

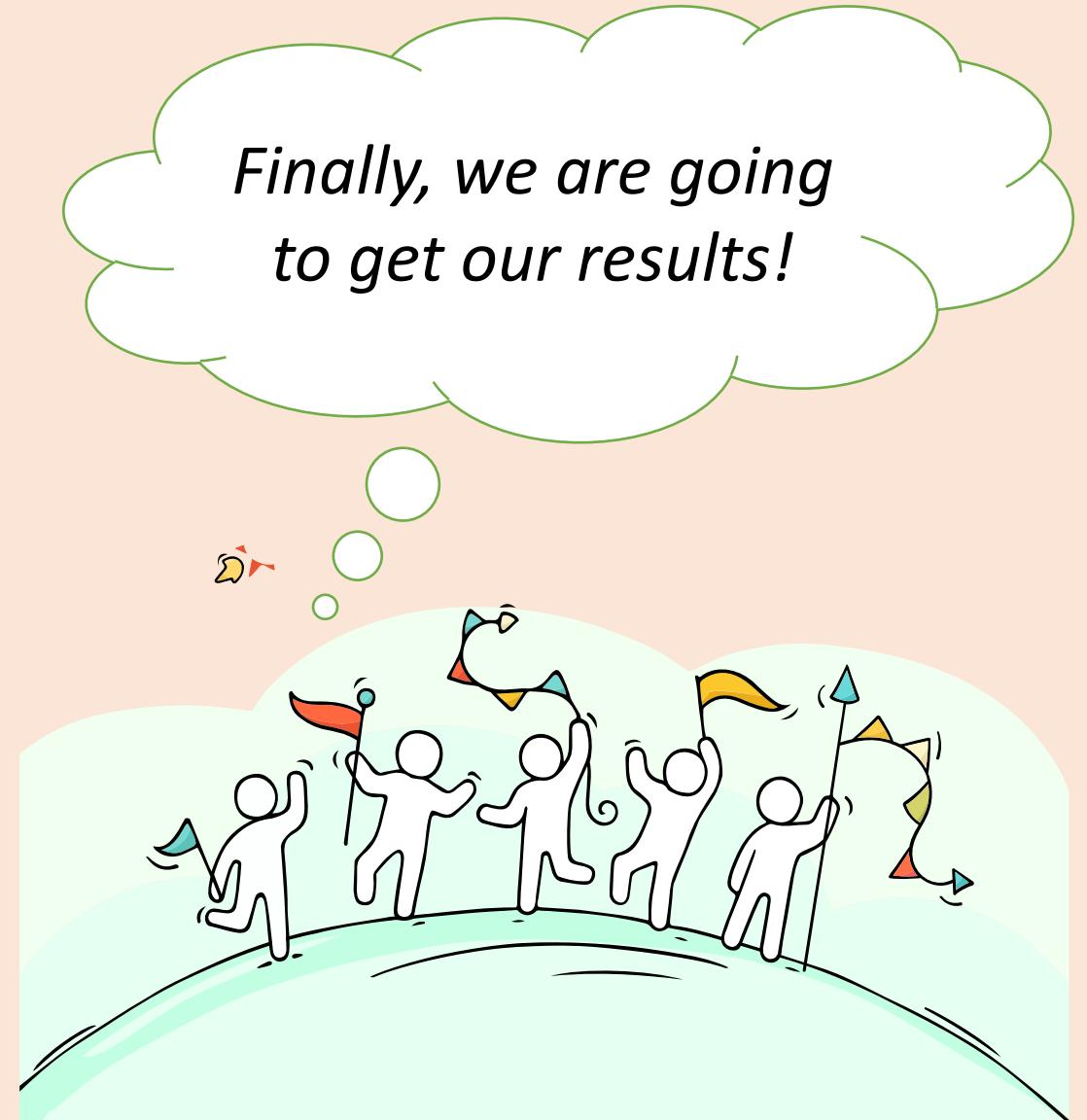
Welcome Back!

Briefing Slides for Release of 2025 GCE O-Level Results



Dear students,

You have worked hard to reach this stage. Let's celebrate your efforts!



**Remember that while everyone's
educational journey is different,
we can each have a fulfilling outcome!**



Resources to support you as you receive your results

'Share in Joy and Offer Help'

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.



