



## ***CCAs Offered in CHIJ Secondary***

| Sports and Games            | Visual & Performing Arts | Uniformed Groups             | Clubs and Societies                  |
|-----------------------------|--------------------------|------------------------------|--------------------------------------|
| Badminton *                 | Arts Alive! @            | Girl Guides +                | Automation and Robotics Club (ARC) * |
| Basketball *                | Choir *                  | Red Cross Youth #            | Chinese Cultural Society (华艺社) #     |
| Bowling *                   | Concert Band +           | National Cadet Corps (Sea) + | Debating & Oratory Society *         |
| Netball (Sch Team) *        | Guitar Ensemble +        |                              | IJ Media Club @                      |
| Netball Recreational Club * | IJ Dance Ensemble *      |                              | iGrow@IJ #                           |
| Rhythmic Gymnastics *       | IJ Theatre *             |                              | IJ Youth Mission #                   |
| Tennis *                    |                          |                              | Legion of Mary (2nd CCA)             |
| Track and Field *           |                          |                              |                                      |

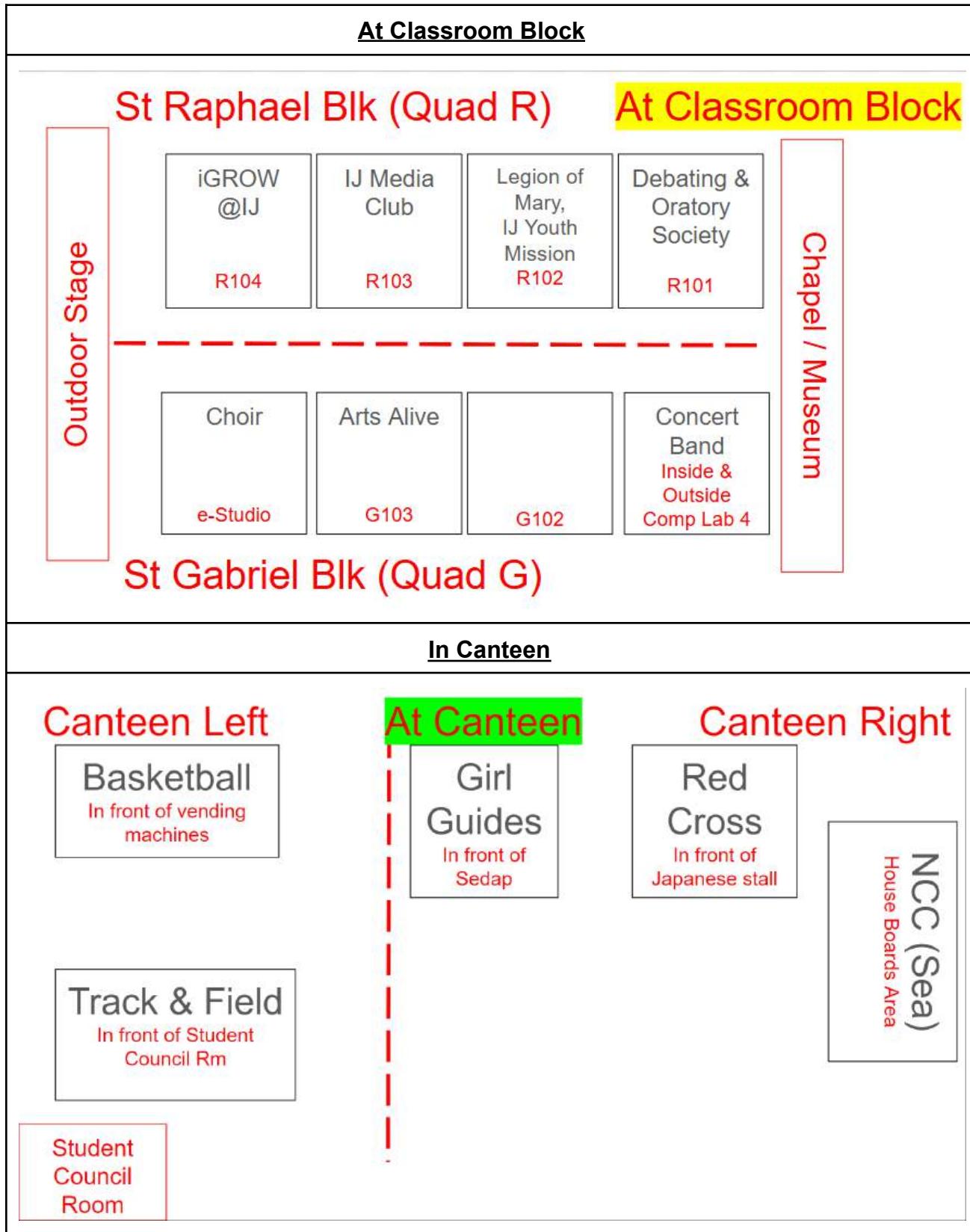
\* these CCAs require **ALL** students to pass trials/auditions.  
+ these CCAs conduct trials/auditions, but students are NOT required to pass the trials/auditions  
@ these CCAs require **SOME** students to pass trials/auditions  
# these CCAs do not require any trials/auditions

## **CCAs that I am interested in.**

| <b><u>CCA</u></b> | <b><u>Date(s) of trial</u></b> | <b><u>Time of trial</u></b> |
|-------------------|--------------------------------|-----------------------------|
|                   |                                |                             |
|                   |                                |                             |
|                   |                                |                             |
|                   |                                |                             |

**Remember that you must key in your CCA Choices latest by 31 January 2025.**

## VISUAL LAYOUT OF CCA BOOTHS



In Hall of Faith

Hall Left

**Stage @ Hall**

Hall Right

Guitar

Front left  
Badminton court

Tennis

Back Right  
Badminton courtIJ Theatre  
Left side of last 2  
Badminton courtsAutomation &  
Robotics Club  
Right side of last 2  
Badminton courts

Badminton

Front right  
Badminton court

Dance

Right side of last 2  
Badminton courtsAt Indoor Sports Hall (ISH)

ISH Near

**At ISH**

ISH Far

Netball  
Sch TeamRhythmic  
GymnasticsNetball  
Rec

Bowling

Toilet/  
Entrance

## Intent of CCAs and CCA Policy

**Our CCAs aim to develop the students' potential outside of the academic field in the following ways:**

- Provide for physical, social and mental development
- Cultivate desirable values and attitudes
- Inculcate a sense of belonging in school
- Provide opportunities for the development of leadership skills and competencies.
- Cultivate life-long interests and skills
- Develop healthy lifestyles

**It is the policy of MOE and the school that every student must participate in at least one CCA in the school throughout the student's 4 or 5-year stay in the school.**

## Entry Criteria for CCAs

### Visual & Performing Arts

All performing arts CCAs will require students to go for selection trials. These trials will gauge students' potential and ability in the CCA. For Choir and Dance, some experience in the area is required. For Concert Band, Guitar Ensemble and IJ Theatre, a strong interest and willingness to learn is necessary. For Arts Alive!, some places will be reserved for students with prior experience.

### Sports and Games

Students in the Sports CCAs will be given opportunities to represent school and as such, students who wish to join should be able to play the sport competently. Coaches are available to help these athletes achieve success in numerous sports competitions. The Sports CCAs will conduct selection trials for those who wish to join. The school's Tennis, Netball CCAs do have some spaces for those with limited experience and are willing to learn.

### Uniformed Groups (UGs).

All students are welcome to join these CCAs. These students should be ready to participate fully in the many challenging, adventurous and fun activities in the UG CCAs.

### Clubs and Societies

Students who wish to join the Debating and Oratory Society will be required to attend a selection trial. For IJ Media Club, some places will be reserved for students with prior experience. The other Clubs and Societies are open to students who possess an interest in the CCA, as well as a desire to learn and contribute.

## CCA Selection and Allocation

The process for CCA selection and allocation is as follows:

1. All Secondary One students and their parents will attend a briefing by the HoD CCA who will explain the importance of participating in a CCA, the school's CCA policy and how CCAs and other co-curriculum activities are graded.
2. Students will visit the various CCA booths to gather information about the various activities on offer during CCA Orientation. They may also approach the respective CCA teachers, prior to making their selection, to find out more about the CCA.
3. Secondary One students are encouraged to attend the various CCA selections of their CCA choices.
4. CCA trial and selection results will be published by 27 January 2026 (Tuesday).

<https://tinyurl.com/CHIJCCATrials2026>

For privacy reasons, this link can only be accessed using an ICON Email account.

