



Welcome to P3 Kopi Chat

Thank you for logging in early.

As you wait for the event to begin, please check that you can hear the background music.





Objectives of Kopi Chat

- To provide an opportunity for an informal chat on the school's holistic curriculum and teaching & learning at IJ OLN.
- Questions and feedback are welcome. Just type in your comments or questions at any time via the Chat function.
- We will not discuss
 - Matters regarding other levels
 - Unique / Individual situations

For these, please make an appointment to talk to teacher / YH / SLs.

Our email addresses can be found in

<https://chijourladyofthenativity.moe.edu.sg/school-information/our-people/teaching-staff>





Speakers

Ms Christina Teo
Principal

Mrs Annie Yuen
Vice Principal

Mdm Kiranjit Kaur
SH Discipline /
Year Head (P3 & P4)

Mdm Raniah
Teacher

CHIJ Our Lady of the Nativity





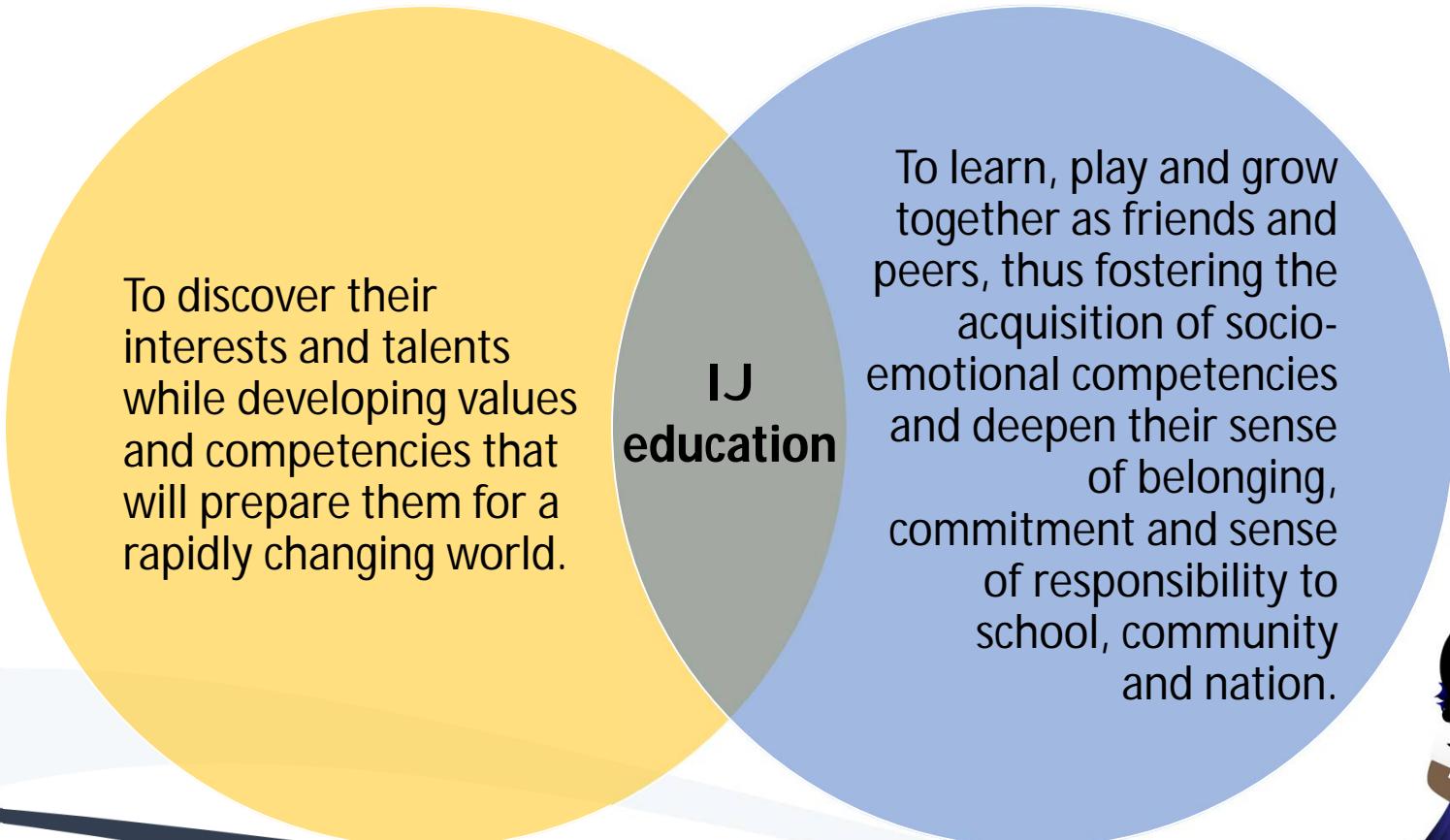
Enjoy our 2022 Semester 1 Photo Montage

CHIJ Our Lady of the Nativity





The Value of a Holistic education



Vision: **Girls of Today for Tomorrow**

Values:
Graciousness
Responsibility
Appreciation
Compassion
Integrity
Adaptability