<https://go.gov.sg/olevelstudentresource>

BEING A SUPPORTIVE FRIEND

Look out for your friends who may be feeling down. If you see someone who needs some support, try C.H.E.E.R.ing them on!

Calm them down

"Hey, let's sit down and take a step back ok?"



Hear them out

"I am listening.
I am here for you."



Empathise with them

"It seems like this is a difficult time for you."



Encourage seeking help

"Thanks for sharing. Why don't we speak with a trusted adult who can help?"



Refer to a trusted adult

"Would you like me to go with you to talk to our teacher or School Counsellor?"



Thinking about Your Next Step?

Consider these questions...



In the infographic, you can find resources which can help you make informed decisions.

PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-olevel>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>

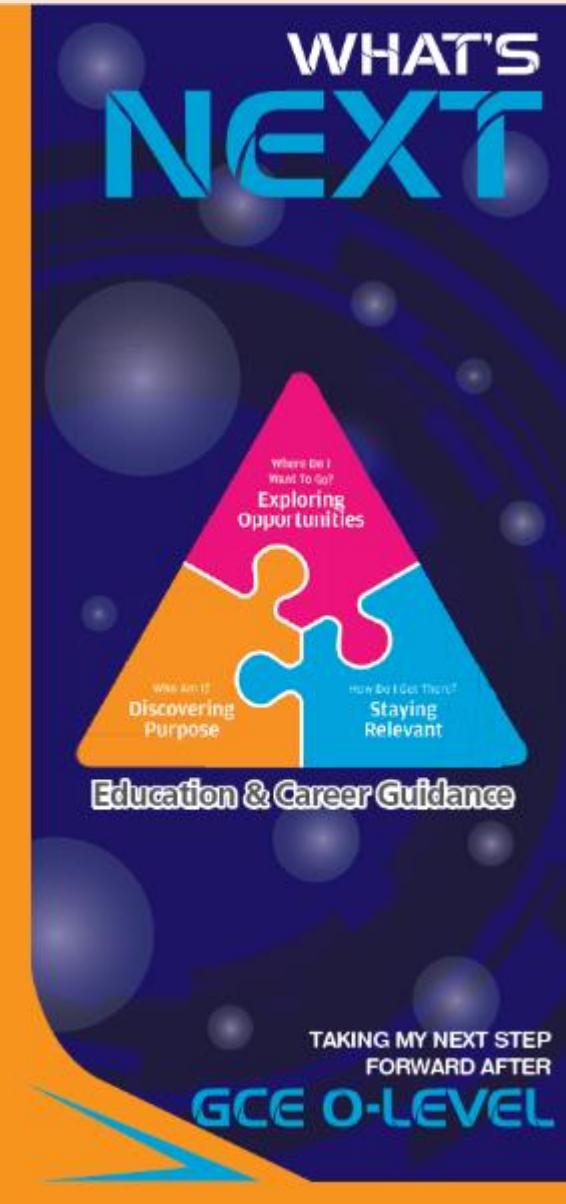


- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- Chat with your school's ECG Counsellor

Resources to help you make informed decisions



PLANNING YOUR NEXT STEP

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MySkillsFuture Student Portal

