



# 2023 PRIMARY ONE ORIENTATION

## 5 NOVEMBER 2022



# Briefing Outline

	<b>Item</b>
1	Transition to Primary One
2	Administrative Matters
3	Preparations for First Week of School
4	Communication & Parents Gateway
5	Parent Support Group (PASSION) Sharing
6	Chongfu Alumni





# EMBARKING ON A NEW ADVENTURE!

## TRANSITION TO PRIMARY ONE





# OVERVIEW

- 1) What Is It Like In Primary School?
- 2) Adapting to Primary One
- 3) School-Home Partnership





# WHAT IS IT LIKE IN PRIMARY SCHOOL?

- Laying a **strong foundation**
- Nurturing **well-rounded individuals** and **passionate lifelong learners**
- Providing learning opportunities that **recognize their strengths** and develop their full potential
- Preparing our **children** for the future





# WHAT IS IT LIKE IN PRIMARY SCHOOL?

## Myriad of learning experiences

- Experiential learning
- Learning journeys
- Learning through play
- Camps
- PAL (Programme for Active Learning)





# WHAT IS IT LIKE IN PRIMARY SCHOOL?

## Holistic Assessment

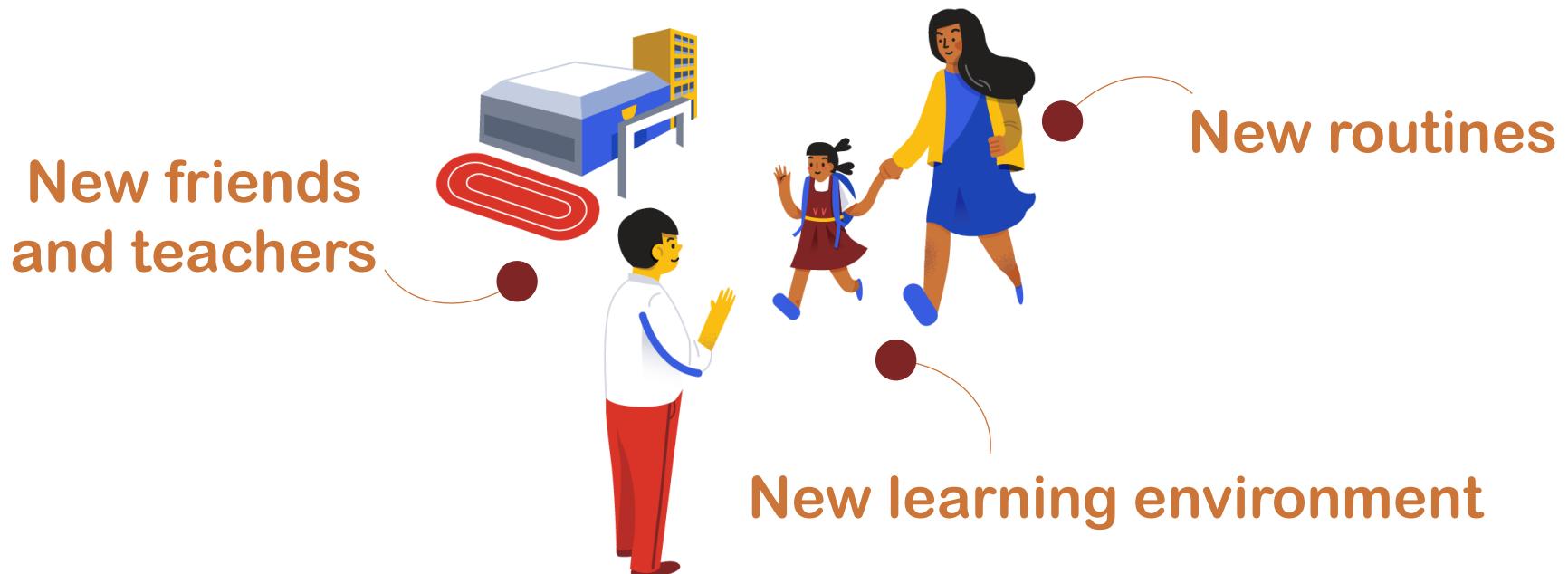
- Strong emphasis on **development of skills and values**
- Focuses on **building greater confidence** and **nurturing a stronger intrinsic motivation** to learn so as to develop your child's potential.
- No examinations and weighted assessments at Primary 1 & Primary 2 to ease transition from pre-school
- Use of appropriate assessment modes to provide **timely and targeted feedback** to students to move their learning forward