Simple in virtue



Steadfast in duty

Learning Dispositions:

- Collaborative
- Curious
- Reflective
- Resilient

The IJ OLN Girl For Tomorrow ...



1. Acts according to the IJ Mission and our GRACIA values
2. Leads with initiative, serves with love
3. Communicates confidently
4. Thinks creatively, reflects thoughtfully
5. Remains steadfast in the face of challenges

Edited : 25 April 2018

The Value of a Holistic Education



An example of a programme

OLN 360!

Learn & play, in a brand new way!

Specially for P3s - P6s
Every Friday 7.45am - 9.15am

Term \ Level	P3	P4	P5	P6
Term 1	Have a Heart!	Ready, Steady, Go!	Pockets of Joy!	#ThinkER
Term 2	Pockets of Joy!	#ThinkER	Have a Heart!	Ready, Steady, Go!
Term 3	Ready, Steady, Go!	Have a Heart!	#ThinkER	Pockets of Joy!
Term 4	#ThinkER	Pockets of Joy!	Ready, Steady, Go!	Have a Heart!

Benefits:

- Allows students opportunities to explore a wide range of activities
- Allows students to apply learning beyond the classroom
- Strengthens the Learning Dispositions and GRACIA values in every child



FOUR MODULES

Have a Heart!

Making a Positive Difference through Awareness, Advocacy & Action.



Pockets of Joy!

Learning skills to develop graciousness and leadership.



Ready, Steady, Go!

Learning to play various sports and to value an active lifestyle.



#ThinkER

Evaluate Responsibly
Learning to curate information, create products and connect well with others in the digital world.





Leadership Roles

Every pupil will be given an opportunity to take on a leadership role at the school or class level throughout the year to demonstrate how they **lead self, lead others or lead actions.**

Level	Appointment
Class Level	<ul style="list-style-type: none">• Care Ambassadors• NE Ambassadors• Green Ambassadors• Class Monitors• Group Leaders• Subject Representatives (E.g. EL, MA, MT, SC, CME, MU, ART, PE, SS & ICT)
School Level	<ul style="list-style-type: none">• Prefects• CCA Leaders

An example
of how we
inculcate
confidence





Musically Yours



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OLN 360

News Bites



Examples of how we inculcate confidence





Refined Platforms to Celebrate our Girls' Growth

Values

- Sr Deirdre O'Loan Award
- IJ Angel Award (includes school-based award for non-Singaporean)

Acts according to the IJ Mission and GRACIA values

Service

- Edusave EAGLES (Leadership & Service)
- Mother Mathilde Award (P6 Prefects, CCA leaders & Ambassadors)
- Laudato Si Award

Leads with initiative and serves with love

Co-Curricular Achievement

- Edusave EAGLES (Achievement)
- OLN Sports Girl Award
- NAPFA

Remains steadfast in the face of challenges

Curricular Achievement

- Proficiency in a Subject Award (Best in each subject in each class)
- Good Progress (Chinese Language)
- Edusave Scholarships
- EMB
- Edusave Good Progress
- Barre Award

Communicates confidently, thinks creatively, reflects thoughtfully

P3 – P6 (B.E.S.T Class Award & House Champion)

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Class Allocation

P1 to P2

- Enbloc. Random allocation

P2 to P3

- Random. 7 **Mixed Ability** classes for all

P3 to P4

- Enbloc

Classes remain as
Mixed Ability classes

P4 to P5

- Random. 7 **Mixed Ability** classes for all

P5 to P6

- Enbloc





Assessment Mode

- Purpose: to assess and diagnose child's ability to academic progress and understanding of the skills and concepts taught
- Letter on Weighted Assessments was sent through PG in January 2022.
- Takes place during class time.