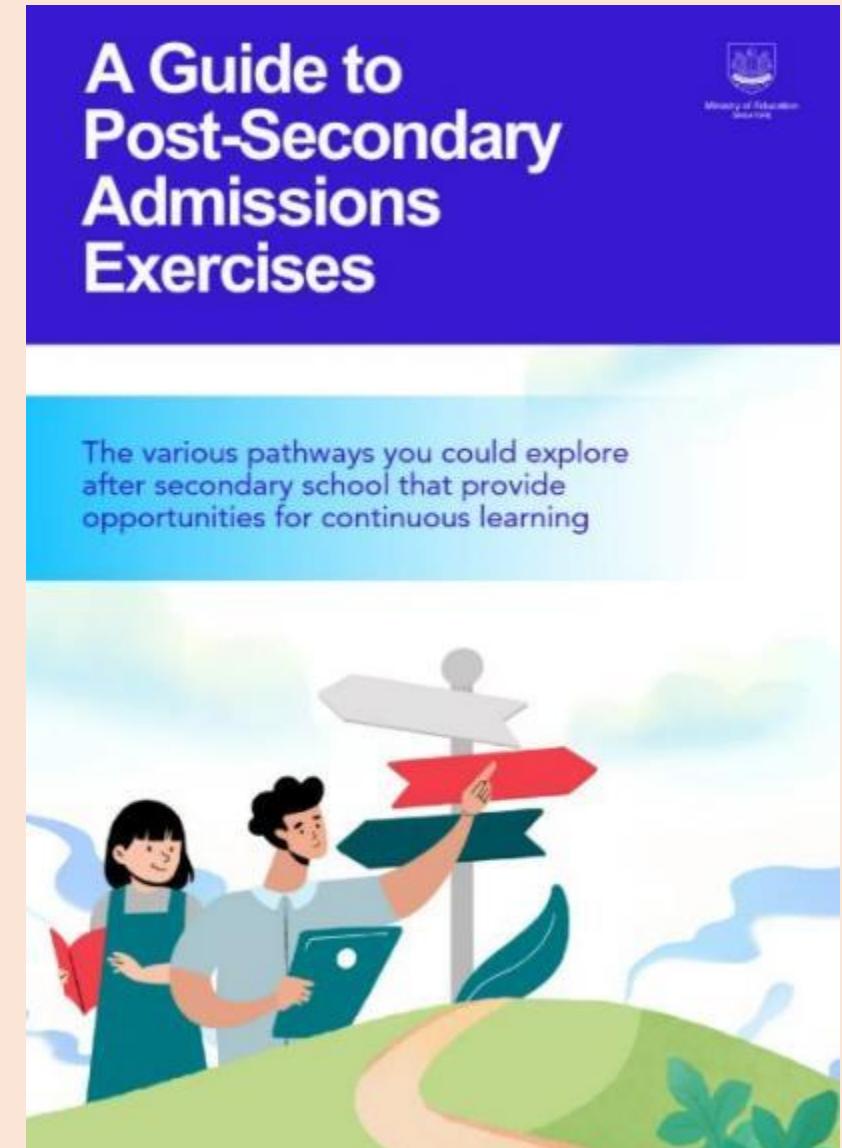
Use the information and tools to explore various education and career pathways and take charge of your future.

Details of Admissions Exercises

You can find the details of the various admissions exercises from the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:

<https://www.moe.gov.sg/post-secondary/admissions>

- Joint Admissions Exercise (JAE)
- Joint Intake Exercise (JIE) ‘O’
- Nanyang Academy of Fine Arts (NAFA)
- LASALLE College of the Arts (LASALLE)



Resources to help students make informed decisions

Learn more about the
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

Concerned About Your Next Steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.
- Remember that the O-Level examination is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

Managing your emotions

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as your parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



Who can we go to for ECG advice?

Make an appointment to speak with your ECG Counsellor in school

OR

The ECG Centre @ MOE offers online or phone ECG counselling services. Make an appointment via go.gov.sg/moe-ecg-centre