# ADAPTING TO PRIMARY ONE

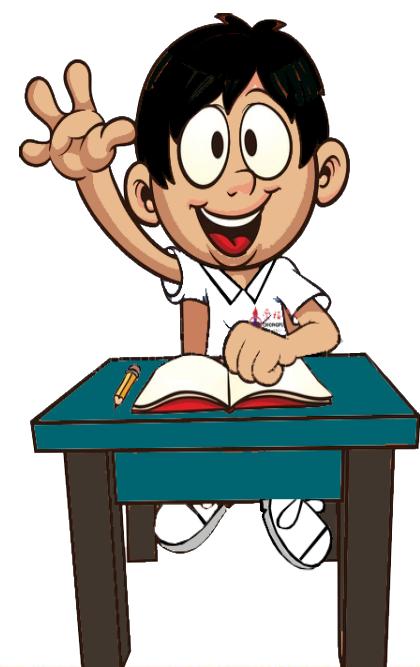
When your child enters primary school,  
he/she will experience:



# ADAPTING TO PRIMARY ONE



- Transition is the process when a child encounters a move into a new environment. It requires a child to practise skills that they can use to adapt to an unfamiliar setting.
- The sooner the child adapts, the better his/her learning experience will be.
- A smooth transition is made when he/she:
  - ✓ feels safe and comfortable in the new environment
  - ✓ is able to manage the daily challenges of school life



# ADAPTING TO PRIMARY ONE



Some good habits and skills to help your child develop and feel assured as they take **FLIGHT** in this new journey:

- Follow instructions, ask for help when needed
- Learn to be independent
- Interact with others
- Go to the toilet on their own
- Have good personal hygiene
- Take care of personal belongings



# HOME-SCHOOL PARTNERSHIP



- **Support** your child and encourage them to overcome challenges with you
- **Affirm** your child by recognising small successes and praising their efforts
- **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- **Empathise** and acknowledge your child's feelings

**Supporting your child's transition through Primary 1**  
Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

**SUPPORT**

- Commit some time every weekend to **play games** and **have fun** together.
- Visit places or take part in events that **both of you enjoy**.
- Encourage your child to make **new friends**.
- Try out FTGP\* Family Time activities.

**AFFIRM**

- Encourage your child when he makes **observations**. E.g. Say "That's interesting!" and ask why he/she said that.
- Recognise your child's **small successes**. E.g. Say "You've made another new friend in class - well done!"

**FAMILIARISE**

- Find out what primary schools have in store for students these days.
- Do practical things to **ease your child into new routines**. E.g. Plan daily routines together, teach your child new habits like packing his/her bag.

\*Form Teacher Guidance Period

**EMPATHISE**

- Teach your child words that describe feelings.
- Acknowledge your child's **emotions**. E.g. "It's okay to feel anxious about starting school."
- Understand your child's needs. E.g. Start bedtime early. Children need a lot of sleep.

**Spend Time Chatting. Use T.A.D.**

**Talk**

- Talk about fond memories of your own school days. E.g. What did you do in Primary One; kind teachers and cheeky classmates you had.

**Ask**

- Ask about his/her and feelings about E.g. FTGP\* act when he/she felt like it.

**QUICK TIPS**

- Listen without interrupting.
- Nod your head and ask questions to

These tips may be used with children of other ages too; it depends on each child's needs. Through the school years can help ease anxiety and worries, and build warmer and closer relationships between parents and children.