5. Students must indicate their top 6 choices at

**[https://forms.moe.edu.sg/forms/  
Jk7XIQ](https://forms.moe.edu.sg/forms/Jk7XIQ)**

by 30 January 2026, starting from 23 January 2026 only

(see Appendix B).

For security purposes, choices may only be indicated using your MOE Student Email account.



**If you did not pass the CCA's trial/audition, please do not include that CCA among your 6 choices. You may end up with very limited options or none at all.**

6. By Mid February, all Secondary One students will be informed of their allocated CCA and should start attending CCA practice as soon as possible.

**As far as possible, the school will try to allocate CCAs according to the student's 6 choices. However, the school needs to ensure that the needs of each CCA are also met and at the same time, ensure that none of the CCAs are over- or under- subscribed.**

In case of any enquiries, you may contact Mr Daryl Chan at [chan\\_chiang\\_daryl@moe.edu.sg](mailto:chan_chiang_daryl@moe.edu.sg)

# CCA Trials/Audition Dates 2026

**ALL students must pass trials/auditions for these CCAs.**

| CCA                                | DATE<br>(12 - 23 Jan<br>2026) | TIME   |
|------------------------------------|-------------------------------|--|
| AUTOMATION AND ROBOTICS CLUB (ARC) | Mon, 12 Jan                   | 3.00 pm - 5.00pm @ Computer Lab 3              |
|                                    | Wed, 14 Jan                   |  |
| BADMINTON                          | Mon, 12 Jan                   | 3:00pm - 5:00pm @ Hall of Faith                |
|                                    | Wed, 14 Jan                   |  |
| BASKETBALL                         | Mon, 12 Jan                   | 3:00pm-5:00pm @ Indoor Sports Hall             |
|                                    | Wed, 14 Jan                   | 3:00pm-5:00pm @ Basketball Court               |
| BOWLING                            | Wed, 14 Jan                   | 3:30pm - 5:30pm @ SAFRA Toa Payoh              |
|                                    | Fri, 16 Jan                   |  |
| DANCE ENSEMBLE                     | Tue, 13 Jan                   | 3:00pm - 6:00pm @ Dance Studio (Celestial)     |
| NETBALL RECREATIONAL CLUB          | Mon, 12 Jan                   | 3:30pm - 5:00pm @ Parade Square                |
|                                    | Wed, 14 Jan                   |  |
| RHYTHMIC GYMNASTICS                | Wed, 14 Jan                   | 3:00pm - 5:00pm @ Indoor Sports Hall           |
|                                    | Fri, 16 Jan                   |  |
| TENNIS                             | Tue, 13 Jan                   | 3.30pm - 5.00pm @ MOE Evans Road Tennis courts |
|                                    | Wed, 14 Jan                   |  |
| TRACK AND FIELD                    | Wed, 14 Jan                   | 3:30pm - 5:30pm @ School Track                 |
|                                    | Fri, 16 Jan                   |  |

**ALL students must pass trials/auditions for these CCAs**

**MUST SIGN UP @ CCA ORIENTATION and INFORM if not attending**

| CCA                          | DATE        | TIME  |
|------------------------------|-------------|---|
| CHOIR                        | Wed 14 Jan  | 3:00pm - 6:00pm @ IJ Museum For Sec 1s and Scholars |
|                              | Fri, 16 Jan |   |
| DEBATING AND ORATORY SOCIETY | Wed, 14 Jan | 3.00pm - 5.00pm @ G301 & G302                       |
|                              | Fri, 16 Jan | *Must sign up at CCA Orientation booth at R101      |
| NETBALL (SCHOOL TEAM)        | Thu, 15 Jan | 4:00pm - 6:00pm @ ISH                               |
| IJ THEATRE                   | Wed, 14 Jan | 3:15pm - 6:00pm @ ArtsBox                           |
|                              | Mon, 19 Jan |   |

**SOME students must pass trials/auditions for these CCAs**

| CCA         | DATE                      | TIME                         |
|-------------|---------------------------|------------------------------|
| ARTS ALIVE! | Wed, 14 Jan or Wed 21 Jan | 3.00pm - 4.00pm @ R201       |
| MEDIA CLUB  | Wed, 14 Jan or Wed 21 Jan | 3.15pm - 4.30pm @ Comp Lab 4 |

**Students DO NOT NEED TO pass trials/auditions for these CCAs**

| CCA                        | DATE                       | TIME  |
|----------------------------|----------------------------|---|
| CONCERT BAND               | Mon, 12 Jan or Wed, 14 Jan | 3:00pm - 4:00 pm or 4:00 - 5:00 pm @ Band Room (Level 5 St Michael's Blk) |
| GUITAR ENSEMBLE            | Wed, 14 Jan or Mon 19 Jan  | 3:30 pm - 5:00 pm @ Music Room  |
| GIRL GUIDES                | Wed, 21 Jan                | 3.30 pm - 5.00 pm @ R105  |
| NATIONAL CADET CORPS (SEA) | Tues, 13 Jan or Wed 14 Jan | 3:00-5:00pm @ AVA room  |
| RED CROSS                  | Tue, 20 Jan or Wed, 21 Jan | 2.45pm - 4.00pm   |

## **CCA Grading**

The CCA Grading Scheme ((LEAPS) takes into consideration a number of new initiatives implemented in the last few years, like the Student Leadership Programme, Values-In-Action Programme and the Character and Citizenship Education Programme.

Since 2014, LEAPS 2.0 guides the recognition process for all co-curricular activities in the school.

***Key Domains in LEAPS 2.0 with a focus on “Broadened Recognition; Stronger Student Centricity”***

### ***Participation***

This domain recognises students' participation in one school-based Co-Curricular Activity (CCA). Recognition is based on the number of years of participation (with sufficient attendance, i.e. 75%) and exemplary conduct and active contribution to the CCA. ***Sustained engagement in the same CCA*** allows for progressive development of character, skills, knowledge and friendships, and will be accorded higher recognition.

### ***Service***

This domain recognises students' development as socially responsible citizens who contribute meaningfully to the community. Every secondary school student will contribute at least 6 hours per school year to the community. In CHIJ, students are also guided to embark on a Values-In-Action project (VIA). Students will be recognised for the time they put into planning, service and reflection, when participating in a VIA project.

### ***Leadership***

This domain recognises students' leadership development. Recognition is accorded to students' ability to take charge of personal development, work in a team and assume responsibilities, in the service of others. In addition to formal leadership appointments, participation in student leadership modules/workshops, the National Youth Achievement Award (NYAA) and leadership positions in the school, CCA or student-initiated/student-led projects will also be recognised.

## Achievement

This domain recognises students' representation and accomplishment in co-curricular involvements beyond the classroom. Opportunities for representation and accomplishment present valuable learning experiences for students to learn discipline, resilience and develop their character. Students may represent the school or organisations endorsed by the school. Recognising external opportunities better caters to students' diverse interests and talents. It also recognises the community's role in developing the child.

- Representation refers to being selected and endorsed by the school or an organisation endorsed by the school (e.g. the community club or national association) to contribute, perform or compete. It need not be tied to his/her CCA in school.
- Accomplishment refers to attaining accolades and awards at competitions, festivals, performances, exhibitions, conferences and symposiums where the student represents the school or other organisations endorsed by the school.

### ***Recognition of Co-curricular Experience***

At the end of the graduating year, students' co-curricular attainment will be recognised according to Excellent/Good/Fair. The level of attainment will be converted to a bonus point(s) which can be used for admission to Junior Colleges/ Polytechnics/ Institutes of Technical Education (JC/Poly/ITE).

| Co-Curricular Attainment      | Details  |
|-------------------------------|--|
| Excellent<br>(2 bonus points) | Student who attains a minimum Level 3 in all four domains with at least a Level 4 in one domain.   |
| Good<br>(1 bonus point)       | Student who attains a minimum Level 1 in all four domains with any one of the following:<br>i. At least Level 2 in three domains;<br>ii. At least Level 2 in one domain and at least Level 3 in another domain; or<br>iii. At least Level 4 in one domain. |
| Fair                          | Student's attainment in co-curricular will not translate into any bonus points.  |

**Appendix B - CCA Selection Procedure – Please key in between 19 Jan to 26 Jan 2024**

Select choices 1 to 6. Ensure all 6 are different. Include at least 2 of the following: Concert band, NCC (Sea), Red Cross, Girl Guides.

DO NOT select CCAs where you are not on the Confirmed list or Waiting List.

**QUESTION 1 - RANKING ★**

Please rank your preferred CCAs.