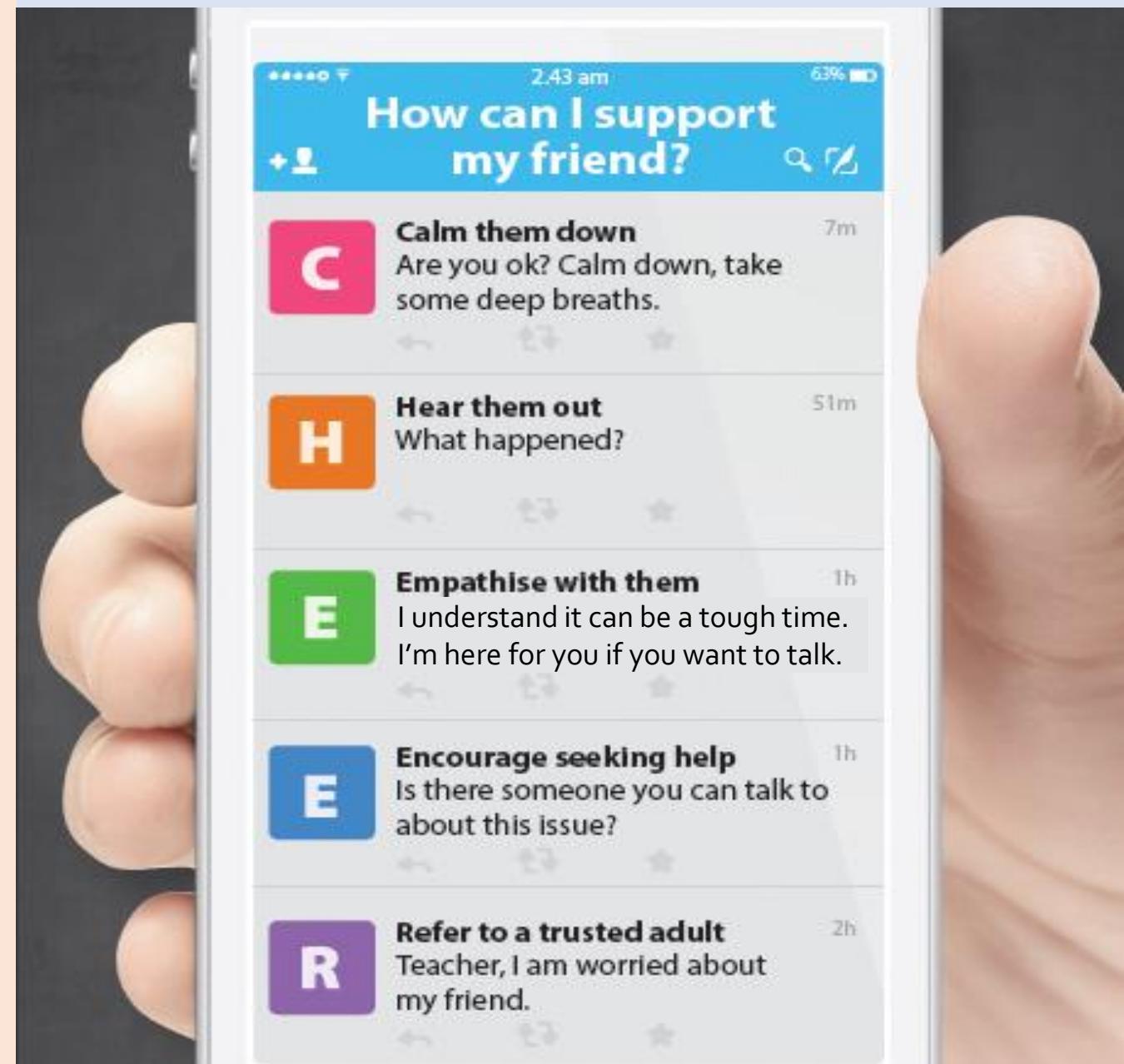


Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:



- C Calm them down**
Are you ok? Calm down, take some deep breaths.
7m
- H Hear them out**
What happened?
51m
- E Empathise with them**
I understand it can be a tough time.
I'm here for you if you want to talk.
1h
- E Encourage seeking help**
Is there someone you can talk to about this issue?
1h
- R Refer to a trusted adult**
Teacher, I am worried about my friend.
2h

Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

**D
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Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends,
have a chat with your School Counsellor or teacher,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**
For cyber wellness related matters, call Help123 at **1800-612-3123*** or email **hello@help123.sg**

*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**

(24-hour helpline)

WhatsApp: **9151 1767**

(24-hour Care Text)

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *Scape, 2 Orchard Link, #04-07**

Call: **6493 6500 / 6501**

Email: chat@mentalhealth.sg

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

Mindline is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**

(24-hour helpline)

WhatsApp: **6669 1771**

(24-Hour messaging service via WhatsApp)