# WHAT DOES MY CHILD NEED AT P1?



- Every child develops at a different pace. Some children learn things earlier, others need more time. Allowing them to learn at their own pace helps them enjoy the learning process.
  - Some skills that parents can develop are:
    - Relating to others
    - Developing good habits
    - Nurturing positive learning attitudes

**Help your child succeed in life**

**Work with the school to know and support your child**

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Check the teachers' preferred mode of communication – they are not required to share their mobile numbers.
- Understand that teachers may not be able to respond to your queries immediately.

**Help your child develop good habits**

- Create a conducive home environment for your child to enjoy reading and to finish his/her homework by himself/herself.
- Encourage your child to live a healthy, balanced life with time for sleep and play.

**Help your child relate to others**

- Work with the teachers to help your child respect differences and resolve disagreements amicably.
- Let the school verify the facts in any incident before taking action to ensure a fair, objective outcome for all parties.

Our children do best when schools and parents work hand in hand to support them. Here are some tips to make this happen...

Our children succeed when parents and schools work hand in hand.

**Help your child succeed in life**

**Help your child develop good habits**

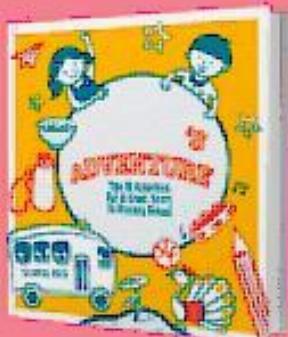
**Help your child relate to others**

GO.gov.sg



**FROM  
PHYSICAL...**

**...TO  
DIGITAL!**



**AVAILABLE ON THE GO**

**FOR YOU & YOUR CHILD**

# **PARENT-CHILD ACTIVITY BOOK**

Tips & Activities for a Great Start to Primary School



**A digital copy of the parent-child activity book has been sent to parents via PG.**

# INTERACTING WITH OTHERS



- **Model and role-play with child polite and good behaviours** such as saying “please” and “thank you” and greeting their friends and teachers/staff in school
- **Provide opportunities for child to share and take turns** during playtime with other children
- **Help child develop self-control and teach him/her coping mechanisms** (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions



# LEARNING TO BE INDEPENDENT



- **Provide opportunities for child to be independent in tasks** such as dressing themselves, packing their own bags and cleaning up after themselves
- **Teach child how to manage their money and make healthy food choices** during recess
- **Help child develop responsibility and self-management skills** by guiding them in establishing routines (e.g. having regular sleep patterns with sufficient rest time, adhering to a routine to get ready for school)





# NURTURING POSITIVE LEARNING ATTITUDES

- **Encourage child to share** experiences, thoughts and feelings, observe their surroundings and ask questions
- **Challenge child to try new things** beyond their comfort zone, providing support when they struggle
- Recollect experiences, **guiding child to reflect how to do things better**
- Acknowledge child's unique strengths and areas for growth, **celebrate efforts not just achievements**
- **Demonstrate ways to respect different views**



# CREATING A CONDUCIVE LEARNING ENVIRONMENT AT HOME



- **Have a dedicated area for learning** such as doing school work/reading
- If you have more than one child, try to allocate areas for each child to learn independently or together
- **Role model positive learning behaviours**
- **Establish a daily routine with child**, with time set aside for reading, schoolwork, rest, family time and play
- **Be consistent with learning routines** (e.g. setting limit on amount of screen time)

Create a comfortable space at home for your child to do work quietly. Praise your child when you notice him or her using this space to complete work on their own.

Your child can use the space below to design their study spot.