	Term 1	Term 2	Term 3	Term 4
Primary 3	WA (10%)	WA (10%)	WA (10%)	EYE (70%)
Primary 4	WA (10%)	WA (10%)	WA (10%)	EYE (70%)
Primary 5	WA (10%)	WA (10%)	WA (10%)	EYE (70%)





Assessment Mode: Term 3

English Language	MT Language	Mathematics	Science
Writing (better of 2) (Week 5 & Week 9)	Writing (better of 2) (Week 5 & Week 9)	Performance Tasks (Week 9) Topic : Measures	Performance Task (Week 8-9) Topics : Magnet (exclude Electromagnets) and Materials

Weighted Assessment: Weeks and Topics to be assessed are known





Stress and the child

"In the context of a reasonably safe environment where children have **protective relationships with adults**, **childhood stress is not a problem**.

In fact, it **promotes healthy growth, coping skills and resilience**. It becomes harmful when it is prolonged and when adults do not interact in ways that make children feel safe and emotionally connected."

Jack P. Shonkoff
Director, Center on the
Developing Child
Harvard University





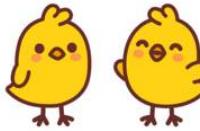
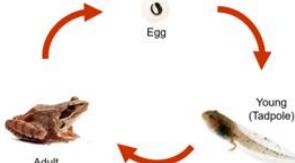
How Do I Tell That My Child Is Doing Well

- What do you mean by 'well'? Marks?
- **Is she happy to come to school?**
- **Is she learning?**
- Ask her ...
 - What she found enjoyable about the day / the high point
 - What she did for EL/Maths/Sc/PE(Art etc (Just one will do!)
 - One question she asked that day
- Understanding how learning is reported nowadays
- Look at her files / books /SLS





How Do I Tell That My Child Is Doing Well – P3

Learning Outcomes	Level 1	Level 2	Level 3
LO #4.1 Animals with 3 stages of life-cycle <ul style="list-style-type: none">• frog• chicken• cockroach• grasshopper 	<p>I am able to name 3 stages of life cycle.</p> <p>Song on frog's life cycle</p> <p>https://www.youtube.com/watch?v=MJOSoJNeu54</p>	<p>I am able to describe the 3 stages of life cycle.</p> <p>Frog life cycle</p> <p>https://www.youtube.com/watch?v=gmlaclb3K2o</p> <p>Chicken life cycle</p> <p>https://www.youtube.com/watch?v=j0XmhPZwMuA</p> <p>Cockroach life cycle</p> <p>https://www.youtube.com/watch?v=O2zE9Dj9EUA</p>	<p>I am able to explain similarities and differences between the 3 stages of life cycle.</p> 

Feedback through the use of Self-Assessment Checklists





Middle Primary (P3/P4) Writing Rubrics

Name: _____ () Class: _____											
FOCUS AREAS		Beginner Writer	Intermediate Writer	Proficient Writer	Advanced Writer						
CONTENT	Ideas & Development	Ideas need supporting detail(s) . There is a little development of ideas.	Ideas are slightly developed . Ideas in story sufficiently address the topic .	Ideas are mostly developed . Ideas in story fully address the topic .	Ideas are thoroughly developed throughout the story . Ideas in story fully address the topic .						
	Organisation	Ideas are merely / just listed. There is no paragraphing of ideas.	Ideas are somewhat linked in some parts of the story . Fairly good sequencing of events and paragraphing .	Ideas are well linked in most parts of the story . Good and logical sequencing of events and paragraphing .	Ideas are well linked and coherent throughout the story . Very good and logical sequencing of events and paragraphing .						
	Vocabulary	Basic vocabulary words are used throughout the story. Some vocabulary words may not be used appropriately.	There are some good and appropriate use of vocabulary words and descriptive phrases.	There is a wide range of good and appropriate vocabulary words and descriptive phrases at some parts of the story .	Wide range of good and appropriate vocabulary words, descriptive phrases and figurative language throughout the story .						
	Sentence Structure & Grammar	Simple sentence are used. Many errors in grammar, spelling and punctuation.	There is some attempt to vary sentences. Some errors in grammar, spelling and punctuation.	Good variation of sentences. Few errors in grammar, spelling and punctuation.	Good variation of sentences. Hardly any errors in grammar, spelling and punctuation.						
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <th>Content</th> <th>Language</th> <th>Total Score</th> </tr> <tr> <td>/ 10</td> <td>/ 10</td> <td>/ 20</td> </tr> </table>	Content	Language	Total Score	/ 10	/ 10	/ 20	PARENT'S SIGNATURE		
Content	Language	Total Score									
/ 10	/ 10	/ 20									

