



# SECONDARY ONE ORIENTATION

"EMPOWERING LADIES AND LEADERS OF TOMORROW"

## THEME: Honoring the Past, Inspiring the Future

**Date:** 2, 5, 6 & 9 January 2026

**Venue:** Crescent Girls' School

**Attire:**

Date	Attire
Friday, 2 Jan	Uniform (School blouse and skirt)
Monday, 5 Jan	Half-uniform (PE T-shirt and skirt)
Tuesday, 6 Jan	Half-uniform (PE T-shirt and skirt, to bring PE shorts for Physical Aptitude Test)
Friday, 10 Jan	Half-uniform (PE T-shirt and skirt)

**Objectives:**

- To acclimatize all Secondary One students to the new school environment and instill in Secondary One students a sense of belonging to the school.
- To provide opportunities for interaction between all Secondary One students and their seniors, allowing for a support network to be established.

**Day One: Friday, 2 Jan 2026**

Time	Programme	Venue	Teachers/ Students IC
7:05	To assemble at Parade Square in preparation for walk-in into the Auditorium	Parade Square	Student Leaders SL Committee Sec 1 FTs
7:30 – 8:20	<b>Morning Assembly</b> Sec 1 students will be led by Form Teachers AND Student Leaders into the Auditorium, to be welcomed by the rest of the student body.	Auditorium	Student Leaders SL Committee Sec 1 FTs
8:20 – 9:20	<b>Form Teacher Interaction (FTI)</b> Collection of forms, go through orientation programme, buddy system, class seating plan, and <b>names</b> for thumbprint access to classroom	Classroom	Sec 1 FTs
9:20 – 10:00	<b>Recess</b>	Canteen	Sec 1 FTs OGs
10:00 – 10:40	<b>Assistant Year Head Talk</b>	Auditorium	Ms Rafiqqa, Mr Tay Jun Wei
10:40 – 11:20	<b>FTI</b>	Classroom	Sec 1 FTs
11:20 – 12:00	<b>Lunch</b>		OGs
12:00 – 13:40	<b>Class Bonding Activities: (Ice Breakers &amp; GTKY)</b> 1) Getting-to-know-you 2) Class Bonding Games 3) Create Orientation Group (OG) Cheer (40 mins)	Classroom	OGs
13:40 – 14:00	<b>Classroom Cleaning</b>		Sec 1 FTs



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### Day Two: Monday, 5 Jan 2026

Time	Programme	Venue	Teachers/ Students IC
7:30 – 8:40	<b>Morning Assembly and Class Interaction</b> Get to know your class, class targets, set up contact list and class emergency relay system, duty roster, collection of money for name tags.	Classroom	Sec 1 FTs
8:40 – 9:20	<b>Recess</b>	Canteen	OGLs
9:20 – 10:20	<b>Teaching Sec 1s the School Song</b> <ul style="list-style-type: none"><li>OG 1 and OG 2 – MPR</li><li>OG 3 and OG 4 – Seminar Room</li><li>OG 5 and OG 6 – Ensemble Studio</li></ul>	Other venues	Student Leaders OGLs (no sec 3)
10:20 – 11:00	<b>Class Bonding Activities:</b> OG Cheer Competition	Auditorium	OGLs (no sec 3)
11:00 – 11:40	<b>Lunch</b>	Canteen	OGLs
11:40 – 13:40	<b>Mass Station Games</b> Assemble in the auditorium at the beginning for briefing and at the end for dismissal	Auditorium + Other venues	Station Masters OGLs

### Day Three: Tuesday, 6 Jan 2026

Time	Programme	Venue	Teachers/ Students IC
7:30 – 8:00	<b>Form Teacher Interaction (FTI)</b> <ul style="list-style-type: none"><li>Release of Timetable</li><li>(Please be reminded that lessons will commence on Wednesday, 7 January)</li></ul>	Classroom	FTs
8:00 - 8:40	<b>CCA Talk</b>	Auditorium	Mdm Christina Low
8:40 – 11:40	<b>Physical Aptitude Test (PAT) by Stations (See PAT Schedule)</b> Each group has a maximum of <u>20 mins</u> per test station before moving to the next station.  <b>*Recess</b>	Various venues  Canteen	PE Dept OGLs
9:20 – 10:00	OGLs and Student Leaders from the PAT stations will lead Sec 1s to the canteen for recess and take them to respective stations after recess.		
11:40 – 12:20	<b>Lunch</b>	Canteen	
12:20 – 13:40	<b>CrezCare Programme 1 (of 6)</b>	Classroom	Student Leaders



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Day Four: Friday, 9 Jan 2026