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# SCHOOL-HOME PARTNERSHIP

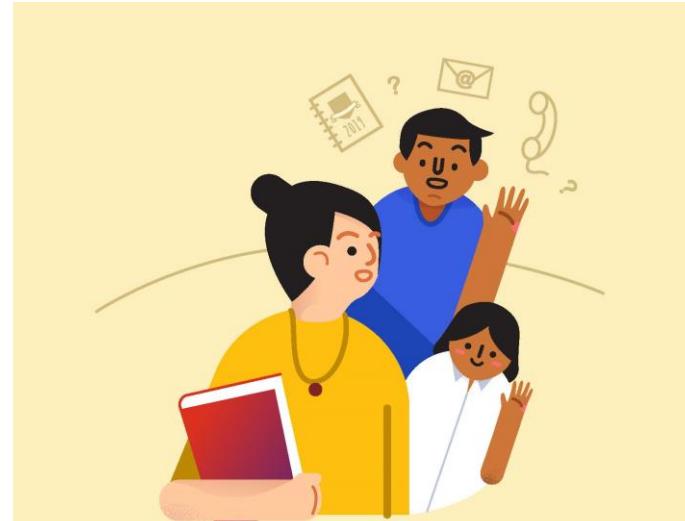


- Our children do best when schools and parents work hand in hand to support them.
- Allow child to develop independence
- Talk to child regularly about values and nurture their interest in learning
- Maintain regular communication with teachers in both academic and non-academic areas to better guide child's development

# SCHOOL-HOME PARTNERSHIP



If you keep going to the teacher for daily updates, your child will miss the chance to learn about responsibility.



Ask the teacher for the best way to contact him/her.

# SCHOOL-HOME PARTNERSHIP



**By letting your child forget,  
you are helping him/her to  
remember.**

**If you do your child's  
homework, he/she will lose  
the opportunity to learn.**



**Respect the teacher's  
time, contact the teacher  
during school operating  
hours only.**

# FROM A MUM TO A TEACHER

*Dear Teacher,*

*I know you're rather busy  
First day back, there's just no time  
A whole new class of little ones  
And this one here is mine*

*I'm sure you have things covered  
And have done this lots before  
But my boy is very little  
He hasn't long turned four*

*In his uniform this morning  
He looked so tall and steady  
But now beside your great big school  
I'm not quite sure he's ready*

*Do you help them eat their lunch?  
Are you quick to soothe their fears?  
And if he falls and hurts his knee  
Will someone dry his tears?*

*And what if no-one plays with him?  
What if someone's mean?  
What if two kids have a fight  
And he's caught in between?*

*You're right, I have to leave now  
It's time for him to go  
I'm sure he'll learn so much from you  
Things that I don't know*



# FROM A MUM TO A TEACHER

*Yes, I'm sure they settle quickly  
That he's fine now without me  
I know he has to go to school  
It's just so fast, you see*

*It seems like just a blink ago  
I first held him in my arms  
It's been my job to love, to teach  
To keep him safe from harm*

*So, when I wave goodbye in a moment  
And he turns to walk inside  
Forgive me if I crumple  
Into tears of loss and pride*

*I know as I give him one more kiss  
And watch him walk away,  
That he'll never again be wholly mine  
As he was before today.*

Source: <https://www.madeformums.com/news/starting-school-the-mums-dear-teacher-poem-you-need-to-read-and-the-teachers-reply/>



# THE TEACHER'S REPLY

*Dear Parent,*

*I understand that you are scared  
to wave your child goodbye  
and leave him in a teacher's hands  
don't worry if you cry!*

*I'm used to weeping parents  
It's hard to leave I know.  
But it's time to share him (just a bit)  
To help him learn and grow.*

*Let me reassure you  
That I'll give your child my best  
I'll wipe his tears, soothe his fears  
And change his dirty vest!*

*If your darling child is full of cold  
I'll blow their nose all day  
Just like you, I'll care for them  
In a special way.*

*I'll treat him like I would my own  
I'll catch him from a fall and  
If there is ANY problem  
I'll be sure to tell you all.*

*It's true he'll grow to love us  
They'll talk of school a lot  
It doesn't mean they hate you  
And that you should lose the plot!*



# THE TEACHER'S REPLY

*I'll tell you a secret..  
That when your child is here  
They talk to me as much of you  
Of this please have no fear.*

*You'll always be their mother  
Whilst teachers come and go  
To them you are their number one  
This I truly know.*

*Soon you'll see some changes  
In your little girl or boy  
They'll become more independent  
And to see this, it's a joy!*

*I'll teach them all I have to give  
To share, climb and to write  
But to you they safely will return  
To tuck them in at night.*

*With love from a teacher...*



# ADDITIONAL PARENTING RESOURCES



## Parent Kit

Parent Kit

[www.moe.gov.sg/parentkit](http://www.moe.gov.sg/parentkit)

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.



