION:

### BE CASUAL

Bring up topics on vaping naturally in conversations.

### BE CURIOUS

Ask your child what they know about vaping and thank them for sharing.

### BE CANDID

Share your views clearly, highlight health and legal risks.

**Tip: Have regular conversations with your child to stay informed**

## WHERE TO GET SUPPORT

**QuitVape Programme**  
Tailored support to help individuals stop vaping.

**QuitLine 1800 438 2000**  
Confidential guidance for both parents and youth, what's shared stays private.

Learn more about the effects of vaping



Visit  
[go.gov.sg/stopvaping](https://go.gov.sg/stopvaping)

Get access to parenting resources



Explore ParentHub  
for more resources

**Persons who voluntarily seek help will not face any penalties**

Explore **Parent Hub** for more resources