Content	Language	Total Score
/ 10	/ 10	/ 20

How Do I Tell That My Child Is Doing Well – P3





Mathematics

A Guide to Understanding Your Teacher's Feedback

Markings:	Possible types of error:	What you may need to do:
Ca (Calculation)	<ul style="list-style-type: none">Calculation error.	<ul style="list-style-type: none">Redo your calculations.Check if your calculations make sense E.g. subtracting a number should result in a smaller number than the total.
A (Answer)	<ul style="list-style-type: none">Answer not in the format required, e.g. missing decimal to indicate dollars and cents.Transferred answer wrongly from solution to answer line.	<ul style="list-style-type: none">Check the format required.Either zero or two decimal places for an amount of money given in dollars.
R (Reading)	<ul style="list-style-type: none">Misread the question.	<ul style="list-style-type: none">Read the question again carefully.Highlight or underline key information.
	<ul style="list-style-type: none">Transferred information wrongly from question to solution.	<ul style="list-style-type: none">Check that the information in the question has been correctly transferred to your solution.
U (Units)	<ul style="list-style-type: none">Units omitted.Wrong units used.	<ul style="list-style-type: none">Check the units required. Eg. \$, cm, m, kg, g
ME (Mathematics Equation)	<ul style="list-style-type: none">Wrong equation used.Error in equation used.	<ul style="list-style-type: none">Check the equation used.Compare against the equation in the textbook if necessary.
	<ul style="list-style-type: none">Missing equation.	<ul style="list-style-type: none">Write all the necessary equations.Ensure the solution is complete.Check that all information in the question has been made use of.





Self-Directed Learning

Learning Tasks

- Is there a variety (pen and paper/ICT)?
- Accessibility of resources
- Engaging

“I know where I’m going,
I have the tools I need for the journey,
I monitor my own progress,
And I know how to improve.”



The IJ OLN Girl of Tomorrow as a SELF-DIRECTED Learner





KooBits

Welcome to KooBits

Latest CP Submitted

Name	School	Latest CP	Submission Time	Flag
xiaoyin****	KooBits Academy US	2	10:51, 2022-Aug-14	USA
Trinity****	KooBits Academy US	1	10:24, 2022-Aug-14	USA
Trinity****	KooBits Academy US	1	10:21, 2022-Aug-14	USA
Daniel*****	KooBits Academy Jamaica	3	08:40, 2022-Aug-14	Jamaica

Parent App | Teacher App | Homepage

KooBits | Love Learning

Enter your Login ID

Enter your password Show

Need Help?

Login

If you don't have account, you can [Sign up](#)

KooBits Learning Pte Ltd

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What is KooBits?



Daily Challenge 8 (P3 Challenging Skill 02)
Challenge Mark +2

Challenge 8

Miko, Mie and Julie are good friends from the Origami Club. Miko has folded 336 paper flowers. Mie has 16 more paper flowers than Julie. Miko's paper flowers is 6 times as many as the sum of Julie and Mie's paper flowers. How many paper flowers has Mie folded?

Answer:
paper flowers
Add working/explanation (optional)

View Answer | Next Challenge | Submit My Answer



An Online Mathematics platform with a comprehensive collection of
Mathematics questions

Effective &
Independent
learning

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Acquire Mathematics
concepts and skills

Build confidence
& enjoy
learning
Mathematics





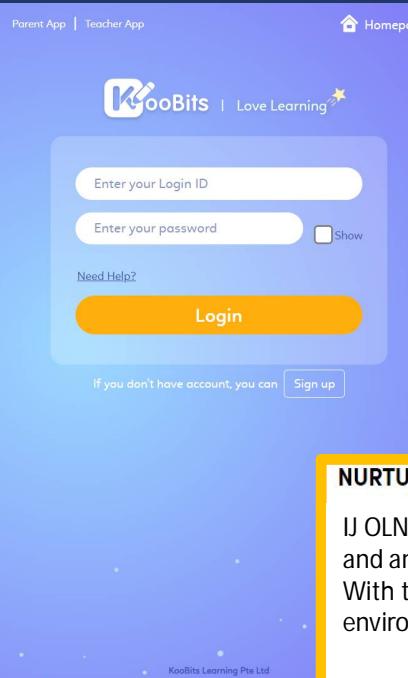
Latest CP Submitted

Name	School	Latest CP	Submission Time	
xiaoyin****	KooBits Academy US	2	10:51, 2022-Aug-14	
Trinity*****	KooBits Academy US	1	10:24, 2022-Aug-14	
Trinity*****	KooBits Academy US	1	10:21, 2022-Aug-14	
Daniel*****	KooBits Academy Jamaica	3	08:40, 2022-Aug-14	

Welcome to
KooBits



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KooBits Learning Pte Ltd

Parent App | Teacher App | Homepage

AN AWARD-WINNING MATH E-LEARNING PLATFORM FOR PRIMARY SCHOOL STUDENTS

KooBits has been a partner of Ministry of Education (MOE) schools for the past six years and is currently being used by nearly half of primary schools.