**SCHOOLBAG**  
THE EDUCATION NEWS SITE

## Schoolbag.edu.sg

[www.schoolbag.edu.sg](http://www.schoolbag.edu.sg)

Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.





# ADMINISTRATIVE MATTERS



# **ORIENTATION KIT FOR PARENTS**



- 1) Name tag**
- 2) Information for Parents booklet**
- 3) GIRO Form**
- 4) Booklist**
- 5) Order list for embroidered name tag**
- 6) Date of uniform sale**
- 7) Big Heart Student Care brochure**
- 8) Chongfu Alumni Prospectus**
- 9) Road Safety pamphlet**
- 10) Dads for Life pamphlet**



# SCHOOL HOURS

**First day of school is on Tuesday, 3 January 2023**

Day	Assembly Time	Break	Curriculum Time
Mon Tues Thurs Fri	7.30 a.m.	Recess <b>9.45 a.m. - 10.15 a.m.</b>	7.45 a.m. - 1.15 p.m.
Day	Assembly Time	Break	Curriculum Time
**Wed	7.30 a.m.	Recess <b>9.45 a.m. - 10.15 a.m.</b>  Lunch <b>12.15 p.m. – 12.45 p.m.</b>	7.45 a.m. – 3.45 p.m.



# ROAD SAFETY MATTERS



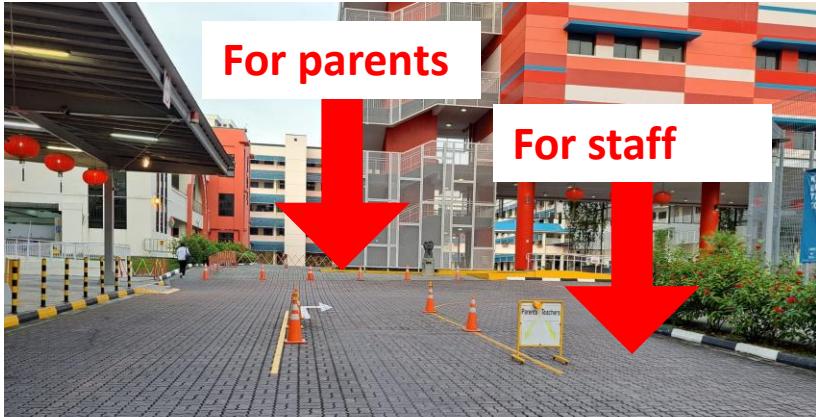
No parking within school compound.

Parking is available at neighbouring blocks 272 and 284.

Drop-off point:  
Bus Bay



# ROAD SAFETY MATTERS



2 lanes available  
at bus bay drop-  
off point:

- **Innermost lane  
for parents**
- Outermost lane  
for staff

Alight swiftly and  
safely without  
holding up traffic



# ROAD SAFETY MATTERS



No waiting or parking along stretch of road outside Main Gate.

Motorists found to breach the traffic rule may be subjected to LTA fine.