Remember that you must include at least TWO of these choices (Concert Band, Chinese Cultural Society, Girl Guides, Red Cross, NCC (Sea))

|             |                      |
|-------------|----------------------|
| 1st choice: | <input type="text"/> |
| 2nd choice: | <input type="text"/> |
| 3rd choice: | <input type="text"/> |
| 4th choice: | <input type="text"/> |
| 5th choice: | <input type="text"/> |
| 6th choice: | <input type="text"/> |

**Fill in medical conditions (if any)****QUESTION 2 - MULTIPLE CHOICE ★**

Do you have any existing medical condition(s)?

- Yes  
 No

## Fill in your HEIGHT and WEIGHT.

### QUESTION 4 - FREE TEXT ★

Please state your HEIGHT in cm.

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### QUESTION 5 - FREE TEXT ★

Please state your WEIGHT in kg.

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## Key in prior experience in relation to selected CCAs

### SECTION 1

#### **PRIOR EXPERIENCE**

In this section, you will include all the prior experiences that you have had in your primary school years.

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### QUESTION 6 - FREE TEXT ★

What was your main CCA in primary school?

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### QUESTION 7 - MULTIPLE CHOICE ★

How many years were you in your main CCA?

- 1 year
  - 2 years
  - 3 years
  - 4 years
  - 5 years
-

**QUESTION 8 - FREE TEXT ★**

What awards / leadership positions did you attain or achieve?

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**QUESTION 9 - FREE TEXT**

Is there any additional information that you would like to include that is related to your CCA Choices? E.g. other CCAs that you joined in primary school or enrichment classes outside of school.

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Appendix C - CCA Write-ups**SPORTS & GAMES**

| <b>BADMINTON</b>          |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Mastura Senin ( <a href="mailto:mastura_senin@moe.edu.sg">mastura_senin@moe.edu.sg</a> ),<br>Mr Kenneth Ho, Ms Sim Hoon Kuan,<br>Mrs Tan Yan Ping (Sem 1) / Ms Jeannette Lee (Sem 2) |
| <b>Training Days/Time</b> | Monday, Tuesday or Friday, and Wednesday (3.00 pm – 6.00 pm)  |
| <b>Venue</b>              | CHIJ Secondary; Hall of Faith / ISH (subject to availability of venues)   |

**CHIJ Badminton** trains hard and plays hard. Members strive to do their best in every tournament to bring pride, glory and honour to the school. Under the guidance of our very dedicated coaches, Coach Bimo Adi Prakoso & Assistant coach Paulus Irwanto Hidajat, our players train twice or thrice a week at the CHIJ Hall of Faith or Indoor Sports Hall.

The team participates in the National School Games Badminton Championships, Alpha Age Group Tournament and various other inter-school tournaments organised by Community Centres, Clubs or Organizations. With the local tournaments and friendly matches, the players are exposed to various playing styles. This exposure contributes to the success of the students in becoming a skillful player, together with the support and encouragement of the teachers and coaches. So come for the **Badminton Team** selections and keep the **IJ Badminton** spirit burning! Join **IJ Badminton!**

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| <b>BASKETBALL</b>         |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Kong Mei Sing (kong_mei_sing@moe.edu.sg),<br>Mr Leon Yeo & Mrs Seah-Tay Hwee Kheng                   |
| <b>Training Days/Time</b> | Mondays & Wednesdays (3.00 pm – 6.00 pm)<br>Monday, Wednesday and Friday during Mar, Jun & Nov holidays |
| <b>Venue</b>              | CHIJ Secondary, Indoor Sports Hall (Mon)<br>CHIJ Secondary, Basketball Court (Wed)                      |

**CHIJ Basketball** is a fun and exciting sport CCA. The enjoyable experience of making a shot, the challenge of defending against an opponent, and the joy of playing with others all contribute to a fulfilling experience.

As members of the South Zone Secondary Schools Basketball Championships, we compete fiercely while fostering sportsmanship and camaraderie. In addition to official tournaments, we engage in friendly matches with various schools and participate in competitions organized by external organizations.

Collaborating with teammates during competitions to achieve a common goal reinforces the importance of communication, cooperation, and mutual respect. Interacting with people from different backgrounds can broaden your perspective. These skills are vital in everyday life to cultivate a sense of community and teamwork.

**Join IJ Basketball!** Whether you're looking to boost your fitness levels, hone your skills, or simply enjoy a friendly game with others, you'll certainly gain satisfaction as you reap the benefits of the game, and most importantly, have fun!

| <b>BOWLING</b>            |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Mr Tristan Fernandez (fernandez_tristan_ivan@moe.edu.sg), Ms Jey Sundari, & Mr Pakirisamy Ragulan   |
| <b>Training Days/Time</b> | Wednesday (4pm to 6pm) and Friday (4pm to 6pm)<br><i>(*Home-Based Learning - Theory lessons, if physical training is not possible due to unforeseen circumstances.)</i><br>(During the competitive period, training may be extended to other days.) |
| <b>Venue</b>              | SAFRA Toa Payoh Bowling Centre<br>(An alternative bowling alley if above venue is not available)  |

The CHIJ Tenpin Bowling Team was established in 2001 with just a handful of members. Over the years, it has grown steadily, and today the team boasts an enrolment of more than 50 passionate bowlers. Each year, our members take part in major competitions such as the **National Inter-School Tenpin Bowling Championships (NSG)** and the **National Age Group (NAG) Competition**.

As a team that believes in both training and playing hard, the CHIJ Tenpin Bowling Team promises an enjoyable and rewarding experience like no other. We strive for that perfect throw that results in a strike — one that demands focus, skill, and an understanding of the equipment and lane conditions. Our bowlers are trained in all these aspects to excel in the sport.

Beyond the lanes, we also organise various activities to strengthen team spirit and foster camaraderie among members, making the journey both meaningful and memorable.

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| <b>RHYTHMIC GYMNASTICS</b> |  |
|----------------------------|--|
| <b>Teachers-in-Charge</b>  | Ms Fiona Tan ( <a href="mailto:tan_yong_fang_fiona@moe.edu.sg">tan_yong_fang_fiona@moe.edu.sg</a> ),<br>Ms Stephanie Song, & Ms <a href="#">Jesslyn Winata</a> |
| <b>Training Days/Time</b>  | Tuesdays, Wednesdays & Fridays (3.00 pm – 6.00 pm)   |
| <b>Venue</b>               | CHIJ Secondary, Indoor Sports Hall   |

**Rhythmic Gymnastics** is a sport in our school that emphasises on poise, rhythm, flexibility, physical fitness and contemporary dance movements. It combines elements of dance, ballet and gymnastics with the manipulation of various apparatus. These apparatus include the ball, hoop, rope, clubs and the ribbon. Gymnasts use these apparatus to perform beautiful and graceful routines.

### **Competition**

Annually, we compete in the National Inter-School Rhythmic Gymnastics Championships in groups or as individuals. Spanning over three days, we take part in various categories like the compulsory, optional and group routines. We also take part actively in competitions like National Championships organised by Singapore Gymnastics (National Sports Association for gymnastics).

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| <b>NETBALL SCHOOL TEAM</b> |  |
|----------------------------|--|
| <b>Teachers-in-Charge</b>  | Mdm Seng Wee Pheng (seng_wee_pheng@moe.edu.sg), Mr Wong Wei Keong, Mr Eng Wee Keng & Ms Alvina Chua      |
| <b>Training Days/Time</b>  | Tuesday, Thursday & Friday: 3.00 pm – 6.30 pm<br>(subject to change during National School Games period) |
| <b>Venue</b>               | CHIJ Secondary (Tue & Fri: Parade Square; Thu: Indoor Sports Hall)                                       |

The CHIJ Netball School Team has won the ‘B’ and ’C’ Division titles many times over the years. This is a strong tradition that we are proud to uphold and defend. Annually, we compete in the South Zone Netball Championships (‘B’ Division) and subsequently move on to compete in the National Inter-School Netball Championships. In the ‘C’ Division, we play in the Pool/League A competition.

The competition season lasts from January to April for the ‘B’ division and May to August for the ‘C’ division. Naturally, our intensive and rigorous training begins in the months leading up to the competitions for each division.