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**

Monday- Friday (Excluding Public Holidays): 9am – 6pm





**The O-Level examination is
one milestone in your
education journey, and
there are many more
exciting pathways ahead.**

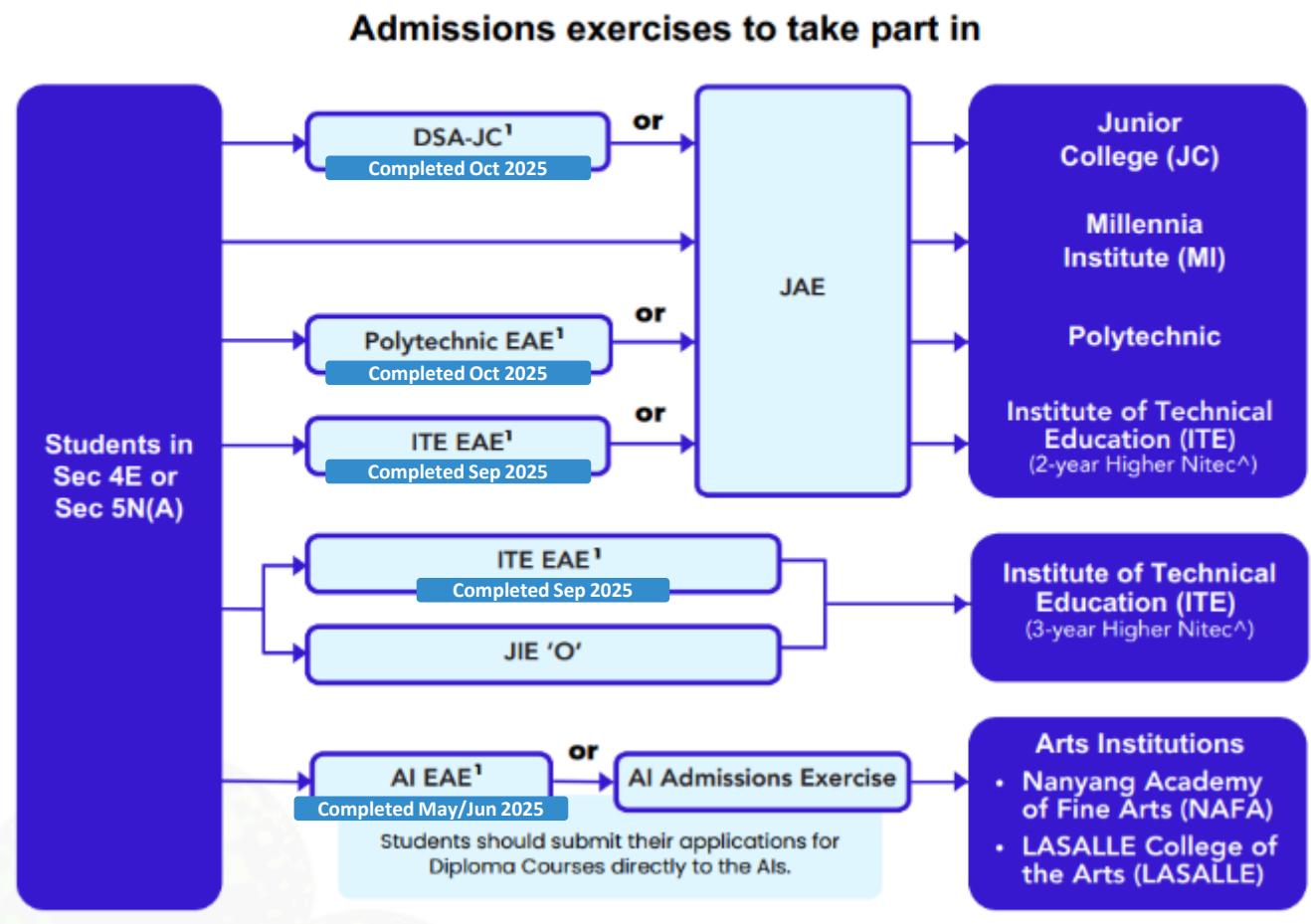
**Your future holds many
opportunities waiting to be
discovered!**

Admissions Exercises

Things to note



Post-Secondary Admissions Exercises for Students in Sec 4 Express or Sec 5 Normal (Academic)



Source: [Post-Secondary Admissions Exercises booklet](#)

¹Students apply through these admissions exercises before their examinations.

[^]Please visit these websites for the list of courses for 2-year Higher Nitec:

<https://www.ite.edu.sg/current-full-time-students/progression/higher-nitec/>



for 3-year Higher Nitec:

<https://www.ite.edu.sg/secondary-school-students/ite-full-time-courses/3-year-4-year-higher-nitec>



Details of Admissions Exercises

JAE – Joint Admissions Exercise

JAE enables GCE O-Level holders to apply for courses offered by JC^s, MI, polytechnics and ITE (2-year Higher Nitec courses).

JAE: <http://go.gov.sg/applyjae>

JIE 'O' – Joint Intake Exercise 'O'

The JIE 'O' enables GCE O-Level holders to apply for the 3-year Higher Nitec courses conducted by ITE.