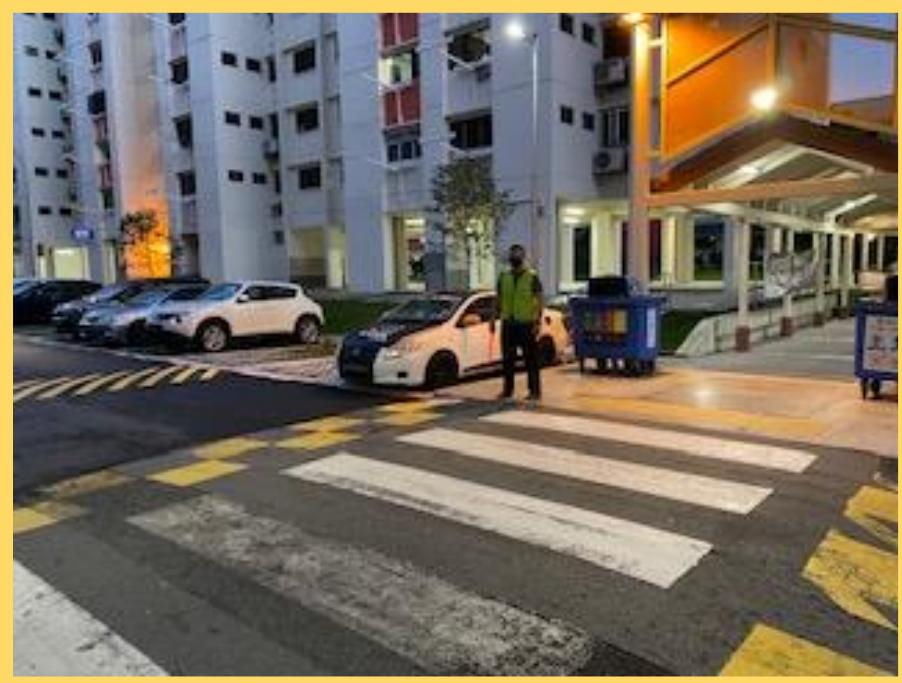
# ROAD SAFETY MATTERS



**Do not stop before traffic lights, near or at the bus stops.**



# ROAD SAFETY MATTERS



**Alternative drop off point outside Gate 2, at BLK 272 HDB carpark**

**Park at designated lots should you need to stop the car and alight temporarily.**



# PREPARATION FOR FIRST WEEK OF SCHOOL





# Items to be covered

	<b>Item</b>
1	<p>First day of school</p> <ul style="list-style-type: none"><li>- Reporting time and venue</li><li>- Dismissal points</li><li>- Modes of transport</li><li>- Books and materials required</li></ul>
2	<p>Important information</p> <ul style="list-style-type: none"><li>- Communication</li><li>- Well being</li><li>- School Attire</li></ul>
3	<p>Other administrative matters</p>





# FIRST DAY OF SCHOOL

- First day starts on Tuesday, 3 January 2023
- Students are to report to the school hall by 7.25 a.m.
- Students must wear the plastic name tag provided.



# DETAILS ON NAME TAG

JOHN TAN KAIEN  
**P1 Gracious**

Dismissal: **Gate 1 / Gate 2**

Fetched by: \_\_\_\_\_  
(Relationship with child)



Bus No.: \_\_\_\_\_

Student Care Centre: \_\_\_\_\_

**Colour of  
PE T-shirt**



# DETAILS ON NAME TAG

(Dismissal from Gate 1/Gate 2)

JOHN TAN KAIEN  
**P1 Gracious**

Dismissal: **Gate 1 / Gate 2**

Fetched by: **Mdm Tan (Mother)**  
(Relationship with child)

Student Care Centre: \_\_\_\_\_



Bus No.:  
\_\_\_\_\_

Colour of  
PE T-shirt



# DETAILS ON NAME TAG

(Taking school bus)

JOHN TAN KAIEN  
**P1 Gracious**

Dismissal: **Gate 1 / Gate 2**

Fetched by: \_\_\_\_\_  
(Relationship with child)

Bus No.:  
**9**

Student Care Centre: \_\_\_\_\_

Colour of  
PE T-shirt



# DETAILS ON NAME TAG

(After school arrangement at Student Care Centre)

JOHN TAN KAIEN  
**P1 Gracious**

Dismissal: **Gate 1 / Gate 2**

Fetched by: \_\_\_\_\_  
(Relationship with child)



Bus No.:

Student Care Centre: **Big Hearts SCC @ CFS**



# IMPORTANT NOTE

- **Circle** dismissal via gate, e.g. Gate 1 or Gate 2
- For students who are attending **Student Care Centre**, indicate the name of the Student Care Centre, if applicable.
- For students who are taking school bus, please provide the **school bus number**, not the bus plate number.
- For the 1<sup>st</sup> week, fix the caregiver who is going pick up the child. State the relationship clearly on the name tag.