It is a personalized Mathematics e-learning platform based on the latest MOE syllabus for children in Primary 1 to 6.

NURTURING CONFIDENT, SELF-DIRECTED LEARNERS

IJ OLN hopes for every child to become a confident, self-directed learner and an independent thinker. With this platform, we encourage every child the opportunity and environment to thrive and learn effectively.

As a classroom teacher, I noticed it to be very helpful in getting my students excited to do consistent Mathematics practices. Revisiting concepts allows for better mastery.





Benefits of KooBits

1



20 mins/day = 30% improvement

Nurture a learning habit with 10 customised questions

Students enjoy the 10-question daily challenge. The questions are tailored to the child's ability to stay motivated. The rewards system encourages consistent effort too.

2

Aligned to MOE's Maths Curriculum

Stay updated on the latest P1 to P6 syllabus

The topical breakdown shows what is required for each level. This can be used to spot weaker skills and gives a clearer idea how the child is progressing.

Topic	Skills	A-Stars	Difficulty
Numbers to 1000	High Score: 1000 items	1	Easy
Addition and Subtraction within 1000	High Score: 1000 items	2	Medium
Addition & Subtraction within 1000 (High Ability)	High Score: 1000 items	3	Medium
Length	High Score: 1000 items	4	Medium
Multiplication and Division	High Score: 1000 items	5	Medium
Multiplication & Division (High Ability)	High Score: 1000 items	6	Medium
Multiplication Tables of 2, 5 and 10	High Score: 1000 items	7	Medium
Multiplication Tables of 3 and 4	High Score: 1000 items		Medium
Mass	High Score: 1000 items		Medium
Time	High Score: 1000 items		Medium



3

Question
Find the area of the triangle ABC in the figure below.

Copyright @ www.koobits.com

KooBits

No Teacher, No Problem

Get instant feedback whenever your child needs help

There are animations and step-by-step videos to guide the child through complex questions.

This helps them to visualize difficult concepts to come up with solutions by themselves.





Math School

Home

Report

Leaderboard

Friends

Help



Hi, Raniah Mohd Noor (Mdm)
Enjoy 17 FREE Brain Games in Science!

Try Now



Raniah Mohd Noor (Mdm)



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35 XP



1.



Start

2.



3.



79

Total CPs



62

KoKo Credits



Daily Bonus



How can parents support their children?

Login to your daughter's account

KooBits Math School

Home Report Leaderboard Friends Help

Hi, Raniah Mohd Noor (Mdm)

Play 17 FREE Brain Games in Science! Try Now

Raniah Mohd Noor (Mdm)
CHIJ Our Lady Of The Nativity

35 XP Lvl 6

79 Total CPs

61 KoKo Credits

Daily Bonus

Brain Games Story Events

Daily Challenge
10 personalized questions per day Start

Mission Multiplayer Assignment



Reports

The image shows the KooBits Teacher platform interface. At the top, there is a navigation bar with icons for Content, Assign, Track, Report (which is highlighted in yellow), Class, Help, and a shopping cart. Below the navigation bar, a sidebar on the left lists 'Class Report' (selected), 'Proficiency Report', 'High Score Report', and 'Login Report'. Another sidebar lists 'School Report' (selected) and 'Monthly Activity'. In the center, there is a search bar with the placeholder 'Child's name' and a user icon. To the right of the search bar are buttons for 'Proficiency Report' (circled in red) and 'High Score Report'. Below the search bar, there is a legend for proficiency levels: Mastery Proficiency (yellow dot), Competent Proficiency (green dot), Beginning Proficiency (red dot), and Incomplete Question < 10 (grey dot). The main content area displays a 'Numbers to 1000' section with a progress bar showing 14 / 19 Skills mastered (Class Avg 16 / 19). Below the progress bar is a grid of 19 skills, each with a percentage: Skill 1 (89%), Skill 2 (97%), Skill 3 (75%), Skill 4 (100%), Skill 5 (97%), Skill 6 (99%), Skill 7 (93%), Skill 8 (100%), Skill 9 (98%), Skill 10 (90%), Skill 11 (99%), Skill 12 (77%), Skill 13 (100%), Skill 14 (100%), Skill 15 (67%), Skill 16 (97%), Skill 17 (100%), Skill 18 (76%), and Skill 19 (100%). There is also a 'Numbers to 1000 (High Ability)' section with a progress bar showing 3 / 3 Skills mastered (Class Avg 0 / 3) and a grid of 3 skills with percentages: Skill 1 (84%), Skill 2 (92%), and Skill 3 (85%). On the far left, there is a cartoon illustration of a girl holding a pink book. On the far right, there is another cartoon illustration of a girl holding a bouquet of flowers.