Under the leadership and expertise of our coach Ms Kok Mun Wai, the CHIJ Netball School Team has flourished as her dedication and passion for the sport has contributed immensely to the netball legacy in CHIJ. It was through her guidance, with the support of the school, which led us to claim the double championship title for both ‘B’ and ‘C’ Division in both the South Zone Inter-school Netball Championships as well as National Inter-school Netball Championships consecutively in both 2015 and 2016. In 2017, we achieved championships for South Zone Inter-school Netball Championships while achieving 1st and 2nd placing for ‘C’ division and ‘B’ division for Nationals respectively. Through the team’s perseverance and determination to do our best, our team managed to clinch our double championships once again, both at the 2018 Zonal and National Championships. In 2019, we achieved champions for both divisions in the South Zone Inter-school Netball Championships and 2nd placing for ‘C’ division at the National Inter-school Championships. In 2022 and 2023, we achieved champions for both ‘B’ & ‘C’ divisions in the South Zone Inter-school Netball Championships. In 2025, we achieved 3rd place in the ‘B’ division National Inter-School Championships and 2nd place in the ‘C’ division League 1 competition.

However, the CHIJ Netball School Team is not only about winning competitions. Besides the annual championships, CHIJ Netball also plays friendly matches with many different schools and teams. Annually, the team also organises a team bonding retreat and beach training at Sentosa. This helps us to learn from the other players and allows us to gain more experience on and off the court.

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| <b>NETBALL RECREATIONAL CLUB</b> |   |
|----------------------------------|---|
| <b>Teachers-in-Charge</b>        | Mrs Priscilla Lim (priscilla_lim_a@moe.edu.sg),<br>& Mrs Mythily Ezhilmani (mythily_ezhilmani@moe.edu.sg) |
| <b>Training Days/Time</b>        | Mondays and Wednesdays<br>(3.00 pm – 5.30 pm)   |
| <b>Venue</b>                     | CHIJ Secondary (Parade Square, Primary School Netball Court)  |

The **Netball Recreational Club** is a Co-Curricular Activity that not only allows students to learn Netball skills and tactics under the tutelage of a full-time experienced coach, it also emphasises the importance of a good learning attitude, teamwork and sportsmanship. To help us achieve these aims, the club participates in both competitive and friendly games. Each year, we aim to have every level represent the school in at least one netball competition. We have participated in various age-group netball competitions such as the Daisy Tan Netball Carnival and Deloitte Pesta Sukan Netball Carnival. Our members have gained much from participating in such competitions. For the past 4 years, we organised an in-house games carnival to promote the same camaraderie and team spirit. We want our members to enjoy learning the skill as well as playing as a CCA. We are always looking for opportunities to enable our members to grow holistically.

**JOIN THE NETBALL CLUB!** Let's make 2026 a fruitful and meaningful year!

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| <b>TENNIS</b>             |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Agnes Leong (leong_ngan_yean_agnes@moe.edu.sg),<br>Mr Augustine Khoo, Ms Nicole Teo & Ms Nandhini  |
| <b>Training Days/Time</b> | <p><b>Recreational Team</b><br/>Tuesday</p> <p><b>School Training Team</b><br/> <b>C Division :</b> Wednesday &amp; Friday<br/> <b>B Division :</b> Wednesday &amp; Friday</p> <p>Time : 3.15 pm to 5.45 pm</p> |
| <b>Venue</b>              | <p>MOE Evans Rd Tennis Courts (<b>13, 14, 16 Jan</b>)</p> <p>School / CJC / Yio Chu Kang Tennis Centre (<b>Tue, Wed &amp; Fri from 20 Jan</b>)</p>  |

CHIJ Tennis boasts a rich legacy that traces back to our school's founding days at Victoria Street, where dedicated students first honed their skills on a single court nestled within the Sisters' quarters. This humble beginning has blossomed into a programme that continues to shape young athletes today.

At CHIJ Tennis, we pursue excellence beyond the baseline. While we develop skilled sportswomen through rigorous training, our deeper commitment lies in nurturing Women of Distinction who embody the timeless values of our IJ heritage: truth, justice, freedom, and love.

Our experienced coaches, working closely with dedicated teacher mentors, employ diverse training methodologies including:

- Progressive skill development drills
- Fitness conditioning programmes
- Strategic game play sessions
- Mental resilience building

We embrace a holistic approach to student development. While we prepare rigorously for the National Inter School Tennis Competition, we prioritise the cultivation of essential life values. Every training session emphasises teamwork, sportsmanship, and personal growth, recognising that true victory lies in character development.

Every CHIJ Tennis player leaves our programme not just as a better athlete, but as a more confident, resilient, and values-driven individual ready to serve both on the court and in life.



| <b>TRACK AND FIELD</b>    |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Karina Lalchand Sheri ( <a href="mailto:karina_lalchand_sheri@moe.edu.sg">karina_lalchand_sheri@moe.edu.sg</a> ), Mr Daniel Kuan, Mr Harry Goh & Mdm Norshidah Abdul Rahim |
| <b>Training Days/Time</b> | Mondays, Wednesdays & Fridays (3.30 pm - 5.30 pm)   |
| <b>Venue</b>              | School Track and Field  |

The Track and Field CCA introduces students to a range of track and field events, from sprints and middle-distance runs to jumping and throwing disciplines. Students have the opportunity to try out different events before they are sorted into an area of specialisation which their training will focus primarily on. Those who are keen on distance running will also have the opportunity to participate in cross-country races.

Training is led by experienced coaches and regular team practice helps students build confidence and strong working relationships. Our athletes take part in various inter-school competitions each year, such as the Allcomers Meet, National Inter-School Cross Country Championships and National Inter-School Track and Field Championships, where they are given opportunities to challenge themselves and gain competition experience. With such exposure, students also develop technical skills and race awareness, beyond physical conditioning.

While we aim to perform well in competitions, the CCA places equal emphasis on personal growth. Through consistent training and teamwork, students learn discipline, resilience, responsibility, and leadership. These are values that extend beyond sport and support our students in their future endeavours.

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## **UNIFORMED GROUPS**

| <b>GIRL GUIDES</b>        |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Amanda Chua (chua_li_wen_amanda@moe.edu.sg),<br>Mrs Audrey Teng and Mrs Susanna Ng |
| <b>Training Days/Time</b> | Wednesdays (3.00 pm – 6.00 pm)<br>Ad-hoc Fridays and Saturdays for HQ activities      |
| <b>Venue</b>              | CHIJ Secondary, Classrooms/Quadrangle (R104 & R105)                                   |

### **Girl Guides: Empowering Girls to Lead and Make a Difference**

The Girl Guides movement inspires girls and young women to reach their fullest potential as responsible citizens of the world. It is a Girl-Led movement where every and any girl feels confident to lead and be empowered to create a better world together.

At CHIJ 1<sup>st</sup> Coy, our Guides embody the motto “*Be Prepared*”. Using the Girl Guides’ 5-point programme as the guideline, the student leaders organise innovative and non-formal educational activities that blend learning with fun. These include a wide range of indoor and outdoor activities, such as handicrafts, camp-craft, outdoor cooking, and overnight camps. These activities not only help our Guides develop valuable life skills but also foster a sense of belonging and inclusiveness within the coy.

With a serving heart and mind, our Guides actively contribute to community service and advocacy projects, both within the school and within the community. One such project includes raising funds for the Girl Guides Association through the annual sale of Girl Guides cookies.

Throughout their Guiding journey, Guides can look forward to opportunities to take the lead in organizing and executing events like the annual Secondary One orientation campfire and the 3D2N overnight camp, as well as collaborating with Guides from other schools during HQ and division events.

Joining Girl Guides is more than just participating in activities—it is about growing as individuals, building lasting friendships, and making a positive impact on the community and the world.

| <b>NATIONAL CADET CORPS (NCC) (Sea)</b> |   |
|---|---|
| <b>Teachers-in-Charge</b>               | Mr Tan Yee Ping ( <a href="mailto:tan_yee_ping@moe.edu.sg">tan_yee_ping@moe.edu.sg</a> ),<br>Mrs Chia-Ong Yee Hwee, Miss Hemavathy Anbalagan, Mr Erajan Rajan |
| <b>Training Days/Time</b>               | Wednesdays (3.00 pm – 6.00 pm)<br>Ad-hoc Tuesdays/Fridays for water training activities   |
| <b>Venue</b>                            | CHIJ Secondary, Classrooms/Quadrangle, Kallang Water Sports Centre (water training activities)  |

In the **CHIJ National Cadet Corps (NCC) (Sea)**, we aim to nurture a community of Resilient, Responsible, and Relevant student leaders. Being NCC cadets, they experience the joy of overcoming challenges through annual camps and courses which are held at the NCC Headquarters (HQ) campus. They will be continuously challenged to be the best that they can be, and their holistic education and sense of belonging to both the school and NCC community are developed through meaningful and adventurous military-related and sea activities. CHIJ NCC (Sea) would be an avenue for them to not only be future-ready citizens, ready to serve and give back to the community, but more importantly, develop a sense of unforgettable camaraderie that they would cherish throughout their journey in CHIJ Secondary. To serve with Pride and Dedication!

