Updated: Dec 2023

Using Parents Gateway and FormSG for Sexuality Education Parent Opt-out Form

Points to Note on the Use of Parents Gateway and FormSG for Parent Opt-out

- This Parent Opt-out Form is applicable <u>only</u> for parents who wish to opt their child out of the 2024 MOE Sexuality Education (SEd) programme.
- Please continue to issue hardcopies of the SEd letters / Parent Opt-out forms to parents who are not on Parents Gateway (PG). The opt-out process for this group of parents remains the same.
- For parents who have opted their children out of the MOE SEd lessons, including those using the hardcopy of Parent Opt-out Form, it is advisable for the Form Teacher to follow up with a call to engage parents who have indicated that they wish to opt their child out of the MOE SEd Programme to better understand the reasons for opt-out.

Process for Using the Parents Gateway and FormSG

The following steps seek to guide schools in using the PG and FormSG for the Sexuality Education Programme Parent Opt-out Form. To facilitate a smoother process, schools may deploy staff who are familiar with PG and FormSG.

- Access the FormSG template at https://go.gov.sg/sed-opt-out-template and use this template to create your school's Sexuality Education Parent Opt-out Form. Once you have created this form, make the form active and get the sharable link for the form.
- Customise the portions highlighted in yellow according to your school's Sexuality Education Programme in the cover letter in Pages 2 and 3 of this document. The cover letter should be signed off by the Principal and then be saved in PDF Format.
- 3. Create an announcement in PG and inform parents to read the attached cover letter.
- 4. Attach cover letter after the announcement.
- 5. Parents who wish to withdraw their children out of the Sexuality Education Programme are to complete the Parent Opt-out Form in FormSG form (created by the school in step 1).

An example of such a statement is "If you would like to withdraw your child out of the Sexuality Education Programme in 2024, please complete the Opt-out Form at (*insert FormSG link from step 1 here*).".

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6. PG allows schools to know if parents have opened and read the announcement. For parents who have not done so after a stipulated timeline, the Form Teacher should follow up and contact them.

(Please insert School's Letterhead)

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Date

Dear Parents/ Guardians

MOE SEXUALITY EDUCATION IN SCHOOLS

Sexuality Education (SEd) in schools aims to enable students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships with others, including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The **Goals** of Sexuality Education are:

- (a) Support students in managing their physiological, social and emotional changes as they grow up and develop safe and healthy relationships.
- (b) Guide students to make wise, informed and responsible decisions on sexuality matters.
- (c) Help students develop a moral compass and respect for themselves and others by having positive mainstream values and attitudes about sexuality that are premised on the family as the basic unit of society.

3. The **Key Messages** of Sexuality Education are:

- (a) Love and respect yourself as you love and respect others;
- (b) Build positive relationships based on love and respect (which are the foundation for strong families);
- (c) Make responsible decisions for yourself, your family and society; and
- (d) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

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4. Please visit the school's Sexuality Education webpage (please insert the relevant hyperlink) for more information on XYZ Primary School's Sexuality Education Programme for 2024.

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Yours faithfully,

Name of Principal
Signature of Principal