Class Report

Proficiency Report

High Score Report

Login Report

School Report

Monthly Activity

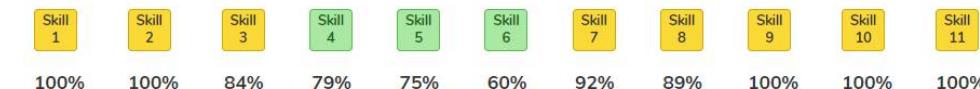
< Back



Child's name

Proficiency Report

High Score Report



Money

Skill 7 Beginning

Write amounts of money in different ways

50% Class Avg 45%

Sample Question (ID: 115201)

Keddy has two 20¢ coins and a 1¢ coin.

Fill in the blank.

He has __ ¢ or \$__

 ¢, \$

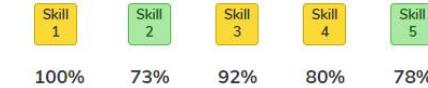
Money

11 / 16 Skills mastered (Class Avg 7 / 16)



Money (High Ability)

3 / 5 Skills mastered (Class Avg 0 / 5)



Solution

$$20¢ + 20¢ = 40¢$$

$$40¢ + 1¢ = 41¢ = \$0.41$$

Fractions

10 / 16 Skills mastered (Class Avg 1 / 16)

Support



Koobits Demonstration



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Preparing our Girls - Developing Character and SE Competencies

Enabling our children to face the future with confidence

06 JUL 2022



Photo from Ministry of Education, Singapore

[Like 96](#) [Tweet](#) [Share](#) 1

To navigate the challenges of the future, our children need to build strengths that emanate from within, a sense of identity and purpose, and competencies to engage in difficult discussions around contemporary issues.

By Sun Xueling

Enabling our children to face the future with confidence

To navigate the challenges of the future, our children need to build strengths that emanate from within, a sense of identity and purpose, and competencies to engage in difficult discussions around contemporary issues.

Sun Xueling



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Affirming the Good

- Importance of having a positive perception of self and building positive relationships



GLOW with Positivity' approach

- G**rowing positive engagement & accomplishment
- L**iving out positive meaning & purpose
- O**wning positive health & emotions
- W**eaving positive relationships

G.R.A.C.I.A STAR
Adaptability
Self-Awareness

Sem 1 Activity 5

KNOWING MYSELF

Primary 3 - Page 10

G.R.A.C.I.A STAR
Adaptability
Self-Management

Sem 1 Activity 14

KEEPING MY FOCUS

THE POWER OF YET

"I don't get it."
"I just can't do this."
"It didn't work."

Add the word "**YET**" to the end of your sentence.

Primary 3 - Page 32





Transition to Middle Primary

- Important skill to learn as the pace and rigour increases as they move on to Middle Primary
- Expected to exercise more independence

G.R.A.C.I.A STAR
Responsibility
Self-Management / Growth Mindset

Sem 1 Activity 7

G.R.A.C.I.A STAR
Responsibility
Self-Management / Growth Mindset

Sem 1 Activity 7

SETTING MY GOALS



STORY TIME

As you watch the video clip, focus on the goals set by the character in the story. How did goals help the characters?

- They helped them to focus on what they want to do.
- They motivated them to do their best.
- They made them famous.
- They built self-confidence in them.

What are GOALS?

Goals are you d _____ s in life.
They can be set for the short-term or for the long term.

My goal is:

Primary 3 – Page 20

Sem 1 Activity 7

TARGET SETTING

Non-Academic Targets

What may be some other targets that you can set for yourself to become an IJ OLN girl who demonstrates the GRACIA values?

For my behaviour in school

For my health

For my behaviour at home

For other areas

For my behaviour in school	For my health
For my behaviour at home	For other areas



I, _____ (name),
resolve to work towards achieving my
targets set. I will conscientiously apply the
strategies which I have identified as
useful.

Pupil's Signature

Parent's / Guardian's Signature





Transition to Middle Primary

Managing Emotions/Challenges

- Encouraging a growth mindset
- Need for increased focus (parents can help by making sure students do not bring unnecessary things)

G.R.A.C.I.A STAR
Adaptability
Self-Management / Growth Mindset

Sem 1 Activity 8

MY GROWTH MINDSET

Fill in the blanks with sentences that encourage a growth mindset.