#### **Highlights:**

- **Land training:** Drills and regimentation, Bends & Hitches, Map navigation, Bonding games, Physical training, Sea and Cadet Proficiency assessments
- **Water training:** Kayaking and Dragon Boating, 1-Star & 2-Star Kayaking
- Camp FORGE (Sec 1s), Camp STEEL (Sec 2s), Sea Specialist Course & Senior Specialist Leadership Course (Sec 3s), Cadet Officer Course (Selected Sec 4s&5s)
- **Unit Initiatives:** Leadership Camp, Unit Camp, National Education (NE) Learning Journey
- **HQ NCC Sports and Service-related Competitions**
- **HQ NCC programmes** such as the Affirmation Ceremony at Changi Naval Base, Air Rifle shoot, SAR21 live firing, Basic sailing course, International Cadet Exchange Programme (ICEP), Exercise Puncak/ Mt Ophir Expedition, Ship visits, and more!

#### **2025 Achievements:**

- Unit Recognition Award: Distinction (Since 2021)
- NCC Dragon Boat Championship (Girls) (Champion and 2nd Runner up)
- 'C' Division Dragon Boat Championship (Girls) (2nd Runner up)
- Mini Kayaking Expedition Finals (Girls) (Champion)
- NCC Sports Championship Soccer (Girls) (Cluster Champion)
- NCC Sports Championship Captain's Ball (Girls) (Cluster Champion)
- NCC Sports Championship Frisbee (Girls) (Cluster 1st Runner up)

| <b>RED CROSS</b>          |  |
|---------------------------|--|
| <b>Teachers-in-Charge</b> | Ms Linda Cruz (linda_cruz@moe.edu.sg),<br>Mr Foong Sheng Hui Lionel  |
| <b>Training Days/Time</b> | Wednesdays (3.00 pm - 6.00pm)<br>Ad hoc Saturdays for competitions and training by Red Cross Youth (HQ). Attendance is compulsory if selected to attend these HQ activities. |
| <b>Venue</b>              | CHIJ Secondary; Parade Square/Classrooms (R101 & R102)   |

In **CHIJ Red Cross Youth**, we aim to build a community of young leaders who are achievers, socially responsible and who embrace humanitarian values. The activities will encourage members to acquire lifesaving skills and habits when responding to emergencies, be socially responsible citizens and also instil a sense of global citizenship. CHIJ Red Cross Youth will thus be an avenue for members to make a difference through their activities, in helping to save lives at home, in the community and internationally.

The activities of Red Cross Youth will focus on the following:

1. First Aid Skills;
2. Blood Donation and Donor Recruiter;
3. Disaster Management;
4. Service Learning Programme;
5. Youth Leadership in Red Cross
6. In-campus First Aid duties or public duties for national and/or community events;
7. Training in Red Cross Knowledge,
8. Footdrill and Outdoor Activities;
9. Fund Raising.

Apart from theory-based and practical training activities, **CHIJ Red Cross Youth** also organises recreational activities like bonding games, camps, heritage trails and outings for its cadets. Members are given the opportunity to develop their organisational and leadership skills by planning for their own activities and camps.

## **VISUAL & PERFORMING ARTS**

| <b>ARTS ALIVE!</b>             |   |
|--------------------------------|---|
| <b>Teachers-in-Charge</b>      | Mr Brian Ho (ho_hoe_kiong_brian@moe.edu.sg),          |
| <b>Meeting Days &amp; Time</b> | Wednesdays (3.00 pm – 6.00 pm)                        |
| <b>Venue</b>                   | CHIJ Secondary; St. Michael Block, Level 3 Art Studio |

**Arts Alive!** provides its member's opportunities to engage in the arts, through a range of platforms and group activities where they learn skills like creativity, self-expression, discipline, perseverance, risk-taking, open-mindedness and collaboration.

Students at **Arts Alive!** get to express, explore and evaluate different art forms while applying various materials and mediums. There would be art exhibitions and performances to offer them a window to the vibrant arts scene in Singapore, and to raise their cultural and aesthetic awareness. Beyond school, they interact with different community groups through the CCA VIA (Values-in Action) to share their knowledge and love for the arts.

2021 Art sessions: Pyrography, Cyanotype and Crochet

2022 Art Sessions: Linocut, Embroidery and Nagomi art

2023 Art sessions: iPad Denim Bag, Scribble & Relief art and CD painting

2024 Art sessions: Eco Bin Painting, mini recycled clay plant pots, Decoupage, Paper Twirling

2025 Art sessions: Sumi-ink Painting, Digital Manga drawing, Recyclables Fashion Art, Flip Book art, Air-dry Clay sculptures, Stop-motion animation

### Our Achievements:

- 2015-2018 Lantern Painting Competition – 3 Consolation Positions (2017), 1<sup>st</sup> & 3<sup>rd</sup> Positions, 4 Consolation Positions (2016), 1<sup>st</sup> & 2<sup>nd</sup> Positions, 4 Consolation Positions (2015), 1<sup>st</sup> & 3<sup>rd</sup> Positions, 3 Consolation Positions (2018)
- 2019 Dyslexia Awareness Art Competition - (Mixed media Open category) - 1st Position & 5 Top 20 Positions
- 2021 Public Transport Workers' Appreciation Colouring Contest (Shortlisted)
- 2022 Best of Show award for the MTC Design For Good Youth Competition
- 2023 Project ARTrack Crime Prevention poster design - Top 18 Winner
- 2023 Creating Tomorrow Design Competition - Best Design Award & Popular Choice Award
- 2024 Bridge sticker design in collaboration with Toa Payoh Central Zone 6 Residents' Network

| <b>CHOIR</b>              |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Nicole Lek (lek_hui_xin_nicole@moe.edu.sg),<br>Mrs Magdalen Low & Mr Titus Chang |
| <b>Training Days/Time</b> | Wednesdays (2.45 pm – 5:45 pm)<br>Fridays (3.00 pm - 6.00 pm)                       |
| <b>Venue</b>              | CHIJ Secondary, E- Studio   |

The award-winning **CHIJ Choir** is well known for its high standards both locally and abroad.

As an established Performing Arts group, the CCA continues to nurture confident choir members who are passionate in taking choral music into top-notch international competitions abroad. Choir girls have participated in festivals and competitions in Sydney Australia, Hawaii USA, Xiamen China, Riva del Garda Italy (twice), Olomouc Czech Republic, Wales, Hong Kong (4 times), and Taiwan, and Malaysia, for international festivals and returned with top awards in all categories, in all countries. We have also obtained Golds, Gold with Honours Awards and Certificates of Distinction in all Singapore Youth Festivals from 1997 to 2025, with excellent SYF appraisals during Covid-19 years.

Choir members are disciplined, anchored in choral music and contribute substantially to school events and in-house performances. This CCA provides our graduating cohorts a solid platform for Direct School Admission to preferred Junior Colleges of choice, on account of all-round high attainment levels and distinctions every year. Within convent grounds, the girls lead the school congregation in morning hymn and assembly, and on occasion, are in attendance to assist school masses. In 2024 we took the lead in the Convent's 170th grand anniversary celebrations, participated in the Papal Mass, and returned from the Malaysian Choral Eisteddfod International Choir Festival 2024 with 3 Gold Medals, earning TOP 10 position in the Grand Prix, and clinched the Championship in the Children's Category.

Choir girls give of their best at every local and international competition.

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| <b>CONCERT BAND</b>        |  |  |
|----------------------------|--|--|
|                            | <b>Junior Band (For Sec 1s)</b>  | <b>Main Band (For Sec 2s to 5s)</b>  |
| <b>Teachers-in-Charge</b>  | Ms Samantha Chan<br>(chan_yin_li_samantha@moe.edu.sg)  | Mrs Teresa Francis<br>(teresa_lee_mei_shih@moe.edu.sg )<br>Mr Chan Yew Choong<br>Ms Joan Gan |
| <b>Training Days/ Time</b> | Tuesday (3.00 pm – 6.00 pm)<br>Friday (3.00 pm – 6.00 pm)<br>(till July/August)<br><b>*Sec 1s will join the Main Band in July/August after Sec 1 Recital</b> | Monday (3.00 pm – 6.00 pm)<br>Wednesday (3.00 pm – 6.00 pm)<br>Friday (3.00 pm – 6.00 pm)    |
| <b>Venue</b>               | CHIJ Secondary, Band Room (St. Michael's Block Level 5)  |  |

The CHIJ Concert Band stands out as one of Singapore's leading Secondary School Bands, celebrated for its outstanding performances. An integral part of CHIJ Secondary, the Band has received the Certificate of Distinction at the Singapore Youth Festival Arts Presentation in 2015, 2017, 2019, 2021, 2023 and 2025. The Band has had the privilege of performing at prominent venues, including the Esplanade Concert Hall during the 'Limelight' series in 2014, 2016, and 2018, 2024. In November 2018, they performed at the Istana for President Halimah Yacob during the Deepavali Open House. Looking ahead, the Band will return to the Esplanade Concert Hall on **30 March 2026** for another performance. With over a hundred dedicated students, the Band enriches the cultural life at CHIJ Secondary while instilling discipline, perseverance, and GRIT. Our graduates excel both musically and academically, becoming well-rounded individuals ready to contribute to society. Aligning with the school motto, 'Simple in Virtue, Steadfast in Duty', the CHIJ Concert Band values commitment and hard work in its quest for musical excellence. "One heart, One mind, One band, One sound." Join us in making music together!