JIE 'O': <https://go.gov.sg/applyjieo>

Details of Admissions Exercises



Arts Institutions – NAFA/LASALLE

GCE O-Level holders with the aptitude and interest to pursue the creative arts at the tertiary level may apply for diploma programmes at the Arts Institutions (AIs). Each AI runs its own admissions exercise, and interested students should apply directly to the institution.

The AIs also run their own Early Admissions Exercise, an aptitude-based admissions exercise open to graduating O-Level students, final-year Nitec and Higher Nitec students from ITE and graduating Integrated Programme (IP) / International Baccalaureate (IB) Year 4 students. This exercise allows students to apply for and receive conditional offers for admission to NAFA and LASALLE prior to receiving their final grades.

NAFA: <http://go.gov.sg/applynafa>

LASALLE: <https://go.gov.sg/applylasalle>

Application Period

Application Period	Oct 2025 – Mar 2026*	6 calendar days starting from the day of the O-Level results release
Admissions Exercises	NAFA LASALLE	JAE JIE ‘O’

**Applications may close early once programme places have been filled.*

Additional resources to help you make informed decisions



About Discover On My Way:

Discover your **education and career interests** and **chart your personal and professional future** with Discover On My Way! **Explore** different careers, **connect** with industry professionals and peers, and **get firsthand exposure** at various job roles. *Let's get you on your way to Discover-ing!*

What to study?
What career to pursue?

Still figuring out your future?

Join programmes organised by NYC and our partners to meet professionals from various industries & youth on the same journey as you.



Learning Journey to
*SCAPE & ChaPanda



SEAcret Gatherings

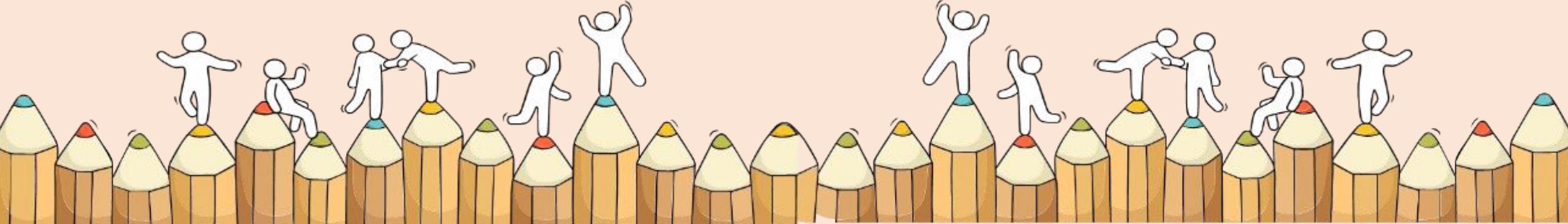


Industry Connects With Grab SG



<https://discover.nyc.gov.sg/omw>

For Students Considering Private Education



The 3Rs when deciding on Private Education

Reasons

- Why are you furthering your studies?
- What are the job prospects for your preferred course?

Readiness

- How ready are you to further your studies?
- Can you cope with the academic rigour and assignment deadlines?
- Can you fund your studies?

Risks

- Do you know the possible drawbacks?
 - Your expected returns may not exceed the investments you put into your private education.
 - Private schools may make exaggerated claims.
 - Private schools may close due to various reasons.
 - You may not get a full refund if you withdraw from your course.



8 Things You Should Know Before You Enrol in A Private School

School Registration
Ensure the school is registered with SkillsFuture Singapore (SSG). Review the school's registration period, expiry date and its overall registration track record.

Partner Institution
Research on the partner institution conferring the diploma or degree, and whether the qualification is recognised by the industry.

EduTrust Certification Scheme
Is the school EduTrust-certified*? Under the scheme, private schools are assessed for their performance in areas such as school management and provision of student support services.

*Schools are required to obtain EduTrust certification in order to offer external degree programmes

School Premises
Head down to the campus ground to check the facilities and support services. Observe the study environment too.

Fee Protection
Ask if there is any course fee protection so that you will be able to recover unconsumed course fees should the school close down.

Beyond Course fees
Find out about the course syllabus and materials, graduation rates and employment prospects. Approach the alumni to find out what they think of the school.

Teachers
Check if the teachers are qualified to teach the course.

Internship
If industry attachment is included, find out which organisation you will be attached to, the period of attachment and the alternative arrangement should the attachment become unavailable. Verify the information with the organisation as well.





**Ministry of Education
SINGAPORE**