I have a **GROWTH MINDSET!**



Primary 3 – Page 24

G.R.A.C.I.A STAR
Adaptability
Self-Management

Sem 2 Activity 5

NEGATIVES to POSITIVES



KEEP IT POSITIVE

Situation: All the students in your class want to sit next to Jeannie.

Negative Thought: No one ever wants to sit next to me because I don't have fancy stationery like Jeannie.

Positive Thought:



Situation: My family and I are driving to the water theme park.

Negative Thought: We are probably going to get there late because I'm sure there will be a traffic jam.

Positive Thought:



Situation: Your teacher compliments your 100% on your spelling test.

Negative Thought: Anyone could get a 100! They give us the words beforehand to learn.

Positive Thought:

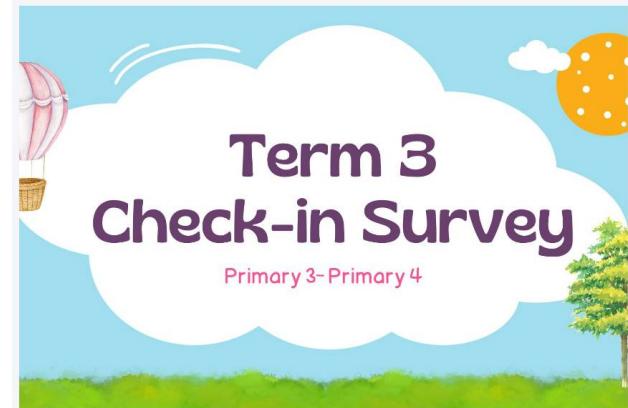




Supporting our girls' social-emotional competencies

Build rapport and express care and concern, e.g. individual [chat sessions](#), [class bonding](#) & [back to school programmes](#)

1. I feel ready for school.
2. I had enough rest (e.g. sufficient sleep, able to enjoy my hobbies) during the June holidays.
3. As we start school, I spend time on my online activities (e.g. gaming) instead of sleep.
4. I feel hopeful when I think about my future.
5. Areas that I am not coping well.



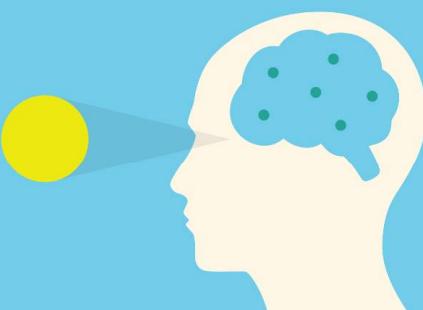


WebMD

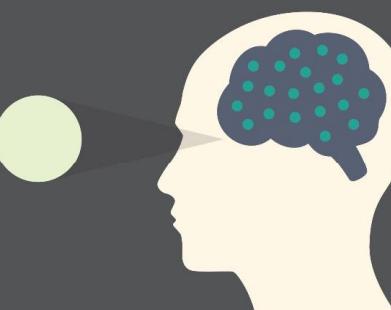
HOW LIGHT AFFECTS SLEEP

The amount of light around you controls your brain's production of melatonin, a hormone that makes you feel sleepy.

In bright light, you make less melatonin.



In darkness, you make more melatonin.



Sunlight

Need help waking up in the morning? Open the blinds or get outside to feel more alert.



Light From Screens

Their "blue" light has a powerful effect on your brain. Turn them off about an hour before bed.



Artificial Light

Bright lights after dark signal the brain to wake up. In the evening, use dim lights, and block outside light.

Harvard research states that while light of any kind can suppress the secretion of melatonin, blue light at night does so more powerfully.

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Impact on our Girls

- Feeling sleepy in class
- Difficulty concentrating and maintaining focus
- Irritability
- Physical aspects: effects on vision





What we are doing with our P3 girls

G.R.A.C.I.A STAR
Cyber Wellness
Responsible Decision-Making

Sem 2 Activity 6

DO I KNOW YOU?

What do you do on the Internet?
Tick the applicable boxes.

Email Watch movies/ Youtube
 Play games Do research
 Social Media Chat with friends

STORY TIME
What advice would you give the main character of the story?

If a stranger wants to be your friend online, what should you do?
Tick the correct practices:

Give your personal information (e.g. your address) to him/her.
 Seek your parent's approval before chatting with him/her.
 Trust everything he/she tells you.
 Invite him/her home.
 Decline his/her invitation to be his/her online friend.
 Ignore this person.
 Chat with this person to find out more about him/her.
 Arrange to meet him/her.