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| <b>GUITAR ENSEMBLE</b>    |   |
|---------------------------|---|
| <b>Teachers-in-Charge</b> | Ms Joanne Tan Pheo (tan_pheo@moe.edu.sg),<br>Mr Adrian Moh & Ms Tan Boon Chui   |
| <b>Training Days/Time</b> | Mondays & Wednesdays (3.00 pm – 6.00 pm)<br><br>Friday (3.00 pm - 6.00 pm)<br>(Only when necessary for SYF or performances) |
| <b>Venue</b>              | CHIJ Secondary Music Room   |

**CHIJ Guitar Ensemble** is an established ensemble that adopts the Niibori guitar system which exposes students to greater flexibility in music making. The Main Ensemble comprises the Secondary 2s to 5s, and the Junior Ensemble comprises the Secondary 1s.

Under the baton of Mr Alvin Choong and his team of dedicated instructors, CHIJ Guitar Ensemble clinched Certificates of Distinction in the Singapore Youth Festival Arts Presentation for Instrumental Ensemble in 2015, 2017, 2019, 2021, 2023 and 2025.

Besides participating in competitions, the Ensemble also performs at guitar concerts biennially. In 2012 and 2014, we partnered with our sister school CHIJ St. Joseph's Convent for the "*Une Famille*" concert. In 2016, 2018 and 2024 we collaborated with our very own Dance Ensemble and Choir to present an afternoon of dance and music.

In 2022 the Ensemble did a video production of the "*Une Famille*" concert with the Concert Band, Choir and Dance Ensemble. The final production was showcased during the school assembly.

All girls are welcome to join the Guitar Ensemble, as having a music background is not a prerequisite. If you play a musical instrument like the piano or violin, come join us and enrich your music experience through playing the guitar. Our instructors aim to develop creativity and musical expression, performing soothing and beautiful melodies for all. All new members will be given the opportunity to perform together as a Junior Ensemble in school concerts.

If you are a committed individual who enjoys music, join us in bringing beautiful melodies to comfort the souls of all people.

| <b>IJ DANCE ENSEMBLE</b>  |  |
|---------------------------|--|
| <b>Teachers-in-Charge</b> | Mdm Siti Zainab (siti_zainab_zainal@moe.edu.sg),<br>Mr Gary Tang & Ms Michelle Tay   |
| <b>Training Days/Time</b> | Monday (3.00 pm – 6.00 pm) – Modern and Contemporary Dance<br><br>Tuesday (3.00 pm – 6.00 pm) – Asian and Western Dance<br><br>Wednesday (3.00 pm – 6.00 pm) – Lyrical Dance Technique and<br>Choreography (Semester 1 only) |
| <b>Venue</b>              | CHIJ Secondary, Celestial (Dance Studio)   |

IJ Dance Ensemble (IJDE) is a versatile dance group whose signature style is contemporary with a strong Asian flavour. Our dancers are highly disciplined and committed to the art form. All dancers go through a rigorous training programme with strong emphasis on technique. Held to high standards, dancers audition for a chance to perform for most performances. Besides actively participating in the biennial Singapore Youth Festival (SYF) Arts Presentation for Dance, IJDE has also been invited to perform at the Asian Youth Games (2009), Youth Olympics Games (2010) and National Day Parade (2012).

In 2017 and 2019, IJDE was awarded a Certificate of Distinction at the SYF Arts Presentation for Dance in the International category for its Japanese-inspired piece, Pastoral Charm and The Simplest of Joys respectively. In 2019, the piece was also showcased at the Momentum Dance Festival 2019 organised by Republic Polytechnic, and Phenomenon TWO held at library@esplanade.

In 2018, IJDE participated in the CHIJ Secondary Art and Dance Twinning and Cultural Programme in Fukuoka, Japan. Dancers attended dance workshops that broadened their knowledge of Japanese culture and dance forms, and shared their experience with peers through a dance presentation.

In 2023 and 2025, IJDE once again achieved Distinction for their SYF performances. The 2025 item, Joyful Rhythm of Life, was an energetic and cheerful piece that exuded girlish charm with grace and flair.

| <b>IJ THEATRE</b>           |   |
|-----------------------------|---|
| <b>Teachers-in-Charge</b>   | Ms Raquel Lim (lim_pei_hua@moe.edu.sg),<br>Ms Tivona Low & Ms Junainah                    |
| <b>Training Days / Time</b> | Monday (3.00 pm – 6.00 pm)<br>Wednesday (3.00 pm – 6.00 pm)<br>Friday (3.00 pm – 6.00 pm) |
| <b>Venue</b>                | CHIJ Secondary (Mon - Estudio, Wed & Fri -ARTSbox@IJ)                                     |

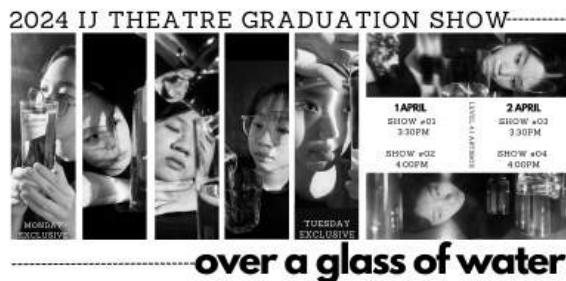
**IJ Theatre** trains its members in the multi-faceted aspects of theatre production. Our students are exposed to an array of theatre disciplines from acting to stage managing and from costume making to lighting design. We believe that a theatre production is a playground for learning, where passionate members build their knowledge of theatre and performance and grow their love for the craft.

There's a performer in all of us, a burning passion to express ourselves beyond the confinement of the common every day. IJ Theatre embodies a creative space which pushes students to discover and rediscover their true inner strides.

Our most recent productions include:

- ‘Sisters’ (SYF Distinction, 2025)
- ‘Over a Glass of Water Graduation show’ (2024)
- ‘Tokoyo’ (SYF Accomplishment, 2023)
- ‘UNDEFINED Graduation Showcase’ (2022)
- ‘The Silly Little Girl and The Funny Old Tree’ (SYF Accomplishment, 2021)
- ‘Cats, Lost and Found’ (SYF Accomplishment, 2021)
- ‘Jack and Jill’ (SYF Distinction, 2019)
- ‘Between the Devil and the Deep Blue Sea’ (2018)
- ‘Top Girls’ (SYF Accomplishment, 2017)
- ‘Red Hill’ (2016)

#### Photos from Past Productions and Trainings:



‘Sisters’, 2025

‘Over a Glass of Water Graduation Showcase’, 2024

## CLUBS AND SOCIETIES

| <b>AUTOMATION AND ROBOTICS CLUB (ARC)</b> |   |
|---|---|
| <b>Teachers-in-Charge</b>                 | Ms Afiqah Bte Jamaludin ( <a href="mailto:nur_afiqah_jamaludin@moe.edu.sg">nur_afiqah_jamaludin@moe.edu.sg</a> ),<br>Mr Jason Ng ( <a href="mailto:ng_yee_boon@moe.edu.sg">ng_yee_boon@moe.edu.sg</a> ),<br>Mr Derrick Ng ( <a href="mailto:ng_mang_chung@moe.edu.sg">ng_mang_chung@moe.edu.sg</a> ). |
| <b>Training Days/Time</b>                 | Mondays & Wednesdays (3 pm – 5.30 pm)   |
| <b>Venue</b>                              | CHIJ Secondary; Computer Lab 2  |

Automation and Robotics Club (ARC) provides opportunities for students to pursue their passion in STEM (Science, Technology, Engineering & Mathematics) and make a difference to the world they live in. Technology has imbibed every part of our lives and the next big trend is Robotics and Artificial Intelligence (AI) solutions to automate robots to perform varied tasks. At ARC, we incorporated the use of Design Thinking by designing meaningful day-to-day solutions through the use of robotics.

