

# Primary One Lifeskills - Getting ready for school



PVs being introduced to the class



'Collaborative problem-solving' skills in action !!!



Listening intently to instructions



Our girls neatly folding their bouses

A well thought out "Getting Ready for School" Life Skills Programme for the babies of IJ Primary!

As I watched the little ones during the session, I suddenly realised that they aren't babies anymore...these girls with that sparkle in their eye, are extremely enthusiastic to do mostly everything on their own without being "micromanaged".

As a parent of a P1 myself, it was like my own rite of passage of learning to let go a little... it felt great paying it forward as a parent volunteer today; sharing helpful tips on getting ready for school independently and with confidence!

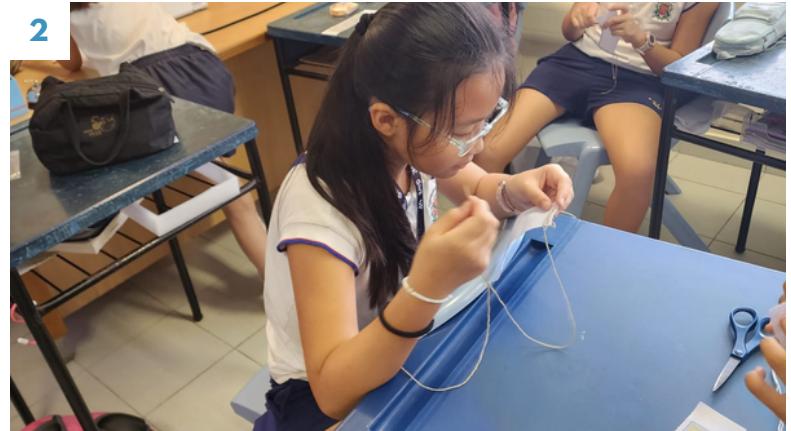
The videos, props provided made the session interactive and interesting for the girls. So when any of the girls exclaimed proudly - showing off their well-folded pinafore or their neatly SELF tied hair... plastered on with that big smile on their face... it's mission accomplished!

Written by Natalie Koh, mum of Gemma Teo P1 Ixora

# Primary Five Lifeskills - Cross-stitch



1 Enthusiastic PVs at work



2 Our girls getting better at their 'craft'



3 All hands on deck



4 Threading needles seem to be the most daunting

I helped out with the P5 life skills this year. This is my 3rd time helping out at Life Skills and it's always an exciting and rewarding time to spend a morning with the girls. Last year, the P4s learnt how to sew a simple purse and this year, we introduced them to cross stitching! I have fond memories of cross stitch from my younger days so I was glad to know that our girls will be exposed to this classic craft. Most of the girls remembered how to thread a needle and tie a knot from the previous year so that was proof that the skills learnt previously were not forgotten.

With the help of the teacher's video and our instruction on the basics of cross stitch, majority of them managed to start on their borders successfully and some even managed to start on the cross stitching of the CHIJ letters. Most were so engrossed in the activity and were sad when time was up! Even I was surprised at how quickly time flew by. Good news was that they could continue their cross stitch bookmark at home.

I am thankful to CPC for organizing such a meaningful activity and allowing parents to be involved in the girls learning journey. It was a rare treat to see the girls in action in a classroom setting and I highly encourage parents to sign up for future events. Looking forward to next years Life Skills with the girls.

Sheryl - Nadia Murthy P5 Orchid