Primary 3 – Page 13

- **Creating awareness**
- **Identifying 'addiction'**
- **Chats with students**





CyberEducation@CHIJ OLN

- CyberWellness lessons within Values Education programme
- The #thinker module in our IJ OLN 360 programme for all P3s – P6s → e.g. determining reliability of information & role of influencers

Learn to distinguish between facts and fake news.



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Timely Reminders for Students through NEWBites on CyberEducation

The image is a composite of two parts. On the left, a screenshot of a NBC News U.S. News article titled "TikTok 'skull-breaker challenge' lands New Jersey boy, 13, in hospital, 2 charged." The article discusses a seventh grader hospitalized after a January incident at his school. On the right, a graphic for "CYBERBITES" features a blue shield with a laptop icon and the word "CYBERBITES" in white. Below the shield is a globe with circuit board patterns. At the bottom of the composite image, a caption reads "CYBERBITES 27 JULY A thirteen-year-old boy suffered seizures and was rushed".

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CyberEducation@Home

Source - <https://www.instagram.com/parentingwith.moesg/>

The infographic consists of four orange and white panels, each containing a tip for managing screen time:

- TIP 1 Make screen time predictable**
Agree on a fixed time in their schedule for using devices (i.e. when and for how long).
Switch off the device so it doesn't become a distraction. Role model and manage your own screen time too.
- TIP 2 Make screen time productive**
Given the current situation, an increase in screen time is likely. However, use this time to help your child pick up new hobbies, skills, or knowledge through educational content.
- TIP 3 Make screen time precious**
Use screen time wisely to bond with your child through activities, such as exercising, or cooking along with a video!
- TIP 4 Pause screen time**
Make sure your child give their eyes a break! Encourage them to take a 10 minutes break for every hour that they spend on their screens.



Let's put in place structures to help our girls understand and succeed

Chat with your child. Understand her strengths & weaknesses. Focus on the work ethics and character values that lead to results.

Team up with the teachers.



Ensure a holistic lifestyle.
E.g. CCAs, time to play, reflection

Create a conducive learning environment at home

- Develop a routine for school and homework.
- Help her set realistic and achievable goals.
- Encourage her to fulfil her responsibilities as a student

Join our Parent Support Group (PSG)

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Please Take Note... From OLN Connect (Aug)

OLN Connect

1. PSLE Oral (15 and 16 August 2022)
2. PSLE Listening Comprehension Paper (16 September 2022)

The PSLE Oral and Listening Comprehension examinations for Primary 6 students will take place on the dates stated above.
P1 to P5 students will be assigned HBL on these days.

To ensure a safe and conducive environment for the examination, the school will not admit visitors on both days. This includes parents, care-givers and P1 to P5 students for non-emergency cases such as collection of homework or retrieval of lost items. The canteen, bookshop and dental clinic will also be closed on these days. Our teachers will also be reminding the students to bring home whatever they need to facilitate their learning from home.

3. PSLE Written Papers (29 September to 5 October 2022)

The PSLE Written examinations for Primary 6 students will take place on 29 September to 5 October.

P1 to P5 students will continue to report to school for lessons on these days.

PSLE Marking Exercise on 17 to 20 October 2022

The PSLE Marking Exercise will take place from 17 to 20 October 2022. Due to availability of resources and greater familiarity with HBL, the school is able to extend learning during the marking exercise. Please take note of the following arrangements for P1 to P6 students on these 4 days:

- *P1 to P2 students will report to school for lessons on these 4 days. School hours will remain unchanged i.e. 7:30a.m. - 1:30p.m on Monday, Tuesday and Thursday and 7:30a.m. - 1:15p.m on Wednesday*
- P3 to P5 students will be assigned HBL, and task sheets will be made available by 16 October 2022, 6p.m.
- P6 students will prepare the annual IJ Bazaar. Teachers will share more information with the girls after the PSLE.

All students are to report to school on Friday, 21 October 2022.





Please Take Note... GEP Screening



17 August 2022 (Wednesday)

- Non-candidates are to report to school unless unwell/have a valid reason
- Refer to letter on PG on procedures to follow if your child is taking GEP and is unwell and can't be present



- Snack Break 9.45 am to 10.05 am
- Recess: 11.45 am to 12.15 pm





Just type in your comments or questions via
the Chat function. Thank you.

CHIJ Our Lady of the Nativity





Thank you &
we wish you
a wonderful
day!



CHIJ Our Lady of the Nativity
Simple in Virtue, Steadfast in Duty

PRIMARY 3

KOPI CHAT @
CHIJ OLN