# DISMISSAL POINTS

**Gate 1  
(Next to  
Guard Post)**





# DISMISSAL POINTS

**Gate 2  
(Leading to  
BLK 272)**





# IMPORTANT NOTE

- Parents who are driving, are encouraged to pick your child from Gate 2.
- There are ample parking lots available.
- Additionally, there is a sheltered walkway linking the school and BLK 272.



# BOOKS AND MATERIALS FOR FIRST DAY



- Refer to the checklist on last page of the parent's handbook
- <https://chongfu.moe.edu.sg/links-for-parents/preparing-for-p1-in-2023/>
- Please ensure that your child has labeled his/her books and personal belongings with his/her full name and class. Provide a plastic file for letters and notices to be kept.
- Pack spare face masks for contingency purposes in a zip lock bag labelled with his/her full name and class.





# 2023 P1 BOOKLIST

- In-house production:
  - STELLAR Booklets
  - Chinese Essay Writing Guidebook



# SCHOOL ATTIRE

- **School Uniform**
  - Minimum 2 sets, together with name tags
- **PE Attire**
  - To be worn during PE and PAL only
  - Minimum of 3 sets, together with name tags

# **PROGRAMME FOR ACTIVE LEARNING (PAL)**



## **Objectives of PAL:**

- Provides students with **broad exposure to a range of sports and arts programmes** in a fun and creative manner
- Nurtures students to be confident, **arouse their curiosity of their surroundings** and instil cooperation skills
- Creates **authentic socialisation experiences** for acquisition of SE competencies and facilitate holistic development



# PROGRAMME FOR ACTIVE LEARNING (PAL)



- There are 4 domains to be completed in a year.
- They are **Outdoor Education (OE)**, **Performing Arts (PA)**, **Visual Arts (VA)** and **Sports and Games (S&G)**.
- Each domain consists of 7 lessons, conducted over 4 periods.





# STUDENT WELL-BEING

**Items provided for each student:**

- Locker
  - Keep miscellaneous items
- 
- Thermometer (To be given out by the teacher)
  - Temperature-taking exercise



# MEAL BREAK

- A short break of 20-30 minutes in class at a scheduled timing, daily.
- Students are allowed to eat dry finger food. They are encouraged to pack healthy snacks for consumption in class/during lessons
- Examples of suitable snacks - raisins, nuts, bun, fruit, sandwiches





# SCHOOL-HOME PARTNERSHIP

- Student's handbook / diary
- Telephone 6758-5527
- E-mail [cfs@moe.edu.sg](mailto:cfs@moe.edu.sg) or teachers' e-mails
- Letters / emails / Parents Gateway
- School newsletter

## School website:

- <http://www.chongfu.moe.edu.sg>

# **COMMUNICATION MATTERS**



**If you have queries...**

- Please make an appointment for a meeting
- At the time of appointment, do approach the staff in the General Office
- For safety reasons and to minimise the disruption of lessons, parents/guardians are not allowed to enter the classrooms