Through this process, students will develop competencies in building and programming robots, as well as programming and piloting drones. Students also learn software programming which allows them to design online games and many other exciting outcomes. On top of all that, students are trained to have a growth mindset anchored by values such as entrepreneurial dare, grit and teamwork. We have managed to clinch several awards over the past few years at various competitions.

| <b>Year</b> | <b>Name of Competition/Category</b>  | <b>Award</b>  |
|-------------|--------------------------------------|---|
| 2025        | IDE Series 2025                      | 1st place for IDE Maker   |
|             | Drone Odyssey 2025                   | 1st place for Best Presentation Award (Cat B3)<br>3rd place for Best Presentation Award (Cat B2)  |
|             | Mighty Mousetrap Car Challenge       | 3rd place   |
| 2024        | F1 Challenge @ Hwa Chong Institution | 1st Runner Up   |
|             | Climate Fresk 2024                   | Creative Award  |
|             | IDE Series 2024                      | 5th place for IDE Sprint<br>Innovation Award for IDE Maker  |
|             | Drone Odyssey 2024                   | 1st in Best in Knowledge and 3rd in Best in Strategy for Drone Swarming<br>1st in Best Presentation and 2nd in Best in Strategy in Cat B1 Obstacle Challenge<br>3rd in Best in Strategy for Cat B2 Obstacle Challenge |
|             | ignITE Challenge 2024                | 2nd Runner Up   |

| <b>CHINESE CULTURAL SOCIETY (华艺社)</b> |   |
|---------------------------------------|---|
| <b>Teachers-in-Charge</b>             | Mr Li Zheng Jun (li_zhengjun@moe.edu.sg) &<br>Ms Ma Lei (ma_lei@moe.edu.sg) |
| <b>Training</b>                       | Tuesday (3.00 pm – 6.00 pm)   |
| <b>Venue</b>                          | E-Studio for Tuesday  |

CHIJ CHINESE CULTURE SOCIETY engages itself enthusiastically in Chinese culture largely through activities such as Chinese dance, Wushu , Chinese calligraphy etc .

Students will also gradually gain more confidence in their knowledge and skills and serve as ambassadors of Chinese culture in CHIJ, where they have the opportunity to helm activities, such as during Chinese New Year etc.

In the biennial Singapore Youth Festival Arts Presentation for Chinese Drama, CHIJ CHINESE CULTURE SOCIETY successfully obtained a Gold with Honours in the year 2011 and obtained a Certificate of Distinction in 2013 and 2017, and obtained Accomplishment in 2019. In 2021, 2023 and 2025 SYF Arts Presentation for Chinese Dance, we achieved the Certificate of Accomplishment.

The CHIJ CHINESE CULTURE SOCIETY experience provides an avenue in which the girls learn the true meaning of ‘perseverance’, one of five important school values, which help shape a Woman of Distinction.

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The Chinese Cultural Society will not be recruiting students for 2026.

| <b>DEBATING &amp; ORATORY SOCIETY</b> |   |
|---------------------------------------|---|
| <b>Teachers-in-Charge</b>             | Ms Claudia Ng (claudia_antoinette_ng@moe.edu.sg) &<br>Mrs Angeline Yeo (heng_mui_woon_angeline@moe.edu.sg)  |
| <b>Training Days / Time</b>           | Wednesday (3.00 pm – 6.00 pm)<br>Friday (3.30 pm – 6.30 pm)   |
| <b>Venue</b>                          | Wednesdays & Fridays - CHIJ Secondary, Shared Rooms 1 & 2 (G301, G302)<br><i>There will be online sessions for the last week of each month (either one or two sessions) which will be conducted on zoom. The DOS President will send reminders via email.</i> |

### Debating and Oratory Society

The **CHIJ Debating and Oratory Society** is an active society that participates in numerous competitions annually. While our society is invited to several competitions every year, we participate in the ones that offer our debaters a good platform to engage at the highest level of debating as well as receive poignant feedback and adjudication so that they may develop and learn.

With online competitions being a common occurrence since 2020, we have taken part in more international competitions which offer rich learning to our debaters, giving them opportunities to hone their craft as well as engage with students from different parts of the world. Alongside a rigorous and intensive curriculum, every girl in the society is given the opportunity to sharpen their intellect and critically assess events that shape the world we live in. Each debater is expected to devote time outside of CCA sessions to engage in discussions with her team on motions for training and competitions as well as craft original speeches.

Through the development of oratorical skills, students learn to stand and deliver their arguments with confidence and finesse in person as well as via video-conferencing platforms.

**Signing-up for trials is necessary. Students who did not manage to sign up during the CCA Orientation must email the teachers-in-charge.**

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| <b>iGrow@IJ</b>            |   |
|----------------------------|---|
| <b>Teachers in Charge</b>  | Mr Brian Thian ( <a href="mailto:brian_thian_wen_yao@moe.edu.sg">brian_thian_wen_yao@moe.edu.sg</a> ) & Ms Lee Xiu-Ping |
| <b>Training Days/ Time</b> | Wednesdays (3.00 pm – 6:00 pm)  |
| <b>Venue</b>               | CHIJ Secondary, Classroom & School Garden   |

Started in 2022, iGrow@IJ is a CCA at IJ which aims to bring awareness of the need to nurture sustainability practices among students as inhabitants of our planet. Through various activities, projects and workshops, students will foster an understanding of how to champion environmental causes and thereafter become stewards among their peers, inspiring them to do the same.

iGrow@IJ offers a wide range of hands-on activities for students to participate in, such as mending designated plots of the school garden, cooking with herbs grown in school and participating in workshops and learning journeys to deepen their understanding of sustainability practices as well as planning and organising outreach activities in school. Through our partnership with Nature Society Singapore, members of this club will also have the opportunity to explore the biodiversity within the school campus through regular participation in citizen science surveys, contributing to invaluable information gathered about the presence of urban biodiversity in Singapore.

iGrow@IJ welcomes all students with a passion and interest for environmental stewardship and provides an opportunity for students to deepen their own knowledge, understanding and appreciation for the natural world and its importance in our lives.

#### Our Achievements:

- 2023 - 2nd place for 'Highest Number of Research Grade Observations' in the Secondary School Category for the Nature Society Singapore Every Singaporean a Naturalist Citizen Science Project
- 2024 - 1st place for 'Highest Number of Research Grade Observations' in the Secondary School Category for the Nature Society Singapore Every Singaporean a Naturalist Citizen Science Project
- 2024 - 3rd Place for 'Most Unique Observation' in the Nature Society Singapore 3rd Annual Biodiversity Race
- 2025 - 2nd place for 'Highest Number of Research Grade Observations' in the Secondary School Category for the Nature Society Singapore Every Singaporean a Naturalist Citizen Science Project

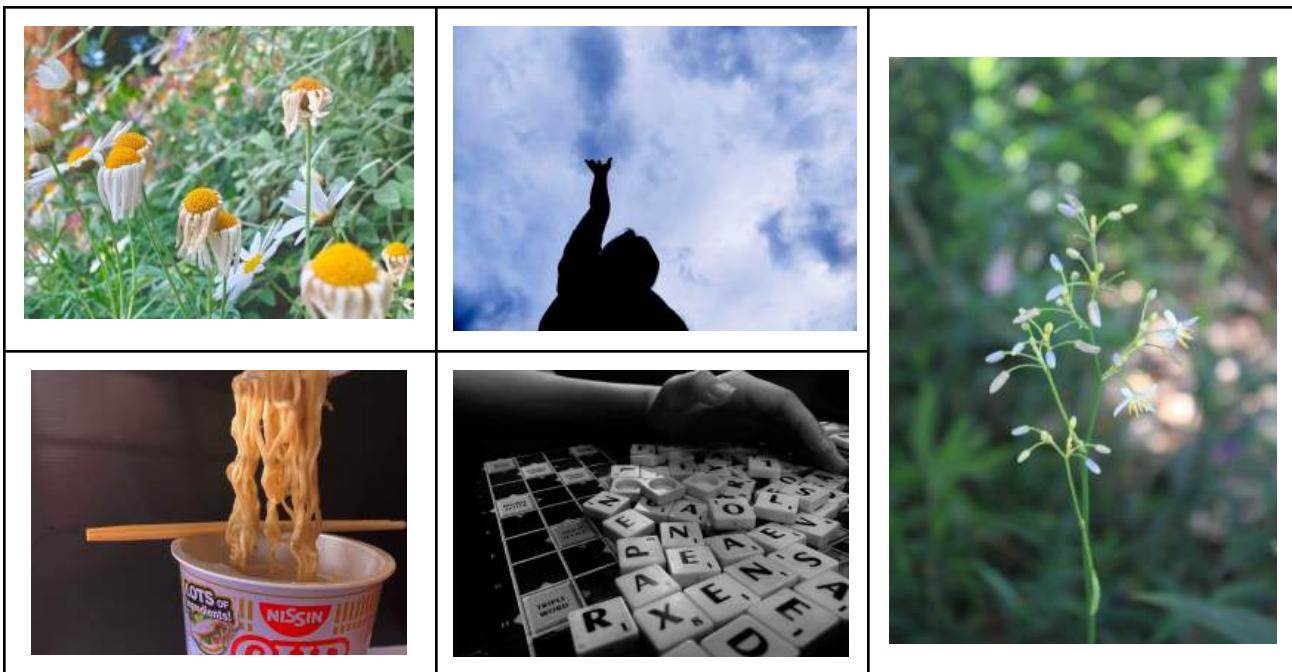
| <b>IJ MEDIA CLUB</b>      |   |
|---------------------------|---|
| <b>Teachers in Charge</b> | Mr Teo Wen Jie ( <a href="mailto:teo_wen_jie@moe.edu.sg">teo_wen_jie@moe.edu.sg</a> ),<br>Mr Koh Bing Qin & Mdm Zhang Shujuan |
| <b>Training Days/Time</b> | Wednesdays (3.00 pm – 5.30 pm)  |
| <b>Venue</b>              | CHIJ Secondary - Computer Lab 4   |