Time	Programme	Venue	Teachers/ Students IC
7:40 – 8:00	<b>Form Teacher Interaction (FTI)</b>	Classrooms	FTs
8:00 – 8:40	<b>School Cheers</b> <ul style="list-style-type: none"><li>OG 1 and OG 2 – MPR</li><li>OG 3 and OG 4 – Seminar Room</li><li>OG 5 and OG 6 – Ensemble Studio</li></ul>	Auditorium	OGLs
8:40 – 9:20	<b>Recess</b>	Canteen	
9:20 – 10:20	<b>Arts Appreciation Programme</b>	Auditorium	Ms Low GP
10:20 – 12:20	<b>Showcase Preparation:</b> Students will be briefed on the afternoon programme and will begin brainstorming ideas for their class campfire showcase.	Classroom	OGLs
12:20 – 13:00	<b>Lunch</b>	Canteen	
13:00 – 14:00	<b>Student Management (SM) Talk</b>	Auditorium	Mr Daniel Lau
14:00 – 15:00	<b>Campfire Song Preparation</b> Sec 1 classes will be assigned a campfire song each to lead the cohort in the singing.	Classroom	Guiders Girl Guides
15:00 – 17:00	<b>Showcase Preparation &amp; Item Preparation</b> Sec 1 classes will continue with showcase and item preparation for the campfire.	Classroom	OGLs
17:00 – 18:00	<b>Dinner</b> Students are to bring sufficient money for dinner, which will be purchased from the school canteen.	Canteen	
18:00 – 21:00	<b>Campfire</b>	Parade Square (ISH: Wet weather)	Guiders Girl Guides
18:30 - 19:00	<b>Light refreshments</b>		Mr Tay Jun Wei
19:00 - 20:00	<b>Parents' Seminar</b> Parents are warmly invited to join the campfire after the seminar.	Auditorium	Ms Rafiqqa SL Committee Student Leaders



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**Physical Aptitude Test Schedule**

Venue station	Station 1	Station 2	Station 3	Station 4	Station 5	Station 6	Station 7
	Gym	Hall Stage	Hall	ISH	ISH	Fitness Corner	MPR
Test	Height & Weight	Arm Span	Hand-eye Coordination	Muscular Strength (Legs)	Agility Shuttle Run	Muscular Strength (Arms)	OG Time
8:40 – 9:00	OG 1	OG 2	OG 3	OG 4	OG 5	OG 6	OG 7
9:05 – 9:25	OG 6	OG 7	OG 1	OG 2	OG 3	OG 4	OG 5
9:30 – 9:50	OG 5	OG 6	OG 7	OG 1	OG 2	OG 3	OG 4
9:50 – 10:30	Recess						
10:35 – 10:55	OG 4	OG 5	OG 6	OG 7	OG 1	OG 2	OG 3
11:00 – 11:20	OG 3	OG 4	OG 5	OG 6	OG 7	OG 1	OG 2
11:20 – 11:40	OG 2	OG 3	OG 4	OG 5	OG 6	OG 7	OG 1

**Week 1 & 2 Key Events (5 – 16 Jan)**

Date	Time	Programme	Venue	IC
7 Jan Wednesday	3:30 – 17:00 pm	CCA Open House	Auditorium / Parade Square	Mr Kingsley Ng Mdm Rilaini
12 Jan Monday	3:00 – 6:00 pm	<b>Sports CCA Trials</b> <u>(for selected students only)</u> Station 1: Softball Station 2: Hockey Station 3: Badminton Station 4: Netball Station 5: Track & Field	Various Venues	Mdm Rilaini
13 Jan Tuesday	7:40 – 8:40 am	<b>Dedication Ceremony</b> (Full Uniform with School Tie)	Auditorium	Ms Rafiqqa Mr Tay Jun Wei
13 Jan Tuesday	2:40 – 3:40 pm	<b>Crez Care Programme 2</b>	Classroom	Student Leaders



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### Week 3 and Beyond Key Events

Date	Time	Programme	Venue	IC
19 Jan Monday	3:30 – 6.30	<b>Canoeing Trials (by invite only)</b> <b>Make up Sports Trials</b> • if there are vacancies	Various Venues	Mr Ho Yuan Seng Mdm Rilaini
20 Jan 24 Feb 31 Mar 14 April Tuesdays	3.00 – 4.00 pm	<b>Crez Care Programme 3 - 6</b>	Classroom	CrezCommunity Leaders & Teachers
22 & 23 Jan Wed & Thu	--	<b>Sec 1 CCA Registration</b>	Online Portal	Mdm Rilaini
23 Jan Friday	3.30 – 5.30 pm	<b>Semester 1 Class Committee Training</b> • (Only for Class Comm Members)	To be confirmed	Ms Rafiqqa
26 Jan Monday	3:00 – 5:30 pm	<b>CCA Interview 1</b> • Your Options 1 & 2	CCA Venues	CCA Teachers
27 Jan Tuesday	Refer to Class Time Slot	<b>Sec 1 Photo Taking</b> • School blouse with tie	Millennium Room	Ms Tiah Bi Wei
28 Jan Wednesday	3:00 – 6:00 pm	<b>CCA Interview 2</b> • Your Options 3 & 4 and/or 5	CCA Venues	CCA Teachers
2 Feb Monday	3:30pm – 5:30 pm	<b>Make up CCA Interview (for non-sports CCA)</b> • For Absentees with VR	CCA Venues	CCA Teachers
10 Feb Tuesday	--	<b>CCA Allocation Release</b>	-	Mdm Rilaini
11 Feb Wednesday	3:30pm – 5:30pm	<b>Start of CCA</b>	CCA Venues	CCA Teachers
20 Feb Friday	3:30 – 5:30 pm	<b>Sec 1 House Jam</b>	Auditorium	House Teachers
26 & 27 Feb Thu & Fri	---	<b>Appeal for CCA Allocation</b>	Online Portal	Mdm Rilaini
3 Mar Tuesday	---	<b>Release of Appeal Results</b>	---	Mdm Rilaini