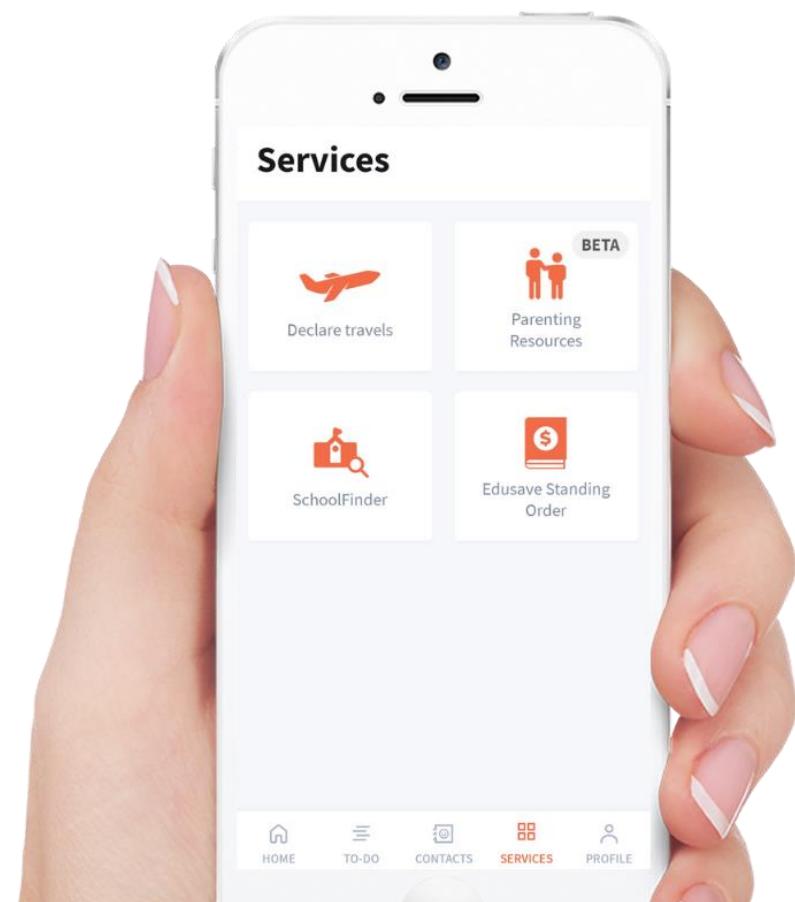




# COMMUNICATION MATTERS

## Parents Gateway

- Parents Gateway is a digital platform developed by Ministry of Education (MOE) and GovTech to bring greater convenience to parents to perform simple administrative transactions and to stay updated on schools' programmes and activities.



# COMMUNICATION MATTERS



Parents Gateway will be the platform which you will:

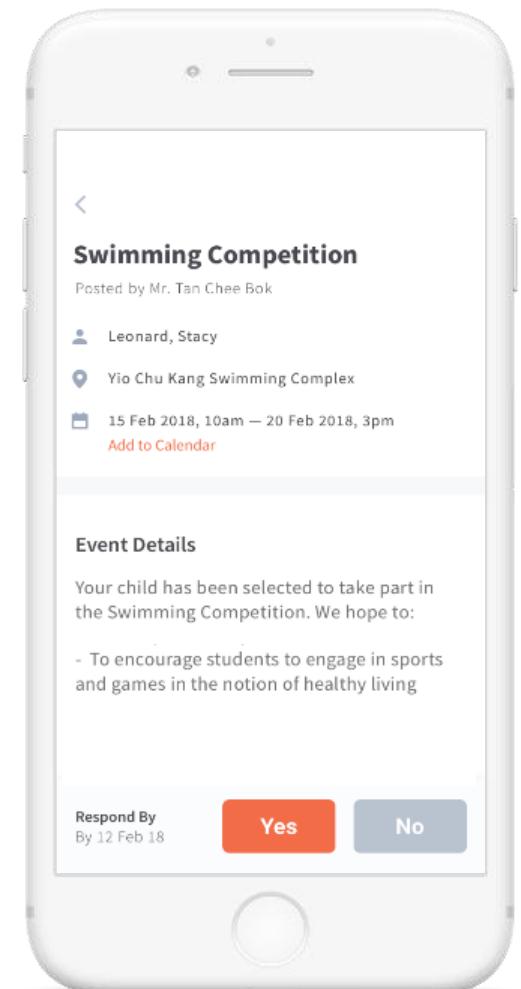
- **Receive important announcements** (e.g.

**Start of Term letter, Exam Dates, Parents Workshop Dates)**

- **Give consent** for your child to go for a

**Learning Journey, Camp Inspire, etc...**

- **And with further important functions to be added later**





# SCHOOL-HOME PARTNERSHIP

## Join our Parent Support Group (PASSION)!

- The PSG consists of a group of dedicated parents who partner the school to support fellow parents in nurturing their children.
- It is a platform for parents to network, share, learn and support each other in this parenting journey.
- <https://chongfu.moe.edu.sg/family/passion/>

Click this link to join PASSION

# CHONGFU ALUMNI



- Bridge for past and present teachers and students
- Cultivate sense of gratitude and spirit of giving back to the alma mater
- Organizes weekly weekend classes to encourage students to pursue their interests