**IJ Media Club** provides the opportunity for students to be involved in photography, videography, as well as the setting up and operating of audio-visual systems to support school-wide events and activities. Members will have the opportunity to learn 1) basic functions and use of DSLR cameras, 2) techniques for mobile phone photography and videography, and 3) post-production skills through editing tools such as Snapseed and Capcut. Hands-on learning opportunities will also be provided for members with outdoor field shoots organised whenever possible.

All IJ Media Club members are encouraged to participate in national and international photography and videography competitions to gain greater exposure. Some competitions that our Media Club members have participated in previously include the “Our Schools, Our Stories” photography and videography competition and the “SYFgoesOnline! Pixel Perfect” competition.

IJ Media Club welcomes all who are keen to explore and deepen their interest in photography and videography!

Here are some photographs taken by our IJ Media Club members



| <b>IJ YOUTH MISSION</b>    |   |
|----------------------------|---|
| <b>Teachers in Charge</b>  | Ms Angela Lim (lim_yin_poh@moe.edu.sg) & Mr Ernest Leong (leong_wing_yew_ernest@moe.edu.sg)           |
| <b>Meeting Days / Time</b> | Wednesdays (3.00 pm – 5.30 pm) and (possible project based days which may be scheduled on other days) |
| <b>Venue</b>               | CHIJ Secondary, Pascal Cafe -Ga401  |

**IJ Youth Mission** provides an enabling environment for girls to recognize and promote the dignity of human persons, especially the disadvantaged. **IJ Youth Mission** is transformed by the experience of servant leadership. The objectives of the CCA are to develop the social, cognitive, emotional, physical and spiritual well-being of youths.

All **IJ Youth Mission** members in the school are given opportunities to work together with four other IJ Schools, CHIJ St. Nicholas, CHIJ St. Teresa's, CHIJ St Joseph's and CHIJ Katong. The bond that this CCA shares is the IJ mission that belongs to all the IJ schools.

All members participate in the annual IJ Youth Mission Inter-school Competition to showcase their community service and programme for the year. The IJ Youth Mission (CHIJ Secondary) has attained the Certificate of Distinction from 2014 to 2019, 2022 and a Certificate of Accomplishment from 2023 to 2025 (No competitions from 2020 to 2021 due to Covid restrictions).

During the year, a wide range of activities are conducted for members: Community Service, Reflection on Talk or Videos, Fundraising for the Needy, Home Visits, Camps and Development of Personal Skills through craft works and other activities.

Join the **IJ Youth Mission** to acquire inner strength and character as well as to discover the meaning and purpose of serving the community.

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| <b>LEGION OF MARY (as 2<sup>ND</sup> CCA ONLY)</b> |  |
|--|--|
| <b>Teacher in Charge</b>                           | Ms Margaret Teo (teo_ping_wei_margaret@moe.edu.sg) |
| <b>Training Days/ Time</b>                         | Thursdays (3.10 pm – 4.10 pm)                      |
| <b>Venue</b>                                       | CHIJ Secondary, School Chapel                      |

The **Legion of Mary** is a lay Catholic organisation present in about 170 countries whose members serve the Church and their neighbours on a voluntary basis. The objective of the Legion of Mary is to glorify God through the holiness of its members developed by prayer and active cooperation in Mary's and the Church's work.

At CHIJ Secondary, we have one Legion praesidium: Our Lady of Graces Junior Praesidium. Every meeting includes the Rosary, spiritual reading and sharing. Legionaries cultivate their spiritual growth through these weekly prayer meetings and regular contact work in the form of outreach. They also assist at school Masses and conduct the daily Chapel Morning Prayer. The Praesidium also participates in monthly Curia meetings and fellowship programmes with Junior Praesidia of other Catholic schools in Singapore.

The Legion of Mary invites students who are interested in praying together and serving the school in its various spiritual activities. Join the Legion of Mary to have an enriched spiritual and prayer life and discover what God has in store for you!

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## Frequently Asked Questions (FAQs)

### **1. Which CCAs require trials and which do not?**

There are CCAs that require you to pass trials/auditions before you can join the CCA. There are also CCAs that conduct try-outs for Sec 1s to experience the CCA, but the Sec 1s need not pass the try-out to join the CCA.

The full list of CCAs that require trials/auditions, or conduct trials, can be found on Page 7 and 8.

### **2. Do DSA Students need to participate in the CCA Trials/Auditions or submit our CCA Choices?**

DSA Students do not need to participate in the trials/auditions. It is also not necessary for them to submit their CCA Choices, as their CCAs have been fixed, according to the talent areas that they entered the school by.

### **3. Are Sec 1 students allowed to start CCA training before the final CCA Allocation results are announced/put up?**

If Sec 1 students would like to start training with the CCA (before the final CCA Allocation), they should approach Mr Daryl Chan for his permission individually first.

However, students should take note that starting CCA training before the final CCA allocation does not guarantee that they will be allocated to that CCA.

### **4. Can we appeal to join another CCA, after our final CCA Allocation is announced?**

Students can appeal, but transfers will only be approved on a case-by-case basis, based on the circumstances provided, as well as the availability of places in the desired CCA.

### **5. What should I do if I would like to change my CCA, after a few months in the CCA?**

- a. Speak to your CCA teacher and see if the concerns can be worked out.
- b. Continue attending your CCA until May or October, before approaching Mr Daryl Chan to discuss a possible change of CCA at his email: [chan\\_chiang\\_daryl@moe.edu.sg](mailto:chan_chiang_daryl@moe.edu.sg)
- c. Do take note that a change of CCA may have an adverse effect on your LEAPS2.0 grades.

## CCA Orientation Schedule:

|           | 1 Angela   | 1 Bridget  | 1 Clare | 1 Elizabeth | 1 Frances | 1 Helena   | 1 Louise | 1 Marianne |
|-----------|--|------------|---------|-------------|-----------|------------|----------|------------|
| 1240-1400 | Performing Arts Showcase (@ Hall of Faith)           |            |         |             |           |            |          |            |
| 1340-1440 | Dismissal / Lunch for Sec 1s / CCA Orientation Setup |            |         |             |           |            |          |            |
| 1420-1450 | Quadrangle   | Canteen    |         | Hall        |           | ISH        |          |            |
| 1450-1455 | Movement to next venue                               |            |         |             |           |            |          |            |
| 1455-1525 | Canteen  | Hall       |         | ISH         |           | Quadrangle |          |            |
| 1525-1530 | Movement to next venue                               |            |         |             |           |            |          |            |
| 1530-1600 | Hall   | ISH        |         | Quadrangle  |           | Canteen    |          |            |
| 1600-1605 | Movement to next venue                               |            |         |             |           |            |          |            |
| 1605-1635 | ISH  | Quadrangle |         | Canteen     |           | Hall       |          |            |
| 1640      | Dismissal from school                                |            |         |             |           |            |          |            |

CONVENT OF THE HOLY INFANT JESUS SECONDARY

(TOWN CONVENT)

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